



***PARTICIPANT
2024-25 MANUAL
Regionals***

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SECTION 1 – INTRODUCTION

Congratulations on your qualification to the 2026 National Collegiate Women's Gymnastics Championships! Regional competition will be held Wednesday to Saturday, April 1st – April 4th, at the PETE MARAVICH ASSEMBLY CENTER (PMAC) hosted by Louisiana State University.

As your team/individual competitors prepare for the championships in Baton Rouge this manual will be a helpful guide to the policies and procedures governing the administration and conduct of this championship event. Further, this manual will provide specific information on hotel arrangements, tickets, as well as a schedule of events at the championships.

This outstanding championship opportunity is only superseded by the amazing talents and accomplishments of each of the student-athletes who have qualified. Similar to your coaching approach, we understand that thorough preparation is the key to success – that is why we are excited about the upcoming championships. Good luck and we will see you soon in Baton Rouge, Louisiana!

SECTION 2 – NCAA STAFF/COMMITTEE

NCAA WOMEN'S GYMNASTICS COMMITTEE

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<u>North Central Region</u> Melissa Kutcher-Rinehart Head Women's Gymnastics Coach Brown University Phone: 303-246-5290 Email: melissa.kutcher@du.edu	<u>North Central Region</u> George Nelson Senior Associate Athletics Director United States Air Force Academy Phone: 309-438-2677 Email: George.nelson@afacademy.af.edu
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<u>Northeast Region</u> Colleen Kelly Senior Associate Director of Athletics, Recruiting and Retentions/SWA Brown University Phone: 401-441-2282 Email: colleen_kelly@brown.edu	

NCAA STAFF

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SECTION 3 – CHAMPIONSHIPS HOST CONTACTS

Tournament Directors: Julie Cribbs
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Tournament Trainer: Jenny Cihonski
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SECTION 4 – IMPORTANT DATES

SATURDAY, MARCH 21

Deadline for scores that will be used for qualifying purposes.

SUNDAY, MARCH 22

Deadline for institutions to login to Road to Nationals and complete electronic signoff process for confirming national qualifying scores for selections. Signoff must be completed by noon Eastern time.

MONDAY, MARCH 23 (Noon Eastern time on ESPNU)

Team, all-around and individual event specialist selections to the NCAA regionals.

MONDAY, MARCH 23 (2:30 p.m. Eastern time)

NCAA staff to set up and conduct videoconferences with participating head coaches or a team delegate. This video conference will be for teams to select their competition rotation for the first and second round of the regional competition. Coaches or delegate will be selecting their starting event which dictates their competition rotation for that session. If a team does not have a coach or

delegate on the call, they forfeit their right to choose and will be placed on the remaining apparatus. Selections will occur in order of NQS. Teams competing in the play-in-round on the first day will select between vault or bars to begin their rotation as this round is organized as a dual meet.

TUESDAY, MARCH 24 (Noon Eastern time)

Tournament directors to conduct videoconferences with participating head coaches and administrators (teams, all-arounders and individual event specialists) and site representatives. (Four different calls will be conducted.) The assigned site representative along with the tournament director will lead this call. The meet referee also will participate on the teleconference. Teams to submit travel and contact information sheet to the regional tournament director.

WEDNESDAY, MARCH 25 (Noon Eastern time)

Deadline for institutions/individuals that have qualified for regionals to accept or decline the invitation to participate. Accept by submitting the official corral/march-in form to the NCAA. All declines must be in writing to the NCAA.

MONDAY, MARCH 30 (Noon Eastern time)

A mandatory administrative meeting of all head coaches will be held. Videoconference information will be provided following selections. At this meeting the NCAA site representative, tournament director and meet referee will review meet format, march in, meet procedures, etc.

WEDNESDAY -SATURDAY, APRIL 1– APRIL 4

NCAA regional competition. First round Wednesday, second round Thursday, and regional final Saturday.

FRIDAY, APRIL 3 (9 a.m. Local time)

Videoconference for regional final Competition Rotation Selection.

MONDAY, APRIL 6 (Noon Eastern time on ncaa.com)

National championship selections are announced.

MONDAY, APRIL 6 (2 p.m. Eastern time)

Videoconference for National Semifinals I & II Competition Rotation Selection.

TUESDAY, APRIL 7 (Noon Eastern time)

A mandatory administrative meeting of all head coaches will be held. Videoconference information will be provided. At this meeting the NCAA site representative, tournament director and meet referee will review travel, credentials and pertinent timeline information.

MONDAY, APRIL 13 (Noon Eastern time)

A mandatory administrative meeting of all head coaches will be held. Videoconference information will be provided. At this meeting the NCAA site representative, tournament director and meet referee will review meet format, march in, meet procedures, etc.

ALTERNATES

For regionals, if a team declines, then the team with the next highest NQS meeting the selection criteria will be selected.

At selections for regionals and the announcement of national qualifiers, the next highest individual competitor in each event and the all-around will be named as an alternate. If a qualifier declines

the invitation within the 24-hour period following the announcement of qualifiers, the alternate will be informed and given the opportunity to accept. The alternate must then accept within 24 hours of notification.

SECTION 5 – VIDEOCONFERENCE

A videoconference will be held at Noon Eastern time on March 30, to discuss items relevant to regional competition. This call shall include the tournament director, NCAA site representative, participating head coaches/administrators and meet referee. The site representative will lead this call along with the tournament director.

The purpose of the videoconference will be to discuss pertinent information about the regionals. Below are some examples of the topics that will be covered on the call:

- ☐ Name and contact information for administrator traveling with team.
- ☐ Squad size (20), travel party (20 for teams) and corral (30).
- ☐ Review schedule of events noting lookthroughs and competitive rotation.
- ☐ Travel arrangements; estimated arrivals.
- ☐ Parking (hotel and venue).
- ☐ Hotel rooming lists.
- ☐ Uniform and logo specifications.
- ☐ Athletic training/medical staff.
- ☐ Ticket orders.
- ☐ Reminder of forms to bring to administrative meeting.

Please refer to the prechampionships manual for additional information.

SECTION 6 – SCHEDULE OF EVENTS

MONDAY, MARCH 30 (Noon Eastern time)

Administrative meeting for all participating teams and individuals (Virtual).

TUESDAY, MARCH 31 (Upon arrival of meet referee and site representative)

Evening Equipment check with meet referee, tournament director and site representative.

WEDNESDAY, APRIL 1 (ALL TIMES LOCAL)

10 – 11 a.m.	Look-through for teams in round one
10:55 a.m.	Training room opens
12 – 12:20 p.m.	Open stretch
12:20 – 12:22 p.m.	Transition
12:22 – 12:37 p.m.	Warmup rotation 1
12:37 – 12:39 p.m.	Transition
12:39 – 12:54 p.m.	Warmup rotation 2
12:54 – 12:56 p.m.	Transition
12:56 – 1:11 p.m.	Warmup rotation 3
1:11 – 1:13 p.m.	Transition
1:13 – 1:28 p.m.	Warmup rotation 4
1:49 p.m.	March ins/national anthem

1:55 p.m.	Prepare for first event
1:58 p.m.	Touch warmup start
2:02 p.m.	Competition starts
5:00 p.m.	Assigned 20min Look Throughs (based on NQS) for teams & individuals participating in second round

THURSDAY, APRIL 2 (ALL TIMES LOCAL)

9 a.m.	Equipment check with meet referee, tournament director.
9:48 a.m.	Training room opens
10:47 – 11:07 p.m.	Open stretch
11:07 – 11:09 p.m.	Transition
11:09 – 11:26 p.m.	Warmup rotation 1
11:26 – 11:28 p.m.	Transition
11:28 – 11:45 p.m.	Warmup rotation 2
11:45 – 11:47 p.m.	Transition
11:47 – 12:04 p.m.	Warmup rotation 3
12:04 – 12:06 p.m.	Transition
12:06 – 12:23 p.m.	Warmup rotation 4
12:44 p.m.	March ins/national anthem
12:55 p.m.	Prepare for first event
12:57:30 p.m.	Touch warmup start
1:02 p.m.	Competition starts for Session 1
4:47 – 5:07 p.m.	Open stretch
5:07 – 5:09 p.m.	Transition
5:09 – 5:26 p.m.	Warmup rotation 1
5:26 – 5:28 p.m.	Transition
5:28 – 5:45 p.m.	Warmup rotation 2
5:45 – 5:47 p.m.	Transition
5:47 – 6:04 p.m.	Warmup rotation 3
6:04 – 6:06 p.m.	Transition
6:06 – 6:23 p.m.	Warmup rotation 4
6:44 p.m.	March ins/national anthem
6:55 p.m.	Prepare for first event
6:57:30 p.m.	Touch warmup start
7:02 p.m.	Competition Starts for Session 2

**Time on clock may not reflect actual time on each warmup rotation due to individuals competing with teams.*

FRIDAY, APRIL 3 (ALL TIMES LOCAL)

9 – 9:30 a.m.	NEW: Coaches & Tournament Hosts Teleconference for Competition Rotation Selection based on NQS ranking (each site will have their own call)
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Teams #1 and #2 from Session 1

10 – 10:20 a.m.	Open stretch on floor exercise
10:20 – 10:45 a.m.	Visualization open to all events
10:45 – 11:30 a.m.	Athletic training available for teams #1 and #2 from Session 1

