



2019 DIVISION I  
**SWIMMING  
& DIVING**  
CHAMPIONSHIPS

***PARTICIPANT***  
***2018-19 MANUAL***

*Finals*

## Table of Contents

Introduction .....	1
Coaches Checklist.....	1
NCAA Committee/Staff .....	2
Host Personnel.....	3
Host Welcome.....	4
Schedule.....	5
Awards .....	7
Championship Operations .....	8
Competition Site/Venue Information .....	10
Drug Testing .....	11
Host City Information.....	12
Lodging – Team Hotels.....	12
Media Services .....	12
Medical Information .....	16
NCAA Policies and Requirements .....	19
Participant Expectations and Guidelines .....	20
Spectator Information.....	23
Tickets .....	24
Transportation/Travel.....	25
APPENDIX A – MEN’S AND WOMEN’S COMPREHENSIVE SCHEDULE .....	28
APPENDIX B – WOMEN’S SWIMMING PRACTICE/WARM-UP SCHEDULE.....	32
APPENDIX C – MEN’S SWIMMING PRACTICE/WARM-UP SCHEDULE .....	33
APPENDIX D – SAMPLE WOMEN’S DIVING PRACTICE/WARM-UP SCHEDULE.....	34
APPENDIX E – SAMPLE MEN’S DIVING PRACTICE/WARM-UP SCHEDULE .....	35
APPENDIX F – FACILITY DIAGRAM – DECK LEVEL.....	36
APPENDIX F – TEAM SEATING DIAGRAM.....	37
APPENDIX G – COACHES MEETING DIRECTIONS/MAP .....	38
APPENDIX H – PARKING MAPS.....	39
APPENDIX I – EMERGENCY ACTION PLAN.....	40
APPENDIX J – TIMING SYSTEM AND EQUIPMENT.....	43
APPENDIX K – CITY OF AUSTIN/UNIVERSITY OF TEXAS MAPS .....	44
APPENDIX L – AREA RESTAURANTS AND HOTELS.....	47

APPENDIX M – UNINVITED RELAY SWIMMER DECLARATION FORM .....	49
APPENDIX N – PARTICIPANT GIFT INFORMATION .....	50
APPENDIX O – AUSTIN AREA POOLS .....	51

## Introduction

Congratulations on your selection to either the 2019 NCAA Division I Men's or NCAA Division I Women's Swimming and Diving Championships! This manual includes important information regarding the championships. This manual is a supplement, not a substitute, for the 2018-19 NCAA Division I Men's and Women's Swimming and Diving Pre-Championships Manual. Additional information is available on the championships website at [NCAA.com](http://NCAA.com) and on [NCAA.org](http://NCAA.org).

The championships will be held at the Lee & Joe Jamail Texas Swimming Center in Austin, Texas, March 20-23, 2019 (women's) and March 27-30, 2019 (men's). The University of Texas at Austin will serve as the host for the championships.

Detailed information regarding the selection process for swimmers and divers is included in the 2018-19 Pre-Championships Manual, which is available online at [NCAA.org](http://NCAA.org). The qualifying standards for the championships are also available on this page, and all other information pertinent to the championships will continue to be posted on this page. The Pre-Championships Manual and the qualifying standards are also posted online at [www.usaswimming.org/ncaa](http://www.usaswimming.org/ncaa) and [www.cscaa.org](http://www.cscaa.org).

## Coaches Checklist

- Contact Short's Travel Management, the NCAA travel service, at 866-655-9215 to make air travel arrangements. Teams located within 400 miles of the competition site are required to travel via ground transportation. If extraordinary circumstances warrant an exception to the established travel policies, you must contact the NCAA's travel department at 317-917-6757 or [travel@ncaa.org](mailto:travel@ncaa.org) for approval prior to making any travel arrangements. All travel policies, including information on travel party numbers, is located on the [NCAA website](http://NCAA website) (ncaa.org, Division I, Championships, Travel and Reimbursement Information).
- Complete nominations for the Elite 90 Award **by 5 p.m. (Eastern time) Monday, March 18 (women) and 5 p.m. (Eastern time) Friday, March 22 (men)**. Please click [here](#) to access the nomination form and other pertinent information regarding the award.
- Coaches and/or institution sports information staff are encouraged to submit high resolution head shots of participating senior student-athletes, including uninvited relay alternates and institutionally funded divers, to Mr. Jeremy Armstrong ([Jeremy.Armstrong@austin.utexas.edu](mailto:Jeremy.Armstrong@austin.utexas.edu)). The photos will be used in the senior recognition presentation at the competition venue. Photos will be accepted from now until March 20 for the women and March 22 for the men.

**NCAA Committee/Staff****NCAA SWIMMING AND DIVING COMMITTEE**

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**RULES**

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**Host Personnel**

UNIVERSITY OF TEXAS AT AUSTIN	
<b>Championships Director</b> Devon Hendricks Office: 512-471-9276 Cell: 512-748-9291 Email: <a href="mailto:devon.hendricks@athletics.utexas.edu">devon.hendricks@athletics.utexas.edu</a>  <b>Championship Meet Administration</b> Rob Novak Office: 512-232-8558 Cell: 716-440-2585 Email: <a href="mailto:rob.novak@athletics.utexas.edu">rob.novak@athletics.utexas.edu</a>  <b>Championship Meet Administration</b> Maria Swanson Cell: 573-424-1019 Email: <a href="mailto:mswanson@big12sports.com">mswanson@big12sports.com</a>	<b>Championship Team and Fan Experience</b> Jeremy Armstrong Office: 512-471-5911 Cell: 512-748-0136 Email: <a href="mailto:Jeremy.armstrong@athletics.utexas.edu">Jeremy.armstrong@athletics.utexas.edu</a>  Jessica Dorsey Office: 512-232-3705 Cell: 931-561-0000 Email: <a href="mailto:jessica.dorsey@austin.utexas.edu">jessica.dorsey@austin.utexas.edu</a>
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INTERCOLLEGIATE ATHLETICS  
THE UNIVERSITY OF TEXAS AT AUSTIN

*P.O. Box 7399 • Austin, Texas 78713-7399 • (512) 471-4602 • fax (512) 471-2378 • [www.TexasSports.com](http://www.TexasSports.com)*

January 1, 2019

Dear NCAA Championship Participants:

On behalf of the students, faculty, staff and alumni of the University of Texas, welcome to Austin and to our campus. The Lee & Joe Jamail Swimming Center opened in 1977 and has been the home to international, USA Swimming, AIAW and NCAA Championship meets. Swimming and diving records have been broken and history has been made in our pool.

Congratulations on qualifying to the NCAA Swimming and Diving Championships, and thank you for representing your institutions with class and integrity as student-athletes. Texas Athletics wishes you luck in the meet and sends a warm welcome to you, your teammates and your coaches.

Sincerely,

A handwritten signature in black ink, appearing to read "Chris Del Conte".

Chris Del Conte  
Vice President and Athletics Director  
University of Texas at Austin

## Schedule

The championships will take place March 20-23 (women) and March 27-30 (men). A comprehensive men's and women's composite competition schedule is included in [Appendix A](#).

For the **2019 Division I Women's Swimming and Diving Championships**, the daily competition schedule will be moved up one hour earlier Wednesday through Saturday, but will retain the order of events for each day of competition. For swimming, the preliminary sessions will begin at 9 a.m. and the final sessions will begin at 5 p.m., local time. Preliminary rounds for diving will take place Thursday and Friday at 11:30 a.m. and Saturday at 11:15 a.m. Diving finals will take place in the appropriate order during the night sessions.

For the **2019 Division I Men's Swimming and Diving Championships**, the preliminary sessions will begin at 10 a.m. and the finals sessions will begin at 6 p.m., local time. Preliminary rounds for diving will take place Thursday and Friday at 12:15 p.m. and Saturday at noon. Diving finals will take place in the appropriate order during the night session.

**NOTE:** For the 2019 women's championships, ESPN will provide digital coverage on ESPN3 for Wednesday and Thursday's evening finals sessions, as well as, live linear coverage for both Friday's and Saturday's finals on ESPNU. For the 2019 men's championships, each of the men's finals sessions on Wednesday thru Saturday evenings will be broadcast via the digital platform on ESPN3. Additional championships broadcast information is available on page 12.

### Pool Availability

The Lee & Joe Jamail Texas Swimming Center will be available for participating student-athletes during the hours listed below. Only student-athletes from competing institutions may use the pool during these times. There will not be a need to have a lane line placed in the diving well this year.

<b>Tuesday</b>	8 a.m. to 10 p.m.
<b>Wednesday</b>	6 a.m. to 10 p.m.
<b>Thursday</b>	6 a.m. to conclusion of finals
<b>Friday</b>	6 a.m. to conclusion of finals
<b>Saturday</b>	6 a.m. to conclusion of awards ceremony

The Lee & Joe Jamail Texas Swimming Center will not be available to competing teams prior to 8 a.m. Tuesday of each week. Teams desiring off-site pool time prior to 8 a.m. Tuesday may reach out to the following pools, all of which are subject to availability. These facilities all have 1-meter and 3-meter diving boards unless otherwise designated. ([Appendix O](#))

### Registration/Package Pick-up

Registration will take place on Level 3 of The Lee and Joe Jamail Texas Swimming Center; hours for registration are as follows:

<b>Tuesday</b>	8 a.m. to 5 p.m.
<b>Wednesday</b>	8 a.m. to 5 p.m.

After Wednesday, any late registrations will take place on the 1<sup>st</sup> floor of the swim center at the check in desk. A representative from each participating institution must register their team and pick up the team packet. The following will take place at registration:



- Pick up team packets, which will contain credentials and parking information;
- Review and sign the team entry list, confirming that all student-athletes on the list are present and eligible to compete;
- Declare any uninvited swimmers that may serve as a relay alternate during the meet (up to four);
- Pick-up participant medallions for student-athletes who were selected to the championships;
- Pick-up BODYARMOR squeeze bottles for student-athletes;
- Select massage table locations; and
- Submit any banners they wish to be hung by facility staff at registration.

### **Practice/Warm-Up Schedule – Swimming**

The pool will be available for practice as noted above. For competition days, there will be one pace and one sprint lane designated in the warm-up pool. For competition days, the practice/warm-up schedules for the competition pool for swimmers are located in [Appendix B](#) (women) and [Appendix C](#) (men).

### **Practice/Warm-up Schedule – Diving**

Mats will be available for stretching and warm-up on the west side of the diving well and adjacent to the Athletic Training area. The diving practice and competition schedules are located in [Appendix D](#) (women's) and [Appendix E](#) (men's).

### **Administrative Meeting**

A mandatory administrative meeting will be held Wednesday, March 20 (women's) and Wednesday, March 27 (men's), for all coaches. The swimming coaches meeting will be held at 11:30 a.m., followed by the diving coaches meeting at 1 p.m. All meetings will be held in the Recreational Sports Center, level 2. The Recreational Sports Center is located north of the swim center, along San Jacinto Blvd. All head coaches or their institutional designee are required to attend to hear important information specific to the championships and the facility. **Institutions failing to have representation at the meeting will be fined.** Head coaches will choose their team seating area on the deck at the swimming coaches meeting so review the new process that is outlined below within the "[team seating](#)" section of this manual.

### **CSCAA Meetings**

The College Swimming and Diving Coaches Association of America will hold a meeting for the coaches during each week of their respective championships. The CSCAA meeting during the women's championships week will be held on Tuesday, March 19 at 8 p.m. The CSCAA meeting during the men's championships week will be held on Tuesday, March 26 at 8 p.m. The CSCAA Executive Director will update coaches once the meeting location has been finalized.

### **National Anthem**

The national anthem will be performed prior to the start of the evening session each day.

### **Timed Finals Events**

All heats of the 800-yard free relay will be swum in the evening Wednesday. There will be no parading for the 800-yard freestyle.

The season's best competitive time for the 1,650-yard freestyle shall be used to seed that event. The eight fastest competitors will swim in the evening session at 5 p.m. (women) and 6 p.m. (men) on Saturday. All other heats will be swum slowest to fastest, beginning at approximately 2:45 p.m. (women) and 3:45 p.m. (men) and ending at approximately 4:15 p.m. (women) and 5:15 p.m. (men). **Please note the competition pool will not be made available for warm-up for the evening session until 4:15 p.m. (women) and 5:15 p.m. (men).** There will be no parading for the 1,650-yard freestyle.

## Awards

### **Awards Ceremony**

An awards ceremony will be held immediately after the conclusion of each event and NCAA awards will be presented to the top eight finishers in each event. Team awards will be presented to the top four teams after the presentation of the 400-yard freestyle relay awards. Student-athletes are required to wear official school uniforms/warm-ups for awards ceremonies. All individuals receiving an award must be represented on the awards stand.

**If a student-athlete is swimming in the event immediately after the awards ceremony, and only in that circumstance, another participating student-athlete from that institution must stand in to receive the award, unless a record has been broken. If an individual is swimming in multiple events that session, the coach must inform the committee and NCAA staff prior to the start of that session if that student-athlete may have a substitute for any of the award ceremonies. Failure to adhere to this policy will be reviewed as a potential misconduct.**

Swimmers' baskets will be taken to the awards staging area during the race. Divers must change into warm-ups and walk immediately to the awards stand at the conclusion of the diving finals events. Please see the venue map in [Appendix F](#) for the location of the awards staging area and the awards stand.

