



Frequently Asked Questions on Uniforms and Contest Delays Men's Gymnastics – 2020-21

(This document includes specific NCAA Men's Gymnastics Rules Modification references where applicable.)

1. What words, logos and symbols are allowed on the uniform or equipment?

As authorized by the institution or conference, allow a commemorative/memorial patch (e.g., names, mascots, nicknames, logos, and marks intended to celebrate or memorialize persons, events, or other causes). A student-athlete's name is required to be on the back of the competition shirt with the lettering being at least 2 inches in height (Rule 8-A-1).

2. May the uniform contain any other words, slogans, messaging, etc.?

As authorized by the institution or conference, allow a commemorative/memorial patch (e.g., names, mascots, nicknames, logos, and marks intended to celebrate or memorialize persons, events, or other causes).

3. Are words allowed on equipment and other attachments?

The rules do not speak to messaging or words on other equipment, such as hand grips, during competition.

4. What about messaging for causes, organizations, etc.?

The rules do not specifically address words or symbols that reference charitable causes, social media, religious or club affiliation, etc.

5. How does the unsportsmanlike acts rule apply?

The first act of unsportsmanlike conduct by a student-athlete results in a .50 deduction from the individual or team and a yellow card for the coach. The second unsportsmanlike act results in a 1.00 deduction from the individual or team and a red card for the coach. (FIG Code of Points).

6. What is the penalty for wearing a uniform that does not meet the rules?

A warning followed by failure to conform will result in 1.0 being deducted from the team's score on any event where the infraction occurs. Non-correctable infractions (such as not having names on competition shirts) are a one-time deduction. The 1.0 deduction will be subtracted from each gymnast's score on the first event on which he competes by the Technical Director at that event (Rule 8-B).

7. What is the rule regarding refusal to play?

The rules do not refer to the refusal to compete.

8. Are there any playing rules that specify protocols for student-athletes and/or coaches during the national anthem?

No. Participants should be allowed to express their opinions (e.g., kneeling during the national anthem) as long as the action does not delay or disrupt competition.

NCAA Men's Gymnastics Rules Interpreter

Mike Juszcyk

305-321-3676 (mtjusz@gmail.com)