Teams #1 and #2 from Session 2

11:00 – 11:20 a.m.	Open stretch on floor exercise
11:20 – 11:45 a.m.	Visualization open to all events
11:45 – 12:30 p.m.	Athletic training available for teams #1 and #2 from session 2

SATURDAY, APRIL 4 (ALL TIMES LOCAL)

1:55 p.m.	Equipment check with meet referee, tournament director.
1:55 p.m.	Training room opens
2:55 – 3:15 p.m.	Open stretch
3:15 – 3:17 p.m.	Transition
3:17 – 3:32 p.m.	Warmup rotation 1
3:32 – 3:34 p.m.	Transition
3:34 – 3:49 p.m.	Warmup rotation 2
3:49 – 3:51 p.m.	Transition
3:51 – 4:06 p.m.	Warmup rotation 3
4:06 – 4:08 p.m.	Transition
4:08 – 4:23 p.m.	Warmup rotation 4
4:44 p.m.	March ins/national anthem
4:55 p.m.	Prepare for first event
4:58 p.m.	Touch warmup start
5:02 p.m.	Competition starts for regional final

SECTION 7 – CHAMPIONSHIP OPERATIONS

The top 36 teams based on NQS will be selected for regional competition. **NEW 2026:** The NQS formula will use a minimum of nine competition scores that factor into the NQS, with a minimum of five away meets required and a maximum of five home meets permitted as part of the calculation. The NQS will be calculated by dropping the highest and lowest of the counting scores and averaging the remaining scores. Nine teams, three all-around competitors and four individual specialists per event (all of whom are not on a qualifying team) will be assigned to one of four regions. The number of all-arounders and event specialists assigned to each region may vary depending on the number of individuals qualifying from a given school. Overall, 12 all-arounders and 16 event specialists for each event will be selected nationwide.

In case of ties for the last berth into the regional competition and for seeding purposes, the team, all-around competitor or event specialist with the highest score, not including the six used for the regional qualifying score, will qualify. If a tie still exists, the process is continued until the tie is broken.

The top 12 all-arounders and top 16 event specialists based on national qualifying score and not on a qualifying team will be selected. The list of top 12 all-arounders and top 16 individual event specialists will include individual qualifying scores from the teams competing in the first round to ensure those individuals compete in the individual competition, regardless of whether their teams advance from the first round.

The first round will consist of two teams, the second round will consist of eight teams and individuals, and the regional final will consist of four teams. At each regional, the top team in round one qualifies to round two; the top two teams in each session in round two qualify to the

final round; and the top two teams in the final round qualify to the national championship. The top all-arounder and event specialist at each regional (who is not on an advancing team) qualifies to the national championship in their respective event(s).

Individuals will compete in the second round at regionals. Scores achieved in the second round will be used to determine advancing individuals once the regional final is finished (to account for individuals on teams that are eliminated in the regional final) and then the top all-arounder (not on an advancing team) and top specialist for each event (not on an advancing team) will advance to the national championship, in that event only. This method ensures four all-arounders and 16 specialists advance to the championship.

COMPETITION ROTATIONS

Competition Rotation Selection: New for 2026 Beginning with the 2026 championship season, all teams will select their competition rotation order based on their National Qualifying Score (NQS) rankings. The highest-ranked team in each session will have the first opportunity to select its starting event. The remaining teams will select in descending order of NQS until all four teams have made their selections.

The competition will continue to follow Olympic order (vault, uneven bars, balance beam, floor exercise). Once all teams have selected their starting events, the NCAA will integrate individual event specialists (IES) and all-around (AA) competitors into the rotation and distribute the official competition rotation for each session.

A team representative—whether a coach, administrator, or designee—**must** be present on the **Competition Rotation Selection teleconference** to make the event selection. If a representative is not present at the time of selection, the team forfeits its opportunity to choose and will be assigned the last remaining event. The next highest-ranked team will proceed with their selection. To ensure a smooth process, please join the teleconference prepared with your preferred event and alternative scenarios, as these teleconferences will be brief. Institutions are responsible for confirming receipt of the calendar invite and the teleconference link provided by either the NCAA Women's Gymnastics Championship Manager or the applicable Regional Tournament Host. If the link has not been received at least one hour prior to the scheduled call, please contact Sami Bogenschutz at sbogenschutz@ncaa.org.

Please note: Institutions with advancing IES and AA competitors do **not** need to participate in the team Competition Rotation Selection teleconferences.

Competition Rotation Selection Teleconference Schedule Regional Rounds One and Two

Monday, March 23 | 2:30 p.m. Eastern time

(Hosted by NCAA | One hour following the conclusion of the Selection Show)

Regional Final

Friday, April 3 | 9:00 a.m. local time

(Hosted by the Regional Tournament Director on Visualization Day)

First Round. Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference following the conclusion of the selection show. The first round dual competition with two teams will follow the classic regular season dual meet format. The higher NQS team will be able to select whether they will start on vault or bars. The

rotation after the first apparatus will be Olympic order. The lower NQS team will begin on the apparatus that was not selected, bars or vault.

Second Round. Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference following the conclusion of the selection show. The selection will begin with the highest NQS team in the round and work towards the lowest. A coach or delegate must be on the call to make the selection. If a representative is not present, they forfeit their right to choose and will be placed in the remaining apparatus.

Regional Final. Teams competing in this round will select their starting apparatus during the Competition Rotation Selection videoconference the morning of the regionals visualization day. The selection will begin with the highest NQS team in the round and work towards the lowest. A coach or delegate must be on the call to make the selection. If a representative is not present, they forfeit their right to choose and will be placed in the remaining apparatus.

The second and final regional rounds with four teams competing (quad) will follow an event pairing and alternating format known as the double dual. Vault and uneven bars will begin each rotation while beam and floor wait. When the vault competitor lands, 20 seconds later the beam judge will raise the green flag. When the uneven bars competitor dismounts, 20 seconds later the floor judge will raise the green flag. Vault and beam alternate while uneven bars and floor alternate, with a minimum of 20 seconds between each routine as long as judges and athletes are ready.

Throughout the competition, no more than two competitors will be competing at the same time.

All Regional sites and sessions will be broadcast live on ESPN+. ESPN will provide two broadcast coordinators for each regional site, who will need to be seated at the head production table near scoring/PA. They will manage the format and TOC. A school-provided TOC is not necessary for any regional rounds. An ESPN spotter will also be seated at the head judges table at every event.

LOCKER ROOMS

Four locker rooms are available in the PMAC for teams, all-around and individual event specialists for use during all warm-up and competition sessions (**Appendix E**). Signs with team/individual competitors' names will be posted on the assigned locker room door. Additionally, separate locker rooms will be provided for male and female coaching staff members. Security personnel will be posted outside each locker room.

The host team shall remain in its regular-season locker room with the next best locker room assigned to the remaining highest seeded team, etc. A copy of the assigned team's march-in order shall be affixed in the locker room along with a timing sheet.

In the second round, teams in the first session will have 20 minutes post-meet to vacate their locker rooms. This will be strictly enforced. Second-session teams should plan to arrive a maximum of one hour prior to the start of their open stretch.

PARTICIPANT HOSPITALITY

Hospitality baskets with a variety of chips, fruits and snacks will be provided in all visiting team locker rooms of the PMAC during all competition sessions.

LOOK THROUGH

All participating teams and individuals will be permitted to look through the competition venue prior to the meet. Visualizations are allowed but no touching or mounting of equipment. Teams may only attend during schedule times and will not be permitted in venue outside of this time. Times for teams and individuals participating in the second round will be scheduled in 20-minute increments based on NQS ranking. The Tournament Host shall reach out to each Institution in order of NQS ranking for that team to select their preferred Look Through time slot. Each institution will have 2 hours to respond with their preferred 20-minute slot before the Tournament Host emails the next team for their desired timeslot. If a team's response takes longer than 2 hours, the spot requested may no longer be available.

OPEN STRETCH

Teams/individual competitors will use the matting surrounding the first event for open stretch. There are no restrictions on flight or inverted skills for the duration of the open stretch. Gymnasts warming up on vault, bars and beam may use the apparatus for stretching purposes without mounting the equipment. On bars, the low bar may be raised or removed only when proper facility staff are present to ensure the bar is replaced safely and correctly; the high bar may not be used.

In the first round, both teams may open stretch on the floor. In the second round, the team starting on floor, IES/AA competitors and **the team starting on vault** may use the floor for open stretch or the matting surrounding their first event. In the Regional Final, both the team starting on floor and the team starting on vault, may stretch on the floor.

TIMED WARM UPS

After a 20-minute stretch and two-minute transition, each rotation will be 15 minutes for round one and the final round. For regionals round two and nationals semifinals, an additional two minutes will be added to the 15-minute warm-up (total 17 minutes) to accommodate individual event specialists and all-around competitors. For all events, individual event specialists and all-around competitors must be interwoven in the team's warm up rotation starting after the first turn. For example, team rotation is followed by individual event specialist, then repeat.

There will be no pausing of the time on bars to make adjustments; bar changes must be made within the time allotted. Each team and individual event specialist will begin the warmup session on the same event on which they begin the competitive rotation and will follow Olympic order. Teams are not permitted to warm up more than eight individuals.

