

NCAA DIVISION III MEN'S AND WOMEN'S TRACK AND FIELD



2019 INDOOR TECHNICAL MANUAL

TABLE OF CONTENTS

<i>TITLE</i>	<i>PAGE</i>
Introduction	3
Championship Site Representative Contact Information	4
Administration of the Championships	5
1. General Administration	5
2. Qualifying for the Championships	5
3. Competition Format for the Championships	6
4. Lane Assignments	6
5. Heats, Flights, Qualifying Procedures, and Stagers	7
a. 60 Meters	7
b. 60 Hurdles	7
c. 200 Meters	7
d. 400 Meters	8
e. 800 Meters	8
f. Mile	9
g. 3000 Meters	9
h. 5000 Meters	10
i. 4x400 Relay	10
j. Distance Medley Relay	10
k. Long Jump and Triple Jump	11
l. Shot Put and Weight Throw	11
m. High Jump	12
n. Pole Vault	13
o. Combined Events-Pentathlon and Heptathlon	13
6. Coaching Area	15
Relay Personnel and Performance Policies	15
Case Studies	17
Breaking a Tie for the Last Accepted Position to the Championships	17
Relay Situations	17
Field Events	17

INTRODUCTION

This manual outlines the technical procedures for competition for the 2019 NCAA Division III Men's and Women's Indoor Track and Field Championships and provides case studies of situations that may arise during the course of the competition. This manual contains three sections:

- The technical procedures for administrating the championships;
- The relay policy for the competition; and
- Case studies, to assist coaches by reviewing and answering questions generated by situations.

This manual should be used in conjunction with the 2019 NCAA Division III Men's and Women's Indoor Track and Field Pre-Championships Manual, the 2019 and 2020 NCAA Cross Country/Track and Field Rules Book, and NCAA Bylaw 31 of the 2019-2020 NCAA Division III Manual, which pertains to the administration of NCAA championships. These publications will provide information about the general policies governing NCAA championships.

Although this manual and the other publications attempt to cover all phases of the championships, some questions may arise before the event. Please feel free to contact NCAA Championships Manager Laura Peterson-Mlynski (lpeterson@ncaa.org) at the NCAA national office.

CHAMPIONSHIP SITE REPRESENTATIVE CONTACT INFORMATION

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ADMINISTRATION OF THE CHAMPIONSHIPS

1. General Administration.

The administration of the championships is the responsibility of the NCAA Division III Men's and Women's Track and Field and Cross Country Committee, the NCAA championships liaisons, and the event management staff at the championship facility/director of athletics of the host institution. They shall delegate duties and responsibilities and assign other personnel as necessary to ensure the efficient and effective administration and promotion of the championships. The following will be used for assistance in the capacities indicated:

- a. Meet Director. The meet director will be appointed by the director of athletics of the host institution.
- b. Games Committee. The games committee will be the NCAA Division III Men's and Women's Track and Field and Cross Country Committee. The games committee will serve as the site review committee and have the responsibility to make any decisions or determinations necessary to protect the integrity of the championships.
- c. Meet Physician. The official meet physician will be appointed by the meet director and will be on-site during all aspects of the competition to perform the duties prescribed in Rule 3-19 and Rule 3-20.
- d. Referee. All referee positions will be appointed by the NCAA Division III Men's and Women's Track and Field and Cross Country Committee, and have the authority prescribed in Rule 3-4. A minimum of two referees are required to address and agree on decision. The referees' decision can be appealed to the Jury of Appeals.
- e. Jury of Appeals. A three-person Jury of Appeals will be appointed by the NCAA Division III Men's and Women's Track and Field and Cross Country Committee for this championship and will have final authority as prescribed in Rule 4-1.12 and 4-1.13.

2. Qualifying for the Championships.

Qualification to the championships is based on the descending order list for the indoor season, prepared solely from the mandatory submission of meet results during the indoor season and adhering to the Qualifying Regulations published in the Pre-Championships Manual. For each individual event contested at the Championships, the top 20 declared male student-athletes and the top 20 declared female student-athletes will be accepted into the competition. For each relay event contested at the Championships, the top 12 declared relay teams will be accepted into the competition. The stated maximums are absolute and will not be extended as a result of ties.

