



2021
NATIONAL COLLEGIATE
SKIING
CHAMPIONSHIPS

PARTICIPANT
2020-21 MANUAL

2021 NCAA MEN'S AND WOMEN'S SKIING CHAMPIONSHIPS
HOSTED BY THE UNIVERSITY OF NEW HAMPSHIRE



To the 2021 NCAA Men's and Women's Skiing Championships Participants and Coaches,

On behalf of everyone associated with the University of New Hampshire, I would like to congratulate you for qualifying for nationals and welcome you to the 2021 National Collegiate Men's and Women's Skiing Championships. UNH is proud to host this year's championships and we hope you enjoy your time in Franconia and Jackson.

To host a national championship takes a lot of time and effort on the part of a lot of people. During your week here you will meet numerous staff and volunteers that give of their time to make this a first-class event. Feel free to express your appreciation to these people for their efforts to make this the best championship possible.

Again, welcome to New Hampshire and best of luck throughout the 2021 Skiing Championships!

Sincerely,

Marty Scarano

Director of Athletics
University of New Hampshire

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Section 1 - Introduction

On behalf of the National Collegiate Men's and Women's Skiing Committee, thank you for being an important part of the 2021 NCAA National Collegiate Men's and Women's Skiing Championships.

Administration of Skiing Championships is under the direction of the NCAA National Collegiate Men's and Women's Skiing Committee. The hosts play an integral part in the successful administration of the championships.

The purpose of this manual is to outline the responsibilities of the tournament director and other host institution personnel for the NCAA National Collegiate Men's and Women's Skiing Championships. It is designed to use in conjunction with, not in place of, the NCAA National Collegiate Men's and Women's Skiing Pre-Championships Manual, which provides more general policies for the administration of the championships.

Section 2 - NCAA Mission Statement

The Core Purpose of the NCAA is to govern competition in a fair, safe, equitable and sportsmanlike manner, and to integrate intercollegiate athletics into higher education so that the educational experience of the student-athlete is paramount.

Section 3 - NCAA Staff/Committee

NCAA Staff

Mark Bedics
Associate Director, Championships and Alliances
Phone: 317-917-6541
Cell: 317-966-6762
Email: mbedics@ncaa.org

Nancy O'Hara
Coordinator, Championships and Alliances
Phone: 317-917-6162
Cell: 317-446-1347
Email: nohara@ncaa.org

NCAA Men's and Women's Skiing Committee

Brian Blank
Head Alpine Skiing Coach
University of New Hampshire
Cell: 603-969-4424
Email: brian.blank@unh.edu

Kim Bownes
Director of Athletics
Plymouth State University
Cell: 603-630-2565
Email: kbownes@plymouth.edu

Peter Dodge, chair
Head Men's Alpine Coach
Dartmouth College
Cell: 603-359-1680
Email: peter.d.dodge@dartmouth.edu

Sten Fjeldheim
Head Men's and Women's Skiing Coach
Northern Michigan University
Cell: 906-458-0459
Email: sfjeldhe@nmu.edu

Eliska Albrigtsen
Head Men's and Women's Skiing Coach
University of Alaska Fairbanks
Cell: 720-227-2481
Email: ehalbrigtsen@alaska.edu

Jana Weinberger
Nordic Head Coach
University of Colorado, Boulder
Cell: 303-945-6565
jana.weinberger@colorado.edu

Fredrik Landstedt, Rules Interpreter
University of Utah
Cell: 801-201-8026
Email: flandstedt@utah.edu

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Section 4 - Host Personnel

Tournament Director:

Cory Schwartz

Cell: 603-512-2317

E-mail: corys@unh.edu

Event Manager – Cannon Mountain:

John DeVivo

Office: 603-823-8800

Cell: 603-545-7741

E-mail: jdevivo@dred.state.nh.us

Timing Coordinator - Alpine

Matt Howard, P1 Timing

Cell: 616-331-1006

E-mail: skimjh@roadrunner.com

Timing Coordinator - Nordic

Ed Despard, Bullitt Timing

Office: N/A

Cell: 617-584-2193

E-mail: edwarddes@gmail.com

Director of Sports Medicine:

Jon Dana

Office: 603-862-3824

Cell: indyst

E-mail: jon.dana@unh.edu

Event Manager – Jackson Touring Center:

Ellen Chandler

Office: 603-383-9355

Cell: 603-867-8707

email: ellen.chandler@jacksonxc.org

Media Coordinator

Mike Murphy

Office: 603-862-3906

Cell: 603-969-0774

E-mail: mike.murphy@unh.edu

Championship Websites

For more information about the NCAA Men's and Women's Skiing Championships, please visit the following link: <http://www.ncaa.com/sports/skiing>.

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Section 5 - Checklist

PARTICIPATING INSTITUTION CHECKLIST

This checklist is arranged in chronological order to be of assistance to those individuals who have specific institutional responsibilities for championships competition.

- _____ By 5 p.m. ET, Sunday, February 28. Deadline for completion of all regionals.
- _____ By 1 p.m. ET, Tuesday, March 2. Selection and notification of Central, East and West Regional participants.
- _____ By 1 p.m. ET, Wednesday, March 3. Deadline for injury notification for Alpine and Nordic participant. Notify Mark Bedics (mbedics@ncaa.org).
- _____ By 5 p.m. ET, Thursday, March 4. Email all following information Cory Schwartz corys@unh.edu
 - Team Registration and Travel Form
 - Team Media Guide
 - Jpeg file of official school logo
 - Student-Athlete Questionnaires
 - Participant Liability Forms
- _____ By 5 p.m. ET, Thursday, March 4. Deadline for submission of Elite 90 Award Nominees.
- _____ By 5 p.m. ET, Friday, March 5. Watch the [testing video](#).
- _____ By 5 p.m. ET, Friday, March 5. Deadline for coaches to register international Alpine student-athletics for temporary USSA license, if needed. Registrations can be completed at the following link:

