



***PRECHAMPIONSHIPS
2025-26 MANUAL***

NCAA General Administrative Guidelines

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THE NATIONAL COLLEGIATE ATHLETIC ASSOCIATION

P.O. Box 6222

Indianapolis, Indiana 46206-6222

317-917-6222

ncaa.org

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Section 1 • Introduction

During the 2025-26 academic year, the Association will sponsor 92 national championships – 43 for men, 47 for women and two for both men and women. Of the men's championships, four are National Collegiate Championships, 13 are Division I championships, 12 are Division II championships and 14 are Division III championships. Of the women's championships, eight are National Collegiate Championships, 12 are Division I championships, 13 are Division II championships and 14 are Division III championships. The combined men's and women's championships are National Collegiate Championships.

The Prechampionship Manual will serve as a resource for institutions to prepare for the championship. This manual is divided into three sections: General Administrative Guidelines, Sport-Specific Information and Appendixes.

Sections one through nine apply to policies applicable to all 92 championships, while the remaining sections are sport specific

Section 1.1 Definitions

Prechampionship Manual. Resource for institutions to prepare for the championship.

Administrative Meeting. Prechampionship meeting for coaches and/or administrators.

Appendixes. Any supplemental documents to be provided and distributed through the various resources.

Championship Manager. The NCAA staff member(s) responsible for the operational oversight of the championship.

Games Committee. The committee assigned to supervise the conduct of each championship session at a specific site. For finals sites, the games committee is typically the NCAA national committee.

NCAA National Committee. The sport committee with direct oversight responsibilities for the championship.

Non-predetermined Sites. Those sites that are selected to host at the time of the participant/team selections announcement.

Playing Rules. The rules under which the competition will be conducted.

Predetermined Sites. Those sites that are selected to host before the participant/team selections announcement.

Preliminary Rounds. The rounds of the championship before the final or championship round.

Regional Alignment. The geographic location of institutions or regional advisory committees.

Schedule of Events. Official event schedule – includes all required activities (e.g., practices, banquets).

Selection Criteria. Policies and procedures in place to guide the team selection process.

Site Selection Criteria. Policies and procedures in place to guide the site selection process.

Squad Size. In any championship in which a squad limit has been established by the governing sport committee or by the bylaws, the number of eligible student-athletes in competitive uniform eligible to participate at the start of competition.

Tournament Physician. The physician designated by the host institution/conference to serve as the chief medical advisor for the championship event(s) to be hosted at the host venue.

Section 2 • Championship Core Statement

The championships and alliances staff strives to administer competition in a fair, safe, equitable and sportsmanlike manner so that the experience of the student-athlete is paramount.

This is attained by:

Ensuring student-athletes' optimal experience.

Executing championship events reflecting appropriate quality and values to/for stakeholders – student-athletes, coaches, administrators, member institutions, sport committees, fans, broadcast partners and corporate champions/partners.

Coordinating all aspects of the championship in an efficient, effective manner through common operating policies and practices, using internal and external resources.

Integrating championships with broadcast and corporate relationships in a manner that maintains the integrity of the championship.

Assuring effective management of the business aspects of the operation.

Enhancing the assets of the NCAA and their value by collaborating with internal and external expertise to achieve heightened exposure (e.g., community programs, fan events, banquets, anniversaries).

Section 3 • Conduct

Section 3.1 Certification of Eligibility/Availability

[Reference: Certification of Eligibility/Availability in Bylaws 12, 13, 14, 15, 16, 20.2.4, 31.2.1.7.1, 31.2.1.7.1.2 and 31.2.2 in the NCAA Division I Manual, Bylaws 7.3.1.5 and 18.2.1 in the NCAA Division II Manual and Division II Championships Committee Policy and Bylaws 31.2.1.5, 31.2.1.5.2, and 31.2.2 in the NCAA Division III Manual.]

Only student-athletes eligible under Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. Member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition.

Member institutions are reminded to notify the NCAA national office before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championship competition.

DISCOVERY OF INELIGIBILITY OF A STUDENT-ATHLETE AFTER SELECTION

If an institution fails to report an ineligible student-athlete and the omission is not discovered until after the institution is selected to participate in the championship, necessitating the institution's withdrawal from the championship, that withdrawal shall be considered as one of the years of ineligibility, provided another institution participates in the championship in place of the disqualified institution. If the discovery of the ineligible student-athlete occurs so near the beginning of the championship that the governing sport committee does not have a reasonable period of time to replace the disqualified institution in the bracket, that fact shall be taken into consideration in determining the number of years the disqualified institution shall be ineligible to participate.

Section 3.2 Drug Testing

As part of preparation and planning to participate in championship events, member institutions are reminded and encouraged to review all applicable policy and legislative requirements pertaining to banned substances, drug testing and related eligibility requirements with their student-athletes. Student-athletes who compete in NCAA championships may be subjected to drug tests in accordance with legislation and may be determined to be ineligible as a result thereof. Only student-athletes who have consented in writing to such testing are initially eligible for these championships; and thereafter, student-athletes who are tested shall remain eligible only if they test negative.

Section 3.3 Honesty and Sportsmanship

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics and all participating student-athletes shall act with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they, as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

Section 3•4 Misconduct/Failure to Adhere to Policies

MISCONDUCT

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship, that discredits the event or intercollegiate athletics. Each games committee shall hold an administrative meeting with the representatives of participating institutions to review and explain the policies related to misconduct.

FAILURE TO ADHERE TO POLICIES AND PROCEDURES

A governing sport committee may assess a financial penalty against an institution for failure of any of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes, but is not limited to, failure to comply with the procedures and deadlines for submitting scores, score sheets, schedules, rosters and entry/march-in forms for qualification and other materials necessary for the efficient administration of the competition. [Click here](#) to see the full misconduct/failure to adhere to policies and procedures online.

Section 3•5 Sports Wagering Policy

Sports wagering includes placing, accepting or soliciting a wager (on a staff member's or student-athlete's own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; internet sports wagering; mobile betting; auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues in which an entry fee is required and there is an opportunity to win a prize.

The current NCAA legislation against sports wagering prohibits NCAA student-athletes, member institutions' athletics staff and non-athletics staff with athletics responsibilities, and conference office staff from participating in sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics practice or competition in a sport in which the NCAA conducts championship competition, in bowl subdivision football and in emerging sports for women.

A wager is any agreement in which an individual or entity agrees to give up an item of value (e.g., cash, shirt, dinner) in exchange for the possibility of gaining another item of value.

STUDENT-ATHLETES

A student-athlete found in violation of the prohibition against knowingly participating in any sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activity that involves intercollegiate, amateur or professional athletics competition shall be ineligible for further intercollegiate competition, subject to appeal to the Committee on Student-Athlete Reinstatement for restoration of eligibility.

POSTSEASON

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

HOSTING OPPORTUNITIES

It is permissible for NCAA championships to be conducted at locations in states that permit sports wagering.

Section 3•6 Student-Athlete Experience Survey

During the NCAA championships, the student-athlete experience is paramount. NCAA staff and hosts dedicate themselves to planning the best experiences for all involved. As part of our commitment to getting better, following the championship, participants will receive a survey to provide feedback on their experience and input on how championships can be improved for future NCAA student-athletes. Institutional administrators and coaches will receive

an email containing a link to the survey and will be asked to forward the survey to student-athletes. Additionally, this survey will be accessible via QR code found on the back of NCAA-issued championship credentials.

We also understand that sometimes certain circumstances or conditions occurring during the events may require real-time consideration. When this is the case, student-athletes may reach out to their site representative or NCAA national office staff on-site.

Section 4 • Elite Scholar-Athlete™ Award

The Elite Scholar-Athlete award was created to recognize the true essence of student-athletes by honoring individuals who have reached the pinnacle of competition at the national championship level in their sport, while also achieving the highest academic standard among their peers. The award is presented in every sport, every division, and goes to the student-athlete who has the highest cumulative grade-point average of all student-athletes competing at the finals site. One student-athlete per championship will receive the award, and the announcement of the winner will be made at the finals site.

Institutions that wish to nominate a student-athlete must do so through an online nomination process. For more information or to access the online form and submit a nomination, [click here](#).

Section 5 • Fan Travel

Through support from Marriott International as the Official Hotel Partner of the NCAA, NCAA championships are pleased to provide easy and affordable accommodations for family and fans to follow their favorite student-athlete(s) and team(s) as they participate in NCAA championships competition. Travel arrangements completed through Marriott and NCAA Travel help support NCAA student-athletes. Please direct your fans to ncaa.com/travel to search and book online hotel reservations.

Section 6 • Health and Safety

As part of preparation and planning to host and/or participate in championship events, member institutions are reminded and encouraged to review all applicable health and safety policy and legislative requirements and guidance including, among others, those relating to concussion management, catastrophic injury prevention, inclement weather and independent medical care. These requirements and related information can be found in applicable division manuals, sports playing rules and the materials located on the [Health, Safety & Performance website](#). In addition, a summary of some of the key health and safety considerations related to traveling to championship events can be found in the [NCAA's Guidance for Medical Care and Coverage for Student-Athletes at Away Events](#).

Section 7 • Logo Policy

[Reference: Bylaws 12.5.4, 31.1.7 and 31.1.8 in the NCAA Division I Manual, Bylaw 17.1.10 in the NCAA Division II Manual and Bylaw 12.5.3 in the NCAA Division III Manual.]

