

PARTICIPANT 2018-19 MANUAL

Finals



To The 2019 National Collegiate Men's and Women's Skiing Championships Participants,

On behalf of the University of Vermont Athletics Department, I'd like to welcome you to the 2019 National Collegiate Skiing Championships and congratulate on your qualification. UVM and the State of Vermont have rich skiing traditions and we're very proud to once again be hosting this great championship in the Green Mountain State.

Hosting a national championship takes a great deal of effort on the part of many people. I'd like to say a very special thank you to all of our staff, race officials and the countless volunteers that have worked tirelessly to make this event happen. During your week here, I encourage you to express your appreciation to those people who are working so hard to provide you with the best experience possible.

Again, welcome to the Stowe-Burlington area and best of luck throughout the 2019 National Collegiate Men's and Women's Skiing Championships!

Sincerely,

Jeff Schulman
Director of Athletics



Welcome 2019 NCAA Championship Participants,

On behalf of Stowe Mountain Resort, the University of Vermont, the Mount Mansfield Ski Club and the entire Stowe community, we would like to welcome you to the National Collegiate Ski Championships.

We are excited to once again host this special event, as Stowe has many times throughout its 80-plus years of storied history. As one of America's original ski resorts, Stowe is rich in both ski racing history and people who have aspired to collegiate and Olympic skiing success.

The 2019 NCAA Ski Championships are ideal for our mountain racing facilities and technically capable staff. We hope you and your team will agree. In planning your visit to Stowe, please contact us with any questions at 802-253-3000 or go to www.stowe.com.

Everyone here at Stowe Mountain Resort is eager to welcome you, your team, friends and family to the resort this March.

Best of luck and we'll see you on the mountain,

Bobby Murphy
VP and General Manager, Stowe Mountain Resort



Welcome 2019 NCAA Championship Participants,

It gives my family and me great pleasure to welcome the elite athletes who will be competing in the National Collegiate Skiing Championships at the Trapp Family Lodge.

We hope that everyone has their best possible performance.

We hope that you will return over the years to relive your Vermont experience.

All the best,

Johannes von Trapp President

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Section 1 - Introduction

On behalf of the National Collegiate Men's and Women's Skiing Committee, thank you for being an important part of the 2019 NCAA National Collegiate Men's and Women's Skiing Championships.

Administration of Skiing Championships is under the direction of the NCAA National Collegiate Men's and Women's Skiing Committee. The hosts play an integral part in the successful administration of the championships.

The purpose of this manual is to outline the responsibilities of the tournament director and other host institution personnel for the NCAA National Collegiate Men's and Women's Skiing Championships. It is designed to use in conjunction with, not in place of, the NCAA National Collegiate Men's and Women's Skiing Pre-Championships Manual, which provides more general policies for the administration of the championships.

Section 2 - NCAA Mission Statement

The Core Purpose of the NCAA is to govern competition in a fair, safe, equitable and sportsmanlike manner, and to integrate intercollegiate athletics into higher education so that the educational experience of the student-athlete is paramount.

Section 3 - NCAA Staff/Committee

NCAA Staff

John Baldwin

Director, Championships and Alliances

Phone: 317-917-6442 Cell: 317-292-0464

Email: jbaldwin@ncaa.org

Nancy O'Hara

Coordinator, Championships and Alliances

Phone: 317-917-6162 Cell: 317-446-1347 Email: nohara@ncaa.org

NCAA Men's and Women's Skiing Committee

Brian Blank

University of New Hampshire

Cell: 603-969-4424

Email: brian.blank@unh.edu

Peter Dodge

Dartmouth College Cell: 603-359-1680

Email: peter.d.dodge@dartmouth.edu

Kevin Francis, chair

Montana State University-Bozeman

Cell: 541-350-3197

Email: kevin.francis1@msubobcats.com

David Stewart

University of Denver Cell: 541-556-3877

Email: david.stewart@du.edu

Jamie DiLoreto Boston College Cell: 617-438-6557 Email: diloreto@bc.edu

Sten Fjeldheim

Northern Michigan University

Cell: 906-458-0459 Email: sfjeldhe@nmu.edu

Fredrik Landstedt, Secretary-Rules Editor

University of Utah Cell: 505-250-6509

Email: f.landstedt@utah.edu

Section 4 - Host Personnel

Tournament Director:

Ed Hockenbury

Office: 802-656-3076 Cell: 802-316-6909

Email: ehockenb@uvm.edu

Assistant Tournament Director:

Krista Balogh

Office: 802-656-1744 Cell: 802-373-5300

Email: krista.balogh@uvm.edu

Athletic Trainer:
Kristen O'Connell

Cell: 802-771-9181

Email: Kristen.oconnell@uvm.edu

Media Coordinator:

Nich Hall

Office: 802-656-1110 Cell: 802-881-7244

Email: Nicholas.r.hall@uvm.edu

Registration Coordinator:

Amy Stannard

Office: 802-656-0399 Cell:802-881-4813

Email: amy.stannard@uvm.edu

Nordic Event Coordinator:

Carol Van Dyke Cell: 802-777-0289

Email: cavandyke46@gmail.com

Alpine Event Manager:

Igor Vanovac

Office: 802-253-7433 Cell: 802-279-3408

Email: <u>igorvanovac@teammmsc.org</u>
Alpine general email: <u>race@teammmsc.org</u>

Alpine Event Coordinator:

Eric Smith

Office: 802-253-7704 Cell: 802-585-2017

Email: ericsmith@teammmsc.org

Alpine Race Administrator:

Patti Nichols

Cell: 802-343-1395

Email: pattinichols@teammmsc.org or

race@teammmsc.org

Nordic Event Manager:

Bill Henchey

Cell: 802-793-8657

Email: hencheybill@yahool.com

Nordic Timing Coordinator:

John Ogden

Cell: 802-366-0317

Email: johnstewartogden@gmail.com

Nordic Timing Coordinator:

Ed Despard

Cell: 802-824-3789

Email: edwarddes@gmail.com

Championship Websites

For more information about the National Collegiate Men's and Women's Skiing Championships, please visit this link: http://www.ncaa.com/sports/skiing.

For site-specific information about the alpine championships at Mt. Mansfield Ski Club, please visit this link: https://mmsc-mmwa.org/events/ncaa-championships/

| Section : | 5 - Cł | necklist |
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PARTICIPATING INSTITUTION CHECKLIST

This checklist is arranged in chronological order to be of assistance to those individuals who have specific institutional responsibilities for championships competition.

| partici | .m. ET, Tuesday, Feb. 26. Selection and notification of Central, East and West Regio pants. |
|---------|--|
| | .m. ET, Thursday, Feb. 28. Email all following information to Sarah Truax: .truax@uvm.edu) |
| • | Team Registration and Travel Form |
| • | Team Media Guide |
| • | jpeg file of official school logo |
| • | Banquet and Barbeque Forms |
| • | Student-Athlete Questionnaires |
| Ву 5 р. | m. ET, Thursday, Feb. 28. Deadline for submission of Elite 90 Award Nominees. |
| Ву 4 р. | m. ET, Tuesday, March 5. Deadline for injury notification for Nordic participants. |

Section 6 - Schedule of Events

Sunday, March 3

5 p.m. – 7 p.m. Registration. (*Stoweflake*)

7 p.m. NCAA Skiing Committee Meeting. (Stoweflake)

Monday, March 4

7:30 a.m. – 3 p.m. Nordic Official Training. (*Trapp Family Lodge*)

3 p.m. – 5 p.m. Registration. (Stoweflake)

4 p.m. NCAA Skiing Committee/Officials Meeting. (Stoweflake)

5 p.m. NCAA Issues Meeting. (Stoweflake)

Tuesday, March 5

7:30 a.m. – 3 p.m. Nordic Official Training. (*Trapp Family Lodge*)

9 a.m. – noon Eastern Region Official GS Training. (Stowe Mountain Resort)
Noon – 3 p.m. Western Region Official GS Training. (Stowe Mountain Resort)

3:30 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*)
4:15 p.m. Mandatory Coaches Meeting. (*Stoweflake*)
6 p.m. NCAA Championship Banquet. (*Stoweflake*)

Wednesday, March 6

9 a.m. – noon Western Region Official GS Training. (Stowe Mountain Resort)
Noon – 3 p.m. Eastern Region Official GS Training. (Stowe Mountain Resort)
10 a.m. Men's 10k Freestyle; Individual start. (Trapp Family Lodge)
Noon Women's 5k Freestyle; Individual start. (Trapp Family Lodge)

(Awards ceremony immediately following)

4:30 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*) 5 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*)

Thursday, March 7

7:30 a.m. – 3 p.m. Nordic Official Training. (*Trapp Family Lodge*)

