



2019 DIVISION I
**ZONE DIVING
CHAMPIONSHIPS**

***PARTICIPANT
2018-19 MANUAL***

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Dear Coaches and Student-Athletes,

Welcome to Flagstaff and the campus of Northern Arizona University, the host for this year's NCAA Zone E diving competition. We are excited to be hosting this event and hope all of you will have wonderful memories of your time in our community.

We encourage you and your fans to take advantage of the many remarkable sights in and around Flagstaff. The city is surrounded by the Coconino National Forest and is located just 80 miles from Grand Canyon National Park and 30 miles from beautiful Sedona. Other local attractions include Historic Downtown Flagstaff, world famous Route 66, the Lowell Observatory and the Museum of Northern Arizona.

If you have any questions about your time in Flagstaff, please do not hesitate to let us know.

We wish all divers the very best of luck during the NCAA Zone E diving competition.

Sincerely,



Mike Marlow
Vice President for Intercollegiate Athletics

CHAMPIONSHIPS PERSONNEL

NCAA Representative

	<u>Office Phone</u>	<u>Cell Phone</u>	<u>E-Mail</u>
Liz Homrig, Assistant Director of Championships	317-917-6245	317-966-0035	lhomrig@ncaa.org

Carol A. Reep, Associate Director of Championships	317-917-6678	317-966-6520	careep@ncaa.org
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Sport Administrator

Beth Vechinski	928-523-3326	928-606-5073	Beth.Vechinski@nau.edu
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Championship Staff

Nikki Huffman	928-523-8010	928-853-8339	Nikki.Huffman@nau.edu
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Coaching Staff

Nikki Huffman	928-523-8010	928-853-8339	Nikki.Huffman@nau.edu
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Facility Staff

Andy Bourget	928-523-9526	928-699-7011	Andy.Bourget@nau.edu
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Colin Bailey	928-523-9471	814-873-8661	Colin.Bailey@nau.edu
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Diving Table Coordinator

Lia Fusaro		480-980-3505	ajapinjap@cox.net
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Athletic Communications

Sean Horner	928-523-1017		swh69@nau.edu
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Athletic Training

Cherisse Kuttyreff	928-523-1040	505-920-2704	Cherisse.Kuttyreff@nau.edu
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Sports Marketing

Alex Lais	928-523-8766	213-910-8076	Alex.Lais@nau.edu
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ZONE E DIVING COACHES

<u>Name</u>	<u>School</u>	<u>Email</u>
Dwight Dumais	University of Arizona	ddumais23@email.arizona.edu
Mark Bradshaw	Arizona State University	Mark.Bradshaw@asu.edu
Brandon Blaisdell	Boise State University	brandonblaisdell@boisestate.edu
Tyce Routson	Brigham Young University	tyce_routson@byu.edu
Hunter Smith	California Polytechnic State University	hsmith27@calpoly.edu
Jeffrey Couto	California Baptist University	jcouto@calbaptist.edu
Melissa Gore	California State University, Bakersfield	mgore@csub.edu
Taryn Patrick	California State University, Fresno	tpatrick@csufresno.edu
Derek Starks	University of California, Berkeley	derek.starks@berkeley.edu
Phil Tonne	University of California, Davis	divecal@aol.com
Tom Stebbins	California, Los Angeles	tstebbins@athletics.ucla.edu
Lucas Richmond	Colorado State University	lucas@ncisports.com
Ben Grado	University of Denver	benjamin.grado@du.edu
Hunter Shafer	Grand Canyon University	hunter.shafer@gcu.edu
Mike Brown	University of Hawaii, Manoa	msbrown@hawaii.edu
Jim Southerland	University of Idaho	jsoutherland@uidaho.edu
Jian Li You	University of Nevada, Reno	jjany@unr.edu
Landon Marzullo	University of Nevada, Las Vegas	landon.marzullo@unlv.edu
Julie Weddle	University of New Mexico	weddlej@unm.edu
Miranda King	New Mexico State University	mking92@nmsu.edu
Nikki Huffman	Northern Arizona University	Nikki.Huffman@nau.edu
Tyler Miller	University of Northern Colorado	tyler.miller@unco.edu
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Karla Helder	San Jose State University	Karla.helder@sjsu.edu
Hongping Li	University of Southern California	hpl@usc.edu
Patrick Jeffery	Stanford University	pjeffrey@stanford.edu
Stan Curnow	U.S. Air Force Academy	Stan.Curnow@usafa.edu
Richard Marschner	University of Utah	rmarschner@huntsman.utah.edu
Kyle Bogner	University of Wyoming	kbogner@uwyo.edu