Teams with one individual may use the entire 17 minutes for warmup. If a team does not have an individual on any particular event, they may not begin warmups until the clock reaches the 15-minute mark. Teams will not rotate until 17 minutes expires, regardless of early finishes.

MARCH-IN

Teams will be introduced in competitive order (vault, bars, beam, floor exercise). An intro video will be played for the first team, line leaders will lead the team as they march onto the floor mat

& will be introduced in march-in order (followed by the name of the head coach), followed by the all-around competitor, and then any event specialists assigned to rotate with the team. After introduced, that team will be led to their first event corral where they can move around to stay warm. Inverted skills are not permitted. The same format will be followed for each team until all teams are introduced. Teams will then stand in a straight line near their first event while the National Anthem is played. Teams will then have 2-minute transition to prepare for touch warm-ups.

Any athlete listed as “competing athlete” or “non-competing athlete” on the Corral/March-in Form will be included in march-in. The order in which the athletes are listed on the Corral/march-in form is the order in which they will be announced.

NATIONAL ANTHEM

The national anthem will be performed before each regional competition, which will occur after the march-in ceremony.

TOUCH WARM-UP

During NCAA postseason competition, as competitors arrive at each event for competition there will be a four-minute touch warm-up on each event for regionals round one and the final round, as well as national finals. For Regionals round two and nationals semifinals, thirty seconds will be added for each all-around and individual competitor. All participants on each event may use the entire touch warm-up time and all warm-ups will begin at the same time, regardless of duration.

The two-minute transition between events will begin at the conclusion of the march-in ceremony, when all teams reach their respective corrals. After each rotation and the initial score is flashed, the PA announcer will announce the beginning of the two-minute transition period. This protocol is also recommended for regular season.

The two-minute transition will be announced and any adjustments may be made to extend the time, as necessary, for an orderly processional between events.

(Note: During the competition, all participants and coaches must remain in uniform and on the competition floor (or in team seating) until the completion of the awards ceremony.)

(Note: For all competition, if an injury or equipment failure occurs and competition is halted for 20 minutes or more, a 30-second touch warm-up per student-athlete will be allowed.)

CORRAL PROTOCOL

All gymnasts, coaches and team personnel shall be in the designated corral from the end of the timed warm-up to the completion of the competitive rotation.

The next two gymnasts scheduled to compete in any event are the only gymnasts permitted outside of the corral and may warm-up in the designated area.

Teams should remain in the apparatus warm-up area of the current event until announced. They may use the designated warm-up area at that event to prepare for the next rotation.

All support staff must remain in the corral. The athletic trainer may leave the corral only on vault or to address an injury.

Teams and individual competitors are required to take their personal belongings with them as they move from corral to corral.

The team Corral limit at Regionals is 30 people. Teams may designate up to 20 *competing* student-athletes on the Corral/March-in Form. Only these 20 competing student-athletes will be permitted to participate in visualization, open stretch, warm-ups, touch warm-ups and competition. Additionally, teams may only warm-up a maximum of 8 student-athletes during event rotations and one-touches. There is no limit to the number of additional *non-competing student-athletes* a team may include on their Corral/March-In Form if the number fits within the corral limitation. ***Only the 20 designated student-athletes will be permitted to compete. All other non-competing student-athletes*** may be in uniform and may participate in march-in. Teams may change their designated 20 competitors between rounds as long as the updated Corral/March-in Form is submitted to the NCAA Champs Manager and Regional Tournament Director one-hour prior to the start of open-stretch on competition day.

EQUIPMENT AND MUSIC

Equipment and matting as listed in **Appendix C** will be provided. Teams, all-around and individual competitors may bring one vaulting board, one plywood board (to go under the vault board) and one small beam pad (not a sting or suede mat). The small beam pad may not be left on the floor during the competition. Plywood to be used beneath vault boards and spotting blocks will be supplied by the host.

Teams, all-around competitors and those individual event qualifiers on floor exercise are asked to bring their floor exercise music in two different forms. If your primary method is via iPhone or iPad, please bring a secondary backup.

REGIONAL MAT COLOR

Regional hosts may use any solid-color floor exercise carpet, provided any corporate logos are covered. If the host institution rents or borrows a mat for the regional competition, then a blue AAI mat shall be used. **REGIONAL** hosts have the option of providing the AAI Elite Floor Exercise System - 40' x 40' "Stratum" OR the new Power Elite floor. The Power Elite floor will be used at Nationals.

FOREIGN SUBSTANCE

Foreign substances may NOT be placed on the hands and/or feet of the gymnasts or any piece of equipment (e.g., honey and sugar, tuff skin, etc.).

LINEUP/SCRATCHES

A written official team lineup must be submitted to the NCAA scoring coordinator upon arrival to the facility and again 1½ hours before the start of the competition. The lineup may be changed before the competition but is requested in advance for media and administrative purposes.

During open stretch on competition day, the official scorer shall print the lineup entered into the scoring system. The head coach shall review the official lineup against the one submitted at the

administrative meeting for accuracy. Once verified or corrected, the head coach shall initial the official lineup. The site representative will assist with the verification process.

SUBSTITUTIONS

Before the start of an event, changes in the lineup may be made by notifying the NCAA scoring coordinator, who will notify the scoring table personnel, meet referee and chief judge at the event (via the chief judge's headset person).

After the event starts, the head coach must notify the chief judge on the event. The chief judge's headset person will notify the scoring table.

Once a team begins an event (chief judge raises the flag for the first student-athlete), a substitute may replace a gymnast in that same position in the lineup; the order of competition may not be changed. A gymnast who is removed from one event lineup may compete in other events.

RESULTS

The top two teams and the top all-around competitor (who is not on an advancing team) from each regional will receive an automatic berth to the national championships. In addition, the top event specialist not on an advancing team at each regional will advance to the national championships (in that event only). Please refer to the [2025-26 NCAA Women's Gymnastics Prechampionship Manual](#).

TIES

In regional team competition, ties for second place will be broken by counting six scores per event. If a tie still exists, the team score will be determined by using six scores per event, dropping the high and low scores, and adding the four middle scores.

Ties for the advancing all-arounder will be broken by evaluating the highest event score, then the next highest, and will continue until the tie is broken. If not broken, all four judges' scores will be counted for all four events. Ties for advancing event specialists will be broken by counting all four scores on the event. If not broken, the head judge score will be the tiebreaker. If a tie still exists, the advancing individual will be the one with the higher NQS.

The results of the meet will be verified by the on-site scoring director and meet referee immediately after each event.

AWARD CEREMONIES

There will be no formal award ceremonies. The advancing teams will be announced after regional final competition. A large 10'x10' Tournament Bracket will be provided so advancing teams can move their name to the next round.

VIDEO REVIEW

For regionals, the video review process will mimic the review process used in the regular season. Please refer to Section 7 of the [2025-26 NCAA Women's Gymnastics Rules Modifications](#) for more details.

JUDGES

Judges will be selected by the NCAA Women's Gymnastics Committee. The meet referee will be present at all competition sessions.

SECTION 8 – LOGOS, UNIFORMS AND COMPETITOR NAMES

LOGO POLICY

[Reference: Bylaw 12.5.4 in the NCAA Division I Manual.]

The provisions of Bylaw 12.5.4 indicate that an institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 1/4-square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restrictions.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2 1/4-square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes, and any and all credentialed personnel in the bench area during the conduct of competition, which includes any pregame or postgame activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff. Non-compliance with this legislation could result in loss of eligibility, forfeiture of points earned by those ineligible student-athletes and adjustment of team standings.

UNIFORMS AND COMPETITOR NAMES

An institution's official uniform and all other items of apparel (i.e., tights, T-shirts, warm-ups), excluding footwear, must be identical if worn on competition day. During the march-in and awards ceremony, team members must be in identical warm-up apparel. Please refer to the USA Gymnastics rules manual and the NCAA Rules Modifications [here](#). Direct all rules-related questions to the NCAA rules interpreter. Contact information is in the Rules Modification document at the link above.

Gymnasts must wear a one-piece leotard (long sleeve or a sleeveless tank leotard) that includes undergarments that are the same color of the leotard or are skin-tone in color. No bathing suits are permitted. Gymnasts are permitted to wear spandex shorts or long leggings/tights during competition. If more than one athlete is wearing spandex shorts or tights, they must match. A gymnast who does not conform to the uniform policies will be considered "out of uniform," may be notified by the meet referee and will be required to conform to the uniform rules prior to competing. During the individual competition in postseason, those athletes on the same team must wear identical uniforms and leotards.

The host will display the competitor names digitally at every event. Coaches will need to reverify line-ups during the four-minute touches of every rotation.

SECTION 9 – COMPETITION SITE

The NCAA is dedicated to fair and equitable competition throughout each round/session of the championships and strongly supports an environment to safeguard the health and safety of the participating student-athletes, coaches, officials and spectators.

BAND/SPIRIT SQUADS/SPIRIT TEAMS/MASCOT

Band members, not to exceed 25, who are in uniform and performing at the championships will not be charged admission to the competition. The host institution must designate seating off the competition floor. Bands, or any component thereof, may play only before the competition when the floor is cleared and during the 4-minute and 30-second touches.