If a tie occurs in the finals, it will not be broken. A duplicate award will be ordered by the NCAA and sent to the institution after the championships. Institutions interested in purchasing additional awards that they receive on site can do so at <http://www.mtmrecognition.com/ncaa/>.

### **Elite 90 Award**

The NCAA Elite 90 Award will be presented to the student-athlete with the highest cumulative grade-point average competing at the championships. The coach of the recipient will be notified at the coaches meeting, but will be asked not to notify the student-athlete. A day/time for presenting the award will be determined at that time, based on the events in which the student-athlete is participating. Coaches must submit nominees for the Elite 90 award by **5 p.m. (Eastern time) Monday, March 18 (women) and Friday, March 22 (men)**. Please visit the [NCAA website](#) to access the nomination form and other pertinent information regarding the award.

### **Locker Room Program**

The national championship team will receive champion T-shirts and hats as part of the NCAA locker room program. These items will be presented at the team awards ceremony after the final event.

### **Participant Medallions**

Participant medallions will be provided to all student-athletes selected to the championships. Medallions will NOT be given to uninvited relay swimmers or institutionally funded divers. These medallions will be given to the institutional representative at registration. Institutions interested in purchasing participant medallions can do so at the following website: <http://www.mtmrecognition.com/ncaa/>. Additional medallions will NOT be provided at registration.

### **Student-Athlete Participation Awards**

An on-line gift-suite will serve as the participation awards provided to members of the official NCAA travel party of institutions that advance to the championship finals site. See [Appendix N](#) for more details.

## Championship Operations

### Banners

Only banners allowed in or around the competition area are those approved by the swimming and diving committee and the NCAA. Banners advertising equipment of manufacturers are strictly prohibited. **All banners must be dropped off at registration and will be hung by the host institution after teams have designated their seating areas on deck.** Teams that would like to retrieve banners before the end of the championships should make arrangements at the admin table at least one hour prior to departure.

### Deck Passes

Deck passes/credentials will be produced by the NCAA for all participating teams and will be distributed to teams at registration. Team staff will receive numbered wristbands and student-athletes will receive labeled credentials. No one will be allowed to enter the facility or access the pool deck without proper identification. Wristbands should be worn at all times on deck and in the facility. Teams will receive deck passes for selected student-athletes and a designated number of institutional personnel (see chart below). Institutions will be allowed to bring up to four uninvited relay swimmers to the championships. Uninvited relay swimmers must be designated at registration and will receive credentials.

The number of deck passes for institutional personnel is based on the total number of student-athletes attending from their institution, which will include selected swimmers and divers, uninvited relay swimmers and institutionally funded divers. **NOTE:** an institution's maximum limit of 18 total student-athletes must be maintained.

Number of Participating Student-Athletes	Number of Deck Passes for Institutional Personnel
1-4 participants	Four
5-9 participants	Five
10-14 participants	Six
15 or more participants	Seven

One additional deck pass will be allocated for the diving coach from each institution with qualified divers. Teams can request up to one medical credential for a certified athletic trainer through the host trainer. Any other trainers must be accommodated through the deck pass allotment noted above. **Massage therapists must be included in the institutional allotment noted in the chart above.** Coaches/institutional personnel outside of the allotted number must pay the regular admission fee and will not be allowed on deck. There are no exceptions to this policy.

Institutional personnel who receive deck passes through the allotment may purchase a replacement deck pass if one is misplaced. The replacement deck pass will cost the same as an all-session ticket (\$90) and must be purchased with a check or money order. CASH IS NOT ACCEPTED. Starting Thursday, replacement deck passes can be purchased prior to each session on Level 1 of The Lee and Joe Jamail Texas Swimming Center

Misuse of credentials by an institution may result in misconduct.

Media credential requests, including sports information directors for participating institutions, must be made online at [www.ncaa.com/media](http://www.ncaa.com/media).

### **Heat Sheets**

Coach heat sheets will be available on deck at the admin table. A limited quantity of additional heat sheets will be available at the head table. Heat sheets for the following day will be finalized and distributed at the admin table after the scratch deadline each day.

### **Hospitality**

Hospitality for institutional personnel, officials, meet management personnel and coaches will be available Thursday, Friday and Saturday, and will be located just outside the southwest doors off the pool deck. There will also be a meal provided Wednesday evening. **Individuals must have a credential for access to the hospitality area.**

#### **Hospitality Tent Hours**

#### **Women's Championships Week**

6:30 to 9 a.m.

10:30 a.m. to 2 p.m.

3:30 to 7 p.m.

#### **Men's Championships Week**

7:30 to 10 a.m.

11:30 a.m. to 2 p.m.

4:30 a.m. to 7 p.m.

Snacks, BODYARMOR products and water will be available for competitors on deck.

### **Merchandise**

Official NCAA championship merchandise will be available for purchase at the championships. Participants will also be given the opportunity to pre-order apparel through Event 1, Inc., the official souvenir merchandiser for the NCAA. Merchandise will be available for purchase at the venue on competition days beginning at 10 a.m., and during registration/practice on Wednesday from 9 a.m. to 4 p.m. The merchandise stand will be located on Level 2 of The Lee and Joe Jamail Texas Swimming Center.

### **Results**

Results from each session will be distributed via the admin table. Results will also be available on Meet Mobile and [www.ncaa.com](http://www.ncaa.com).

### **Swim-Offs**

Swim-offs may be held at a mutually agreed upon time by the teams involved. If a mutual time cannot be agreed upon, the meet referee will have the authority to set a time, which may be no sooner than 30 minutes after the last event of that session.

### **NEW THIS YEAR: Team Seating**

At each of the respective coaches' administrative swimming meetings, the top 15 teams from the previous year, depending on host seating capacity, will be given their choice of location, in order of finish. Teams 16 through the last scoring team from the previous year's championships in attendance will then select their team seating in order after the coaches meeting. The remaining teams that did not score at the previous year's championship will randomly choose a number for determining the order for selecting their seating. Refer to [Appendix F](#) for a map of the on deck seating.

The top 15 teams from the 2018 championship are as follows:

WOMEN	MEN
1. Stanford	1. Texas
2. California	2. California
3. Texas A&M	3. Indiana
4. Michigan	4. North Carolina State
5. Louisville	5. Florida
6. Texas	6. Southern California
7. Tennessee	7. Stanford
8. Indiana	8. Michigan
9. Virginia	9. Louisville
10. Minnesota	10. Georgia
11. Georgia	11. Tennessee
12. Southern California	12. Auburn
13. Ohio State	13. Alabama
14. Kentucky	14. Texas A&M
15. Missouri	15. Minnesota

#### **Video Review**

Per rule 4-14-7, video review will be used at the championships. All reviews must be conducted before qualifiers/results are announced. Such equipment shall be used if both relay judges independently record opposite of the equipment or anytime the electronic equipment reading is a negative number that leads to disqualification. The designated official shall review the video to determine if there was a machine malfunction and clear video evidence exists to overturn the call. **Challenges by coaches are not permitted as part of this rule.** The result of the video is merely to determine if the electronic judging equipment has failed. The video shall not be used to detect early takeoffs or any other rule infractions. If conclusive video evidence exists that the electronic equipment failed, the result of the electronic judging equipment is voided, no electronic result is recorded and the referee may overturn the disqualification for that heat. Any obstruction to the view of the exchange is sufficient to void the video from evidence. All video reviews will take place after the heats of the event are completed.

#### **Water/BODYARMOR for Participants**

Water and BODYARMOR product will be available for student-athletes during practice and competition. Teams will receive BODYARMOR squeeze bottles for the student-athletes. Squeeze bottles will be distributed at registration. Equipment carrying any branding other than BODYARMOR will not be permitted on deck during the championships and all product must be consumed out of the NCAA-provided BODYARMOR branded water cups or squeeze bottles only.

#### **Competition Site/Venue Information**

##### **Competition Site Maps**

A map of the venue is available in **Appendix F** of this manual and outlines all areas on the main pool deck. Ticket will-call, the ticket box office and team registration check in will take place on Level 3 of The Lee and Joe Jamail Texas Swimming Center.

### **Emergency Evacuation Plan**

The Lee and Joe Jamail Texas Swimming Center Emergency Evacuation Plan is provided in [Appendix I](#). This plan will also be provided in the team packets at registration and reviewed at the coaches meeting prior to the meet.

### **Facility Regulations – Prohibited Items**

- Noise irritants
- Non-collapsible strollers are not permitted. Collapsible units may be placed underneath the seats.
- Tripods and other equipment that could pose a tripping hazard are not permitted.
- Food or beverages from outside sources will not be allowed.
- Any bags/items brought into the building are subject to inspection and the building policy. As a rule, bags size 16x16 are acceptable. Other bags may be refused entry.
- No weapons or any kind will be allowed in the building. Firearms, knives, chains, lasers, or any other items that may be considered harmful will not be allowed inside.

### **Locker Rooms**

One locker room will be available to participants. A limited number of day use lockers will be available for use. You must provide your own lock and locks are not to be left on lockers overnight. The Texas Swimming Center is not responsible for any lost or stolen items.

Additional restrooms are available on the second and third levels of the facility. See the venue map in **Appendix F** for additional detail.

### **Participant Entrance**

Credentialed participants may enter through the sliding glass doors on the lower level on the east side of the facility. They may also enter through the Olympian Plaza on the east side third level and then use the stairwell in the middle of the upper concourse to access the deck level.

### **Restrooms**

Restrooms for spectators are located on the second and third levels of the facility.

### **Spectator Entrance**

Spectators may enter the facility via the upper level entrance. The doors are located near the Olympian Plaza on the east side of the facility. Since no elevators are available, disabled patrons should access this area via the sidewalk on MLK Jr. Street. This area leads into the third level concourse and seating area.

### **Towels**

Towel service will not be provided during the championships for coaches or student-athletes.

### **Drug Testing**

All student-athletes are subject to NCAA drug testing at all NCAA championships or in conjunction with all postseason certified events. The goal of the drug-testing program is to provide safe, fair and equitable competition as well as to protect the health and safety of all NCAA student-athletes participating in NCAA championships and postseason certified events.

The drug-testing program involves collecting urine specimens from student-athletes at various times throughout an NCAA championship. Student-athletes may be selected for drug testing based on their place of finish, position and/or an approved random selection method. A student-athlete may be selected

for drug testing on more than one occasion during the championship event. All urine specimens provided by student-athletes are analyzed by a World Anti-Doping Agency accredited laboratory and the results are then reported to the institution's director of athletics.

The WADA laboratory analyzes each urine specimen for substances and related compounds from a list of banned-drug classes developed by the NCAA Executive Committee. Refer to the 2018-19 Drug-Testing Programs booklet on the [NCAA website](#) for the published list of banned drug classes and the procedural guidelines for testing. Athletic administrators are urged to review the NCAA Drug Education and Testing video, the NCAA Banned Drug Classes List as well as the NCAA Drug-Testing Program booklet with all coaches and student-athletes in advance of any NCAA championship or postseason certified event. Student-athletes who test positive as a result of a drug test administered by the NCAA or who breach the NCAA drug-testing program protocol shall lose one year of eligibility and shall be charged with the loss of a minimum of one season of competition in all sports.

Additional information regarding the NCAA's championship drug-testing program can be found on the [NCAA website](#).

#### **Host City Information**

[www.austintexas.org](http://www.austintexas.org) Accommodations, maps, dining, shopping, places of interest, and more

[www.austin360.com](http://www.austin360.com) Restaurant information, things to do in Austin, history, and more

#### **Lodging – Team Hotels**

Due to large events in the city, teams are encouraged to reserve hotel rooms immediately. Multiple properties at various price ranges have been identified and are currently holding rooms for the event. A complete listing of the properties, rates and contact information is located on NCAA.org on the [Division I swimming and diving landing page](#).

#### **Media Services**

Important information regarding NCAA media policies is located online at [www.ncaa.com/media](http://www.ncaa.com/media).

#### **Championships Coverage**

**NOTE:** For the 2019 women's championships, ESPN will provide live linear coverage for both Friday's and Saturday's finals on ESPNU, as well as, digital coverage on ESPN 3 for Wednesday's and Thursday's evening finals. For the 2019 men's championships, the men's finals sessions on Wednesday thru Saturday evenings will be broadcast via the digital platform on ESPN3. Tape delayed coverage of the men's championships will be broadcast on ESPNU at 7 p.m. Eastern, April 8.

All sessions not part of ESPN's broadcasts will be streamed live on the NCAA Swimming and Diving Championships microsite at [www.texassports.com](http://www.texassports.com).

#### **Championship Websites**

The official website for the women's championship is <http://www.ncaa.com/championships/swimming-women/d1> and the men's website is <http://www.ncaa.com/championships/swimming-men/d1>. Additional information specific to participants is located on [NCAA.org](#).

### **Credentials for Media**

All media credential requests, including requests for institutional sports information personnel, must be submitted online at [www.ncaa.com/media](http://www.ncaa.com/media).

