



**2021 MEN'S
NATIONAL COLLEGIATE
GYMNASTICS
CHAMPIONSHIPS**

MINNEAPOLIS

University of Minnesota, Twin Cities, Host

***PARTICIPANT
2020-21 MANUAL***

Finals

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INTRODUCTION

Congratulations! Your team has qualified for the 2021 National Collegiate Men’s Gymnastics Championships Qualifier to be held on Friday, April 16. The Championships Finals will be Saturday, April 17.

This participant manual will be helpful as a guide to the policies and procedures governing the administration and conduct of this championship event. Further, this manual will provide specific information on hotel arrangements, travel, tickets, event schedules and other important championship information.

The top quality of this championship is only superseded by the excellent achievement on the gym floor. Like your team, we understand that thorough preparation is the key to success. That is why we are excited about the upcoming championships. Good luck and we will see you soon!

CHAMPIONSHIP HISTORY

1938 Chicago	1962 Southern California	1981 Nebraska	2000 Penn St.	2019 Stanford
1939 Illinois	1963 Michigan	1982 Nebraska	2001 Ohio State	2020 Cancelled
1940 Illinois	1964 Southern Ill.	1983 Nebraska	2002 Oklahoma	
1941 Illinois	1965 Penn St.	1984 UCLA	2003 Oklahoma	
1942 Illinois	1966 Southern Ill.	1985 Ohio St.	2004 Penn St.	
1948 Penn St.	1967 Southern Ill.	1986 Arizona St.	2005 Oklahoma	
1949 Temple	1968 California	1987 UCLA	2006 Oklahoma	
1950 Illinois	1969 Iowa	1988 Nebraska	2007 Penn St.	
1951 Florida St.	1970 Michigan	1989 Illinois	2008 Oklahoma	
1952 Florida St.	1971 Iowa St.	1990 Nebraska	2009 Stanford	
1953 Penn St.	1972 Southern Ill.	1991 Oklahoma	2010 Michigan	
1954 Penn St.	1973 Iowa St.	1992 Stanford	2011 Stanford	
1955 Illinois	1974 Iowa St.	1993 Stanford	2012 Illinois	
1956 Illinois	1975 California	1994 Nebraska	2013 Michigan	
1957 Penn St.	1976 Penn St.	1995 Stanford	2014 Michigan	
1958 Michigan St.; Illinois	1977 Oklahoma; Indiana St.	1996 Ohio State	2015 Oklahoma	
1959 Penn St.	1978 Oklahoma	1997 California	2016 Oklahoma	
1960 Penn St.	1979 Nebraska	1998 California	2017 Oklahoma	
1961 Penn St.	1980 Nebraska	1999 Michigan	2018 Oklahoma	

CHAMPIONSHIP DIRECTORY

ROLE/TITLE	NAME	CONTACT INFORMATION
Director of Athletics University of Minnesota	Mark Coyle	Office: 612-626-7000
Tournament Director University of Minnesota	Michelle McDonnell	Office: 612-624-8147 Cell: 612-816-3099 Email: mcdonnem@umn.edu
Head Coach, Men's Gymnastics University of Minnesota	Mike Burns	Office: 612-625-9567 Email: burns265@umn.edu
Media Coordinator University of Minnesota	Michelle Traversie	Office: 612-624-0522 Cell: 612-396-8712 Email: traen001@umn.edu
Athletic Training University of Minnesota	Emily Wendolek	Office: 612-626-2066 Cell: 612-590-6541 Email: whitt106@umn.edu
Drug Testing Coordinator University of Minnesota	Jeff Winslow	Office: 616-626-4499 Cell: 612-616-7329 Email: winsl034@umn.edu
Ticket Manager University of Minnesota	Jared Novinska	Office: 612-624-9026 Cell: 608-287-6243 Email: novin009@umn.edu
Marketing & Promotions University of Minnesota	Paul O'Brien	Office: 612-624-4528 Cell: 612-358-3817 Email: obri0757@umn.edu
Technical Director	Craig Nesbitt	Email: craignesbitt@gmail.com
NCAA Staff		
Coordinator, Championships and Alliances NCAA	Alyssa Rice	Office: 317-917-6627 Cell: 317-294-9616 Email: arice@ncaa.org
NCAA Men's Gymnastics Committee		
NCAA Committee Chair Associate Athletic Director U.S. Military Academy	Brad Brown	Cell: 845-554-4069 Email: cchmelka@huskers.com
Head Men's Gymnastics Coach University of Nebraska, Lincoln	Chuck Chmelka	Cell: 402-540-9293 Email: cchmelka@huskers.com
Head Men's Gymnastics Coach Springfield College	Matt Davis	Cell: 508-380-2970 Email: mdavis2@springfieldcollege.edu
Associate Athletic Director The Ohio State University	Carey Fagan	Cell: 937-243-5599 Email: fagan.36@osu.edu
Head Men's Gymnastics Coach Pennsylvania State University	Randy Jepson	Cell: 814-777-8421 Email: rlj3@psu.edu
Head Men's Gymnastics Coach University of Oklahoma	Mark Williams	Cell: 405-249-4173 Email: wellsgymn@ou.edu
NCAA Rules Interpreter	Mike Juszczak	Email: mtjusz@gmail.com

SCHEDULE OF EVENTS

Schedule of Events		
Tuesday, April 13, 2021 <i>(all times are Central time zone)</i>		
All day	AAI equipment and podium install	Maturi Pavilion
Morning	Arrival of staff and committee	Hotel
5 – 8 p.m.	Testing of Tier 1 and 2 staff and committee	TCF Bank Stadium
Wednesday, April 14, 2021		
All day	No practice	Maturi Pavilion
All day	Team travel party and ProScore arrival	Hotel
1 – 5 p.m.	Session II teams/individuals travel party testing	TCF Bank Stadium
4 – 7 p.m.	Committee walkthrough and equipment check	Maturi Pavilion
5 – 10 p.m.	Session I teams/individuals travel party testing	TCF Bank Stadium
Thursday, April 15 PRACTICE DAY		
All day	Officials Arrive	Hotel
9 – 10 a.m.	Administrative Meeting	Virtual Meeting
10 a.m.	Athletic Training Room Opens	Maturi Pavilion
11 a.m. – 1:30 p.m.	Session I Practice	Maturi Pavilion
2:30 – 5 p.m.	Session II Practice	Maturi Pavilion
5 – 9 p.m.	Testing of Tier 1 staff and officials	TCF Bank Stadium
6:30 – 7 p.m.	CGA Virtual Banquet	Virtual
Friday, April 16 CHAMPIONSHIPS QUALIFIER		
8 a.m. - Noon	Session II team travel party testing and remaining officials	TCF Bank Stadium
9:30 a.m.	Athletic Training Room Opens	Maturi Pavilion
9:30 – 10:30 a.m.	Judges Meeting	Virtual
10:40 – 11:23 a.m.	Session I Stretch Warmup	Maturi Pavilion
11:24 a.m. – 12:41 p.m.	Session I Controlled Warmup	Maturi Pavilion
11:30 a.m.	Doors Open for Session I	Maturi Pavilion
1 – 4 p.m.	NCAA SESSION I COMPETITION	Maturi Pavilion
4 – 8 p.m.	Session I teams/individuals travel party testing	TCF Bank Stadium
4:40 – 5:23 p.m.	Session II Stretch Warmup	Maturi Pavilion
5 – 5:30 p.m.	Judges Meeting	Williams Arena Club Room
5:24 – 6:41 p.m.	Session II Controlled Warmup	Maturi Pavilion
6 p.m.	Doors Open for Session II	Maturi Pavilion
7 – 10 p.m.	NCAA SESSION II COMPETITION	Maturi Pavilion
10 p.m.	Draw Meeting	Competition Floor
Saturday, April 17 CHAMPIONSHIPS FINALS		
8 a.m. – Noon	Testing of officials and Tier 1 staff	TCF Bank Stadium
9 a.m.	Athletic Training Room Opens	Maturi Pavilion
9 a.m. – Noon	Session III Practice	Maturi Pavilion

3:30 p.m.	Athletic Training Room Opens	Maturi Pavilion
4:40 – 5:17 p.m.	Stretch Warmup	Maturi Pavilion
5 – 5:30 p.m.	Judges Meeting	Williams Arena Club Room
5:18 – 6:41 p.m.	Controlled Warmup	Maturi Pavilion
6 p.m.	Doors Open for Finals	Maturi Pavilion
7 – 10 p.m.	NCAA CHAMPIONSHIPS FINALS	Maturi Pavilion
10 p.m.	Awards Presentation (Team, All-Around, Individual Events)	Maturi Pavilion

*Please note schedule is subject to change.

PRACTICE/WARMUP ROTATIONS AND ORDER OF COMPETITION

WEDNESDAY, APRIL 14

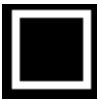





There will be no practice today. Teams will arrive and be tested for COVID-19. Teams cannot practice until the test results are complete.