SCHEDULE OF EVENTS

(All times are local unless otherwise stated)

Wednesday, March 6

5 p.m. Eastern

Deadline for zone diving entries

Friday, March 8

5 to 8 p.m.

Open practice

Saturday, March 9

8 a.m. to 8 p.m.

Open practice

Sunday, March 10

6 p.m.

Coaches Meeting – Health and Learning Center 3rd Floor (dinner served).

Sunday, March 10

7 a.m. to Noon

Open practice

Noon to 1:30 p.m.

Men and women's combined group ___ warm up

1:30 to 3 p.m.

Men and women's combined group ___ warm up

3 to 4:30 p.m.

Men and women's combined group ___ warm up

4:30 to 6 p.m.

Men and women's combined group ___ warm up

6 to 7 p.m.

Mandatory coaches meeting (diving well closed)

7 to 8 p.m.

Open practice

8 p.m.

Diving well closed

10 a.m.

JUDGING PANELS DRAWN under the direction of the NCAA Diving sub-committee members. All coaches are invited to observe.

Monday, March 11

Women's 3m

7:30 to 8:30 a.m.

Open

8:30 to 9:20 a.m.

Flight #1 (22 divers)

50 minutes

9:20 to 10:10 a.m.

Flight #2 (22 divers)

50 minutes

10:10 to 11 a.m.

Flight #3 (22 divers)

50 minutes

11 to 11:25 a.m.

Open

25 minutes

11:25 a.m.

Introduction and national anthem

11:30 a.m. to 3 p.m.

Women's Prelims

3 hours 30 minutes

3 to 3:10 p.m.

Break

10 minutes

3:10 to 4:10 p.m.

Women's Finals

60 minutes

Men's 1m

7:30 to 9:30 a.m.

Open

9:30 to 10:15 a.m.

Flight #1 (15 divers)

45 minutes

10:15 to 11 a.m.

Flight #2 (15 divers)

45 minutes

11 to 11:25 a.m.

Open

25 minutes

11:30 a.m. to 1:10 p.m. Men's Prelims

1 hour 40 minutes

1:10 to 1:20 p.m.

Break

10 minutes

1:20 to 2:20 p.m.

Men's Finals

60 minutes

Tuesday, March 12

Women's 1m	7:30 to 8:30 a.m.	Open	
	8:30 to 9:20 a.m.	Flight #1 (22 divers)	50 minutes
	9:20 to 10:10 a.m.	Flight #2 (22 divers)	50 minutes
	10:10 to 11 a.m.	Flight #3 (22 divers)	50 minutes
	11 to 11:25 a.m.	Open	25 minutes
	11:25 a.m.	Introduction and national anthem	
	11:30 a.m. to 3 p.m.	Women's Prelims	3 hours 30 minutes
	3 to 3:10 p.m.	Break	10 minutes
3:10 to 4:10 p.m.	Women's Finals	60 minutes	

Men's 3m	7:30 to 9:30 a.m.	Open	
	9:30 to 10:15 a.m.	Flight #1 (15 divers)	45 minutes
	10:15 to 11 a.m.	Flight #2 (15 divers)	45 minutes
	11 to 11:25 a.m.	Open	25 minutes
	11:30 a.m. to 1:10 p.m.	Men's Prelims	1 hour 40 minutes
	1:10 to 1:20 p.m.	Break	10 minutes
	1:20 to 2:20 p.m.	Men's Finals	60 minutes