### **Footage Usage and Licensing**

For more information, go to <http://www.ncaa.com/media/broadcast-services>.

### **Admission – Media Representatives**

Media representatives will be admitted to the championships in accordance with established NCAA policies and procedures. All media members and SID's interested in covering the championships should submit requests to Mr. Benjamin Breitbach [ben.breitbach@athletics.utexas.edu](mailto:ben.breitbach@athletics.utexas.edu). He will work with media personnel to distribute media credentials.

### **Media Headquarters and Facilities**

During the championships, the Media Headquarters will be located in Room 1.106 on the first level of the swim center. This room, which is adjacent to the pool deck, will be equipped with phones, photocopier and facsimile machines (phone credit cards will be necessary). Meet information, entry lists and results will be distributed to media representatives from the Media Headquarters.

### **Media Seating**

Seating for the media will be located in the media headquarters room. Complimentary wireless internet access will be provided, and several high-speed Ethernet connections will be made available for photographers.

### **Interview Procedures**

The interview area is located in the media headquarters room. After a 10-minute cooling off period (i.e., 10 minutes after each event), student-athletes and coaches will be available for interview for a reasonable period of time, so long as it does not adversely affect the preparation for the competitor's next performance in that session. The top finisher will be escorted to the interview room for a group interview. All requested coaches and student-athletes will be required to report to the interview area within 10 minutes of the last event in which they have athletes competing or in which they compete.

### **General Media Information**

1. Media and SIDs will be provided with a credential, allowing them access to the media seating and work area, and limited access to the pool deck.
2. There will be NO pool deck media seating. Media seating will be in the second level of the grandstands.
3. No flash photography may be taken at the start of any race or during diving events.
4. The administrative table on the pool deck is limited to event management, meet personnel, and NCAA staff only.
5. Complete results will be distributed to the media following the conclusion of each event.
6. Heat sheets and result packets will be available.
7. There will be no media interviews on the pool deck. A designated interview area is located on the north end of the pool deck.

### **Press Conferences**

Immediately after a 10-minute cooling-off period, an interview area will open to all certified members of the news media; any coach and student-athletes requested by the media must be available for interviews.

Regardless of regular-season radio or television contract(s), the coach is obligated to the entire covering media during the championship and must report to the interview room immediately after the 10-minute cooling-off period. The coach cannot delay a post-competition interview with the covering media to



conduct a program for a single newspaper, radio or television reporter unless requested to remain for a short interview (not to exceed four minutes) by the television entity that has been granted television rights by the NCAA.

Coaches cannot make themselves available to selected media representatives before the conclusion of the 10-minute cooling-off period. They may, however, open their dressing rooms and/or report to the interview area before the cooling-off period ends, and make themselves available to all media representatives staffing the championship. Should a coach permit one media agency access before the 10-minute cooling-off period has ended, access shall be granted to all other media representatives desiring access. The NCAA championships have an “open locker room policy,” which is administered by the media coordinator on site.

### **Media Hospitality**

Hospitality will be available to media throughout each week of the Championships. Hospitality will be served inside the media headquarters Room 1.106 on the first level of the swim center

### **Publicity**

Participating colleges and universities are asked to send press guides and other pertinent publicity and promotional materials to the following:

Mr. Benjamin Breitbach  
NCAA Swimming and Diving Media Notes  
PO BOX 7399  
Austin, TX 78713  
[ben.breitbach@athletics.utexas.edu](mailto:ben.breitbach@athletics.utexas.edu)

### **Programs**

IMG is partnering with the NCAA to produce digital game programs for NCAA Championships. Both of the Division I Women's and Division I Men's Swimming and Diving programs can be viewed at [NCAA.com/gameprograms](http://NCAA.com/gameprograms). The programs are free to view and can be downloaded and printed. Using a digital platform will allow IMG to add extra pages to programs in addition to extending deadlines to allow for the most up-to-date information to be included in the program. In addition, after the championship has concluded, the program will be updated with a recap from the championship and a new cover photo from the recently completed championship.

### **Results**

Results will be emailed to all coaches and SID's after each session. In addition, hard copies will be available in the media headquarters. Live results will be available at Meet Mobile and [www.ncaa.com](http://www.ncaa.com).

### **Senior Recognition Photos**

Coaches and/or university sports information staff are encouraged to submit high-resolution head shots of qualified senior athletes, including uninvited relay alternates and institutionally funded divers to Mr. Jeremy Armstrong ([Jeremy.armstrong@athletics.utexas.edu](mailto:Jeremy.armstrong@athletics.utexas.edu)). The photos will be used in the senior recognition presentation at the competition venue Saturday evening. Photos will be accepted from now until March 20 (women) and March 22 (men). Any photos sent after these days are subject to exclusion from the recognition.



Dear Swimming and Diving Athletic Trainer,

On behalf of The University of Texas at Austin, our staff would like to welcome you to Austin, Texas. The intent of this letter is to provide you with the information about the services we will provide for the upcoming swimming and diving meets. We would also like to inform you of some of the items we will be providing at the Lee & Joe Jamail Texas Swimming Center (TSC). We supply: ice, ice bags, first aid supplies, biohazard disposal, water, and cups. If there is anything else that you will require, please inform us prior to your arrival so that we can best accommodate your team. There will be a certified athletic trainer and athletic training students on deck during competition. EMS will also be present during competition. Doctors will be on deck during finals. If an athletic trainer will not be traveling with your team to Austin, please forward this letter to the appropriate coach/staff member. Please note that if a certified athletic trainer will not be traveling with your team, a letter of treatment authorization signed by a certified athletic trainer or physician must accompany the student-athlete(s) needing care. If you have any questions or concerns, or if we can be of any assistance during your stay, please feel free to contact us, and welcome to The University of Texas at Austin! Please contact me for credentials, [terry.murphy@athletics.utexas.edu](mailto:terry.murphy@athletics.utexas.edu) and understand it is only for ATC's who will be providing your care during competition.

Sincerely,

Terry Lynn K. Murphy, MS, LAT, ATC

Associate Athletic Trainer  
University of Texas at Austin  
Email: [terry.murphy@athletics.utexas.edu](mailto:terry.murphy@athletics.utexas.edu)  
512-471-5513 (M)  
512-844-2128 (C)  
512-232-5054 (F)

## Medical Information

All medical care will be coordinated through the University of Texas at Austin Sports Medicine Team, and specifically by Associate Athletic Trainer, Terry Murphy MS, LAT, ATC. As well as a physician will be on deck and available during each session of the championships. They will not be available for massages.

### Staff on Duty

- Certified athletic trainers and one athletic training student will be present during competition times.
- EMS will be on site and will be present during all practice and competition times.
- Lifeguards are on duty at all times the University Aquatic Center is open. Coverage includes both the competition and warm-up pools and the diving well.

### Sick Call

There will be a general sick call set up for 6:30 a.m. to 8 a.m. starting Wednesday before each meet. If you are in need of this service, please report to the sports medicine headquarters located at the south end of the pool deck. Please contact Terry Murphy (512-844-2128) prior to this and we will assist with your medical needs. A physician and athletic trainers will staff this area.

### Sports Medicine Facilities

An area located at the south end of the pool deck will be set up as the Sports Medicine Headquarters. This area will be equipped with treatment tables, hydrocolator, ultrasound and electronic stimulator machines. Certified athletic trainers will staff this area and will be available to assist with treatments and/or acute injuries. Ice will be available at both the Sports Medicine Headquarters and the First Aid Room. The hours for the Sports Medicine Headquarters will be two hours prior to events starts, other times may be coordinated by calling Terry Murphy.

In addition, there will be ice baths located within the facility to be shared by all teams. Due to limited facility space, individual team ice baths will not be allowed to be set up on deck.

### Traveling Without Sports Medicine Staff

If your team is traveling without a certified athletic trainer, advanced notification is appreciated. Written prescriptions from physicians and/or certified athletic trainers are required for any treatment outside of ice and heat in such situations. In addition, University of Texas at Austin personnel are available to assist with any taping and wrapping needs, provided that student-athletes provide their own taping supplies.

### Emergency medical numbers

University Student Health Center	512-471-4955
University Medical Center	512-324-7000
EMS	911
UT Athletic Training Room	512-471-4916
University Police (general number)	512-471-4441

### Outside Medical Facilities

**St. David's Medical Center** is located at 919 E 32nd Street Austin, Texas 78705, Telephone: 512-476-7111, and will be used for any hospital needs of the competitors. Be prepared to provide any insurance or billing information should further medical attention be needed.

### Local Pharmacy Information

CVS pharmacy  
Open 24 Hours  
2927 Guadalupe Street  
Austin, Texas 78705

### Emergency Medical Service

An EMT team will be on site throughout the competition.

### Water and Isotonic Drink

Water stations will be located at each end of the swimming pool and diving well. Isotonic drink will be located at the Sports Medicine Headquarters and various locations on deck.

### Massage Area

Teams will be assigned spots on a first-come, first-serve basis, and all participating teams will be guaranteed one spot in the main area as space allows. Teams will be allowed to place multiple tables adjacent to each other as they arrive. If spots fill up in the main area before all teams arrive, any teams with more than two spots already taken will be asked to remove or move one of their tables. If there are no teams with more than two tables, the last team to have arrived with two tables will be asked to remove or move the second table. This will ensure that all teams have at least one spot in the main area. Massage therapists can arrive as early as Tuesday at 8 a.m. to request an assigned spot.

Please keep in mind that ALL massage therapists should be included in your credential listing, even if you contract with one.

Massage therapists may only set up in the designated spaces.

### Concussion Management

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without

loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the “NCAA Sports Medicine Handbook Guideline on Concussions” online at [www.NCAA.org/health-safety](http://www.NCAA.org/health-safety).

### Medical Examinations

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA tournament physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition (e.g., skin infection) may expose others to a significantly enhanced risk of harm and, if so, to disqualify the student-athlete from continued participation. The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

### Lee & Joe Jamail Texas Swimming Center Emergency Medical Plan

1. Student Athlete Injured in a Competition Pool (Active/Non-Emergency):
  - a. Texas Swimming Center lifeguard staff will provide care while student athlete is in the water.
  - b. Championship medical staff handles care of student athlete once they are removed from the pool.
  - c. Incident reports will be completed by both Texas Swim Center staff and NCAA DI Championship meet personnel.
2. Student Athlete Injured in a Competition Pool (Major Emergency):
  - a. Texas Swimming Center lifeguard staff will activate facility EAP/EMS protocol and provide care in the water for all major emergencies (unconscious, suspected spinal injury, seizure).
  - b. Championship medical staff may assist Texas Swimming Center staff with care once guest is removed from the water until EMS is on scene.
  - c. Incident reports will be completed by both Texas Swimming Center staff and NCAA DI Championship meet personnel.
3. Non-Student Athlete Medical Issues (on deck):
  - Will be managed by the Texas Swimming Center lifeguard staff and/or the Championship medical staff.
4. Spectator Medical Issues:
  - a. Spectators in the stands will contact the nearest Event Staff worker or Event Security personnel for assistance.
  - b. An EMS or Championship medical staff can provide necessary care.

#### First Aid Kits:

- Lifeguard Room – On deck in the east side by the main entrance.
- Meet Medical – On deck in the southeast corner

#### Public Access AEDs:

- East and West concourses, halfway down

#### Emergency Medical Service

EMS personnel will be on-site for all swimming and diving practices and sessions.

### **NCAA Policies and Requirements**

#### **Certification of Eligibility/Availability**

Only student-athletes eligible under NCAA Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. In accordance with Bylaw 3.2.4, member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition. Institutions are responsible for monitoring/determining the eligibility of student-athletes at the start of each semester/quarter. Member institutions are reminded to notify the NCAA national office before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championships competition.

It is critical for coaches to immediately inform the NCAA championship managers, Carol A. Reep (women's) ([careep@ncaa.org](mailto:careep@ncaa.org); 317-917-6678) and/or Liz Homrig (men's) ([lhomrig@ncaa.org](mailto:lhomrig@ncaa.org); 317-966-0035), of student-athletes who have become unavailable to compete, since another student-athlete could lose the opportunity to participate in the championships if this information is not received. This applies to student-athletes who have been selected to the championships and become ineligible.

#### **Ethical Behavior by Coaches**

As a member of the coaching profession, coaches have inherent obligations and responsibilities to the profession, to the student-athletes, and to all those with whom they come into contact. Coaches are expected to be role models and to conduct themselves with integrity and high ethical standards at all times. In order to fulfill these responsibilities, a coach must do the following:

1. Per NCAA Bylaws, conduct all intercollegiate competition in accordance with the playing rules of the Association.
2. Place the safety and welfare of others ahead of winning and personal prestige.
3. Treat all people with honesty, fairness and respect. (In particular, such things as vulgar and profane language or taunting, intimidating or baiting opponents or the media, are not acceptable from a coach or a student-athlete.)
4. Teach and model for student-athletes and staff members strict adherence to the rules and regulations of the sport and its governing bodies.
5. Recognize, accept and teach to the team and the staff that their public behavior projects an image of the program and the university or college they represent. Therefore, behavior should be appropriate and honorable at all times.