THURSDAY, APRIL 15

Teams will have assigned rotations for the Thursday session practices. Individual all-around and event qualifiers will warm up with their assigned team for the championships qualifier.

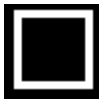





Session I Practice

11 a.m. to 1:30 p.m.

							
11 a.m.	11:20 a.m.	Stretch Warmup					
11:20 a.m.	11:40 a.m.	Oklahoma	Navy	Illinois	Ohio State	Nebraska	William & Mary
11:40 a.m.	12:00 p.m.	William & Mary	Oklahoma	Navy	Illinois	Ohio State	Nebraska
12:00 p.m.	12:20 p.m.	Nebraska	William & Mary	Oklahoma	Navy	Illinois	Ohio State
12:20 p.m.	12:40 p.m.	Ohio State	Nebraska	William & Mary	Oklahoma	Navy	Illinois
12:40 p.m.	1:00 p.m.	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma	Navy
1:00 p.m.	1:20 p.m.	Navy	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma
1:20 p.m.	1:30 p.m.	Stretch down					







Session II Practice

2:30 to 5 p.m.







							
2:30 p.m.	2:50 p.m.	Stretch Warmup					
2:50 p.m.	3:10 p.m.	Iowa	Michigan	California	Stanford	Penn State	Minnesota
3:10 p.m.	3:30 p.m.	Minnesota	Iowa	Michigan	California	Stanford	Penn State
3:30 p.m.	3:50 p.m.	Penn State	Minnesota	Iowa	Michigan	California	Stanford
3:50 p.m.	4:10 p.m.	Stanford	Penn State	Minnesota	Iowa	Michigan	California
4:10 p.m.	4:30 p.m.	California	Stanford	Penn State	Minnesota	Iowa	Michigan
4:30 p.m.	4:50 p.m.	Michigan	California	Stanford	Penn State	Minnesota	Iowa
4:50 p.m.	5:00 p.m.	Stretch down					

FRIDAY, APRIL 16

Session I Warmup







							
10:40 a.m.	11:23 a.m.	Stretch Warmup					
11:24 a.m.	11:36 a.m.	William & Mary	Oklahoma	Navy	Illinois	Ohio State	Nebraska
11:37 a.m.	11:49 a.m.	Nebraska	William & Mary	Oklahoma	Navy	Illinois	Ohio State
11:50 a.m.	12:02 p.m.	Ohio State	Nebraska	William & Mary	Oklahoma	Navy	Illinois
12:03 p.m.	12:15 p.m.	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma	Navy
12:16 p.m.	12:28 p.m.	Navy	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma
12:29 p.m.	12:41 p.m.	Oklahoma	Navy	Illinois	Ohio State	Nebraska	William & Mary

Session I Championships Qualifier 1 p.m.


Rot.						
1	Oklahoma	Navy	Illinois	Ohio State	Nebraska	William & Mary
	Garrett Brauntun Air Force	Frankie Valentin Air Force		Brandon Bzoskie Air Force		
2	William & Mary	Oklahoma	Navy	Illinois	Ohio State	Nebraska
	Collin Hickey Air Force	Garrett Brauntun Air Force	Frankie Valentin Air Force		Allen Shadan Air Force	
3	Nebraska	William & Mary	Oklahoma	Navy	Illinois	Ohio State
			Garrett Brauntun Air Force	Frankie Valentin Air Force		Allen Shadan Air Force
4	Ohio State	Nebraska	William & Mary	Oklahoma	Navy	Illinois
		Scott McMurray Air Force		Garrett Brauntun Air Force	Frankie Valentin Air Force	
5	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma	Navy
	Samuel Metzler Air Force	Noah Everett Air Force			Garrett Brauntun Air Force	Frankie Valentin Air Force
6	Navy	Illinois	Ohio State	Nebraska	William & Mary	Oklahoma
	Frankie Valentin Air Force		Allen Shadan Air Force			Garrett Brauntun Air Force

FRIDAY, APRIL 16

SESSION II WARMUP

							
4:40 p.m.	5:23 p.m.	Stretch Warmup					
5:24 p.m.	5:36 p.m.	Minnesota	Iowa	Michigan	California	Stanford	Penn State
5:37 p.m.	5:49 p.m.	Penn State	Minnesota	Iowa	Michigan	California	Stanford
5:50 p.m.	6:02 p.m.	Stanford	Penn State	Minnesota	Iowa	Michigan	California
6:03 p.m.	6:15 p.m.	California	Stanford	Penn State	Minnesota	Iowa	Michigan
6:16 p.m.	6:28 p.m.	Michigan	California	Stanford	Penn State	Minnesota	Iowa
6:29 p.m.	6:41 p.m.	Iowa	Michigan	California	Stanford	Penn State	Minnesota

Session II Championships Qualifier 7 p.m.

Rot.						
1	Iowa	Michigan	California	Stanford	Penn State	Minnesota
	Matt Davis Army	Zachary Mitchell Army		Miguel Aquino Army	Kiernan Reagan Army	Patrick Armstrong Army
2	Minnesota	Iowa	Michigan	California	Stanford	Penn State
		Matt Davis Army	Mitchell Monahan Army	Connor Cavanagh Army	Jackson Pophal Army	Kalvin Kingshill Army
3	Penn State	Minnesota	Iowa	Michigan	California	Stanford
	Kalvin Kingshill Army		Matt Davis Army			Miguel Aquino Army
4	Stanford	Penn State	Minnesota	Iowa	Michigan	California
	Mitchell McHugh Army	Joseph Minus Army	Patrick Armstrong Army	Matt Davis Army	Zachary Mitchell Army	
5	California	Stanford	Penn State	Minnesota	Iowa	Michigan
		Matthew Martin Army	Kiernan Reagan Army	Jacob Nauman Army	Matt Davis Army	Zachary Mitchell Army
6	Michigan	California	Stanford	Penn State	Minnesota	Iowa
			Matthew Martin Army		Patrick Armstrong Army	Matt Davis Army

SATURDAY, APRIL 17

Session III Practice

9 a.m. to Noon

Two Teams and Individuals: 9 – 9:45 a.m.







Two Teams and Individuals: 10 – 10:45 a.m.

Two Teams and Individuals: 11 – 11:45 a.m.







*Choose practice session at Draw meeting on Friday evening in same order as draw for starting event.

*Each team will have 20 minutes on each set of three events. There will be some time to clean before switching to the other set of three events. Teams should come stretched and ready to go.

CHAMPIONSHIPS FINALS WARMUP

							
4:40 p.m.	5:17 p.m.	Stretch Warmup					
5:18 p.m.	5:31 p.m.	A	F	E	D	C	B
5:32 p.m.	5:45 p.m.	B	A	F	E	D	C
5:46 p.m.	5:59 p.m.	C	B	A	F	E	D
6:00 p.m.	6:13 p.m.	D	C	B	A	F	E
6:14 p.m.	6:27 p.m.	E	D	C	B	A	F
6:28 p.m.	6:41 p.m.	F	E	D	C	B	A

CHAMPIONSHIPS FINALS 7 p.m.

						
1	F	E	D	C	B	A
	Student Name Institution					
2	A	F	E	D	C	B
3	B	A	F	E	D	C
4	C	B	A	F	E	D

5	D	C	B	A	F	E
6	E	D	C	B	A	F

TECHNICAL INFORMATION

CHAMPIONSHIPS QUALIFIER

QUALIFICATION

Based on the NCAA national qualifying average, the top 11 teams, in addition to the conference champion from the Big Ten Conference, the top five all-around competitors who are not members of a selected team, and the top five individuals per event who are not members of a selected team or have not already been selected in the all-around, will compete in the championships qualifier. The next two alternates will be identified for each event and the all-around and will be inserted if a scratch occurs, up until timed warmups for that session begin. Not more than 15 competitors may represent any one institution.

Head coaches may petition all-around and individual event participants into the championships qualifier if the gymnast does not meet the NQA qualifications. A written petition must be submitted to the Men's Gymnastics Committee chair and the NCAA championship liaison by 11 a.m. Eastern time Tuesday, April 6.

TIES

For qualification to the championship qualifier, ties will be broken using the following guidelines (in priority order):

CHAMPIONSHIPS QUALIFIER — TEAM

1. Conference championship score;
2. Highest away score; and
3. Second highest away score. Keep evaluating regular-season scores until the tie has been broken.

CHAMPIONSHIPS QUALIFIER — INDIVIDUAL

- Ties will not be broken. All tied individuals will be invited to attend the championships qualifier.

MEET FORMAT

The meet format will consist of six rotations of six groups.

INDIVIDUAL QUALIFIERS

Student-athletes who qualify as individuals in the all-around and individual events will be placed with one of the six teams in each session of the championship's qualifier. If the host team only qualifies individuals, they will be in the second session. Every attempt will be made to keep members of the same team in the same session. The individual qualifiers will perform first on each apparatus.

JUDGING

Five judges will be used for each event.