In the event there is more than one band, the tournament director will divide the time before competition and the four-minute and 30-second touches equally among the bands. The host will play last with all others performing in alphabetical order. Bands MAY NOT interfere with the announcer.

FIGHT SONGS MAY NOT BE PLAYED DURING THE FOUR-MINUTE TOUCHES. A participating institution must notify Julie Cribbs, tournament director, (jcribbs@lsu.edu) no later than March 25, if it intends to bring a pep band, mascot and/or spirit squad.

BANNERS AND ARTIFICIAL NOISE MAKERS

Any banners other than the approved NCAA and television and radio banners may not be posted on arena walls without the permission of the NCAA Women's Gymnastics Committee or its representatives. Hand-held team banners are permissible as long as they do not interfere with the competition or view of spectators and they do not contain any commercial identification. Banners advertising equipment or manufacturing are prohibited.

Artificial noise makers, laser lights, buttons with flashing lights, air horns, electronic amplifiers and the like are not permitted and shall be removed upon discovery.

COMPETITION SITE MAPS

See **Appendixes D, E, and F** – include floor layout, locker rooms maps, seating chart.

STUDENT-ATHLETE/TEAM ENTRANCES AND PARKING

All participants will enter through the Lower Northeast Tunnel of the PMAC. Credentials must be worn as specified to gain entry to the arena and for access to designated areas (competition floor, press conferences, locker rooms, etc.). Wristbands will be provided at the venue on arrival each competition day and are needed to access the competition floor. The respective credential or wristband must be worn at all times in order to gain access to the competition floor (this also pertains to any student-athlete NOT competing but traveling with team and included as part of

the official travel party). The athletic trainer traveling with the team must be included as one of the 30 individuals permitted to be in the corral.

Coaches and staff will be required to wear the wristband (visible location, i.e., can be affixed to belt loop, etc.), while the laminated bag tag will be secured to the competing student-athletes' equipment/apparel bags.

Team buses will be able to unload on Cypress Drive and then be directed to parking by security personnel. Parking for those in vans or cars will be available in secured surface lots near the PMAC. Parking passes will be provided.

ADMINISTRATORS' ENTRANCE

Each participating institution will be provided up to three additional parking passes to be used by team administrators not traveling with the teams or all around/individual event qualifiers. The parking passes will allow the administrators to park in secured surface lots near the PMAC. Parking passes will be provided.

See Appendix G. – Campus Parking Map

EMERGENCY AND EVACUATION PLAN

See Appendix H.

SECTION 10 – DRUG TESTING

The following statement will be read at the mandatory administrative meeting:

NCAA championships committees, following a recommendation from the NCAA drug-testing subcommittee, have discontinued the practice of announcing whether drug testing will be conducted at NCAA championship events.

Although knowing prior to competition whether NCAA drug testing was to occur had value for reasons of convenience, it left open the possibility that student-athletes might be tempted to use banned substances if they knew that NCAA testing was not being conducted at the site of competition.

Therefore, all coaches and student-athletes should presume that NCAA drug testing will occur at this championship event. Please inform your student-athletes that in the event they are notified of their selection for drug testing, the student-athlete must inform an official representative of your institution (e.g., coach, athletic trainer) before proceeding to the drug-testing site. Student-athletes will be reminded by the courier to contact their team representative.

TESTING PROCESS

Student-athletes are drug tested through urinalysis and must provide a specimen in view of a drug-testing collector of the same gender. The length of the collection process depends on the student-athlete's ability to provide an adequate specimen. If a student-athlete provides an adequate specimen immediately on arriving in the drug-testing area, the entire process can be completed within 20 minutes. If the student-athlete is unable to provide an adequate specimen,

she must remain in the drug-testing area until one is provided. There is no maximum allotted time for a student-athlete to provide an adequate specimen.

STUDENT-ATHLETE NOTIFICATION

For individual championships, testing could occur at any time after the first event and may conclude many hours after the last event of the championships. The individual championship drug-testing program provides for a courier system to facilitate the notification of student-athletes selected for drug testing at individual championships. The courier will hand the student-athlete the *Individual Championship Student-Athlete Notification Form*. The notification form will instruct the student-athlete to accompany the courier to the testing room within **60 minutes** unless otherwise directed by the crew chief or designee. Student-athletes who are scheduled to compete in additional events will be instructed to defer testing until completion of her final event of that session, of that day, or to defer until completion of her final event of the championships. The student-athlete and courier must obtain a signature from an institutional representative.

Typically, nine randomly chosen student-athletes are tested.

MEDIA OBLIGATIONS

Within the allotted 60 minutes, the student-athlete must complete all NCAA required responsibilities (e.g., media obligations, awards ceremonies, etc.). The courier must remain in visual contact with the student-athlete always.

SECTION 11 – LODGING

Twenty one non-smoking rooms (20 doubles and one suite) have been reserved for each team. In addition, rooms are being held for all-around and individual event qualifiers and their coaches. The gymnastics committee will conduct a blind draw to assign each team to a hotel and will send to each host. The NCAA will send out a memo with all hotel information and assignments following selections. Each institution is responsible for contacting the hotel directly and making its own special arrangements for meeting rooms, meals and other functions. Ideally, head coaches shall be provided with a suite and/or team meeting room.

Rooming lists are due to your assigned hotel contact at the by 5 p.m. local time, Friday, March 27.

THE HOTEL LIST FOR YOUR REGIONAL WILL BE SHARED WITH SELECTED INDIVIDUALS/TEAMS MONDAY, MARCH 23.

If a competing institution prefers to stay in another hotel, it must (1) obtain a written release for the entire block of rooms from the hotel manager (which the hotel is not obligated to do); or (2) use the room block for persons accompanying the official travel party. **The competing institution is responsible for the first night's total room charges (including tax and any incidental fees) for all rooms in the block even if the competing institution fails to use the room block.** It is highly encouraged that teams use the hotel/room block as contracted and assigned.

If a competing institution fails to make satisfactory arrangements for the use of the room block with the hotel, total charges for the entire length of the room block will be billed to the institution. The tournament manager and the NCAA championship liaison are to be advised via email of the

plans of each institution sufficiently before the competition. The team hotel has agreed that the non-advancing teams from semifinal competition may adjust its check out to an earlier date without penalty.

SECTION 12 – MEDIA SERVICES

CREDENTIALS

Media credential requests may be obtained by contacting Alyssa Leal (aleal3@lsu.edu). Credentials must be worn at all times to gain entry to the floor and designated areas. The Legends Club on the upper north concourse of the PMAC will serve as the media work area while the location for post-meet interviews will be in the PMAC Courtside Club. Credentials are nontransferable; misuse will result in revocation of credential(s) and removal from the arena. Credentials may be claimed at will call located at the lower northeast entrance of the PMAC.

Selected media outlets will be granted access to the championships in order to shoot video highlights of the championships for use on their news program under the news access rules. To gain credentials for shooting any video, an ENG Authorization Form available at www.ncaa.com/media must be completed and submitted to the championship's media coordinator. Media cameras must shoot from a designated area determined by the championship's media coordinator.

MEALS

Media meals will be provided as follows:

Wednesday- Snacks and drinks provided

Thursday- Catered meal with snacks and drinks provided

Saturday - Catered meal with snacks and drinks provided

Dry snacks and Coca-Cola products will be provided throughout each competition session.

PRESS CONFERENCES

Post Meet – Head coach (and requested student-athletes) of the first-place team will meet with the media, followed by the head coach (and requested student-athletes) of the second-place team. All others will be as requested by the media.

News media may attend virtually, more details will be provided closer to the meet. Each head coach of a team/individual that has competed in a session and has been requested by the media is required to attend the press conference. Press conferences will be held 10 minutes after the conclusion of the competition. The coach will be escorted to the press conference by an athletics administrator from his or her institution. Student-athletes requested by the media are required to attend. The schools' communications (sports information) department will be responsible for escorting the student-athletes to the press conference location in the media workroom.

Coaches cannot make themselves available to selected media representatives before the conclusion of the 10-minute cooling-off period.

VIDEOTAPING, FILMING AND STILL PHOTOGRAPHS

Institutions are permitted to videotape championship competition of their teams or their individual student-athletes for archival, coaching or instructional purposes only and not for any commercial purpose. Each institution is permitted to use **one** camera and may videotape only that portion of the competition in which it participates from either the designated area provided by the host institution, or from their respective corral with the following provisions: to shoot video from the corral, the team videographer must have been included as one of the 30 permitted in the corral and must use a hand-held or stationary-tripod camera that does not obstruct fan viewing. A team or individual may have one person video a routine for video review purposes only and that person may be separate from the team videographer. That person must be included in the 30 allowed in the corral.

Still photography is permitted but use of flashes is not. Locations for still photographers will be stipulated by the NCAA media coordinator, with every effort being made to allow photographers to take good shots without interfering with the competition.

RADIO COVERAGE

Space automatically will be reserved for each participating institution's radio station as designated by that institution. All other stations in the institution's area will be served on a space-available basis. Broadcasts of any championship competition must conform to the general broadcasting policies established by the NCAA. All stations broadcasting a game will be required to sign a radio agreement available at www.ncaa.com/media.

