



2024-25 Men's Gymnastics Rules Modifications

The following rules modifications were approved by the NCAA Men's Gymnastics Committee and the Playing Rules Oversight Panel. These rules modifications will be effective for the 2024-25 season.

Rule	Modification and Rationale
Rule 1	
<p>Competition Rules - Requirements for Element Groups (1-B).</p>	<p>For Pommel Horse, Rings, Parallel Bars and Horizontal Bar, it will be required to have a "C" value element in Element Groups II and III to receive full Element Group Value. For Floor, it will be required to have a "C" value element in Element Groups II, III, and IV to receive full Element Group Value.</p> <p>Rationale: This proposal addresses parity amongst programs as well as health and safety of student-athletes by lessening the requirement for an element group by requiring skills with less difficulty.</p>
Rule 2	
<p>Warm-Up (2).</p>	<p>To limit the number of student-athletes to six (6) at a time per competing institution to warm-up at each apparatus during regular-season competition. A warning will be issued followed by a one (1.0) point deduction if more than six (6) gymnasts are warming up at an apparatus.</p> <p>Rationale: The limitation allows for equal access to competitors to warm-up at each apparatus prior to the event starting.</p>
Rule 3	
<p>Team Makeup, Computing Team Scores - Up and Count Format (3-A).</p>	<p>To decrease the number of competitors on each event move to a "four up, four count" format on each event per team.</p> <p>Rationale: It maintains the one to three ratio previously used under the five up, five count format with 15 competitors. This further enhances parity among the NCAA MGYM programs and helps contribute to our ability to fit the NCAA Championship into a two-hour timeslot for broadcast. Additionally, it aligns our number of routines on the floor with Women's Gymnastics to 24 routines in a competition. This could also allow for more double dual competitions on our respective campuses.</p>
<p>Team Makeup, Computing Team Scores - Competition Roster Size (3-C).</p>	<p>To decrease competition roster size from 15 to 12 student-athletes per competition.</p> <p>Rationale: By reducing the number of competitors, it may help programs remain competitive while navigating roster limits and financial restraints.</p>

Rule	Modification and Rationale
	Rule 6
Competition Formats - Head-To-Head Format for Dual Meets (6-B).	To remove the requirement for programs to use the head-to-head format in dual meet competition. Rationale: To allow for more flexibility for programs to do what is best for their campus and to allow programs the flexibility in being good partners with multimedia partners to explore the best presentation of the sport.
	Rule 11
Apparatus and Mats - Deviation from Equipment Requirements (11-A).	Any deviation of FIG specifications for equipment requires the host to notify the competing institution(s), the meet technical director and all members of the Men's Gymnastics Committee in writing two weeks prior to the date of the competition. Additionally, all visiting institutions competing must mutually agree to the deviation. A two (2.0) point team deduction will be issued for failure to notify the appropriate individuals two weeks prior to the date of competition. Rationale: The procedure clarifies the process to be followed and allows for timely notice of deviations in equipment to be provided to visiting institutions, the meet technical director and the Men's Gymnastics Committee.
Apparatus and Mats - Removal of Rigid Board Requirement (11-G).	To remove the requirement to place the vault board on a solid board surface during regular-season and conference competition. Rationale: This rule modification would allow institutions to determine the set-up of the event based on their facilities.