



## Frequently Asked Questions on Uniforms and Contest Delays Field Hockey – 2020-21

### *1. What words, logos and symbols are allowed on the jersey?*

#### Words

- Team name.
- Country name.
- Commemorative/memorial patch (may not exceed 2 ¼ square inches).

#### Logos

- Manufacturer's or distributor's logo.

#### Flags

- Size restriction of 2" x 3".

### *2. What size restrictions are there for these?*

Other than the flag, the jersey in most cases must be of a color that is 80% of the jersey. So the above logos and words cannot interfere with that. Numbers must be on front and back 3" on front, 6" on back.

### *3. Are any words other than the player's name allowed in the nameplate on the back?*

As authorized by the institution or conference, allow other names/words intended to celebrate or memorialize persons, events, or other causes on the back of the jersey/uniform where the player name is traditionally located. The names/words may vary by team member.

### *4. May the jersey contain any other words, slogans, messaging, etc.?*

As authorized by the institution or conference, allow a commemorative/memorial patch (e.g., names, mascots, nicknames, logos, and marks intended to celebrate or memorialize persons, events, or other causes).

### *5. What are the uniform requirements for goalkeepers?*

Goalkeepers shall have their own uniform number. The color of the jersey must be in **clear contrast** from field players of both teams; goalkeepers of opposing teams may wear the same colored jersey (e.g., a goalkeeper may wear black but not if either team is playing in navy blue; also any light color that is not in clear contrast with white is not acceptable when a team is playing in white).

### *6. Are words allowed on wristbands and other attachments?*

The rules and modifications do not address this.

### *7. What about messaging for causes, organizations, etc.?*

The rules and modifications do not address this.

### *8. Are there rules that cover the eyeshade?*

The rules and modifications do not address this.

**9. *How does the unsportsmanlike acts rule apply?***

The rules and modifications do not address this.

**10. *What are the rules about jersey colors for opposing teams?***

Must be contrasting.

**11. *Is it possible for the visiting team to wear their home jerseys?***

Each team must have two jerseys, one light in color and one dark in color. The designated home team must wear shirts that are predominately dark and game shirts worn by the designated away team must be of a contrasting color from the home team.

**12. *What are the rules about the contrast of jerseys and numbers?***

The numbers must be of a color that itself is clearly in distinct contrast with the color of the jersey, irrespective of any border around the numbers.

**13. *What is the penalty for wearing a jersey whose numbers do not contrast?***

The game is not played and will be forfeited. Like colors in field hockey can be a dangerous situation for judgments of the umpires.

**14. *What is the purpose of the rules regarding numbering and visibility?***

The rules for contrasting numbers and visibility are intended to provide clearly visible numbers for the stakeholders: coaches, fans, media, television audience, etc. This means that the numbers should be clearly visible at a distance under a variety of weather and lighting conditions.

**15. *What is the rule regarding refusal to play?***

If a team refuses to play, they are dismissed from the tournament.

**16. *Are there any playing rules that specify protocols for student-athletes and/or coaches during the national anthem?***

No. Participants should be allowed to express their opinions (e.g., kneeling during the national anthem) as long as the action does not delay or disrupt competition.

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