TELEVISION/VIDEO

Shooting video for news coverage of event(s) is allowed from designated photo areas. All television media entities observing NCAA championship competition recognize that any representations may be used only in connection with news/sports coverage within a 72-hour period following the competition, and the representations portion of each such showing will not exceed three (3) minutes in length. All internet media entities observing NCAA championship competition recognize that representations may be used only in connection with news/sports coverage within a 24-hour period following the competition, and the representations portion of each such showing will not exceed three (3) minutes in length.

As for non-televised championships, all cameras granted access must shoot from a designated area determined by the championship media coordinator.

[Note: NCAA digital and social media policies pertaining to live video streaming rights will differ, please visit NCAA.com/media-center/digital-social-media to review the guidelines.]

The rights to these news conferences remain with the NCAA and are under the same guidelines as the news footage usage. (For more information, go to www.NCAA.com/media).

FOOTAGE ON THE INTERNET

Under no circumstances may any highlights be broadcast or otherwise distributed on the Internet or via any other online service, mobile application, digital medium or computer network, without the prior written permission from the NCAA or its designee.

AMBULANCE

An ambulance will be on site for all competition sessions.

ATHLETIC TRAINING

The athletic training rooms in the Women's Basketball Athletic Training Room (Enter through the Lower Northwest Tunnel). Access to services will open one hour prior to warm-up and close one hour post competition.

The following health care providers will be available should you need their services:

- **Athletic Training Students:** one assigned to each team during competitions.
- **Certified Athletic Trainers:** stationed in the main athletic training rooms during hours of operation and on the competition floor during all competitions.
- **Emergency Medical Services:** onsite for all competitions.
- **Team physicians (primary care &/or orthopedic):** onsite for all competitions and warm-ups.

There will be designated seating for medical personnel during the competition for those teams who travel with their own physician, physician assistant, chiropractor, etc. with easy access to the athletic training rooms and competition floor.

CHAMPIONSHIP MEDICAL CONTACTS

Tournament Athletic Trainer: Jenny Cihonski
[Email: jennycihonski@lsu.edu](mailto:jennycihonski@lsu.edu)
Cell: (225) 397-5029

On-call Physicians: Dr. Etheredge (850-543-7308)
Dr. Fury (504-432-6795)

CONCUSSION MANAGEMENT

The NCAA has adopted legislation that requires all active member institutions to have a concussion-management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician

will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an "impulsive" force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the "NCAA Sports Medicine Handbook Guideline on Concussions" online at [www. NCAA.org/health-safety](http://www.NCAA.org/health-safety).

EQUIPMENT AND SUPPLIES

NCAA will provide BODYARMOR products, including water, BODYARMOR, jugs, carriers, and bottles.

The following modalities are available in the athletic training rooms:

- Ice bags and cups
- Warm and cold whirlpool
- Hydrocollator
- Ultrasound
- Electrical stimulation

The following items will be available at the competition floor entryways on the SW & NE corners of the arena floor:

- Emergency equipment (biohazard kit, AED, spine board, splint bag (NW corner)
- Hydrocollator (NE only)
- Ice bags
- Water and electrolyte replacement drink
- Taping table

If you have a special request for use of the athletic training room and its equipment, please inform Jenny Cihonski in advance, and she will do her best to accommodate you. If a certified athletic trainer will not be traveling with your team/individual competitor, sufficient materials for their needs and written permission for use of modalities must accompany the student-athlete(s).

HOSPITALS AND EMERGENCY SERVICES

Our Lady of the Lake Regional Medical Center
5000 Hennessy Blvd.
Baton Rouge, LA 70808
Main Phone: 225-765-6565
Emergency Room: 225-765-8826

Lake Urgent Care
Corner of Highland Rd. and Lee Dr.
123 Lee Dr.
Baton Rouge, LA
Phone: 225-302-5757

SECTION 14 – PARTICIPANT EXPECTATIONS AND GUIDELINES

ETHICAL BEHAVIOR BY COACHES

Members of the coaching profession have certain inherent obligations and responsibilities to the profession, to the student-athletes and to all those with whom they come into contact. Coaches are expected to be role models who conduct themselves with integrity and high ethical standards at all times.

The words and actions of a coach carry tremendous influence, particularly on the young people under his or her direction. It is, thus, imperative that he or she demonstrate and demand high principles of sportsmanship and ethical behavior.

FINANCIAL PENALTIES

The NCAA Women's Gymnastics Committee may assess a financial penalty (up to a maximum of \$1,500) against an institution for failure of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes failure to comply with the procedures and deadlines for submitting entry forms for qualification, line-ups, failing to attend media obligations and other materials necessary for the efficient administration of the competition.

MISCONDUCT

[Reference: Meetings (see pages in sports-specific handbooks) and NCAA Division I Bylaws 31.1.10 and 31.1.11.]

31.02.4 Misconduct. Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics. (*Revised: 8/15/89, 8/13/92, 1/14/08 effective 8/1/08*)

Criticism of Officials. Members of the coaching staff or other representatives of participating institutions or conferences shall not make public statements critical of officiating in any NCAA championship event. Failure to comply with this policy may subject the individual, institution or conference to the misconduct provisions of Bylaw 31.1.10.

Hearing Opportunity. An act of misconduct may be found upon an administrative hearing granted to the student-athlete or the institutional representative involved by the governing sports committee or the games committee authorized to act for it.

Misconduct Incident to Competition. If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing after this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

Penalty for Misconduct. In accordance with Bylaw 31.1.10.3, the governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of the competition or practice:

1. Public or private reprimand of the individual;
2. Disqualification of the individual from further participation in the NCAA championship involved;
3. Banishment of the individual from participating in one or more subsequent championships of the sport involved;
4. Cancellation of all or a portion of payment to the institution of the Association's transportation and/or per diem allowance for the individuals involved;
5. Withholding of all or a portion of the institution's share of revenue distribution;
6. Banishment of the institution from participation in one or more subsequent championships in which its team in that sport otherwise would be eligible to participate;
7. Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
8. Cancellation of all or a portion of the honorarium for hosting an NCAA championship; and
9. Financial or other penalties different from Nos. 1 through 8, but only if they have prior approval of the Division I Championships/Sports Management Cabinet.

Ban from Subsequent Championship. When a student-athlete or institutional representative is banned from participation in a subsequent championship, such penalty shall be applied to the next tournament(s) in which the individual's team is involved and the individual otherwise is eligible to participate. In the case of an individual event, the penalty shall be applied to the next meet(s) or tournament(s) for which the individual qualifies and otherwise is eligible to participate.

Review of Action. Any action related to misconduct may be reviewed by the governing sports committee upon request of any institution participating in the championship.

SPORTSMANSHIP

The primary goal of the rules is to maximize the safety and enjoyment of the student-athlete. Sportsmanship is a key part of that goal. Sportsmanship should be a core value in behavior of players and bench personnel, in crowd control by game management and in the officials' proper enforcement of the rules governing related actions.

SPORTS WAGERING

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student-athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

A student-athlete involved in sports wagering on the student-athlete's institution permanently loses all remaining regular-season and postseason eligibility in all sports. A student-athlete who is involved in any sports wagering activity that involves college sports or professional athletics,

through Internet gambling, a bookmaker, a parlay card or any other method employed by organized gambling, will be ineligible for all regular-season and postseason competition for at least one year.

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules, in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

TOBACCO POLICY

The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition. Uniform penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) shall be established for such use.

The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.

SECTION 15 – SECURITY

MEDIA/INTERVIEW AREA

There will be one security officer in the PMAC media interview room.

TEAM LOCKER ROOMS

There will be one security officer outside the team locker rooms, throughout all competition sessions that will monitor the locker rooms.

SECTION 16 – TICKETS

1. The location of all team allocations must be approved by the NCAA national office prior to tickets going on sale.
2. The number of tickets allocated to each institution will vary depending on the seating capacity restrictions at each venue. NCAA will work with each host to determine ticket allotments for each participating institution and individuals selected.
3. The host institution is responsible for contacting each participating institution's ticket manager by telephone to determine how many tickets the institution wishes to purchase; those tickets should then be held at the will-call window to be picked up by the visiting institutions on their arrival. The visiting institutions must notify the host no later than noon the day prior to the competition as to whether all the tickets held at will call will be used or whether additional

tickets are requested. If the host institution is not notified, the visiting institution must purchase those tickets.

4. All participating teams' unsold tickets will be pooled for equal distribution among the institutions that wish to purchase additional tickets.
5. Medical personnel not included in a team's official party should be permitted to purchase a ticket that provides seating near the competition floor or easy access from the seat to the competition floor.
6. The host institution is responsible for the administration of the competitors' pass gate. Player-Guest Tickets. Participating institutions may purchase tickets for their student-athletes in accordance with the regulations specified in Bylaw 16.2. A pass gate should be established at the arena to administer the student-athletes' tickets. A designated individual from each participating institution will be responsible for submitting the names of the individuals who will use those tickets to the tournament director (or his or her designee). Individuals using those tickets will proceed through the pass, where they will be identified by the appropriate institution's designee and given a ticket to their seats.