Any descending order list ties, by mark, for the last position to be accepted, will be resolved by examining, of those tied, the second-best valid qualifying meet performance submitted during the season, and so on until there is no basis for a mark comparison. For a tie not resolved after all available mark comparisons, acceptance will be awarded to the competitor who achieved the original tying mark later in the season. For a tie still not resolved, acceptance will be awarded to the competitor who

achieved the second-best valid qualifying meet performance later in the season, and so on until there is no basis for date comparison. As a last resort, the tie for the last qualifying position will be decided by the toss of a coin. An example of this tie-breaking procedure is presented in the Case Studies section of this manual.

In the combined events (Heptathlon/Pentathlon), prior to deciding the last qualifying position by the toss of a coin, once all previously described tie-breaking methods have been exhausted, ties will be resolved by examining, of those tied, the student-athlete who, in the greater number of events, has received more points than the other student-athlete(s). If a tie still exists, the student-athlete(s) with the highest number of points in any one event will win the tie. If still tied, the student-athlete(s) who have the highest number of points in a second event will win the tie. If a tie still remains, a third event will be examined and so forth until there is no basis for point comparison. As a last resort, the tie for the last qualifying position will be decided by the toss of a coin.

3. Competition Format for the Championships.

- a. The championships will be conducted as a two-day event, with the women's and men's events alternating throughout the schedule.
- b. The order of events will be determined by the NCAA Division III Men's and Women's Track and Field and Cross Country Committee. Exceptions for unusual conditions, facility constraints, and other concerns such as broadcast coverage will be considered. The actual time schedule for the competition will be established by the NCAA Division III Men's and Women's Track and Field and Cross Country Committee and published on the NCAA website.
- c. Prior to the start of the championships, questions related to procedures not covered in this manual should be referred to NCAA championship manager, Laura Peterson-Mlynski, at the NCAA national office.
- d. The events contested in the championships are the 60 Meters, 200 Meters, 400 Meters, 800 Meters, Mile, 3000 Meters, 5000 Meters, 60 Hurdles, 4x400 Relay, Distance Medley Relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon (women), and Heptathlon (men).
- e. In semi-final rounds of the 200 Meters, 400 Meters and 4x400 Relay, lanes 3 through 6 will be used. In all other running events that start in lanes, all available lanes will be used. Semi-final round running event heats and lanes will be determined using Rule 5-11. Preliminary-round competing order in horizontal field events shall be drawn by lot using Rules 6-4.1 and 6-4.2. Competing order in vertical field events shall be drawn by lot using Rules 6-4.1 and 6-4.3. Specific event details are in Section 5 of this manual.

4. Lane Assignments.

- a. Unless otherwise indicated, all lanes in the first round of competition in any event at the championships, including the only round, shall be drawn by lot as prescribed in Rule 5-11.4.a.
- b. In all rounds after the first round, the lanes will be assigned as prescribed in Rule 5-11.4.b, unless

specifically superseded in this section. In the 60 Meters and 60 Hurdles, the preferred lane order will be: 4, 5, 3, 6, 2, 7, 1, and 8. In the 200 Meters, 400 Meters and 4x400 Relay, the preferred lane order will be: 5, 6, 4, and 3.

5. Heats, Flights, Qualifying Procedures, and Staggers.

The provisions and procedures prescribed in Rules 5-10, 5-11, 6-2, 6-4, regarding the formation, grouping, competition order, cancellation, or redrawing of heats or flights will apply in each round unless specifically superseded in this section. Changes to heats or flights, predetermined by declaration, will be made only with games committee authorization.

If there is a tie for the last qualifying place in the semi-final and it cannot be determined by 1/1,000th of a second, there will be a run-off scheduled.

a. 60 Meters.

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will each consist of three heats. Two heats of seven and one heat of six.

Final. Eight, the heat winners from each heat plus the next best five times, after tie breaking, will qualify from the semi-final to the final.

The final will be conducted in one section.

- 2) Lane assignments in the semi-final round will be drawn by lot.

b. 60 Hurdles.

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will each consist of three heats. Two heats of seven and one heat of six.

Final. Eight, the heat winners from each heat plus the next best five times, after tie breaking, will qualify from the semi-final to the final.

The final will be conducted in one section.

- 2) Lane assignments in the semi-final round will be drawn by lot.

c. 200 Meters.

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will consist of five heats of four competitors.

Final. Eight best times, after tie breaking, will qualify from the semi-final to the final.

- 2) The semi-final heats will be formed by seeding competitors, from their qualifying performances, left to right (Rule 5-11.3.a).
- 3) Lane assignments in the semi-final round will be drawn by lot.