A student-athlete may use athletics equipment or wear athletics apparel that bears the trademark or logo of an athletics equipment or apparel manufacturer or distributor in athletics competition and pre- and postgame activities (e.g., celebrations on the court, pre- or postgame press conferences), provided the following criteria are met:

1. Athletics equipment (e.g., shoes, helmets, baseball bats and gloves, batting or golf gloves, hockey and lacrosse sticks, goggles and skis) shall bear only the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public; and

2. The student-athlete's institution's official uniform (including numbered racing bibs and warmups) and all other items of apparel (e.g., socks, head bands, T-shirts, wrist bands, visors or hats, swim caps and towels) shall bear only a single manufacturer's or distributor's normal label or trademark (regardless of the visibility of the label or trademark), not to exceed 2-1/4 square inches in area (rectangle, square, parallelogram) including any additional material (e.g., patch) surrounding the normal trademark or logo. The student-athlete's institution's official uniform and all other items of apparel shall not bear a design element similar to the manufacturer's trademark/logo that is in addition to another trademark/logo that is contrary to the size restriction.

Section 8 • Research

In order to avoid inappropriate and unnecessary participant distraction and disruption of championship events, it is expected any data collection or other research efforts conducted at or during championship events will be coordinated through the national office, with notice and a description of any research proposal to be submitted to the NCAA research staff at least six weeks before the championships event begins.

Section 9 • Travel Party

Please refer to the NCAA travel policies for all information regarding transportation and per diem expenses. NCAA Travel policies are updated annually and can be found online [here](#). Please reference Appendix A of the travel policies for reimbursable travel party numbers. The travel policies supersede all other documents.

Section 10 • Religious Conflicts

[Reference: Bylaws 31.1.4.1 and 31.1.4.2 in the NCAA Division I Manual.]

Institutional Policy. If a participating institution has a written policy against competition on a particular day for religious reasons, it shall inform the NCAA national office on or before Sept. 1 of each academic year in order for it or one of its student-athletes to be excused from competing on that day. The championship schedule shall be adjusted to accommodate that institution. *(Adopted: 4/22/98, Revised: 8/11/98, 10/28/99, 5/2/13)*

Individual Championships. In individual championships, an athlete must compete according to the institution's policy regarding Sunday competition (if the institution has no policy against Sunday competition, the student-athlete shall compete on Sunday if required by the schedule).

Section 11 • Team Replacement Policy

Division I developed a team replacement policy considering the possibility of unforeseen circumstances impacting championship fields. The policy will be implemented in accordance with the terms set forth in the policy document available [here](#) when, despite best efforts, a team within the championship field is impeded or hindered from participating in the championship for reasons beyond its control.

National Collegiate Women's Gymnastics

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Section 1 • General Administration

Section 1•1 NCAA Tournament Operations Staff Contact Information

John Baldwin

Assistant Director, Championships and Alliances
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6442 / jbaldwin@ncaa.org

Kelsi Mahoney

Assistant Director, Championships and Alliances
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6455 / kmahoney@ncaa.org

Samantha Bogenschutz

Assistant Coordinator, Championships and Alliances
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6984 / sbogenschutz@ncaa.org

Section 1•2 National Committee

The National Collegiate Women's Gymnastics Championships are under the control, direction and supervision of the NCAA Women's Gymnastics Committee.

Current members of the committee are:**REGION 1 (CENTRAL)****Shaun Richard, chair**

Executive Associate Athletics Director for Sport Admin.
The Ohio State University

REGION 2 (NORTH CENTRAL)**George Nelson**

Senior Associate Athletics Director
United States Air Force Academy

REGION 4 (SOUTH CENTRAL)**Cindy Harris**

Senior Associate Athletics Director
Illinois State University

REGION 5 (SOUTHEAST)**Danna Durante**

Head Women's Gymnastics Coach
University of North Carolina, Chapel Hill

REGION 2 (NORTH CENTRAL)**Melissa Kutcher-Rinehart**

Head Women's Gymnastics Coach
University of Denver

REGION 3 (NORTHEAST)**Colleen Kelly**

Senior Associate Director of Athletics,
Recruiting and Retentions/SWA
Brown University

REGION 4 (SOUTH CENTRAL)**Lisa Bowerman**

Head Women's Gymnastics Coach
Texas Woman's University

For additional information about the Women's Gymnastics Championships, contact the following:**John Baldwin**

Assistant Director, Championships and Alliances
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6238 / jbaldwin@ncaa.org

Shaun Richard, chair

Executive Associate Athletics Director for Sport Admin.
The Ohio State University
315-941-3134 / richard.149@osu.edu

Section 1•3 Conference Score Verification Coordinators

The national committee approves a conference score verification coordinator (score verifier) in each of its respective conferences to assist with verification of scores throughout the season.

CONFERENCE	SCORE VERIFICATION COORDINATOR	EMAIL
Atlantic Coast Conference	Amanda Wellick; Pittsburgh	awellick@athletics.pitt.edu
Big 12 Conference	Jessica Yamzon; West Virginia	Jessica.yamzon@mail.wvu.edu
Big Ten Conference	Rachel Innis; Penn State	rachelinniss@psu.edu
East Atlantic Gymnastics League	Jazmyn Estrella; New Hampshire	Jazmyn.estrella@unh.edu
Gymnastics East Conference	Izzie Fox; Yale	Isabelle.Fox@Yale.edu
Mid-American Conference	Don Houlton; Western Michigan	donald.houlton@wmich.edu
Midwest Independent Conference	Kendra Combs; Illinois State	kbengla@ilstu.edu
Mountain Pacific Sports Federation	Melissa Genovese; Sacramento State	Genovese@csus.edu
Mountain West Conference	Kyle Cottam; Utah State	kyle.cottam@usu.edu
National Collegiate Gymnastics Association-East	Sulekha Zaug; Cortland State	sulekha.zaug@cortland.edu
Pac-12 Conference	Kaytianna Kell; Oregon State	kaytianna.kell@oregonstate.edu
Southeastern Conference	Kyla Ross; Arkansas	kylar@uark.edu
Wisconsin Intercollegiate Athletic Conference	Doug Byrnes; Hamline	dbyrnes@hamline.edu

The responsibilities of each score verifier include, but are not limited to, the following:

- Prior to the season, collect schedule of meet forms from all teams in their conference.
- During the season:
 - Verify that the official scoresheet is uploaded to RTN and is signed by all coaches and judges. If any signatures are missing, reach out to the host institution or the coach who did not sign to determine the cause for the missing signature and notify Jason and John of the details of the situation.
 - Verify that the meet each team competes in matches the meet scheduled on its form.
 - Compare official score sheets to the scores listed on Road to Nationals. If a score is incorrect, notify Jason and he will correct the error.
 - Check all boxes next to each event and meet to ensure all scores have been checked.
- Remind coaches of score submission deadlines.
- Perform a manual check of the scores for the top 36 teams, 12 all-arounders and 16 specialists per event, then electronically sign.

Score verifiers are recommended by coaches or administrators and approved by the Women's Gymnastics Committee.

Section 1•4 Important Dates

Monday, Dec. 1	Deadline for institutions to submit their schedule of meets to the appropriate regional score verification coordinator.
Monday, Feb. 16	<p>Deadline for regional and national participant manuals to be submitted by the tournament director to Sami Bogenschutz (sbogenschutz@ncaa.org).</p> <p>NQS Rankings begin on Road to Nationals the Monday following the seventh week of allowable competition.</p>
Monday, March 9	Teams ranked 26-36 on Road to Nationals and all head coaches of potential individual qualifiers must verify scores through Road to Nationals.

NATIONAL COLLEGIATE WOMEN'S GYMNASTICS

Saturday, March 21	Deadline for scores used for qualification purposes.
Sunday, March 22	Deadline for institutions to verify all scores used for qualification purposes through Road to Nationals (noon Eastern time).
Monday, March 23	Team, all-arounder and individual event specialist selections to regional competition announced via an online selection show on ESPNU at noon Eastern time (subject to change). NEW for 2026: Competition Rotation Selection teleconference for all head coaches of teams selected to participate in Regionals at 2 p.m. Eastern time.
Wednesday, March 25	Deadline for institutions that have qualified for regional competition to accept or decline the invitation to participate. (<i>NOTE: Not later than noon Eastern time.</i>) Accept by submitting the official entry information via PlanningPoint to the appropriate regional tournament director and the NCAA championship manager. All declines must be in writing to the NCAA championship manager.
Monday/Tuesday, March 30-31	Tournament directors to conduct teleconferences with participating head coaches and administrators [teams, all-arounders (AA) and individual event specialists (IES)], site representatives and meet referees at noon Eastern time. (Four separate calls shall be conducted.) The assigned site representative along with the tournament director will lead the call.
Wed-Sun, April 1-5	Regional competition.
Monday, April 6	Selection to the national championships announced. Selection information will be available on the NCAA website not later than noon Eastern time. NEW for 2026: Competition Rotation Selection teleconference for all head coaches of teams selected to participate in Regionals at 2 p.m. Eastern time.
Tuesday, April 7	National tournament director to conduct teleconference with participating head coaches and administrators (teams, AA and IES), committee chair and meet referee at noon Eastern time. The committee chair will lead this call along with the tournament director and NCAA staff.
Wednesday, April 8	Deadline for institutions that have qualified for the national championships to accept or decline the invitation to participate. (<i>NOTE: Not later than noon Eastern time.</i>) Accept by submitting the official entry information to the NCAA championship manager. All declines must be in writing to the NCAA championship manager.
Thu and Sat, April 16 and 18	National Collegiate Women's Gymnastics Championships.

CHAMPIONSHIP DATES

2026 Regionals: April 1, 2 and 4

Baton Rouge Regional Louisiana State University

Tempe Regional Arizona State University

2026 Regionals: April 2, 3 and 5

Corvallis Regional Oregon State University

Lexington Regional University of Kentucky

2026 Finals: April 16-18

Fort Worth, Texas Texas Woman's University and Knight Eady, hosts.