9 a.m. Women's Giant Slalom: First run. (Stowe Mountain Resort)
10:15 a.m. Men's Giant Slalom: First run. (Stowe Mountain Resort)
12:45 p.m. Women's Giant Slalom: Second run. (Stowe Mountain Resort)
2 p.m. Men's Giant Slalom: Second run. (Stowe Mountain Resort)

(Awards ceremony immediately following)

4:30 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*) 5 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*)

Friday, March 8

9 a.m. – noon Western Region Official Slalom Training. (Stowe Mountain Resort)
Noon – 3 p.m. Eastern Region Official Slalom Training. (Stowe Mountain Resort)

10 a.m. Women's 15k Classical: Mass start. (*Trapp Family Lodge*)
Noon Men's 20k Classical: Mass start. (*Trapp Family Lodge*)

(Awards ceremony immediately following)

4:30 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*) 5 p.m. NCAA Skiing Committee Meeting. (*Stoweflake*)

Saturday, March 9

9 a.m. Men's Slalom: First run. (Stowe Mountain Resort)
10 a.m. Women's Slalom: First run. (Stowe Mountain Resort)
Noon Men's Slalom: Second run. (Stowe Mountain Resort)
1 p.m. Women's Slalom: Second run. (Stowe Mountain Resort)

2:30 p.m. Team Awards Ceremony and Celebratory Barbeque. (Stowe Mountain Resort)

Administrative Meetings

The games committee for the championships will conduct daily meetings at Stoweflake. These meetings are required for all team captains. The NCAA Skiing Committee and the NCAA rules official(s) will use this time to cover all necessary rules and information. A mandatory fine will be assessed for those institutions not in attendance. NCAA committee members and NCAA rules representatives will carry out the meeting agendas.

Banquet

The championship banquet will be held on Tuesday, March 5 at 6:30 p.m. at the Stoweflake Mountain Resort and Spa.

In accordance with NCAA policies, the banquet tickets will be assigned as follows:

- Teams with 1-3 student-athlete(s) competing will receive a banquet ticket for 1 non-athlete.
- Teams with 4-6 student-athletes competing will receive a banquet ticket for 2 non-athletes.
- Teams with 7-9 student-athletes competing will receive a banquet ticket for 3 non-athletes.
- Teams with 10-12 student-athletes competing will receive a banquet ticket for 5 non-athletes.

Additional team personnel not covered under NCAA policy listed above, may attend the banquet, and may purchase banquet tickets for \$35 each. Space will not allow family members to attend the banquet. Checks should be made out to: University of Vermont Athletic Dept, and additional banquet tickets requested on the banquet form may be paid for at the time your team registers for the championships. It is very important that we know the total number of people from your school attending the banquet by completing the Banquet and Barbeque Form by the deadline: **Thursday, February 28**. After that date, it will not be possible to purchase additional banquet tickets.

The University of Vermont is committed to making the 2019 National Collegiate Skiing Championships the best possible event it can be. This includes the championship banquet, which we would like to be a first-class event. At a minimum, attire for the banquet should be business casual. There should be no jeans, warm-ups, hats, or sneakers of any sort. Any violation of this policy will result in possible misconduct (NCAA Bylaw 31.1.10), which could result in penalties ranging from a public or private reprimand, to withholding transportation and per diem for all involved.

Information on how to send videos to be used for the banquet video/slideshow will be sent to all coaches under separate cover.

Barbeque

The traditional championships barbeque will be held at Mt. Mansfield Ski Club on Saturday, March 9, following the awards ceremony at approximately 2:30 p.m. This will be a ticketed event and tickets for student-athletes and coaches covered under NCAA policy will be included in the Registration Packet. The deadline for returning the

Banquet and Barbeque form is **Thursday, February 28**. As with the banquet, additional team personnel in your travel party and not covered under NCAA policy may attend the barbeque and may purchase tickets for \$18 each.

Checks should be made out to: University of Vermont Athletic Dept, and additional barbeque tickets may be paid for at the time your team registers for the championships. It is very important that we know the total number of people from your school attending the barbeque by completing the Banquet and Barbeque Form by the deadline: **Thursday, February 28**. After that date it will not be possible to purchase additional barbeque tickets.

Training

Both championship venues will be available for unofficial and official training prior to the start of the championships.

Nordic Training at Trapp Family Lodge

Upon arrival for training at Trapp Family Lodge, all competitors and coaches must report to the race headquarters trailer, located in the team parking lot. At this time, teams will receive important course and race information. In addition, before Monday, March 4, student-athletes and/or coaches wishing to ski at Trapp Family Lodge must purchase a daily pass at the Nordic headquarters trailer. The cost for a daily pass will be \$7 per day. For teams to pay ahead, please call 802-253-5755, our ski rental shop. Ask for Cate or Mary who can make arrangements over the phone for training days. Tickets can then be picked up upon arrival. Beginning Monday, 3/4, through Friday, 3/8, student-athletes officially entered in the championships and/or coaches may ski free of charge at Trapp Family Lodge. A videomap to showcase the homologated 5 km race loop at Trapp Family Lodge is available on YouTube at this link: http://www.youtube.com/watch?v=apqwagkwcVo

Alpine Training at Stowe Mountain Resort

Teams wishing to train at Stowe Mountain Resort on Monday, March 4 must purchase a daily pass for \$55 (for each athlete and coach) at the Mt. Mansfield Ski Club (403 Spruce Peak Road). No training will be available on Saturday or Sunday. Official Alpine training begins on Tuesday, March 5 and lift tickets will be provided each day at MMSC for official training days.

Availability for unofficial training is subject to surface conditions, weather, and grooming schedule(s).

Weather Policy

The NCAA will provide a weather detection system for the championships and will make arrangements for the system to be on site. The games committee will do everything possible to complete each portion of the championships. However, the committee reserves the right to modify the schedule of events for weather.

In the event of a weather emergency please follow the evacuation procedures as set forth in Section 8 of this manual.

Section 7 - Championship Format

The format for the National Collegiate Men's and Women's Skiing Championships is determined by the National Collegiate Men's and Women's Skiing Committee, subject to the approval of the Division I Council.

The National Collegiate Men's and Women's Skiing Championships will consist of both team and individual competition conducted concurrently. A total of 148 student-athletes (74 men and 74 women) shall qualify in the

region in which their institution is located. A total of 80 Nordic participants (40 men and 40 women) and 68 Alpine participants (34 men and 34 women) will qualify for the championships.

The maximum team size shall be 12 persons, three per gender per discipline, composed of a maximum of six men and a maximum of six women. The maximum entry in an individual event for any team is three individuals. Only men can compete in men's events. Only women can compete in women's events.

A 40-point scoring system will be used for the championships, wherein the top 30 finishers in each event receive points. A further breakdown of the scoring can be found in the 2018 and 2019 NCAA Skiing Rules Book.

At the conclusion of the championships, the team with the most total points will be declared the champion.

Section 8 - Championship Operations

Alpine Gates, Binding and Ski Check

Slalom Gates will be 30 millimeters. Alpine competitors will have the height of their bindings checked immediately following each Alpine competition in the finish area. A 50-millimeter limit is enforced. Alpine skis will be governed by FIS rules and/or USSA standards for Giant Slalom.

Coaches Bibs (Nordic)

During the registration process, all coaches in their team's official travel party will be issued an identification bib. It is the coach's responsibility to wear the bib, to safeguard the bib and return the bib when competition is completed to an appropriate member of the championship staff. Bibs may be returned following the Nordic competition on Friday, March 8 or at the championship barbeque and/or award ceremony on Saturday, March 9. Volunteers will be present and identified for the specific purpose of collecting bibs. It is important to return bibs at the end of the championships so they may be used again at future championships. Failure to return a bib will result in a \$50 fine assessed to the coach the bib was issued.

Institutions with 1-2 Nordic participants will receive three (3) bibs. Institutions with 3-6 Nordic participants will receive four (4) bibs.