ALLOCATIONS

Participant ticket blocks will be held in the following sections: Top Seed - Top of 115, 116 and bottom of 220; 3rd Seed - Top of 111, 112 and bottom of 217; 2nd Seed- Top of 105, 106 and bottom of 206; 4th Seed - Top of 101, 102 and bottom of 203. Each team ticket manager may request to trade in seats from their team ticket allotment for ADA seats as needed. The host ticketing manager will work to accommodate ADA and additional tickets based on availability.

TICKET PRICES

Ticket pricing is as follows:

100/200 Level:

- All-Session Adult - \$50
- All-Session Youth - \$30
- Individual Meet Adult - \$30
- Individual Meet Youth - \$15
- Student Ticket - \$12
- Group Ticket (15 or More) - \$15

300 Level:

- All-Session Adult - \$40
- All-Session youth - \$20
- Individual Meet Adult - \$25
- Individual Meet Youth - \$12
- Group Ticket (15 or More) - \$12

Tickets for fans may be purchased prior to the meet at the LSU Ticket Office in the LSU Athletics Administration Building, or over the phone at (225)578-2184, or at the PMAC Box Office on meet day, or at [Women's College Gymnastics - Home | NCAA.com](#).

BANDS/SPIRIT SQUADS/MASCOT ENTRANCE

Uniformed band members, spirit squad and mascots may be admitted without a ticket. Please contact Julie Cribbs at jcribbs@lsu.edu by March 25 if you have plans to bring band and/or cheer.

PLAYER PASS ENTRANCE

All team tickets will be mobile and loaded into an online ticket account for schools to send out. Full information and instructions will be provided by LSU. For any questions please contact the LSU Ticket Office at 225-578-2184.

SECTION 17 – TRAVEL PARTY

CREDENTIALS

The NCAA sent you the championships entry/march-in form via email with the selection materials. **This form must be submitted by noon Eastern time, March 26.** Changes to the 20 student-athletes designated on the entry form must be made in writing to the NCAA championship manager and the tournament director and may occur up until one hour prior to open stretch warm-ups on competition day.

General Policies. The entry/march-in form shall serve as the official credential request form. An issued credential may not be given to another team member or individual. If a participant or staff member loses a credential, a fine will be imposed (the price of an all-session ticket to the event) to replace the credential. Wrist bands will be provided to the coaching staff and support personnel as identified on the official entry/march-in form; student-athletes will receive plastic “bag tags” to affix to their gym bags. These credentials will be provided in the Welcome Packet

Teams. The Corral limit at Regionals is 30 people. Teams may designate up to 20 *competing* student-athletes on the Corral/March-in Form. Only these 20 competing student-athletes will be permitted to participate in visualization, open stretch, warm-ups, touch warm-ups and competition. Additionally, teams may only warm-up a maximum of 8 student-athletes during event rotations and one-touches. There is no limit to the number of additional *non-competing student-athletes* a team may include on their Corral/March-In Form if the number fits within the corral limitation. ***Only the 20 designated student-athletes will be permitted to compete. All other non-competing student-athletes*** may be in uniform and may participate in march-in. Teams may change their designated 20 competitors between rounds as long as the updated Corral/March-in Form is submitted to the NCAA Champs Manager and Regional Tournament Director one-hour prior to the start of open-stretch on competition day.

The athletic trainer shall be included as part of the 30.

All-Around and Individual Event Qualifiers. The number of credentials issued will match the travel party number, plus two additional credentials.

For 2026, the official NCAA Travel Party for individuals is as follows:

1-3 individuals = a credential for each athlete and 2 non-athletes (coaches, AT's, managers, etc.) PLUS the 2 additional credentials listed above equaling a total of up to 4 non-athletes (coaches, AT's, managers, etc.).

4-6 individuals = a credential for each athlete and 3 non-athletes (coaches, AT's, managers, etc.) PLUS the 2 additional credentials listed above equaling a total of up to 5 non-athletes (coaches, AT's, managers, etc.).

7-9 individuals = a credential for each athlete and 4 non-athletes (coaches, AT's, managers, etc.) PLUS the 2 additional credentials listed above equaling a total of up to 6 non-athletes (coaches, AT's, managers, etc.).

Team Physician. A medical credential may be issued to a team physician on request via the official entry/march-in form. Hosts shall seat team physicians in an area that is easily accessible to the competition floor in the event of an injury or in designated areas approved by the NCAA.

Sports Information Director. One floor-access credential (non-transferable) for purposes of fulfilling media responsibilities and access to the competition floor and locker rooms as needed. This will be requested through and issued by the *media coordinator*.

Photographers/Videographers from Participating Institutions. Up to two credentials for an institution's photographer and/or videographer may be requested via the media coordinator and removed from the team list. The photographer must cover the event from areas designated by the host institution. *For the videographer to film from the team corral, he or she must be included as part of the 30 permitted in the team corral and listed on the official entry/march-in form.* Photographers are not permitted in the corrals and their credentials will be handled by the *media coordinator*.

SECTION 18 – LOCAL TRANSPORTATION

Ample ground transportation is available at the Baton Rouge Regional Airport (BTR).

9430 Jackie Cochran Dr.

Baton Rouge, LA 70807

(225) 355-0333

Info@flybtr.com

<https://www.flybtr.com/>

Tiger Airport Shuttle: www.tigerairportshuttle.com

225-333-8167

Airport Shuttle: (225) 355-0333

Airport Information: (225) 355-0333

CAR RENTALS

Avis: 1-800-831-2847

Budget: 1-800-527-0700

Enterprise: 1-800-Rent A Car

Hertz: 1-800-654-3131

National: 1-800-227-7368

Thrifty: 1-800-847-4389

APPENDIX B

2026 NCAA Women's Gymnastics Championships Student-Athlete Guest List (duplicate as needed)

I received a complimentary admission from the student-athlete named below. By signing this form, I certify that I did not, nor do I plan to, pay or give anything of value to the student-athlete in exchange for the complimentary admission.		
Participant's Name (Last, First)	Name of Guest(s)	Signature
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	1.	
	2.	
	3.	
	4.	
	5.	
	6.	

2026 NATIONAL COLLEGIATE WOMEN'S GYMNASTICS CHAMPIONSHIPS

LINEUP FORM

Institution _____

Coach _____

VAULT	1.	_____	BARS	1.	_____
	2.	_____		2.	_____
	3.	_____		3.	_____
	4.	_____		4.	_____
	5.	_____		5.	_____
	6.	_____		6.	_____

BEAM	1.	_____	FLOOR	1.	_____
	2.	_____		2.	_____
	3.	_____		3.	_____
	4.	_____		4.	_____
	5.	_____		5.	_____
	6.	_____		6.	_____

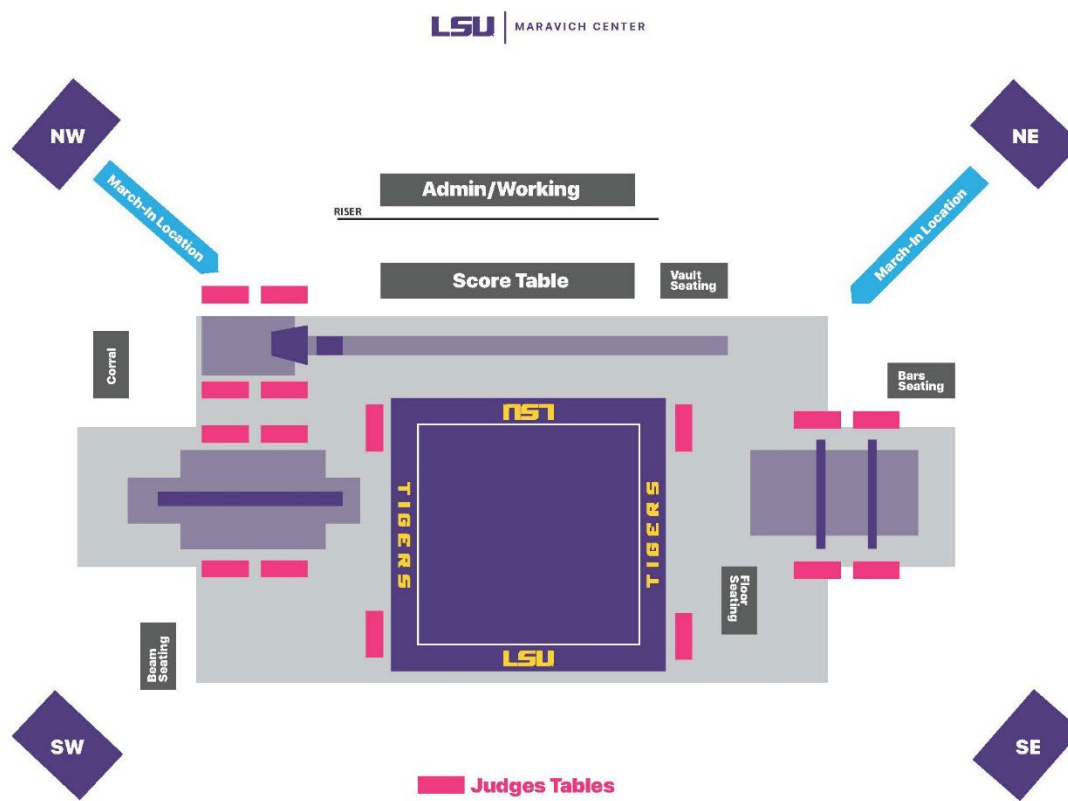
Equipment List

NCAA Women's Gymnastics Apparatus and Mat list for 2025/26'

