



## **GYMNASTICS: Q&A**

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### **General Information**

**Q: Who is the NCAA Rules Interpreter?**

**A: Chrystal Chollet-Norton; [rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)**

**Q: May I submit my rules questions by voice mail or text message?**

**A: No.** Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the updated 2018 & 2019 NCAA Gymnastics Rules Modifications?**

**A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>**

### **UPDATES: USAG CODE OF POINTS:**

**1. New Execution Deduction:**

**a. Vaulting:**

Under-Rotation of Salto Vaults: (0.10 flat). Refer to USA JO Code of Points: 2018-2022; Vaulting; Section 2; Optional Vault; General Information; H; Level 8/9/10 Vault Specific Apparatus Deductions Chart; Second Flight.

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### **Uneven Bars**

**Q: What is the connection value bonus for a pike sole circle to a handstand (7.308) immediately into a toe front full dismount (8.401)?**

**A: +0.10.** Refer to the USAG JO Code of Points; 2018-2022; Uneven Bars; Section 3; Bonus; Chapter 4; "C" +"D/E" or "D/E" +"C"+0.10.

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### **Balance Beam**

**Q: What is the value of split Jump 1/4 on beam?**

**A: B.** Refer to USAG JO Code of Points; 2018-2020; Balance Beam Elements; (2.201); third example; From cross position, take-off from both legs, Split jump with ¼ (90 degree turn) after split to land in side stand on two feet; "B".