Emergency Plan

In the event of emergency, accident or major incident, it is recommended that a Situation Assessment Group convene to analyze and discuss the situation and possible actions/outcomes. The Group will consist of:

- Ed Hockenbury, Championship Director, UVM Associate AD | 802-316-6909
- Krista Balogh, Championship Assistant Director, UVM Associate AD | 802-373-5300
- Kristen O'Connell, UVM Head Athletic Trainer | 802-771-9181 (not on site)
- Allison Shepherd, UVM Athletic Trainer | 802-310-2907
- Morgan Collins, UVM Athletic Trainer | 970-275-6152
- Bill Reichelt, UVM Head Alpine Ski Coach | 802-233-2737
- Patrick Weaver, UVM Head Nordic Ski Coach | 802-881-2764
- Kevin Francis, Chair of the NCAA Ski Committee | 541-350-3197
- John Baldwin, NCAA staff | 317-292-0464

The Situation Assessment Group will be convened by the NCAA staff liaison. Discussion of the emergency or situation requiring emergency consideration may also include:

- Jeff Schulman, UVM Athletic Director | 802-343-5832
- Dr. Jon Porter, Director of UVM Center for Health and Wellbeing | 802-343-5637
- Dr. Matt Lunser, UVM Team Physician | 802-318-3048
- Dr. Nate Endres, UVM Orthopedic | 802-598-5895
- Tom Gustafson, VP University Relations and Administration | 802-656-2992
- Lauren Stagnitti, Outdoor Center Director, Trapp Family Lodge | 802-253-5755
- Bobby Murphy, VP and General Manager, Stowe Mountain Resort | 802-253-3431
- Igor Vanovac, Director Mount Mansfield Ski and Snowboard Club | 802-253-7704 x22
- Lianne Tuomey, UVM Police Chief, Director of Police Services | 802-656-3473
- Mary Dewey, UVM Director of Risk Management | 802-656-3242
- Nich Hall, UVM Director of Athletic Communications | 802-881-7244

Once the Situation Assessment Group is convened, all efforts will be made to gather available information about the incident. A list of action items will then be developed to address the situation.

Plan to implement action items:

- Overall coordination of all activities related to an emergency will be coordinated by the championships tournament director, Ed Hockenbury.
- Communications with emergency and/or law enforcement agencies will be coordinated by the UVM department of police services.
- Communications with the media will be coordinated by the office of UVM communications.
- Communications with teams and coaches will be coordinated by NCAA staff and NCAA Skiing Committee.
- In the event that official communication needs to be established with each school participating in the championships, it will be coordinated by the NCAA. The UVM Office of UVM communications will coordinate the communication text and furnish it to the NCAA.

Hospitality

Dasani Water and BodyArmor product will be available at competition sites for participants and coaches during official training and competition days.

Officials

Alpine:

Chief of Race: Igor Vanovac
Chief of Course: Ben Blakely
Referee: Jay Marshall
Start Referee: Bruce Miller
Finish Referee: Chip Allen
Technical Delegate: Chuck Hughes
Chief of Timing: Matt Howard

Race Administrator: Patti Nichols
Assistant Race Administrator: Eric Smith

Nordic:

Chief of Competition:
Chief of Course:
Chief of Stadium:
Chief of Stadium:
Technical Delegate:
Assistant Technical Delegate:
Bill Henchey
Lucas Schultz
Ed Miller
Sally Jones
Bill Rogers

Chiefs of Timing: Trevor Braun, John Ogden and Ed Despard

Race Administrator: Mary-Anne Levins
Event Coordinator: Carol Van Dyke
Chief of Start: Dick Dreissigacker

Announcers:

Alpine and Nordic Announcer: Chuck O'Connell Live Stream Commentator: Peter Graves

Post-Championship & Competition Site Evaluations

All evaluations will be sent from the NCAA at the conclusion of championship competition.

Registration

Registration will take place at Stoweflake Beatrice Hall on Sunday, March 3 (5 - 7 p.m.) and Monday, March 4 (3 - 5 p.m.).

Scoring

A 40-point scoring system will be used for the championships, wherein the top 30 finishers in each event receive points. A further breakdown of the scoring can be found in the 2018 and 2019 NCAA Men's and Women's Skiing Rules.

At the conclusion of the championships, the team with the most total points will be declared the champion.

Results will be updated in real time and will be made available at www.ncaa.com.

Videotaping

Institutions are permitted to videotape championship competitions by their teams or their individual student-athletes for archival, coaching or instructional purposes. Each institution is permitted to use one camera and may videotape only that portion of the competition in which it participates. The videotapes may not be used for commercial purposes.

Waxing Facilities

A 40' x 30' waxing tent will be available at Trapp Family Lodge throughout the championships. The size of the waxing tent assumes there will be teams who choose to use their own or rented waxing trucks or trailers, which will have access to parking locations, with power, near the waxing tent. Prior to arrival, teams will be asked to select (1) of the following waxing options:

Teams may choose to wax out of their own vehicle or trailer parked in their reserved parking spot adjacent to the Outdoor Center. In this case, power will be supplied to this reserved parking location.

-OR-

Teams may elect to do their waxing in the heated & enclosed Event Tent, in which case a spot will be reserved for them with power.

Please contact Ed Hockenbury (ehockenb@uvm.edu) no later than 2/25 to let us know your choice.

In addition to the waxing locations at Trapp, the Stoweflake will also provide space for waxing.

The following two local Stowe businesses are available for ski tuning and/or waxing services:

Mt. Mansfield Ski Club Service Center: 403 Spruce Peak, Stowe, VT. 802-585-1410 or MMSC-MMWA.org/shop/

Today's Edge: 4538 Mountain Road, Stowe, Vermont. 802-253-7455

Section 9 - Competition Sites



A world-class, internationally renowned year-round destination, Stowe Mountain Resort is the quintessential destination to experience the best of the Northeast. Located in the heart of the green mountains, Stowe offers something for all seasons. Activities, such as skiing, snowboarding, hiking, fishing, golf, dining and shopping provide visitors the opportunity to enjoy both the indoors and the outdoors of Stowe.

From the thrill-seeking adventurer to the pampered traveler Stowe's authentic town coupled with the majestic Mt. Mansfield, visitors experience a warm welcoming community and destination that is unmatched.



Trapp Family Lodge is a unique, four-season resort specializing in European-style accommodations and cuisine, spectacular mountain vistas, upscale amenities, and outdoor activities. Situated on 2,500 acres overlooking the classic New England village of Stowe, Vermont, the Trapp Family Lodge is the perfect setting for a vacation during any season.





Established in 1934, Mt. Mansfield Ski Club (MMSC) is one of the oldest ski racing organizations in the United States. In the early decades of the sport, MMSC brought many of the world's best alpine racers to Stowe to compete on its famed terrain. The Club was the training ground of Billy Kidd, the first American to medal in Olympic alpine skiing with his silver in the 1964 Innsbruck Winter Olympics. Today, the Club has over 200 student athletes from age 7 to high school students and post-graduates at Mt. Mansfield Winter Academy. Our recent alumni include U.S. Ski Team members, Olympians and NCAA Champions.



For almost a quarter century Stowe Nordic has been Stowe's cross-country ski club and local advocate for Nordic skiing. Central to the club is running training and development programs for youth as well as masters skiers - alumni of our programs such as Kaitlynn Miller (#1 on this year's SuperTour circuit) and Bjorn Westervelt (US World Jr Biathlon team) are currently competing on the world stage. Additional activities include fielding an active masters racing team, social events focused around our training and volunteer communities, and of course organizing and hosting high level racing events such as UVM Winter Carnival, Eastern Cup, and now NCAA Championships. We are proud and excited to be part of this year's NCAA's in Stowe and look forward to an outstanding week of racing.

Parking

Team Parking

At the time of registration each team will be issued a parking permit for every team vehicle (car or van) they will be using during the NCAA Championships that were declared as part of the registration process. Parking Permits are not transferrable, and we are asking that you clearly display them on the dashboard of each vehicle. We are also asking that each team note where the official team parking areas are at the Nordic and Alpine Competition sites, and park team vehicles in only those areas.

Spectator Parking – Alpine venue

Alpine spectators will park in the Mt. Mansfield parking lots near the Over Easy Gondola, take the Over Easy Gondola to the Spruce Plaza, where there will be shuttles to Mt. Mansfield Ski Club (MMSC). Shuttles sill pick up and drop off at Hourglass Dr.

Spectator Parking - Nordic venue

The Trapp Outdoor Center main lot adjacent to the start/finish area is reserved for teams, officials and staff, along with disabled parking. Spectators will park in the lower lot, approximately 100 yards past the Outdoor Center.

Section 10 - Directions

Alpine venue

Interstate 89, Take Exit 10. Continue on VT-100 N to Stowe. After 7 miles, turn left onto Moscow Rd. After 1.5 miles, turn right onto Barrows Rd. After 1.8 miles, turn right onto Luce Hill Rd. After .5 miles, turn left onto VT-108 N. After 5.3 miles, turn right onto Spruce Peak Rd.

Mt. Mansfield Ski Club, 403 Spruce Peak Rd., Stowe, VT 05672, https://mmsc-mmwa.org/

Nordic venue

Interstate 89, Take Exit 10. Continue on VT-100 N to Stowe. After 7 miles, turn left onto Moscow Rd. After 1.5 miles, turn right onto Barrows Rd. After 1.8 miles, turn left onto Luce Hill Rd. After .8 miles, turn left onto Trapp Hill Rd.

Trapp Family Lodge, 700 Trapp Hill Road, Stowe, VT 05672, https://www.trappfamily.com/

Section 11 - Drug Testing

The NCAA is dedicated to fair and equitable competition throughout each round of championships and strongly supports the drug-testing program in order to safeguard the health and safety of the participating student-athletes.