SEEDING

At the championship's qualifier, the national qualifying average will be used to determine the seeding of teams in each session. The highest qualifying team in each session will be given first choice of starting position. Then, the second-highest qualifying team in each session will be asked to choose its starting event, followed by the third-highest team, etc.

Teams that do not enter their scores on Road to Nationals on time may not get to choose according to their seeding. If the host institution is participating in the team portion, its entire group will compete in Session II. If the host institution does not qualify as a team, the No. 1 seed will get to select their session.

GROUPING

Group One: Seed Nos. 1, 4, 5, 8, 9 and 12

Group Two: Seed Nos. 2, 3, 6, 7, 10 and 11

WARMUP

There will be a controlled warmup on the competition floor. This warmup will be for five members from the qualified teams, gymnasts competing on the event in order to obtain an all-around score, plus the event specialist and/or all-around competitors assigned to the group. Each group will have 12 minutes per event and a one-minute transition time.

Equipment may be adjusted and prepared, but teams cannot warm up until cued by the announcer. This will be strictly enforced and a penalty (as per FIG, a 0.3 deduction) may be applied for violations. Each group will finish its warmup on the apparatus it has drawn as its first competition event.

A three-minute warmup will be allowed before each rotation. Individual qualifiers will warm up first, before the team.

ROSTER

The official 15-man team roster for the championship's qualifier may not be changed after the timed warmups begin. A 1.0 deduction from the team score will be imposed on teams that do not comply.

LINEUP CHANGES

Official lineup changes within the 15-man roster may be made up until the end of the three-minute warmup in each rotation. Communicate all lineup changes to ProScore and head judge of that event.

COMPETITION FORMAT

All six events in the championships qualifier sessions will be in progress simultaneously. Five gymnasts may compete on each event, with all scores per event counting toward the team score. When a sixth competitor performs to complete the all-around, his score only counts for the all-around and not for the team score. This athlete must compete at the end of the team lineup.

The public address announcers will announce the first competitors on floor exercise, pommel horse and still rings. When the floor exercise competitor completes his routine, the vault performer will be announced; when the pommel horse competitor dismounts, the parallel bars competitor will be announced; when the still rings competitor dismounts, the horizontal bar competitor will be announced. Throughout the competition, three competitors will be competing at the same time.

CHAMPIONSHIPS FINALS

QUALIFICATION

The top three teams and the top three all-around competitors not on one of the qualifying teams, plus the top three individuals on each event not already qualified on a team or as an all-around competitor, will advance from each qualifying session to the championships finals. Not more than 15 competitors may represent any one institution. March-in will be limited to 15 individuals. Any participant in the championships is eligible to win an award for any event.

TIES

For qualification to the championships finals, ties will be broken using the following guidelines (in priority order):

CHAMPIONSHIP — TEAM

1. Highest team event score from the championships qualifier.
2. Next highest team event score, etc. until the tie is broken.
3. National Qualifying Average score.

CHAMPIONSHIP — ALL-AROUND

1. Highest championships qualifier individual-event place.
2. Next highest individual-event place, etc., until the tie is broken.

CHAMPIONSHIP — INDIVIDUAL EVENT

1. E-score from the championships qualifier.
2. D-score from the championships qualifier.
3. National Qualifying Average score.

MEET FORMAT

The meet format will consist of six rotations of six groups. Each group will consist of one team, one event specialist and one all-around competitor. The No. 1-ranked event specialist and all-around competitor from Session I will compete with the No. 1-ranked team from Session I; the

No. 2 event specialist and all-around competitor with the No. 2 team, etc. The event specialist will compete in the first position, followed by the all-around competitor and then the team.

JUDGING

Five judges will be used for each event.

STARTING EVENT

The starting event for the six teams participating in the championships finals will be decided immediately after the evening session of the championships qualifier. If a coach is not available to select his team's starting position, the team will be assigned its starting position after all other coaches present have selected. Positions for the team finals will be determined as follows:

First choice — Session winner with highest score from the championships qualifier.

Second choice — Other session winner.

Third choice — Second-place team from the same session as the team with the highest score.

Fourth choice — Other second-place team.

Fifth choice — Third-place team from the same session as the team with the highest score.

Sixth choice — Other third-place team.

WARMUP

There will be a controlled warmup on the competition floor. This warmup will be for five members from the qualified teams, gymnasts competing on the event in order to obtain an all-around score, plus the one event specialist and one all-around competitor. Each group will have 13 minutes per event and a one-minute transition time.

Equipment may be adjusted and prepared, but teams cannot warm up until cued by the announcer. This will be strictly enforced and a penalty (as per FIG, a 0.3 deduction) may be applied for violations. Each group will finish its warmup on the apparatus it has drawn as its first competition event.

A three-minute warmup will be allowed before each rotation. Individual qualifiers will warm up first, before the team.

ROSTER

The official 15-man team roster for the championships finals may differ from the championships qualifier. The championships finals roster may not be changed after the timed warmups begin. A 1.0 deduction from the team score will be imposed on teams that do not comply.

LINEUP CHANGES

Official lineup changes within the 15-man roster may be made up until the end of the three-minute warmup in each rotation. Communicate all lineup changes to ProScore and head judge of that event.

COMPETITION FORMAT

The public address announcers will announce the first competitors on floor exercise, pommel horse and still rings. When the floor exercise competitor completes his routine, the vault performer will be announced; when the pommel horse competitor dismounts, the parallel bars competitor will be

announced; when the still rings competitor dismounts, the horizontal bar competitor will be announced. Throughout the competition, three competitors will be competing at the same time.

AWARDS

Individual events, the all-around and team awards will be presented at the end of the competition. Ties in the team competition at the championships finals will not be broken.

TIES

Ties will be broken in the all-around and individual event competition at the championships finals using the following guidelines (in priority order):

ALL-AROUND AWARDS

1. Highest individual-event place.
2. Next highest individual-event place, etc., until the tie is broken.

INDIVIDUAL EVENT AWARDS

- E-score from the championships finals.

If there are still ties, the ties will not be broken. The NCAA national office will order duplicate awards.

ACCOMMODATIONS

TEAM HOTEL

One hotel has been designated as the team hotel. Each institution is responsible for contacting the designated hotel directly and making its own special arrangements for meeting rooms, meals and other functions. **Teams are not permitted to make reservations at the Graduate Minneapolis.**

Note: The reservation cut-off date is 5 p.m. Eastern time Wednesday, April 7.

Courtyard Minneapolis Downtown

1500 Washington Avenue South

Minneapolis, Minnesota 55454

Contact: David “Dee” Kurz

Contact Email: David.kurz@courtyardminneapolis.com

Contact Phone: 612-638-4671

Room Rate: \$159 + taxes

Directions from Courtyard Minneapolis to Maturi Pavilion

Driving: Turn right on to S Washington Ave. Turn right to merge on to I-35W N . Take exit 18 for University Ave toward 4St SE/County Road 36. Turn right on to University Ave SE. Maturi Pavilion will be on your left in .8 miles.

Distance from Hotel: 1.5 miles

Drive Time: 5 minutes

ATHLETIC TRAINING



University of Minnesota
2021 Men's Gymnastics National Championship
Athletic Medicine



Dear Visiting Athletic Trainer,

On behalf of the University of Minnesota, we would like to welcome you and your team to Minneapolis for the 2021 National Collegiate Gymnastics Championships. Below you will find additional information regarding facilities and accommodations available to you during your stay.

Please let us know if you have any other questions or requests prior to arriving for the Championship! We look forward to see you!

Athletic Training Facilities:

There will be two athletic training spaces available for use in the Maturi Pavilion. One will be immediately off the competition floor at the east end of the Pavilion and the other on the lower level of Maturi Pavilion/Williams Arena. At least one host athletic trainer will be present at all practice and competition sessions. A Primary Care Sports Medicine Physician and/or Orthopedic Surgeon will be available on-call for all training sessions and on-site for competition. EMS will be on site for all practice and competitions.

The athletic training rooms will open two hours prior to practice/competition and close one hour after the session is finished.

Treatment tables, modalities, hydrocollators and first aid essentials will be available to use. In addition, we will provide water, sports drink, injury ice, ice bags, flexi wrap, biohazard supplies, and emergency medical equipment on the competition floor.

Due to Covid-19 restrictions, availability of supplies is subject to change.

Our emergency action plan is attached, please review it prior to arriving. If your team will be traveling without a certified athletic trainer, your student-athletes requiring treatment must bring a written protocol of the desired modality treatment they need, signed either by a certified athletic trainer or team physician.