Wednesday, March 13

Women's Platform	7 to 8:30 a.m.	Open (men and women)	1 hour 30 minutes
	8:30 to 9:30 a.m.	Flight #1 (28 divers)	60 minutes
	9:30 to 10:30 a.m.	Flight #2 (28 divers)	60 minutes
	10:30 to 11 a.m.	Open	30 minutes
	11 a.m. to 1:20 p.m.	Women's Platform Prelims	2 hours 20 minutes
	1:20 to 1:30 p.m.	Break	10 minutes
1:30 to 2:15 p.m.	Women's Platform Finals	45 minutes	

Men's Platform	2:15 to 3:45 p.m.	Open to ALL men platform divers	1 hour 30 minutes
	3:45 to 5:15 p.m.	Men's Platform Prelims	1 hour 30 minutes
	5:15 to 5:25 p.m.	Break	10 minutes
	5:25 to 6:25 p.m.	Men's Platform Finals	1 hour

** Events will run "straight through" with a 10-minute break between the end of preliminaries and the beginning of the finals. Divers in the finals are allowed to practice during the 10-minute break. *



Monday – Women’s 3meter

7:30 to 8:30 a.m.	Open	Group
8:30 to 9:20 a.m.	Flight #1 (22 divers)	_____
9:20 to 10:10 a.m.	Flight #2 (22 divers)	_____
10:10 to 11 a.m.	Flight #3 (22 divers)	_____
11 to 11:25 a.m.	Open	

Tuesday – Women’s 1meter

7:30 to 8:30 a.m.	Open	Group
8:30 to 9:20 a.m.	Flight #1 (22 divers)	_____
9:20 to 10:10 a.m.	Flight #2 (22 divers)	_____
10:10 to 11 a.m.	Flight #3 (22 divers)	_____
11 to 11:25 a.m.	Open	

Wednesday – Women’s Platform

7:30 to 8:30 a.m.	Open	Group
8:30 to 9:30 a.m.	Flight #1 (28 divers)	_____
9:30 to 10:30 a.m.	Flight #2 (28 divers)	_____
10:30 to 11 a.m.	Open	

Monday – Men’s 1meter

7:30 to 9:30 a.m.	Open	Group
9:30 to 10:15 a.m.	Flight #1 (15 divers)	_____
10:15 to 11 a.m.	Flight #2 (15 divers)	_____
11 to 11:25 a.m.	Open	

Tuesday – Men’s 3meter

7:30 to 9:30 a.m.	Open	Group
9:30 to 10:15 a.m.	Flight #1 (15 divers)	_____
10:15 to 11 a.m.	Flight #2 (15 divers)	_____
11 to 11:25 a.m.	Open	

Wednesday – Men’s Platform

2:15 to 3:45 p.m. Open to all men platform divers

ENTRY INFORMATION

Diving Entries

- Qualification for a diving event must be achieved in bona fide competition. The definition and requirements for meeting bona fide competition is detailed in Rule 9 for the 2017-18 and 2018-19 NCAA Swimming and Diving Rules Book.
- In order to qualify for the diving events at the championships, a diver must participate in his or her respective zone-qualifying meet. In order to qualify to compete in a zone-qualifying meet, the diver must have achieved the qualifying standards for minimum point totals in bona fide competition in at least one event. The qualifying standards for divers are available online at www.ncaa.org by navigating to: Division I > Championships > Swimming and Diving.
- A diver’s score sheet must be certified by a referee and a coach along with the diver’s signature. *A qualifying score achieved and entered on DiveMeets.com may serve as documentation for a valid qualifying score as an alternative to the signed diving score sheet.*