### **Misconduct/Code of Conduct**

Misconduct is defined as **“any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.”**

Public criticism of officials may subject the individual, institution or conference to the misconduct provisions.

The games committee is authorized to (1) reprimand publicly or privately, (2) disqualify from future participation and/or (3) ban from subsequent competition a student-athlete or representative of the institution who is guilty of misconduct at any time during the championship.

### **Sports Wagering**

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student-athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

Student-athletes found in violation of NCAA sports wagering rules will be ineligible for competition, subject to appeal to the Committee on Student-Athlete Reinstatement. The appropriate penalties will be considered on a case-by-case basis based on the division’s student-athlete reinstatement sports wagering penalty guidelines.

### **Tobacco Ban**

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Uniform penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

## **Participant Expectations and Guidelines**

### **Alternates for Relays**

All swimmers who have qualified to participate in the championships in individual events are eligible to swim relays for which participating institutions are eligible. Additionally, institutions are allowed to bring **up to four student-athletes** to the championships to serve as uninvited relay swimmers as long as the maximum number of student-athletes per team do not exceed 18. Uninvited relay swimmers are student-athletes who were not invited to the championships in an individual event but can serve as relay alternates if needed. The following policies apply to uninvited relay swimmers:

- Uninvited relay swimmers will not receive reimbursement from the NCAA (travel and per diem) for attending the championships;
- Uninvited relay swimmers may participate as alternates on any relay for which an institution is eligible;
- Uninvited relay swimmers must be eligible student-athletes who are listed on the team roster online.
- Uninvited relay swimmers may not swim any individual events;
- Institutions must designate any potential uninvited relay swimmers (up to four) at the time of registration. Only student-athletes who were invited in individual events or the designated uninvited

- relay swimmers (up to four) may be used as alternates for relays;
- Uninvited relay swimmers will count towards the limit of 18 participants;
- If an institution scratches a student-athlete after selections, that student-athlete cannot be used as an uninvited relay swimmers; and,
- Uninvited relay swimmers do not count towards parking pass numbers but do count towards deck pass allotment.

The uninvited relay swimmers declaration form ([Appendix M](#)) must be completed and turned in at registration or emailed to Carol A. Reep ([careep@ncaa.org](mailto:careep@ncaa.org)) (women's) or Liz Homrig ([lhomrig@ncaa.org](mailto:lhomrig@ncaa.org)) (men's) in advance of the championships.

### **Appeals**

All appeals must be submitted on the official appeal form, which will be available at the head table on deck. The form must be completed in full and submitted to the referee not later than 15 minutes after the finish of the final heat in that session of the event in which the appeal is applicable. Appeals will be acted upon by the appropriate meet committee. The decision of this committee is final. Any appeal before, during or immediately after a race should be resolved at the earliest opportunity, but not later than immediately following the current session. The use of video is not permitted during the appeal process.

### **Diving Lists**

Each competitor who qualifies for the NCAA championships must submit their list of dives to DiveMeets Monday before the championships begin. These lists of dives must be verified and signed by the diver and the coach by the scratch deadline, and shall include the international dive numbers, position letters, the degree of difficulty and the platform height. Each competitor shall be responsible for the correctness of these areas. Failure to follow proper entry procedures may result in a financial penalty.

### **Diving Signal**

In the finals of all diving events, the dive shall be executed after an auditory signal is given by the referee. The signal shall not be given before the diver has assumed a ready position on the board or platform and the referee has checked the master sheet and indicator board. For backward and inward take-offs, the diver shall not proceed to the end of the springboard or platform until the signal has been given by the referee.

### **Diving Tiebreaker**

**In the event of a tie for eighth place in the prelims** of diving 1-meter, 3-meter or platform events, the tie-breaking method is to take all nine divers to the final. The consolation finals will thus have seven competitors in the event, none finishing higher than 10th place in the final standings. In the evening's final, the nine competitors will do a six-dive list. The highest place finisher of the tied divers will remain in the place that they finished, while the other diver will place ninth.

**In the event of a tie for 16<sup>th</sup> place in the prelims** of diving 1-meter, 3-meter or platform events, the tie-breaking method is to take all nine divers to the consolation final. In the consolation final the nine competitors will do a six-dive list. The highest place finisher of the tied divers will remain in the place that they finished, while the other diver will place 17th overall in the contest and not be awarded any team points.

Note: If there are more than two divers tied for eighth or 16th place, all tied divers will move into the appropriate final.



### **Maximum Number of Events**

A student-athlete is permitted to compete in a maximum of seven events, of which not more than three may be individual events. If a student-athlete is competing in the NCAA championships in three individual events, that student-athlete may only swim in up to four relays. **A student-athlete who swims more than the allowable number of individual or total events will be disqualified from any excess events and shall be prohibited from participating in the remainder of the meet.**

### **Participation Requirements**

Once officially entered, a competitor must complete all heats, swim-offs, trials (diving) and finals in which the competitor qualifies. This applies to all competitors designated by their coaches to participate in the heats and/or finals of relay events and to all competitors in individual events. Failure to compete for any reason, except in the case of disqualification outlined in the NCAA Men's and Women's Swimming and Diving Rules Book and provisions in this manual, shall disqualify the competitor(s) from that event and shall prohibit any further competition in the meet.

At the championships site, coaches will receive an entry list at registration and will be asked to confirm by their signature that all of the student-athletes listed are present and will be competing in the championships. Failure to comply with the notification procedures for scratches that are outlined above could result in a substantial penalty to an institution and may include the disqualification of a competitor.

### **Required Events – Diving**

Divers who advance to the championships must compete in at least one event in which they qualified to the championships. In order to enter a diving event at the NCAA championships, a diver must have been in the top 12 and achieved a qualifying score. **A declared false start will NOT count as competing in a required event for NCAA reimbursement.**

### **Required Events – Swimming**

Student-athletes selected to the championships must compete in at least one of the events in which he or she qualified. If, at the conclusion of the championships meet, a student-athlete has competed in one or more events on an optional-entry basis but has not competed in at least one event in which he or she qualified for the championships, that competitor will be disqualified from any events in which he or she participated. In the case of such disqualification(s), the points scored by other teams shall be altered.

Student-athletes who do not meet the participation requirements will not receive transportation and per diem reimbursement. Additionally, institutions that have student-athletes selected to the championships who do not compete may be issued a misconduct with a potential financial penalty. **A declared false start will NOT count as competing in a required event for NCAA reimbursement.**

### **Scratches**

Scratches for specific events will be made on site during the designated hours, and coaches must receive a receipt for scratches to be valid. If a student-athlete has to scratch from his/her required event(s) on site, there must be a medically documented reason for scratching and the host trainer/physician must sign-off on the medical scratch. Scratch box hours are as follows:

#### **Women's Championships**

**Tuesday** – 9:30 a.m. to 4 p.m. for Wednesday event

**Wednesday** – 9:30 a.m. to 4 p.m. for all Thursday events

**Thursday** – 7:30 to 11 a.m. and 3 to 4 p.m. for all Friday events

**Friday** – 7:30 to 11 a.m. and 3 to 4 p.m. for all Saturday events

### Men's Championships

**Tuesday** – 9:30 a.m. to 5 p.m. for Wednesday event

**Wednesday** – 9:30 a.m. to 5 p.m. for all Thursday events

**Thursday** – 8:30 a.m. to noon and 4 to 5 p.m. for all Friday events

**Friday** – 8:30 a.m. to noon and 4 to 5 p.m. for all Saturday events

### Squad Size Limitations

An institution shall be allowed no more than 18 competitors (including uninvited relay swimmers and institutionally funded divers), which will be counted as follows:

- An entrant who swims will be counted as one competitor;
- An entrant who swims and dives will be counted as one competitor;
- An entrant who only dives will be counted as one-half of a competitor in the total team limit; and
- For relays, actual participation in the preliminary heats and/or finals of an event shall be counted against the 18 competitors allowed.

### Uniforms

Regulations regarding uniforms for swimmers and divers are detailed in Rule 3-1 of the 2017-2018 and 2018-2019 NCAA Swimming and Diving Rules Book. **If a student-athlete competes in an illegal swimsuit, that student-athlete shall be disqualified from that event. In the event of a relay, the rule shall apply to the disqualification of the relay.** During awards ceremonies, participants must wear their institution's official warm-up uniform.

### Logo Policy

An institution's official uniform and all other items of apparel (e.g., team jersey, socks) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2¼ square inches, including any additional material (i.e., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2¼ square inches) of an apparel manufacturer or distributor. This restriction shall not include logos that identify the student-athlete's institution or conference.

These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes pre-race or post-race activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.

### Spectator Information

#### Artificial Noisemakers

No air horns or artificial noisemakers are allowed, and electronic effects and bands may not play when the meet is in progress.

### Banners

Only banners allowed in or around the competition area are those approved by the swimming and diving committee and the NCAA.

### Concessions

Concessions offering food and beverages will be located on Level 2 of The Lee and Joe Jamail Texas Swimming Center.

Concessions will be available for purchase at the venue on competition days from 10 a.m. until the 30 minutes prior to the end of the morning session and reopen at 6 p.m. until 30 minutes prior to the end of competition.

### First Aid

First aid for fans is available by contacting an usher or ticket taker in your seating area. They will alert event medical staff and provide care as quickly as possible.

### Flash Photography

Flash photography is prohibited at the start of each race and/or during diving events any time it may distract and potentially endanger the student-athletes.

### Heat Sheets

Heat sheets will be available for free on Level 2 for spectators until they run out.

### Parking for Spectators

Parking for spectators is available in the Trinity Street Garage Wednesday, Thursday, Friday, and Saturday of both competitions. See the map in [Appendix H](#) for more details.

## **Tickets**

Tickets are available to purchase online at [ncaa.com/tickets](http://ncaa.com/tickets), and on-site at the Lee & Joe Jamail Texas Swimming Center on competition days. The ticket office will be open 60 minutes prior to competition. Doors will open 60 minutes prior to competition.

### **Administrative Tickets**

All administrators must have a ticket to access the facility if not part of the team's deck pass allotment. VIP passes are available for administrators who have tickets, which will provide access to the hospitality area but NOT the deck. Please direct these requests to Carol A. Reep – women's championships ([careep@ncaa.org](mailto:careep@ncaa.org)) or Liz Homrig – men's championships ([lhomrig@ncaa.org](mailto:lhomrig@ncaa.org)).

### **Allotments**

Each university had the opportunity to purchase 40 premium seats on a first-come-first-served basis. Any additional tickets over the 40 will be placed after the deadline in the next best available location on a first-come-first-served basis.

### **Complimentary Tickets**

There are no complimentary tickets for this event.

### **Will Call Tickets**

Will Call will be located at the Lee & Joe Jamail Texas Swimming Center 60 minutes prior to the start of each session. Photo identification is required to pick up tickets. It is important to understand prior to arrival if a patron is on a general will call or under a team will call list.

### **Institutional-Guest Tickets**

If an institution purchases tickets for student-athletes, the institution should provide appropriate staff or other university personnel to distribute tickets on site. The Lee & Joe Jamail Texas Swimming Center will provide tables inside the natatorium for ticket distribution. Institutions should contact Joy Helbing (joy.helbing@athletics.utexas.edu) in the event that:

- (a) there is a need for space to distribute tickets on site, and/or
- (b) an institution does not have plans to provide a staff member to manage distribution.

### **Payment**

Credit cards (MasterCard/Visa/American Express/Discover) and cash will be accepted on-site.

### **Ticket Office Hours**

Tickets will be available for purchase on-site Wednesday through Saturday for each championship. The ticket office will open 60 minutes prior to competition. The ticket office will close 30 minutes after the start of competition Wednesday night and 1 ½ hours after the start of competition Thursday through Saturday.

### **Ticket Policies**

All fans must possess a ticket and will be asked to show their ticket each time they enter the seating area of the facility. The only exception is for a child under two years of age that will be sitting on an adult's lap. If the child needs his or her own seat at any point during the session, a ticket must be purchased.

### **Ticket Prices (Online)**

Adult All Session – \$90

Adult Single Session– Prelims \$15, Finals \$20

Youth/Student/Senior Citizen Single Session – Prelims \$10, Finals \$15

### **Ticket Prices (On-site)**

Adult All Session – \$90

Adult Single Session– Prelims \$15, Finals \$20

Youth/Student/Senior Citizen Single Session – Prelims \$10, Finals \$15

## **Transportation/Travel**

### **Expenses/Reimbursement for Participant Institutions**

Expense reimbursement for participation in the championships will be filed through an online system. All competing institutions must request reimbursement through the system in order to receive the appropriate reimbursement. Transportation expenses and per diem allowances shall be provided for all qualifying student-athletes and all eligible non-athletes. The Travel Expense System (TES), as well as per diem allowance policies, are available on the [NCAA website](#).

### **Institutional Travel Arrangements**

Institutions should contact Short's Travel Management, the NCAA travel service, at 866-655-9215 to make air travel arrangements. Teams located within 400-miles of the competition site are required to travel via ground transportation. If extraordinary circumstances warrant an exception to the established travel policies, you must contact the NCAA's travel department at 317-917-6757 or [travel@ncaa.org](mailto:travel@ncaa.org) for approval prior to making any travel arrangements.

