



MEMORANDUM

February 15, 2024

VIA EMAIL

TO: All NCAA Track and Field/Cross Country Officials

FROM: Mark Kostek, secretary-rules editor
NCAA Men's and Women's Track and Field Rules Committee

SUBJECT: Weight Throw Inspection and Maintenance

It has been brought to the attention of the NCAA Rules Committee that there have been instances that weight throw implements are being modified or tampered with after implement inspection and certification.

In an effort to minimize or eliminate this issue, please implement some or all of these best practices listed.

- During implement inspection and certification attention is made:
 - In an effort to shorten the implement, the twisting of harness strap, and then the unravelling the twists to lengthen.
 - Adding weights, washers, coins to the implement in an effort to make weight.
- After certification all implements are impounded and brought to the competition area by an official or their designee.
- All approved implements are held in a controlled area during competition by an official.
- Only the person, "UP", "ON DECK" or "ON HOLD" are allowed to handle the implements.
- An official inspects the implements prior to and after each throw.