- **DiveMeets** will be used at each of the zone diving meets and divers must register online for their respective zone meet. A qualifying score for each diver must be logged into www.divemeets.com either by diving in a competition that uses Divemeets or by scanning and sending a copy of a qualifying dive sheet by the established entry deadline to the NCAA Division I Men's and Women's Swimming and Diving Committee for approval (Roland McDonald – rmcdonald@mail.sdsu.edu; Yahya Radman – yaradman@ncsu.edu). Once the sheet is approved, the diver and his/her score will be manually entered into divemeets.com. **Please note that a diver will not be able to enter their zone qualifying meet until they have a qualifying score logged in Divemeets.**
- All coaches wishing to enter a diver into their respective zone diving meet must submit **their zone diving entries by 5 p.m. Eastern time, Wednesday, March 6**. If a diver qualifies during the last weekend before the zone diving meets, a waiver request may be submitted to the committee to allow for late entries. Waivers must be emailed to Carol A. Reep (careep@ncaa.org) for women and Liz Homrig (lhomrig@ncaa.org) for men. Directions for submitting the zone diving form is available online (NCAA.org, NCAA Connect, Championships, Division I Swimming and Diving). Late and/or incorrect submissions will result in a fine of \$200.

Procedures

- All springboard diving events will consist of a preliminary round of six optional dives, including one from each of the five groups plus an additional dive that may be selected from any group. The top 18 finishers from the preliminary round will advance to the final round and will perform a second list of six optional dives, including one from each of the five groups plus an additional dive that may be selected from any group. All dives will be performed in any order without limit on degree of difficulty. Scores on all dives performed by each of the divers in the prelims and the finals shall be used to determine finals placing.
- For platform prelims, each diver will do six optional dives (men), including one from each of six groups, or five optional dives (women), including one from each of five groups, from any competitive platform level (i.e. 5, 7.5 or 10 meters), in any order, without limit on degree of difficulty. The top 18 finishers from the preliminary round will advance to the final round and will perform a second list of six optionals (men) including one from each of the six platform groups or five optionals (women) including one from each of five groups. All dives will be performed from any competitive level in any order without limit on degree of difficulty. Scores on all dives performed by each of the divers in the prelims and the finals shall be used to determine finals placing.
- Divers in the finals are allowed to practice during the 10-minute break. The diving order for finals will remain the same, with the non-qualifying divers being removed from the starting order.

SCORING

In all events, preliminary scores will carry forward and be added to the scores in the finals to determine final placement.

Tie-Breaking Procedures at Zone Qualification Meets

In the event of a tie between two or more divers who are vying for a final selection spot from a zone qualifying meet, the tie will be broken by comparing each of the diver's highest score from both their two lists (preliminary and finals). The diver with the highest score would advance to the championships, and the other diver will become the first alternate from that respective zone.

Judges

Panels of judges shall be drawn by the NCAA Diving Sub-Committee members in attendance before the coaches meeting. Panels should be drawn so that all conferences are represented equally, if possible. The panels of judges shall then be presented to all coaches for final approval at the coaches meeting. Any coach wanting to observe the drawing of panels may do so.

RESULTS

Divers will qualify for the NCAA championships based on performances at their respective zone meet.

Qualifying Procedures

The top five female and top four male divers from each event at their respective zone diving meet will be eligible to compete at the NCAA Championships. Additional place finishers in each event at each zone will be eligible based on the number of student-athletes from that zone who finished in the top 16 in that event at the previous year's NCAA Championships. All eligible divers must have achieved the zone qualifying score prior to the NCAA Championships in all events they wish to participate.

Number of Qualifying Spots per Zone for 2019

<u>Women</u>	1m	3m	PI	<u>Men</u>	1m	3m	PI
Zone A	6	5	5	Zone A	6	5	4
Zone B	9	8	6	Zone B	6	7	9
Zone C	9	8	12	Zone C	11	8	8
Zone D	9	12	9	Zone D	9	11	9
Zone E	8	8	9	Zone E	4	5	6

Optional Entry

Any diver that is eligible to compete as noted above will be allowed to optionally enter any other event(s) at the championships, provided that the diver finished in the top 12 at the same zone meet and has achieved the zone qualifying score for that event prior to the NCAA Championships.