Lanes 3 through 6 will be used in all heats.

- 4) The timed-section final will consist of two sections seeded on the basis of semi-final round qualifying times. The third, fourth, sixth and eighth fastest qualifiers will run in the first timed-section final. The first, second, fifth, and seventh fastest qualifiers will run in the second timed-section final.
- 5) Lanes within each section of the final will be assigned using preferred lanes based on qualifying performances from the semi-final round. The preferred lane order will be 5, 6, 4, 3.

d. 400 Meters.

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will each consist of five heats of four competitors.

Final. Eight best times, after tie breaking, will qualify from the semi-final to the final.

- 2) The semi-final heats will be formed by seeding competitors, from their qualifying performances, left to right (Rule 5-11.3.a).
- 3) Lane assignments in the semi-final round will be drawn by lot.

Lanes 3 through 6 will be used in all heats.

- 4) A lane start with a two-turn stagger will be used in all rounds.
- 5) The timed-section final will consist of two sections seeded on the basis of semi-final round qualifying times. The third, fourth, sixth and eighth fastest qualifiers will run in the first timed-section final. The first, second, fifth and seventh fastest qualifiers will run in the second timed-section final.
- 6) Lanes within each section of the final will be assigned using preferred lanes based on qualifying performances from the semi-final round. The preferred lane order will be 5, 6, 4, 3.

e. 800 Meters.

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will consist of three heats. Two heats of seven and one heat of six.

Final. Eight, the top two from each heat plus the next best two times, after tie breaking, will qualify from the semi-final to the final.

The final will consist of one section.

- 2) Starting positions and alley assignments, in the semi-final round will be drawn by lot.

The **men's and women's semi-final round** will have four competitors assigned to the main waterfall start across the entire width of the track and three competitors on the staggered waterfall start in each heat.

In the final, the three heat winners from the semi-final will be assigned to the staggered waterfall start and starting positions will be drawn by lot. The five remaining competitors will be assigned to the main waterfall start, and starting positions will be drawn by lot.

- 3) A two-ally, waterfall start with a two-turn stagger will be used in all rounds.

f. **Mile.**

- 1) Two rounds will be contested, a semi-final and a final.

The **men's and women's semi-final round** will each consist of two heats of ten competitors.

Final. Ten, the top three from each heat plus the next best four times, after tie breaking, will qualify from the semi-final to the final.

The final will consist of one section.

- 2) Starting positions and alley assignments in the semi-final round will be drawn by lot.

The **men's and women's semi-final round** will each have seven competitors assigned to the main waterfall start across the entire width of the track and three competitors on the staggered waterfall start in each heat.

In **the final**, the top three qualifiers from the semi-final will be assigned to the staggered waterfall start and starting positions will be drawn by lot. The seven remaining competitors will be assigned to the main waterfall start and starting positions will be drawn by lot.

- 3) A two-ally, waterfall start with a two-turn stagger will be used in all rounds.

g. **3000 Meters**

- 1) Two rounds will be contested, a semi-final and a final.

The men's and women's semi-final round each will consist of two heats of ten competitors.

Final: Twelve, the top four from each heat plus the next best four times, after tie breaking, will qualify from the semi-final to the final.

The final will consist of one section.

- 2) Starting positions in the semi-final and final will be drawn by lot.

- 3) A two alley, waterfall start with a two-turn stagger will be used in semi-final and final round. Seven competitors will be assigned to the main waterfall start and three to the staggered waterfall start in the semi-final round. Eight competitors will be assigned to the main waterfall start and four to the staggered waterfall start in the final round.

h. 5000 Meters.

- 1) One round, a final, will be contested.

The final will be conducted in one section.

The **men's and women's final round** will have 14 competitors assigned to the main waterfall start across the entire width of the track and six competitors assigned to the staggered waterfall start.

- 2) Starting positions and alley assignments will be drawn by lot.
- 3) A two-ally, waterfall start with a two-turn stagger will be used.

h. 4x400 Relay.

- 1) Two rounds will be contested, a semi-final and a final.

The men's and women's semi-final round will each consist of three heats of four.

Final. Eight best times, after tie breaking, will qualify from the semi-final to the final (Rule 5-10.5e).

- 2) The semi-final heats will be formed by seeding competitors from their qualifying performances (Rule 5-11.3.a).
- 3) Lane assignments in the semi-final round will be drawn by lot.

