

PRE-CHAMPIONSHIPS 2019-20 MANUAL

NCAA General Administrative Guidelines

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THE NATIONAL COLLEGIATE ATHLETIC ASSOCIATION

P.O. Box 6222 Indianapolis, Indiana 46206-6222 317-917-6222 ncaa.org October 2019

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Section 1 • Introduction

During the 2019-20 academic year, the Association will sponsor 90 national championships – 42 for men, 45 for women, and three for both men and women. Of the men's championships, three are National Collegiate Championships, 13 are Division I championships, 12 are Division II championships and 14 are Division III championships. Of the women's championships, six are National Collegiate Championships, 12 are Division I championships, 13 are Division III championships and 14 are Division III championships. The combined men's and women's championships are National Collegiate Championships.

The Pre-Championship Manual will serve as a resource for institutions to prepare for the championship. This manual is divided into three sections: General Administrative Guidelines, Sport-Specific Information, and Appendixes.

The first section applies to policies applicable to all 90 championships, while the other two sections are sport-specific.

Section 1.1 Definitions

Pre-championship Manual. Resource for institutions to prepare for the championship.

Administrative Meeting. Pre-championship meeting for coaches and/or administrators.

Appendixes. Any supplemental documents to be provided and distributed through the various resources.

Championship Manager. The NCAA staff member(s) responsible for the operational oversight of the championship.

Games Committee. The committee assigned to supervise the conduct of each championship session at a specific site. For finals sites, the games committee is typically the NCAA national committee.

NCAA National Committee. The sport committee with direct oversight responsibilities for the championship.

Non-predetermined Sites. Those sites that are selected to host at the time of the participant/team selections announcement.

Playing Rules. The rules under which the competition will be conducted.

Predetermined Sites. Those sites that are selected to host before the participant/team selections announcement.

Preliminary Rounds. The rounds of the championship before the final or championship round.

Regional Alignment. The geographic location of institutions or regional advisory committees.

Schedule of Events. Official event schedule – includes all required activities (e.g., practices, banquets, etc.).

Selection Criteria. Policies and procedures in place to guide the team selection process.

Site Selection Criteria. Policies and procedures in place to guide the site selection process.

Squad Size. Number of student-athletes per team allowed to dress in uniform and participate at the championship.

Tournament Physician. The physician designated by the host institution/conference to serve as the chief medical advisor for the championship.

Section 2 • Championship Core Statement

The championships and alliances staff strives to administer competition in a fair, safe, equitable and sportsmanlike manner so that the experience of the student-athlete is paramount.

This is attained by:

Ensuring student-athletes' optimal experience.

Executing championship events reflecting appropriate quality and values to/for stakeholders — student-athletes, coaches, administrators, member institutions, sport committees, fans, broadcast partners and corporate champions/partners.

Coordinating all aspects of the championship in an efficient, effective manner through common operating policies and practices, using internal and external resources.

Integrating championships with broadcast and corporate relationships in a manner that maintains the integrity of the championship.

Assuring effective management of the business aspects of the operation.

Enhancing the assets of the NCAA and their value by collaborating with internal and external expertise to achieve heightened exposure (e.g., community programs, fan events, banquets, anniversaries, etc.).

Section 3 • Concussion Management

[Reference: Concussion Management in Constitution 3.2.4.20 in the NCAA Division I Manual, Constitution 3.3.4.17 in the NCAA Division II Manual, and Constitution 3.2.4.17 in the NCAA Division III Manual.]

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Traveling institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance. Within the rules of the sport and policies established for the championship, medical staff should have access to the injured student-athlete without interference (e.g., coach).

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having more severe and/or long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details, please refer to the NCAA Sports Sport Science Institute website for additional guidance.

Section 4 • Conduct

Section 4.1 Certification of Eligibility/Availability

[Reference: Certification of Eligibility/Availability in Constitution 3.2.4 and Bylaws 12, 13, 14, 15, 16, 31.2.1.7.1, 31.2.1.7.1.2 and 31.2.2 in the NCAA Division I Manual, Constitution 3.3.4 in the NCAA Division II Manual and Bylaws 31.2.2 and 31.2.1.5 in the NCAA Division III Manual.]

Only student-athletes eligible under Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. Member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition.

Member institutions are reminded to notify the NCAA national office before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championship competition.

DISCOVERY OF INELIGIBILITY OF A STUDENT-ATHLETE AFTER SELECTION

If an institution fails to report an ineligible student-athlete and the omission is not discovered until after the institution is selected to participate in the championship, necessitating the institution's withdrawal from the championship, that withdrawal shall be considered as one of the years of ineligibility, provided another institution participates in the championship in place of

the disqualified institution. If the discovery of the ineligible student-athlete occurs so near the beginning of the championship that the governing sport committee does not have a reasonable period of time to replace the disqualified institution in the bracket, that fact shall be taken into consideration in determining the number of years the disqualified institution shall be ineligible to participate.

Section 4.2 Drug Testing

[Reference: Bylaws 18.4.1.4 and 31.2.2 in the NCAA Division I Manual and Bylaws 18.4.1.4 and 31.2.3 in the NCAA Divisions II and III Manuals.]

Student-athletes who compete in NCAA championships may be subjected to drug tests in accordance with Bylaws 18.4.1.4 and 31.2.2 (Division I); 31.2.3 (Divisions II and III), and may be determined to be ineligible as a result thereof. Only student-athletes who have consented in writing to such testing are initially eligible for these championships; and thereafter, student-athletes who are tested shall remain eligible only if they test negative.