Example

Zone A had two divers finish in the top 16 on 1-meter at last year's NCAA women's championships; therefore, the top seven divers (5+2) would then be eligible to compete at this year's NCAA championships in the 1-meter event. Additionally, those seven divers may dive the 3-meter and or platform events provided they have met the requirements noted above.

Reimbursement Procedure

The reimbursement system for divers who are eligible to compete in the NCAA Championships will remain the same as the 2017-2018 season qualifying system. Divers will be eligible for reimbursement based on performances at their respective zone meet. The results from the previous year's NCAA Championships, along with a priority placement grid (fig. 1) will be used to determine the total allocated reimbursement spots for each zone. Each zone will receive a minimum of four reimbursements for men and women. These guaranteed reimbursements will fill 20 of the 41 and 20 of the 35 allotted for women and men respectively. The priority placement grid will then be utilized to fill the remaining 21 spots for women and 15 for men. All remaining eligible divers that do not receive reimbursement will be allowed to attend the NCAA Championships as an institutionally funded participant.

NUMBER OF REIMBURSEMENT SPOTS PER ZONE

	Women	Men
Zone A	5	5
Zone B	6	7
Zone C	10	8
Zone D	9	10
Zone E	11	5

Place	1M	3M	PL
1	2	1	3
2	5	4	6
3	8	7	9
4	11	10	12
5	14	13	15
6	17	16	18
7	20	19	21
8	23	22	24
9	26	25	27
10	29	28	30
11	32	31	33
12	35	34	36
13	38	37	39
14	41	40	42
15	44	43	45
16	47	46	48

Figure 1

Once all of the zone diving meets have concluded and not later than Sunday, March 17, the list of selected divers will be posted on www.ncaa.org at the following location: Division I > Championships > Swimming and Diving. Institutions with divers selected to the championships will be notified by the NCAA national office. Additionally, for the full list of divers eligible to compete at the finals site that includes the institutionally funded divers, please refer to the DiveMeets site.

AQUATIC AND TENNIS COMPLEX (ATC)

The Northern Arizona University Athletic Department and Campus Recreation Department have partnered together on the state-of-the-art Aquatic and Tennis Complex. The facility is located at 821 South San Francisco Street, Flagstaff, Arizona 86011 (Building 86).

The diving well is 17 feet deep and has two 1-meter springboards, two 3-meter springboards, as well as 1, 3, 5, 7.5, and 10-meter platforms, water surface agitators, and a Sparger System.

DIRECTIONS

Approaching from I-17 North (Phoenix): Take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a left. The parking garage and ATC will be on your left.

Approaching from I-40 West (Albuquerque): Take exit 195 and merge onto I-17 North. In less than a mile, take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a left. The parking garage and ATC will be on your left.

Approaching from I-40 East (Los Angeles and Kingman): Take exit 195 toward AZ 89A/Phoenix/Flagstaff, and then merge onto merge onto I-17 North. From there, take exit 341 for McConnell Dr. Follow McConnell Drive to San Francisco St. and take a left. The parking garage and ATC will be on your left.

CHAMPIONSHIP SUBCOMMITTEE MEMBERS

Zone A – Representatives

- Katie Hazelton – University of Pittsburgh
- Rich MacDonald – U.S. Naval Academy

Zone B – Representatives

- Beau Bunn – University of North Carolina Wilmington
- Jeffrey Shaffer – Auburn University

Zone C – Representatives

- Eric Best – Michigan State University
- Phil Hoffman – Illinois Sate University

Zone D – Representatives

- Doug Shaffer – Louisiana State University
- Todd Waikel – University of Iowa

Zone E – Representatives

- Taryn Patrick – California State University, Fresno
- Tom Stebbins – University of California, Los Angeles

CREDENTIALS

Lanyard credentials will be issued to all coaches, athletic trainers and other staff listed in the official travel party. Credentials will gain staff access to areas closed to spectators, such as the pool deck. **Credentials must be worn at all times while on-site.**

Please fill out the Team Travel Party Form (Page 21) to ensure we have the proper number of credentials made for your staff upon arrival.

