



Frequently Asked Questions on Uniforms and Contest Delays Women's Lacrosse – 2021

(This document includes specific NCAA Women's Lacrosse Rules references where applicable.)

1. What are the uniformity requirements for field players' uniform shirts?

All field players' uniform shirts shall be the same color, design, trim and cut. (Rule 2-30)

2. What are the uniformity requirements for field players' uniform bottoms?

Field players have the choice of wearing shorts or a kilt/skirt as long as the shorts/kilt/skirt are of the same color and similar design, trim and cut. (Rule 2-30)

3. What about numbers on the uniform shirts?

All players must wear numbers, differing from others on the team, on the front and back of the uniform shirt. A player's uniform number must be the same as that recorded in the scorebook. (Rule 2-31)

4. What if a player's uniform number is incorrect in the scorebook?

A player's uniform number must be the same as that recorded in the scorebook. A player not listed on the roster and/or in the scorebook by name and correct uniform number is an illegal substitute. (Rule 2-31 and Rule 5-42.f)

5. What sizes do the numbers have to be?

Numbers on the back of the uniform shirt must be a minimum of 8 inches tall; numbers on the front of the uniform shirt must be a minimum of 6 inches tall and must be centered at chest level. (Rule 2-31)

6. Can the number appear somewhere else on the uniform?

The player's number must appear on the front and back of the uniform shirt. If a number appears elsewhere on a player's uniform (such as on the kilt, pants or on the sleeves of a shirt), it must match the number on the player's shirt. No other numbers may appear on the player's uniform. (Rule 2-31) This does not apply to patches.

7. What are the rules about the contrast of uniform shirts and numbers?

Numbers must be in a color clearly contrasting to that of the top (i.e., dark shirts must have light numbers and light shirts must have dark numbers), or be clearly outlined in a contrasting color if the top and the number are of a similar color. Non-solid-colored shirts must have the numbers superimposed on a solid color block background or outlined with a contrasting color. **Beginning January 1, 2023, the jersey number must be of a color that is clearly in distinct contrast with the color of the jersey, irrespective of any border around the number.**

8. What are the rules about uniform colors for opposing teams?

The uniforms must be contrasting. The coaches/schools shall agree upon contrasting colors before the day of the game. If both teams have uniform shirts of the same or similar color, the home team shall be obligated to change or wear numbered pinnies of a contrasting color.

(Rule 2-32)

9. What are the uniform requirements for goalkeepers?

The goalkeeper's shirt must be of the same color as the goalkeeper's team; the goalkeeper's bottom must be predominantly a solid official school color, white, black or gray. The goalkeeper's shirt must be worn over any chest and shoulder protective equipment. (Rule 2-30)

10. What are the rules with visible undergarments worn under the shorts/kilt/skirt?

All visible undergarments worn under the shorts/kilts/skirts must be of one solid color, and must be white, gray, black or one of that team's uniform colors. All team members choosing to wear visible undergarments under their shorts/kilt/skirt must wear the same color. This does not apply to medical sleeves. (Rule 2-33)

11. What are the rules with visible undergarments worn under the uniform shirt?

All visible undergarments worn under the shirts must be of one solid color, and must be white, gray, black or one of that team's uniform colors. All team members choosing to wear visible undergarments under their shirt must wear the same color. This does not apply to medical sleeves. (Rule 2-34)

12. What are the rules on non-compliance of appearance and uniforms?

If an illegal uniform is discovered prior to the start of the game, a free position will be awarded to the opposing team at the center line. Player positioning for the draw shall not apply. The penalty for an illegal uniform may only be administered at the start of the game. (Rule 2-35)

13. Are teams permitted to wear patches on their uniforms?

As authorized by the institution or conference, teams are permitted to wear commemorative/memorial patches (e.g., names, mascots, nicknames, logos, and marks intended to celebrate or memorialize persons, events, or other causes). The patch must not exceed 2¼-square inches and must be placed on the front or sleeve of the uniform and may not interfere with any required markings. While not all team members are required to wear the patch, the patch must be identical for those who choose to wear the patch.

14. Are teams permitted to wear other names/words on their uniforms besides names of the player or the institution?

As authorized by the institution or conference, teams are permitted to wear other names/words intended to celebrate or memorialize persons, events, or other causes on the back of the jersey/uniform where the player name is traditionally located. The names/words may vary by team member.

15. What about footwear/cleats?

Players must wear composition or rubber soled shoes. No spikes are allowed. Plastic, leather or rubber cleats/studs may be worn. Shoes and socks are not required to be identical for team members. (Rule 2-29)

16. What is the rule regarding refusal to play?

If a team leaves the field and refuses to play, the score of the game shall stand, if the team remaining on the field was leading at the time. Otherwise, the score of the game will be 1-0 in favor of the team remaining on the field. (Rule 4-7)

17. What if a suspended or ejected coach or non-student-athlete personnel refuses to leave the area?

The official may declare a forfeit. The score of a forfeited game will be 1-0 in favor of the non-offending team. (Rule 4-7)

18. What if the individual suspended or ejected is a student-athlete?

The student-athlete may remain in the team bench area. (Rule 4-7)

19. Are there any playing rules that specify protocols for student-athletes and/or coaches during the national anthem?

No. Participants should be allowed to express their opinions (e.g., kneeling during the national anthem) as long as the action does not delay or disrupt competition.

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