

2023 Division III Cross Country Regionals

November 11

Region I/East

Host: Suffolk University

Site: Franklin Park – Boston, Massachusetts

Meet Director: William Feldman, wpfeldman@suffolk.edu, 413-695-7000

Region II/Mideast

Host: Westfield State University

Site: Stanley Park – Westfield, Massachusetts

Meet Director: Marlee Berg-Haryasz, mbergharyasz@westfield.ma.edu, 413-572-5633

Region III/Niagara

Host: Houghton University

Site: Field of Dream XC Course – Houghton, New York

Meet Director: Patrick Hager, Patrick.hager@houghton.edu; 585-567-9369

Region IV/Mid-Atlantic

Host: Susquehanna University

Site: West Branch Cross Country Course – Lock Haven, Pennsylvania

Meet Director: Ethan Senecal, senecal@susqu.edu, 585-319-1514

Region V/Metro

Host: Rowan University

Site: Dream Park – Logan Township, New Jersey

Meet Director: Dustin Dimit, dimit@rowan.edu, 856-265-5804

Region VI/Great Lakes

Host: John Carroll University

Site: Silver Creek Metro Park – Norton, Ohio

Meet Director: Kyle Basista, kbasista@jcu.edu, 330-428-4553

Region VII/South

Host: Berry College

Site: Berry College Clara Bowl – Mount Berry, Georgia

Meet Director: Dr. Angel Mason, amason@berry.edu, 706-236-1721

Region VIII/North

Host: University of Wisconsin, Eau Claire

Site: Whitetail Golf Course – Colfax, Wisconsin

Meet Director: Chip Schneider, schnechi@uwec.edu, 715-836-5016

Region IX/Midwest

Host: Wartburg College

Site: Max XC Course – Waverly, Iowa

Meet Director: Ryan Callahan, ryan.callahan@wartburg.edu, 319-352-8534

Region X/West

Host: University of La Verne

Site: Riverside City Course – La Verne, California

Meet Director: Jamie Norton, jnorton2@laverne.edu, 978-732-4009

2023 Division III Cross Country Championships

November 18

Host: Dickinson College

Site: Big Spring High School – Newville, Pennsylvania

Meet Director: Don Nichter, nichter@dickinson.edu, 717-245-1365

Important Dates

Regionals and Nationals

The Division III online entry form should be made available by 8 a.m. Eastern time, Monday, October 23.

Regional entries are due via the Direct Athletics system by 5 p.m. Eastern Sunday, Nov. 5.

Entries received after the deadline and up until 5 p.m. Eastern Tuesday, Nov. 7, will be considered late entries and must be approved by the Track and Field and Cross-Country Committee. A late fine will be assessed \$400 per team/gender.

No entries will be received after this deadline. – Nov. 7 at 5 p.m.

Each regional host will post preliminary entry lists on their respective regional websites by noon Eastern Wednesday, Nov. 8.

National championships field posted on NCAA.com by 3 p.m. Eastern Sunday, Nov. 12.