Athlete Notification

Couriers will notify student-athletes selected for drug testing. Student-athletes will be instructed to read and sign the Individual Championship Student-Athlete Notification Form. Depending on the sport, student-athletes may need to report to drug testing within 60 minutes of notification, after their last event of the session, after their last event of the day or at the end of their participation in the championship.

Media Obligations

At individual/team championships, student-athletes who are selected for drug testing must fulfill all media obligation before reporting to the drug-testing area.

Participating Institution's Notification

While couriers will notify student-athletes of his/her selection for drug testing, it is the student-athlete's responsibility to advise their institution of his/her selection for drug testing.

Prolonged Test

If the student-athlete's team must depart the championship prior to a student-athlete completing drug testing, an institutional representative must remain with the student-athlete. If the student-athlete and/or institution incur additional expenses because of the delay (e.g., hotel, transportation back to campus, etc.), the institution may request reimbursement from the NCAA.

Testing Process

Student-athletes are drug tested through urinalysis and must provide a specimen in view of a drug-testing collector of the same gender. The length of the collection process depends on the student-athlete's ability to provide an adequate specimen. If a student-athlete provides an adequate specimen immediately upon arriving in the drug-testing area, the entire process can be completed within 20 minutes. If the student-athlete is unable to provide an adequate specimen, he/she must remain in the drug-testing area until one is provided. There is no maximum allotted time for a student-athlete to provide an adequate specimen.

Section 12 - Equipment

Equipment regulations for the NCAA Skiing Championships can be found in Rule 6 (Alpine) and Rule 12 (Nordic) of the 2018 and 2019 NCAA Men's and Women's Skiing Rules.

Section 13 - Expenses/Reimbursement

Per Diem

Per diem will be provided for the approved official travel party, based on the number of qualifiers from each institution.

Travel Expense System (TES)

Team expense reports should be filed online through the Travel Expense System (TES). All institutions, including hosts, must complete the online reimbursement process in order to receive the appropriate per diem reimbursement. The system can be accessed at:

https://web1.ncaa.org/TES/exec/login?js=true.

If you need assistance or experience any technical difficulties, please contact the travel department at 317-917-6757 or by e-mail at travel@ncaa.org.

Teams and/or individuals should provide themselves sufficient money to meet all expenses throughout the tournament, including ground transportation, lodging and meal expenses, and other miscellaneous expenses.

Section 14 - General Public

Spectator Guidelines

At each competition venue, spectators are required to remain outside of the competition areas and must remain an appropriate distance from competitors at all times. Additional spectator guidelines are listed below:

Stowe Mountain Resort: Spectators must follow the designated hiking route to and from the finish area. Vouchers for a \$97 (plus tax) lift ticket will be available for parents of athletes. Vouchers may be picked up at registration.

There are limited facilities at MMSC. Food and beverage are available in Spruce Plaza.

Trapp Family Lodge: Race spectators must be on foot only, and must follow the designated route to and from viewing areas. Foot traffic will be complimentary, however those with skis must purchase a trail ticket for a \$7 fee.

Section 15 - Lodging

Headquarters Hotel

Stoweflake Mountain Resort & Conference Center

1746 Mountain Road Stowe, Vermont 05672 Phone: 802-760-1049

Section 16 - Media Services

Webcast

All championship events will be webcast live on www.ncaa.com on Wednesday, March 6 through Saturday, March 9.

Credentials

Members of the media wishing to request credentials should access the credential application at https://www.ncaa.com/media-center/credentials.

Interview Policies

All coaches and student-athletes will be made available for post-competition interviews following the 10-minute cooling-off period. All interviews are to be arranged through Nich Hall.

Section 17 - Medical

Athletic Training

Kristen O'Connell, University of Vermont Athletic Trainer, will coordinate all athletic training needs. She or one of her colleagues will be available at both competition venues during all official training and competition days. There will be ice available as well as all first aid needs. Please contact Kristen prior to arrival to arrange necessary treatment schedules. Contact info is listed on the Host Personnel page of this manual.

Concussion Management

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the "NCAA Sports Medicine Handbook Guideline on Concussions" online at www.NCAA.org/health-safety.

Hospitals and Emergency Services

Copley Hospital, 528 Washington Highway, Morrisville, VT 05661. 802-888-8888 UVM Medical Center, 11 Colchester Ave., Burlington, VT 05401. 802-847-0000 Stowe Family Practice (walk-in), 1878 Mountain Rd. #3, Stowe, VT 05672. 802-253-4853

Medical Examinations

As the event sponsor, the NCAA seeks to ensure that all student-athletes are physically fit to participate in its championships and have valid medical clearance to participate in the competition. The NCAA tournament physician, as designated by the host school, has the unchallengeable authority to determine whether a student-athlete with an injury, illness or other medical condition may expose others to a significantly enhanced risk of harm and, if so, to disqualify the student-athlete from continued participation. For all other instances, the student-athlete's on-site team physician can determine whether a student-athlete with an injury or illness should continue to participate or is disqualified. In the absence of a team physician, the NCAA tournament physician will examine the student-athlete and has valid medical authority to disqualify him or her if the student-athlete's injury, illness or medical condition poses a potentially life threatening risk to himself or herself. The chair of the governing sports committee (or a designated representative) shall be responsible for administrative enforcement of the medical judgment, if it involves disqualification.

Waivers (liability)

Everyone associated with the 2019 National Collegiate Men's and Women's Skiing Championships must sign liability waivers and release forms which are enclosed in this mailing packet. Please reproduce these forms and have *ALL* members of your travel party complete and sign a form. This includes all student-athletes, coaches and other members of your team's travel party. These forms should be turned in at the time of your team registration at the Stoweflake. Championships Credentials will not be issued to anyone from your travel party until they complete a Liability Release Form.

- 2018-19 Alpine Competition, Racing and Training Release (Alpine student-athletes and coaches)
- 2018-19 MMSC Participant Agreement (Alpine student-athletes and coaches)
- 2018-19 Nordic Competition, Racing and Training Release (Nordic student-athletes and coaches)

Section 18 - Participant Expectations & Guidelines

Code of Conduct

The NCAA expects each championship to exhibit an experience that represents the highest level of fair play and good sportsmanship. The NCAA and the NCAA Division I Competition Oversight Committee expect that student-athletes, coaches and administrators do their best to ensure participation in intercollegiate athletics promotes character development for all participants, enhances the integrity of higher education and promotes civility; therefore, championship events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values should be manifest not only in athletic participation, but also in the broad spectrum of activities associated with the championship event. Accordingly, the Championships Committee will

take strong action in response to any form of misconduct by student-athletes, coaches and/or administrators during the entire championship. This includes criticism of officials and a misconduct incident at the competition.

Ethical Behavior by Coaches

Members of the coaching profession have certain inherent obligations and responsibilities to the profession, to the student-athletes and to all those with whom they come into contact in the field. Coaches are expected to be role models who conduct themselves with integrity and high ethical standards at all times.

The words and actions of a coach carry tremendous influence, particularly on the young people under his or her direction. It is, thus, imperative that he or she demonstrate and demand high principles of sportsmanship and ethical behavior.

Therefore, coaches must:

- 1. Always place the safety and welfare of student-athletes above the value of a win and above any personal prestige or glory.
- 2. Ensure that the coaching staff and all others associated with the program treat the student-athletes under their control with fairness and respect.
- 3. Remember that they are on public display and that their conduct reflects upon the image of their respective institutions.
- 4. Teach their student-athletes strict adherence to the rules and regulations of the sport, the institution and other governing bodies to which they are responsible.
- 5. Firmly establish with their student-athletes the standards of acceptable conduct.
- 6. Treat opponents and assigned officials with respect and demand that student-athletes do the same, instilling in their student-athletes the importance of respect and sportsmanship over winning.
- 7. Ensure that student-athletes understand that taunting, intimidating and baiting opponents is unacceptable behavior and will not be tolerated.
- 8. Monitor their coaching staff and student-athletes to ensure that they do not use profane and vulgar language while representing the institution.
- 9. Ensure, along with institutional administration, that fans are reminded of the expectations of sportsmanship and respect for officials and opponents and their supporters.

Misconduct

[Reference: Bylaw 31.02.4 in the NCAA Division II Manual.]

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.

Sportsmanship

The primary goal of the rules is to maximize the safety and enjoyment of the student-athlete. Sportsmanship is a key part of that goal. Sportsmanship should be a core value in behavior of players and bench personnel, in crowd control by game management and in the officials' proper enforcement of the rules governing related actions.

Sports Wagering

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on

college sports. Student-athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

A student-athlete involved in sports wagering on the student-athlete's institution permanently loses all remaining regular-season and postseason eligibility in all sports. A student-athlete who is involved in any sports wagering activity that involves college sports or professional athletics, through Internet gambling, a bookmaker, a parlay card or any other method employed by organized gambling, will be ineligible for all regular-season and postseason competition for at least one year.