FUTURE DATES

2027 Regional and National Competition

March 31-April 4, 2027, and April 15-17, 2027

DATE FORMULA

Two regional competitions will occur on a Wednesday, Thursday, Saturday format, and two regional competitions will occur on a Thursday, Friday, Sunday format. All competition will conclude the weekend of the first Saturday in April. Any teams that are prohibited from Sunday competition will automatically be assigned to a regional that concludes competition Saturday.

The national championship will be two weeks later, on a Thursday and Saturday format, or a Friday and Sunday format.

ANNUAL FORMS

Schedule of Meets Forms. Teams complete this form with their schedule of meets for the season. The form must be submitted to the score verifier by Dec. 1. Only scores from meets conducted between Jan. 1 and March 21, 2026 and listed on this form will be accepted for qualification purposes. Only one contest held at a neutral site within 30 miles of an institution's campus will be permitted to count as an away contest for purposes of calculating a team's NQS. This includes multiteam invitationals, duals, tri-meets, and/or quad-meets; conference championship meets, however, are excluded from this policy. Mileage shall be calculated using the NCAA mileage calculator. If a schedule requires a change due to extenuating circumstances, teams must contact their score verifier and John Baldwin (jbaldwin@ncaa.org) for approval. Failure to submit this form or receive approval for a meet change may result in scores not counting towards national qualifying score for postseason qualification. The schedule-of-meets form is located at ncaa.org/sports/2013/11/6/national-collegiate-women-s-gymnastics.aspx.

Judges Evaluation Form. Coaches will submit the online judges' evaluation form within 72 hours of each meet. Host institutions shall provide each coach with the judges' names, event and state of residence. The online judges' evaluation form is available at roadtonationals.com/results/1974/jas/meets.php. Hard copies of the evaluation form will not be accepted.

Section 1•5 Eligibility for National Collegiate Championships

[Reference: Bylaw 20.8 in the Division I NCAA Manual.]

An active member institution in good standing, regardless of division, is eligible for the National Collegiate Championships if a division championship in the respective sport is not offered. Such an institution normally is required to meet only the institutional individual eligibility requirements of its division that govern the sport in question.

Section 1•6 Equipment

American Athletic, Inc., will furnish the equipment that will be used at the National Collegiate Women's Gymnastics Championships. Teams, all-around competitors and individual event specialists may bring one vaulting board, one plywood board (to go under the vault board) and one small beam pad (not a sting or suede mat) to be used at regional competition and the national championships. The small beam pad may not be left on the floor during the competition (both regionals and nationals). All other equipment and matting (e.g., sting mats, vault entry pads, plywood) will be provided by the host institution and/or equipment manufacturer. The official equipment list for regional and national competition is provided in Appendix C of the Host Operations Manual.

An AAI representative will be on-site throughout the championships at each regional site to assist with equipment needs.

Equipment Specifications. All equipment must conform to USA Gymnastics equipment specifications as outlined in the USA Gymnastics Women's Rules and Policies and Code of Points (Level 10). Copies may be obtained from USA Gymnastics, 132 East Washington Street, Suite 700, Indianapolis, Indiana 46204 (317-237-5050). It also can be downloaded at usagym.org/pages/women/pages/rules_policies.html. Additionally, NCAA Rules Modifications Section 6 Equipment Specifications supersede the USAG equipment rules, if different.

Foreign Substance. Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (e.g., honey and sugar, tuff skin).

Beam End Cap. If a gymnast knocks off the beam end cap with her foot during her dismount, this is NOT considered as equipment failure. All performance deductions will be taken. If she falls, the gymnast may repeat her dismount (series) and would be eligible for value part credit and bonus, as would occur with any fall of the beam.

Regional Mat Color. Regional hosts may use any solid color floor exercise carpet, provided any corporate logos are covered. If the host institution rents or borrows a mat for regional competition, then a blue AAI mat shall be used.

Vault Table. Institutions and individuals must compete using a vault table apparatus that is approved by USA Gymnastics for Level 10 developmental program competition in order for the scores from a meet to be used in the calculation of National Qualifying Scores (NQS). Please note that the TAC/10 LZT vault table will be used at NCAA regional and national competition.

Section 1•7 Rules

[Reference: Bylaw 31.1.6.2 and Bylaw 17.13 in the NCAA Division I Manual.]

The NCAA Women's Gymnastics Rules Modifications are available on the NCAA website at ncaa.org/sports/2013/11/6/national-collegiate-women-s-gymnastics.aspx (click on Gymnastics Rules of the Game).

Member institutions shall conduct all of their intercollegiate competition in accordance with the playing rules of the Association in all sports for which the NCAA develops playing rules. For those sports in which the Association follows rules that are developed by other governing bodies and modified by the governing sports committee, the adopted playing rules shall be used. The governing sports committee will not consider any results for selection purposes that are not played in accordance with NCAA rules or those rules adopted by an outside organization.

The National Collegiate Women's Gymnastics Championships, and all meets used to qualify for them, will be conducted according to USA Gymnastics Development Program Code of Points (Level 10 Rules) and the NCAA Women's Gymnastics Rules Modifications.

Direct all rules-related questions to the NCAA Rules Interpreter. Contact information is in the Rules Modification document noted in the link above.

Section 1•8 Uniforms

For all sessions of the National Collegiate Women's Gymnastics Championships, an institution's official uniform and all other items of apparel (i.e., tights, T-shirts, warmups, tennis shoes) must be identical if worn on either practice or competition day. During the march-in and awards ceremony, team members must be in identical warmup apparel. During individual competition in the postseason, those athletes on the same team must wear identical uniforms and leotards.

For NCAA women's gymnastics competition, the uniform policies listed in the [Rules Modifications Document](#) must be followed.

LOGOS

[Refer to General Administrative Guidelines, Section 7.](#)

Section 2 • Determination of Championship Participation

Section 2.1 Championships Format

Championships Regionals. The top 36 teams based on NQS will be selected for regional competition. NEW for 2026: The NQS formula has been updated, see Appendix D for more information about the calculation. Nine teams, three all-around competitors and four individual specialists per event (all of whom are not on a qualifying team) will be assigned to one of four regions. The number of all-arounders and event specialists assigned to each region may vary depending on the number of individuals qualifying from a given school. Overall, 12 all-arounders and 16 event specialists for each event will be selected nationwide.

The first round will consist of two teams, the second round will consist of eight teams and individuals, and the regional final will consist of four teams. At each regional, the top team in round one qualifies to round two; the top two teams in each session in round two qualify to the final round; and the top two teams in the final round qualify to the national championship. The top all-arounder and event specialist at each regional (who is not on an advancing team) qualifies to the national championship in their respective event(s).

Championships Finals. The National Collegiate Women's Gymnastics Championships will consist of eight teams, four all-around competitors and 16 event specialists. Semifinals and individual competition will be conducted in two sessions April 16. The top two teams from each semifinal will advance to the final competition April 18. The individual all-around and event champions (considering all competitors) will be awarded to the individuals with the top scores considering scores from both semifinal competitions. The team champion will be awarded to the team with the highest cumulative team score from the final competition.

REGIONAL FORMAT AND SCHEDULE (ALL TIMES ARE LOCAL)

There will be a total of four sessions of four rotations. The first-round meet will start at 2 p.m. For the second round, the two meet times are 1 p.m. and 7 p.m. The regional final will start at 5 p.m. All-arounders and event specialists will compete after the teams in each event. The order of events will be as follows:

Vault – Bars – Beam – Floor

Regional team, all-around and event specialist competition and warmups will be conducted in the same manner as at the championships.

Competition Rotation Selection: Beginning with the 2026 championship season, all teams will select their competition rotation order based on their National Qualifying Score (NQS) rankings. The highest-ranked team in each session will have the first opportunity to select its starting event. The remaining teams will select in descending order of NQS until all four teams have made their selections.

The competition will continue to follow Olympic order (vault, uneven bars, balance beam, floor exercise). Once all teams have selected their starting events, the NCAA will integrate individual event specialists (IES) and all-around (AA) competitors into the rotation and distribute the official competition rotation for each session.

A team representative – whether a coach, administrator or designee – must be present on the Competition Rotation Selection teleconference to make the event selection. If a representative is not present at the time of selection, the team forfeits its opportunity to choose and will be assigned the last remaining event. The next highest-ranked team will proceed with their selection.

To ensure a smooth process, please join the teleconference prepared with your preferred event and alternative scenarios, as these teleconferences will be brief. Institutions are responsible for confirming receipt of the calendar invite and the teleconference link provided by either the NCAA Women's Gymnastics Championship Manager or the applicable Regional Tournament Host. If the link has not been received at least one hour prior to the scheduled call, please contact Sami Bogenschutz at sbogenschutz@ncaa.org.

NOTE: Institutions with advancing IES and AA competitors do not need to participate in the team Competition Rotation Selection teleconferences.

First Round: Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference following the conclusion of the selection show. The first round dual competition with two teams will follow the classic regular season dual meet format. The higher NQS team will be able to select whether they will start on vault or bars. The rotation after the first apparatus will be Olympic order. The lower NQS team will begin on the apparatus that was not selected, bars or vault.

Second Round: Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference following the conclusion of the selection show. The selection will begin with the highest NQS team in the round and work towards the lowest. A coach or delegate must be on the call to make the selection. If a representative is not present, they forfeit their right to choose and will be placed in the remaining apparatus.

Regional Final: Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference the morning of the regionals visualization day. The selection will begin with the highest NQS team in the round and work towards the lowest. A coach or delegate must be on the call to make the selection. If a representative is not present, they forfeit their right to choose and will be placed in the remaining apparatus.

