

PARTICIPANT 2023-24 MANUAL Regionals

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Introduction.



The NCAA Division III Cross Country Regional Championships Participant Manual is intended to serve as a guide to the policies and procedures of the 2023 NCAA Division III Cross Country Regional Championships. Included in this manual is information about the championship location, site, entry procedures, travel, lodging and reimbursement. Coaches are strongly encouraged to read the entire manual and make use of the coaches' checklist.

SECTION 2 - Host Personnel and Contact Information

Title	Name/Title/Email	Contact Numbers
Meet Director	Dr. Angel Mason	W: 706-236-1721
	Director of Athletics	C: 706-844-3388
		E: amason@berry.edu
Division III NCAA Site	Jonathan Morrow	W:
Representative	Head Coach-Marymount Univ.	C:
	jmorrow@marymount.edu	
NCAA Championships	Laura Peterson-Mlynski	C: 317-544-9425
Liaison	Championships and Alliances	E: lpeterson@ncaa.org
Media Coordinator	Dr. Angel Mason	W: 706-236-1721
	Director of Athletics	C: 706-844-3388
		E: amason@berry.edu
Head Athletic Trainer	Brandon Williamson	W: 706-368-6331
	Head Athletic Trainer	C: 706-455-5215
	blwilliamson@berry.edu	
Promotions/Marketing	Ronda Hancock	W: 706-368-6957
	Athletics Office Manager	C: 706-252-5151
	rhancock@berry.edu	
Facilities Coordinator	Shane West	W: 706-236-7798
	Asst Director of Compliance, Facilities,	C: 706-331-3240
	& Events	
Volunteer Coordinator	Luke Syverson	W: 706-368-6901
	Head Track & Field Coach	C: 706-506-6598
	lsyverson@berry.edu	
Hospitality Coordinator	Lydia Ulrich	W: 706-368-6938
	Assistant Track & Field Coach	C: 706-584-1235
	<u>lulrich@berry.edu</u>	

SECTION 3 - NCAA Division III Track and Field Committee

Division III Track and Field Committee and Staff Liaisons.

Region I (East)	Region II (Mideast)	
Joel Williams	David Nicholson	
Head M Cross Country/Track and Field Coach	Head Cross Country/Track and Field Coach	
Tufts University	Eastern Connecticut State University	
Term expires: September 2026	Term expires: September 2027	
Region III (Niagara)	Region IV (Mid-Atlantic)	
Jackie Nicholson	Jessica Cooper	
Director of Athletics	Director of Cross Country/Track & Field	
Rochester Institute of Technology	Grove City College	
Term expires: September 2027	Term expires: September 2025	
Region V (Metro)	Region VI (Great Lakes)	
Logan Stroman	Ayanna Tweedy	
Head Women's Cross Country/Track & Field Coach	Director of Athletics	
Widener University	Rose-Hulman University	
Term expires: September 2026	Term expires: September 2026	
Region VII (South)	Region VIII (North)	
Johnathan Morrow	Josh Henry	
Head Track and Field/Cross Country Coach	Head Men's Cross Country/Track & Field Coach	
Marymount University (Virginia)	Carthage College	
Term Expires: September 2024	Term expires: September 2027	
Region IX (Midwest)	Region X (West)	
Denise Udelhofen	Lauren Brownrigg	
Director of Athletics	Senior Woman Administrator	
Loras College	Pacific University (Oregon)	
Term expires: September 2027	Term expires: September 2026	

SECTION 4 - Championship Location and Competition Site

Competition Site.

Berry College is located at 2277 Martha Berry Hwy NW, Mount Berry GA 30149. The XC course is located on the main campus with start and finish line areas in the Hermann Hall Field immediately north of Hermann Hall. The 8k and 6k course has served as the Championship course for numerous SAA and NCAA Regional Championships and flows between three large fields between Deerfield Drive, Bertrand Way and Memorial Drive just west of the iconic Ford Buildings.

Competition Site Maps.

The men's and women's course maps are included as **Appendixes C and D**.

For additional information, please go to the host website located at the following link: http://berryvikings.com/.