Hospitals and Pharmacies:

University of Minnesota Medical Center, Fairview
500 SE Harvard St, Minneapolis, MN 55455

- Emergency Department: 612-273-2700
- Hospital Information: 612-273-3000

- Appointment Scheduling: 612-273-8383

Hennepin County Medical Center

701 Park Avenue South, Minneapolis, MN 55415

- Clinic Appointment and Information: 612-873-6963
- Hospital Information: 612-873-3000

University of Minnesota Medical Center - Riverside Hospital

2450 Riverside Avenue, Minneapolis, MN 55454

- Clinic Appointment and Information: 612-273-6402
- Hospital Information: 612-273-8383
- Appointment Scheduling: 612-273-8383

University of Minnesota Health: Clinics and Surgery Center

909 Fulton Street SE, Minneapolis, MN 55455

- Orthopedic Clinic: 612-273-9400
- Sports Medicine: 612-884-0406
- General Information: 612-273-8383
- Orthopedic Walk-In Clinic Hours:
 - Mon-Fri: 7:00 AM – 5:30 PM
 - Sat: 8:00 AM - 12:00 PM

Target Pharmacy (CVS) - Store #17671

1329 5th Street SE, Minneapolis, MN 55414 612-355-3858

- Hours:
 - Mon-Fri: 9:00 AM - 7:00 PM
 - Sat: 9:00 AM - 5:00 PM
 - Sun: 11:00 AM - 5:00 PM

Walgreens Pharmacy - Store #16361 (OPEN 24 HOURS)

2650 Hennepin Avenue, Minneapolis, MN 55408 612-377-3308

Contact Information:

Athletic Trainers:

Emily Wendolek, Associate Athletic Trainer (Host)	612-590-6541
Aleah Fine, Graduate Assistant Athletic Trainer, Men's Gymnastics	612-772-5470
Jeff Winslow, Head Athletic Trainer, Olympic Sports	612-616-7329

Team Physician:

Dr. Jonathan Braman
Orthopedic Surgeon

Campus Police: 612-624-COPS (2677)

AWARDS

Ties in the team competition will not be broken at the championships finals. Ties will be broken for all-around and individual event competition at the championships finals using the guidelines on page 13. The NCAA national office will order duplicate awards. To order additional team trophies or participant medallions, please go to <https://services.mtmrecognition.com/NCAA/> .

Student-athlete participating in the championships finals receive a participant medallion distributed at the coaches meeting on Saturday morning.

At the completion of Saturday's competition, the following will be awarded:

- The top four teams.
- The top eight all-around.
- The top eight in each event.
- CGA assistant coaches of the year.
- CGA coach of the year.

CREDENTIALS

The Travel Information/Roster Form (**Appendix B**) is to be submitted to the host institution by 5 p.m. Eastern time Thursday, April 8. Team credentials will be issued from this list. All credentials will designate name and affiliation.

TEAM. Each team may receive 15 participant credentials and six non-participant credentials (i.e., coaches, athletic trainer and manager). This is for the travel party. Please note that only 12 of the 15 student-athletes will be reimbursed as members of the travel party.

Each team may also request one credential for institutional administrators at no additional cost. The team administrator credential provides temporary floor access before timed warmup and after competition and access to hospitality.

Each team may receive one sports information director credential and must apply online at www.ncaa.com/media no later than 5 p.m. Eastern time, Monday, April 13. The SID should not take up one of the six non-participant credentials.

Each team may receive one team videographer credential. This credential provides permission to shoot video from the spectator seating area or perimeter of the field of play for team use.

“Floor Access Only” credentials **will not** be provided to teams this year. Due to NCAA COVID-19 testing protocol, student athletes not included in the institution's travel party will not be permitted to attend the championship.

Once a controlled warmup period begins, only 21 members of the travel party may be on the floor.

An issued credential may not be given to another team member or individual.

INDIVIDUAL. Institutions with one to four participants will receive four non-participant credentials. Institutions with five to 10 participants will receive five non-participant credentials. Institutions with 11 to 15 participants will receive six non-participant credentials.

One additional credential may be requested for a team administrator at no additional cost.

Each team represented by an individual qualifier may receive one sports information director credential and must apply online at www.ncaa.com/media no later than 5 p.m. Eastern time, Monday, April 12.

Each team represented by an individual qualifier may receive up to three team videographer credentials. This credential provides permission to shoot video from the spectator seating area or perimeter of the field of play for team use. However, it is not valid for admittance to the venue.

MEDIA. Individuals desiring media credentials to cover the 2021 National Collegiate Men's Gymnastics Championships must apply online at www.ncaa.com/media no later than 5 p.m. Eastern time, Monday, April 12. Media credentials will be assigned according to the NCAA established guidelines. Working credentials will not be mailed. A government-issued photo ID is required to pick up your credential. Credentials are non-transferable and will only be issued to the person whose name appears on the credential. Credential pickup for others is not allowed. For further information contact Michelle Traversie at traen001@umn.edu.

MISUSE OF CREDENTIALS. A fine of \$100 will be assessed to any delegation member that gives his/her credential to another individual.

DESIGNATED TEAM AREAS

Team participants must remain in their designated seating area during the championships competition. Only competitors performing or preparing to perform (the next competitor) will be exempt. There will be a 0.3 point deduction on the team score for each violation after an initial warning by the Technical Director or a member of the national committee. See **Appendix G** for podium protocol information.

DRUG TESTING

NCAA championship committees, following a recommendation from the NCAA drug-testing subcommittee, have discontinued the practice of announcing whether drug testing will be conducted at NCAA championship events.

Although knowing prior to competition whether NCAA drug testing was to occur had value for reasons of convenience, it left open the possibility that student-athletes might be tempted to use banned substances if they knew that NCAA testing was not being conducted at the site of competition.

Therefore, all coaches and student-athletes should presume that NCAA drug testing will occur at this championship event. Please inform your student-athletes that in the event they are notified of their selection for drug testing, the student-athlete must inform an official representative of your institution (e.g. coach, athletics trainer) before proceeding to the drug-testing site. Student-athletes will be reminded by the courier to contact their team representative.

ELITE 90 ACADEMIC RECOGNITION PROGRAM

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship.

All ties are broken by number of credits completed. All documents, including eligibility, deadlines and nomination forms, are available at [Elite 90 forms](#). The submission deadline for nomination for men's gymnastics is 5 p.m. Eastern time, Thursday, April 8.

EQUIPMENT

All equipment used on the competition floor will be supplied by the official equipment company, American Athletic, Inc. (AAI). A list of equipment is available on ncaa.org.

EMERGENCY PLAN

In the event of an emergency, event staff, law enforcement and championship staff will assist participants and patrons in any necessary relocation or evacuation. Information will be relayed over the public address system.



University of Minnesota EMERGENCY ACTION PLAN Maturi Pavilion / Williams Arena



ADDRESS: Maturi Pavilion / Williams Arena – 1925 University Avenue SE, Minneapolis

VENUE DIRECTIONS: The MATURI PAVILION and WILLIAMS ARENA – both under one roof - is located on University Avenue. Emergency vehicles can park on the parking apron on the southwest side of the building. Enter the building through the doors marked “Daily Entrance” of Maturi Pavilion. Williams Court is down the concourse to the RIGHT. Maturi Pavilion Court is down the concourse to the LEFT, the Volleyball Performance Center is at the east end of Maturi Court.



Emergency Access:

- Turn LEFT off University Ave SE
- Park Emergency vehicles on parking apron
- Enter facility through the doors marked “**Daily Entrance**”

Send someone to meet the ambulance if possible.

EMERGENCY PERSONNEL:

Certified athletic trainer and coaches on site for practice and competition; additional sports medicine staff accessible for competition.

EMERGENCY COMMUNICATION:

Fixed telephones are located in the lobby of the University Ave. entrance to Maturi Pavilion and Williams Arena and the Facilities office (Room P130). In addition, there is a fixed telephone in the Athletic Training Room. Additionally, coaches and certified athletic trainer carry cell phones.

EMERGENCY EQUIPMENT:

The AED in Maturi Pavilion is located outside the First Aid Room P121 in the South Concourse. The AED in Williams Arena is located outside the First Aid Room W120 in the South Concourse.

Emergency supplies (AED, trauma kit, splint bag, spine board) maintained in the Williams Athletic Training Room on the basement level (Room P68).

ROLES OF FIRST RESPONDERS:

1. Immediate assessment and care of the injured or ill student-athlete.
2. **Activate Emergency Medical System (EMS)**
 - a. **911 Call** (provide name, address, telephone number, number of individuals injured; condition of injured; first aid treatment; specific directions to the injured/ill person, including which EMS entrance to use when entering from the facility).
3. Emergency equipment retrieval.
4. Direct EMS to the scene.
 - a. Opening of appropriate doors.
 - b. Designate individual to "flag down" EMS and direct them to the scene.
 - c. Scene control; limit scene to first aid providers and move bystanders away from the area.

If the injured student-athlete is taken by ambulance to the hospital, an Intercollegiate Athletics staff member should accompany them to the emergency room. Emergency transport preference: University of Minnesota Medical Center - Fairview, 500 Harvard St, Minneapolis, MN • Emergency Room (612) 273-2700. Contact the Certified Athletic Trainer that provides care for the team IMMEDIATELY. If unavailable, contact Associate AT Ronni Beatty-Kollasch.