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules, in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

Tobacco Ban

The use of tobacco products including vaping is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco and vaping products is prohibited during practice and competition. A member of the official travel party who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

Section 19 - Team Travel/Transportation

Airport

Trapp Family Lodge and Stowe Mountain Resort are about 45 minutes to an hour away from Burlington International Airport.

Rental Cars

Burlington International Airport is serviced by many major car rental companies.

Alamo: (800) 327-9633

https://www.alamo.com/en_US/car-rental/reservation/startReservation.html

Avis: (800) 331-1212

https://www.avis.com/en/reservation/make-reservation

Dollar (off site): (800) 800-4000

https://www.dollar.com/Reservations/ResStart.aspx

Enterprise: (800) 325-8007

https://legacy.enterprise.com/car rental/deeplinkmap.do?cust=32H7421

Budget:(800)527-0700

https://book1.carrental.com/dcweb/app?service=page/BDCStep1&pid=AABudget&locale=en&iataNumberBudget=0078326C&bcdNumber=U072400&inited=false

Hertz: (802) 864-7409

https://www.hertz.com/rentacar/reservation/

National: (802) 864-7441

https://www.nationalcar.com/en/home.html

Thrifty Car (off site): (877) 283-0898

https://www.thrifty.com/

Advantage: (800) 777-5500 https://www.advantage.com/

Short's Travel Management

The participating institutions shall be completely responsible for making its own travel reservations in accordance with the following:

The NCAA's official travel agency for the tournament is Short's Travel Management, which can be reached at 866-655-9215. Institutions can also enter travel manifest and other travel party information through the travel portal at www.shortstravel.com/ncaachamps.

The NCAA has adopted the following policies with respect to the travel and expenses incurred by the competing institution:

1. Air Transportation. Participating institutions shall be required to make all air travel arrangements with the official travel agency for the approved travel party. The NCAA will pay the agency directly for such costs. Institutions who fail to use the official agency will not receive reimbursement for their travel. When reasonable commercial space for air travel is not available, chartered flights may be offered to the traveling institution. In this case, the cost of the chartered flight will be fully paid for by the NCAA, for the official traveling party. If reasonable commercial space is available but the institution chooses to travel by charter, the NCAA will only cover the cost of the commercial flight. The institution will be responsible for any additional cost for their chartered flight and will be billed by the official travel agency. In addition, the institution may choose to take additional travelers over the allowable travel party size. The cost for additional travelers must be paid by the institution. All charter arrangements must be made through the official travel agency. The NCAA travel department is responsible for making the determination of what should be considered reasonable options for the official traveling party.

The NCAA, will reimburse fees for checked baggage charged by commercial airlines. While we encourage you to take as few bags as necessary, a maximum of two bags per person will be reimbursed. Fees for oversized or overweight bags will not be reimbursed.

The NCAA, will not reimburse fees charged by the airlines to pre-assign seats, choose premium seats, or receive priority check-in.

- 2. Hub Rule. If an institution is eligible to use air transportation to the site of the tournament game, and there is a major airport located within 150 miles of the tournament site, then the participating institution is required to fly into/out of that airport and utilize ground transport to and from the site of competition. This also applies if the originating airport is located within 150 miles of the participating institution's campus. This policy only applies when airfare is less expensive from the more distant airport. The NCAA travel staff may increase this mileage limit if circumstances warrant.
- 3. Ground Transportation. For individual-team sports, when teams are required to travel by ground transportation to the site of competition or are eligible for reimbursement at the site, reimbursement will be provided at a rate of 50 cents per mile, per participant, not the actual cost of ground transportation.
 - Local transportation is not reimbursable by the NCAA and must be paid by the institution. Transportation between the team's hotel and the competition or practice site is considered local transportation. Please see the NCAA travel policies for the applicable mileage limits.
- 4. Per Diem. Per diem will be paid for the allowable travel party. The per diem rate and allowable days can be found in the NCAA travel policies.
- 5. Expense Reimbursement. Team expense reports should be filed online through the Travel Expense System (TES). The login information for the system is the same as that used for the Short's travel portal. The system can be accessed at:

https://web1.ncaa.org/TES/exec/login?js=true.

All institutions, including hosts, must complete the online reimbursement process in order to receive the appropriate reimbursement.

6. Travel Exceptions. Be advised that if extraordinary circumstances may warrant an exception to the travel policies, you must contact the NCAA travel department for approval PRIOR TO making any travel arrangements. The travel group can be reached at 317-917-6757, or by e-mail at travel@ncaa.org.

Section 20 - Tickets

Ticket Prices

Admission is free for all four days of the championships for all competitors and spectators. Those wishing to ski at Stowe Mountain Resort or Trapp Family Lodge outside of their competition must purchase a ski pass or trail ticket.

Section 21 - Travel Party

Squad Size

Participating teams are limited to a squad size of no more than twelve (12) eligible student-athletes. No more than three (3) student-athletes are eligible per gender, per discipline.

Travel Party Size

In accordance with NCAA policies, official travel party sizes are as follows:

- Teams with 1-3 student-athlete(s) competing are allowed 1 non-athlete.
- Teams with 4-6 student-athletes competing are allowed 2 non-athletes.
- Teams with 7-9 student-athletes competing are allowed 3 non-athletes.
- Teams with 10-12 student-athletes competing are allowed 5 non-athletes.

Section 22 - Uniforms

Student-athletes competing in the championships shall wear the official uniform of their institution in competition and related ceremonies. This applies to warm-ups and competitive uniforms.

A student-athlete may use athletics equipment or wear athletics apparel that bears the trademark or logo of an athletics equipment or apparel manufacturer or distributor in athletics competition and pre- and postgame activities (e.g.: Celebrations, pre- or postgame press conferences), provided the following criteria are met:

- 1. Athletics equipment (e.g.: shoes, helmets, goggles and skis) shall bear only the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public; and
- 2. The student-athletes institution's official uniform (including numbered racing bibs and warm-ups) and all other items of apparel (e.g.: socks, head bands, t-shirts, wrist bands, visors or hats, and towels) shall bear only a single manufacturer's or distributors normal label or trademark (Regardless of the visibility of the label or trademark), not to exceed 2 ¼ square inches in area (rectangle, square, parallelogram) including any additional material (e.g.: patch) surrounding the normal trademark of logo. The student-athletes institution's official uniform and all other items of apparel shall not bear a design element similar to the manufacturer's trademark/logo that is in addition to another trademark/logo that is contrary to the size restriction.

Logo Policy*

[Reference: Bylaw 12.5.4 in the NCAA Division I and II Manuals, and Bylaw 12.5.3 in the NCAA Division III Manual.]

The provisions of Bylaw 12.5.4 (Divisions I and II) or Bylaw 12.5.3 (Division III) indicate that an institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 1/4-square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restrictions.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2 1/4-square inches) of an apparel manufacturer or distributor. The

student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes, and any and all credentialed personnel in the bench area during the conduct of competition, which includes any practices and pregame or postgame activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff. Non-compliance with this legislation could result in loss of eligibility, forfeiture of points earned by those ineligible student-athletes and adjustment of team standings.

Section 23 - Host City Information

Dining Options

UVM Athletics partner:

Von Trapp Brewing Bierhall | 802-253-5750 https://www.vontrappbrewing.com/bierhall.htm

Pizza:

Pie-Casso | 802-253-4411 www.piecasso.com

Pizza Joint | 802-253-4172 www.thepizzajoint.com

Pub Food:

Charlie B's | 802-253-7355 http://www.stoweflake.com/charliepub.aspx

Idletyme Brewing Company | 802-253-4765 https://idletymebrewing.com/

Sunset Grill | 802-253-9281 www.sunsetgrillvt.com

Italian (Pasta):

Trattoria La Festa | 802-253-8480 www.stowetrattorialafesta.com

Comfort Food:

The Bench | 802-253-5100 http://www.benchvt.com/

Super Markets:

Mac's Market | 802-253-4576

Shaw's Supermarket | 802-253-4793

Section 24 - Trophies and Awards

Additional Award Ordering

To purchase additional awards please use the following link: http://www.mtmrecognition.com/ncaa/

Elite 90

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the final site for each of the 90 NCAA championships. Each institution that has at least one student-athlete qualify for the final round/site is eligible to nominate a student-athlete for the award. All ties are broken by number of credits completed.

For more information regarding this program, please contact Mark Bedics, Andrew Louthain or Quintin Wright (317-917-6222; elite90@ncaa.org). All documents, including deadlines and nomination forms, can be obtained at Elite 90 forms.