Directions.

Berry College is located at 2277 Martha Berry Hwy NW, Mount Berry, GA 30149. Enter the campus through the Main Welcome Center Gate and take the second exit/right turn at the round about onto Deerfield Way. The Start and Finish line area (along with Clerking Tent, Team Tent Area, and Merchandise Tent) is located in the Hermann Hall Field on the North side of Deerfield Drive.

Locker Rooms.

Locker Rooms will not be provided. Due to other athletic events being contested on campus on Saturday, November 11th, on campus shower facilities will not be available.

Parking / Admission.

Parking/admission to the regional cross country meet is free.

Spectator Parking will be in the Hermann Hall (#2 on Berry Campus Map) and McAllister Hall (#30 on Berry Campus Map) parking lots. Team Buses can drop off teams along Deerfield Way but then must proceed to the large parking lot next to the Baseball field behind the Ford Buildings.

SECTION 5 – Entry Procedures and Championship Format

Entry Procedures.

Entry Forms. Only the 10 student-athletes listed on the entry form may compete in the regional championship meet. Coaches will be able to change the 10 student-athletes on the entry form should the team qualify for the national championships. (See the <u>Pre-Championships Manual</u> for guidelines.)

Online entries will be available on DirectAthletics at 8 a.m. Eastern time beginning Monday, October 23 at 8 a.m. Eastern time. Coaches must submit the forms ONLINE by 11:59 p.m. Eastern time, Sunday, November 5. Institutions submitting late entries are subject to a fine of \$400 per gender. The deadline for late regional entries is 5 p.m. Eastern Time, Tues. Nov. 7. Any exceptions to the roster policy will only be considered in extraordinary circumstances and should be addressed in writing to the Track and Field and Cross Country Committee and NCAA championship manager, Laura Peterson-Mlynski (lpeterson@ncaa.org). Each institution should print a copy of its entry forms to hand-carry to the regional should any issues arise.

The qualifying finish of teams and individuals at the regional meets will constitute entry into the national meet. After the regional championships, coaches will have until 9 p.m. Eastern standard time the Sunday prior to nationals to make changes to their roster for the national championship on Direct Athletics. The system will shut down at 9 p.m. Eastern time sharp so please give yourself enough time to make the necessary changes to your rosters. NEW in 2023: If there are no changes to the 10 student-athletes on the entry form after regionals NO ACTION IS REQUIRED to declare for

the national championships. Any exceptions to the roster policy will only be considered in extraordinary circumstances and should be addressed in writing to the committee and NCAA championship manager.

Administrative Meeting.

The NCAA site representative and meet director will conduct a **mandatory VIRTUAL** administrative meeting Wednesday, Nov. 8 at 11 a.m. local time. It is **mandatory** that each institution is represented at the meeting. An institution missing the meeting will be assessed a \$200 fine per gender unless prior arrangements have been made with the NCAA liaison (Laura Peterson-Mlynski, lpeterson@ncaa.org) at least 48 hours prior to the meeting.

Final Declaration - Clerking and Check-In Procedure.

FINAL DECLARATION AND CHECK-IN: The head coach of each institution will be allowed to complete the check-in process on behalf of their team and/or student-athlete(s). Coaches will be required to ensure student-athletes comply with all uniform and logo requirements as well as ensuring their student-athletes report to the starting line not only wearing their hip numbers, bibs and chips, but wearing the proper hip numbers, bibs and chips. Uniform and logo rules contained in Rule 22-3 of the NCAA Cross Country/Track and Field Rule Book and Bylaw 12.5.4 in the NCAA Manual shall apply. Failure to comply with these championship policies and the requirements surrounding uniform and logo rules may result in disqualification.

Coaches must check-in their student-athletes with the clerks at the assigned clerking location up to 80 minutes prior to the start of their race. Coaches are encouraged to check-in as soon as possible, but not later than 20 minutes prior to the race. Check-in will **NOT** be allowed at the start line and coaches must check-in all teams/student-athletes at the assigned clerking location. Again, be reminded that if an institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of hip numbers, chips and bibs), those additional hip numbers, chips and bibs **must** be returned to meet management, in the clerking area, no later than 20 minutes prior to the start of each respective race.

