



2023 Field Hockey Approved Rule Modifications

The following rules modifications were approved by the NCAA Field Hockey Rules Subcommittee and the NCAA Playing Rules Oversight Panel. All rules changes are effective with the 2023 season, unless otherwise noted. These changes will be incorporated into the NCAA Field Hockey Rules Modification Document

Rule Modification	Rule Modification Change, Rationale
Modification 3.1.e Uniforms	<p>The game shirt worn by the designated home team must be predominantly dark and the game shirt worn by the designated away team must be predominantly light.</p> <p>Rationale: This change is intended to reduce the potential for manipulation of the current language of “contrasting,” and to allow umpires to properly officiate the game.</p>
Modification 3.2 Blood Rule	<p>Eliminate the additional language under Modification 3.2 and follow the FIH rule regarding blood.</p> <p>A player who is injured or bleeding must leave the field unless medical reasons prevent this and must not return until wounds have been covered. Players must not wear blood-stained clothing.</p> <p>Rationale: This change is intended to provide clearer guidance for to umpires and coaches regarding what must occur when an athlete has an injury with blood and to eliminate inconsistency with the wording of Modification 2.b.</p>
Elimination of Modification 4.4.b :15 Second Horn	<p>Eliminate Modification 4.4.b. requiring a signal from the scoreboard (horn), table scorer or timer, at the 0:15 second mark of the end of the quarter and halftime breaks.</p> <p>Rationale: This change is intended to eliminate inconsistent application of the current modification. A signal will be made at the 0:00 mark of the end of the quarter and halftime breaks and play must restart when the game clock is reset.</p>
Modifications 4.5.c and 4.5.d. Suspended Game Mutual Agreement to Resume	<p>4.5.c. - No game may be started more than three (3) hours after the originally scheduled start time unless the umpires have been notified and the new start time mutually agreed upon before the start of the game by the teams or determined by the governing sports authority.</p> <p>4.5.d. – Once a game has been started and suspended, it must be restarted not later than three (3) hours after the originally schedule start time unless mutually agreed upon before the start of the game by the teams or determined by the governing sports authority.</p> <p>Rationale: To establish guidelines for how long teams should be expected to wait due to inclement weather for a suspended contest.</p>

Rule Modification	Rule Modification Change, Rationale
Modification No. 6 Progression of card for coach misconduct	Establish the following progression of cards for coach misconduct: First offense - Green card. Second offense - Yellow card. Speaking captain (or captain on the field of play if the speaking captain is not currently on the field) shall be removed from play for 5 minutes of elapsed playing time. Third offense - Red card. Head coach shall be ejected from the contest and shall be suspended from the next regularly scheduled game, including postseason games. Rationale: This step in the carding progression gives the umpire another tool to address coaching behavior. Such an action can have a greater impact in the game and allows the umpire more latitude in moderating sideline decorum.
Modification 7 Video Referral	Follow the guidelines of the FIH video referral process without modification. Rationale: To eliminate confusion for umpires and coaches regarding what is reviewable and how the referral process shall be handled. Maintain the current Appendix A and revise the document to be consistent with the FIH to serve as a guide for the membership using video referral.