2019 NCAA Field Hockey Clarifications
Updated April 11, 2019

The spring non-traditional season has begun and the 2019 FIH rules and NCAA modifications have been approved. The 2019 NCAA Field Hockey Modifications document will be completed later this spring, but the major rules modifications are available here. We have received a number of questions already, so that we all can stay ahead of the process, please review the weekly clarifications and we will do our best to keep up with the questions.

April 11, 2019
Question 1: If a player gets sent back on a corner, does the time stop? If so when?
Answer: Yes, once the umpire blows the whistle to reset the penalty corner, the time would stop again. When the penalty corner is re-set, the umpire should bring time back in. No regrouping at the top of the circle or on the defense.

Question 2: On a penalty corner, an attack player on the circle enters before the ball is inserted. Which player should be sent to the 50 yard line?
Answer: Rule 13.6.e… if an attacker enters the circle before permitted, the player taking the push or hit from the backline (inserter) is required to go beyond the center-line: the penalty corner is taken again.

April 3, 2019
Clarification 1 edit: A suspended player whose suspension time expires during a penalty corner can come on the field once their time has expired. They do not have to wait beyond the suspension time to return to play. A substitute for a suspended player may not enter until a proper substitution is allowed after the completion of a penalty corner. There is a distinct difference between a re-entry and a substitution.

Question 1: If on a penalty corner the defense or attack goes into the circle too soon and a player is sent to the midfield line, does the clock stop again to reset the penalty corner?
Answer: Yes, the clock is to stop again to reset the penalty corner. This should be done immediately and there is no allowance for regrouping at the top of the circle or on the defense.

Question 2: What happens if the inserter inserts the ball before the umpire indicates time to come back in on a penalty corner?
Answer: The inserter shall to be sent to the center line as this is considered a “fake”. It is the team /player responsibility to know to wait until the umpire restarts play. Umpires should also help to manage this proactively.

Question 3: If a suspended player is out when a penalty corner is called, can they go in during the stoppage time if their suspension time would have expired during the stoppage?
Answer: No, the suspended players time is either over before the penalty corner or after the penalty corner has started. The suspension is based on “game clock time,” no stoppage time for the setting up of a penalty corner is taken from the suspension.

March 26, 2019

Question 1: Did the substitution rule change for 2019 as it relates to a penalty corner?
Answer: No, the penalty corner must be completed before a substitute can enter. The ball must go at least 5 meters outside the circle (dotted circle) for the penalty corner to be over.

Clarification 1: A suspended player whose suspension time expires during a penalty corner can come on the field once their time has expired. They do not have to wait beyond the suspension time to return to play.

Question 2: On a penalty corner, when the umpire blows the whistle to start, is there any other signal necessary by the umpire?
Answer: No, the whistle is the indication to begin the penalty corner.

Clarification 2: Once the umpire is satisfied that all are ready and the whistle is blown, it is expected that the penalty corner insertion take place at that point. Not necessarily instantaneous, but without gamesmanship.

Question 3: On a penalty corner and after the umpire restarts time to begin the penalty corner, a defender or attacker enters the circle too early, does the clock stop once the umpire blows the whistle to re-set the penalty corner?
Answer: Yes, the clock is to stop to reset the penalty corner. Once it is reset, the umpire will blow the whistle to restart the penalty corner.

Question 4: What time frame is acceptable for setting up a penalty corner now that the time is stopped for the setup?
Answer: The average penalty corner takes 30-45 seconds to set up properly prior to stopping the clock. Thus, this timeframe is quite acceptable. The penalty corner setup should not be rushed by the umpires nor delayed by the teams just because the clock is stopped. Any undue delay will result in a misconduct penalty to the delaying player, not the captain.

Question 5: Between quarters, must the team come off the field and onto the sideline, or can the coaching staff meet the team halfway onto the field?
Answer: Meeting the team on the field is ok as long as they do not take more than the allotted time for the break.

Clarification 3: The team that has possession of the ball at the start of the match will also have possession to start the second quarter. The opponent will have possession to start the third and fourth quarters. Teams DO NOT change direction until after halftime.