Certified Athletic Trainers	Office Number	Cell Number
Shanice Cheatham, Assistant Athletic Trainer - Women's Gymnastics	612-624-2394	319-431-5572
Aleah Fine, Graduate Assistant Athletic Trainer - Men's Gymnastics		612-772-5470

EAP Updated: February 2021

HOSPITALITY







Hospitality rooms will be available for the following groups. Appropriate credentials are required for admission. Staff and coaches hospitality will take place in the Williams Arena University Avenue Lobby. Fruit, granola bars, other snacks and PowerAde will be available for student-athletes in boxes provided to their athletic trainers.

STAFF & COACHES	Williams Arena University Avenue Lobby
JUDGES	Williams Arena Club Room
STUDENT-ATHLETE	Bin of pre-packaged food in each corral

JUDGES

The selection of judges for the championships qualifier and the championships finals were made by the NCAA Men's Gymnastics Committee in conjunction with the NGJA. Assignments are:

Technical Director – Craig Nesbitt
Assistant Technical Director – Mike Juszczuk

						
D1/E1	George Krenk	Sho Nakamori	Gerrit Dejonge	Richie Ellis	Nate Dotson	Scott Schaffer
D2/E2	Mitch Griffin	Felix Aronovich	Kevin Muenz	Bob Cass	Paul Evatt	Ron Hill
E3	Eric Briley	Lance Alberhaskey	Mickey Curth	Dave Contreras	Daniel Furney	Brandon Bruen
E4	Steve Jaciuk	Greg Ter-Zakhariants	Nathan Fortunato	Lisa West	Mackenzie Dow	Alex Varga
E5	Dave Moseley	Juan Mora	Jon Portillo	Dave Eppert	Lynn Boman	Brent Simmons

LIVE STATS /RESULTS

LIVE STATS

During the championships qualifier and championships finals, teams will be able to access the ProScore live scoring system. This is not a public site, and the URL will be provided at the mandatory Coaches Meeting on Thursday. Please note that tablets/computers will NOT be provided.

Fans will be able to access live stats and other championship information at: <http://www.ncaa.com/>.

RESULTS

A copy of electronic results will be e-mailed to all head coaches and sports information directors immediately following each session.

LOCKER ROOMS

Due to COVID-19 restrictions, locker rooms will not be available for use by team or individual qualifiers.

MARCH-IN CEREMONY

Judges are announced in event order.

For all sessions, teams will be announced in event order at their first event. There will be no march in. The PA announcer will introduce the team, head coach and captains. Individual qualifiers will be with their assigned teams. The PA announcer will introduce the team and head coach for individual qualifiers following team introductions.

The national anthem will be played following introductions at all sessions.

MEDIA NOTES

Sports information directors wishing to provide notes or other documents for the media, may bring their own copies or can have them printed by the host. The deadline for printing is 2 p.m. Eastern time, Wednesday, April 14. Please send material to Michelle Traversie at traen001@umn.edu.

MEETINGS

ADMINISTRATIVE MEETING

The NCAA Men's Gymnastics Committee will conduct a meeting for representatives of the participating institutions to review tournament procedures.

This meeting will be held:

Date: Thursday, April 15

Time: 9 a.m. – 10 a.m.

Location: Zoom

The following individuals from each participating institution are encouraged to attend this meeting:

- Head Coach (**Mandatory**).
- Director of Athletics, SWA or other designated administrator.
- Sports Information Director.

The head coach must submit the **Phonetic Pronunciation** and **Order of Competition** forms at this meeting. Pre-competition forms may also be submitted but are not a requirement; however, they must be submitted to allow for inquiries.

FRIDAY NIGHT DRAW MEETING

Immediately following Session II, a member of the men's gymnastics committee will conduct the draw for Saturday's competition at the head table. Head coaches must attend.

NCAA COACHES/CGA MEETING

There will not be a NCAA Coaches/CGA meeting held at the championship this year.

MERCHANDISE

Due to COVID-19 an limited fan attendance, official National Collegiate Men's Gymnastics Championships merchandise will not be on sale during the weekend.

MISCONDUCT/ETHICAL BEHAVIOR BY COACHES/SPORTSMANSHIP/SPORTS WAGERING

CRITICISM OF OFFICIALS

Members of the coaching staff or other representatives of participating institutions or conferences shall not make public statements critical of officiating in any NCAA championship event. Failure to comply with this policy may subject the individual, institution or conference to the misconduct provisions of Bylaw 31.1.10.

ETHICAL BEHAVIOR BY COACHES

Members of the coaching profession have certain inherent obligations and responsibilities to the profession, to the student-athletes and to all those with whom they come into contact. Coaches are expected to be role models who conduct themselves with integrity and high ethical standards at all times.

The words and actions of a coach carry tremendous influence, particularly on the young people under his or her direction. It is, thus, imperative that he or she demonstrate and demand high principles of sportsmanship and ethical behavior.

MISCONDUCT STATEMENT

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship, that discredits the event or intercollegiate athletics. Each games committee shall hold an administrative meeting with the representatives of participating institutions to review and explain the policies related to misconduct.

FAILURE TO ADHERE TO POLICIES AND PROCEDURES

A governing sport committee may assess a financial penalty against an institution for failure of any of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes, but is not limited to, failure to comply with the procedures and deadlines for submitting scores, score sheets, schedules, rosters and entry/march-in forms for qualification and other materials necessary for the efficient administration of the competition.

HEARING OPPORTUNITY

An act of misconduct may be found upon an administrative hearing granted to the student-athlete or the institutional representative involved by the governing sports committee or the games committee authorized to act for it.

MISCONDUCT INCIDENT TO COMPETITION

If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing after this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

SPORTSMANSHIP

The primary goal of the rules is to maximize the safety and enjoyment of the student-athlete. Sportsmanship is a key part of that goal. Sportsmanship should be a core value in behavior of players and bench personnel, in crowd control by game management and in the officials' proper enforcement of the rules governing related actions.

SPORTS WAGERING

The NCAA defines sports wagering as putting something at risk – such as an entry fee or a wager – with the opportunity to win something in return. The NCAA opposes all forms of legal and illegal sports wagering on college sports. Student athletes and athletics administrators cannot place a sports wager for any NCAA-sanctioned sport. This includes wagering on the intercollegiate, amateur or professional level.

A student-athlete involved in sports wagering on the student-athlete's institution permanently loses all remaining-regular season and postseason eligibility in all sports. A student-athlete who is involved in any sports wagering activity that involves college sports or professional athletics, through Internet gambling, a bookmaker, a parlay card or any other method employed by organized gambling, will be ineligible for all regular-season and postseason competition for at least one year.

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules, in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

PARKING

MATURI PAVILION

TEAM BUS PARKING: Team Buses can drop off on the parking lot adjacent to Maturi Pavilion. This parking lot is accessible off University Ave SE. After drop off, team buses will move to campus bus parking on 6th St SE between the Victory and Ski-U-Mah lots.

TEAM CAR/VAN PARKING: Team cars/vans will park in University Ave Ramp directly across from the Maturi Pavilion Daily Entrance.

PARKING FOR GUEST WITH A DISABILITY. Parking is available for patrons with a disability in University Avenue Ramp on a first-come, first-served basis. The ramp entrance can be accessed from University Ave SE.

SPECTATOR PARKING. Event parking is available for a fee at the University Ave Ramp, 4th St Ramp, Lot 37, Gopher Lot, and Maroon lot.

MAP. The Minnesota campus map is available on page 33.

PARTICIPANT VIDEOCONFERENCE

A videoconference will be held at noon Eastern Time, Wednesday, April 7, for all head coaches with participants in the Championships Qualifier. Tournament management staff from the University of Minnesota will also be on the call. Videoconference details will be sent out on April 6, following the selections announcement.

PATCHES

Each participant in the Championships Finals will receive one NCAA blue disk patch. The preferred location for the patch is on the upper left chest. Use of the NCAA patch for NCAA championship participants has been endorsed by the NCAA Division I Competition Oversight Committee as a way to recognize the elite level of play that your student-athletes have attained.

It is recommended that you remove the patch before washing and drying your uniforms. The patches are pressure-sensitive, and heat will activate the pressure-sensitive backing possibly causing a residue to form on your uniforms. Patches can be reapplied after you wash and dry your uniforms. The NCAA disclaims, and will otherwise not be responsible or liable for, any damages or injuries of any kind caused by or arising out of the patches or the use thereof.

PER DIEM

Per diem will be paid for the official travel party of teams and individuals which advance to the championships finals. The per diem rate and allowable days are outlined in the [NCAA travel policies](#).

Team expense reports should be filed online through the NCAA Travel Expense System (TES). The login information for the system is the same as that used for the Short's travel portal. The system can be accessed at <https://web1.ncaa.org/TES/exec/login?js=true>

All institutions, including hosts, must complete the online reimbursement process in order to receive the appropriate reimbursement.

PRESS CONFERENCES

There are no official press conferences at the championships. After the official practice sessions on Thursday, April 15, media or the host may conduct a brief videotaped interview with each head coach and select student-athletes.