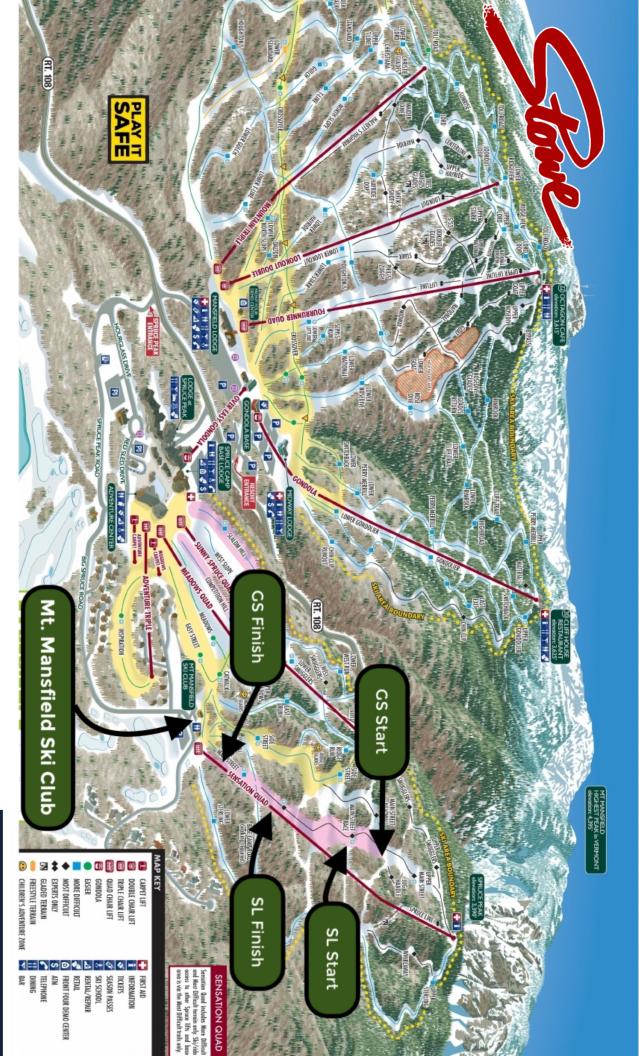
The submission deadline for nomination for NCAA Men's and Women's Skiing is 5 p.m. Eastern time on Thursday, February 28.

Locker Room Program

In addition to awards, the national championship winning team will receive national champion T-shirts and hats to commemorate their achievement.

Participation Award

Each student-athlete advancing to the final site will receive a participant medal to commemorate their achievement.







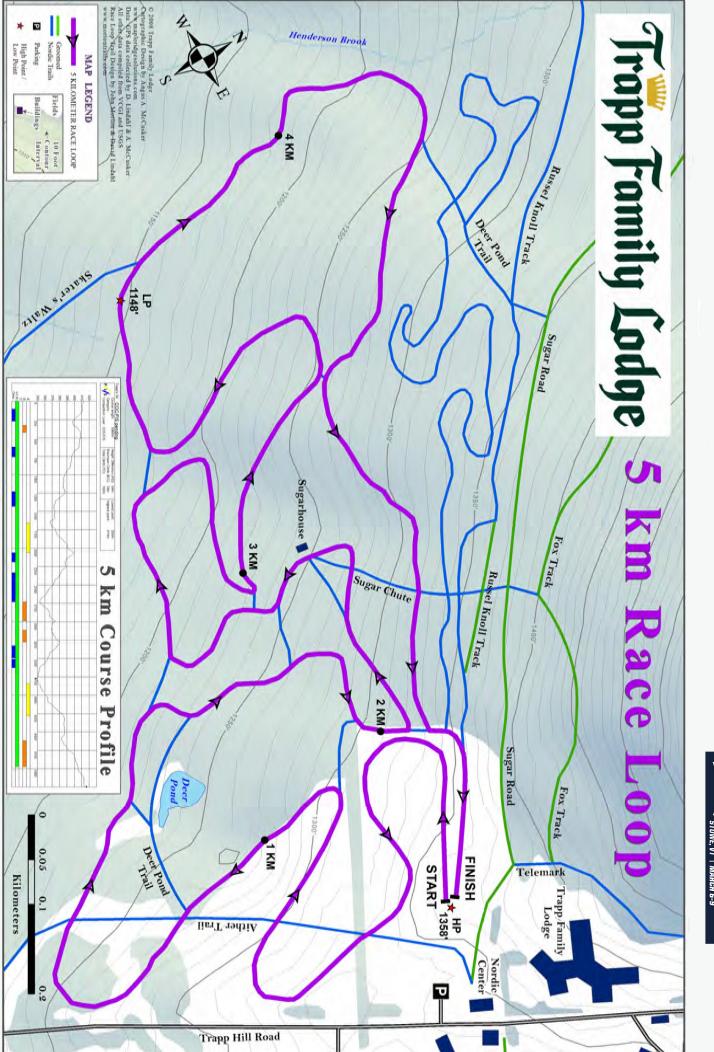
2019 NCAA Skiing Championships

Slalom & Giant Slalom
Hosted by University of Vermont and
Mt. Mansfield Ski Club



5k/10k Skate & 15k/20k Mass Start 2019 NCAA Skiing Championship





COMPETITION, RACING AND TRAINING RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS & INDEMNITY AGREEMENT

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!
THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS
INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

- 1. The person who is taking part in ski, snowboard, or other winter sport racing, competition, or training activities as an athlete, coach, staff member, spectator or other participant is referred to as "Participant." I am the Participant or, if the Participant is a minor/infant, I am the Participant's parent or legal guardian. I understand that skiing, snowboarding, winter sports recreation, race training, competition, ski or snowboard testing, other equipment testing, wax testing, using freestyle terrain or terrain park features, performing any other training or competition related activities, and/or using any of the facilities of the ski area, including but not limited to use of the lifts, ski slopes, trails, and other equipment, for any purpose (the "Activity"), can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
- 2. I understand the dangers and risks of the Activity and that the Participant, as a "skier" and/or "competitor" (as may be defined by statute or other applicable law), ASSUMES ALL INHERENT DANGERS AND RISKS.
- 3. I expressly acknowledge and assume additional risks and dangers that may result in property damage, physical injury and/or death that may be above and beyond the inherent dangers and risks of the Activity, including but not limited to: Falling or loss of balance; icy, slick or uneven surfaces; avalanches, cornices and crevasses; collisions with natural or man-made objects or other people; bumps, tree wells, downed timber, rocks, drainage channels, holes, debris, and other rugged mountainous terrain; marked and unmarked obstacles; unmaintained or unmarked trails/roads or trail obstructions; the negligence of Participant, Ski Area employees, event officials or organizers, a guide/instructor, or others (including selection of terrain that exceeds Participant's ability); guests' failure to comply with signage; collisions with snowmobiles and/or other motor or over-snow vehicles; equipment malfunction, failure or damage; improper use or maintenance of equipment; misloading, entanglements, or falls from ski lifts; varying visibility, storms, lightning, hail, snow and other adverse weather; becoming lost or separated; lack of shelter; limited access to and/or delay of medical attention; Participant's health condition, physical exertion, exhaustion, dehydration, hypothermia, altitude sickness, or frostbite; and/or mental distress from exposure to any of the above. IUNDERSTAND THAT THE DESCRIPTION OF THE RISKS IN THIS AGREEMENT IS NOT COMPLETE AND VOLUNTARILY CHOOSE FOR PARTICIPANT TO PARTICIPATE IN AND EXPRESSLY ASSUME ALL RISKS AND DANGERS OF THE ACTIVITY, WHETHER OR NOT DESCRIBED HERE, KNOWN OR UNKNOWN, INHERENT OR OTHERWISE.
- 4. Participant assumes the responsibility of maintaining control at all times while engaging in the Activity and for reading, understanding and complying with all signage, including instructions on the use of lifts. Participant must have the physical dexterity and knowledge to safely load, ride and unload the lifts. I understand that a minor/infant Participant may use the ski lifts without an adult present or may ride the ski lifts with non-employee guests. I understand that snowmobiles, snowmaking equipment, and snow-grooming equipment may be encountered at any time, and that falls, collisions and injuries are common.
- **5.** I agree that the Participant is a "competitor" at all times, whether practicing for competition or in competition, that Participant shall inspect the training and competition courses prior to participating in the Activity, and that Participant assumes the risk of all course conditions, including but not limited to course construction, layout and obstacles.
- 6. Additionally, in consideration for allowing the Participant to participate in the Activity, I AGREE, to the greatest extent permitted by law, to waive any and all claims against and to hold harmless, release, indemnify, and agree NOT TO SUE Vail Resorts, Inc., The Vail Corporation, Trimont Land Company, Heavenly Valley, Limited Partnership, VR US Holdings, Inc., VR US Holdings II, LLC, VR CPC Holdings, Inc., VR NE Holdings, LLC, VR NW Holdings, Inc., Whistler Blackcomb Holdings Inc., Blackcomb Skiing Enterprises Limited Partnership, Whistler Mountain Resort Limited Partnership, each of their affiliated companies and subsidiaries, the resort owner/operator, land owner, activity operator, the equipment manufacturer, Activity organizer, Activity promoter, United States Ski & Snowboard Association, Snow Park Technologies, LLC, The Burton Corporation, Beaver Creek Resort Company, Dundee Resort Development, LLC d/b/a Arapahoe Basin Ski Area, TSG Ski & Golf, LLC, the United States, Her Majesty The Queen In Right Of The Province Of British Columbia and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE OR EXPENSE, WHICH I OR PARTICIPANT MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY, INCLUDING, BUT NOT LIMITED TO, THOSE CLAIMS BASED ON ANY RELEASED PARTY'S ALLEGED OR ACTUAL NEGLIGENCE OR BREACH OF ANY CONTRACT AND/OR EXPRESS OR IMPLIED WARRANTY OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING IN BRITISH COLUMBIA ANY DUTY OF CARE UNDER THE OCCUPIERS LIABILITY ACT. I UNDERSTAND THAT NEGLIGENCE INCLUDES FAILURE ON THE PART OF ANY RELEASED PARTY TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT AGAINST THE RISKS, DANGERS AND HAZARDS OF THE ACTIVITY.