Section 4.3 Honesty and Sportsmanship

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics and all participating student-athletes shall act with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they, as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

Section 4.4 Misconduct/Failure to Adhere to Policies

MISCONDUCT

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship, that discredits the event or intercollegiate athletics. Each games committee shall hold an administrative meeting with the representatives of participating institutions to review and explain the policies related to misconduct.

FAILURE TO ADHERE TO POLICIES AND PROCEDURES

A governing sport committee may assess a financial penalty against an institution for failure of any of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes, but is not limited to, failure to comply with the procedures and deadlines for submitting scores, score sheets, schedules, rosters and entry/marchin forms for qualification and other materials necessary for the efficient administration of the competition. Click here to see the full misconduct/failure to adhere to policies and procedures outline.

Section 4.5 Sports Wagering Policy

Sports wagering includes placing, accepting or soliciting a wager (on a staff member's or student-athlete's own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; internet sports wagering; mobile betting; auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues in which an entry fee is required and there is an opportunity to win a prize.

The current NCAA legislation against sports wagering prohibits NCAA student-athletes, member institutions' athletics staff and non-athletics staff with athletics responsibilities, and conference office staff from participating in sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics practice or competition in a sport in which the NCAA conducts championship competition, in bowl subdivision football and in emerging sports for women.

A wager is any agreement in which an individual or entity agrees to give up an item of value (e.g., cash, shirt, dinner, etc.) in exchange for the possibility of gaining another item of value.

STUDENT-ATHLETES

A student-athlete found in violation of the prohibition against knowingly participating in any sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activity that involves intercollegiate, amateur or professional athletics competition shall be ineligible for further intercollegiate competition, subject to appeal to the Committee on Student-Athlete Reinstatement for restoration of eligibility.

POSTSEASON

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

HOSTING OPPORTUNITIES

It is permissible for NCAA championships to be conducted at locations in states that permit sports wagering.

Section 4.6 Student-Athlete Experience Survey

After each championship, institutional administrators, coaches and student-athletes will be asked to participate in a postevent survey intended to capture feedback on their recent championship experience. Institutional administrators and coaches will receive an email containing a link to the survey and will be asked to ensure participation from all student-athletes.

Section 5 • Elite 90™ Award

The Elite 90 award was created to recognize the true essence of student-athletes by honoring individuals who have reached the pinnacle of competition at the national championship level in their sport, while also achieving the highest academic standard among their peers. The award is presented in every sport, every division, and goes to the student-athlete who has the highest cumulative grade-point average of all student-athletes on all teams competing at the finals site. Each institution that has at least one student-athlete qualify for the final round/site is eligible to nominate a student-athlete for the award. One student-athlete per championship will receive the award, and the announcement of the winner will be made at the finals site.

Institutions that wish to nominate a student-athlete must do so through an online nomination process. To receive more information or access the online form and submit a nomination, go to ncaa.org.

Section 6 • Fan Travel

NCAA Travel provides an easy and affordable way for family and fans to follow their favorite student-athlete(s) and team(s) as they participate in NCAA championships competition. Travel arrangements completed through NCAA Travel help support NCAA student-athletes. Please direct your fans to NCAA.com/travel to search and book online hotel, car and air travel, all in one easy transaction.

Section 7 • Logo Policy

[Reference: Bylaws 12.5.4, 31.1.7 and 31.1.8 in the NCAA Division I Manual, Bylaw 12.5.4 in the NCAA Division II Manual and Bylaw 12.5.3 in the NCAA Division III Manual.]

A student-athlete may use athletics equipment or wear athletics apparel that bears the trademark or logo of an athletics equipment or apparel manufacturer or distributor in athletics competition and pre- and postgame activities (e.g., celebrations

on the court, pre- or postgame press conferences), provided the following criteria are met:

- 1. Athletics equipment (e.g., shoes, helmets, baseball bats and gloves, batting or golf gloves, hockey and lacrosse sticks, goggles and skis) shall bear only the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public; and
- 2. The student-athlete's institution's official uniform (including numbered racing bibs and warmups) and all other items of apparel (e.g., socks, head bands, T-shirts, wrist bands, visors or hats, swim caps and towels) shall bear only a single manufacturer's or distributor's normal label or trademark (regardless of the visibility of the label or trademark), not to exceed 2-1/4 square inches in area (rectangle, square, parallelogram) including any additional material (e.g., patch) surrounding the normal trademark or logo. The student-athlete's institution's official uniform and all other items of apparel shall not bear a design element similar to the manufacturer's trademark/logo that is in addition to another trademark/logo that is contrary to the size restriction.

Section 8 • Research

It is essential that all research efforts be coordinated by a single entity within the national office structure in order to ensure maximum efficiency and quality, avoid unnecessary duplication of effort on the part of staff and membership, allow the NCAA to prioritize research efforts given the limited time and resources of our members and adhere to federal guidelines on the responsibilities of researchers to properly protect research participants from harm.

For the purpose of this policy, "research" is defined as any systematic collection of data for the purpose of drawing generalized conclusions.

Any proposal to conduct research must be submitted to the NCAA research staff for review at least six weeks before the project begins. Research to be conducted during NCAA championships or related events, and which involves competing student-athletes or attendees, is also subject to review. This includes all research, including that conducted by or under the direction of any employee, contractor or paid consultant of the NCAA. It also includes any research conducted by other persons, but funded totally or in part by the NCAA. Any research that detracts from the student-athlete experience or requires physical activity may not be permitted at the championships (preliminary rounds and finals sites). The NCAA retains sole discretion as to whether to allow such research.

Examples of activities considered research include: Conducting surveys of athletics administrators, college presidents, faculty, coaches and student-athletes; leading an organized focus group; funding an outside study under the auspices of the NCAA; conducting market research at championship events; secondary analysis of data originally collected by the NCAA from people for other purposes; any systematic collection of data from the membership or other entities; etc.