Wednesday, April 1 or Thursday, April 2: Competition Day - First Round

10-11 a.m.	Look through for two teams competing in Round 1
10:55 a.m.	Training room opens
Noon-12:20 p.m.	Open stretch
12:20-12:22 p.m.	Transition
12:22-12:37 p.m.	Warmup Rotation I
12:37-12:39 p.m.	Transition
12:39-12:54 p.m.	Warmup Rotation II
12:54-12:56 p.m.	Transition
12:56-1:11 p.m.	Warmup Rotation III
1:11-1:13 p.m.	Transition
1:13-1:28 p.m.	Warmup Rotation IV
1:49 p.m.	March-ins and National Anthem
1:55 p.m.	Prepare for first event
1:58 p.m.	Touch warmup start
2:02 p.m. on ESPN+	Competition begins
5 p.m.	Look through for teams/individuals participating in second round scheduled by NQS ranking.

Thursday, April 2 or Friday, April 3: Competition Day - Second Round

9:48 a.m.	Training room opens
10:47-11:07 a.m.	Open stretch
11:07-11:09 a.m.	Transition
11:09-11:26 a.m.	Warmup Rotation I
11:26-11:28 a.m.	Transition
11:28-11:45 a.m.	Warmup Rotation II
11:45-11:47 a.m.	Transition
11:47 a.m.-12:04 p.m.	Warmup Rotation III
12:04-12:06 p.m.	Transition
12:06-12:23 p.m.	Warmup Rotation IV
12:44 p.m.	March-ins and National Anthem
12:55 p.m.	Prepare for first event
12:57:30 p.m.	Touch warmup start
1:02 p.m. on ESPN+	Competition begins for Session I

4:47-5:07 p.m.	Open stretch for Session II
5:07-5:09 p.m.	Transition
5:09-5:26 p.m.	Warmup Rotation I*
5:26-5:28 p.m.	Transition
5:28-5:45 p.m.	Warmup Rotation II
5:45-5:47 p.m.	Transition
5:47-6:04 p.m.	Warmup Rotation III
6:04-6:06 p.m.	Transition
6:06-6:23 p.m.	Warmup Rotation IV
6:44 p.m.	March-ins and National Anthem
6:55 p.m.	Prepare for first event
6:57:30 p.m.	Touch warmup start
7:02 p.m. on ESPN+	Competition begins for Session II

**Timing subject to change. Refer to regional participant manual for detailed schedule.*

Friday, April 3 or Saturday, April 4: Rest Day - Regional Final

Competition Rotation Selection

Competition Rotation Selection teleconference at 9 a.m. local time (hosted by Regional Tournament Director and NCAA Staff)

Open Stretch and Visualization

- This is optional, but if a team is not attending, they are required to let the host know on the Regional call.
- 20-minute open stretch on the floor exercise (as stated in NCAA manual) and 25 minutes of visualization (as stated in the NCAA rules modifications).
- Visualization may be done on the competition area or in the stands by any gymnast. Matting surrounding each event (including FX itself and V runway only) may be used for visualization, provided the equipment itself is not mounted or used for gymnastics-specific or inverted skills.
- After the 20-minute open stretch, make the following announcement: "Open stretch is complete. All athletes, please remove yourselves from the floor exercise and provide room for visualization."

Rotation is as follows:

Teams #1 and #2 from Session I

10-10:20 a.m.	Open stretch on floor exercise
10:20-10:45 a.m.	Visualization open to all events
10:45-11:30 a.m.	Athletic training available for teams #1 and #2 from Session I

Teams #1 and #2 from Session II

11-11:20 a.m.	Open stretch on floor exercise
11:20-11:45 a.m.	Visualization open to all events
11:45 a.m.-12:30 p.m.	Athletic training available for teams #1 and #2 from Session II

Saturday, April 4 or Sunday, April 5: Competition Day - Regional Final

1:55 p.m.	Training room opens
2:55-3:15 p.m.	Open stretch
3:15-3:17 p.m.	Transition
3:17-3:32 p.m.	Warmup Rotation I
3:32-3:34 p.m.	Transition

3:34-3:49 p.m.	Warmup Rotation II
3:49-3:51 p.m.	Transition
3:51-4:06 p.m.	Warmup Rotation III
4:06-4:08 p.m.	Transition
4:08-4:23 p.m.	Warmup Rotation IV
4:44 p.m.	March-ins and National Anthem
4:55 p.m.	Prepare for first event
4:58 p.m.	Touch warmup start
5:02 p.m. on ESPN+	Competition begins for Regional Final

Ties – Regionals. In regional team competition, ties for second place will be broken by counting six scores per event. If a tie still exists, the team score will be determined by using six scores per event, dropping the high and the low scores and adding the four middle scores. Ties for the advancing all-arounder will be broken by evaluating the highest event score, then the next highest, and will continue until the tie is broken. If not broken, all four judges' scores will be counted for all four events. Ties for advancing event specialists will be broken by counting all four scores on the event. If not broken, the chief judge score will be the tiebreaker. If a tie still exists, the advancing individual will be the one with the higher NQS.

NATIONAL FORMAT AND SCHEDULE

Order of Events. Semifinal team, all-around and individual event specialist competition will be conducted in two sessions Thursday, April 16. The top two teams from each semifinal will advance to national championship competition Saturday, April 18. The event order for each session is as follows:

Vault – Bars – Beam – Floor

Semifinals and Final Rounds: The competition will follow the “double dual” quad meet format. In this format, vault and beam are paired and alternate. Separately, uneven bars and floor are paired and alternate. The four teams will rotate in Olympic order – vault, uneven bars, beam and floor exercise.

Wednesday, April 15: Practice Day

Two practice sessions will be conducted jointly for the teams, all-arounders and individual event specialists (11:30 a.m. and 2:30 p.m. local). All practices will be one hour and 48 minutes – one 20-minute stretching period and four 20-minute rotations. A two-minute transition period will be allotted after open stretch and between events. Bars and beam will be timed in the same format as the competitive warmup with any remaining time shared between the team and the individual. A team's/all-arounder's practice session will be based on its semifinal placement.

Thursday, April 16: Semifinals, All-Around and Individual Event Specialist Competition

Team. The top two teams from each of the four regionals advance to semifinal competition. Our broadcast partner, ESPN, reserves the right to determine which team grouping goes into which predetermined semifinal session while maintaining bracket integrity. This no longer guarantees that the highest-ranked remaining team will automatically be assigned to the evening session. The standard selection process will be applied to the bracket, with ESPN designating which grouping of teams compete in semifinal I & II. This follows the same practice as all NCAA championships on ESPN, allowing partners to maximize viewership and exposure.

All-Around and Event Specialists. The all-arounder and individual event specialists each with the highest NQS shall be assigned to the evening session. The bracket shall not be used for all-around or individual competitors.

Individual Event Specialists. All event specialists will be placed by committee discretion.

NOTE: If a gymnast qualifies in more than one event, she will compete in only one session. An additional two-minute warmup will be added to accommodate these individuals (2:10 added to beam).

Each semifinal will include four teams, two all-arounders and eight individual event specialists. The last competitor will be the all-arounder unless an individual event specialist is also competing. If injuries or scratches result in a team having fewer than five gymnasts in an event, it still shall compete as a team with a zero being included for each missing score.

SEMIFINAL I - 3:30 P.M. ON ESPN2**SEMIFINAL II - 8 P.M. ON ESPN2**

All times listed are local (Central) and are subject to change.

The warmup timing detailed schedule will be listed in the participant manual.

Friday, April 17: Rest Day - National Championship**Competition Rotation Selection**

Competition Rotation Selection teleconference at 9 a.m. local time (hosted by NCAA Staff)

Open Stretch and Visualization

- This is optional, but if your team is not attending, you are required to let the host know on the National call.
- Twenty-minute open stretch on the floor exercise (as stated in NCAA manual) and 25 minutes of visualization (as stated in the NCAA rules modifications).
- Visualization may be done on the competition area or in the stands by any gymnast. Matting surrounding each event (including FX itself and V runway only) may be used for visualization, provided the equipment itself is not mounted or used for gymnastics-specific or inverted skills.
- After the 20-minute open stretch, make the following announcement: "Open stretch is complete. All athletes, please remove yourselves from the floor exercise and provide room for visualization."

Rotation is as follows:**Teams #1 and #2 from Session 1**

10-10:20 a.m.	20-minute open stretch on floor exercise
10:20-10:45 a.m.	25-minute visualization open to all events
10:45-11:30 a.m.	Athletic training available for teams #1 and #2 from Session 1

Teams #1 and #2 from Session 2

11-11:20 a.m.	20-minute open stretch on floor exercise
11:20-11:45 a.m.	25-minute visualization open to all events
11:45 a.m.-12:30 p.m.	Athletic training available for teams #1 and #2 from Session 2

Saturday, April 18: National Championship - 3 p.m.

The top two teams from each semifinal will advance to the national championship competition.

The warmup rotation is as follows:

TBD	Training room opens
12:59-1:19 p.m.	Open stretch for national championship
1:19-1:21 p.m.	Transition
1:21-1:36 p.m.	Warmup Rotation I
1:36-1:38 p.m.	Transition
1:38-1:53 p.m.	Warmup Rotation II
1:53-1:55 p.m.	Transition
1:55-2:10 p.m.	Warmup Rotation III
2:10-2:12 p.m.	Transition
2:12-2:27 p.m.	Warmup Rotation IV
2:27	Clear floor
2:39	Lineup

2:48 p.m.	March-ins and National Anthem
2:59 p.m.	Prepare for first event
3:02 p.m.	Touch warmup start
3:06 p.m. ABC	Competition begins for national championship
Post Competition	Award ceremony

NOTE: All times listed are local (Central) and are subject to change.