Please note that teams and/or individuals that are checked-in late and not in accordance with the times outlined in this manual will jeopardize participation in their race, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

SQUAD SIZE: Teams are limited to a maximum of seven (7) competitors. A team running more than seven will be disqualified and the action will be considered misconduct. Institutions entering <u>five to seven</u> runners in the meet must compete as a team. If fewer than five competitors run, they will compete as individuals.

Packet Pick-Up.

Packets will be available Friday, Nov. 10, from 1pm to 4pm located in the large (20'x30') white clerking tent next to the team tent area between the start and finish line.

Course maps and descriptions will also be available and host representatives will be there to answer any questions on the course.

NCAA Regional Merchandise will be sold both Friday (11am-4pm) and Saturday (9am-1pm) in the 20x20' White Tent near the Finish Line area and the Team Tent area. Only Credit Card payments will be accepted.

Practice Schedule.

Practice access to the course is limited to Friday and the day of the competition, weather permitting. Practice will be from 10am-5 p.m. Friday, Nov. 10. The course will be open 1 hour before the start of the first scheduled race on Saturday morning and close 15min before the start of the first race.

**Please call/text 706-506-6598 (Coach Syverson Cell) or check the Berry XC/T&F Twitter feed (@BerryXCTF) for severe weather updates on race day if needed.

Finish-Line Procedures.

Details on the timing chips and championship bibs are located in **Appendix** \underline{A} .

The order of finish will be verified. Two cameras will be on each of the finish line mats. A secondary video system will be used as a backup. Timing mats may be used on the course at select marks. Men's and women's splits and team scores may be collected and displayed in the final results. While student-athletes may run over mats at other locations, splits may only be taken at the designated locations.

Runners should continue racing past both sets of mats at the finish line. Once they have crossed the mats, runners should continue to move through the finish chute to their designated box for retrieval of their warm up apparel. Runners need not maintain their order of finish in the chute. Water and athletic trainers will be available at the end of the finish chute. Coaches can wait for runners outside of the finish chute.

Results.

Coaches can pick up a copy of results at the White 10'x10' Protest Tent near the finish line. Official results will also be posted on the host website in a printable format.

Protests.

A protest/appeals table will be in the white 10x10' Canopy by the coaches' only results area. Forms will be available in the Protest Tent for the head coach to provide information about the alleged incident or problem, citing the NCAA rulebook. The head referee's ruling and explanation will be posted along with the results of the race. The 15-minute protest period does not begin until the last race's results are posted. The protest fee is \$100.

Medical.

The following information pertains to athletic training and medical coverage for the championships:

- The medical tent on-site will be open from 1pm until 4pm Friday, Nov. 10 and will be supplied with ice and water. From 9am until 1pm Saturday, Nov. 11, the tent will be supplied with muscle stim, ultrasound, combination stim/US, hot packs and ice.
- Athletic trainers will be available Friday in the Ford Athletic training room. Saturday, athletic trainers will only be available in the medical tent on the course. In addition, physicians, EMTs and ambulance services, will be on-site Saturday.
- Student-athletes needing treatments race day should go to the medical tent on-site. Treatments will be performed from 1pm until 4pm p.m. Friday, Nov. 10 in the Ford Athletic training room. Each team is responsible for bringing a fully-stocked medical kit along with insurance and emergency contact information. Student-athletes needing treatment Saturday, Nov. 11 must schedule an appointment with the Berry College sports medicine staff.
- Any student-athlete needing modalities must have a signed letter from their certified athletic trainer or team physician stating the parameters of the treatment to be rendered.

Athletic Training Contact Information.			
Brandon Williamson, Head Athletic Trainer	Office	706-368-6331	
	Cell	706-455-5212	
Victoria Yatko, Assistant Athletic Trainier	Cell	570-815-4586	

Weather Policy.

