



**REPORT OF THE
NCAA MEN'S AND WOMEN'S TRACK AND FIELD RULES COMMITTEE
JUNE 22-23, 2022, ANNUAL MEETING**

ACTION ITEMS.

1. Legislative items.

- None.

2. Nonlegislative items. The NCAA Men's and Women's Track and Field Rules Committee approved the following rules change proposals for the 2023 and 2024 seasons. The Men's and Women's Track and Field Rules Committee requests approval from the NCAA Playing Rules Oversight Panel for the following items:

a. Five Alive (Rules 1-27, 5-4.3.d, 9-26 and 13-4.3.d).

(1) Recommendation. To eliminate five alive, a rotating flight method in the vertical jumps of competing with five active competitors at a time for each height.

(2) Effective date. December 1, 2022.

(3) Rationale. To align with World Athletics and USA Track & Field rules codes and to formalize common practice. Also, it is common that officials are unable to properly administer this procedure.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

b. Mixed Gender (Rules 1-45 and 9-45).

(1) Recommendation. To eliminate the procedure that allows mixed-gender competition in the horizontal jumps, throws and 10,000 Meters.

(2) Effective date. December 1, 2022.

(3) Rationale. NCAA bylaws stipulate that Men's and Women's Indoor and Outdoor Track and Field are separate sports. Therefore, it is incumbent that the NCAA competition rules for the sport align with the bylaws that govern the association.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

c. Ties – Vertical Jumps (Rules 5-5.7 and 13-5.7).

(1) Recommendation. To allow ties for first place in the vertical jumping events.

(2) Effective date. December 1, 2022.

(3) Rationale. It is possible that the competitors eligible for or involved in a jump-off for first place may choose to not participate and withdraw from the competition at the point before the jump-off commences. In this case, the current rule provides no resolution to the competition. It is also important to note that ties are possible in every other field event (however unlikely), even after applying the tie-breaking procedure in horizontal jumps and throwing events. The change also clearly defines a withdrawal from the competition, regardless of the reason for withdrawal, and concedes the higher place(s) to any remaining competitor(s).

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

d. Start Team Procedures (New Rules 7-2.2.d and 15-2.1.d).

(1) Recommendation. During the starting sequence, utilize the card system to visually indicate either no violation (green card), a warning (yellow card) or a disqualification (red card).

(2) Effective date. December 1, 2022.

(3) Rationale. To define and outline the procedures if a start is interrupted or recalled. This is current practice.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

e. Field Event Time Limits (Rules 8-1.2 and 16-1.2).

(1) Recommendation. In the throwing events, horizontal jumping events and high jump, change the time limit to initiate a trial back to one minute.

(2) Effective date. December 1, 2022.

(3) Rationale. To align with World Athletics and USA Track & Field rules codes and to formalize common practice. The NCAA is currently the only governing body for track and field that does not follow this procedure.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

f. Out of Order Attempt or Trial (New Rules 8-1.3.c and 16-1.3.c).

(1) Recommendation. If a competitor makes a trial or attempt without the permission of the official, in an order different from that previously determined, the competitor shall be warned (or disqualified in case of further infringements) according to Rules 4-4.2.d or 12-4.2.d. The result shall stand in the case of a warning (first infringement).

(2) Effective date. December 1, 2022.

(3) Rationale. In the current rules book, there is not a clear procedure that addresses this scenario, which occurs somewhat frequently.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

g. Field Events – Video Review (New Rules 8-1.10.b and 16-1.10.b).

(1) Recommendation. If an official video system review is available (e.g., DV Sport or similar technology), the video review system may be used by the official to determine whether an infraction or violation has occurred.

(2) Effective date. December 1, 2022.

(3) Rationale. Technology can help to ensure correct calls are made and limit the number of protests filed at competitions that have the technology available.

(4) Estimated budget impact. None.

(5) Student-athlete impact. None.

INFORMATIONAL ITEMS.