COACHES MEETING

A mandatory coaches' meeting will be held **Sunday, March 10 at 6 p.m.** in the Health and Learning Center. Each coach will receive their championships packet containing credentials and updated information pertinent to the championships at this meeting. The judges' panel will be reviewed by the coaches in this meeting.

CONCESSIONS

There will be no concessions at the meet.

DRUG TESTING

All student-athletes are subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events. Additional information regarding the NCAA's championship drug-testing program is located at www.ncaa.org/drugtesting.

EMERGENCY CONTACTS

Emergency: 911

NAU Police Department: 928-523-3000

HOSPITALITY

Hospitality will be available to all student-athletes, coaches and team personnel.

Coaches/ Championship Staff

Snacks and drinks will be provided all day. Lunch will be served each day. The hospitality room is located off of the pool deck on the south side.

Student-Athletes

Snacks and drinks will be provided throughout the competition and will be located on the deck.

***All hospitality areas will require credentials to access.*

LOCKERS

Team locker rooms are located just off the pool deck on the south side of the pool. Participating teams will not have assigned lockers.

All participants will be responsible for their personal items. The host site is not responsible for lost or stolen items.

MEDIA INFORMATION

Event Results

Live results will be available at www.divemeets.com. Any SIDs in attendance will also be provided with results. Results will be distributed to coaches immediately following each event; and will be e-mailed to the SID of each participating institution.

Credentials

All media members and SIDs interested in covering the championships should submit requests to Sean Horner (phone: 928-523-1017; email: swh69@nau.edu). Sean will individually work with each media personnel to distribute media credentials.

General Information

- The media work area will be located in the meet management room off of the pool deck.
- Wireless Internet access is available in the building.
- There will be no designated interview area. Please contact Sean Horner (phone: 928-523-1017; email: swh69@nau.edu) to make any interview requests.

MEDICAL INFORMATION

All medical care will be coordinated through NAU Sports Medicine Department. Natalie Samer will be the certified athletic trainer on site.

Her contact information is as follows:

Natalie Samer, LAT, ATC
Cell: 716-430-2940
Email: nms423@nau.edu

Questions can also be directed to the following:

Cherisse Kutyreff
Director of Sports Medicine
Office: 928-523-1040
Cell: 505-920-2704
Email: Cherisse.Kutyreff@nau.edu

The athletic training room is located off the pool deck on the north side of the Wall Aquatic Center. At least one Certified Athletic Trainer will be present during all practice and competition times. A team physician and team orthopedic surgeon will be on-call for the competition preliminaries and finals.

Host Emergency Medical Plan

1. Student-athlete injured in the diving well
 - a. Natatorium lifeguard staff provides initial care while student-athlete is in water.
 - b. The injured student-athlete's athletic trainer will handle care of their student-athlete once the diver is removed from the pool.
 - c. Assistance will be provided by the championships medical director (host athletic trainer) as required by the level of seriousness of the situation.
 - d. In the event that the injury is a medical emergency, EMS will be called into action.
 - e. In the event EMS personnel are present at the facility, they will be summoned by the following:
 - (1) The aquatics director or assistant aquatics director
 - (2) Championships medical director or designee
 - (3) Department of recreational services staff
 - (4) Natatorium lifeguard
 - f. In the event EMS personnel are not present at the Natatorium, the EMS system will be activated by using a cellular telephone, a regular telephone located in the pool deck, or a regular telephone located in the athletic training room office.
 - g. The call to the 9-1-1 dispatcher will be made by one of the following individuals:
 - (1) The aquatics director or assistant aquatics director
 - (2) Championships medical director or designee
 - (3) Department of recreational services staff
 - (4) Natatorium lifeguard
 - h. The following information will be provided to the 9-1-1 dispatcher in the event of a medical emergency:
 - (1) Name of individual placing the call.
 - (2) Nature of the emergency ("injured diver during diving competition").