For the safety of all spectators, student-athletes, officials and coaches, the following will be used in case of severe weather (e.g., cold temperatures and/or heavy snow):

- 1. The meet director and NCAA site representative will monitor the weather during the week and morning of the regional championships.
- 2. The BerryXCTF Twitter page will be the source for information on delays and/or postponement to the following day. The host will post at that site alerting coaches of different start times or a delay in course inspection times due to inclement weather. The Twitter feed is @BerryXCTF Coaches may also text 706-506-6598 (Coach Luke Syverson Cell) for any questions regarding delays or time adjustments.
- 3. The games committee will determine whether the start of the meet should be delayed or if the meet should be postponed until the following day. All consideration should be taken in regard to the policies toward Sunday competition for each institution.
- 4. If the race has already begun and would have to be suspended in the middle of the competition, the track and field and cross country committee would recommend the following:
 - a. **Women's 6,000 Meter.** If competition is suspended before the 2,000-meter mark, you may run the same day with a two-hour delay. If competition is suspended after 2,000 meters we would recommend postponement until the next day.
 - b. **Men's 8,000 Meter.** If competition is suspended before the 3,000-meter mark, you may run the same day with a two-hour delay. If competition is suspended after 3,000 meters we would recommend postponement until the next day.
- ** Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The games committee reserves the right to make changes to the above policies and schedules as they see fit.

Drug Testing.

NCAA championships committees, following a recommendation from the NCAA drugtesting subcommittee, have discontinued the practice of announcing whether drug testing will be conducted at NCAA championships events.

Although knowing before competition whether NCAA drug testing was to occur had value for reasons of convenience, it left open the possibility that student-athletes might be tempted to use banned substances if they knew that NCAA testing was not being conducted at the site of competition.

Therefore, all coaches and student-athletes should presume that postevent NCAA drug testing will occur at this regional championships event. Please inform your student-athletes

that in the event they are notified of their selection for drug-testing, the student-athlete must inform an official representative of your institution (e.g., coach, athletic trainer) before proceeding to the drug-testing site. At individual championships, drug-testing couriers will be instructed to remind selected student-athletes of such.

Uniforms.

In all events and award ceremonies, competitors must wear the proper uniform (warm-ups included) of the institution they represent in the regional championships.

Uniforms for all cross country team members must meet the following criteria: (1) school issued; if they are singlets, they must be identical; (2) pants may be of any length but must have identical color; (3) visible undergarments must be of an identical solid color; and (4) other visible garments useful in team recognition (that is, T-shirts, arm-warmers, tights of any length, leg-warmers, each taken separately) worn by team members must be of an identical color. This does not apply to items of apparel above the shoulder or those covering the hands/feet. Uniforms must be clean and of a material and design so as not to be objectionable.

Bare midriff tops are not acceptable. (Note: The uniform top must meet or hang below the waistband when the competitor is standing.)

Uniforms must allow for competitors' numbers to be placed above the waist (front and back).

Logo Policy.

The provisions of NCAA Bylaw 12.5.3 indicate that an institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, and towels) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 1/4-square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, and parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restrictions.

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2 1/4-square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete's institution.

These restrictions apply to all apparel worn by student-athletes, and any and all credentialed personnel in the bench area during the conduct of competition, which includes any practices and pregame or postgame activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff. Non-compliance with this legislation could result in loss of eligibility, forfeiture of points earned by those ineligible student-athletes and adjustment of team standings.

Gameday the DIII Way.

Division III promotes an atmosphere that is a respectful and engaging educational environment through athletics, for everyone through Gameday the DIII Way. Gameday the DIII Way establishes an expectation for championship hosts, coaches, student-athletes and spectators to focus on the common standards of safety, responsiveness, dignity and experience while participating or attending a championship event. We ask that each participant and attendee be personally accountable for their actions and do their part to ensure this event is a positive reflection of Gameday the DIII Way.

Misconduct.

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring incident to, en route to, from or at the locale of the competition or practice that discredits the event or intercollegiate athletics.

Criticism of Officials.

Members of the coaching staff or other representatives of participating institutions or conferences shall not make public statements critical of officiating in any NCAA championship event. Failure to comply with this policy may subject the individual, institution or conference to the misconduct provisions of Bylaw 31.1.8.