<https://memberservices1.wufoo.com/forms/201920-foreign-shortterm-membership/>
- _____

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Section 6 - Schedule of Events

Wednesday, March 3

11 a.m. Mandatory Coaches Meeting (Teams Video)

Saturday, March 6

All Day First day competitors may arrive

Sunday, March 7

8 a.m. – Noon Mandatory COVID-19 Testing for all those who have arrived (Mount Washington Hotel)
3 – 8 p.m. Registration (Mount Washington Hotel)
4 – 8 p.m. Mandatory COVID-19 Testing for all those who have arrived (Mount Washington Hotel)

Monday, March 8

7 a.m. – 6 p.m. Athletic Training available.
7:30 a.m. – 6 p.m. Nordic Unofficial Training. (*Jackson Nordic Center*)
8 a.m. – 1 p.m. COVID-19 Testing for anyone who didn't test Sunday and all Nordic Student-Athletes and Coaches (*Carriage House – Jackson, NH*)
9 a.m. – 4 p.m. Alpine Free Skiing (*Cannon Mountain*)
3:30 p.m. NCAA Skiing Committee Meeting. (*TEAMS Video*)
4 p.m. NCAA Skiing Committee/Officials Meeting. (*TEAMS Video*)
5 p.m. NCAA Issues Meeting. (*TEAMS Video*)

Tuesday, March 9

7 a.m. – 6 p.m. Athletic Training available.
7:45 a.m. – 1 p.m. Mandatory COVID-19 Testing for all Alpine Student-Athletes and Coaches (Cannon Mountain)
9:30 a.m. – Noon Western Region Official GS Training. (*Cannon Mountain*)
9 a.m. – 3 p.m. Nordic Official Training. (*Jackson Nordic Center*)
12:30 – 3 p.m. Eastern Region Official GS Training. (*Cannon Mountain*)
4:30 p.m. NCAA Skiing Committee Meeting. (*TEAMS Video*)
5 p.m. Mandatory Coaches Meeting. (*TEAMS Video*)

Wednesday, March 10

7 a.m. – 6 p.m. Athletic Training available.
8 a.m. – 1 p.m. Mandatory COVID-19 Testing for Nordic Student-Athletes and Coaches (Carriage House, Jackson, NH)
9 a.m. – 3 p.m. Nordic Official Training. (*Jackson Nordic Center*)
9:30 a.m. Women's Giant Slalom: First run. (*Cannon Mountain*)
10:45 a.m. Men's Giant Slalom: First run. (*Cannon Mountain*)
12:45 p.m. Women's Giant Slalom: Second run. (*Cannon Mountain*)
2 p.m. Men's Giant Slalom: Second run. (*Cannon Mountain*)
(*Awards ceremony immediately following*)
4:30 p.m. NCAA Skiing Committee Meeting. (*TEAMS Video*)
5 p.m. Mandatory Coaches Meeting. (*TEAMS Video*)

Thursday, March 11

7 a.m. – 6 p.m. Athletic Training available.
7:45 a.m. – 1 p.m. Mandatory COVID-19 Testing for Alpine Coaches and Student-athletes (Cannon Mountain)
9:30 a.m. – Noon Western Region Official Slalom Training. (*Cannon Mountain*)
12:30 – 3 p.m. Eastern Region Official Slalom Training. (*Cannon Mountain*)
10 a.m. Men's 10k Classical; Individual start. (*Jackson Nordic Center*)
Noon Women's 5k Classical; Individual start. (*Jackson Nordic Center*)
(*Awards ceremony immediately following*)
4:30 p.m. NCAA Skiing Committee Meeting. (*TEAMS Video*)
5 p.m. Mandatory Coaches Meeting. (*TEAMS Video*)

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Friday, March 12

7 a.m. – 6 p.m.	Athletic Training available.
7:30 a.m. – 3 p.m.	Nordic Official Training. <i>(Jackson Nordic Center)</i>
8 a.m. – 1 p.m.	Mandatory COVID-19 Testing for Nordic Coaches and Student-Athletes <i>(Carriage House)</i>
9:30 a.m.	Men's Slalom: First run. <i>(Cannon Mountain)</i>
10:30 a.m.	Women's Slalom: First run. <i>(Cannon Mountain)</i>
12:30 p.m.	Men's Slalom: Second run. <i>(Cannon Mountain)</i>
1:30 p.m.	Women's Slalom: Second run. <i>(Cannon Mountain)</i> <i>(Awards ceremony immediately following)</i>
4:30 p.m.	NCAA Skiing Committee Meeting. <i>(TEAMS Video)</i>
5 p.m.	Mandatory Coaches Meeting. <i>(Teams Video)</i>

Saturday, March 13

7 a.m. – 6 p.m.	Athletic Training available <i>(Jackson Nordic Center)</i>
10 a.m.	Women's 15k Freestyle: Interval start. <i>(Jackson Nordic Center)</i>
Noon	Men's 20 k Freestyle: Interval start. <i>(Jackson Nordic Center)</i>
2 p.m.	Team Awards Ceremony. <i>(Jackson Nordic Center)</i>

Administrative Meetings

The games committee for the championships will conduct daily meetings via Teams. More information to be sent. These meetings are required for all coaches. The NCAA Skiing Committee and the NCAA rules official(s) will use this time to cover all necessary rules and information. A fine of \$100 will be assessed for those institutions not in attendance. NCAA Committee Members and NCAA Rules Representatives will carry out the meeting agendas.

Banquet

There will not be a championship banquet in 2021.

Training

There will be no training onsite until the student-athlete receives a negative COVID-19 test result. Both championship venues will be available for official training prior to the start of the championships.

Weather Policy

The NCAA will provide a weather detection system for the championships and will make arrangements for the system to be on site. The games committee will do everything possible to complete each portion of the championships. However, the committee reserves the right to modify the schedule of events for weather.