Section 9 • Religious Conflicts

[Reference: Bylaws 31.1.4.1 and 31.1.4.2 in the NCAA Division I Manual.]

Institutional Policy. If a participating institution has a written policy against competition on a particular day for religious reasons, it shall inform the NCAA national office on or before September 1 of each academic year in order for it or one of its student-athletes to be excused from competing on that day. The championship schedule shall be adjusted to accommodate that institution. (Adopted: 4/22/98, Revised: 8/11/98, 10/28/99, 5/2/13)

Individual Championships. In individual championships, an athlete must compete according to the institution's policy regarding Sunday competition (if the institution has no policy against Sunday competition, the student-athlete shall compete on Sunday if required by the schedule).

National Collegiate Skiing

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Section 1 • General Administration

Section 1.1 Staff Contact Information

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Section 1.2 National Committee

Current members of the committee are:

Brian Blank

University of New Hampshire

Division I

Peter Dodge

Dartmouth College

Division I

Kevin Francis, chair

Montana State University-Bozeman

Division I

Fredrik Landstedt

University of Utah Rules Interpreter

Kim Bownes

Plymouth State University

Division III

Sten Fjeldheim

Northern Michigan University

Division II

Jana Weinberger

University of Colorado, Boulder

Division I

Section 1.3 Important Dates

CHAMPIONSHIP DATES

| Sunday, March 1 | Deadline for completion of all regionals. |
|------------------------------------|---|
| Tuesday, March 3 | Selection and notification of Central, East and West participants. |
| Thursday, March 5 | Teams must send registration information, travel itinerary and lodging information to the host institution. |
| Tuesday & Wednesday, March 10 & 11 | Tuesday, March 10 (Alpine) and Wednesday, March 11 (Nordic) — Last day for injury notification (all regions). Injuries must be reported to the national office championships manager, John Baldwin, or an NCAA skiing committee member. |
| Wednesday-Saturday, March 11-14 | Championships at Crosscut Mountain Sports Center and Bridger Bowl; Bozeman, Montana; hosted by Montana State University-Bozeman. |

DATE FORMULA

[Reference: Bylaw 31.1.3 in the NCAA Manual.]

FUTURE DATES

| 2021 Championships | March 10-13 | Snow Bowl and Rikert Nordic Center; Hancock and Ripton, Vermont; hosted by Middlebury College. |
|--------------------|-------------|--|
| 2022 Championships | March 9-12 | Park City Mountain Resort and Soldier Hollow Resort; Park City and Midway, Utah; hosted by the University of Utah. |
| 2023 Championships | March 8-11 | TBD |

Section 1.4 Eligibility for National Collegiate Championships

[Reference: Bylaw 20.8 in the NCAA Manual.]

An active member institution in good standing, regardless of division, is eligible for the National Collegiate Championships if a division championship in the respective sport is not offered in its division. Such an institution normally is required to meet only the institutional individual eligibility requirements of its division that govern the sport in question.

Section 1.5 Rules

Per NCAA Bylaw 17.30, member institutions shall conduct all of their intercollegiate competition in accordance with the playing rules of the Association in all sports for which the NCAA develops playing rules. For those sports in which the Association follows rules that are developed by other governing bodies and modified by the governing sports committee, the adopted playing rules shall be used. The governing sports committee will not consider any results for selection purposes that are not played in accordance with the NCAA rules books, or those rules adopted by an outside organization.

The 2020 Official NCAA Men's and Women's Skiing Rules Modifications shall be followed.

Discontinuation of Events. See 2020 NCAA Men's and Women's Skiing Rules Modifications (Alpine - Rule 4.5; and Nordic - Rule 5.14).

Section 1.6 Uniforms

Student-athletes competing in the championships shall wear the official uniform of their institution in competition and related ceremonies. This applies to warmups and competitive uniforms.

For additional information on competitive uniforms, refer to the 2020 NCAA Skiing Rules Modifications (Rule 1.5).

RACING NUMBERS

Racing numbers shall be issued for each event to correspond with the individual's starting position.

Section 2 • Determination of **Championship Participation**

Section 2.1 Championships Format

SCHEDULE OF EVENTS

Following is a list of the dates and locations of the eight events for the 2020 skiing championships. The Alpine events will be held at Bridger Bowl and the Nordic events will be held at Crosscut Mountain Sports Center in Bozeman, Montana.

| Wednesday, March 11 | Men's Giant Slalom; Women's Giant Slalom |
|---------------------|--|
| Thursday, March 12 | Women's 5 km Individual Freestyle; Men's 10 km Individual Freestyle |
| Friday, March 13 | Women's Slalom; Men's Slalom |
| Saturday, March 14 | Men's 20 km Mass Start Classical; Women's 15 km Mass Start Classical |

Schedule may be adjusted by the games committee to maintain optimum conditions for all competitors. Mass start will always be on the second Nordic competition day.

START TIMES

Please refer to the participant manual.

TRAVEL PARTY

Please refer to the NCAA travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online at: http://www.ncaa.org/championships/travel/championships-travel-information.

Section 2.2 Selection Criteria and Information

QUALIFICATION PROCEDURES

Alpine and Nordic student-athletes shall qualify in the region in which their institution is located (Appendix A), with the exception of Alpine skiers in the Central region. Central region Alpine skiers may qualify in either the East or West regional qualifiers and must declare their qualification region with the national office each year.

Please refer to Appendix I for additional information regarding qualification to the championships.

Please refer to Appendix J for additional information regarding Central region Alpine qualification criteria.