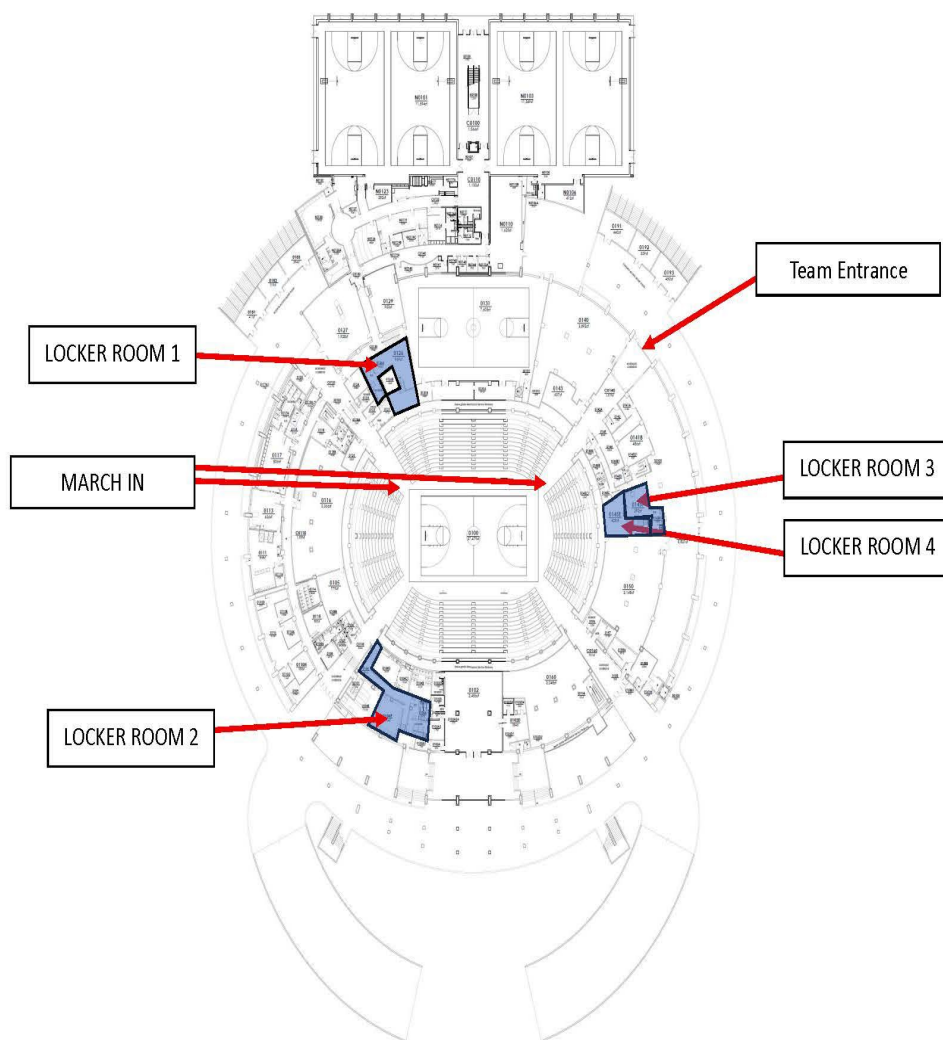
					updated: 2/12/26
Vault					
Check if you already have	AAI Description	Model #	Qty	Regionals	Comments
	TAC/10 Vault Table(w/ Hanging Saftey Pad)	407-557	1	1	
	TAC/10 Round-off-Pad, 39" x 51" x 1 3/8"	416-098	1	1	
	Padded Vault Runway, 1 3/8" x 3' x 84"	416-785	1	1	Demo Preferred
	TAC/10 Vaulting Board	407-233	2	2	1-Extra as Back-up - Teams may bring their own
	Contoured Vault Saftey Zone	407-238	1	1	
	Vault Anchor Mat, 4' x 8' x 20cm	416-292	1	1	Two piece set
	FIG 8' x 15.5' x 20cm., V2 - Firm	416-322	1	1	
	FIG 8' x 8' x 20cm., V2	416-308	1	1	
	Throw Mat 7' x 10' x 10cm.	416-258	1	1	Anti-Slip/w/Dual Density Foam, Demo Preferred
	Throw Mat 8' x 15' x 10cm. folding	416-140	1	1	With NCAA Women's Lines Required, Demo Preferred
	8" Skill Cushion, 5' x 10'	416-259	1	1	
	8" Softy , Skill Cushion, 5' x 10'	416-006	1	1	
	8" Skill Pillow, 4' x 6' x 8"	416-225	1	1	AAI Skill Pillow 4' x 6' x 8" (easier to move)
	Sting Mat, 80" x 100" x 2"	416-584	2	2	
	TAC/10 Towel, (12 per box)	407-571	2	1	
	Spray Bottle-Labelled Cleaner		2	1	
	Step-In Chalk Holder w/chalk	407-007	2	1	
	Score Flasher- 5 Digit	545460	1	1	Vault Value Chart flashing - end of runway - only needs 3 digits
	100' US-Metal Tape Measure		1	1	
	Folding Panel Mat, 6' x 12'		1	1	warm-up/stretching area next to apparatus as space permits
	Vault Base Weight Set	407-568	1	1	Or the use of a floor plate drilled into floor
UNEVEN BARS					
Check if you already have	AAI Description	Model #	Qty	Regionals	Comments
	Elite Free Standing Uneven Bar System & Covers	407-461, 407-463	1	1	Free-Standing System for (Elite Uneven Bars), if Floor plates are not available
	Elite Uneven Bars with Graphite X Rails	407-080	1	1	with assit step, 407-188-optional at Regionals
	Extra Graphite X Rails	407-183	2	1	backup rail (splinter, fracture, etc.)
	Elite Free Standing Uneven Bar-adapter	407-349	1	1	Used with Floor Plates, keeps two bases from moving (square)
	FIG 8' x 15.5' x 20cm., V2-Firm	416-322	2	2	
	FIG 8' x 12' x 20cm., V2-Firm	416-317	2	2	
	FIG 8' x 7.5' x 20cm., V2-Slab	416-312	1	1	
	Throw Mat, 7' x 10' x 10cm.	416-258	1	1	Anti-Slip/w/Dual Density Foam, Demo Preferred
	Sting Mat, 80" x 100" x 2"	416-584	1	1	
	8" Skill Cushion, 5' x 10'	416-259	1	1	
	8" Skill Pillow, 4' x 6' x 8"	416-225	1	1	new "8" AAI Skill Pillow 4' x 6' x 8" per WCGA proposal (easier to move)
	Throw Mat, 8' x 15' x 10cm. folding	416-020	1	1	Demo Preferred
	TAC/10 Vaulting Board	407-233	1	1	Teams may bring their own
	High Chalk Holder	407-008	3	2	
	Block Chalk-36lbs/Case	407-565	1	1	
	Wood Mounting Board 2' x 4' x .5"	557-630	1	1	New item available for sale through AAI - Teams may bring their own
	Scotch Bright Pad/Yellow Fleece	133-310	1	1	Used to clean rails
	Wire Brushes		2	1	Used to clean rails
	Spray Water Bottles-Label UTB Only		3	2	
	Spotting Block, 30" x 30" x 30"	416-169	1	1	
	Folding Panel Mat, 6' x 12'		1	1	warm-up/stretching area next to apparatus as space permits
BEAM					
Check if you already have	AAI Description	Model #	Qty	Regionals	Comments
	EVO-Elite Non-Adjustable Reflex Beam	407-922	1	1	
	Elite Beam Leg Pads-set of 2	416-324	1	1	
	Elite Beam Leg Filler Mat System set of 4	416-560	1	1	
	FIG 8' x 15.5' x 20cm., V4 Firm	530-854	2	0	Under Beam center velcro - Nationals only (prevent sliding)
	FIG 8' x 15.5' x 20cm., V2 Firm	416-322	2	4	
	FIG 8' x 12' x 20cm., V2 Firm	416-317	1	1	
	Throw Mat, 7' x 10' x 10cm.	416-258	1	1	Anti-Slip/w/Dual Density Foam, Demo Preferred
	8" Skill Cushion, 5' x 10'	416-259	1	1	Non-slip backing optional at Regionals
	Sting Mat, 80" x 100" x 2"	416-584	1	1	
	Throw Mat, 8' x 15' x 10cm. folding	416-020	2	2	Demo Preferred
	TAC/10 Vaulting Board	407-233	1	1	Teams may bring their own
	Wood Mounting Board 2' x 4' x .5"	557-630	1	1	New item available for sale through AAI - Teams may bring their own
	Beam Suede Pad	416-061	1	1	
	Step-In Chalk Holder w/chalk	407-007	2	1	
	Folding Panel Mat, 6' x 12'		1	1	warm-up/stretching area next to apparatus as space permits