Misconduct Incident to Competition.

If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between races) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the

hearing after this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

SECTION 6 - Squad Size

Squad Size.

Teams are limited to a maximum of seven competitors. Institutions entering <u>five to seven</u> runners in the meet must compete as a team. If fewer than five competitors run, student-athletes will compete as individuals.

SECTION 7 –Awards

Awards.

After the conclusion of the regional meet the top team per gender will be recognized in a brief awards ceremony as automatic qualifier to the 2023 Division III Cross Country Championship.

Awards Ceremony.

The awards ceremony will be held at approx. 1:30 p.m. at the main awards stage near the log cabin.

SECTION 8– Host City Spectator Information

Websites.

Please see the following websites for spectator and venue information: www.berryvikings.com and <a

Tickets.

The cost of admission to the regional championship is free.

Live Streaming

The Southern Regional will be live steamed. The general link will be, www.berryvikings.com/watch.

Parking.

Spectator parking is located within the McAllister Hall Science Building parking lot. Additional spectator parking is located behind and on South and East side of the Ford Buildings near the Soccer and Baseball Fields.

SECTION 9 – Championships Operations

Emergency / * Evacuation Plan.

*See Appendix E for an emergency/evacuation plan for the regionals.

Lightning Policy. The purpose of this lightning policy is to provide a uniform code of procedures to follow during weather where the risk of lightning strike is high. This is done to protect the health and wellbeing of the student-athletes.

Ceasing Activity. The NCAA has made arrangements through Schneider Electric to provide a lightning-detection and weather-monitoring system. Weather will be monitored electronically. In case there are issues with the Schneider Electric weather monitoring system, the SkyScan Lightning Detector (portable, electronic) and Internet Doppler radar will be used.

The primary method of communication, in case of inclement weather, will be through the public address announcer. The PA announcer will inform all teams, fans and spectators to seek shelter immediately.

Flash-to-Bang Method. The flash-to-bang method will also be used as a visual reference.

Shelter Locations.

Teams are to shelter in Ford Gymnasium or their team bus/van.

Spectators are the shelter in their personal vehicles.

Appendix A – Chips/Bibs Special Instructions

COACHES

All coaches will receive bib numbers and chips for each participant as part of the packet obtained during packet pick-up from 3pm to 5pm Friday, Nov. 10 Each packet will contain the following:

- Two championship bibs for each participant, which should be pinned on the front and back of the participant's singlet.
- Sixteen safety pins.
- Timing chip(s).

RUNNERS AND COACHES

Participants must wear timing chips and bibs in order to receive finishing time and place. The Finish Lynx system will record times and places; however, all close finishes will be verified by Lynx cameras, so bibs MUST be worn.

Attaching Timing Chips. Each participant will receive timing chips in his or her packet. Participants should attach their chips to the front of their shoes by threading their shoelaces through two holes in the chip and then retie their shoelaces. Please do not flatten out the chips. If they are flattened out, they will not read. Participants should ensure that chips are centered on their shoes.

After the end of the races, the student-athletes can keep their timing chips as part of their championship experience.

Appendix B - Schedule of Events

(All Times are local – EST)

Wednesday, Nov. 8

11 a.m EST. MANDATORY Virtual Coaches' Meeting

Friday, Nov. 10

10am-5pm. Course inspection/practice.

1-4 p.m. Packet pickup.

Large White Clerking Tent inside of Team Tent Area near finish line

1-4 p.m. Merchandise Tent Open

20x20' White Canopy next to Clerking Tent

Saturday, Nov. 11

9 a.m. **Course opens.**

9:40 a.m. Clerking begins.

MEN: Clerking time period is from 9:40 to 10:40 a.m. WOMEN: may begin clerking up until 11:40 a.m.

10:30 a.m. First gun fired (30 minutes to start of men's race)

10:35 a.m. **National Anthem.**

10:40 a.m. Second gun fired (20 minutes to start).