REGIONAL QUALIFICATION SITES AND DATES

Central

Feb. 22-23

Al Quaal Nordic Center

Northern Michigan University, host; Ishpeming, Michigan

East

Feb. 28-29

Snow Bowl and Rikert Nordic Center

Middlebury College, host; Hancock and Ripton, Vermont

West

Feb. 28-March 1

Bridger Bowl and Crosscut Mountain Sports Center

Montana State University-Bozeman, host; Bozeman, Montana

REGIONAL ALLOCATIONS

[Note: If a region is unable to use its entire allocation, the unused slots may be used by the other region(s) as determined by the committee.]

The number of individual positions to be allocated to each region is determined annually by the national committee, using the total field method:

- Slots shall be allocated as follows:
 - a. Calculate the expected score for each region. The expected score is the average finishing place (based on the number of starters in each race) of the total field multiplied by the number of skiers from each region in each race for two consecutive years.
 - b. Calculate the actual score for each region. The actual score is the sum of points earned by each starting athlete in each race. Each athlete earns points based on finishing position in each race (i.e., in a race with 39 starters, the winner gets 39 points (39+1)-1; the 10th-place finisher gets 30 points (39+1)-10. Did not finish (DNF) and disqualified (DSQ) finishers are bunched together in the back and points for those places are equally divided among those athletes. For example, four athletes DNF and one athlete DSQ results in three points per athlete (1+2+3+4+5 = 15; 15/5 = three points per athlete).
 - c. Create a ratio by dividing the actual score by the expected score. This will indicate if a region is racing above or below the average (or expected) score for each race.
 - d. Calculate the weighted ratio based on field size to determine new earned allocations. Take the ratio created in (c) and multiply by the field size (i.e., Alpine field size 34/2 = 17 and Nordic field size 40/3 = 13.3).
 - e. Create the total allocations by region for the following year by using the average of the previous two years' allocations and adding or subtracting the weighted ratio created in (d).
 - Rounding is done following (e) to the nearest whole number. The region that is closer to a whole number will gain or lose that allocation.
 - g. The total allocations gained or lost by each region reflect each region's ability to race above or below the average (expected) score regardless of the number of allocations that each region has.
 - h. The maximum number of slots a region can have in a given year is three times the number of schools sponsoring the sport, minus one.
 - If a discipline has more than two regions, the maximum number of allocations for a single region must be not more than 50% of the total number of allocations for the given discipline.
 - The minimum number of slots a region can have in a given year is six.

The following allocations are for the 2020 championships:

| CENTRAL | |
|----------------|----|
| Men's Nordic | 8 |
| Women's Nordic | 7 |
| EAST | |
| Men's Alpine | 17 |
| Women's Alpine | 17 |
| Men's Nordic | 15 |
| Women's Nordic | 16 |

| WEST | |
|----------------|----|
| Men's Alpine | 17 |
| Women's Alpine | 17 |
| Men's Nordic | 17 |
| Women's Nordic | 17 |

NOTE: If a region is unable to use its entire allocation, the unused slots may be used by the other region(s) as determined by the committee.

SELECTION PROCEDURES

The skiing committee will select participants from the three designated geographical regions (Central, East, West). A map showing the geographical regions for qualifying is shown in Appendix A. Participants in the 2020 championships will be selected March 3 from all regions by the national committee.

ENTRY PROCEDURES

The NCAA will publish championships information for all member institutions that sponsor intercollegiate skiing before the selection of the participants.

ALTERNATES

If a selected individual suffers injury, illness or force majeure between Tuesday, March 3, and either Tuesday, March 10 (Nordic), or Wednesday, March 11 (Alpine), the institution must submit written notification and verification by a physician or host institution athletic trainer to the NCAA national office, regional advisory committee chair and to John Baldwin at the headquarters hotel. Notifications must be received by 4 p.m. local time the day before the first scheduled competition in that discipline (Alpine or Nordic).

If a team making a substitution per the guidelines has consecutive alternates, the team may substitute with any of those alternates.

Failure to report injury, illness or force majeure of selected student-athletes in a timely fashion is considered unethical and unsportsmanlike, and could result in misconduct sanctions per NCAA Bylaw 31.1.10 in the NCAA Manual.

Entries will be official Tuesday, March 3, for the Central, East and West regions.

MAXIMUM ENTRY

The maximum team size shall be 12 persons, three per gender per discipline, composed of a maximum of six men and a maximum of six women. The maximum entry in an individual event for any team is three individuals. Only men can compete in the men's events and only women can compete in the women's events.

SEEDING AND DRAW

The competitive field for each event is divided into four seed groups according to regional rankings. The number of competitors from one region within each of the groups must be as nearly equal as possible. The first seed in Alpine events will have an equal number of participants from the East and West regions.

The seed group with the highest-ranked regional student-athletes will be drawn randomly, using a double-blind draw. Subsequent student-athletes will compete in the order of regional ranking, alternating by region.

The lone exception to this procedure will be for the mass start events, wherein bibs 1, 2 and 3 will be awarded based on a three-year rotation. The rest of the positions within this seed will be awarded using the procedure described in the appendixes.

If allocations between regions are not equal after the top-seeded group is selected, the first position on the seed board of subsequent groups will go to the region with the largest allocation within that group. The second position will go to the region with the second-largest allocation within that group.

For Alpine, if allocations between East and West are equal after the first seed is selected, the first position on the seed board of subsequent groups goes to the East in odd-numbered years and to the West in even-numbered years.

For Nordic, if allocations between Central, East or West are equal after the first seed is selected, the first position on the seed board will be filled following a three-year rotation: 2020 - West, Central, East; 2021 - Central, East, West; 2022 - East, West, Central. The same rotation will be used to select the second position in each seed group if allocations are equal.

The starting grids for the Alpine and Nordic events are shown in Appendixes B, C, D and E.