In further consideration for allowing Participant to participate in the Activity, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

- 7. I ALSO AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
- **8.** I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity.
- **9.** I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
- 10. I agree that any and all claims for loss, injury and/or death arising from Participant's participation in the Activity shall be governed by the law of the State or Province where the alleged incident occurred and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State or Province where the alleged incident occurred, except that all cases arising out of an alleged incident at Heavenly Mountain shall be governed by California law and the exclusive jurisdiction of any such claim will be a California court of competent jurisdiction.
- 11. BY SIGNING ON BEHALF OF A MINOR/INFANT OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR/INFANT PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I understand that the minor/infant Participant would not be permitted to take part in any of the Activities unless I agree to the terms of this Agreement. By signing this Agreement without a parent or legal guardian's signature, I represent, under penalty of fraud that I am at least 18 years old (US) or 19 years old (Canada). I understand that a minor/infant Participant may use the ski lifts without an adult present or may ride the ski lifts with non-employee guests.
- 12. I understand that this Agreement will apply for each and every day participant engages in any Activity during the applicable operating season. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties. It is my intent that this Agreement shall be binding upon my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives.
- 13. FOR WILMOT MOUNTAIN ONLY: I understand that, for a fee per person per day in addition to the normal price, Wilmot Mountain offers an optional Agreement that does not require me to sign a Release of Liability. In signing this Release of Liability, I acknowledge I am aware of this option, do not wish to pay this fee, accept the full scope of this Release of Liability and hereby waive my right to purchase the same.

MINOR/INFANT PARTICIPANT INFORMATION - Requires Parent/Guardian to Complete, Sign & Date Below

| Province, Zip/Postal Code (please prine) RELATION DATE * Used only for Activity Division, (| PHONE NUMBER |
|---|---|
| RELATION | PHONE NUMBER |
| | · |
| | · |
| Province, Zip/Postal Code (<i>please prin</i> | nt) PHONE NUMBER |
| | A BUONE NUMBER |
| , M.I. (print) Date of Birth (MM-DD | Gender * |
| IARDIAN INFO. – Required to | Complete, Sign & Date Below |
| Date of Birth (MM-DD-YYYY) | Gender * |
| Date of Birth (MM-DD-YYYY) | Gender * |
| Date of Birth (MM-DD-YYYY) | Gender * |
| Date of Birth (MM-DD-YYYY) | Gender * |
| | Date of Birth (MM-DD-YYYY) Date of Birth (MM-DD-YYYY) Date of Birth (MM-DD-YYYY) JARDIAN INFO. – Required to M.I. (print) Date of Birth (MM-DD |

MMSC PARTICIPANT AGREEMENT EXPRESS ASSUMPTION OF RISKS AND FORUM SELECTION AGREEMENT

I understand and accept that participation in competitive skiing training and events, and other forms of winter mountain sports, are hazardous, with many inherent risks and resulting injuries. Therefore, in consideration of this knowledge, and being allowed to participate in Mt. Mansfield Ski Club (hereinafter MMSC) events and activities, I freely and willingly accept and voluntarily assume all risk of property damage, personal injury, or death which occurs as a result of my participation in the event or race and which occurs as a result of the inherent risks of the sports.

I further agree that the phrase "inherent risks" means those risks which are listed in this agreement, or those that can reasonably be inferred therefrom. I also agree that these risks are both obvious and necessary to these winter sports activities. I agree that these inherent risks include but are not limited to changing weather conditions; surface and/or subsurface snow conditions as they may from time to time exist and may change or be affected by weather, skier, or other participant usage (whether such conditions are surface or subsurface or consist of ice, hard pack, powder, packed powder, wind pack, corn, crust, slush, cut up snow, and/or machine made or machine enhanced snow); other risks and/or conditions including bare spots, forest growth and debris, stumps and trees, stream beds, water and/or waterbars, and other such conditions, whether or not they are visible, and/ or collisions with such objects; collisions with lift towers, signs, posts, fences or other enclosures, water and/ or air pipes or other manmade structures and/or their components such as hydrants used in snowmaking or for other necessary purposes, whether or not these structures are marked, padded or shielded; collisions with well marked or plainly visible snowmobiles, snow grooming, or other over-snow vehicles or equipment; collisions with other skiers, riders or others; variations in steepness of terrain including but not limited to roads, terrain modifications, features or variations which occur naturally or as the result of slope design, feature design, weather events and/or changes, snowmaking and/or snow grooming operations, or participant usage.

Therefore, in consideration of all of the above I agree that I will not make any claim nor bring any suit for any damages, injury or death to myself, which results from any such inherent risks, as I have agreed they are defined herein. I also agree, that in the event that anyone makes any claim against MMSC, or any of their respective officers, directors, shareholders, agents, employees and/or volunteers as a result of any of my activities on their premises or the use of their facilities, that I will, to the fullest extent allowed by law, release from liability, defend, indemnify and hold harmless MMSC from such claims.

I further agree that any dispute arising under this contract and/or from any use by me of any of the premises or facilities at SMR and/or MMSC shall be litigated exclusively in the Superior Court of Lamoille County, Vermont, or the U.S. District Court for the District of Vermont.

This contract may also be plead as an affirmative defense to any claim that I might make as a result of any damage, injury, and/or death, which I may sustain as a result of my participation in and caused by the inherent risks of winter sports. I further agree that this contract is binding upon myself, my heirs and assigns. To the extent that I am signing this document on behalf of any minor, I represent and guarantee that I have full authority to do so realizing the full binding effect of this contract on them as well as on myself, and I further agree to indemnify and hold harmless MMSC for any claims brought on behalf of the minor relating to any damages allegedly sustained by the minor while he/she was participating herein I acknowledge that I have read, agree with, and understand the terms of this Express Assumption of Risks and Forum Selection Agreement and that I am signing it freely and that the terms of this contract state that I expressly assume all risk of damages, injury and/or death resulting in any way from any inherent risks of the sport in which I may participate at MMSC. I also agree to abide by the terms of any rules of conduct for sports participants posted at Stowe Mtn Resort or contained in its seasonal trail maps or brochures or adopted by the MMSC.

This document is a legally binding contract, but is not intended to assert any claims or defenses which are prohibited by law. If any portion of this Agreement is deemed unenforceable, the remainder shall be given full force and effect.

I grant Stowe Mtn Resort and MMSC permission to use my image in advertising and promotional materials in the event it is captured on the premises.

| Printed name of Participant | Signature of Participant | Date |
|--|--|--------|
| (If participant is under 18, signature of | parent/legal guardian is required.) | |
| Printed name of Participant (If participant is under 18, signature of | Signature of Participant parent/legal guardian is required.) | Date |
| Printed name of Participant (If participant is under 18, signature of | Signature of Participant parent/legal guardian is required.) | Date |
| Printed name of Parent/Guardian | L.S. Parent/Legal Guardian signature | Da |

TRAPP FAMILY LODGE COMPETITION, RACING AND TRAINING RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS & INDEMNITY AGREEMENT

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

- 1. The person who is taking part in ski racing, competition, or training activities as an athlete, coach, staff member, spectator or other participant is referred to as "Participant." I am the Participant or, if the Participant is a minor/infant, I am the Participant's parent or legal guardian. I understand that skiing, recreation, race training, competition, ski testing, wax testing, performing any other training or competition related activities, and/or using any of the facilities of Trapp's ski area, including but not limited to use of the ski slopes, trails, and other equipment, for any purpose (the "Activity"), can be **HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH**.
- 2. I understand the dangers and risks of the Activity and that the Participant, as a "skier" and/or "competitor" (as may be defined by statute or other applicable law), ASSUMES ALL INHERENT DANGERS AND RISKS.
- 3. I expressly acknowledge and assume additional risks and dangers that may result in property damage, physical injury and/or death that may be above and beyond the inherent dangers and risks of the Activity, including but not limited to: Falling or loss of balance; icy, slick or uneven surfaces; avalanches, cornices and crevasses; collisions with natural or man-made objects or other people; bumps, tree wells, downed timber, rocks, drainage channels, holes, debris, and other rugged mountainous terrain; marked and unmarked obstacles; unmaintained or unmarked trails/roads or trail obstructions; the negligence of Participant, Ski Area employees, event officials or organizers, a guide/instructor, or others (including selection of terrain that exceeds Participant's ability); guests' failure to comply with signage; collisions with snowmobiles and/or other motor or over-snow vehicles; equipment malfunction, failure or damage; improper use or maintenance of equipment, varying visibility, storms, lightning, hail, snow and other adverse weather; becoming lost or separated; lack of shelter; limited access to and/or delay of medical attention; Participant's health condition, physical exertion, exhaustion, dehydration, hypothermia, altitude sickness, or frostbite; and/or mental distress from exposure to any of the above.