After each session, head coaches and select student-athletes should be available for virtual media interview requests. The host media relations staff will coordinate with each team's staff for access to requested coaches and student-athletes.

STUDENT-ATHLETE PARTICIPANT AWARD



NCAA-Awards.com

HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2020-2021, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives an award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@legends.net, Legends Global Merchandise (formerly known as MainGate Inc.) (866-945-7267) or the NCAA championship manager.

Please add ehannoy@legends.net to your address book to allow us to send you emails.



Place your order at NCAA-Awards.com



TICKET INFORMATION

PLAYER PASS GATE

No complimentary tickets are permitted for NCAA Championship competition. NCAA policies and legislation regarding the administration of players' tickets per Bylaw 16.2 will be followed. Each participating school will have the opportunity to purchase tickets. Jared Novinska will be in contact with each school to confirm the ticket needs for the championships.

The player pass gate will be located inside the West lobby of Maturi Pavilion (signage will be posted). Guests entering the arena via the player pass gate must show photo identification and sign for his/her tickets.

The University of Minnesota will have representatives available to handle your will call - with arrangements made in advance. Each institution will be billed for all tickets requested and must pay within 45 days of the event. Failure to pay by the deadline may result in a fine from the men's gymnastics committee.

Due to limited capacity, competing teams will receive an allotment of 20 tickets. Individual qualifiers will be allotted 1 family/friend ticket (subject to change).

VENUE INFORMATION

Venue Name	Maturi Pavilion
Location	1925 University Avenue SE Minneapolis, Minnesota 55455

Maturi Pavilion has established itself as one of the premier multi-purpose facilities in the nation. The former home of Golden Gopher men's hockey, the facility was remodeled and reopened in 1993. It currently serves as the home of the Golden Gopher men's and women's gymnastics team, the volleyball team and the wrestling team. Originally named the Sports Pavilion, the facility was renamed Maturi Pavilion in August 2017 in honor of former Golden Gopher Athletics Director Joel Maturi.

SAFETY FOR SPECTATORS AT MATURI PAVILION

Security measures have been put in place at Maturi Pavilion this season to ensure the safety of all guests. No bags are permitted in Maturi Pavilion. The largest size clutch/purse allowed in is 4.5" x 6.5". No bag check will be available.

Groups will be seated 6 feet apart and all fans are encouraged to maintain physical distancing at all times.

Masks will be required by fans at all times apart from when an individual is eating or drinking while sitting in their assigned seat.

DIRECTIONS TO MATURI PAVILION

Traveling east on I-94: Follow I-94 east, take the Huron Boulevard exit (235B), and follow Huron Boulevard north. Turn left onto University Avenue, turn right onto Oak Street past TCF Bank Stadium, and curve left as it turns into 4th Street SE. Follow 4th Street SE, and take a left onto 18th Ave. SE. Take a left onto University

Ave. SE and arrive at Maturi Pavilion. It will be on your left.

Traveling north on I-35W: Follow I-35W north to the University Ave. SE exit, exit 18, and take a right. Follow University Ave. 1 mile to Maturi Pavilion. It will be on your left.

Traveling south on I-35W: Follow I-35W south to the University Avenue/4th Street exit, 18. Take a left at the second traffic light onto University Ave. SE and follow 1 mile to Maturi Pavilion. It will be on your left.

Traveling west on Highway 36: Follow Highway 36 West to I-35W south to the University Avenue/4th Street exit, 18. Take a left at the second traffic light onto University Ave. SE and follow 1 mile to Maturi Pavilion. It will be on your left.

Traveling west on I-94: Follow I-94 west, take the Huron Boulevard exit (235B), and follow Huron Boulevard north. Turn left onto University Avenue, turn right onto Oak Street past TCF Bank Stadium, and curve left as it turns into 4th Street SE. Follow 4th Street SE, and take a left onto 18th Ave. SE. Take a left onto University Ave. SE and arrive at Maturi Pavilion.

VIDEOTAPING

Teams are permitted to videotape the events in which their team is competing from either their corral, the perimeter of the field of play or the spectator seating area.

BROADCAST AND WEB STREAM

FRIDAY

The Championships Qualifier sessions will be streamed on [ncaa.com](https://www.ncaa.com), BTNPlus.com and the BTN+ app.

SATURDAY

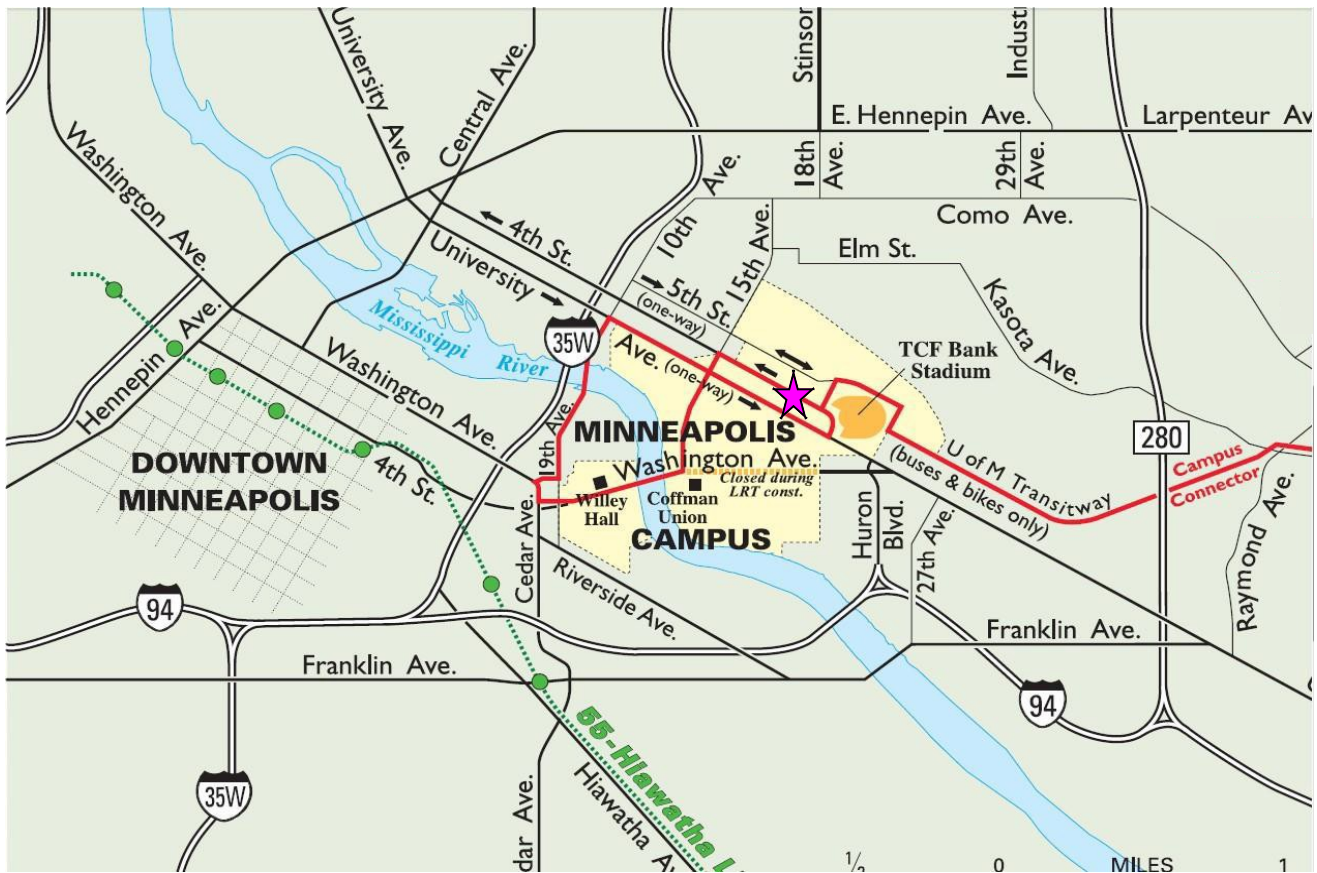
The Championships Finals will be broadcast live on Big Ten Network.