Lanes 3 through 6 will be used in all heats containing four or fewer competitors.

- 4) A lane start with a two-turn stagger will be used in all rounds.
- 5) The timed-section final will consist of two sections seeded on the basis of semi-final round qualifying times. The third, fourth, sixth and eighth fastest qualifiers from the semi-final round will run in the first timed-section final. The first, second, fifth, and seventh fastest qualifiers from the semi-final round will run in the second timed-section final.
- 6) Lanes within each section of the final will be assigned using preferred lanes based on qualifying performances from the semi-final round. The preferred lane order will be 5, 6, 4, 3.

i. Distance Medley Relay.

- 1) One round, a final, will be contested.

The final will be conducted in one section.

The men's and women's final will each consist of one section of twelve.

- 2) Starting positions and alley assignments will be drawn by lot.

The final round shall have eight competitors assigned to the main waterfall start across the entire width of the track and four competitors assigned to the staggered waterfall start.

- 3) A two-ally, waterfall start with a two-turn stagger will be used.

j. **Long Jump and Triple Jump.**

- 1) A preliminary and final round of attempts on a single runway will be contested.

The **men's and women's** preliminary round of each event will have ten competitors assigned to each of two flights.

Flight assignments for the preliminary round will be determined from the declared ranked descending order list. Declared descending order list performances ranked 11th through 20th will be assigned to flight one and declared descending order list performances ranked first through tenth will be assigned to flight two.

The jumping order within the preliminary round flight(s) will be drawn by lot.

- 2) Standardized flight check-in times will be applied for both events.

Competitors in **both** flights of the **men's and women's Long Jump and Triple Jump** will check in with the clerk no later than 45 minutes prior to the published scheduled start of the event. All competitors will be escorted by a clerk to the competition area 45 minutes prior to the published scheduled start of the event.

- 3) Each competitor will be allowed three attempts in the preliminary round. The competitors with the nine best performances in the preliminary round, after tie-breaking, will advance to the final round in one flight and compete in reverse order of performance in the preliminary round.
- 4) Each preliminary round flight will be allowed a 20-minute flight-specific warm-up. There is no general warmup period. The final round will start a maximum of 15 minutes after the completion of the last attempt in the preliminary round.
- 5) Scoring is determined per Rule 6-2.8, by all marks during the preliminary and final round in the competition.

k. **Shot Put and Weight Throw.**

- 1) A preliminary and final round of attempts on a single throwing circle will be contested.

The **men's and women's preliminary round** of each event will have ten competitors assigned to each of two flights.

Flight assignments for the preliminary round will be determined from the declared ranked descending order list. Declared descending order list performances ranked 11th through 20th will be

assigned to flight one and performances ranked first through tenth will be assigned to flight two.

The throwing order within the preliminary round flight(s) shall be drawn by lot.

- 2) Standardized flight check-in times will be applied for both events.

Competitors in **both** flights of the **men's and women's Shot Put and Weight Throw** will check in with the clerk no later than 45 minutes prior to the published scheduled start of the event. All competitors will be escorted by a clerk to the competition area 45 minutes prior to the published scheduled start of the event.

- 3) Each competitor will be allowed three attempts in the preliminary round. The competitors with the nine best performances in the preliminary round, after tie-breaking, will advance to the final round in one flight and compete in reverse order of performance in the preliminary round.
- 4) For the throwing events a competitor shall be charged with a foul if he or she does not initiate a trial within 30 seconds after his or her name has been called, in addition to the event judge making a visual indication. The time will begin when the athlete steps into the immediate area surrounding the throwing circle (Rule 6-1.2).
- 5) Each preliminary round flight will be allowed a 20-minute flight-specific warm-up. There is no general warmup period. The final round will start a maximum of fifteen minutes after the completion of the last attempt in the preliminary round.
- 6) Scoring is determined per Rule 6-2.8, by all marks during the preliminary and final round in the competition.

I. High Jump.

- 1) A final round only, on a single jumping pit will be contested. The jumping order will be drawn by lot.

The **men's and women's High Jump final** will consist of one flight of twenty.

The jumping order will be drawn by lot.

- 2) A standardized flight check-in times will be applied.

High Jump competitors will check in with the clerk no later than 1 hour and 15 minutes prior to the published scheduled start of the event. Competitors will be escorted by a clerk to the competition area 1 hour and 15 minutes prior to the published scheduled start of the event.