Men's competitors must report to assigned boxes. Clerking process is completed for men's race. Women's clerking remains open until 11:40 a.m.

10:50 a.m. Third gun fired (10 minutes to start).

11 a.m. Men's 8,000-meter championship race.

11:30 a.m. First gun fired (30 minutes to start of women's race).

11:40 a.m. Second gun fired (20 minutes to start).

Women's competitors must report to assigned boxes. Clerking process is completed for women's race.

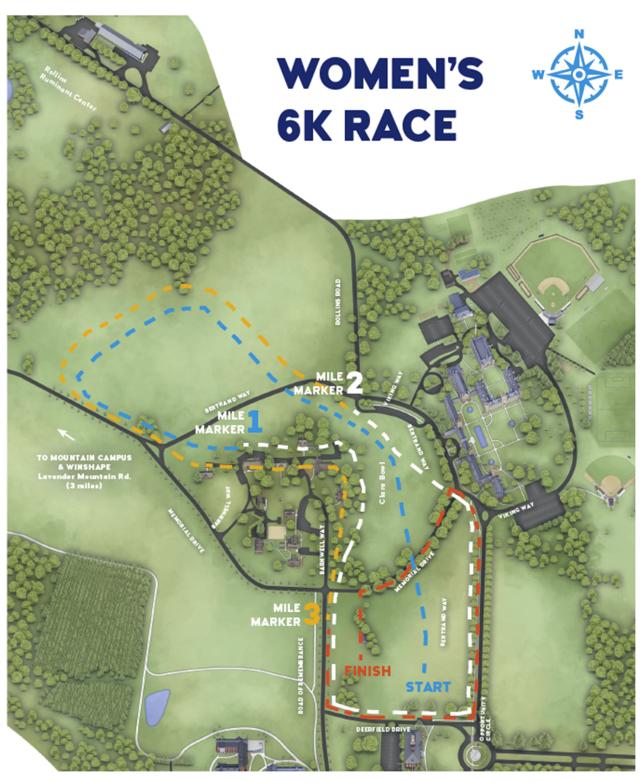
11:50 a.m. Third gun fired (10 minutes to start).

12 p.m. Women's 6,000-meter championship race.

1:30 p.m. Awards ceremony.

Appendix C – Women's 6,000 Meter Course Map

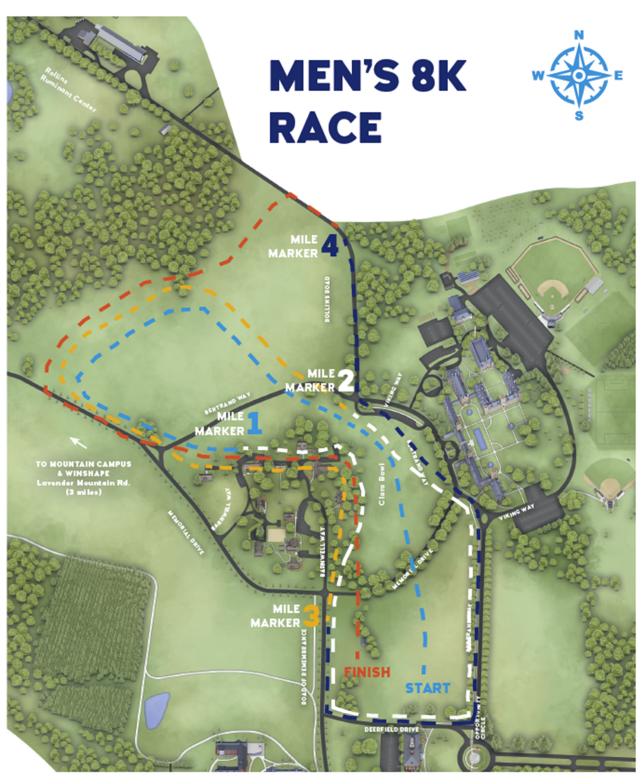
http://berryvikings.com/documents/2023/5/4/Cross Country 8K and 6K course maps.pdf





Appendix D - Men's 8,000 Meter Course Map

http://berryvikings.com/documents/2023/5/4/Cross Country 8K and 6K course maps.pdf





