NCAA Soccer Rules Questions and Interpretations
2026 Season, Volume 6
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This update includes issues addressed up to November 11, 2026.

1. **Permissible Cold Weather Gear.**
   a. **Visible Undergarments.** Rule 4.1.4 requires that any visible garment worn under the jersey or shorts be the same solid color for all teammates choosing to wear them. While it is not required, it is recommended the undergarment match the dominant color of the respective garment.
   b. **Hats.** Rule 4.5.3 permits soft knit caps in cases of cold or inclement weather. There are no color requirements associated with caps.
   c. **Gloves.** Field players are permitted to wear gloves in wet or cold weather conditions. From the Note in Rule 15.2, *"The player taking the throw-in may not use stickum or adhesive material of any kind (including gloves with an adhesive surface) to enhance the grip on a throw-in."* This rule prohibits the following:
      - The application of sticky substances to the hands;
      - The use of football gloves with enhanced grip; and
      - The use of soccer goalkeeper gloves with enhanced grip by field players. Goalkeepers who choose to take a throw in may do so with their normal goalkeeper gloves.

2. **Changing Field Types and Locations.** For conference tournament games, the conference is the governing sports authority and can decide to move games to fields with turf, lights, etc., in order to complete games. For NCAA postseason games, the NCAA site rep, in consultation with the respective NCAA committee, is the governing sports authority and can decide to move games to fields with turf, lights, etc., in order to complete games.

3. **Suspended Games.** Rule 7.7.4 applies during postseason play. Games that are suspended and cannot be resumed the same day are subject to the provisions of the rule. The governing sports authority retains the ability to dictate when and where suspended games that are tied are resumed, subject to the playing rules and the championships manuals.