- 3) High Jump competitors will be allowed a 60-minute warm-up period.
- 4) Starting heights and increments will be set by the games committee after the qualifiers have been determined and published prior to the start of packet pick up at the championships.
- 5) A competitor shall be charged with a foul if he or she does not initiate a trial within 30 seconds after

the crossbar and standards have been set, his or her name has been called, in addition to the event judge making a visual indication. The table in Rule 6-1.6 will be used for 3 remaining competitors or less.

m. Pole Vault.

- 1) A final round only will be contested on a single runway. The jumping order will be drawn by lot.

The **men's and women's Pole Vault final** will consist of one flight of twenty.

- 2) A standardized flight check-in time will be applied.

Pole Vault competitors will check in with the clerk no later than 1 hour and 30 minutes prior to the published scheduled start of the event. Competitors will be escorted by a clerk to the competition area 1 hour and 30 minutes prior to the published scheduled start of the event.

- 3) Pole Vault competitors will be allowed a 90 minute warm-up period.
- 4) Starting heights and increments shall be set by the games committee after the qualifiers have been determined and published prior to the start of packet pick up at the championships.
- 5) A competitor shall be charged with a foul if he or she does not initiate a trial within one minute after the crossbar and standards have been set, his or her name has been called, in addition to the event judge making a visual indication. The table in Rule 6-1.6 will be used for 3 remaining competitors or less.

n. Combined Events – Pentathlon and Heptathlon.

The Heptathlon and Pentathlon order of events and time between events will be as stated in the NCAA Rule Book.

The table in Rule 6-1.6 will be used for time limit in all field events.

Heptathlon and Pentathlon competitors must check in with the clerk a minimum of 30 minutes prior to the published scheduled start of their respective Heptathlon or Pentathlon first event of the day.

Competitors in the Heptathlon and Pentathlon will be allowed a 30-minute warm-up on the track prior to the start of their respective first event of the day.

60 Meters.

- a. The **Heptathlon 60 Meters** will be conducted in three sections.

Sections will be assigned on the basis of qualifier's seasonal best performance in a 60 Meters as verifiable on TFRRS, with the individuals with the seven fastest performances assigned to a section, the next seven fastest individuals assigned to a section, and the next six fastest individuals assigned to the remaining section.

- b. Lane assignments and section order will be drawn by lot.

60 Hurdles.

- 1) The **Heptathlon/Pentathlon 60 Hurdles** will have five sections using only alternate lanes with hurdles placed in all lanes. The determination of odd or even lanes will be made by the games committee and published prior to the start of packet pick up at the championships. A set of hurdles will also be placed inside of lane one or outside of lane eight unless facility constraints cannot accommodate this procedure.

Sections will be assigned on the basis of qualifiers seasonal best performance in a Pentathlon 60 Hurdles as verified by TFRRS. The fastest four individuals will be assigned to a section, the next four fastest individuals to a section, the next four fastest individuals to a section, the next four fastest individuals to a section and the next four fastest individuals assigned to the remaining section.

- 2) Lane assignment and section order will be drawn by lot.

800 Meters.

- 1) The **Pentathlon 800 Meters** will be contested in two heats of ten competitors.

Seeding will be determined by the current standings leading into the race. Athletes seeded 11 through 20 will compete in the first race. Athletes seeded 1 through 10 will compete in the second race.

- 2) A two-alley waterfall start with a two-turn stagger will be used.
- 3) Starting positions and alley assignments shall be drawn by lot.

1,000 Meters.

- 1) The **Heptathlon 1000 Meters** will be conducted in two heats of ten competitors.

Seeding will be determined by the current standings leading into the race. Athletes seeded 11 through 20 will compete in the first race. Athletes seeded 1 through 10 will compete in the second race.

- 2) A two-alley waterfall start, with a two-turn stagger will be used.
- 3) Starting positions and alley assignments will be drawn by lot.

Long Jump.

- 1) The Heptathlon and Pentathlon Long Jump will be conducted in two flights on the same runway.
- 2) The **Heptathlon and Pentathlon Long Jump** will have two flights of ten.
- 3) Flight assignment and competition order will be drawn by lot.

Shot Put.

- 1) The **Heptathlon and Pentathlon Shot Put** will be conducted in two flights on the same ring.
- 2) The **Heptathlon and Pentathlon Shot Put** will have two flights of ten.

- 3) Flight assignment and competition order will be drawn by lot.

High Jump.