FAN/LOCAL INFORMATION

OFFICIAL MINNEAPOLIS VISITORS GUIDE

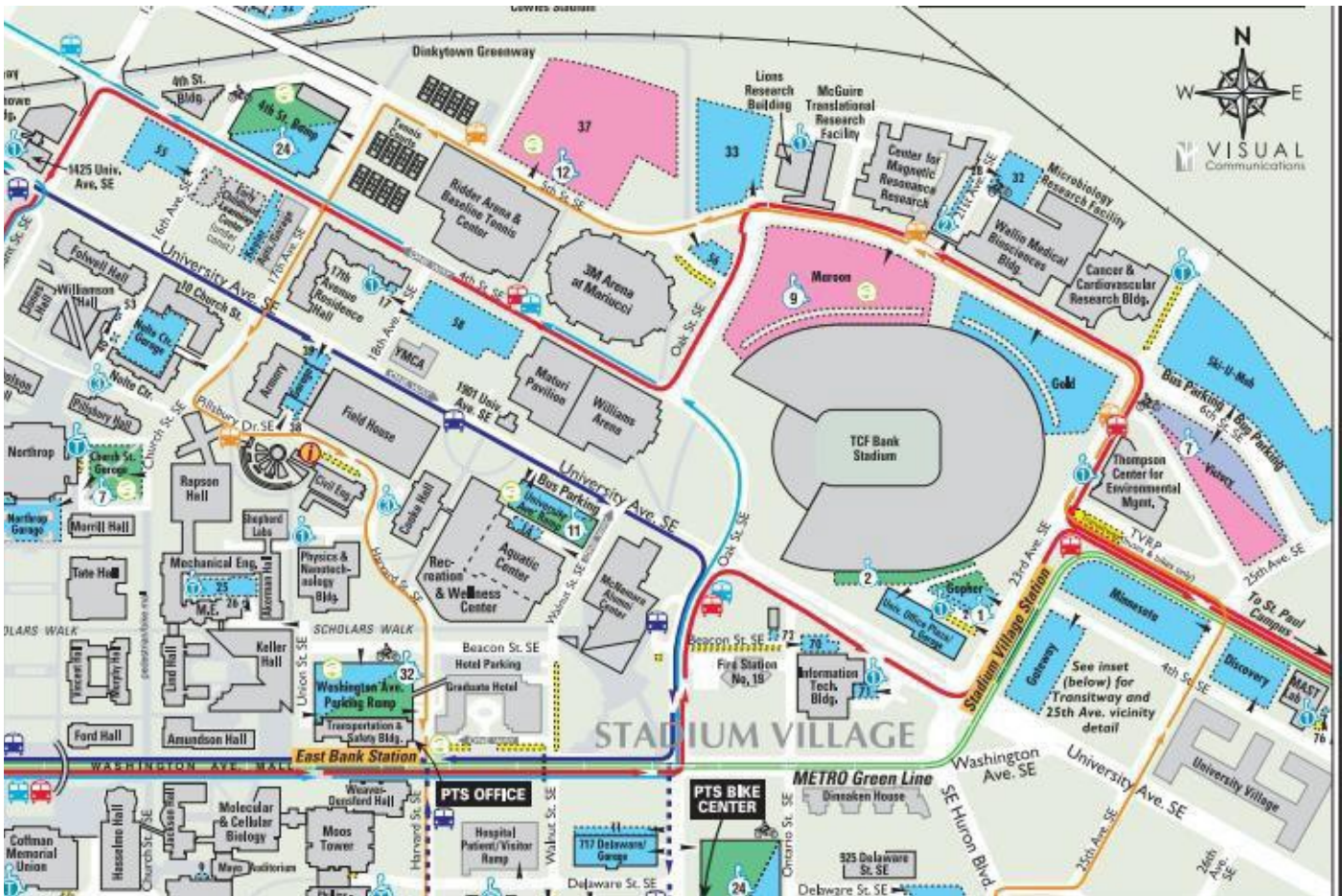
Explore Minneapolis the way it was meant to be explored: <https://www.minneapolis.org/things-to-do/>