Floor:					
Check if you already have	AAI Description	Model #	Qty	Regionals	Comments
	Power Elite Floor System includes Deck, AAI competition carpet with white lines 12m x 12m, 2 1/4" Puzzle Cut Foam, 18" wide corner safety mat system	432-194	1	1	Puzzle Cut Foam: #6997-(4), #6998-(63), & #6999-(230), & includes 2-Floor Panels 555-288
	ACCEPTABLE AT REGIONALS - AAI Stratum Floor American Elite Floor System 45'x 45' consists of carpet, foam and border	423-480	1	1	Stratum floor is acceptable alternative at Regional sites, Nationals will use Power Elite Floor
	Sting Mat, 80" x 100" x 2"	416-584	2	2	
	Throw Mat, 7'x 10'x 10cm.	416-258	2	2	Anti-Slip/w/Dual Density Foam, Demo Preferred
	Step-In Chalk Holder w/chalk	407-007	2	1	
	Folding Panel Mat, 6'x 12'		2	1	warm-up/stretching area next to apparatus as space permits
Miscellaneous					
Check if you already have	AAI Description	Model #	Qty	Regionals	Comments
	Floor Springs w/Caps				NEW recommended parts list would cost about \$500
	Beam Parts Bag	72161			
	Spring V. Boars Springs	15317			
	Elite V. Table Snap Lock	9700051			
	Elite V. Table Spin Lock	407-554			
	Elite V. Table Pars Bag	74860			
	UTB Snap Lock	19189			
	UTB Spin Lock-Short Handle	19359			
	Cam Cable Tighteners Set of 4	407-142			
	UTB Turn-buckle	71878			
	UTB-9mm Quick Link	31076			
	UTB Swivel Anchor set of 4	407-135			
	AAI Blue Tape	5350			
	White Tape	5360			
	Clear Tape	9020			
	4" Black Hook Velcro	4175			
	2" Velcro Back Loop	4115			

Competition Floor

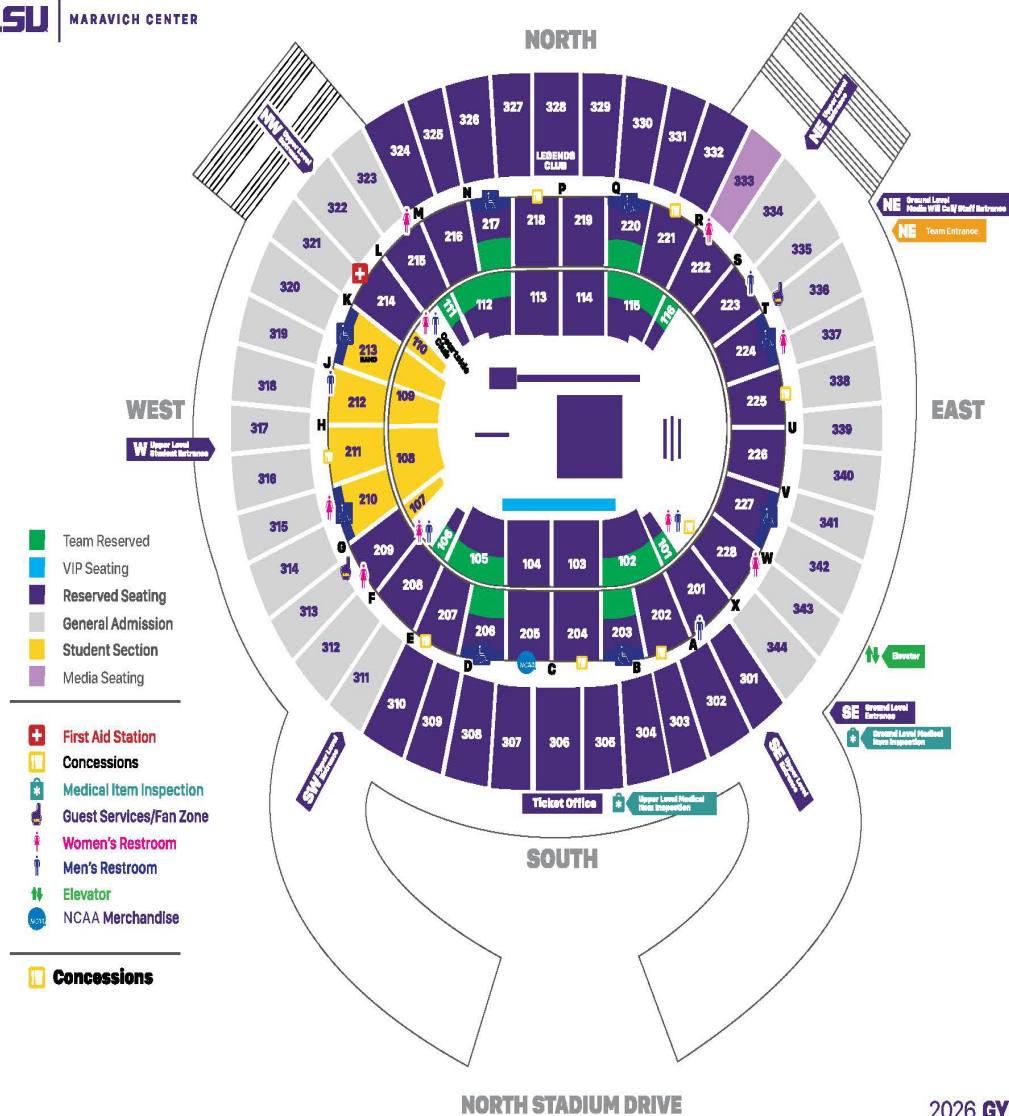


Ground Level & Locker Rooms

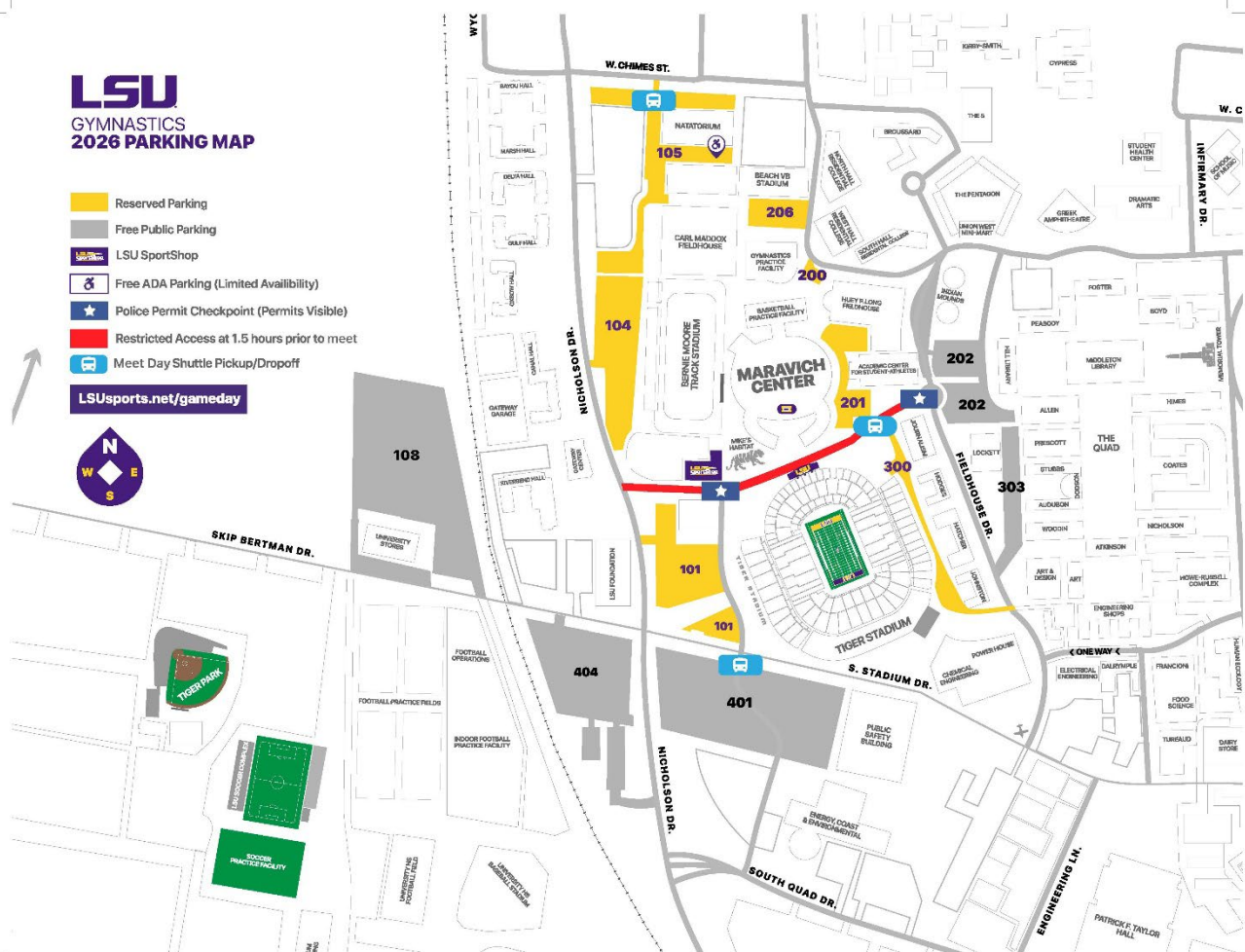


Seating Chart

LSU | MARAVICH CENTER



Campus Parking Map



Driving Directions