Substitutions are seeded within the draw according to positions earned by the replacement within the competitor's respective region.

For Alpine events, the entire field will be flipped for the second run.

ADJUSTED PLACE STANDINGS

[Reference: Bylaw 31.2.2.4-(a) in the NCAA Manual.] If a student-athlete is found to be ineligible, that individual's performance shall be stricken from the championships record, the points the student-athlete has contributed to the team's total shall be deleted, the team standings shall be adjusted accordingly and any awards involved shall be returned to the Association. At the championships, the placement of other competitors shall be altered and awards presented accordingly.

TRAVEL INFORMATION

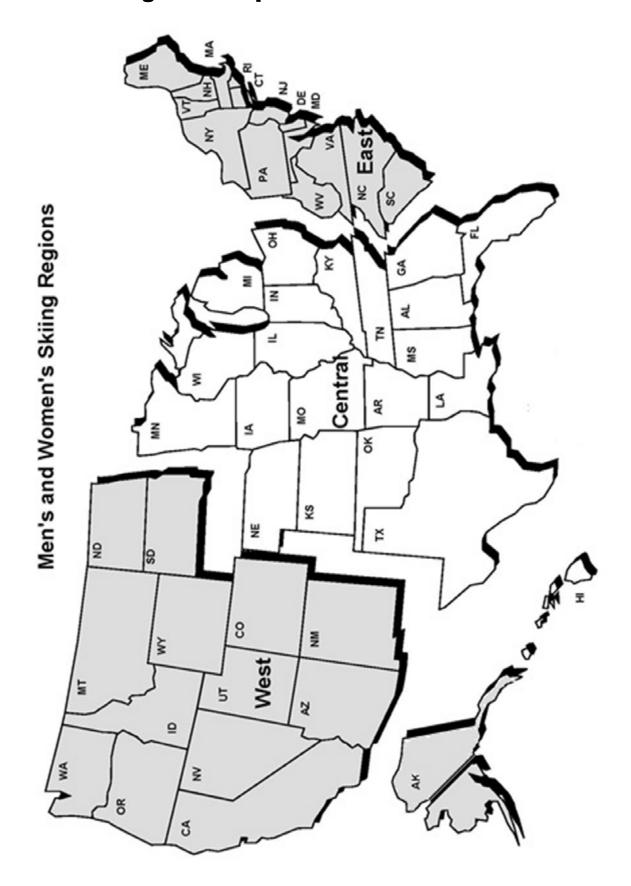
Please refer to the NCAA Travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online at http://www.ncaa.org/championships/travel/championships-travel-information.

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Appendix A • Regional Map



Appendix B • Men's Alpine Seeding

Appendix B Men's Alpine Seeding

| | XX7 17 |
|---------|--------------------|
| 1 11 11 | AA / '/ \ |
| D = / | VV - I / I |
| (11 1/9 | ** 1,, |

| (E-17, W-17) | | | | |
|--------------|------|---------------------------|--|--|
| Seed | Bib# | Region | | |
| 1st | 1-10 | E-5, W-5 (drawn randomly) | | |
| | 11 | W | | |
| | 12 | E | | |
| | 13 | W | | |
| | 14 | E | | |
| 2nd | 15 | W | | |
| | 16 | E | | |
| | 17 | W | | |
| | 18 | <u>E</u> | | |
| | 19 | W | | |
| | 20 | E | | |
| | 21 | \mathbf{W} | | |
| | 22 | E | | |
| | 23 | \mathbf{W} | | |
| 3rd | 24 | E | | |
| | 25 | \mathbf{W} | | |
| - | 26 | <u>E</u> | | |
| | 27 | \mathbf{W} | | |
| | 28 | E | | |
| | 29 | \mathbf{W} | | |
| | 30 | E | | |
| 4th | 31 | \mathbf{W} | | |
| | 32 | E | | |
| | 33 | \mathbf{W} | | |
| | 34 | E | | |
| | | | | |

Appendix C • Women's Alpine Seeding

Appendix C Women's Alpine Seeding (E-17, W-17)

| (E-1/, VV -1/) | | | | |
|-----------------------|---|--|--|--|
| Bib# | Region | | | |
| 1-10 | E-5, W-5 (drawn randomly | | | |
| 11 | W | | | |
| 12 | E | | | |
| 13 | W | | | |
| 14 | E | | | |
| 15 | W | | | |
| 16 | E | | | |
| 17 | W | | | |
| 18 | <u>E</u> | | | |
| 19 | W | | | |
| 20 | E | | | |
| 21 | W | | | |
| 22 | E | | | |
| 23 | W | | | |
| 24 | E | | | |
| 25 | W | | | |
| 26 | E | | | |
| 27 | W | | | |
| 28 | E | | | |
| 29 | W | | | |
| 30 | E | | | |
| 31 | W | | | |
| 32 | E | | | |
| 33 | W | | | |
| 34 | E | | | |
| | Bib # 1-10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 | | | |

Appendix D • Classical Seeding (Interval Start)

