General Information

Q: Who is the NCAA Rules Interpreter?
A: Chrystal Chollet-Norton; rulesncaagym@embarqmail.com

Q: May I submit my rules questions by voice mail or text message?
A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name, state and USAG region to the email.

Q: Where can I locate the most updated 2020 & 2021 NCAA Rules Modification Document and Meet Procedures?

Q: Where can I locate the NCAA Women’s Gymnastics Rules Interpretation Archives?
A: http://www.ncaa.org/championships/national-collegiate-womens-gymnastics. They are found under Championship-Division One; Rules of the Game; fifth bullet down.

General:

Q: Is it ok for the Meet Referee to move the judge’s tables if requested by one of the panel of judges?
A: Yes. Refer to the 2020 & 2021 NCAA Women’s Gymnastics Rules Modifications; Appendix VII-Meet Referee Checklist; Pre-Meet Checklist Logistics-To include (but not restricted to) the scoring system, seating of the judges, warmups, guidelines, introductions of auxiliary judges and site for signing scores sheets at the end of meet.

Vault:

Q: Can a sting mat be used under a 4 inch mat for vault?
Uneven Bars:

Q: If a student-athlete performs (#2.301 "C") Cast to handstand with hop to reverse grip in handstand would she receive a “C” release move?
A: Yes. Refer to the USAG JO Code of Points 2018-2022; Section -3- Uneven Bars- General Information; Chapter 1. Required Techniques for the Recognition of Value Parts; 8.A.

Floor Exercise

Q: Is it permissible without deduction to punch off a sting mat on Floor Exercise?
A: Yes. Refer to the 2020 & 2021 NCAA Women’s Gymnastics Rules Modifications; 6. Equipment and Procedures; 6.1. p. Only one of the following mats: Stingmat, 4” Throw mat, 8” Skill cushion may be used per tumbling pass/leap combination (i.e., a gymnast may not punch off one mat and land on another)

Q: How much connective bonus would a student-athlete receive if she performs (#6.301 “C”) Salto Forward Tucked, Pike or Stretch with 1/1 twist directly connected to (#6.201 “B”) Salto Forward Stretched (also with step out) also with 1/2 turn directly connected to (#1.201 “B”) Tuck Jump with separation of legs to cross split (180) during flight phase (“C” + "B" +"B")?
A: +0.20 CV. Refer to the USAG JO Code of Points 2018-2022; Section 5-Floor Exercise-Bonus-Chapter 4. II. B. Direct connections Two (2) or more Saltos/Aerials (Acro elements without hand support) "B" + "C" = +0.20 CV.

Chrystal Chollet-Norton
NCAA Rules Interpreter - Women's Gymnastics
rulesncaagym@embarqmail.com