



MEMORANDUM

February 21, 2024

VIA EMAIL

TO: Women's Lacrosse Head Coaches and Officials.

FROM: Kimberly Wayne, Chair
Women's Lacrosse Rules Committee

Stefanie Sparks Smith, Secretary-Rules Editor
Women's Lacrosse Rules Committee

SUBJECT: 2024 NCAA Stick Stringing and Use of Adhesives

As a reminder, tape or any adhesive may not be used on any part of the head of the stick.

Tape and adhesive may be used on the shaft of the stick, including tape down strings.

Stick Stringing

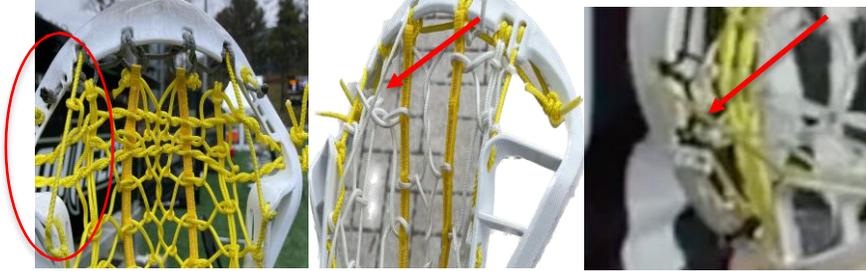
Stringing has come to our attention that creates a lip for the ball and inhibits free movement of the ball. Sidewall stringing must attach to the scoop (top) of the head of the stick through the vertical hole **directly above** the sidewall stringing so that the stringing is **parallel** with the sidewall holes and other vertical stringing.

Sidewall stringing **must** attach to a vertical hole directly above it or the stick is **illegal**. **Sidewall stringing that attaches to a vertical hole not directly above it but instead at an angle is illegal.**

The following pictures are examples of **LEGAL** stringing:



The following pictures are examples of **ILLEGAL** stringing:



KW:ss