



2022 Major Rules Change for Men's Lacrosse

The following rules change was approved by the NCAA Men's Lacrosse Rules Committee and the NCAA Playing Rules Oversight Panel. This rules change is effective for the 2022 season.

[NOTE – Beginning with the 2022 season, all institutions must have two visible shot clocks with the ability to set/reset the clocks to two different times.

Also, beginning with the 2022 season, all field players must wear shoulder pads protectors certified to the NOCSAE commotio cordis protective device standard at the time of manufacture, or they must wear an alternative protective device certified to the NOCSAE commotio cordis protective device standard at the time of manufacture. (CSMAS recommendation)]

<u>Rule</u>	<u>Rules Change and Rationale</u>
4-15 Shot Clock Reset	<p>To establish a 60-second reset of the shot clock in the following situations unless stated otherwise:</p> <ul style="list-style-type: none">• A valid shot retained by the offensive team in the offensive half of the field.• A loose ball technical foul where possession is retained by the offense in the offensive half, and the shot clock is at or below 60 seconds. If the shot clock is above 60 seconds, the reset shall be 80 seconds.• In a slow whistle flag down situation, the shot clock does not reset. However, once adjudicated, the shot clock will be reset to 60 seconds if the shot clock was at or below 60 seconds. If the shot clock was above 60 seconds, the shot clock will be reset to 80 seconds.• If there is a stoppage of play for a defensive injury, the shot clock shall be reset to 60 seconds if the shot clock is at or below 60 seconds at the time of the stoppage. If the shot clock is above 60 seconds, the reset shall be 80 seconds. <p>Rationale: To apply the concept of resetting the shot clock to a lower number to existing reset situations in our game. In an effort to enhance pace of play, the additional twenty seconds needed to clear the ball is not required when the offense is already in the offensive half of the field. This rules change coincides with the rules change set to go into effect in 2022 requiring each institution to have two shot clocks that can be set/reset to two different times.</p>