- 1) The Heptathlon and Pentathlon High Jump will be conducted in two simultaneous flights on two separate, but similar, competition venues.
- 2) The **Heptathlon High Jump** will have two flights. The competitors with the top ten seasonal best performances in a Heptathlon High Jump, as verified by TFRRS will be assigned to a flight, and the ten remaining Heptathlon High Jump competitors will be assigned to the remaining flight.

Competition order will be drawn by lot within each flight. Five-alive will not be utilized.

- 3) The **Pentathlon High Jump** will have two flights. The competitors with the top ten seasonal best performances in a Pentathlon High Jump, as verified by TFRRS, will be assigned to a flight, and the ten remaining Pentathlon High Jump competitors will be assigned to the remaining flight.

Competition order will be drawn by lot within each flight. Five-alive will not be used.

Pole Vault.

- 1) The **Heptathlon Pole Vault** will be conducted in one flight.
- 2) Competition order will be drawn by lot. Five-alive will not be used.

6. Coaching Area.

A coaching area, outside the area of competition, will be established for each field event and the distance events. The meet director will determine the locations of these coaching areas. Only coaches with proper credentials may access a coaching area.

RELAY PERSONNEL AND PERFORMANCE POLICY

1. Only one relay team from the descending order list per institution may be declared. That declared relay team's performance will be used for selection and seeding purposes. All other teams on the descending order list from that institution must be scratched.
2. All relay alternates must be declared separately and not later than the close of packet pick-up at the championships. A relay alternate is a student-athlete not already in the championships in any event. Please see Rule 5-8.2 for further information on relay replacement policies.
3. The four members of the relay who actually competed and earned a qualifying position will be the 'declared' relay team for that institution and will be the only individuals for which NCAA championships travel reimbursement will be provided. NCAA travel reimbursement will not be provided to alternates, even if they compete in the championships.

4. A student-athlete on a declared relay, who is replaced with a relay alternate or substitute, may still compete in any event(s), at any time, in which he/she had previously been accepted into the meet.

CASE STUDIES

Breaking a tie for the last accepted position to the championships.

SITUATION 1. After declaration, 17 are declared in the men's 60 meters with a mark of 6.66 or better. Six additional are declared with a best descending order list mark of 6.67. Will all six be accepted into the championships?

RULING. No. Only 20, total, will be accepted into the championships. That means only three of the tying six will be accepted. The second-best valid qualifying performance mark submitted through the mandatory meet result reporting system will be examined for each of the six. Assume the second-best submissions are 6.68, 6.69, 6.70, 6.69, 6.68, and 6.72. The two individuals with the second best of 6.68 are accepted, and the tie breaking procedure continues, but only involves the two individuals with submissions of 6.69. Assume that there are no other available marks to compare. This mark is the last used as tie-breaking for comparative purposes. The performance date of their original mark that created the tie is then examined to determine who achieved the mark later, in order to determine which two are accepted into the championships. If a tie still exists, it is resolved by examining the performance date of the second mark. If the examination of the performance date of the second mark does not result in a break of the tie, the tie for the last qualifying position will be decided by the toss of a coin.

SITUATION 2. After declaration, 15 are declared in the women's high jump with a mark of 1.84 or better. No one has a submitted best meet mark of 1.83. Two are declared with a submitted best mark of 1.82. Seven additional are declared with a best descending order list mark of 1.81. Will all seven be accepted into the championships?

RULING. No. Only 20, total, will be accepted into the championships. That means, only three of the tying seven will be accepted. The second-best valid qualifying performance mark submitted through the mandatory meet result reporting system will be examined for each of the seven. Assume that after examining the third best qualifying performance mark submitted, four still remain tied and there are no other available marks to compare. This mark is the last used as tie-breaking for comparative purposes. The performance date of their original mark that created the tie is then examined to determine who achieved the mark later, in order to determine which three are accepted into the championships. If a tie still exists, it is resolved by examining the performance date of the second mark and, if needed, the third mark in order to eliminate one. If the examination of the performance date of the third mark does not result in a break of the tie, the tie for the last qualifying position will be decided by the toss of a coin.

Relay Situations.

SITUATION. Of the four student-athletes listed on the championships declaration form for the 4x400 (or distance medley) relay, three have injuries that prevent them from competing in the championships. Can the coach use other student-athletes who are competing in the championships, or who are declared relay alternates, to fill the open spots on the relay?

RULING. Yes. There is no limit on the maximum number of replacements for a relay team.