Per NCAA travel policies, you are allowed to book travel for individual sports prior to the official selections announcement. **However, please be advised that your institution will be billed for any charges incurred as a result of any of the following situations:**

1. Any student-athletes who do not qualify for reimbursement.
2. Any student-athlete who gets injured, has an illness or does not travel for any reason.
3. Any non-athlete above the number that are reimbursable, based on the number of student-athletes who qualify.
4. Any name changes or flight changes that result in penalties.
5. Any charges incurred when group space is blocked and then canceled.

Understanding these potential charges, which will be reviewed with you prior to any tickets being charged, you should feel free to book your individual sports as early as you feel comfortable. If you have any questions about this policy, please feel free to contact Shorts Travel at 866-655-9215, or the NCAA Travel Department at 317-917-6757.

### **Ground Transportation**

Teams are responsible for their transportation to and from the venue and the airport.

### **NCAA Travel Policies**

All NCAA travel policies are located on the [NCAA website](#).

### **Parking for Teams**

Each team will receive complimentary parking passes based on the number of student-athletes selected from the institution. The number of passes being provided is outlined in the following table:

<b>Number of Selected Swimmers</b>	<b>Number of Complimentary Parking Passes</b>
1 – 3 swimmers	One
4 – 7 swimmers	Two
8 – 10 swimmers	Three
11 or more swimmers	Four

In the event a team is bringing at least one diver, an additional parking pass will be added to the diving team packet.

Parking passes will be included in the team packets picked up at registration. The parking passes provided will allow teams/coaches to park in Lot 80 for the women's meet, and for the men's meet parking will be provided in the Trinity Garage. Refer to [Appendix H](#) for specific parking locations.

If a team has the need to purchase additional parking passes, they may do so on the PTS (Parking & Transportations) website (<https://utparking.clickandpark.com/>), and purchasing additional passes on click-n-park Monday of each event week. Additional passes will be available in the Trinity Parking Garage both weeks.

Information on spectator parking can be found in the '**Spectator Information**' section of this manual.

### **Rental Cars**

Advantage Rental A Car .....	800-777-5500
Alamo Rent A Car .....	800-327-9633
Avis Rent A Car .....	800-831-2847
Budget Car & Truck Rental.....	800-404-8033
Dollar Rent A Car.....	800-800-3665
Enterprise Rent A .....	800-736-8227
Hertz Rent A Car.....	800-654-3131
National Car Rental .....	800-227-7368
Thrifty Car Rental .....	800-847-4389

### **Travel Party Size**

Each institution with student-athletes competing in the national championships will receive travel reimbursement for the official travel party as defined by the NCAA Division I travel policies. Travel party numbers for Division I swimming and diving are as follows:

- Institutions that qualify one to three individuals for the championships will receive transportation reimbursement and per diem for the participating student-athletes and one non-athlete;
- Institutions that qualify four to six individuals will receive reimbursement for the participating student-athletes and two non-athletes;
- Institutions that qualify seven to nine individuals will receive reimbursement for the participating student-athletes and three non-athletes; and
- Institutions that qualify 10 or more individuals will receive reimbursement for the participating student-athletes and five non-athletes.

Reimbursement and per diem will not be provided for any uninvited relay swimmers that were not selected to the championships in an event, any institutionally funded diver or for any student-athletes who are selected but do not participate in their required event(s).

## **APPENDIX A – MEN’S AND WOMEN’S COMPREHENSIVE SCHEDULE**

More detailed information, including locations, is located within the Participant Manual.

### **Monday**

4 p.m. (approximately)      Committee walk-through and meetings (WOMEN’S WEEK ONLY)

### **Tuesday**

8 a.m. to 10 p.m.	Lee & Joe Jamail Texas Swimming Center open
8 a.m. to 5 p.m.	Registration
9:30 a.m. to 4 p.m. (women)	Scratch box open
9:30 a.m. to 5 p.m. (men)	Scratch box open

### **Wednesday**

6 a.m. to 10 p.m.	Lee & Joe Jamail Texas Swimming Center open
8 a.m. to 5 p.m.	Registration
9:30 a.m. to 4 p.m. (women)	Scratch box open
9:30 a.m. to 5 p.m. (men)	Scratch box open
11:30 a.m.	Swimming Coaches Meeting
1 p.m.	Diving Coaches Meeting
4:50 p.m. (women)	Pool cleared
5:50 p.m. (men)	Pool cleared
4:51 p.m. (women)	Opening ceremonies and national anthem
5:51 p.m. (men)	Opening ceremonies and national anthem
<b>5 p.m. (women)</b>	<b><u>Day 1 Finals</u></b>
<b>6 p.m. (men)</b>	<b><u>Day 1 Finals</u></b>

800 Freestyle Relay – all heats of timed final

#### **AWARDS 800 FREESTYLE RELAY**

Post-awards	Meeting with committee and host staff
-------------	---------------------------------------

### **Thursday**

6 a.m. to 10 p.m.	Lee & Joe Jamail Texas Swimming Center open
8:30 a.m. to 2 p.m.	Deck pass replacement hours
7:30 to 11 a.m. (women)	Scratch box open
8:30 a.m. to Noon (men)	Scratch box open
8:50 a.m. (women)	Pool cleared
9:50 a.m. (men)	Pool cleared
<b>9 a.m. (women)</b>	<b>Day 2 Swimming Trials</b>
<b>10 a.m. (men)</b>	<b>Day 2 Swimming Trials</b>
<b>11:30 a.m. (women)</b>	<b>One-meter Diving Trials</b>
<b>12:15 p.m. (men)</b>	<b>One-meter Diving Trials</b>
10 minutes after trials	One-meter Diving Consolation Finals (9-16)
3 to 4 p.m. (women)	Scratch box open
4 to 5 p.m. (men)	Scratch box open
4:30 to 8 p.m.	Deck pass replacement hours
4:50 p.m. (women)	Pool cleared
5:50 p.m. (men)	Pool cleared
4:51 p.m. (women)	Opening ceremonies and national anthem
5:51 p.m. (men)	Opening ceremonies and national anthem
<b>5 p.m. (women)</b>	<b><u>Day 2 Finals</u></b>
<b>6 p.m. (men)</b>	<b><u>Day 2 Finals</u></b>

## **Day 2 Finals (cont.)**

200 Freestyle Relay Consolation

200 Freestyle Relay Final

### **AWARDS 200 FREESTYLE RELAY**

500 Freestyle Consolation

500 Freestyle Final

### **AWARDS 500 FREESTYLE**

200 Individual Medley Consolation

200 Individual Medley Final

### **AWARDS 200 IM**

50 Freestyle Consolation

50 Freestyle Final

### **AWARDS 50 FREESTYLE**

One-meter Diving Finals

### **AWARDS ONE-METER DIVING**

400 Medley Relay Consolation

400 Medley Relay Final

### **AWARDS 400 MEDLEY RELAY**

Post awards

Meeting with committee and host staff

## **Friday**

6 a.m. to 10 p.m.

8:30 to 2 p.m.

7:30 to 11 a.m. (women)

8:30 to Noon (men)

8:50 a.m. (women)

9:50 a.m.(men)

**9 a.m. (women)**

**10 a.m. (men)**

**11:30 a.m. (women)**

**12:15 p.m. (men)**

10 minutes after trials

3 to 4 p.m. (women)

4 to 5 p.m. (men)

4:30 p.m. – 8 p.m.

4:50 p.m. (women)

5:50 p.m.(men)

4:51 p.m. (women)

5:51 p.m. (men)

**5 p.m. (women)**

**6 p.m. (men)**

Lee & Joe Jamail Texas Swimming Center open

Deck pass replacement hours

Scratch box open

Scratch box open

Pool cleared

Pool cleared

**Day 3 Swimming Trials**

**Day 3 Swimming Trials**

**Three-meter Diving Trials**

**Three-meter Diving Trials**

Three-meter Diving Consolation Finals (9-16)

Scratch box open

Scratch box open

Deck pass replacement hours

Pool cleared

Pool cleared

Opening ceremonies and national anthem

Opening ceremonies and national anthem

## **Day 3 Finals**

## **Day 3 Finals**

400 Individual Medley Consolation

400 Individual Medley Final

### **AWARDS 400 INDIVIDUAL MEDLEY**



### **Day 3 Finals (cont.)**

100 Butterfly Consolation

100 Butterfly Final

#### **AWARDS 100 BUTTERFLY**

200 Freestyle Consolation

200 Freestyle Final

#### **AWARDS 200 FREESTYLE**

100 Breaststroke Consolation

100 Breaststroke Final

#### **AWARDS 100 BREASTSTROKE**

100 Backstroke Consolation

100 Backstroke Final

#### **AWARDS 100 BACKSTROKE**

Three-meter Diving Finals

#### **AWARDS THREE-METER DIVING**

200 Medley Relay Consolation

200 Medley Relay Final

#### **AWARDS 200 MEDLEY RELAY**

Post awards

Meeting with committee and host staff

### **Saturday**

6 a.m. to 10 p.m.

8:30 a.m. to 2 p.m.

8:50 a.m. (women)

9:50 a.m. (men)

**9 a.m. (women)**

**10 a.m. (men)**

**11:15 a.m. (women)**

**Noon (men)**

10 min. after trials

2:45 p.m. (approx.) (women)

3:45 p.m. (approx.) (men)

4:30 to 8 p.m.

4:50 p.m. (women)

5:50 p.m. (men)

4:51 p.m. (women)

5:51 p.m. (men)

**5 p.m. (women)**

**6 p.m. (men)**

Lee & Joe Jamail Texas Swimming Center open

Deck pass replacement hours

Pool cleared

Pool cleared

### **Day 4 Swimming Trials**

### **Day 4 Swimming Trials**

### **Platform Diving Trials**

### **Platform Diving Trials**

Platform Diving Consolation Finals (9-16)

1650 Free (early heats)

1650 Free (early heats)

Deck pass replacement hours

Pool cleared

Pool cleared

Opening ceremonies and national anthem

Opening ceremonies and national anthem

### **Day 4 Finals**

### **Day 4 Finals**

1,650 Freestyle - Last heat of timed finals

#### **AWARDS 1,650 FREESTYLE**

200 Backstroke Consolation

200 Backstroke Final

#### **AWARDS 200 BACKSTROKE**

**Day 4 Finals (cont.)**

100 Freestyle Consolation

100 Freestyle Final

**AWARDS 100 FREESTYLE**

200 Breaststroke Consolation

200 Breaststroke Final

**AWARDS 200 BREASTSTROKE**

200 Butterfly Consolation

200 Butterfly Final

**AWARDS 200 BUTTERFLY**

Platform Diving Finals

**AWARDS PLATFORM DIVING**

400 Freestyle Relay Consolation

400 Freestyle Relay Final

**AWARDS 400 FREESTYLE**

**TEAM AWARDS**

***Note: All times are subject to change. Please double check site specific participant manual for any changes.***

## **APPENDIX B – WOMEN’S SWIMMING PRACTICE/WARM-UP SCHEDULE**

### **PRELIMINARIES**

<b>6 to 7:30 a.m.</b>	Open warm-up
<b>7:30 to 8:15 a.m.</b>	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <b><u>NO equipment permitted</u></b></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
<b>8:15 to 8:30 a.m.</b>	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
<b>8:30 to 8:50 a.m.</b>	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
<b>8:50 a.m.</b>	Clear competition pool.

### **FINALS**

<b>3:30 to 4:15 p.m.</b>	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <b><u>NO equipment permitted</u></b></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
<b>4:15 to 4:30 p.m.</b>	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
<b>4:30 to 4:50 p.m.</b>	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
<b>4:50 p.m.</b>	Clear competition pool.

***Note: All times are subject to change. Please double check site specific participant manual for any changes.***

## **APPENDIX C – MEN’S SWIMMING PRACTICE/WARM-UP SCHEDULE**

### **PRELIMINARIES**

6 to 8:30 a.m.	Open warm-up
8:30 to 9:15 a.m.	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <b><u>NO equipment permitted</u></b></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
9:15 to 9:30 a.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
9:30 to 9:50 a.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
9:50 a.m.	Clear competition pool.

### **FINALS**

4:30 to 5:15 p.m.	<i>All kicking must move to warm-up pool.</i> <i>Swimming only in competition pool. – <b><u>NO equipment permitted</u></b></i> Lanes 1, 8 PACE (no diving off blocks) Lanes 2, 3, 4, 5, 6, 7 GENERAL
5:15 to 5:30 p.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 7 SPRINT (one way only) Lanes 3, 4, 5, 6 GENERAL
5:30 to 5:50 p.m.	<i>Swimmers may only dive off the blocks in sprint lanes.</i> Lanes 1, 8 PACE Lanes 2, 3, 7 SPRINT (one way only) Lanes 4, 5, 6 GENERAL
5:50 p.m.	Clear competition pool.

