

THURSDAY - MEN'S DECATHLON			
Start time	Event	Gender	Description
10:30 AM	100 Meters	Men	Decathlon
~11:15 AM	Long Jump (2 pits)	Men	Decathlon
~12:25 PM	Shot Put	Men	Decathlon
~1:45 PM	High Jump (2 pits)	Men	Decathlon
~3:40 PM	400 Meters	Men	Decathlon

FRIDAY - MEN'S DECATHLON			
Start time	Event	Gender	Description
10:00 AM	110 Meter Hurdles	Men	Decathlon
~10:45 AM	Discus	Men	Decathlon
~12:00 PM	Pole Vault (2 pits)	Men	Decathlon
~2:45 PM	Javelin	Men	Decathlon
~4:30 PM	1500 Meters	Men	Decathlon

THURSDAY - WOMEN'S HEPTATHLON			
Start time	Event	Gender	Description
11:30 AM	100 Meter Hurdles	Women	Heptathlon
~12:15 PM	High Jump (2 pits)	Women	Heptathlon
~2:10 PM	Shot Put	Women	Heptathlon
~3:30 PM	200 Meters	Women	Heptathlon

FRIDAY -WOMEN'S HEPTATHLON			
Start time	Event	Gender	Description
11:30 AM	Long Jump (2 pits)	Women	Heptathlon
~1:00 PM	Javelin	Women	Heptathlon
~2:45 PM	800 Meters	Women	Heptathlon

THURSDAY			
FIELD EVENTS			
Start time	Event	Gender	Description
10:00 AM	Discus	Men	Prelims & Final
12:00 PM	Pole Vault	Women	Final
12:30 PM	Discus	Women	Prelims & Final
2:00 PM	Long Jump	Men	Prelims & Final
3:00 PM	Javelin	Women	Prelims & Final
5:00 PM	Long Jump	Women	Prelims & Final
5:15 PM	Javelin	Men	Prelims & Final
	RUNNING EVEN	ITS	
9:45 AM	10,000 Meters	Women	Final
(10:30 AM)	(100 Meters)	(Men)	(Decathlon)
10:45 AM	10,000 Meters	Men	Final
(11:30 AM)	(100 Meter Hurdles)	(Women)	(Heptathlon)
	BREAK		
2:50 PM	National Anthem		
3:00 PM	4x100 Meter Relay	Women	Prelims
3:15 PM	4x100 Meter Relay	Men	Prelims
(3:30 PM)	(200 Meters)	(Women)	(Heptathlon)
(3:40 PM)	(400 Meters)	(Men)	(Decathlon)
3:55 PM	1500 Meters	Women	Prelims
4:10 PM	1500 Meters	Men	Prelims
4:25 PM	400 Meter Hurdles	Women	Prelims
4:40 PM	400 Meter Hurdles	Men	Prelims
4:55 PM	200 Meters	Women	Prelims
5:10 PM	200 Meters	Men	Prelims
5:25 PM	3000 Meter Steeplechase	Women	Prelims
5:50 PM	3000 Meter Steeplechase	Men	Prelims
6:15 PM	4x400 Meter Relay	Women	Prelims
6:30 PM	4x400 Meter Relay	Men	Prelims

FRIDAY				
FIELD EVENTS				
Start time	Event	Gender	Description	
11:30 AM	High Jump	Women	Final	
11:30 AM		Men	Prelims & Final	
2:00 PM	High Jump	Men	Final	
2:00 PM	Shot Put	Women	Prelims & Final	
	RUNNING EVENTS			
(10:00 AM)	(110 Meter Hurdles)	(Men)	(Decathlon)	
2:05 PM	National Anthem			
2:10 PM	100 Meter Hurdles	Women	Prelims	
2:30 PM	110 Meter Hurdles	Men	Prelims	
(2:45 PM)	(800 Meters)	(Women)	(Heptathlon)	
3:00 PM	400 Meters	Women	Prelims	
3:15 PM	400 Meters	Men	Prelims	
3:30 PM	100 Meters	Women	Prelims	
3:45 PM	100 Meters	Men	Prelims	
4:00 PM	800 Meters	Women	Prelims	
4:15 PM	800 Meters	Men	Prelims	
(4:30 PM)	(1500 Meters)	(Men)	(Decathlon)	

SATURDAY			
FIELD EVENTS			
Start time	Event	Gender	Description
11:00 AM	Hammer	Women	Prelims & Final
11:00 AM	Triple Jump	Men	Prelims & Final
12:00 PM	Pole Vault	Men	Final
1:45 PM	Hammer	Men	Prelims & Final
1:45 PM	Triple Jump	Women	Prelims & Final
	RUNNING EVE	NTS	•
11:15 AM	National Anthem		
11:30 AM	3000 Meter Steeplechase	Women	Final
11:45 AM	3000 Meter Steeplechase	Men	Final
12:05 PM	4x100 Meter Relay	Women	Final
12:15 PM	4x100 Meter Relay	Men	Final
12:25 PM	1500 Meters	Women	Final
12:35 PM	1500 Meters	Men	Final
12:50 PM	100 Meter Hurdles	Women	Final
1:00 PM	110 Meter Hurdles	Men	Final
1:10 PM	400 Meters	Women	Final
1:20 PM	400 Meters	Men	Final
1:30 PM	100 Meters	Women	Final
1:40 PM	100 Meters	Men	Final
	800 Meters	Women	Final
2:00 PM	800 Meters	Men	Final
2:15 PM	400 Meter Hurdles	Women	Final
2:25 PM	400 Meter Hurdles	Men	Final
2:40 PM	200 Meters	Women	Final
2:50 PM	200 Meters	Men	Final
3:00 PM	5000 Meters	Women	Final
3:25 PM	5000 Meters	Men	Final
	4x400 Meter Relay	Women	Final
4:00 PM	4x400 Meter Relay	Men	Final