Field Events.

SITUATION. A long jumper takes a jump in the preliminary attempt round of competition. Believing the mark to be sufficient to advance to the final-attempt round and also score in the event, the student-athlete leaves the competition area. Is this one valid mark sufficient to be used for scoring in the event?

RULING. No. This student-athlete would be in violation of Rule 4-2.2. Participation is required in subsequent rounds as a result of qualifying. The championship has two rounds of competition in jumping

or throwing events. Each round (three attempts in each) has qualifiers for the next round. The student-athlete must participate (compete) in each round of the competition. Participation in the final round of a field event can be satisfied without actually making an attempt.

2019 DIII Indoor Track & Field Championships Clerking Schedule

Friday Field Events

Event	Start Time	Warm-up Begins / Time Allotted	Staging	Final Clerking	Check-in Closes	Check-in Opens
PV (m)	1:00 p.m.	11:30 a.m. (90 min)	11:25 a.m.	11:20 a.m.	11:15 a.m.	10:15 a.m.
LJ (w)	1:00 p.m.	12:15 p.m. (45 min)	12:10 p.m.	12:05 p.m.	12:00 p.m.	11:00 a.m.
20 lb. WT (w)	4:15 p.m.	3:30 p.m. (45 min)	3:25 p.m.	3:20 p.m.	3:15 p.m.	2:15 p.m.
PV (w)	5:30 p.m.	4:00 p.m. (90 min)	3:55 p.m.	3:50 p.m.	3:45 p.m.	2:45 p.m.
HJ (m)	6:00 p.m.	5:00 p.m. (60 min)	4:55 p.m.	4:50 p.m.	4:45 p.m.	3:45 p.m.
LJ (m)	6:45 p.m.	6:00 p.m. (45 min)	5:55 p.m.	5:50 p.m.	5:45 p.m.	4:45 p.m.
35 lb. WT (m)	6:45 p.m.	6:00 p.m. (45 min)	5:55 p.m.	5:50 p.m.	5:45 p.m.	4:45 p.m.

Friday Track Events

Event	Start Time	Warm-up Begins / Time Allotted	Staging	Final Clerking	Check-in Closes	Check-in Opens
60m (m) Hept	10:00 a.m.	30 min	9:25 a.m.	9:20 a.m.	9:15 a.m.	8:15 a.m.
60H (w) Pent	11:00 a.m.	30 min	10:25 a.m.	10:20 a.m.	10:15 a.m.	9:15 a.m.
3000m (w)	12:30 p.m.	15 min	12:00 p.m.	11:55 a.m.	11:50 a.m.	10:50 a.m.
3000m (m)	1:00 p.m.	15 min	12:45 p.m.	12:40 p.m.	12:35 p.m.	11:35 a.m.
60mH (w)	2:00 p.m.	20 min	1:40 p.m.	1:35 p.m.	1:30 p.m.	12:30 p.m.
60mH (m)	2:15 p.m.	20 min	1:55 p.m.	1:50 p.m.	1:45 p.m.	12:45 p.m.
60m (w)	2:30 p.m.	15 min	2:15 p.m.	2:10 p.m.	2:05 p.m.	1:05 p.m.
60m (m)	2:45 p.m.	15 min	2:30 p.m.	2:25 p.m.	2:20 p.m.	1:20 p.m.
Mile (w)	5:00 p.m.	15 min	4:45 p.m.	4:40 p.m.	4:35 p.m.	3:35 p.m.
Mile (m)	5:20 p.m.	15 min	5:05 p.m.	5:00 p.m.	4:55 p.m.	3:55 p.m.
400m (w)	5:40 p.m.	15 min	5:25 p.m.	5:20 p.m.	5:15 p.m.	4:15 p.m.
400m (m)	6:00 p.m.	15 min	5:45 p.m.	5:40 p.m.	5:35 p.m.	4:35 p.m.
800m (w)	6:20 p.m.	15 min	6:05 p.m.	6:00 p.m.	5:55 p.m.	4:55 p.m.
800m (m)	6:35 p.m.	15 min	6:20 p.m.	6:15 p.m.	6:10 p.m.	5:10 p.m.
200m (w)	6:50 p.m.	15 min	6:35 p.m.	6:30 p.m.	6:25 p.m.	5:25 p.m.
200m (m)	7:05 p.m.	15 min	6:50 p.m.	6:45 p.m.	6:40 p.m.	5:40 p.m.
5000m (w)	7:20 p.m.	15 min	7:05 p.m.	7:00 p.m.	6:55 p.m.	5:55 p.m.
5000m (m)	7:45 p.m.	15 min	7:30 p.m.	7:25 p.m.	7:20 p.m.	6:20 p.m.
4 x 400 (w)	8:05 p.m.	20 min	7:45 p.m.	7:40 p.m.	7:35 p.m.	6:35 p.m.
4 x 400 (m)	8:25 p.m.	20 min	8:05 p.m.	8:00 p.m.	7:55 p.m.	6:55 p.m.