Appendix D

Men's and Women's Freestyle Seeding (Interval start)

| MEN'S 10K, FREESTYLE (W - 17, C - 8, E - 15) | | WOMEN'S 5K FREESTYLE (W - 17, C-7, E – 16) | | | | |
|---|------------------|---|------------------|------|-------------------|--|
| SEED | SEED BIB# REGION | | SEED BIB# REGION | | | |
| | | | 1ST | | | |
| 1ST | 1 | W | | 1 | E | |
| | 2 | E | | 2 | W | |
| | 3 | W | | 3 | E | |
| | 4 | C | | 3 | W | |
| | 5 | E | | 5 | E | |
| | 6 | W | | 6 | W | |
| | 7 | C | | 7 | C | |
| | 8 | E | | 8 | E | |
| | 9 | W | | 9 | W | |
| 2ND | 10 | E | 2ND | 10 | E | |
| | 11 | W | | 11 | W | |
| | 12 | E | | 12 | E | |
| | 13 | W | | 13 | W | |
| | 14 | C | | 14 | C | |
| | 15 | E | | 15 | E | |
| | 16 | W | | 16 | W | |
| | 17 | C | | 17 | C | |
| | 18 | E | | 18 | E | |
| | 19 | W | | 19 | W | |
| 3RD | 20 | E | 3 RD | 20 | E | |
| | 21 | W | | 21 | W | |
| | 22 | E | | 22 | E | |
| | 23 | W | | 23 | W | |
| | 24 | C | | 24 | C | |
| | 25 | E | | 25 | E | |
| | 26 | W | | 26 | W | |
| | 27 | C | | 27 | C | |
| | 28 | E | | 28 | E | |
| | 29 | _ <u>W</u> | | 29 | <u>W</u> | |
| 4TH | | C - 2, E - 4 (11) | 4TH | | -5, C-2, E-4 (11) | |
| (TOP | SEED | DRAWN RANDOMLY) | (TOP | SEED | DRAWN RANDOMLY | |

Appendix E • Freestyle Seeding (Mass Start)

Appendix E

Men's and Women's Classical Seeding

MEN'S 20K CLASSICAL (Mass Start)

(E - 15, W - 17, C - 8)

| BIB # REG | | | |
|----------------------|------------------|----------------------|----------------------|
| 1 ST SEED | $2^{ m ND}$ SEED | 3 RD SEED | 4 TH SEED |
| 1 W | 12 W | 22 W | 32 W |
| 2 C | 13 E | 23 E | 33 E |
| 3 E | 14 C | 24 C | 34 C |
| 4 W | 15 W | 25 W | 35 W |
| 5 E | 16 E | 26 E | 36 E |
| 6 C | 17 C | 27 C | 37 C |
| 7 W | 18 W | 28 W | 38 W |
| 8 E | 19 E | 29 E | 39 E |
| 9 W | 20 W | 30 W | 40 W |
| 10 E | 21 E | 31 E | |
| 11 W | | | |

WOMEN'S 15K CLASSICAL (Mass Start)

(E - 16, W - 17, C - 7)

| BIB # REGION | | | | | | |
|----------------------|------------|------|------------|-----|------------|-----|
| 1 ST SEED | 2^{ND} S | SEED | 3^{RD} S | EED | 4^{TH} S | EED |
| 1 W | 12 | W | 22 | W | 32 | W |
| 2 C | 13 | E | 23 | E | 33 | E |
| 3 E | 14 | C | 24 | C | 34 | C |
| 4 W | 15 | W | 25 | W | 35 | W |
| 5 E | 16 | E | 26 | E | 36 | E |
| 6 C | 17 | C | 27 | C | 37 | W |
| 7 W | 18 | W | 28 | W | 38 | E |
| 8 E | 19 | E | 29 | E | 39 | W |
| 9 W | 20 | W | 30 | W | 40 | E |
| 10 E | 21 | E | 31 | E | | |
| 11 W | | | | | | |
| | | | | | | |

Appendix F • Mass Start Configurations

Mass Start Configuration Chevron Start 10 Tracks (same line up used for straight line start)

| | | | | 1 | | | | | | |
|----|----|----|----|----|----|----|----|----|----|---|
| | | | 3 | | 2 | | | | | |
| | | 2 | | | | 4 | | | | |
| 6 | 7 | | | | | | 9 | 8 | | |
| | | | | | | | | | 10 | |
| | | | 8 | 11 | į | | | | | |
| | | 15 | 13 | | 12 | 14 | | | | |
| | 17 | | | | | | 16 | | | |
| 19 | | | | | | | | 18 | (| |
| | | | | 21 | | | | | 20 | |
| | | | 23 | | 22 | | | | | |
| | | 25 | | | | 24 | 9 | | | |
| 29 | 27 | | | | | | 26 | 28 | | ш |
| | | | | | | | | | 30 | |
| | | | | 31 | | | | | | |
| | | 35 | 33 | | 32 | 34 | | | | |
| | 37 | 3 | | | | 3 | 36 | | | |
| 39 | | | | | | | | 38 | | |
| | | | | | | | | | 40 | |

1 Meter Distance between each line. 1.5-1.7 meter distance between each set of tracks.

Mass Start Configuration Chevron Start 11 Tracks (same line up used for straight line start)

| - U- | |) | - | | | | | i | | | I |
|------|----|-------|-------|----|----|----|----|----------|----|----|---|
| | 6 | 7 | 2 | 3 | | 2 | 4 | 9 | 8 | | |
| 11 | 19 | 17 | 15 | 13 | 12 | 14 | 16 | 18 | 20 | 10 | |
| 21 | 31 | 29 | 27 | 25 | 23 | 24 | 26 | 28 | 30 | 22 | |
| 33 | | 36 | 37 | 35 | 34 | 36 | 38 | 40 | | 32 | |
| | | | | | | | | | | | |

Appendix G • Jury Selection

Jury Selection

| Event | Coaches | Alternate |
|----------------------|----------------|-----------|
| | Representative | |
| Men's Giant Slalom | East | West |
| Women's Giant Slalom | West | East |
| Women's Slalom | East | West |
| Men's Slalom | West | East |
| Men's Freestyle | East | West |
| Women's Freestyle | Central | East |
| Women's Classical | West | Central |
| Men's Classical | East | West |

