

CENTRAL REGION - NORDIC**MEN'S NORDIC****SEEDING**

FIRST NAME	LAST NAME	SCHOOL	7.5K	20K	FIS #	USSA #
1 Luke	Fricker	Northern Michigan University	1	3	3100458	7015001
2 Adrik	Kraftson	Northern Michigan University	3	4	3531199	6873159
3 Colin	Freed	Michigan Technological University	8	1	3531175	6922498
4 Kristoffer	Alm Karsrud	Northern Michigan University	2	7	3424267	7054544
5 Chase	High	College of St. Scholastica	6	5	3531082	6133235
6 Tryg	Solberg	Michigan Technological University	9	2	3531331	6972496

ALTERNATES**SEEDING**

FIRST NAME	LAST NAME	SCHOOL	7.5K	20K	FIS #	USSA #
1 Wes	Campbell	Michigan Technological University	4	6	3531192	6473436
2 Jonathan	Clarke	Northern Michigan University	7	8	3531233	6614176
3 Leevi	Tarjanne	College of St. Scholastica	5	12	3181660	7369020
4 Parker	Courte-Rathwell	Michigan Technological University	10	9	3100494	7108244
5 Mikkell	Katla	Michigan Technological University	11	11	3424926	7276515
6 Jakob	Craig	College of St. Scholastica	12	10	-	6615827

WOMEN'S NORDIC**SEEDING**

FIRST NAME	LAST NAME	SCHOOL	7.5K	20K	FIS #	USSA #
1 Victoria	Klevan Dybwad	Northern Michigan University	1	1	3427424	7105664
2 Henriette	Nilssen	Northern Michigan University	2	3	3427471	7274105
3 Greta	Hansen	Michigan Technological University	5	4	3536065	7087519
4 Bridget	Burns	Michigan Technological University	4	6	3536022	6661603
5 Marie	Sølverud Wangen	Michigan Technological University	3	7	3427102	7092223
6 Greta	Leitheiser	College of St. Scholastica	9	2	3535979	6759959

ALTERNATES**SEEDING**

FIRST NAME	LAST NAME	SCHOOL	7.5K	20K	FIS #	USSA #
1 Alice	Mcknight	Michigan Technological University	6	5	-	6668190
2 Merle	Richter	Northern Michigan University	7	10	3205718	7039477
3 Jordan	Parent	Northern Michigan University	8	9	3535940	6760789
4 Lily	Hubanks	St. Olaf College	10	8	3536240	7062929
5 Charlotte	Whitcomb	College of St. Scholastica	11	12	-	6702872
6 Pearl	Harvey	Northern Michigan University	12	11	3535873	6618075