***Note: All times are subject to change. Please double check site specific participant manual for any changes.***

## **APPENDIX D – SAMPLE WOMEN’S DIVING PRACTICE/WARM-UP SCHEDULE**

<b>Monday</b>		Pool closed	
<b>Tuesday</b>	8 a.m. to 10 p.m.	Open training	
<b>Wednesday</b>	8 to 11:45 a.m. 11:45 a.m. to 1 p.m. 1 to 10 p.m.	Open training Dive well closed Open training	
<b>Thursday</b>	6 to 7:30 a.m. 7:30 to 10:50 a.m. 10:50 to 11:25 a.m. 11:30 a.m. Consolation Finals After consol. finals 5 p.m. Approx. 6 p.m.	Open training Assigned training (4 grps, 50 min each) → Open training 1-meter prelims begin 10 min after prelims conclude Open training 1-meters closed to finalists only 1-meter finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____
<b>Friday</b>	6 to 7:15 a.m. 7:15 to 10:35 a.m. 10:35 to 11:10 a.m. 11:30 a.m. Consolation Finals After consol. finals 5 p.m. Approx. 6:20 p.m.	Open training Assigned training (4 grps, 50 min each) → Open training 3-meter prelims begin 10 min after prelims conclude Open training 3-meters closed to finalists only 3-meter finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____
<b>Saturday</b>	6 to 7:15 a.m. 7:15 to 10:35 a.m. 10:35 to 11:10 a.m. 11:15 a.m. Consolation Finals After consol. finals 5 p.m. Approx. 6:20 p.m.	Open training Assigned Training (4 grps, 50 min each) → Open training Platform prelims begin 10 min after prelims conclude Open training Platforms closed to finalists only Platform finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____

***Note: All times are subject to change. Please double check with scoring table for any changes.***

## APPENDIX E – SAMPLE MEN’S DIVING PRACTICE/WARM-UP SCHEDULE

<b>Monday</b>		Pool closed	
<b>Tuesday</b>	8 a.m. to 10 p.m.	Open training	
<b>Wednesday</b>	8 to 11:45 a.m. 11:45 a.m. to 1 p.m. 1 to 10 p.m.	Open training Dive well closed Open training	
<b>Thursday</b>	6 to 8:30 a.m. 8:30 to 11:50 a.m. 11:50 a.m. to 12:25 p.m. 12:15 p.m. Consolation Finals After consol. finals 6 p.m. Approx. 7 p.m.	Open training Assigned training (4 grps, 50 min each) → Open training 1-meter prelims begin 10 min after prelims conclude Open training 1-meters closed to finalists only 1-meter finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____
<b>Friday</b>	6 to 8 a.m. 8 to 11:20 a.m. 11:20 to 11:55 a.m. 12:15 p.m. Consolation Finals After consol. finals 6 p.m. Approx. 7:20 p.m.	Open training Assigned training (4 grps, 50 min each) → Open training 3-meter prelims begin 10 min after prelims conclude Open training 3-meters closed to finalists only 3-meter finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____
<b>Saturday</b>	6 to 8 a.m. 8 to 11:20 a.m. 11:35 to 11:55 a.m. Noon Consolation Finals After consol. finals 6 p.m. Approx. 7:20 p.m.	Open training Assigned training (4 grps, 50 min each) → Open training Platform prelims begin 10 min after prelims conclude Open training Platforms closed to finalists only Platform finals (see official timeline)	<b>A:</b> _____ <b>B:</b> _____ <b>C:</b> _____ <b>D:</b> _____

***Note: All times are subject to change. Please double check with scoring table for any changes.***

2019 NCAA Swimming & Diving Championships  
Lee and Joe Jamail Texas Swimming Center  
The University of Texas



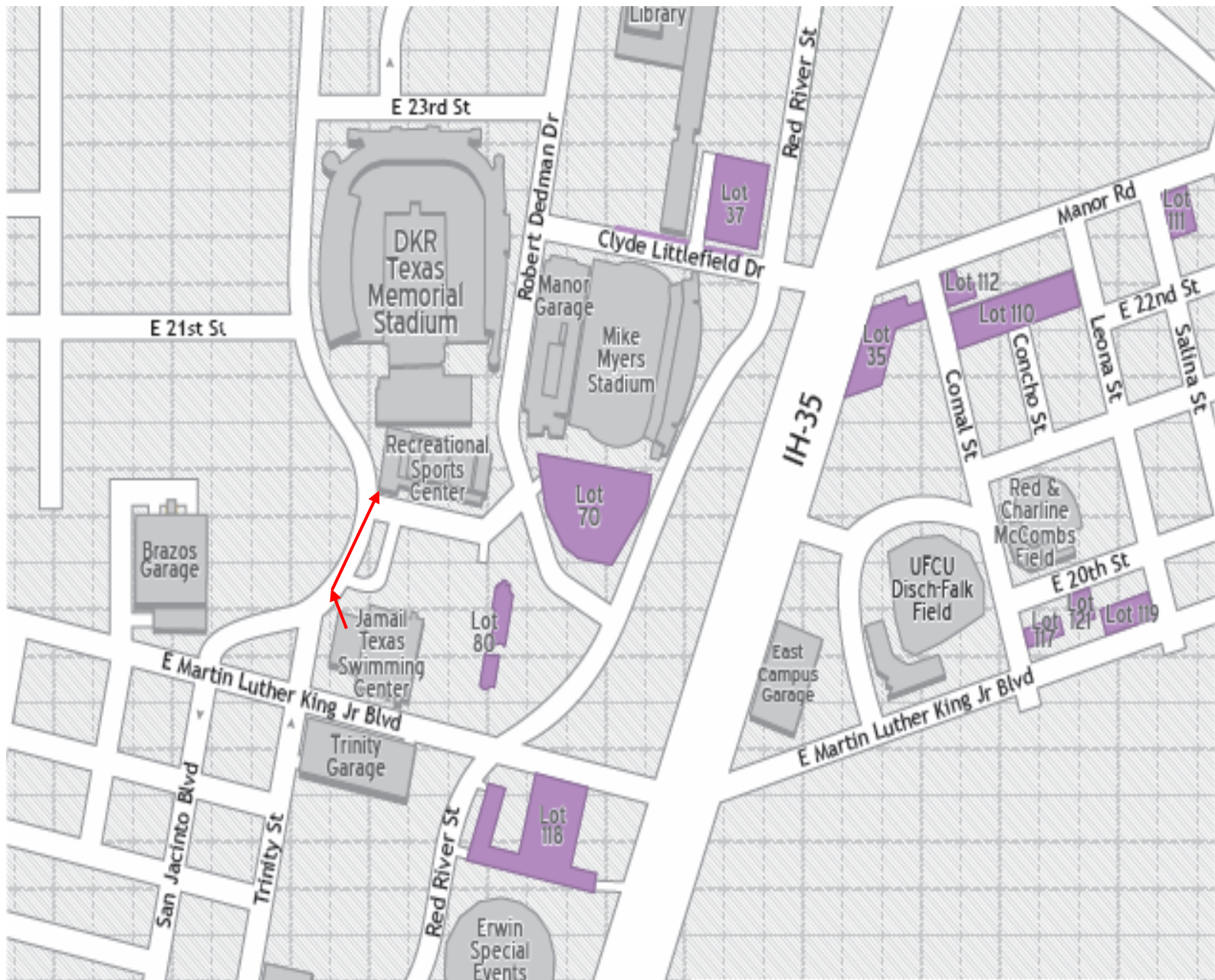
## **APPENDIX F – TEAM SEATING DIAGRAM**





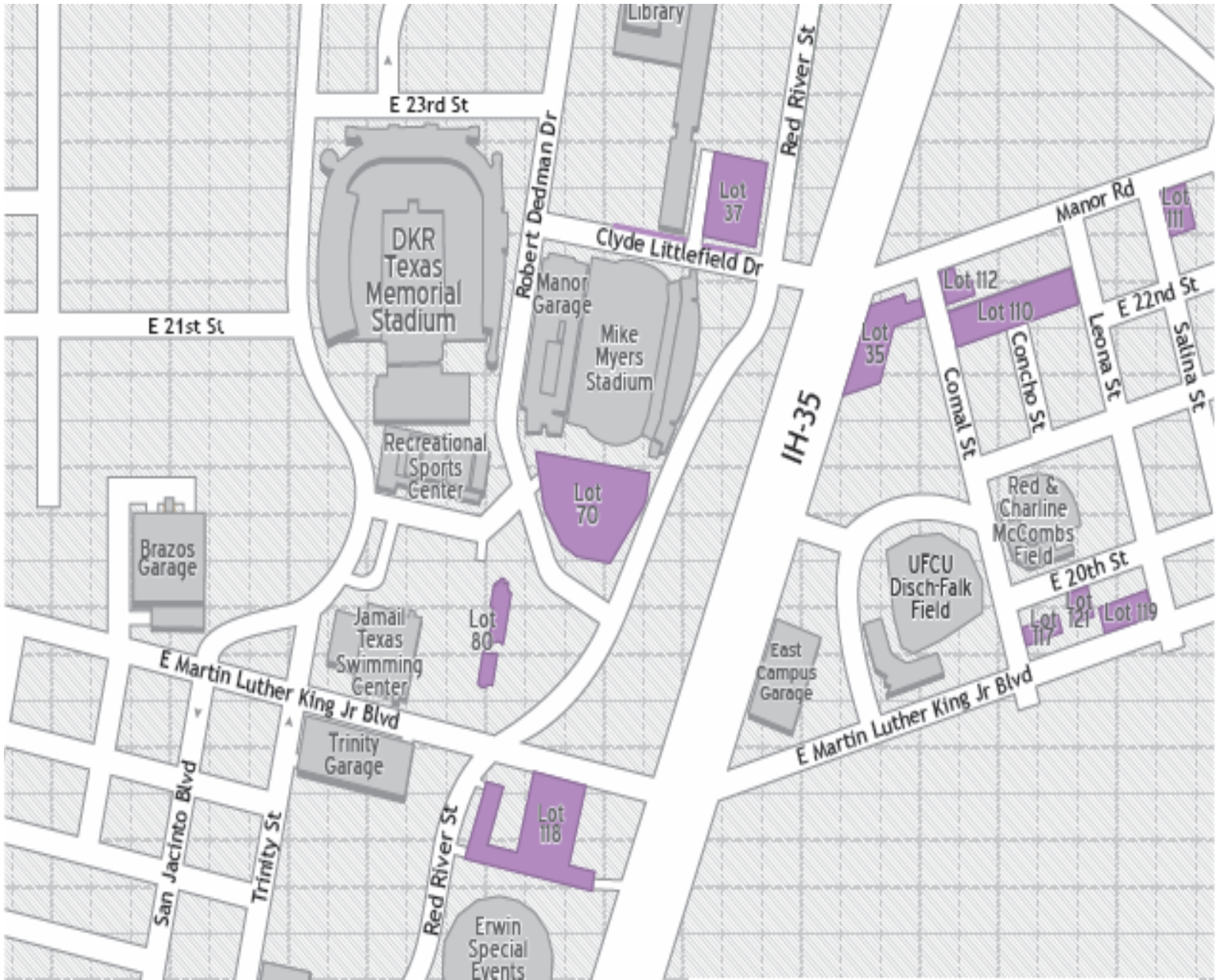
## **APPENDIX G – COACHES MEETING DIRECTIONS/MAP**

The path to the coach's meetings at the Recreational Sports Center is highlighted on the map below by red arrows. Walk out of the swim center to San Jacinto. Walk down San Jacinto Blvd to the front entrance of the building. Enter through the main entrance and you will be directed to the meeting from there.

