



THURSDAY - MEN'S DECATHLON			
Start time	Event	Gender	Description
11:30 AM	100 Meters	Men	Decathlon
~12:15 PM	Long Jump (2 pits)	Men	Decathlon
~1:25 PM	Shot Put	Men	Decathlon
~2:45 PM	High Jump (2 pits)	Men	Decathlon
~4:40 PM	400 Meters	Men	Decathlon

FRIDAY - MEN'S DECATHLON			
Start time	Event	Gender	Description
10:00 AM	110 Meter Hurdles	Men	Decathlon
~10:45 AM	Discus	Men	Decathlon
~12:00 PM	Pole Vault (2 pits)	Men	Decathlon
~2:45 PM	Javelin	Men	Decathlon
~4:30 PM	1500 Meters	Men	Decathlon

SATURDAY			
FIELD EVENTS			
Start time	Event	Gender	Description
11:00 AM	Hammer	Women	Prelims & Finals
11:00 AM	Triple Jump	Men	Prelims & Finals
12:00 PM	Pole Vault	Men	Final
1:45 PM	Hammer	Men	Prelims & Finals
1:45 PM	Triple Jump	Women	Prelims & Finals

THURSDAY - WOMEN'S HEPTATHLON			
Start time	Event	Gender	Description
12:30 PM	100 Meter Hurdles	Women	Heptathlon
~1:15 PM	High Jump (2 pits)	Women	Heptathlon
~3:10 PM	Shot Put	Women	Heptathlon
~4:30 PM	200 Meters	Women	Heptathlon

FRIDAY - WOMEN'S HEPTATHLON			
Start time	Event	Gender	Description
11:00 AM	Long Jump (2 pits)	Women	Heptathlon
~12:15 PM	Javelin	Women	Heptathlon
~2:45 PM	800 Meters	Women	Heptathlon

RUNNING EVENTS			
1:00 PM	National Anthem		
1:05 PM	4x100 M Relay	Men	Final
1:15 PM	4x100 M Relay	Women	Final
1:25 PM	1500 Meter	Men	Final
1:35 PM	1500 Meter	Women	Final
1:50 PM	110 M Hurdles	Men	Final
2:00 PM	100 M Hurdles	Women	Final
2:10 PM	400 Meter	Men	Final
2:20 PM	400 Meter	Women	Final
2:30 PM	100 Meter	Men	Final
2:40 PM	100 Meter	Women	Final
2:50 PM	800 Meter	Men	Final
3:00 PM	800 Meter	Women	Final
3:15 PM	400 M Hurdles	Men	Final
3:25 PM	400 M Hurdles	Women	Final
3:40 PM	200 Meter	Men	Final
3:50 PM	200 Meter	Women	Final
4:00 PM	5000 Meter	Men	Final
4:25 PM	5000 Meter	Women	Final
4:50 PM	4x400 M Relay	Men	Final
5:00 PM	4x400 M Relay	Women	Final

THURSDAY			
FIELD EVENTS			
Start time	Event	Gender	Description
10:30 AM	Discus	Men	Prelim & Finals
12:30 PM	Pole Vault	Women	Final
1:00 PM	Discus	Women	Prelim & Finals
2:30 PM	Long Jump	Men	Prelim & Finals
3:30 PM	Javelin	Women	Prelim & Finals
5:30 PM	Long Jump	Women	Prelim & Finals
5:45 PM	Javelin	Men	Prelim & Finals
RUNNING EVENTS			
5:10 PM	National Anthem		
5:15 PM	4x100 M Relay	Men	Prelims
5:25 PM	4x100 M Relay	Women	Prelims
5:35 PM	1500 Meter	Men	Prelims
5:50 PM	1500 Meter	Women	Prelims
6:10 PM	400 M Hurdles	Men	Prelims
6:25 PM	400 M Hurdles	Women	Prelims
6:40 PM	200 Meter	Men	Prelims
6:55 PM	200 Meter	Women	Prelims
7:10 PM	3000 M Steeple Chase	Men	Prelims
7:35 PM	3000 M Steeple Chase	Women	Prelims
8:00 PM	4x400 M Relay	Men	Prelims
8:15 PM	4x400 M Relay	Women	Prelims
8:30 PM	10,000 Meter	Men	Final
9:15 PM	10,000 Meter	Women	Final

FRIDAY			
FIELD EVENTS			
Start time	Event	Gender	Description
11:30 AM	High Jump	Women	Final
11:30 AM	Shot Put	Men	Prelims & Finals
2:00 PM	High Jump	Men	Final
2:00 PM	Shot Put	Women	Prelims & Finals
RUNNING EVENTS			
2:05 PM	National Anthem		
2:10 PM	110 M Hurdles	Men	Prelims
2:30 PM	100 M Hurdles	Women	Prelims
3:00 PM	400 Meter	Men	Prelims
3:15 PM	400 Meter	Women	Prelims
3:30 PM	100 Meter	Men	Prelims
3:45 PM	100 Meter	Women	Prelims
4:00 PM	800 Meter	Men	Prelims
4:15 PM	800 Meter	Women	Prelims
4:40 PM	3000 M Steeplechase	Men	Final
4:55 PM	3000 M Steeplechase	Women	Final