- (3) Type of injury (head injury, fracture, dislocation, loss of consciousness, collision with diving board).
 - (4) Location - Aquatics and Tennis Center 821 S. San Francisco St. Flagstaff, AZ, 86011
 - (5) Access point: Side double doors, south entrance, McCreary St.
 - (6) The individual making call to the 9-1-1 dispatcher will meet the responding emergency personnel and escort them to the Natatorium and the injured diver.
 - (7) If the injury is not a medical emergency, the respective student-athlete's athletic trainer will manage the situation accordingly. They will be assisted by the Championships Medical Director or designee.
2. Spectator medical issues.
- a. Spectators in the stands will ask nearest event staff worker or event security worker for assistance.
 - b. A Natatorium lifeguard will provide first aid to any spectator.

Miscellaneous Information

1. Emergency supplies provided for the championships
- a. Natatorium lifeguard staff
 - (1) AED (2) Located in the following locations:
 - On deck outside of Lifeguard Room
 - Athletic Training room on the North side of the building
 - (2) In-water spine board (5)
 - Located in the Natatorium
 - (3) Rescue pole (2)
 - Located in the Natatorium
 - (4) Rescue ring (3)
 - Located in the Natatorium on lifeguard stands
 - (5) Rescue tube (10)
 - Located in Natatorium on lifeguard stands and 4 located on walls
 - (6) BBP control kits
 - Located in Natatorium on lifeguard stands
 - Located on each lifeguard
 - b. Certified athletic trainers
 - (1) Emergency vacuum immobilizer splints
 - (2) Knee immobilizer
 - (3) Crutches
 - (4) OSHA supplies
 - (5) Slings
 - (6) Medical kit

All located in athletic training room
 - c. Team physicians
 - Physician kit (suture kit, etc.)
2. Telephone locations in/around the competition pools.
Landline telephones are found in four (4) locations.
- a. Athletic Training Room office
 - b. Meet Management room
 - c. Wet Classroom
 - d. Lifeguard Office

3. Medical facilities available for the championships

Student-athlete health care is provided at The Wall Aquatic Center Athletic Training Facility. For the most urgent emergency medical issues that arise during the championships, Flagstaff Medical Center will be the contact hospital. The Flagstaff Medical Center is located 1.3 miles from the Aquatic and Tennis Center. The Flagstaff Medical Center will be used for non-urgent medical care (x-rays, MRI, clinical examinations, laboratory work).

a. Directions to the Flagstaff Medical Center Emergency Facility:

From the main entrance on San Francisco Street, turn LEFT onto San Francisco Street, heading North. Continue heading North on San Francisco St., passing through traffic lights in Downtown Flagstaff. After passing the traffic light at Columbus Ave, the Flagstaff Medical Center Emergency Facility will be on the LEFT.

b. Directions to NON URGENT Flagstaff Medical Center Non Urgent Facility:

From the main entrance on San Francisco Street, turn LEFT onto San Francisco Street, heading North. Continue heading North on San Francisco St., passing through traffic lights in Downtown Flagstaff. Continue straight until you have passed Columbus Ave. and the emergency facility (0.4 mi.). Turn LEFT onto Forest Ave. (The Hospital will be on the LEFT hand side). Turn LEFT onto Beaver St. (700 ft.) Turn LEFT at the first driveway to enter the hospital (x-ray, MRI, etc.). Turn RIGHT at the first driveway to enter the Flagstaff Medical Center for Behavioral Health.

MERCHANDISE

Event1 is the official merchandiser for NCAA championships. Merchandise will be available near the spectator viewing area starting 90 minutes prior to the start of the day's events. It will remain open throughout competition.