In the event of a weather emergency please follow the evacuation procedures as set forth in Section 8 of this manual.

Section 7 - Championship Format

The format for the NCAA National Collegiate Men's and Women's Skiing Championships is determined by the NCAA National Collegiate Men's and Women's Skiing Committee, subject to the approval of the Division I Council.

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The NCAA National Collegiate Men's and Women's Skiing Championships will consist of both team and individual competition conducted concurrently. A total of 148 student-athletes (74 men and 74 women) shall qualify in the region in which their institution is located. A total of 80 Nordic participants (40 men and 40 women) and 68 Alpine participants (34 men and 34 women) will qualify for the championships.

The maximum team size shall be 12 persons, three per gender per discipline, composed of a maximum of six men and a maximum of six women. The maximum entry in an individual event for any team is three individuals. Only men can compete in men's events. Only women can compete in women's events.

A 40-point scoring system will be used for the championships, wherein the top 30 finishers in each event receive points. A further breakdown of the scoring can be found in Rule 3.3 in the [2020-21 NCAA Skiing Rules Modifications](#).

At the conclusion of the championships, the team with the most total points will be declared the champion.

Section 8 - Championship Operations

Alpine Gates, Binding and Ski Check
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Slalom Gates will be 30 millimeters. Alpine competitors will have the height of their bindings checked immediately following each Alpine competition in the finish area. A 50 millimeter limit is enforced. Alpine skis will be governed by FIS rules and/or USSA standards for Giant Slalom.

Coaches Bibs (Nordic)

During registration, bibs will be issued to all coaches in the official travel party. It is the responsibility of the coach to wear, safeguard, and return the bib after completion of the competition. Failure to return a bib will result in a \$50 fine for each bib issued. Institutions with 1-2 Nordic participants will receive two (2) bibs. Institutions with 3-6 Nordic participants will receive three (3) bibs.

Emergency/Evacuation Plan

Emergency Protocols:

Cannon Mountain Emergency Protocol

- Professional Patrol Person and toboggan will be at the start of the race at all times.
- Patroller is in possession of a fully prepared evacuation sled and if required to respond to an accident will immediately respond with a sled.
- Upon initial evaluation, patroller will call for additional help for sled evacuation if required and will immediately replace staff person and sled at start.
- If sled evacuation is required, race will hold until patrol personnel have cleared the course.
- Sled evacuation at the Mittersill Race venue would be transported via a snow machine tow or the Cannon Ski Patrol Van to the Notch View Base Lodge first aid clinic.
- Cannon Mountain has area ambulance service available from Franconia Life Squad, Lin-wood Life Squad and Calnex Ambulance Service, Littleton.

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- Cannon Mountain has a staffed first aid clinic located in the Notch View Base Lodge to treat minor accidents.
- Serious injuries are immediately transported to Littleton Hospital via ambulance.
- Accidents at the Mittersill Race Venue requiring an ambulance, the ambulance would be instructed to receive the patient at the base of the Mittersill lift.
- Race officials have immediate communication with Cannon Mountain Patrol via radio.
- Cannon Mountain has many Paramedic trained ski patrol staff on site most days.
- If Life Flight is required, as determined by Cannon Mountain professionals, first option is Dartmouth-Hitchcock Life Flight. Response time is 17 minutes from lift off.

Jackson Ski Touring Emergency Protocol

See Appendix E

Hospitality

There will be Dasani Water and Powerade available at the finish for participants and coaches during official training and competition days.

Officials

Alpine:

Chief of Race:	Eric Price
Chief of Course:	Ivar Dahl
Referee:	John Dwyer
Technical Delegate:	Jill Firstbrook
Chief of Timing:	Matt Howard
Race Administrator:	Matt Howard

Nordic:

Chief of Competition:	Ellen Chandler
Asst. Chief of Competition:	Silas Eastman
Chief of Course:	Ken Kimball
Chief of Stadium:	Karen Casey
Technical Delegate:	Allan Serrano
Assistant TD:	Nick Kline
Chief of Timing:	Ed Despard
Nordic Timer	John Ogden
Medical Chief:	Nathan Jones

Post-Championship & Competition Site Evaluations

All evaluations will be sent from the NCAA at the conclusion of the competition.

Registration

Registration will take place at Omni Mount Washington Hotel on Sunday, March 7 (3 – 8 p.m.).

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Scoring

A 40-point scoring system will be used for the championships, wherein the top 30 finishers in each event receive points. A further breakdown of the scoring can be found in Rule 3.3 in the [2020-21 NCAA Skiing Rules Modifications](#).

At the conclusion of the championships, the team with the most total points will be declared the champion.

Results will be updated in real time and will be made available at www.ncaa.com.

Tents

Tents will not be provided onsite at the championships due to COVID-19 protocols. Nordic teams may bring small individual tents.

Videotaping

Institutions are permitted to videotape championship competitions by their teams or their individual student-athletes for archival, coaching or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for commercial purposes.

Waxing Facilities

Waxing facilities will be available at the following locations throughout the championships:

- Nordic - on site at the venue. Generators will be provided. Tents will not be provided due to COVID-19 protocols.
- Omni Mount Washington hotel – space will be provided for waxing on site.

Section 9 - Competition Sites

Parking

Cannon- Parking will be available on site at the base of Mittersill area.

For Jackson teams staying at the Eagle Mt. House will have parking. Teams will receive a pass for two vehicles for training and race days.

Section 10 - Directions

Driving Directions

Manchester Airport to Cannon Mt.- <https://goo.gl/maps/7PRg9yF26vR2>

Manchester Airport to Mt. Washington Hotel- <https://goo.gl/maps/Fg5pePixcr92>

Manchester Airport to Jackson, NH- <https://goo.gl/maps/6noi4DyCoWF2>

Logan Airport to Cannon Mt.- <https://goo.gl/maps/XB5FmVMZGCS2>

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Logan Airport to Mt. Washington Hotel- <https://goo.gl/maps/qduUattCJjs>
Logan Airport to Jackson, NH- <https://goo.gl/maps/c95x7mE3P4A2>

Section 11 - Drug Testing

The NCAA is dedicated to fair and equitable competition throughout each round of championships and strongly supports the drug-testing program in order to safeguard the health and safety of the participating student-athletes.