DMR (w)	8:45 p.m.	20 min	8:25 p.m.	8:20 p.m.	8:15 p.m.	7:15 p.m.
DMR (m)	9:00 p.m.	20 min	8:40 p.m.	8:35 p.m.	8:30 p.m.	7:30 p.m.

Saturday Field Events

Event	Start Time	Warm-up Begins / Time Allotted	Staging	Final Clerking	Check-in Closes	Check-in Opens
TJ (w)	11:00 a.m.	10:15 a.m. (45 min)	10:10 a.m.	10:05 a.m.	10:00 a.m.	9:00 a.m.
SP (w)	11:00 a.m.	10:15 a.m. (45 min)	10:10 a.m.	10:05 a.m.	10:00 a.m.	9:00 a.m.
HJ (w)	11:00 a.m.	10:00 a.m. (60 min)	9:55 a.m.	9:50 a.m.	9:45 a.m.	8:45 a.m.
TJ (m)	2:00 p.m.	1:15 p.m. (45 min)	1:10 p.m.	1:05 p.m.	1:00 p.m.	12:00 p.m.
SP (m)	3:15 p.m.	2:30 p.m. (45 min)	2:25 p.m.	2:20 p.m.	2:15 p.m.	1:15 p.m.

Saturday Track Events

Event	Start Time	Warm-up Begins / Time Allotted	Staging	Final Clerking	Check-in Closes	Check-in Opens
60H (m) Hept	10:00 a.m.	30 min	9:30 a.m.	9:25 a.m.	9:20 a.m.	8:20 a.m.
60mH (w)	1:45 p.m.	20 min	1:25 p.m.	1:20 p.m.	1:15 p.m.	12:15 p.m.
60mH (m)	1:55 p.m.	20 min	1:35 p.m.	1:30 p.m.	1:25 p.m.	12:25 p.m.
60m (w)	2:10 p.m.	15 min	1:55 p.m.	1:50 p.m.	1:45 p.m.	12:45 p.m.
60m (m)	2:20 p.m.	15 min	2:05 p.m.	2:00 p.m.	1:55 p.m.	12:55 p.m.
Mile (w)	3:05 p.m.	15 min	2:50 p.m.	2:45 p.m.	2:40 p.m.	1:40 p.m.
Mile (m)	3:15 p.m.	15 min	3:00 p.m.	2:55 p.m.	2:50 p.m.	1:50 p.m.
400m (w)	3:30 p.m.	15 min	3:15 p.m.	3:10 p.m.	3:05 p.m.	2:05 p.m.
400m (m)	3:40 p.m.	15 min	3:25 p.m.	3:20 p.m.	3:15 p.m.	2:15 p.m.
800m (w)	3:55 p.m.	15 min	3:40 p.m.	3:35 p.m.	3:30 p.m.	2:30 p.m.
800m (m)	4:05 p.m.	15 min	3:50 p.m.	3:45 p.m.	3:40 p.m.	2:40 p.m.
200m (w)	4:15 p.m.	15 min	4:00 p.m.	3:55 p.m.	3:50 p.m.	2:50 p.m.
200m (m)	4:25 p.m.	15 min	4:10 p.m.	4:05 p.m.	4:00 p.m.	3:00 p.m.
3000m (w)	4:40 p.m.	15 min	4:25 p.m.	4:20 p.m.	4:15 p.m.	3:15 p.m.
3000m (m)	4:55 p.m.	15 min	4:40 p.m.	4:35 p.m.	4:30 p.m.	3:30 p.m.
4 x 400 (w)	5:10 p.m.	20 min	4:50 p.m.	4:45 p.m.	4:40 p.m.	3:40 p.m.
4 x 400 (m)	5:25 p.m.	20 min	5:05 p.m.	5:00 p.m.	4:55 p.m.	3:55 p.m.