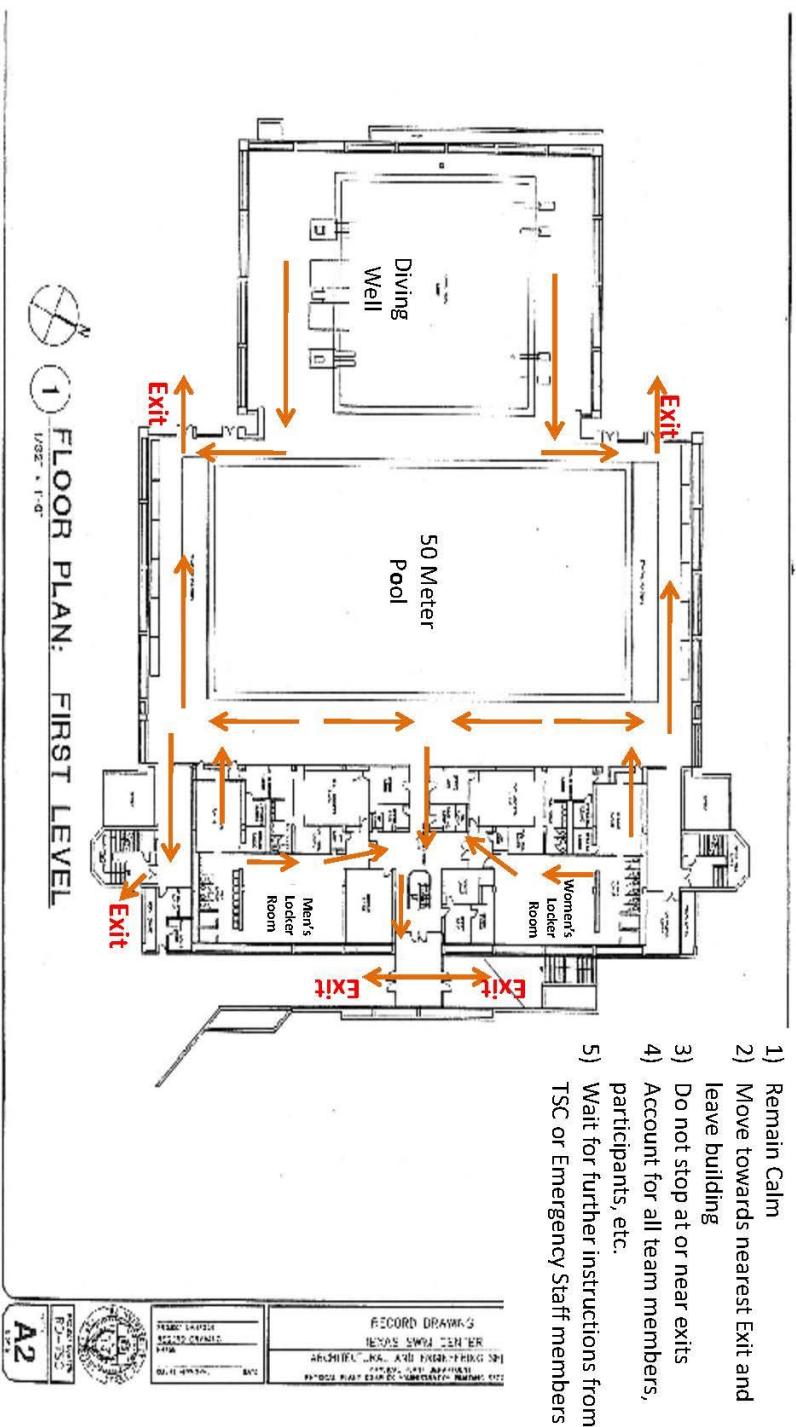




## APPENDIX H – PARKING MAPS



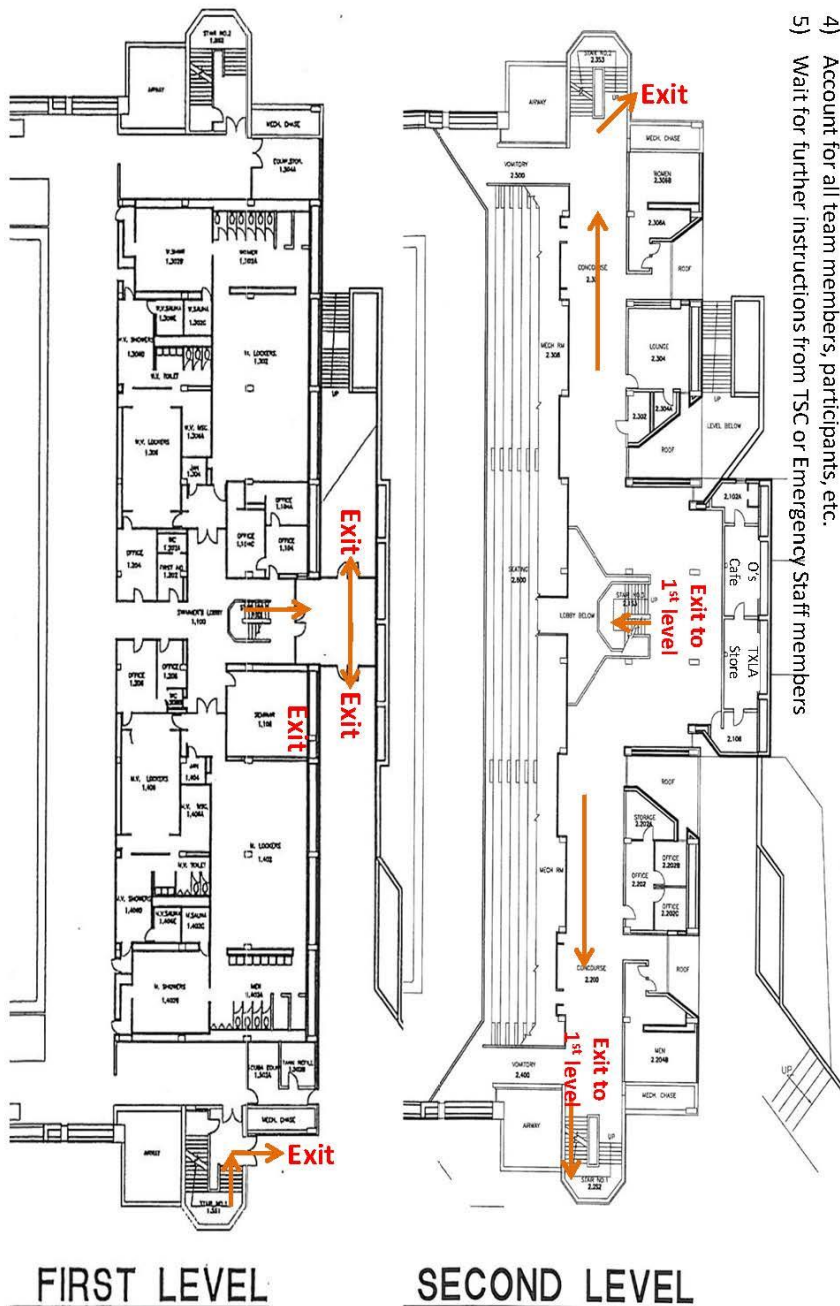
# Evacuation from Deck



LEE & JOE JAMAIL TEXAS SWIMMING CENTER • THE UNIVERSITY OF TEXAS • AUSTIN, TX

# Evacuation From 2<sup>nd</sup> Level

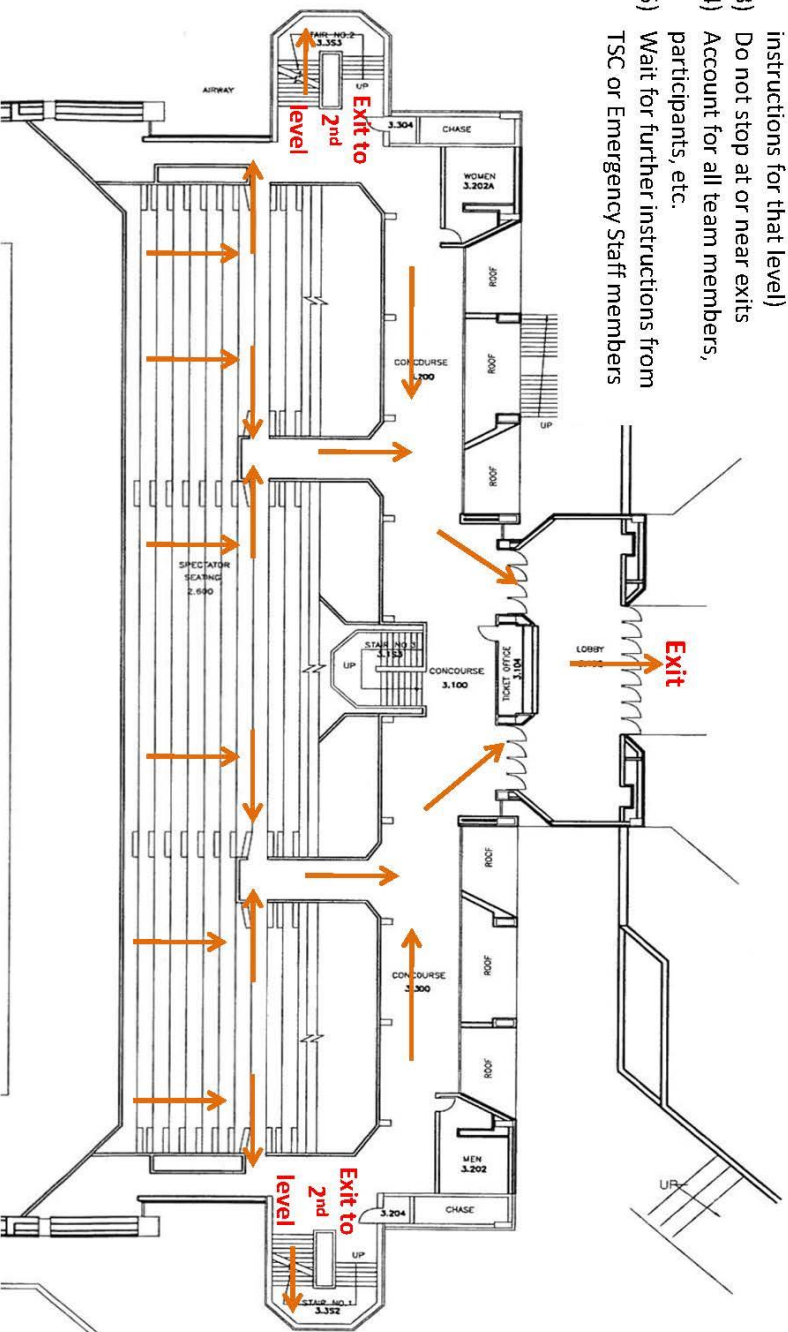
- 1) Remain Calm
- 2) Move towards nearest Exit and leave building
- 3) Do not stop at or near exits
- 4) Account for all team members, participants, etc.
- 5) Wait for further instructions from TSC or Emergency Staff members





# Evacuation From 3<sup>rd</sup> Level

- 1) Remain Calm
- 2) Move towards nearest Exit and leave building (if necessary exit to 2<sup>nd</sup> level and follow evacuation instructions for that level)
- 3) Do not stop at or near exits
- 4) Account for all team members, participants, etc.
- 5) Wait for further instructions from TSC or Emergency Staff members



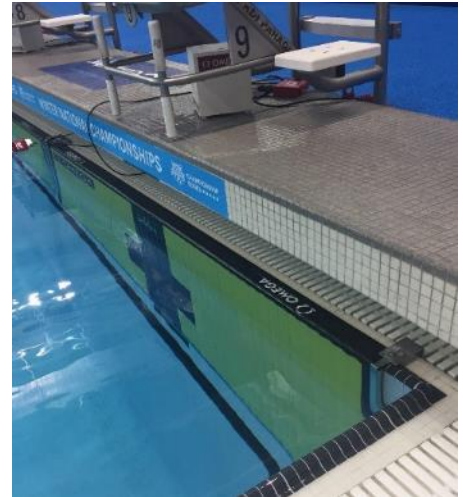
THIRD LEVEL

## **APPENDIX J – TIMING SYSTEM AND EQUIPMENT**

### **TIMING SYSTEM/TOUCHPADS**

The Lee & Joe Jamail Texas Swimming Center at the University of Texas will be utilizing the OMEGA Timing System for the 2019 NCAA Division I Women's and Men's Swimming and Diving Championships. The touchpads allow each swimmer to stop the clock by exerting pressure of between 3.3 and 5.5 pounds on panels at the ends of each lane.

All touchpads will be gutter-hung design. Both the start end and the turn end of the pools will be equipped with gutter-hung touchpads. The warm-up pool will have two lanes equipped with gutter-hung touch pads at each end, along with OSB Tops.



### **OLYMPIC STARTING BLOCK TOP**

The Olympic Starting Block Top is a part of the new generation of starting blocks. It has an inclined foot rest, which allows a significant improvement of thrust when the swimmer starts. This proven technology has been adapted to the new starting block. The OSB is designed in fiberglass to ensure the platform robustness while optimizing its weight. The platform is covered with an anti-skid surface providing comfort and safety.

\*Please note: The wedge on the block top is adjustable, however; not removable.\*

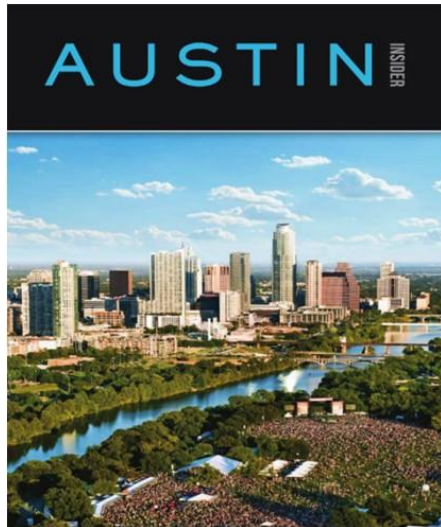
### **BACKSTROKE LEDGE**

The OSB are equipped with the Backstroke Ledge OBL2 Pro. The OBL2 Pro improves the start push and trajectory of the swimmer when entering the water. The length can be set to give different positions using a manual rotating system.