Ties – Nationals

- Day 1 – Semifinals (team competition): Ties for second place in each semifinal will be broken by counting six scores per event. If a tie still exists, the team score will be determined by using six scores per event, dropping the high and low scores, and adding the four middle scores.
- Day 2 – Team Finals: Ties will not be broken.

WARMUPS

Practice Day. Student-athletes will not be permitted to mount the podiums prior to their designated warmup time. Coaches and managers may be on the podiums early for equipment preparations. Teams will use the matting surrounding their first event on practice day for open stretch. Individuals may share the floor with the team starting on the floor regardless of their first event. The team starting on vault may also choose to stretch on one-third of the floor exercise. Gymnasts warming up on vault, bars and beam may use the apparatus for stretching purposes without mounting the equipment. There are no restrictions on flight or inverted skills for the duration of the open stretch. Please note the Travel Information on page 20 in this manual for an explanation of NCAA-reimbursed athletes.

Competition Day. Student-athletes will not be permitted to mount the podiums prior to their designated warmup time. Coaches and managers may be on the podiums early for equipment preparations. Teams will use the matting surrounding their first event for open stretch. In regionals round two and nationals semifinals, individuals may share the floor with the team starting on the floor regardless of their first event. The team starting on vault may also choose to stretch on one-third of the floor exercise. Gymnasts warming up on vault, bars and beam may use the apparatus for stretching purposes without mounting the equipment. There are no restrictions on flight or inverted skills for the duration of the open stretch.

After a 20-minute stretch and two-minute transition, each rotation will be 17 minutes (15 for finals) plus two minutes for transition between events. There will be no pausing of the timer on bars to make adjustments; bar changes must be made within the time allotted. Each team or group will begin the warmup session on the same event on which it begins the competitive rotation and will follow Olympic order. **TEAMS ARE NOT PERMITTED TO WARM UP MORE THAN EIGHT INDIVIDUALS.**

For all events, individual event specialists and all-arounders must be interwoven in the team's warmup rotation starting after the first turn. For example, team rotation followed by individual event specialist and repeat.

Teams with one individual may use the entire 17 minutes for warmup. If a team does not have an individual on any particular event, they may not begin warmups until the clock reaches the 15-minute mark. Teams will not rotate until 17 minutes expires, regardless of early finishes.

NOTE: Timing is subject to change. Refer to detailed schedule in the participant manual.

TOUCH

During NCAA postseason competition, as competitors arrive at each event for competition there will be a 4:00 touch warmup on each event. At the NCAA regionals and national championships, 0:30 will be added for each all-around and individual competitor. Teams and individuals should begin their touch at the time allotted based on the number of individuals at that event. For example, an event with two individuals should begin touch when the clock starts at 5:00. An event with one individual should begin touch when the clock hits 4:30. At the NCAA regionals and national championships, the two-minute transition between events will begin at the conclusion of the march-in ceremony, when all individuals and teams reach their respective corrals. After each rotation and the initial score is flashed, the PA announcer will announce

the beginning of the two-minute transition period. This protocol is also recommended for regular-season events. For the NCAA regionals and national championships, the 2:00 transition will be announced and any adjustments may be made to extend the time, as necessary, for an orderly processional between events. [Note: During the competition, all participants and coaches must remain in uniform and on the competition floor (or in team seating) until the completion of the awards ceremony.]

NOTE: For all competition, if an injury or equipment failure occurs and competition is halted for 20 minutes or more, a 30-second touch warmup per student-athlete will be allowed.

Section 2•2 Qualifying Procedures

CRITERIA

To qualify for regional competition and the national championships, each institution must comply with the following criteria, listed in no particular order. Failure to do so may result in the assessment of a financial penalty in accordance with Bylaw 31.1.11.1:

1. Schedule of Meets. Each team must submit its schedule of meets form to its score verifier by Dec. 1. Only scores from meets conducted between Jan. 1 and March 21, 2026, and listed on this form will be accepted for qualification purposes. If a schedule requires a change due to extenuating circumstances, teams must contact their score verifier and John Baldwin (jbaldwin@ncaa.org) for approval. Failure to submit this form or receive approval for a meet change may result in scores not counting towards NQS for postseason qualification.
2. Regular-Season Scoresheets. Complete, electronic scoresheets must be submitted and uploaded to Road to Nationals within 72 hours of the meet. Only results that have been submitted on either a typed NCAA scoresheet or a computer printout will be accepted. The official scoresheet submitted to RTN must include the judges' names and ratings, all judges' scores, neutral deductions, the all-around scores, the final team score, attendance figures and the coach's signature. Each judge also must sign the scoresheet verifying the accuracy of each gymnast's average score. All public-facing scoresheets must keep the judges identities anonymous.
3. Score Verification through Road to Nationals. Teams ranked in the top 25 do not need to verify individual scores. Teams ranked 26-36 and all scores used for individuals and/or all-arounders must be verified. Head coaches (or designee) must verify all scores used for qualification purposes on Road to Nationals by March 22. (Scores from meets between March 9 and March 22, 2026, the cut-off date, must be verified through Road to Nationals by noon Eastern time, March 22, 2026.) Score verification coordinators are responsible for ensuring all schools in their regions have submitted scores by the appropriate deadlines.

NOTE: The NQS must be carried out to four digits.

4. Scores from meets conducted between Jan. 1 and March 21, 2026, may be used for qualification purposes. Meets that may be used for qualification purposes are as follows: (a) Dual meets; (b) quadrangular, triangular or other invitational meets; and (c) conference championship meets. (*NOTE: A conference championship held at an institution's home facility counts as a home score for that institution.*) All-around meets and any meets in which gymnasts from private clubs compete may not be used for qualification.
5. An NCAA team is permitted to compete against a non-NCAA team (i.e., NAIA); however, there must be another NCAA team participating in competition for the score to count towards any NCAA team's NQS.

PROCESS

For regional competition, the top 36 teams based on the NQS will be selected, with the top 16 teams seeded. Qualification for regional competition is based on an all-around competitor's and an individual event specialist's six best regular season meet scores, three of which must be contested away. For more information on how the NQS is obtained, see Appendix D.

In case of ties for the last berth into the regional competition and for seeding purposes, the team, all-around competitor or event specialist with the highest score, not including the six used for the regional qualifying score, will qualify. If a tie still exists, the process is continued until the tie is broken.

The top 12 all-arounders and top 16 event specialists based on national qualifying score and not on a qualifying team will be selected. The list of top 12 all-arounders and top 16 individual event specialists will include individual qualifying scores from the teams competing in the first round to ensure those individuals compete in the individual competition, regardless of whether their teams advance from the first round. Individuals will compete in the second round at regionals. Scores achieved in the second round will be used to determine advancing individuals once the regional final is finished (to account for individuals on teams that are eliminated in the regional final) and then the top all-arounder (not on an advancing team) and top specialist for each event (not on an advancing team) will advance to the national championship, in that event only. This method ensures 4 all-arounders and 16 specialists advance to the championship.

Ties for the advancing all-arounder will be broken by evaluating the highest event score, then the next highest, and will continue until the tie is broken. If not broken, all four judges’ scores will be counted for all four events. Ties for advancing event specialists will be broken by counting all four scores on the event. If not broken, the head judge score will be the tiebreaker. If a tie still exists, the advancing individual will be the one with the higher NQS.

ALTERNATES

At selections for regionals and the announcement of national qualifiers, the next highest individual competitor in each event and the all-around will be named as an alternate. If a qualifier declines the invitation within the 24-hour period after the announcement of qualifiers, the alternate will be informed and given the opportunity to accept. The alternate must then accept within 24 hours of notification.

TRAVEL PARTY

[Reference: Per Diem and Transportation in the Division I General Section and Bylaw 31.1.5 in the NCAA Manual.]

Participating teams are limited to a maximum of 15 student-athletes plus five nonathletes; and a maximum of six gymnasts per event may compete. Institutions qualifying one to three student-athletes are permitted two nonathletes and those qualifying four to six student-athletes are permitted three nonathletes.

TRAVEL INFORMATION

Please refer to the NCAA Travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online at ncaa.org/championships/travel/championships-travel-information.

Transportation expenses and per diem shall be paid only for competition at the site of the national championships; reimbursement is not provided at regional competition.

Section 2•3 Seeding and Pairing Guidelines

The format for 16 seeded teams is as follows:

1	2	3	4
8	7	6	5
9	10	11	12
16	15	14	13

All-around competitors and event specialists will be placed geographically at one of the four regional sites. All-around competitors and event specialists from the same team will be placed at the same regional. If feasible, those from the same team will be assigned to the same session and rotational order. An individual all-around competitor who competed in regionals round one will be assigned to the evening session of round two.

Teams will be allowed to make modifications to the roster of 20 gymnasts. Any changes to the 20-student-athlete roster must be made one hour prior to the start of open-stretch on competition day. All changes should be made in writing to the meet director, NCAA committee chair and NCAA championships manager.

For both regionals and national championships, if an institution declines an invitation to participate, the NCAA championship manager at the NCAA national office must be notified in writing immediately.

Bracketing Principles. A team's NQS at the conclusion of the regular season (as of March 21, 2026) is the score that is used for regional selections and bracket seeding. That NQS score is not updated again throughout the championships for qualification or seeding purposes. The remaining team with the highest ranking shall be assigned to the evening session of regionals round two. Additionally, the all-arounder and individual event specialists each with the highest NQS shall be assigned to the evening sessions, respectively. The remaining team with the lowest ranking shall also compete in the evening session of regionals round two, while the remaining teams with the second and third highest rankings shall compete in the afternoon sessions, respectively. The bracket shall not be used for all-around or individual competitors.