MINNEAPOLIS CITY MAP

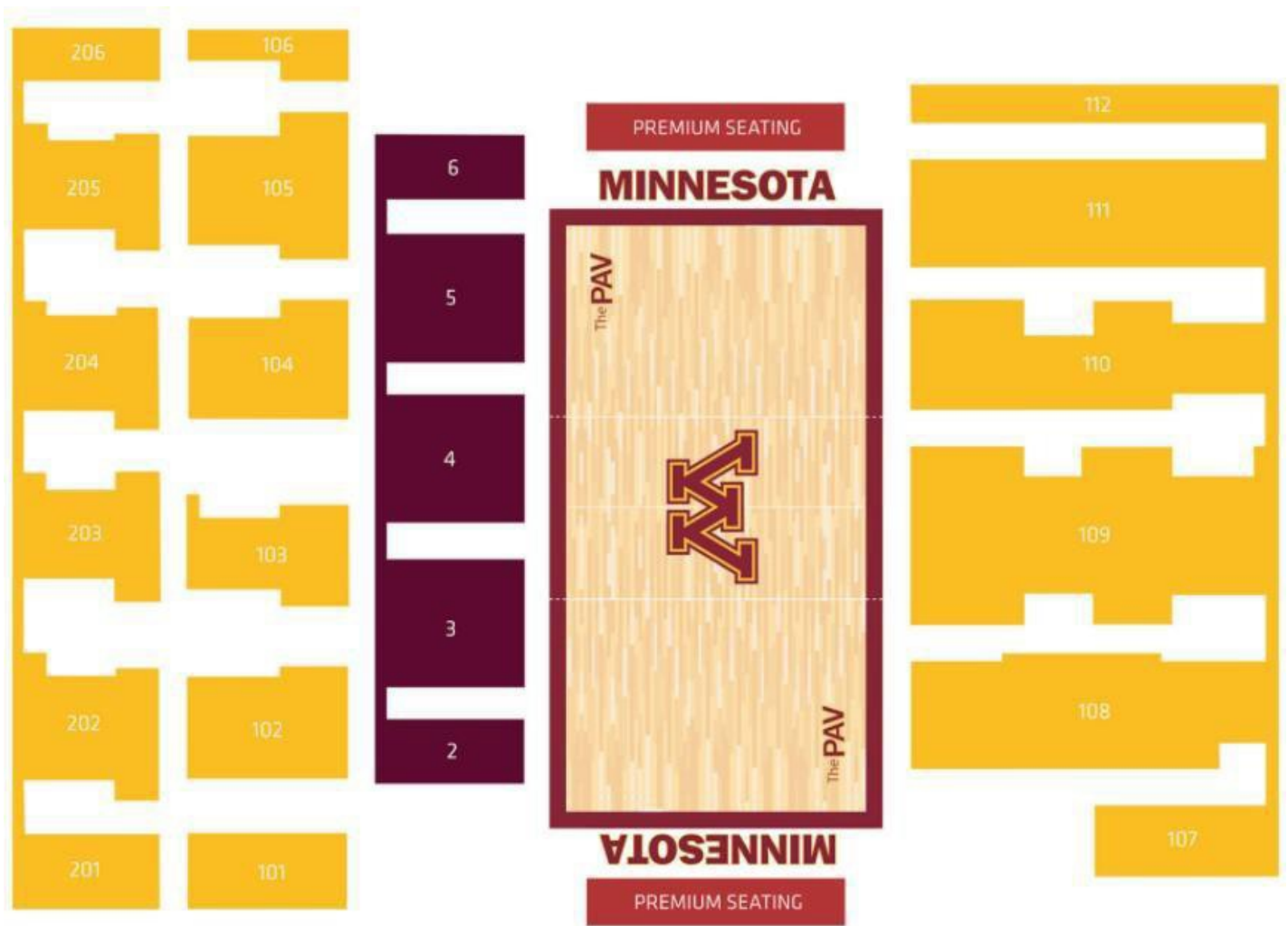


★ Maturi Pavilion

UNIVERSITY OF MINNESOTA CAMPUS MAP

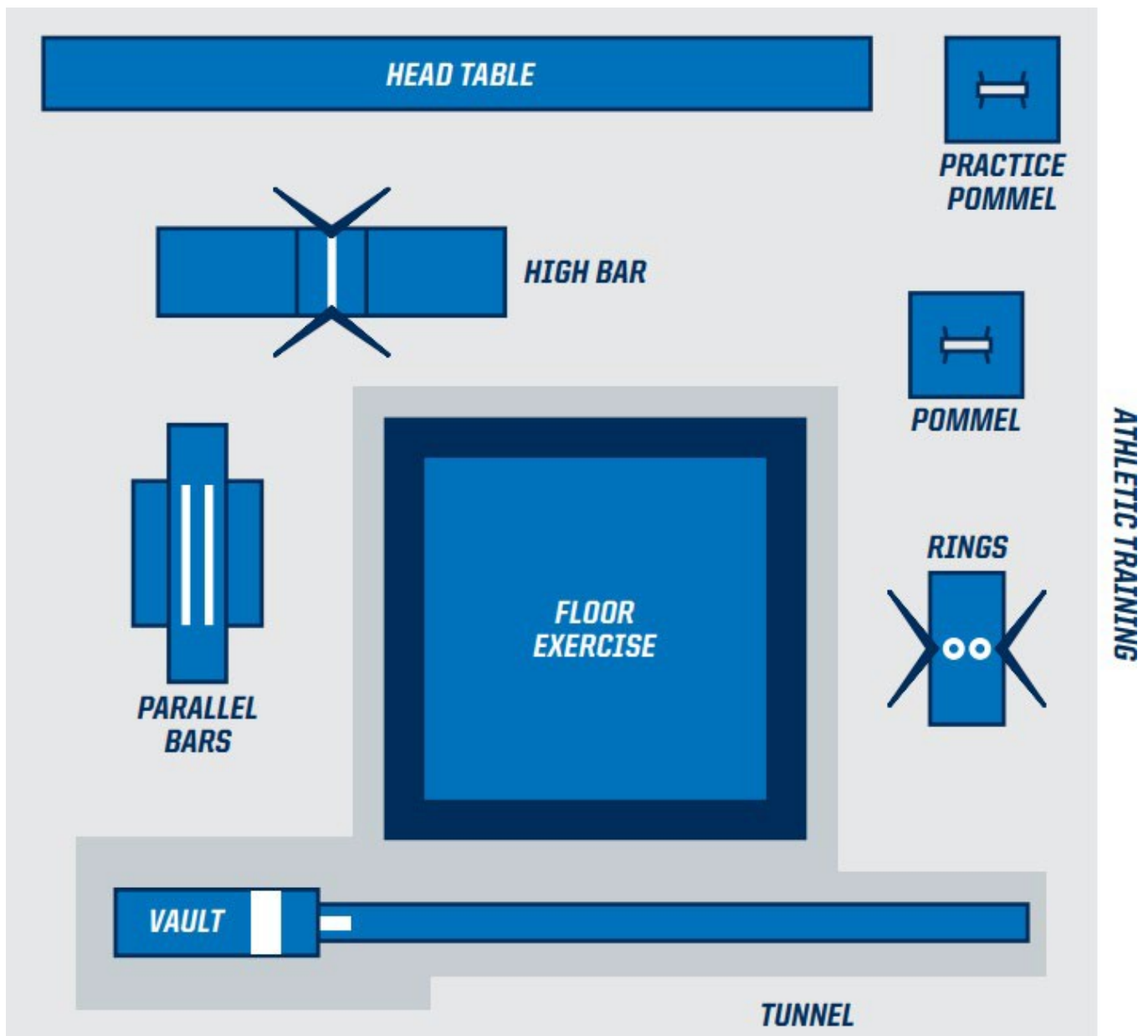


MATURI PAVILION SEATING



Fans will be seated in section 101-106 & 201-206

FLOOR LAYOUT MAP



Note: The floor layout is subject to change.

APPENDIX A – CODE OF ETHICS FOR JUDGES AND COACHES OF NCAA MEN’S GYMNASTICS CHAMPIONSHIPS

It is imperative to the dignity and growth of the sport of gymnastics that judges be well-educated in the details of gymnastics and the current rules and are thoroughly prepared for each assignment to cover all possible circumstances. The following code of ethics for judges and coaches is mandated, and coaches in violation may be subject to NCAA misconduct provisions.

QUALIFICATION: It is the duty of each judge to prepare himself thoroughly and constantly update his preparation by recertifying his national card each year. He shall not accept any judging assignment for which he does not feel well-qualified. All judges must be nationally certified. State-rated judges are not acceptable for dual meets or tournaments.

APPEARANCE: Each judge shall be prompt and shall dress and conduct himself with the dignity appropriate to his status. Coaches shall help set and maintain such standards. Judges shall wear a dark-blue coat, gray slacks, and a shirt and tie.

ACTIVITIES: Each judge shall confine his activities to the purpose for which he is assigned. This does not include coaching, demonstrating or recruiting. Coaches will not ask judges to double as coaches.

IMPARTIALITY: Every judge will avoid even the appearance of partisanship. For example, a judge will avoid:

1. Judging a meet involving an institution he attends or at which he is employed.
2. Judging any meet when he feels prejudiced toward any competing team.
3. Traveling with one of the competing teams to or from the meet, except on commercial transportation.
4. Accepting overnight lodging invitations with competitors or coaches before or after a meet.
5. Accepting social invitations from the host coach before or after the meet, unless the opposing coach also is included.
6. Giving any appearance, especially at the meet, of any particular friendship with any coach or competitor.
7. Leaving the judges’ designated seating area during warmups.

COACHES’ RESTRICTIONS

Coaches will avoid even the appearance of courting partisanship or unprofessional behavior. For example, coaches may not:

1. Discuss with judges before the meet the rules and their interpretations, unless the opposing coach also is included.
2. Offer gifts, favors or privileges to judges that can be interpreted as attempts to influence their judgments in favor of his team.
3. As home coaches, act as announcers of their own competition.
4. Make public statements critical of judging.

CONDUCT OF COMPETITION

1. It is the duty of officials and coaches to see that every gymnastics competition is conducted with full regard for the safety of and justice to all competitors, and the edification and pleasure of the spectators.
2. Judges must maintain appropriate separation, arrive at scores independently and adhere strictly to score-flashing procedures in accordance with the NCAA modifications and FIG Code of Points.



APPENDIX B – TRAVEL INFORMATION AND ROSTER FORM

Contact Information

Title	Name	Cell Phone	Email
Institution			
Head Coach*			
Administrator Traveling			
Sports Information Director*			
Athletic Trainer			
Institutional Drug Testing Rep			
Travel Coordinator			
Team Health Officer (THO)			

* These individuals will receive electronic results after each competition session

Travel Logistics

Travel Logistics									
Arrival Date	Click here to enter a date.		Arrival Time				Check here if you are driving		<input type="checkbox"/>
Airline			Flight Number						
Number of vehicles you will have on site:			Buses		Vans		Cars		Thurs practice time

Team Roster

Place an "X" next to team captain names.

Student-Athletes	X	Student-Athletes	X
1.		9.	
2.		10.	
3.		11.	
4.		12.	
5.		13.	
6.		14.	
7.		15.	
8.			
Institution Staff		Title (coach, athletic trainer, manager, etc.)	
1.			
2.			
3.			
4.			
5.			
6.			
7.		Administrator	
8.		Team Videographer	

Please email by 5 p.m. Eastern time Thursday, April 8 to:
Michelle McDonnell, mcdonnem@umn.edu and Alyssa Rice, arice@ncaa.org



APPENDIX C – PHONETIC PRONUNCIATION FORM

INSTITUTION
HEAD COACH
ASSISTANT COACH(ES)

No.	Name (Alphabetical by last name)	Phonetic Pronunciation
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		

Please email this form to Alyssa Rice, arice@ncaa.org, by 9 a.m. Thursday, April 15.



APPENDIX D – ORDER OF COMPETITION FORM

(Please Check One)

☐ Championships Qualifier

☐ Championships Finals

Team: _____ Coach: _____

Order of appearance (1-5) on each event

GYMNAST	ALL AROUND	FLOOR EXERCISE	POMMEL HORSE	STILL RINGS	VAULT	PARALLEL BARS	HORIZONTAL BAR
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							
13.							
14.							
15.							

One form must be completed prior to the championships qualifier and the championships finals.
Please note that (15) gymnasts can compete from each team, however, the NCAA reimburses for (12) gymnasts.
The three additional gymnasts' costs must be paid for by the institution.

APPENDIX E – CHECKLIST

MEN'S GYMNASTICS CHECKLIST – all Eastern time		
Deadline	Item	Completed
<i>Wednesday, April 7</i>	<ul style="list-style-type: none"> ▪ Participant and host videoconference (noon ET). ▪ Reservation deadline for contracted team hotels (5 p.m. ET). 	
<i>Thursday, April 8 5 p.m.</i>	<ul style="list-style-type: none"> ▪ Return Travel Information and Roster Form to Michelle McDonnell (mcdonnem@umn.edu) and Alyssa Rice (arice@ncaa.org). ▪ Submission deadline for Elite 90 nomination form. For forms and information click here. ▪ Deadline for championship apparel preorder (11 p.m. ET). 	
<i>Thursday, April 15 9 a.m.</i>	<ul style="list-style-type: none"> ▪ Return Phonetic Pronunciation Form at coaches administrative meeting. ▪ Submit Order of Competition Form. 	
<i>Friday, April 16</i>	<ul style="list-style-type: none"> ▪ Submit Order of Competition Form to head table prior to the start of timed warmups. 	
<i>Saturday, April 17</i>	<ul style="list-style-type: none"> ▪ Submit Order of Competition Form to head table prior to the start of timed warmups. 	

APPENDIX F – PODIUM PROTOCOL

The intent of the podium is to “showcase” the student-athletes while they are competing.

During the competition, while a student-athlete is competing no one else will be on the podium except as noted below:

- One coach may be on the podium to spot a gymnast during his routine on still rings, horizontal bar and vault, but may not block the view of the judges. The coach may be stationed near the apparatus for safety purposes.
- An additional coach or gymnast may be on the podium to remove a springboard or to move mats for horizontal bar and parallel bar but must leave the podium when their duties are complete.
- Prior to rotating to the next event, the rotating parallel bar team may begin adjusting the apparatus.

Team members and coaches may not get on the podium to cheer or congratulate anyone after each routine. No one should lean on or against the podium during the competition.

If there is a violation of any of the above stated guidelines, the coach or gymnast will receive a warning. Repeat violations will result in a 0.3 deduction from the final team score.