1. **Welcome, introductions and announcements.** The chair of the Men's and Women's Track and Field Rules Committee welcomed the committee and invited guests and thanked them for their time.
2. **Review agenda, meeting schedule and NCAA Men's and Women's Track and Field Rules Committee operations manual.** The Men's and Women's Track and Field Rules Committee reviewed the meeting schedule and agenda. The Men's and Women's Track and Field Rules Committee also reviewed the operations manual, which included the NCAA conflict of interest policy, guidance for

committee members regarding meeting reports, notes and email, voting procedures, principles for rules writing, and experimental playing rules guidelines.

3. **Review and approval of 2021 annual meeting report and June 7, 2022, videoconference report.** The Men's and Women's Track and Field Rules Committee reviewed and approved the reports as written.
4. **Review of NCAA Playing Rules Oversight Panel directive.** The Men's and Women's Track and Field Rules Committee was reminded of the directive of the Playing Rules Oversight Panel from 2014. This directive encourages all rules committees to strongly consider providing at least a one-year delay for Divisions II and III institutions before implementing any rules changes that have financial or facility implications.
5. **Review NCAA injury surveillance data and report.** The Men's and Women's Track and Field Rules Committee reviewed the most recent injury data for men's and women's cross country and track and field. It was noted that overall injury rates for men's and women's cross country had decreased. In addition, competition injury rates for men's track and field decreased, while competition injury rates for women's track and field was approximately the same when compared to the 2018-19 season.
6. **National Federation of State High School Associations report.** The Men's and Women's Track and Field Rules Committee heard a report from Julie Cochran, liaison to the NFHS Track and Field Rules Committee. The committee met earlier in June and is currently in the process of finalizing its rules changes for the 2022-23 season. It was noted that points of emphasis for next year would include the protest and appeals process, as well as cross country safety practices.
7. **Secretary-rules editor report.** The Men's and Women's Track and Field Rules Committee reviewed rules proposals and discussion items from the membership, as well as the U.S. Track & Field and Cross Country Coaches Association, and approved seven rules changes for the 2023 and 2024 seasons, as noted above in the Action Items section of this report. In addition, the committee reviewed the 2021-22 monthly interpretations and editorial changes to the rules book.
8. **Future meeting and videoconference dates.** The Men's and Women's Track and Field Rules Committee reviewed dates for its 2023 annual meeting, noting that it is preferred to meet in person even though it will be a non-rules change year. Potential meeting dates include June 13-15, 2023, or June 20-22, 2023. Monthly videoconferences will begin in September and will occur the first Tuesday of every month at 11 a.m. Eastern time and go through June, 2023.
9. **Election of chair.** The Men's and Women's Track and Field Rules Committee re-elected Marc Davis, director of track and field and cross country at Troy University, as chair for the 2022-23 academic year.
10. **Other business.** The outgoing members were recognized and thanked for their service to the committee and Association.
11. **Adjournment.** The Men's and Women's Track and Field Rules Committee adjourned at 10:35 a.m. Eastern time on Thursday, June 23.

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Committee Chair: Marc Davis, Troy University, Sun Belt Conference

Staff Liaison(s): Rachel Seewald, Championships and Alliances

NCAA Men's and Women's Track and Field Rules Committee June 22-23, 2022, Annual Meeting	
Attendees:	
Jeff Bovee, Illinois State University.	
Marc Davis, Troy University.	
Dana Freeman, Washington and Lee University.	
Jack Hoyt, Azusa Pacific University.	
Mark Kostek, secretary-rules editor.	
Bill Ross, Allegheny College.	
Alecia Shields-Gadson, Delaware State University.	
Bridget Johnson Tetteh, Great Northwest Athletic Conference.	
Sonya Varnell, University of Southern Mississippi.	
Absentees:	
None.	
Guests in Attendance:	
Julie Cochran, National Federation of State High School Associations.	
Ed Scott, University of Virginia.	
NCAA Staff Liaison in Attendance:	
Rachel Seewald.	
Other NCAA Staff Members in Attendance:	
Greg Johnson and Bri Rigney.	