Teams will be seeded 1-16 on a national basis, based on NQS, and placed in the bracket. Standard bracketing procedures will be followed with teams seeded 1, 4, 5, 8, 9, 12, 13 and 16 placed on the left side of the bracket and teams seeded 2, 3, 6, 7, 10, 11, 14 and 15 placed on the right side of the bracket (Appendix A). Seeding determined at the time of selections will be maintained throughout the championships. Seeds in the bracket will not always correspond to NQS ranking due to predetermined host sites.

1. Each of the four host sites will consist of four seeded teams (i.e., 16 seeds).
2. Because of preselected hosts, the following guidelines will be used to place seeded teams into regional sites:
 - Pair according to the recognized 16-seed format.
 - Identify hosts.
 - All host teams stay home to compete, whether they are a top-16 seed or not.
 - If two or three host teams are paired, the lowest-seeded host in the group will be adjusted with respect to a nonhost that holds a spot not greater or less than two seeded positions (and preferably one position), when possible in order to maintain the integrity of the bracket.
 - When teams are paired or when a seeded pairing does not have a seeded host, every effort will be made to maintain geographic proximity for the higher-seeded team, when possible.
 - Teams 17-36 will be placed geographically at one of the four regional sites, while at the same time trying to avoid, when possible, pairing conference rematches of the teams.
 - Hosts will be placed into the bracket based on NQS to maintain the integrity of the bracket.
 - All-around competitors and event specialists will be placed geographically at one of the four regional sites. All-arounders and individuals from the same team will be placed at the same regional, but not necessarily in the same session.
 - To ensure the top-seeded teams have the least number of individuals competing with them, the committee will pair the highest-ranked all-arounder at the site with the lowest-seeded team (or lowest NQS team at the site first, then proceed to the seeded teams), the next highest all-arounder with the next lowest-seeded team, etc., to ensure the top-seeded teams have the fewest number of individuals competing with them, which maintains integrity of the bracket and fairness for both teams and individuals.
 - The winner of round one will be assigned to the second session of round two. An all-around competitor in round one who qualifies to compete in round two as an individual will be assigned to the second session.
 - The committee reserves discretion with individual and all-arounder pairings since part of the process is dependent on how many individuals are selected from teams placed at each regional and on what events those individuals are competing.

Notification. All teams, all-around competitors and event specialists will be notified of their selection for regionals and the national championships via email from the NCAA March 23 and April 6, 2026, respectively. **NEW for 2026:** Coaches of teams who have been selected will be required to attend the Competition Rotation Selection videoconferences on March 23 and April 6, 2026. If a coach or team representative is not present on the call to make their selection they will forfeit their right to choose and will be placed in the remaining opening once all other teams have chosen. The NCAA women's gymnastics selection show will be live on ESPNU on Monday, March 23, 2026. ESPN will announce all teams and individual competitors for regional competition, breakdown the bracket and analyze regional matchups and postseason projections during a one-hour show on ESPNU at noon Eastern time (subject to change).

Once an institution has been notified that a team or individual(s) has qualified for the competition, it must submit the following materials to the host institution and NCAA championship manager, as designated:

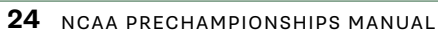
1. Official Entry Information to the regional tournament director at the host institution and the NCAA championship manager by Wednesday, March 25 (noon Eastern time).
2. Official Entry Information to the national tournament director at the host institution and the NCAA championship manager by Wednesday, April 8 (noon Eastern time).

Teams will be allowed to make modifications to the roster (20 gymnasts) between each day of competition in the postseason. Any changes to the 20 student-athlete designated competitors may be made up until one hour prior to open stretch warmups of the competition. All changes should be made in writing to the meet director, NCAA committee chair, and NCAA championships manager. For both regionals and national championships, if an institution declines an invitation to participate, the NCAA championship manager at the NCAA national office must be notified in writing immediately.

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Appendix B • Sport Sponsorship

REGION 1 (CENTRAL)

Division I (12)

University of Alabama
Auburn University
Ball State University
Bowling Green State University
Central Michigan University
Eastern Michigan University

Kent State University
University of Kentucky
Louisiana State University
Michigan State University
The Ohio State University
Western Michigan University

Division II (0)

Division III (1)

Centenary College (Louisiana)

REGION 2 (NORTH CENTRAL)

Division I (9)

Brigham Young University
University of Denver
University of Iowa
Iowa State University
University of Minnesota, Twin Cities

Southern Utah University
U.S. Air Force Academy
University of Utah
Utah State University

Division II (0)

Division III (9)

Gustavus Adolphus College
Hamline University
Simpson College
Winona State University
University of Wisconsin-Eau Claire

University of Wisconsin-La Crosse
University of Wisconsin-Oshkosh
University of Wisconsin-Stout
University of Wisconsin-Whitewater

REGION 3 (NORTHEAST)

Division I (11)

Brown University
Cornell University
Long Island University
University of Michigan
University of New Hampshire
University of Pennsylvania

Pennsylvania State University
University of Pittsburgh
Rutgers, The State University of New Jersey, New Brunswick
Temple University
Yale University

Division II (3)

University of Bridgeport
Southern Connecticut State University

West Chester University of Pennsylvania

Division III (7)

State University of New York at Brockport
State University of New York at Cortland
Ithaca College
Rhode Island College

Springfield College
Ursinus College
Utica University

REGION 4 (SOUTH CENTRAL)

Division I (10)

University of Arizona
Arizona State University
University of Arkansas, Fayetteville
Illinois State University
University of Illinois at Urbana-Champaign

University of Missouri, Columbia
University of Nebraska, Lincoln
Northern Illinois University
University of Oklahoma
Southeast Missouri State University

Division II (1)

Texas Woman's University

Division III (1)

Greenville University

**Not eligible for NCAA championship competition.*

REGION 5 (SOUTHEAST)**Division I (10)**

Clemson University
University of Florida
George Washington University
University of Georgia
University of Maryland, College Park

North Carolina State University
University of North Carolina, Chapel Hill
Towson University
West Virginia University
College of William & Mary

Division II (0)**Division III (0)****REGION 6 (WEST)****Division I (10)**

University of Alaska Anchorage
Boise State University
California State University, Sacramento
University of California, Berkeley
University of California, Davis

University of California, Los Angeles
Oregon State University
San Jose State University
Stanford University
University of Washington

Division II (0)**Division III (0)**

Appendix C • Judge Selection Procedures

Judge Selection Procedures for NCAA Post Season Gymnastics Competitions

I. Selection Procedure for Regionals

Each of the four Regionals requires sixteen (16) judges, four (4) on each event. Each of the four Regionals also requires one Meet Referee and one Alternate Judge. The following procedures ensure all selected judges meet NCAA post season eligibility requirements and reflect geographic diversity while avoiding bias in the selection process.

a. Eligibility Requirements (All Must Be Met)

- i. Has judged collegiate gymnastics for a minimum of eight (8) years.
- ii. Holds a current National or Brevet rating.
- iii. Is not affiliated.¹
- iv. Judged a minimum of four (4) Regular Season² competitions.
- v. Declined less than three (3) competitions during the Regular Season.
- vi. Received fewer than five (5) evaluations from peers, meet referees and/or coaches during the Regular Season that raise concerns regarding competency, impartiality, or objectivity.
- vii. Must not be marked ineligible for any other reason.³
- viii. Demonstrate conduct and professionalism appropriate for judging at this level of competition, including full adherence to NAWGJ Rule 4: Professional Conduct:

“Judges must exhibit the utmost professionalism when interacting with coaches, judges, meet directors, event personnel, and all participants in the sport. This includes treating all individuals with respect and dignity; refraining from abusive language or conduct, harassment, or discriminatory behavior; and maintaining professional boundaries at all times. Judges must not abuse their position of authority or control, and shall not jeopardize the psychological, physical, or emotional well-being of any athlete, coach, official, or member of the gymnastics community.”

- ix. No more than two (2) judges per state⁴ may be selected for each Regional.

¹ As defined in the NCAA Affiliation Policy.

² Regular Season is defined to include any Conference Championship.

³ For example, NAWGJ Rules violations, NCAA policy violations or is on the Idle List. Additionally, the NCO will not be eligible for post season selection.

⁴ California is considered two separate states, North and South.

b. Selection of Regional Meet Referees

Each Regional will include one Meet Referee. The Meet Referee must meet all eligibility requirements set forth in Section I.a., and additionally:

- i. Has not served as a Meet Referee at any Regional or Nationals in the past two (2) years.
- ii. Does not reside in the same state where the Regional is being held.
- iii. Has been a Meet Referee at a conference championship within the last six (6) years.⁵
- iv. Has judged collegiate gymnastics for a minimum of twelve (12) years.
- v. Demonstrate conduct and professionalism appropriate for this leadership and oversight role, including full adherence to NAWGJ Rule 4: Professional Conduct (as quoted in Section I.a.viii, above).

The National Coordinator of Officials (“NCO”) will provide a list of all judges eligible for selection as a Regional Meet Referee to the Committee. The list will include each judge’s name, Season Score, and state, rating, years of college experience, and whether they judged postseason in 2024 or 2025.

Each Regional Meet Referee will be selected by the Committee, with input from the NCO, from the list of all eligible judges.

In the event a Regional Meet Referee needs to be replaced, this same procedure will be used, but the selection pool may also include all judges already selected for the applicable Regional.

c. Local and Non-Local Judges Distribution

If possible, 25% of the judges (4 out of 16) should be local⁶ to the applicable Regional competition site, and the remaining 75% should be from outside that radius.

d. Selection of the National Meet Referee as a Judge at one of the Regionals

The National Meet Referee will be selected in accordance with the Selection Procedures for Nationals set forth in Section II.c., below. Once selected, National Meet Referee will then be selected as a judge at one of the Regionals as a non-local judge. The National Meet Referee may not be selected as a judge at any Regional for which the National Meet Referee would be deemed a local judge.

e. Selection of Local Judges

The NCO will provide a list of all eligible Local judges for each Regional. The list will include each judge’s Season Score, state, rating, years of college experience, and whether they judged postseason in 2024 or 2025. The lists will not include the judge’s names.