Athlete Notification

Couriers will notify student-athletes selected for drug testing. Student-athletes will be instructed to read and sign the Individual Championship Student-Athlete Notification Form. Depending on the sport, student-athletes may need to report to drug testing within 60 minutes of notification, after their last event of the session, after their last event of the day or at the end of their participation in the championship.

Media Obligations

At individual/team championships, student-athletes who are selected for drug testing must fulfill all media obligation before reporting to the drug-testing area.

Participating Institution's Notification

While couriers will notify student-athletes of his/her selection for drug testing, it is the student-athlete's responsibility to advise their institution of his/her selection for drug testing.

Prolonged Test

If the student-athlete's team must depart the championship prior to a student-athlete completing drug testing, an institutional representative must remain with the student-athlete. If the student-athlete and/or institution incur additional expenses because of the delay (e.g., hotel, transportation back to campus, etc.), the institution may request reimbursement from the NCAA.

Testing Process

Student-athletes are drug tested through urinalysis and must provide a specimen in view of a drug-testing collector of the same gender. The length of the collection process depends on the student-athlete's ability to provide an adequate specimen. If a student-athlete provides an adequate specimen immediately upon arriving in the drug-testing area, the entire process can be completed within 20 minutes. If the student-athlete is unable to provide an adequate specimen, he/she must remain in the drug-testing area until one is provided. There is no maximum allotted time for a student-athlete to provide an adequate specimen.

Section 12 - Equipment

Equipment regulations for the NCAA Skiing Championships can be found in Rule 1.5 of the [2020-21 NCAA Skiing Rules Modification](#).

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Fluorinated Wax Testing

Fluorinated wax testing may be conducted at both the Alpine and Nordic venues.

Section 13 - Expenses/Reimbursement

Per Diem

Per diem will be provided for the approved official travel party, based on the number of qualifiers from each institution.

TES System

Team expense reports should be filed online through the Travel Expense System (TES). All institutions, including hosts, must complete the online reimbursement process in order to receive the appropriate per diem reimbursement. The system can be accessed at:

<https://web1.ncaa.org/TES/exec/login?js=true>.

If you need assistance or experience any technical difficulties, please contact the travel department at 317-917-6757 or by e-mail at travel@ncaa.org.

Teams and/or individuals should provide themselves sufficient money to meet all expenses throughout the tournament, including ground transportation, lodging and meal expenses, and other miscellaneous expenses.

Section 14 – General Public

Spectator Guidelines

Due to COVID-19 protocols, there will be no spectators allowed.

Section 15 - Lodging

Headquarters Hotel

Omni Mt. Washington Hotel

310 Mount Washington Hotel Road, Bretton Woods, NH 035750
Phone: 800-843-6664

Section 16 - Media Services

Webcast

All championship events will be webcast live on www.ncaa.com on Wednesday, March 10 through Saturday, March 13.

Media Coverage

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Members of the media wishing cover the event should contact Mike Murphy (mike.murphy@unh.edu) by 5 p.m. eastern time, Wednesday, March 3.

Interview Policies

All coaches and student-athletes will be available for post-competition interviews via ZOOM following the 10-minute cooling-off period. All interviews are to be arranged through Mike Murphy.

Section 17 - Medical

Athletic Training

Jon Dana, Director of Sports Medicine, will coordinate all athletic training needs at all times. He or one of his colleagues will be available at both competition venues during all official training and competition days. There will be ice available as well as all first aid needs. Please contact Jon prior to arrival to arrange necessary treatment schedules. His contact information is listed on the contact information page of this manual.

Concussion Management

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the "NCAA Sports Medicine Handbook Guideline on Concussions" online at www.NCAA.org/health-safety.

Hospitals and Emergency Services

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Little Regional Healthcare

603-444-9000

600 St. Johnsbury Road

Littleton, NH 03561

Memorial Hospital

603-365-5461

3073 White Mt. Hwy.

North Conway, NH 03860

Medical Examinations

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA tournament physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition may expose others to a significantly enhanced risk of harm and, if so, to disqualify the student-athlete from continued participation. For all other instances, the student-athlete's on-site team physician can determine whether a student-athlete with an injury or illness should continue to participate or is disqualified. In the absence of a team physician, the NCAA tournament physician will examine the student-athlete and has valid medical authority to disqualify him or her if the student-athlete's injury, illness or medical condition poses a potentially life threatening risk to himself or herself. The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Section 18 - Participant Expectations & Guidelines

Code of Conduct

The NCAA expects each championship to exhibit an experience that represents the highest level of fair play and good sportsmanship. The NCAA and the NCAA Division I Championships/Sports Management Cabinet expect that student-athletes, coaches and administrators do their best to ensure participation in intercollegiate athletics promotes character development for all participants, enhances the integrity of higher education and promotes civility; therefore, championship events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values should be manifest not only in athletic participation, but also in the broad spectrum of activities associated with the championship event. Accordingly, the Championships Committee will take strong action in response to any form of misconduct by student-athletes, coaches and/or administrators during the entire championship. This includes criticism of officials and a misconduct incident at the competition.

Ethical Behavior by Coaches

Members of the coaching profession have certain inherent obligations and responsibilities to the profession, to the student-athletes and to all those with whom they come into contact in the field. Coaches are expected to be role models who conduct themselves with integrity and high ethical standards at all times.

The words and actions of a coach carry tremendous influence, particularly on the young people under his or her direction. It is, thus, imperative that he or she demonstrate and demand high principles of sportsmanship and ethical behavior.

