• The following new rules were approved in a non-change year for the integrity of the game and health and safety purposes.
• Please read carefully and thoroughly Rules 4-33, 4-34, 4-35 and 6-6.aa in their entirety.
• The following are highlights in several important factors in these NEW rules.

**Video Review Rules 4-33 and 4-34:**
• Video Review is a permissive rule and is NOT required.
• The Game Officials may use the designated video monitor provided by the home team independent of the team bench area.
• The Game Officials may review items listed in Sections 33 and 34 at their discretion.

**Video Review Rule 4-35:**
• A Coach's Challenge may only be requested for Reviewable Items in Rules 4-33.
• Coach’s Challenge, one per half, until the last four (4) minutes of regulation. If unsuccessful, Challenge is lost, and timeout charged.
• If successful, the Challenge is retained, no timeout charged.
• To Challenge, the head coach throws a “Red” Flag to get the attention of the Officials within 30 seconds or until the start of the next faceoff.
• A goal scored by either team within the 30-second time period may be disallowed, if the Challenge is affirmed.
• The Game Officials will adjust the game clock based on the result of the Challenge.

**Illegal Procedure Rule 6-6.aa:**
• Except for the helmet, rules for loss of required equipment remain unchanged.
• If the helmet of a player comes off during live play, (immediate whistle to stop play) that player must leave the playing field.
• Play will restart once that player reaches the Substitution Area, and that player may not return until the next deadball after the restart of play.
• Give special attention to the “AR’s” 38, 39 and 40 on page 74 of the online one PDF version of the 2023-2024 Men's Lacrosse Rule Book.
• These “AR’s” address helmets coming off during live play in possession, by either the offense or defense, and loose ball situations.
• A player whose helmet comes off must leave the field of play immediately.