PROTEST PROCEDURE

- At the coaches meeting, a meet committee must be designated who will hear and decide all protests.
- The diving sub-committee members for each region are automatically on the meet committee; the additional members must be nominated or can volunteer to be part of the meet committee; however, there should be no more than five (5) total meet committee members. If there are more nominations or volunteers than necessary, names will be drawn out of a hat. The meet committee shall have fair representation (i.e., two coaches from the same conference should not be allowed if there are more than five conferences in the zone, etc.).
- If a protest should occur, the protesting coach should find a member of the meet committee to turn in the protest form.

- Protests must be received within 30 minutes of the final diving results of that particular event. (See the protest form at the back of this manual.)
- A member of the meet committee must call Liz Homrig (317-966-0035) or Carol A. Reep (317-966-6520) to communicate what the protest entails.
- The meet committee will review and vote on the protest; if a protesting coach is involved with the meet committee, they should remove themselves from discussion and voting. (Determine if there should be an alternate selected for the meet committee in case this situation occurred so there would always be five total members and eliminate opportunity for a tie vote?)
- The meet committee will communicate back to the protesting coach what action they agreed upon. All protests are final once action has been taken.

UNIFORMS

Regulations regarding uniforms for divers are detailed in Rule 3 of the 2017-18 and 2018-19 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event.**

VIDEOTAPING

Videotaping for personal use is permitted if it does not interfere with spectators or media. Each participating team is permitted to have one person tape competition with a single camera for institutional purposes only. Flash photography is prohibited.

AREA INFORMATION

Information regarding area attractions, lodging and dining options is located online at <https://nauathletics.com/sports/2017/9/14/visitors-guide.aspx>.

TEAM TRAVEL PARTY FORM (Page 1 of 2)

Institution: _____

Contact Prior to Arrival:

Name/Title: _____

Office Phone: _____

Cell Phone: _____

Approx. Practice Time Sunday: _____

Transportation and Accommodations:

Arrival Date: _____ Time: _____

Hotel: _____

Ground Transportation (on-site):

Vans: _____

** Limited number of reserved spaces available
(one van/car permit will be provided)

Air Travel:

Airline: _____

Flight #: _____

Athletic Training:

Will your team bring a massage table?
_____ Yes _____ No

Coaches Meeting:

Number attending coaches meeting: _____

Official Travel Party:

Diving Coach: _____

Cell Phone: _____

Assistant Coach: _____

Athletic Trainer: _____

Cell Phone: _____

Administrator (if traveling): _____

Cell Phone: _____

Media Relations: _____

Cell Phone: _____

Drug Testing: _____

Cell Phone: _____

Other (Please Specify): _____

Due Wednesday, March 6, 2019 by midnight to Beth Vechinski

Email: Beth.Vechinski@nau.edu

or

Fax: 928-523-6035

TEAM TRAVEL PARTY FORM (Page 2 of 2)

Institution: _____

Student-Athletes:

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 15. _____ |
| 5. _____ | 16. _____ |
| 6. _____ | 17. _____ |
| 7. _____ | 18. _____ |
| 8. _____ | 19. _____ |
| 9. _____ | 20. _____ |
| 10. _____ | |

Due Wednesday, March 6, 2019 by midnight to Beth Vechinski

Email: Beth.Vechinski@nau.edu

or

Fax: 928-523-6035



NCAA DIVING PROTEST FORM

This protest form must be complete in full and submitted to the meet committee not later than 30 minutes after the final diving results of which the protest is applicable. Protests must be acted upon by the appropriate meet committee. The decision of this committee is final. Any protest before, during or immediately after an event should be resolved at the earliest opportunity, but not later than immediately following the current session.

Institution:

Coach Name:

Coach Cell Phone Number:

Student-Athlete Name:

Event:

Current Date:

Current Time:

Applicable Rule:

Situation Being Appealed:

Justification for Appeal:

Committee Decision – Approved: _____ Denied: _____

Appeal Meet Committee Signature: _____

Date: _____