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Therefore, coaches must:

1. Always place the safety and welfare of student-athletes above the value of a win and above any personal prestige or glory.
2. Ensure that the coaching staff and all others associated with the program treat the student-athletes under their control with fairness and respect.
3. Remember that they are on public display and that their conduct reflects upon the image of their respective institutions.
4. Teach their student-athletes strict adherence to the rules and regulations of the sport, the institution and other governing bodies to which they are responsible.
5. Firmly establish with their student-athletes the standards of acceptable conduct.
6. Treat opponents and assigned officials with respect and demand that student-athletes do the same, instilling in their student-athletes the importance of respect and sportsmanship over winning.
7. Ensure that student-athletes understand that taunting, intimidating and baiting opponents is unacceptable behavior and will not be tolerated.
8. Monitor their coaching staff and student-athletes to ensure that they do not use profane and vulgar language while representing the institution.
9. Ensure, along with institutional administration, that fans are reminded of the expectations of sportsmanship and respect for officials and opponents and their supporters.

Misconduct

[Reference: Bylaw 31.02.4 in the NCAA Division II Manual.]

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.

Sportsmanship

The primary goal of the rules is to maximize the safety and enjoyment of the student-athlete. Sportsmanship is a key part of that goal. Sportsmanship should be a core value in behavior of players and bench personnel, in crowd control by game management and in the officials' proper enforcement of the rules governing related actions.

Sports Wagering

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student-athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

A student-athlete involved in sports wagering on the student-athlete's institution permanently loses all remaining regular-season and postseason eligibility in all sports. A student-athlete who is involved in any sports wagering activity that involves college sports or professional athletics, through Internet gambling, a bookmaker, a parlay card or any other method employed by organized gambling, will be ineligible for all regular-season and postseason competition for at least one year.

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In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules, in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

Tobacco Ban

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco products is prohibited during practice and competition. A member of the official travel party who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

Section 19 - Team Travel/Transportation

Airports

Cannon, MT Washington and Jackson can all be serviced by Manchester Airport and Logan Airport.

Rental Cars

Logan International Airport is serviced by almost every major rental carrier available. Contact website is <https://www.massport.com/logan-airport/inside-the-airport/rental-cars-at-logan/>

Manchester International Airport is serviced by almost every major rental carrier available. Contact website is <https://www.flymanchester.com/car-rentals>

Short's Travel Management

The participating institutions shall be completely responsible for making its own travel reservations in accordance with the following:

The NCAA's official travel agency for the tournament is Short's Travel Management, which can be reached at 866-655-9215. Institutions can also enter travel manifest and other travel party information through the travel portal at www.shortstravel.com/ncaachamps.

The NCAA has adopted the following policies with respect to the travel and expenses incurred by the competing institution:

1. **Air Transportation.** Participating institutions shall be required to make all air travel arrangements with the official travel agency for the approved travel party. The NCAA will pay the agency directly for such costs. Institutions who fail to use the official agency will not receive reimbursement for their travel. When reasonable commercial space for air travel is not available, chartered flights may be offered to the traveling institution. In this case, the cost of the chartered flight will be fully paid for by the NCAA, for the official traveling party. If reasonable commercial space is available but the institution chooses to travel by charter, the NCAA will only cover the cost of the commercial flight. The institution will be responsible for any additional cost for their chartered

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flight and will be billed by the official travel agency. In addition, the institution may choose to take additional travelers over the allowable travel party size. The cost for additional travelers must be paid by the institution. All charter arrangements must be made through the official travel agency. The NCAA travel department is responsible for making the determination of what should be considered reasonable options for the official traveling party.

The NCAA, will reimburse fees for checked baggage charged by commercial airlines. While we encourage you to take as few bags as necessary, a maximum of two bags per person will be reimbursed. Fees for oversized or overweight bags will not be reimbursed.

The NCAA, will not reimburse fees charged by the airlines to pre-assign seats, choose premium seats, or receive priority check-in.

2. Hub Rule. If an institution is eligible to use air transportation to the site of the tournament game, and there is a major airport located within 150 miles of the tournament site, then the participating institution is required to fly into/out of that airport and utilize ground transport to and from the site of competition. This also applies if the originating airport is located within 150 miles of the participating institution's campus. This policy only applies when airfare is less expensive from the more distant airport. The NCAA travel staff may increase this mileage limit if circumstances warrant.
3. Ground Transportation. For individual-team sports, when teams are required to travel by ground transportation to the site of competition or are eligible for reimbursement at the site, reimbursement will be provided at a rate of 50 cents per mile, per participant, not the actual cost of ground transportation.

Local transportation is not reimbursable by the NCAA and must be paid by the institution. Transportation between the team's hotel and the competition or practice site is considered local transportation. Please see the NCAA travel policies for the applicable mileage limits.

4. Per Diem. Per diem will be paid for the allowable travel party. The per diem rate and allowable days can be found in the NCAA travel policies.
5. Expense Reimbursement. Team expense reports should be filed online through the Travel Expense System (TES). The login information for the system is the same as that used for the Short's travel portal. The system can be accessed at:

<https://web1.ncaa.org/TES/exec/login?js=true>.

All institutions, including hosts, must complete the online reimbursement process in order to receive the appropriate reimbursement.

6. Travel Exceptions. Be advised that if extraordinary circumstances may warrant an exception to the travel policies, you must contact the NCAA travel department for approval PRIOR TO making any travel arrangements. The travel group can be reached at 317-917-6757, or by e-mail at travel@ncaa.org.

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Ticket Prices

Due to COVID-19 protocols, there will be no spectators allowed.

Section 21 - Travel Party

Squad Size

Participating teams are limited to a squad size of no more than twelve (12) eligible student-athletes. No more than three (3) student-athletes are eligible per gender, per discipline.

Travel Party Size

In accordance with NCAA policies, official travel party sizes are as follows:

- Teams with 1-3 student-athlete(s) competing are allowed 2 non-athletes.
- Teams with 4-6 student-athletes competing are allowed 2 non-athletes.
- Teams with 7-9 student-athletes competing are allowed 3 non-athletes.
- Teams with 10-12 student-athletes competing are allowed 5 non-athletes.