Appendix H • Course Setters

| Event | First Run | Second Run | First Run | Second Run |
|--------------------|-------------|-------------|------------|------------|
| | (even year) | (even year) | (odd year) | (odd year) |
| Women's Giant | East | West | West | East |
| Slalom | | | | |
| Men's Giant Slalom | West | East | East | West |
| Women's Slalom | West | East | East | West |
| Men's Slalom | East | West | West | East |

Appendix I • Regional Qualifying Criteria

REGIONAL QUALIFYING CRITERIA

Central Regional Qualifying Criteria:

The central region uses five (5) classic events and five (5) free-technique events to determine which student-athletes will qualify for the NCAA championships. Central FIS style scoring is used to award points. The points from a skier's best two classic events are added with his/her points from his/her best two free-technique events. In the event of a tie between skiers, the tie will be broken by best overall time combining the NCAA Central Regional Championships free-technique and classic events. The athlete with the fastest combined time in accordance with NCAA rules regarding automatic and earned slots represent the central region at the NCAA championships.

A skier who qualifies to the US World U23 or World Junior Championship Team shall automatically qualify for the NCAA Championships if said skier places in an NCAA Central Region "qualifying spot" in the US National Championship/U23/WJC trials races which are also NCAA Central Region Qualifying races. A Junior who qualified for the US WJC team also would have to place in a "qualifying spot" at the classic race at the NCAA Central Regional Championships to auto qualify. In order for an auto-qualified student-athlete to have the auto qualification take effect, the student-athlete must also attend the World Championship event as part of the USST delegation.

If a skier has a final points list total (best two races) of 10% better than the average of the second (2nd), Third (3rd), and fourth (4th) ranked skiers in one technique, he/she shall be selected as a specialist over the final qualifier.

East Regional Qualifying Criteria:

NCAA Qualification Event Rank Lists

In NCAA qualification races all EISA and NCAA qualification eligible competitors will be scored using the World Cup points table. In the case of a tie, each racer will be awarded the full points for his/her place of finish.

The NCAA Qualification Event Rank Lists will be created by scoring the best two results in NCAA qualification races in each discipline. The current NCAA Qualification Event Rank Lists will be posted on: www.eisaskiing.org

NCAA Qualifying Criteria (Alpine)

- a. Competitors will be ranked in each event using the NCAA Qualification Event Rank.
- b. Using the NTSM selection procedure the two NCAA Qualification Event Rank Lists for each discipline (slalom and giant slalom are combined to create one list.
- c. Non-EISA athletes will double their single event score from the Regional Qualifying Meet.
- d. Ties between non-EISA and EISA skiers in the Event Lists go to the non-EISA skier.
- e. Ties between EISA skiers in the individual event lists are broken by: (1) Single best result, (2) Next best results in that event, (3) Highest rank in the other event, (4) Best results in the other event.
- f. Ties in the NTSM discipline lists are broken by: (1) Single best result for either event followed by second best result for either event, etc.

NCAA Qualifying Criteria (Nordic)

NCAA Nordic selections will be made by scoring the total of the best two results from classical races and the best two results from freestyle races using the NCAA Qualification Ranking lists. If there is a tie in points after combining the possible four results then the best race will be used to break the tie; this will continue until the tie is broken. Non-EISA athletes will double their single event score from the Regional Qualifying Meet. Ties between non-Eastern Intercollegiate Ski Association (EISA) and EISA skiers in the events lists will go to the non-EISA skier.

- 1) An automatic slot will be awarded to any skier named to the US World Junior or US U23 Cross-Country Ski Team that achieves a top 15 finish at the official World Junior or U23 events. The top 15 finish must come in an individual distance race event with minimum distances being 5 kilometers for women and 10 kilometers for men.
- 2) Automatic qualifiers who do not have EISA finishes to rank them in a respective discipline will be ranked last in that discipline of those selected to the NCAA championships.

West Regional Qualifying Criteria:

- A. Regular gualifying for RMISA members
- 1. Athletes listed on RMISA members' official NCAA certified rosters shall obtain NCAA gualifying points.2 Points for qualifying and seeding.
 - a. In case of ties for place, both skiers earn the points for that place.
 - b. The official NCAA Qualification List will be determined by using the NCAA Championship Scoring (see Rule 5.2 for
 - In case of ties for place, both skiers earn the points for that place.

Alpine

- a. Four race starts, two per discipline (slalom and giant slalom) are required for NCAA selection. Individual points for a skier's two best RMISA results in each discipline (slalom and GS) will be used for NCAA Championship qualifying. In case of a tie, the third, fourth, fifth, and sixth best point result (in that specific technique) if necessary. will be used for selection and seeding. A "DNS (Did Not Start), DNF (Did Not Finish), or DQ (Disqualification) shall be scored as a zero "0" point result. If still a tie, single best point result (in that specific technique) will count. If still a tie after using the best point result tie breaking method, a coin flip will be used to break the tie.
- Force Majeure / non-fullfillment of requirements:
 - Athletes which have not met the minimum required starts due to a "force majeure" or non-fulfillment of requirements shall be allowed to present a petition from their institution. All petitions shall be submitted to the RMISA President immediately following the conclusion of the NCAA West Regional/RMISA Championship event. All petitions will be voted on by membership. The institution submitting the petition shall not be allowed to vote.
- The NCAA guota will be filled using ITS selection, starting with the SL list and alternating with the GS list.