I UNDERSTAND THAT THE DESCRIPTION OF THE RISKS IN THIS AGREEMENT IS <u>NOT</u> COMPLETE AND VOLUNTARILY CHOOSE FOR PARTICIPANT TO PARTICIPATE IN AND EXPRESSLY ASSUME <u>ALL</u> RISKS AND DANGERS OF THE ACTIVITY, WHETHER OR NOT DESCRIBED HERE, KNOWN OR UNKNOWN, INHERENT OR OTHERWISE.

- **4.** Participant assumes the responsibility of maintaining control at all times while engaging in the Activity and for reading, understanding and complying with all signage. I understand that snowmobiles, snowmaking equipment, and snow-grooming equipment may be encountered at any time, and that falls, collisions and injuries are common.
- **5.** I agree that the Participant is a "competitor" at all times, whether practicing for competition or in competition, that Participant shall inspect the training and competition courses prior to participating in the Activity, and that Participant assumes the risk of all course conditions, including but not limited to course construction, layout and obstacles.
- 6. Additionally, in consideration for allowing the Participant to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE THE TRAPP FAMILY LODGE FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE OR EXPENSE, WHICH I OR PARTICIPANT MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY, INCLUDING, BUT NOT LIMITED TO, THOSE CLAIMS BASED ON ANY RELEASED PARTY'S ALLEGED OR ACTUAL NEGLIGENCE OR BREACH OF ANY CONTRACT AND/OR EXPRESS

OR IMPLIED WARRANTY OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE. I UNDERSTAND THAT NEGLIGENCE INCLUDES FAILURE ON THE PART OF ANY RELEASED PARTY TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT AGAINST THE RISKS, DANGERS AND HAZARDS OF THE ACTIVITY.

In further consideration for allowing Participant to participate in the Activity, I FURTHER RELEASE AND GIVE UP ANY AND

ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

- 7. I ALSO AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
- **8.** I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity.
- **9.** I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
- **10.** I agree that any and all claims for loss, injury and/or death arising from Participant's participation in the Activity shall be governed by the law of the State where the alleged incident occurred and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State where the alleged incident occurred.
- 11. BY SIGNING ON BEHALF OF A MINOR/INFANT OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR/INFANT

PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I understand that the minor/infant Participant would not be permitted to take part in any of the Activities unless I agree to the terms of this Agreement. By signing this Agreement without a parent or legal guardian's signature, I represent, under penalty of fraud that I am at least 18 years old (US) or 19 years old (Canada).

12. I understand that this Agreement will apply for each and every day participant engages in any Activity during the applicable operating season. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties. It is my intent that this Agreement shall be binding upon my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives.

MINOR/INFANT PARTICIPANT INFORMATION - Requires Parent/Guardian to Complete, Sign & Date Below

| MINOR / INFANT #1 – Last Name, First Name, M.I. (print) (MM-DD-YYYY) | Date of Birth Gender * |
|--|------------------------|
| MINOR / INFANT #2 – Last Name, First Name, M.I. (print) (MM-DD-YYYY) | Date of Birth Gender * |
| MINOR / INFANT #3 – Last Name, First Name, M.I. (print) (MM-DD-YYYY) | Date of Birth Gender * |
| MINOR / INFANT #4 – Last Name, First Name, M.I. (print) (MM-DD-YYYY) | Date of Birth Gender * |

| | * Used only for Activ Designation For Resort Use Only | rity Division, Category, or Cl | ass |
|--|---|-------------------------------------|-------|
| SIGNATURE | | DATE | • |
| EMERGENCY CONTACT (print full name) X | RELATION | PHONE NUI | MBER |
| ADDRESS – Street Address/Mailing Address NUMBER | s, City, State/Province, Zip/F | Postal Code (<i>please print</i>) | PHONE |
| ADULT / PARENT / GUARDIAN – Last Name Gender * | e, First Name, M.I. (print) | Date of Birth (MM-DD-YY | YY) |

TEAM TRAVEL INFORMATION AND TEAM ROSTER

Contact Information

| Institution | | | | | | | | | |
|----------------|--------------------|---------------|---------------|----|--|-------------|-------------|-------------|--|
| Ti | itle | N | ame | | Cell Pho | ne | | Email | |
| Head Alpine (| Coach | | | | | | | | |
| Head Nordic (| Coach | | | | | | | | |
| Sports Inform | nation Director | | | | | | | | |
| Athletic Train | er | | | | | | | | |
| Administrator | (if traveling) | | | | | | | | |
| Travel Logisti | cs | | | 1 | | I. | | | |
| Arrival Date | | | Arrival Time | | | Check her | e if you ar | e driving | |
| Airline | | | Flight Number | er | | Departure | Airport | | |
| Number of ve | chicles you will h | nave on site: | : | | Check here if you are bringing a U- Haul/Wax Trailer? | | | | |
| Travel Party F | Roster | | | | | | | | |
| | Men's Alpin | e Student-A | thletes | | Won | nen's Alpin | e Student | -Athletes | |
| 1. | | | | | | | | | |
| 2. | | | | | | | | | |
| 3. | | | | | | | | | |
| 4. | | | | | | | | | |
| | Men's Nordi | c Student-A | Athletes | | Won | nen's Nordi | c Student | -Athletes | |
| 1. | | | | | | | | | |
| 2. | | | | | | | | | |
| 3. | | | | | | | | | |
| 4. | | | | | | | | | |
| | Other Institut | ional Staff 1 | Traveling | | Title (| AD, SID, At | :hletic Tra | iner, etc.) | |
| 1. | | | | | | | | | |
| 2. | | | | | | | | | |
| 1 1 | | | | | | | | | |

2019 National Collegiate Men's and Women's Skiing Championships Host Institution: University of Vermont Student-Athlete Questionnaire

Please type or print clearly.

Deadline for submitting this form is Thursday, Feb. 28, 2019

* Email this form to Sara Truax (sarah.truax@uvm.edu)

| Fr | So | Jr | Sr | Grad Student |
|---------|---------------|---------|--------------------------------|---|
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| | Fr onal Te | Fr So | Fr So Jr onal Team, Olympics, | Fr So Jr Sr onal Team, Olympics, etc.) |

2019 NCAA Men's and Women's Skiing Championships Hosted by: University of Vermont March 8-11, 2019

Banquet & Barbeque Form

Institution

BANQUET

Date: Tuesday, March 5

Time: 6:00 pm

Place: Banquet Room at The Stoweflake Resort and Conference Center, Stowe, VT

The NCAA Skiing Championship Banquet is for competing student-athletes, coaches; additional tickets may be purchased for institutional personnel traveling with your team that would like to attend the banquet.

Number of student-athletes in your official travel party attending the banquet:

Number of non-athletes in your official travel party attending the banquet (see below):

Team Allotments: 1-3 Athletes = 1 Non-athlete

4-6 Athletes = 2 Non-athletes 7-9 Athletes = 3 Non-athletes 10-12 Athletes = 5 Non-athletes

Number of additional Banquet tickets requested at \$35 each:

Total number of people attending the banquet from your institution:

BARBEQUE

Date: Saturday, March 11, 2019 Time: Approximately 3:00 p.m. Place: Mt. Mansfield Ski Club

Number of student-athletes in your official travel party attending the barbeque:

Number of non-athletes in your official travel party attending the barbeque (see above):

Number of additional barbeque tickets requested at \$18 each:

Total number of people attending the barbeque from your institution:

Make payable to: The University of Vermont Athletics Department (due at registration).

Please return this form by Thursday, Feb. 28 to:

Sara Truax (sarah.truax@uvm.edu)