Section 22 - Uniforms

Student-athletes competing in the championships shall wear the official uniform of their institution in competition and related ceremonies. This applies to warm-ups and competitive uniforms.

A student-athlete may use athletics equipment or wear athletics apparel that bears the trademark or logo of an athletics equipment or apparel manufacturer or distributor in athletics competition and pre- and postgame activities (e.g.: Celebrations, pre- or postgame press conferences), provided the following criteria are met:

1. Athletics equipment (e.g.: shoes, helmets, goggles and skis) shall bear only the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public; and
2. The student-athletes institution's official uniform (including numbered racing bibs and warm-ups) and all other items of apparel (e.g.: socks, head bands, t-shirts, wrist bands, visors or hats, and towels) shall bear only a single manufacturer's or distributors normal label or trademark (Regardless of the visibility of the label or trademark), not to exceed 2 ¼ square inches in area (rectangle, square, parallelogram) including any additional material (e.g.: patch) surrounding the normal trademark of logo. The student-athletes institution's official uniform and all other items of apparel shall not bear a design element similar to the manufacturer's trademark/logo that is in addition to another trademark/logo that is contrary to the size restriction.

Logo Policy*

[Reference: Bylaw 12.5.4 in the NCAA Division I and II Manuals, and Bylaw 12.5.3 in the NCAA Division III Manual.]

The provisions of Bylaw 12.5.4 (Divisions I and II) or Bylaw 12.5.3 (Division III) indicate that an institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 1/4-square inches, including

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any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restrictions.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2 1/4-square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes, and any and all credentialed personnel in the bench area during the conduct of competition, which includes any practices and pregame or postgame activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff. Non-compliance with this legislation could result in loss of eligibility, forfeiture of points earned by those ineligible student-athletes and adjustment of team standings.

Section 23 - Host City Information

Dining Options

Mount Washington Area- <http://www.foodinthemountains.com/Restaurants/index.html>

Jackson, NH Area- <http://www.jacksonnh.com/dining-in-jackson-nh>

Franconia Area- <http://www.franconianotch.org/members/listings/?filter=all&type=dine&submit=>

Section 24 – Trophies and Awards

Additional Award Ordering

To purchase additional awards please use the following link: <http://www.mtmrecognition.com/ncaa/>

Elite 90

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the final site for each of the 90 NCAA championships. Each institution that has at least one student-athlete qualify for the final round/site is eligible to nominate a student-athlete for the award. All ties are broken by number of credits completed.

For more information regarding this program, please contact Mark Bedics, Andrew Louthain or Quintin Wright (317-917-6222; elite90@ncaa.org). All documents, including deadlines and nomination forms, can be obtained at [Elite 90 forms](#).

The submission deadline for nomination for **NCAA Men's and Women's Skiing** is **5 p.m. Eastern time on Thursday, March 4**.

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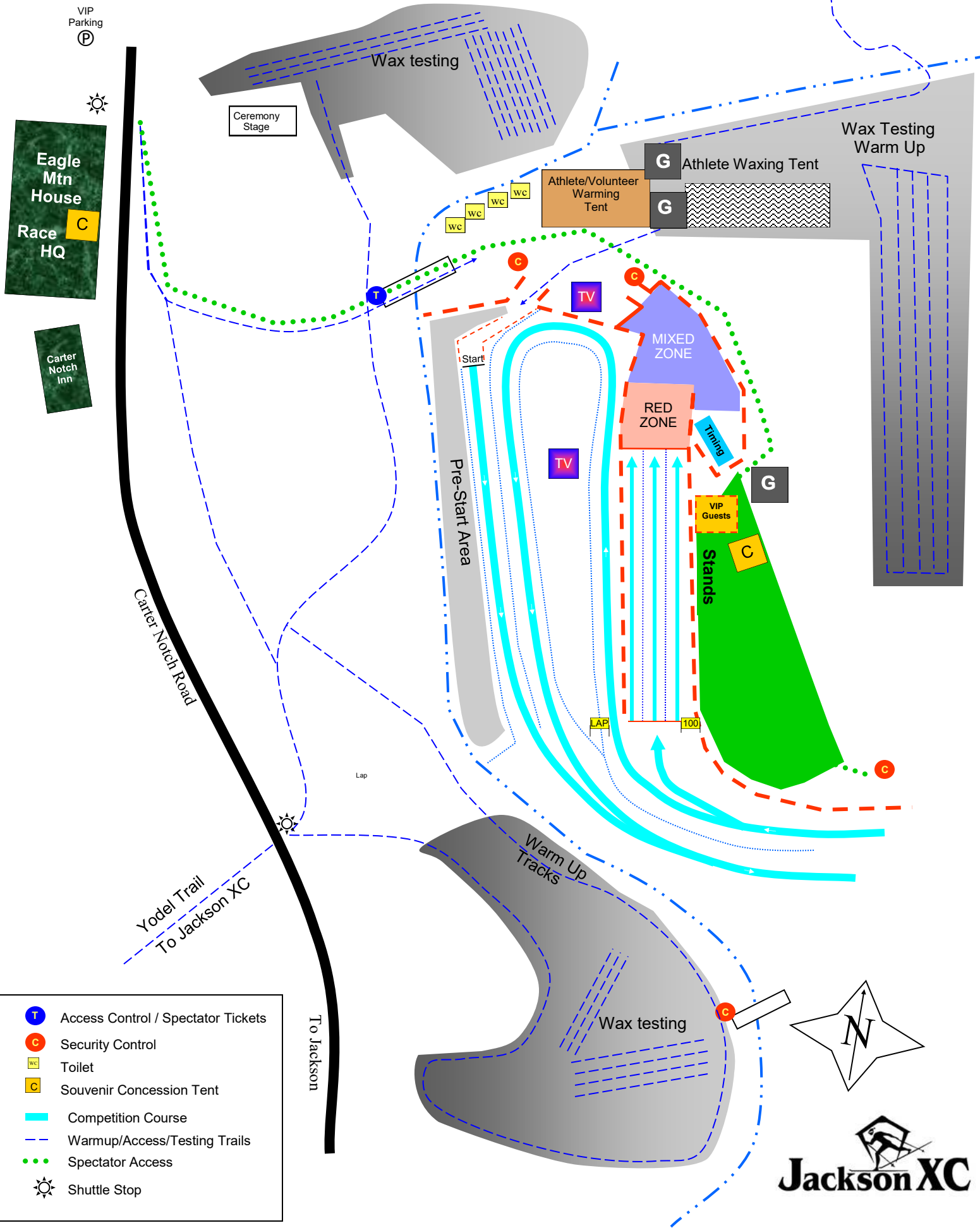
Locker Room Program