\*Please note: Timing staff will place the backstroke ledge prior to Relay event, but removal during the relay will be the responsibility of the athletes.\*



## APPENDIX K – CITY OF AUSTIN/UNIVERSITY OF TEXAS MAPS



## Austin

For information regarding Austin area hotels, food, and attractions, please click on the link below. If there is something specific you are seeking for your teams, please call- we'll be happy to provide recommendations

<http://www.austintexas.org/visit/plan-your-trip/visitors-guide/>

### Attractions

Congress Avenue Bats  
500 N. Capital of Texas Hwy  
512- 327-9721

Lyndon Baines Johnson  
Library & Museum  
2313 Red River St.  
512-721-0200

Texas Capital Visitors Center  
112 E. 11<sup>th</sup> St.  
512-305-8400

Texas Governor's Mansion  
1010 Colorado St.  
512-463-5518

Texas Memorial Museum  
2400 Trinity St.  
512-471-1604

Zilker Botanical Garden  
2220 Barton Springs Rd.  
512-477-8672

Austin Museum of Art  
3809 W. 35<sup>th</sup> St.  
512 458-8191

Blanton Museum of Art  
200 E. MLK Blvd.  
512-471-7324

Lady Bird Johnson Wildflower Center  
4801 La Crosse Ave.  
512-292-4200

### **Malls & Shops**

Barton Creek Mall  
2901 S Capital of Texas Hwy  
512-327-7041

The Domain Mall  
11410 Century Oaks Terrace  
Austin, TX 78758  
512-873-8099

Round Rock Premium Outlets  
4401 N. IH-35  
Round Rock, TX 78664  
512-863-6688

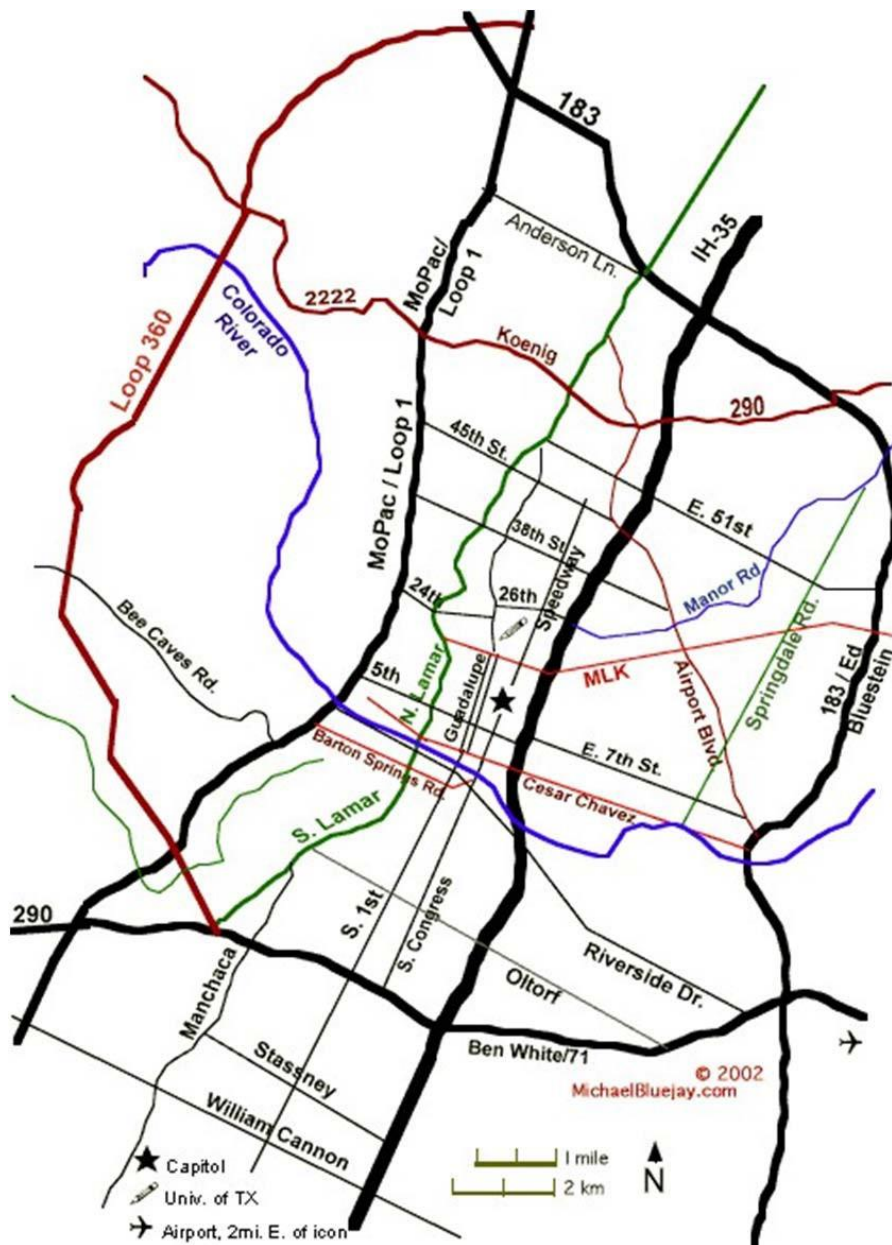


## TRAVEL INFORMATION

### Directions from Austin Bergstrom International Airport to The University of Texas campus

Exit the airport and turn left onto State Hwy. 71 West. Continue on State Hwy. 71 West until reaching Riverside Dr. Turn right onto Riverside Dr. (traveling northwest) and stay on Riverside

Dr. until you reach IH-35. Travel north on IH-35 and exit 15<sup>th</sup> St./Martin Luther King (MLK) Blvd. Turn left onto MLK Blvd. and you will see The University of Texas campus on your right.



## **APPENDIX L – AREA RESTAURANTS AND HOTELS**

### **American**

Applebee's  
7522 N. IH-35  
512-371-7018

Chili's Bar and Grill  
6619 N. IH-35  
512-454-6300

Galaxy Café  
4616 Triangle Ave  
512-323-9494

Hoover's  
2002 Manor Rd.  
512-479-5006

Hyde Park Bar & Grill  
4206 Duval St.  
512-458-3168

Magnolia Café  
2304 Lake Austin Blvd.  
512-478-8645

### **Asian**

P.F. Chang's  
201 San Jacinto  
512-457-8300

### **Barbecue**

Green Mesquite BBQ  
1400 Barton Springs  
512-479-0485

Iron Works Barbecue  
100 Red River St.  
512-478-4855

Stubb's Bar-B-Q  
801 Red River St.  
512-480-8341

### **Deli**

Einstein Brothers Bagels  
2404 Guadalupe St.  
512-457-8722

Jason's Deli  
1000 E. 41<sup>st</sup> St.  
512-453-8666 (Delivery Available)

Panera Bread  
2805 Bee Caves Road  
512-732-0234

Potbelly Sandwich Works  
2316 Guadalupe St.  
512-477-0300 (Delivery Available)

Schlotsky's Deli  
1915 Guadalupe St.  
512-457-1129 (Delivery Available)

Spicy Pickle  
404 West 26<sup>th</sup> St.  
512-473-8441

### **Indian**

Bombay Grille  
3201 Bee Caves Blvd.  
512-329-0234

Clay Pit  
1601 Guadalupe St.  
512-322-5131

### **Italian**

Brick Oven  
1209 Red River  
512-477-7006

Bucca Di Beppo  
3600 Tudor Blvd.  
512-342-8462

Carmelo's  
504 E. 5<sup>th</sup> St.  
512-477-7497

Carrabbas Italian Kitchen  
11590 Research Blvd.  
512-345-8232

Macaroni Grill  
2501 S. IH-35  
512-341-7979

**Mexican**  
Baby Acapulco  
5610 N. IH-35  
512-302-1366

Chuy's  
1728 Barton Springs  
512-474-4452

Freebirds  
1000 E 41<sup>st</sup> St  
512-451-5514

Hula Hut  
3825 Lake Austin Blvd  
512-476-4852

Oasis  
6550 Comanche Trl.  
512-266-2442

Pappasito's Cantina  
6513 N. IH-35  
512-459-9214

Trudy's Texas Star  
409 W. 30<sup>th</sup> St

512-477-2935

**Pizza**  
Domino's Pizza  
1900 Guadalupe St.  
512-477-0101

Double Dave's Pizza  
3000 Duval St.

Mr. Gattis  
2141 N. IH-35  
512-459-2222

Papa John's Pizza  
411 W. MLK  
512-476-7272

**Seafood**  
Eddie V's Edgewater Grill  
301 E. 5<sup>th</sup> St.  
512-472-1860

Joe's Crab Shack  
600 E. Riverside Dr.  
512-441-1010

Truluck's  
400 Colorado St.  
512-482-9000

**Steakhouses**  
Salt Grass  
10614 Research Blvd.  
512-340-0040

Texas Land and Cattle  
6007 N. IH-35  
512-451-6555

## **APPENDIX M – UNINVITED RELAY SWIMMER DECLARATION FORM**

All institutions that are eligible for at least one relay may bring up to four student-athletes to serve as uninvited relay swimmers while adhering to the maximum of 18 participants. Uninvited relay swimmers are student-athletes who were not invited to the championships in an individual event but can serve as relay alternates if needed. The following policies apply to uninvited relay swimmers.

- Uninvited relay swimmers will not receive reimbursement from the NCAA (travel and per diem) for attending the championships.
- Uninvited relay swimmers may participate as alternates on any relay for which an institution is eligible.
- Uninvited relay swimmers must be eligible student-athletes who are listed on the team roster online.
- Uninvited relay swimmers may not swim any individual events.
- Institutions must complete this form to designate any potential uninvited relay swimmers (up to four) by the end of registration.
- Only student-athletes who were invited in individual events or the designated uninvited relay swimmers (up to four) may be used as alternates for relays.
- Uninvited relay swimmers will count toward the limit of 18 participants.
- If an institution scratches a student-athlete after selections, that student-athlete cannot be used as an uninvited relay swimmers.
- Uninvited relay swimmers do not count towards parking pass numbers but do count towards deck pass allotment.

List below the uninvited relay swimmers (up to four) for your institution. This form must be completed and either turned in to the attendants at registration or emailed prior to the women's championship to Carol A. Reep ([careep@ncaa.org](mailto:careep@ncaa.org)) or for the men's championship to Liz Homrig ([lhomrig@ncaa.org](mailto:lhomrig@ncaa.org)).

**Institution:** \_\_\_\_\_

**Name of Person Declaring Alternates:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Uninvited Relay Swimmer #1:** \_\_\_\_\_ **Year in School:** \_\_\_\_\_

**Uninvited Relay Swimmer #2:** \_\_\_\_\_ **Year in School:** \_\_\_\_\_

**Uninvited Relay Swimmer #3:** \_\_\_\_\_ **Year in School:** \_\_\_\_\_

**Uninvited Relay Swimmer #4:** \_\_\_\_\_ **Year in School:** \_\_\_\_\_

## APPENDIX N – PARTICIPANT GIFT INFORMATION



**NCAA-Awards.com**

# HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2018-2019, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at [www.NCAA-Awards.com](http://www.NCAA-Awards.com). In order to ensure that each participant receives his or her award, a member of your administration must place your team's order, including size information, at [NCAA-Awards.com](http://NCAA-Awards.com) using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy [ehannoy@maingateinc.com](mailto:ehannoy@maingateinc.com), MainGate Customer Service (866-945-7267) or the NCAA championship manager.



**Place your order at [NCAA-Awards.com](http://NCAA-Awards.com)**



## APPENDIX O – AUSTIN AREA POOLS

### Austin Area Pools

Pool Name	Address	Contact Information	Availability	Dive Well
Anderson Mill Pool	10701 Schoolhouse Lane Austin, TX 78750	512-258-3687	Call for More Information	yes
Chasco Family YMCA	1812 North Mays Street Round Rock, TX 78664	512-246-9622	Call for More Information	no
Circle C Ranch	5919 La Crosse Ave Austin, TX 78739	512-288-6057	Call for More Information	no
Clay Madsen Recreation Center	1600 Gattis School Road Round Rock, TX 78664	512-218-3220	Call for More Information	no
East Communities Branch YMCA	5315 Ed Bluestein Austin, TX 78723	512-933-9622	Call for More Information	
Gilleland Creek Pool	700 Railroad Ave Pflugerville, TX 78660	512-990-6358	4 p.m.-7:30 p.m.	no
Great Hills Country Club	5914 Lost Horizon Dr. Austin, TX 78759	512-801-0119	9:30 a.m.-4 p.m. or after 7 p.m.	
Katherine Fleischer Pool	2106 Klattenhoff Dr. Austin, TX 78728	512-251-9814	7 a.m.-Noon	no
Lost Creek Country Club	2612 Lost Creek Boulevard Austin, TX 78746	512-917-2274	Call for More Information	
North Austin YMCA	1000 W. Rundberg Lane Austin, TX 78753	512-973-9622	Call for More Information	
Northwest Family Branch YMCA	5807 McNeil Drive Austin, TX 78729	512-335-9622	Call for More Information	
Sendero Springs Pool	4203 Pasada Lane Round Rock, TX	512-218-1495	Call for More Information	no
Town Lake YMCA	1100 W. Cesar Chavez Austin, TX 78703	512-542-9622	Call for More Information	
West Austin Athletic Club	1024 Patterson Rd. Austin, TX 78733	512-263-4282	Call for More Information	yes
Westover Hills Club	8706 Westover Club Dr. Austin, TX 78759	512-345-4235	2 p.m.-6:30 p.m.	no
Willow Bend Pool	2801 Sauls Dr. Austin, TX 78728	512-251-9814	7 a.m.-3:30 p.m.	yes, no board