⁵ Excluding the 2020 conference championships, which were cancelled.

⁶ NCAA definition of local is: 500 or less miles away from the competition site.

The Committee shall select the Local judges for each Regional through a structured and deliberate process conducted by the Committee, with input from the NCO. The Committee will make assignments based Season Score, judging experience, geographic representation, and overall suitability for post season assignment.

The NCO may provide recommendations and insights based on past performance, evaluation history, judging consistency, event-specific strengths, and logistical considerations; however, the Committee has sole and final authority for all selections.

All eligibility and rotation rules must be strictly followed, and no more than two (2) judges from the same state may be selected for any one Regional.

The final selections shall reflect judging excellence and integrity, fairness, transparency in process and outcome, and adherence to the established selection principles, without bias, favoritism or randomness.

f. Selection of Non-Local Judges

After the local judges have been selected, the NCO will provide a list of all eligible non-local judges for the first Regional to be assigned. The list will include each judge's Season Score, count of each state, rating, years of college experience, and whether they judged postseason in 2024 or 2025. The list will not include the judge's names.

The Committee shall select the non-local judges for the first Regional through a structured and deliberate process conducted by the Committee, with input from the NCO. The Committee will make assignments based Season Score, judging experience, geographic representation, and overall suitability for post season assignment.

The NCO may provide recommendations and insights based on past performance, evaluation history, judging consistency, event-specific strengths, and logistical considerations; however, the Committee has sole and final authority for all selections.

All eligibility and rotation rules must be strictly followed, and no more than two (2) judges from the same state may be selected for the Regional.

The same process will be used for each Regional competition with the term "first" being replaced with the applicable Regional. This entails moving to the second Regional after all non-local judges have been selected for the first Regional, then to the third Regional after all non-local judges have been selected for the second Regional, and then to the fourth Regional after all non-local judges have been selected for the third Regional.

The final selections shall reflect judging excellence and integrity, fairness, transparency in process and outcome, and adherence to the established selection principles, without bias, favoritism or randomness.

g. Selection of Alternate Judges

Each Regional must also include one Alternate Judge. The Alternate Judge must meet all eligibility requirements under Section I.a., above. In addition, the Alternate Judge must be a Local judge,

unless there are no Local judges left available after all of the judges and Meet Referees have been selected. The Alternate Judge will be selected using the same procedures as Local judges.

The Alternate judge serves as a standby judge and may be activated such as in the event of an emergency or last-minute withdrawal. If the Alternate Judge is activated to replace a judge, then another Alternate Judge will be selected using this same process. If the Alternate Judge is not activated to replace a judge, then the Alternate Judge will serve as an assistant to the Meet Referee and provide any requested assistance to the Meet Referee before, during and after the competition.

h. Continued Review

After the initial selection of Regionals judges and Regionals Meet Referees and throughout the Regular Season, the NCO will conduct audits to confirm:

- i. No more than two (2) judges per state at each Regional.
- ii. Continued eligibility of each selected judge and Regional Meet Referee.

Should any of the above-listed criteria be found, the NCO shall notify the Committee, who will have sole and final authority as to the decision of whether to remove, re-assign and/or replace any such judge and/or Regional Meet Referee.

II. Selection Procedure for Nationals

Nationals require twenty-four (24) judges, one Meet Referee and one Alternate Judge. All judges selected for Nationals must have judged at one of the four Regionals. Additionally, there should be approximately equal representation from each Regional at Nationals, subject to eligibility and geographic constraints.

a. Eligibility Requirements (All Must Be Met)

- i. Judged at a 2026 Regional.
- ii. Meets all eligibility requirements for Regionals judges (Section I.a., above).
- iii. No more than two (2) judges per state.
- iv. Does not meet the ineligibility criteria in Section II.f., below.

b. Regional Distribution Requirement

Each Regional should, if possible, contribute six (6) judges to Nationals. Minor deviations are allowed if eligibility or state-capacity limits prevent exact equality.

c. Selection of National Meet Referee

The National Meet Referee must meet the eligibility requirements for Nationals judges (Section II.a., above), and additionally:

- i. Has not served as the National Meet Referee in the past six (6) years.
- ii. Meets all eligibility requirements for Nationals judges (Section II.a., above).
- iii. Is not from the same state as the previous National Meet Referee.
- iv. Has been a Meet Referee at a conference championship within the last six (6) years⁷.
- v. Has judged collegiate gymnastics for a minimum of eighteen (18) years.
- vi. Demonstrate conduct and professionalism appropriate for this leadership and oversight role, including full adherence to NAWGJ Rule 4: Professional Conduct (as quoted in Section I.a.viii, above).

The NCO will provide a list of all judges eligible for selection as the National Meet Referee to the Committee. The list will include each judge's name, Season Score, state, rating, years of college experience, and whether they judged postseason in 2025.

The National Meet Referee will be selected by the Committee, with input from the NCO, from the list of all eligible judges.

In the event the National Meet Referee needs to be replaced, this same procedure will be used, but the selection pool may also include all judges already selected for Regionals.

⁷ Excluding the 2020 conference championships, which were cancelled.

d. Selection of Judges for Nationals

Each Regional Meet Referee will be selected as a Chief Judge at Nationals. The remainder of the twenty (20) judges will be selected in a randomized manner as follows:

- i. From each Regional's pool of selected judges, randomly select five (5) judges using a computerized randomization tool.
- ii. Ensure that no more than two judges from any one state are selected by removing any judge that is the third judge selected from any one state.
- iii. Continuing with the above process for re-selection, as needed, until all twenty (20) judges have been selected.

e. Selection of Nationals Alternate Judge

Nationals must also include one Alternate Judge. The Nationals Alternate Judge must meet all eligibility requirements under Section II.a., above. In addition, the Nationals Alternate Judge must not be from the same state as the previous year's Nationals Alternate Judge.

The Nationals Alternate Judge serves as a standby and may be activated such as in the event of an emergency or last-minute withdrawal. If the Nationals Alternate Judge is activated to replace a judge, then another Nationals Alternate Judge will be selected using this same process. If the Nationals Alternate Judge is not activated to replace a judge, then the Nationals Alternate Judge will serve as an assistant to the Nationals Meet Referee and provide any requested assistance to the Nationals Meet Referee before, during and after the competition.

If the Nationals Alternate Judge does not actively judge at Nationals, then they may be eligible to serve as a Nationals judge the following year and are not subject to the two-year selection restriction set forth in Section II.f., below.

f. Judge Rotation Requirements

Judges may not be selected to judge Nationals more than two (2) consecutive years in a row. After serving two consecutive years, the judge becomes ineligible for a period of two (2) years before being considered again for selection to Nationals.

During the selection process, a review of historical judging assignments must be conducted to confirm that no judge has exceeded the two-year consecutive limit or is currently within a two-year ineligibility window.

If a judge is selected who violates this rule, they must be replaced via the selection process in Section II.d., above from the same Regional pool by a judge who does not violate the two-year consecutive or two-year ineligibility restrictions. This replacement must still comply with the two-judge-per-state rule and all other eligibility requirements set forth above.

g. Continued Review

After the initial selection of Nationals judges and throughout the Regular Season, the NCO will conduct audits to confirm:

- i. No more than two (2) judges per state.
- ii. Equal (or near equal) representation from each Regional.
- iii. Continued eligibility of each selected judge and the Nationals Meet Referee.

Should any of the above-listed criteria be found, the NCO shall notify the Committee, who will have sole and final authority as to the decision of whether to remove, re-assign and/or replace any such judge and/or the Nationals Meet Referee.

Appendix D • National Qualifying Score Calculation



An updated National Qualifying Score (NQS) proposal was submitted to the Women's Collegiate Gymnastics Association (WCGA) on March 27, 2024, with a recommended effective date of January 1, 2026 (Proposal 2024.I.11).

The proposal was made with the goal of providing a more accurate reflection of team performance throughout the season by incorporating more meets into the NQS, ensuring a more complete and fair representation of each team's success over the course of the full season.

Specifics of the proposal, which was passed by the WCGA during its May 2024 convention and forwarded to the NCAA Women's Gymnastics Committee for subsequent approval, are as follows:

- The minimum number of meets remains at nine (9).
- A minimum of five (5) away meets are required.
 - All away scores will be included in the calculation prior to dropping the highest and lowest scores.
- A maximum of five (5) home meets are counted towards NQS.
 - If a team competes in more than five (5) home meets, the highest scores beyond five will automatically be dropped.
 - For example, if a team has six (6) home meets, the highest home score will be dropped, and the remaining five will count towards NQS.

The NQS will be calculated by:

1. Identifying the home scores [max of five (5) home meets].
2. Ordering the home and away scores in descending order from highest to lowest.
3. Confirming five (5) away meet scores.
4. Dropping the highest and lowest scores.
5. Averaging the remaining scores.

Implementation of the NQS formula on Road to Nationals will follow the schedule noted below:

- Weeks 1-6: Straight NQS average, with a maximum of five (5) home meets.
- Weeks 7+: NQS average, with a maximum of five (5) home meets, dropping the high and low scores.
- Following Conference Championships: Implementation of new NQS formula for Postseason Qualifications/Selections.

The Individual NQS formula will not change with this adjustment to the team NQS formula. Individual NQS will continue to be calculated by using six (6) scores, including a maximum of three (3) home scores, dropping the highest score, and averaging the remaining five (5) scores. Step-by-step examples of the application of the NQS formula can be found on the following pages.