In addition to awards, the national championship winning team will receive national champion t-shirts and hats to commemorate their achievement.

Participation Award

Each student-athlete advancing to the final site will receive a participant medal to commemorate their achievement.





Assumption of Risk Release and Waiver

Event: _____ (the "Event")

Participant's Name (Please print): _____ (the "Participant")

Participant's Age: _____

In consideration for permitting Participant to participate in the 2021 National Collegiate Men's and Women's Skiing Championships, the undersigned, for themselves, and for their respective heirs, personal representatives and assigns, agree as follows:

Assumption of Risk: The undersigned hereby acknowledge and agree that they understand the nature of the Event; that Participant is qualified, in good health, and in proper physical condition to participate therein; that there are certain inherent risks and dangers associated with the Event; and that, except as expressly set forth herein, they, knowingly and voluntarily, accept, and assume responsibility for, each of these risks and dangers, and all other risks and dangers that could arise out of, or occur during, Participant's participation in the Event.

Release and Waiver: The undersigned hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the National Collegiate Athletic Association and its member institutions, and, if applicable, the owners or leasers of the premises on which the Event takes place, or any subdivision thereof, and each of them, their officers and employees, (collectively, the "Releasees"), from and for any liability resulting from any personal injury, accident or illness (including death), and/or property loss, however caused, arising from, or in any way related to, Participant's participation in the Event, except for those caused by the willful misconduct, gross negligence or intentional torts of the above parties, as applicable.

Indemnification and Hold Harmless: The undersigned also hereby agree to INDEMNIFY, DEFEND AND HOLD the Releasees HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities including, but not limited to, attorney's fees, arising from, or in any way related to, Participant's participation in the Event, except for those arising out of the willful misconduct, gross negligence or intentional torts of the above parties, as applicable.

Permission to Use Likeness/Name: The undersigned further agree to allow, without compensation, Participant's likeness and/or name to appear, and to otherwise be used, in material, regardless of media form, promoting the National Collegiate Athletic Association, and/or its championships, events and activities, including those of its representatives and licensees.

Severability: The undersigned expressly agree that the foregoing assumption of risk, release and waiver of liability and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the State of New Hampshire and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: The undersigned have read this assumption of risk, release and waiver of liability and indemnity agreement, and have had the opportunity to ask questions about the same. The undersigned fully understand this assumption of risk, release and waiver of liability and indemnity agreement, that the undersigned are giving up substantial rights in connection therewith, and that its terms are contractual, and not a mere recital. The undersigned acknowledge that they are signing this agreement freely and voluntarily.

Signature of Participant Date

Signature of Parent/Guardian of Minor Date
(if participant is under the age of 18)

Signature of Parent/Guardian of Minor Date
(if Participant is under the age of 18)

TEAM TRAVEL INFORMATION AND TEAM ROSTER

Contact Information

Institution			
Title	Name	Cell Phone	Email
Head Alpine Coach			
Head Nordic Coach			
Assistant Alpine Coach			
Assistant Alpine Coach			
Assistant Nordic Coach			
Assistant Nordic Coach			
Sports Information Director			
Athletic Trainer			
Administrator <i>(if traveling)</i>			

Travel Logistics

Arrival Date		Arrival Time		Check here if you are driving	<input type="checkbox"/>
Airline		Flight Number		Departure Airport	
Number of vehicles you will have on site:			Check here if you are bringing a U-Haul/Wax Trailer?		<input type="checkbox"/>

Travel Party Roster

	Men's Alpine Student-Athletes	Women's Alpine Student-Athletes
1.		
2.		
3.		
	Men's Nordic Student-Athletes	Women's Nordic Student-Athletes
1.		
2.		
3.		
	Other Institutional Staff Traveling	Title (AD, SID, Athletic Trainer, etc.)
1.		
2.		
3.		

Please submit this form by 5 p.m. Eastern, Thursday, March 4 to Cory Schwartz – corys@unh.edu).
Failure to meet this deadline may result in a fine assessed by the National Collegiate Men's and Women's Skiing Committee.

2021 National Collegiate Men's and Women's Skiing Championships
Host Institution: University of New Hampshire
Student-Athlete Questionnaire

Please type or print clearly.

Deadline for submitting this form is Thursday, March 4, 2021

* Email this form to Cory Schwartz (corys@unh.edu)

Name: _____

School: _____

Hometown, State/Country: _____

Year in School (circle or underline one): Fr So Jr Sr Grad Student

Major: _____

Season/Career Honors

(i.e., NCAA Champion, All-American, National Team, Olympics, etc.)