Appendix E - Emergency Action Plan: Clara Bowl Field/XC

- I. Emergency Personnel
- A. A First Aid/CPR/AED certified member of the coaching staff will be available for all practices.
 - B. A Certified Athletic Trainer will be, at a minimum, on-call or at practice.
- C. A Certified Athletic Trainer and EMS will be on-site for any cross-country events hosted by Berry College Athletics.
- C. Additional sports medicine staff may be accessible from The Cage Center Athletic Training Room (Cage Room 205) during posted work hours.
- D. Other personnel may also include student workers, coaches, managers, emergency medical technicians, and possibly bystanders.
- II. Emergency Communication
- A. A fixed telephone line is located in the emergency call box on the east side of the Ford buildings. It is located in the parking lot beside the baseball field. It has a blue light on top for easy identification.
- B. Cellular phones will be the preferred method used by emergency personnel if available.
- C. Additional fixed land lines are located in the guest cottages or Ford buildings but would require a key to open.
- III. Emergency Equipment
 - A. Practice
 - -The supervising sports medicine department personnel should ensure appropriate supplies are on-site. A first aid kit will be supplied at the request of the supervising athletic department personnel. An AED will be on site or within the Ford athletic complex.
 - B. Event
- -The Certified Athletic Trainer should ensure appropriate supplies are onsite including a first aid kit, crutches, and splint. Additional supplies are available in the Cage Center Athletic Training Room (room 205) or Ford Athletic Training Room. An AED will be on site or within the Ford athletic complex.
- *IV.* Role of the initial caregiver (Certified Athletic Trainer, coach, or sponsor)
 - A. Immediate care for the injured or ill student-athlete.
- B. Designate someone for emergency equipment retrieval (coach, student worker, student athlete, or bystander).
 - C. Activate emergency medical system (Campus safety); call 706-236-2262
 - 1. Provide name, address, and phone number
 - 2. Number of individuals injured
 - 3. Condition of the injured
 - 4. Care being given to the injured
 - 5. Specific Directions
 - 6. Other information as requested
- D. Designate someone to direct EMS to the scene. All EMS personnel should meet campus safety at the gatehouse to be escorted by campus police to the site. For Clara

Bowl Field, the designated person should meet EMS personnel and Campus Safety in the grass between Vikings Way and Rollins Road. The designated person will lead Campus Safety and EMS to the area of need on the course.

- 1. Open appropriate gates or unlock appropriate doors if needed.
- 2. Direct EMS to the scene.
- $3. \, \text{Scene}$ control: limit scene to first-aid providers and move

bystanders

away from area.

V. Location

Clara Bowl Field is located on the main campus of Berry College near northwest side of the Ford Buildings.

VI. Emergency Phone Numbers

Welcome Center/Campus Safety: 706-236-2262

Atrium Health Floyd Hospital: 911

Health and Wellness Center: 706-236-2267

Brandon Williamson Head Athletic Trainer: (706) 455-5212 – only call this number in the event of a Berry College Intercollegiate Athletic event

 $\label{thm:college} \mbox{Victoria Yatko: (570) } 815\text{-}4586 - \mbox{only call this number in the event of a Berry College Intercollegiate Athletic event}$

** Call Campus Safety and let them notify 911. If for some reason Campus Safety does not answer, call 911 yourself and notify Campus Safety ASAP. **

Appendix F – Coaches' Checklist

Make hotel reservations and provide hotel with your team's rooming list.
Read and understand the <u>medical</u> section of this manual and act if needed.
Read and understand the <u>weather</u> , <u>drug-testing</u> , <u>uniforms</u> and, <u>logo</u> and <u>misconduct</u> policies.
Make any desired roster changes for national championships on DirectAthletics no later than 11:59 p.m. Nov. 12. If no changes to the roster NO ACTION IS REQUIRED to be considered for selection to the national championships.
Post Championship
Complete the championship evaluations survey. You will receive a link to the survey in an e-mail after the championships. All responses are confidential and used to enhance future championships.