

2025 Men's Lacrosse Proposed Rules Changes

The following rules changes were approved by the NCAA Men's Lacrosse Rules Committee and the Playing Rules Oversight Panel. These changes will be incorporated into the rules book for the 2025 season.

Rule(s)	Rules Proposal and Rationale
1-20 Mouthpiece	To permit a clear mouthpiece to be worn.
	Rationale: To provide additional flexibility on the color of the mouthpiece given the availability of mouthpieces in the marketplace.
4-3-b-9 Faceoff Violation	To eliminate the 30-second time serving penalty after the third faceoff violation of the half and then establish that if there is a faceoff violation by a faceoff player that faceoff player cannot take the next faceoff.
	Rationale: The rules committee as well as the men's lacrosse coaches did not feel the penalties around the faceoff adequately prevented players from violating.
4-16.b Over and Back	To clarify that players established in the defensive half of the field would only be able to bat or deflect the ball with their crosse to keep it in the offensive half of the field.
	Rationale: To clarify what a defensive player can do with the ball as it approaches midfield to keep the ball in the offensive half of the field following a successful clear. Body contact with the ball will result in an over and back violation.
4-33-11 (New Rule) Deflected Shot	To permit video review to determine whether a valid shot deflected off the goalkeeper or goal pipe to determine if the shot clock should be reset. This could be reviewed either by coach's challenge at any point in the game or by official's discretion in the last four minutes of regulation or any overtime period.
	Rationale: The change would provide clarity on if a valid shot hit the goalkeeper or goal pipe and if a shot clock reset is necessary.
4-35 (Fighting, Flagrant Misconduct and	To provide officials the opportunity to review fighting, flagrant misconduct and unsportsmanlike conduct observed or unobserved at any time during the game.

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Rule(s)	Rules Proposal and Rationale
Unsportsmanlike	Rationale: The rules committee felt that the video review criteria did not adequately provide
Conduct)	officials the opportunity to review some of these situations that often occur out of sight or
	involving multiple individuals.
4-36	To permit coaches the ability to challenge anything within the video review criteria as outlined in
(New Rule)	Rule 4-33 at any time during the game.
Coach's Challenge	
	Rationale: This would allow coaches to challenge plays in the last four minutes of regulation or
	any overtime period.
4-36	To adjust the video review criteria to only permit official's discretion to review items in Rule 4-33
(New Rule)	in the last four minutes of regulation or any overtime period.
Official's Discretion	
	Rationale: This change improves the overall flow of the game by only permitting official's reviews
	under Rule 4-33 in the last four minutes of regulation or any overtime period. This would not
	impact reviews of contact to the head and/or neck area or the new change (if approved) around
	fighting, flagrant misconduct or unsportsmanlike conduct reviews.
5-13 and 5-14	A suspended coach or team personnel cannot be in the confines of the venue from once the
Suspended Coach /	team arrives until the completion of the contest when the officials leave the field.
Bench Personnel	
	Rationale: The rules committee felt after a review of the suspension rules in men's lacrosse that
	a suspended coach or team personnel should not be at the contest venue while serving a
	suspension.