Favorite Skier: _____

Favorite Athlete: _____

Favorite Reality Show or TV Series: _____

Favorite Place: _____

Other Comments of interest for the announcer:

NENSA MEDICAL PLAN TEMPLATE	Event Name	NCAA Skiing Championships 2021		Date Prepared:	Date(s) of Event:	
	Venue Name	Jackson Ski Touring		01/25/2021	March 10-13, 2021	

MEDICAL AID STAFF & VOLUNTEERS						
Name & Role	Location During Event	Mobile Phone	Radio		Qualification (MD, WFR, WFA, EMT, Other)	
			Yes	No		
<i>Chief of Medical:</i> Nathan Jones	Ski Patrol HQ (Located at Stadium; Eagle Mountain Fields)	(603) 733-8398	Y		WFR/ National Ski Patrol	
Karen Clarey	Ski Patrol HQ (located at Stadium; Eagle Mountain Fields)	(603) 733-9382	<input checked="" type="checkbox"/>	<input type="checkbox"/>	WFR/National Ski Patrol	
Brentley Childs	Ski Patrol HQ (located at Stadium; Eagle Mountain Fields)	(561) 676-2100	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Paramedic	
Joe Roman	Ski Patrol HQ (located at Stadium; Eagle Mountain Fields)	(617) 852-2901	<input checked="" type="checkbox"/>	<input type="checkbox"/>	EMT, WFR	
Will Norton	Race Course	(978) 844-1065	<input checked="" type="checkbox"/>	<input type="checkbox"/>	WFR	
James Vittetau	Race Course	317-340-8277	<input checked="" type="checkbox"/>	<input type="checkbox"/>	WFR	
Maryellen Zielski	Race Course	(617) 922-9537	<input checked="" type="checkbox"/>	<input type="checkbox"/>	NSP/Other	
			<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>		
Breanne Torrey : Additional Resource	Race Stadium; Eagle Mountain Fields	(603) 730-7269	<input checked="" type="checkbox"/>	<input type="checkbox"/>	WFR/National Ski Patrol	

MEDICAL TRANSPORT					
Ambulance					
Ambulance Provider	Phone Number	Response Time	Transport Time	Chief of Medical to make the call for an ambulance. If ambulance is called, announce via radio to medical and race staff	
Bartlett/Jackson CALL : 603-539-6119	911	14 miles from venue	8 miles from venue		
Hospital / Clinic					
Hospital / Clinic Name	Phone Number	Hospital Physical Address			
Memorial Hospital	(603) 356-5461	3073 White Mountain HWY, North Conway, NH. 03860			
Nearest Heli Pad: Memorial Hospital 8 miles from venue		3073 White Mountain HWY, North Conway, NH. 03860			
Communications					
Venue/Club Medical Staff who will remain in contact with Transport /Ambulance Service and Receiving Provider:	Name	Phone Number	Location at venue		
	Nathan Jones	(603) 733-8398	Ski Patrol Race HQ		

MEDICAL AND FIRST AID EQUIPMENT ON SITE			
Medical Headquarters Location:	Cross Country Stadium Area: Eagle Mountain Fields		
Equipment	Operator(s)	Location(s)	Response Time

Snowmobile	All Medical Staff	Eagle Mountain Stadium SKI PATROL hq	
Snowmobile with Rescue Sled	All Medical Staff	Eagle Mountain Stadium Ski Patrol HQ	
AED	All Medical Staff	Eagle Mountain Stadium Ski Patrol HQ	
Medical Resources: * (2) D cylinders of oxygen * (1) AED * (2) ATV's with snow tracks for patient transport * Rescue sled * KTD Traction/other standard splinting devices		All resources will be staged at the Eagle Mountain Stadium Ski Patrol HQ	
Basic First Responder Med Kit(s)	All Med. Staff		

MEDICAL EMERGENCY PROCEDURES

1. Upon report of injury determine:

- Number of skiers injured
- Exact location of the injured skier(s)
- Nature of the injury/illness
- Is the person conscious? Mobile?
- Age and gender of those injured

Notes:

2a. IF THE INJURY IS ANTICIPATED AS SERIOUS OR THE INJURED PERSON IS IN A LOT OF PAIN

- Contact chief of medical immediately and advise ambulance call.
- Call for rescue sled and medical staff.

2b. IF THE INJURY IS ANTICIPATED AS LESS SERIOUS

- Call for rescue sled and medical staff.
- Wait for first-aid staff evaluation before deciding whether or not to advise Chief of Medical to call for an ambulance.
- Notify the Chief of Medical that there is an injured skier/medical emergency on the trail.

3. Once on scene designate one person in charge.

This person will handle radio/phone communications and documentation, but NOT treatment.

4. Determine if race needs to be suspended for safety and contact race officials if needed.

5. Treat the patient(s) as your training allows. Use SOAP notes in first aid as a guide.

6. Note bib number of injured skier(s).

REMAIN IN CONTACT WITH KEY PERSONNEL AND REPORT/DOCUMENT PROGRESS REGULARLY

COMMUNICATIONS PLAN

Radios:	Frequency Info:	152.300 SIGN: KNBF329	CALL	Channel:	1
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Communication Plan: Radios will be provided to all medical staff and course marshals. Course Marshals will be placed at all points of poor visibility along the course. In the event of an emergency, marshals and/or patrol staff will radio the information needed to appropriately respond. In the event that the course needs to be closed in order to safely stabilize and transport injured skier, course marshals and patrollers will broadcast course over the radio and marshals to hold racers. The course will re-open upon evacuation of injured skier and completion of proper documentation. Responding patroller will notify over the radio that the course has been cleared and the race can resume.

Notes: SEE ADDITIONAL MAP INDICATING LOCAL EMS ACCESS POINTS

Point of contact for family of injured party:	Name	Mobile Phone	Location
	Nathan Jones	(603) 733-8398	Eagle Mountain Stadium
Chief of Competition:	Name	Mobile Phone	Location
	Breanne Torrey	(603) 730-7269	Eagle Mountain Stadium

MEDICAL PLAN REVIEW

Medical Plan Prepared by:	Reviewed by:	Reviewed by
Name: Breanne Torrey & Nathan Jones Date: 12/4/2016	Name: Date: 	TD: <input type="checkbox"/>