Cross country

- Four race starts, two per technique (classical and freestyle) are required for NCAA selection. Individual points for a skier's two best RMISA results in each technique (classical and freestyle) will be used for NCAA qualifying. These points will be added together to create one combined ranking list. In case of a tie, the third, fourth, and fifth best point result (in that specific technique) if necessary, will be used for selection and seeding. A "DNS (Did Not Start). DNF (Did Not Finish), or DQ (Disqualification) shall be scored as a zero "0" point result. If still a tie, single best point result (in that specific technique) will count. If still a tie after using the best point result tie breaking method, a coin flip will be used to break the tie.
- Force Majeure / non-fullfillment of requirements:
 - Athletes which have not met the minimum required starts due to a "force majeure" or non- fulfillment of requirements shall be allowed to present a petition from their institution. All petitions shall be submitted to the RMISA President immediately following the conclusion of the NCAA West Regional/RMISA Championship event. All petitions will be voted on by membership. The institution submitting the petition shall not be allowed to vote.
- The NCAA quota will be filled by selection from the combined ranking list.
- B. NCAA Qualification for NCAA Eligible Non-RMISA athletes.
 - a. Non-RMISA NCAA teams may declare their intention to participate in the RMISA Regional Championships. Notice shall be given in writing to the RMISA President 30 days in advance, including a certified NCAA eligibility form for the athlete's participation in NCAA Championships.
 - Up to one third of the Western NCAA quota may be filled by associate members and Non RMISA NCAA teams participating at Regionals.
 - Skiers will receive qualifying points and will be ranked on the RMISA qualifying list according to the following
 - Alpine: individual points will be doubled for each race, SL and GS.
 - Nordic: individual points will be doubled for each race, classical and skating techniques.
- C. Seeding Non-RMISA NCAA teams at RMISA Regional Championships.
 - Alpine: All Non RMISA NCAA team skiers, regardless of the team affiliation, will be ranked by national points from the most recent list available. They will be seeded in order from that ranking and evenly distributed among all 7 seeds, observing the following limitations:
 - a. A maximum of 5 skiers per school per event,
 - A maximum of 1 skier per school per seed,
 - c. A maximum of 3 skiers per seed, except the last seed.
 - 2. Cross Country: Non RMISA NCAA skiers will be seeded, at the discretion of the team captains, under the same rules governing RMISA members:
- A maximum of 6 skiers per school per event,
- A maximum of 1 skier per school per seed.

Appendix J • Central Region Alpine Qualification Criteria

Central Region Alpine Policies.

- a. Beginning in 1999-2000, the Central region shall be permitted to gualify Alpine studentathletes in either the East or West regional qualifiers. By Nov. 15, the institution must declare with the national office the region to which they will send student-athletes attempting to qualify. (April 1999)
- At any time the Central region meets the requirements below, it will receive a minimum of two Alpine slots for the following championships, allotted to the gender, which satisfies the requirements. The region must supply the appropriate scheduling information and race results to the committee for review at its next annual meeting so that the adjustments in allocations to all regions will be effective for the next national championships. (April 1999)

The requirements that must be satisfied for the Central region to petition for Alpine slots must be met by each gender individually. (Note: Four NCAA-declared women's Alpine teams would be required to meet these requirements to receive two women's Alpine slots. If there are two men's and two women's NCAA-declared Alpine teams, the region would not meet the requirements set by the committee to receive any Alpine slots). The region must meet the following requirements:

- 1. Establish a regional association in the sport of skiing (e.g.: RMISA or EISA).
- 2. Have a minimum of four NCAA-declared (certified by the athletics director) Alpine teams in the respective gender. (Note: Four NCAA-declared women's Alpine teams would be required to meet these requirements in order to receive two women's Alpine slots. If there are two men's and two women's NCAA-declared Alpine teams, the region would not meet the requirements set by the committee to receive any Alpine slots).
- 3. Each of the four teams of the gender, in which the Alpine slots are being petitioned, must have participated in a minimum of five competitions that included both slalom and giant slalom events.
- 4. Produce results that substantiate that in each of the five competitions, a minimum of three Alpine competitors from the institution raced in the respective genders.
- c. The president of the regional association shall first review the results submitted by the institutions in its region to determine whether the region has met the criteria to receive guaranteed Alpine slots. If the president determines that the institutions have met all the criteria established by the NCAA committee, he/she shall submit all the required information to the national office by March 20 of each year for final review. Once the information is certified by an Alpine member of the national committee as having met the criteria, the national committee will review the information and make their recommendation at their next annual meeting. (June 2000)

Appendix K • Alpine/Nordic Concluding Event Rotation

Appendix K

Event Rotations

The following recommended order of events shall be followed by host institutions unless otherwise approved by the Men's and Women's Skiing Committee in the best interest of the championships experience for a given year.

| Year | Alpine | Nordic |
|------|--------|--------|
| 2019 | Slalom | |
| 2020 | Slalom | |
| 2021 | | Nordic |
| 2022 | | Nordic |
| 2023 | Slalom | |

Nordic Event Rotation

| Year | Women's Events | Men's Events |
|------|-----------------------------|------------------------------|
| 2019 | 5k freestyle; 15k classical | 10k freestyle; 20k classical |
| 2020 | 5k freestyle; 15k classical | 10k freestyle; 20k classical |
| 2021 | 5k classical; 15k freestyle | 10k classical 20k freestyle |
| 2022 | 5k classical; 15k freestyle | 10k classical; 20k freestyle |
| 2023 | 5k freestyle; 15k classical | 10k freestyle; 20k classical |

Gender Rotation

| Year | Alpine | | Nordic | |
|------|-----------|--------------|-----------|-----------|
| | Slalom | Giant Slalom | Freestyle | Classical |
| 2019 | Men/Women | Women/Men | Men/Women | Women/Men |
| 2020 | Women/Men | Men/Women | Women/Men | Men/Women |
| 2021 | Women/Men | Men/Women | Women/Men | Men/Women |
| 2022 | Men/Women | Women/Men | Men/Women | Women/Men |
| 2023 | Men/Women | Women/Men | Men/Women | Women/Men |