Scenario 1: Calculating NQS with 5 Home & 7 Away Scores

Competition	Score	Home/Away Step 1: Identify the Home Scores (Max 5): With 5 Home Meets, Count All Scores	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Complete at a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 10 Scores Calculates the NQS	Comparison: Former NQS Calculation: 6 Highest Scores, Minimum 3 Away, Drop the High	Former NQS: 196.550 Proposed NQS Calculation for Postseason
1	196,100	A	1	197,100	A	1	197,000	A
2	196,200	H	2	196,600	A	2	196,900	A
3	196,300	H	3	196,400	A	3	196,800	H
4	196,400	A	4	196,800	H	4	196,700	A
5	196,500	H	5	196,200	A	5	196,600	H
6	196,600	H	6	196,500	A	6	196,500	A
7	196,700	A	7	196,600	H	7	196,400	H
8	196,800	H	8	196,500	A	8	196,300	A
9	196,900	A	9	196,400	H	9	196,200	H
10	197,000	H	10	196,300	A	10	196,100	A
11	197,100	A	11	196,200	H	11	196,000	H
12	197,200	H	12	196,100	A	12	195,900	A
Conference	197,100	A	13	196,000	H	13	195,800	H
Final NQS:	196.550							

Scenario 2: Calculating NQS with 6 Home & 6 Away Scores

Competition	Score	Home/Away Step 1: Identify the Home Scores (Max 5): With 6 Home Meets, Drop Highest Score & Use Remaining 5	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Complete at a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 8 Scores Calculates the NQS	Comparison: Former NQS Calculation: 6 Highest Scores, Minimum 3 Away, Drop the High	Former NQS: 197.500 Proposed NQS Calculation for Postseason
1	197,100	A	1	198,100	A	1	197,900	A
2	197,200	H	2	197,900	A	2	197,800	H
3	197,300	A	3	197,800	H	3	197,700	A
4	197,400	H	4	197,700	A	4	197,600	H
5	197,500	A	5	197,600	H	5	197,500	A
6	197,600	H	6	197,500	A	6	197,400	H
7	197,700	A	7	197,400	H	7	197,300	A
8	197,800	H	8	197,300	A	8	197,200	H
9	197,900	A	9	197,200	H	9	197,100	A
10	198,000	H	10	197,100	A	10	197,000	H
11	198,100	A	11	197,000	H	11	196,900	A
Conference	198,100	A	12	196,900	H	12	196,800	A
Final NQS:	197.500							

Scenario 3: Calculating NQS with 4 Home & 5 Away Scores

Competition	Score	Home/Away Step 1: Identify the Home Scores (Max 5): With 4 Home Meets, Count All Scores	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Complete at a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 7 Scores Calculates the NQS	Comparison: Former NQS Calculation: 6 Highest Scores, Minimum 3 Away, Drop the High	Former NQS: 196.629 Proposed NQS Calculation for Postseason
1	196,100	A	1	197,100	A	1	197,000	A
2	196,200	H	2	196,600	A	2	196,900	A
3	196,300	A	3	196,500	H	3	196,800	H
4	196,400	H	4	196,400	A	4	196,700	A
5	196,500	A	5	196,300	H	5	196,600	H
6	196,600	H	6	196,200	A	6	196,500	A
7	196,700	A	7	196,100	H	7	196,400	H
8	196,800	H	8	196,000	A	8	195,900	A
9	196,900	A	9	195,800	H	9	195,700	H
10	197,000	H	10	195,600	A	10	195,500	A
11	197,100	A	11	195,400	H	11	195,300	H
12	197,200	H	12	195,200	A	12	195,100	A
Conference	197,100	A	13	195,000	H	13	194,900	H
Final NQS:	196.629							

Scenario 4: Calculating NQS with 5 Home & 4 Away Scores

Competition	Score	Home/Away	Step 1: Identify the Home Scores (Max 5): With 5 Home Meets, Count All Scores	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Compete in a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 7 Scores Calculates the NQS	Comparison: Former NQS Calculation: 6 Highest Scores: Minimum 3 Away, Drop the High	Former NQS: 196.500 Former NQS Calculation
1	196,100	A	1 196,800 H	1 196,800 H	4 498,000	1 196,700 A	1 196,700 A	1 196,700 A	
2	196,200	H	2 196,600 H	2 196,600 H	3 196,700 A	2 196,500 A	2 196,600 H	2 196,700 A	
3	196,300	H	3 196,400 H	3 196,400 H	4 196,600 H	3 196,300 A	3 196,500 A	3 196,600 H	
4	196,400	H	4 196,200 H	4 196,200 H	3 196,500 A	4 196,100 A	4 196,300 A	4 196,400 H	
5	196,500	H	5 196,000 H	5 196,000 H	4 196,400 H		5 196,400 H	5 196,500 H	
6	196,600	A	6 196,800 H	6 196,800 H	7 196,300 A		6 196,200 H	6 196,600 A	
7	196,700	H	7 196,200 H	7 196,200 H	8 196,200 H		7 196,100 A	7 196,700 H	
8	196,800	H	8 196,000 H	8 196,000 H	9 498,000			8 196,800 H	
9	196,900	A	9 196,000 H	9 196,000 H				9 196,900 A	
10	197,000	A						10 196,200 H	
11	197,000	H						11 196,100 A	
Conference	197,100	A							
Final NQS: 196.850									
Team NOT eligible for Proposed NQS & Postseason									

Scenario 5: NQS Calculation: Impact of Excluding vs Including an Outlier High Score

Competition	Score	Home/Away	Step 1: Identify the Home Scores (Max 5): With 5 Home Meets, Count All Scores	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Compete in a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 10 Scores Calculates the NQS	Comparison: Average Without Dropping Outliers: The Average Including High & Outlier Low Score	Final NQS: 196.570 Proposed NQS Calculation for Postseason
1	196,100	H	1 196,800 H	1 196,800 H	4 498,000	1 196,500 A	1 197,100 A	1 198,500 A	
2	196,200	A	2 196,600 H	2 196,600 H	3 197,000 A	2 197,100 A	2 197,000 A	2 197,100 A	
3	196,300	H	3 196,400 H	3 196,400 H	4 196,600 H	3 197,000 A	3 196,800 H	3 197,000 A	
4	196,400	H	4 196,200 H	4 196,200 H	5 196,700 A	4 196,700 A	4 196,700 A	4 196,800 H	
5	196,500	A	5 196,000 H	5 196,000 H	6 196,500 A	5 196,500 A	5 196,600 H	5 196,700 A	
6	196,600	H	6 196,800 H	6 196,800 H	7 196,300 A	6 196,300 A	6 196,400 H	6 196,500 H	
7	196,700	H	7 196,200 H	7 196,200 H	8 196,200 H	7 196,200 A	7 196,300 A	7 196,400 H	
8	196,800	H	8 196,000 H	8 196,000 H	9 196,300 A	8 196,300 A	8 196,400 H	8 196,500 H	
9	196,900	A	9 196,300 A	9 196,300 A	10 196,200 H	9 196,200 H	9 196,300 A	9 196,300 A	
10	197,000	A	10 196,200 H	10 196,200 H	11 196,100 A	10 196,100 A	10 196,200 H	10 196,200 H	
11	197,000	A					11 196,100 A	11 196,100 A	
Conference	197,100	A					12 196,000 H	12 196,000 H	
Final NQS: 196.570									
Proposed NQS Calculation for Postseason									

Scenario 6: NQS Calculation: Impact of Excluding vs Including an Outlier Low Score

Competition	Score	Home/Away	Step 1: Identify the Home Scores (Max 5): With 5 Home Meets, Count All Scores	Step 2: Order the Home & Away Scores: List the Home & Away Scores in Descending Order from Highest to Lowest	Step 3: Drop the Highest & Lowest Scores: This Removes Potential Outlier Performances (High & Low)	Step 4: Confirm 5 Away Meets: Teams Must Compete in a Minimum of 5 Away Meets to be Eligible for NQS	Step 5: Average the Remaining Scores: The Average of These 10 Scores Calculates the NQS	Comparison: Average Without Dropping Outliers: The Average Including High & Outlier Low Score	Final NQS: 196.142 Proposed NQS Calculation for Postseason
1	196,100	H	1 196,800 H	1 196,800 H	4 498,000	1 197,100 A	1 197,000 A	1 197,000 A	
2	196,200	A	2 196,600 H	2 196,600 H	3 197,000 A	2 197,100 A	2 196,800 H	2 197,000 A	
3	196,300	H	3 196,400 H	3 196,400 H	4 196,600 H	3 196,700 A	3 196,700 A	3 196,800 H	
4	196,400	H	4 196,200 H	4 196,200 H	5 196,500 A	4 196,500 A	4 196,500 A	4 196,600 H	
5	196,500	A	5 196,000 H	5 196,000 H	6 196,500 A	5 196,500 A	5 196,500 A	5 196,600 H	
6	196,600	H	6 196,800 H	6 196,800 H	7 196,300 A	6 196,300 A	6 196,400 H	6 196,500 H	
7	196,700	H	7 196,200 H	7 196,200 H	8 196,200 H	7 196,200 A	7 196,300 A	7 196,400 H	
8	196,800	A	8 196,000 H	8 196,000 H	9 196,300 A	8 196,300 A	8 196,400 H	8 196,500 H	
9	196,900	A	9 196,300 A	9 196,300 A	10 196,200 H	9 196,200 H	9 196,300 A	9 196,300 A	
10	197,000	A	10 196,200 H	10 196,200 H	11 196,000 H	10 196,000 H	10 196,100 A	10 196,100 A	
11	197,000	A					11 196,000 H	11 196,000 H	
Conference	197,100	A					12 192,000 H	12 192,000 H	
Final NQS: 196.460									
Proposed NQS Calculation for Postseason									