



2023 DIVISION III
CROSS COUNTRY
CHAMPIONSHIPS

PRE-CHAMPIONSHIPS
2023-24 MANUAL

NCAA General Administrative Guidelines

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THE NATIONAL COLLEGIATE ATHLETIC ASSOCIATION

P.O. Box 6222

Indianapolis, Indiana 46206-6222

317-917-6222

ncaa.org

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Section 1 • Introduction

During the 2023-24 academic year, the Association will sponsor 90 national championships – 42 for men, 45 for women and three for both men and women. Of the men’s championships, three are National Collegiate Championships, 13 are Division I championships, 12 are Division II championships and 14 are Division III championships. Of the women’s championships, six are National Collegiate Championships, 12 are Division I championships, 13 are Division II championships and 14 are Division III championships. The combined men’s and women’s championships are National Collegiate Championships.

The Pre-Championship Manual will serve as a resource for institutions to prepare for the championship. This manual is divided into three sections: General Administrative Guidelines, Sport-Specific Information and Appendixes.

Sections one through nine apply to policies applicable to all 90 championships, while the remaining sections are sport specific.

Section 1.1 Definitions

Pre-championship Manual. Resource for institutions to prepare for the championship.

Administrative Meeting. Pre-championship meeting for coaches and/or administrators.

Appendixes. Any supplemental documents to be provided and distributed through the various resources.

Championship Manager. The NCAA staff member(s) responsible for the operational oversight of the championship.

Games Committee. The committee assigned to supervise the conduct of each championship session at a specific site. For finals sites, the games committee is typically the NCAA national committee.

NCAA National Committee. The sport committee with direct oversight responsibilities for the championship.

Non-predetermined Sites. Those sites that are selected to host at the time of the participant/team selections announcement.

Playing Rules. The rules under which the competition will be conducted.

Predetermined Sites. Those sites that are selected to host before the participant/team selections announcement.

Preliminary Rounds. The rounds of the championship before the final or championship round.

Regional Alignment. The geographic location of institutions or regional advisory committees.

Schedule of Events. Official event schedule – includes all required activities (e.g., practices, banquets, etc.).

Selection Criteria. Policies and procedures in place to guide the team selection process.

Site Selection Criteria. Policies and procedures in place to guide the site selection process.

Squad Size. In any championship in which a squad limit has been established by the governing sport committee or by the bylaws, the number of eligible student-athletes in competitive uniform at the start of competition.

Tournament Physician. The physician designated by the host institution/conference to serve as the chief medical advisor for the championship event(s) to be hosted at the host venue.

Section 2 • Championship Core Statement

The championships and alliances staff strives to administer competition in a fair, safe, equitable and sportsmanlike manner so that the experience of the student-athlete is paramount.

This is attained by:

Ensuring student-athletes’ optimal experience.

Executing championship events reflecting appropriate quality and values to/for stakeholders – student-athletes, coaches, administrators, member institutions, sport committees, fans, broadcast partners and corporate champions/partners.

Coordinating all aspects of the championship in an efficient, effective manner through common operating policies and practices, using internal and external resources.

Integrating championships with broadcast and corporate relationships in a manner that maintains the integrity of the championship.

Assuring effective management of the business aspects of the operation.

Enhancing the assets of the NCAA and their value by collaborating with internal and external expertise to achieve heightened exposure (e.g., community programs, fan events, banquets, anniversaries).

Section 3 • Conduct

Section 3•1 Certification of Eligibility/Availability

[Reference: Certification of Eligibility/Availability in Bylaws 12, 13, 14, 15, 16, 20.2.4, 31.2.1.7.1, 31.2.1.7.1.2 and 31.2.2 in the NCAA Division I Manual, Bylaws 7.3.1.5 and 18.2.1.1 in the NCAA Division II Manual and Division II Championships Committee Policy and Bylaws 31.2.1.5, 31.2.1.5.2, and 31.2.2 in the NCAA Division III Manual.]

Only student-athletes eligible under Bylaws 12, 13, 14, 15 and 16 may compete in NCAA championships. Member institutions are required to certify the eligibility of their student-athletes before the beginning of each academic year and to withhold ineligible student-athletes from all intercollegiate competition.

Member institutions are reminded to notify the NCAA national office before the selection date for each championship of any student-athlete who may have participated in regular-season competition but subsequently is determined to be ineligible or unavailable for NCAA championship competition.

DISCOVERY OF INELIGIBILITY OF A STUDENT-ATHLETE AFTER SELECTION

If an institution fails to report an ineligible student-athlete and the omission is not discovered until after the institution is selected to participate in the championship, necessitating the institution's withdrawal from the championship, that withdrawal shall be considered as one of the years of ineligibility, provided another institution participates in the championship in place of the disqualified institution. If the discovery of the ineligible student-athlete occurs so near the beginning of the championship that the governing sport committee does not have a reasonable period of time to replace the disqualified institution in the bracket, that fact shall be taken into consideration in determining the number of years the disqualified institution shall be ineligible to participate.

Section 3•2 Drug Testing

As part of preparation and planning to participate in championship events, member institutions are reminded and encouraged to review all applicable policy and legislative requirements pertaining to banned substances, drug testing and related eligibility requirements with their student-athletes. Student-athletes who compete in NCAA championships may be subjected to drug tests in accordance with legislation and may be determined to be ineligible as a result thereof. Only student-athletes who have consented in writing to such testing are initially eligible for these championships; and thereafter, student-athletes who are tested shall remain eligible only if they test negative.

Section 3•3 Honesty and Sportsmanship

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics and all participating student-athletes shall act with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they, as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

Section 3•4 Misconduct/Failure to Adhere to Policies

MISCONDUCT

Misconduct in an NCAA championship is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship, that discredits the event or intercollegiate athletics. Each games committee shall hold an administrative meeting with the representatives of participating institutions to review and explain the policies related to misconduct.

FAILURE TO ADHERE TO POLICIES AND PROCEDURES

A governing sport committee may assess a financial penalty against an institution for failure of any of its representatives to adhere to the policies and procedures governing the administration of the competition. This includes, but is not limited to, failure to comply with the procedures and deadlines for submitting scores, score sheets, schedules, rosters and entry/march-in forms for qualification and other materials necessary for the efficient administration of the competition.

[Click here](#) to see the full misconduct/failure to adhere to policies and procedures online.

Section 3•5 Sports Wagering Policy

Sports wagering includes placing, accepting or soliciting a wager (on a staff member's or student-athlete's own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; internet sports wagering; mobile betting; auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues in which an entry fee is required and there is an opportunity to win a prize.

The current NCAA legislation against sports wagering prohibits NCAA student-athletes, member institutions' athletics staff and non-athletics staff with athletics responsibilities, and conference office staff from participating in sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics practice or competition in a sport in which the NCAA conducts championship competition, in bowl subdivision football and in emerging sports for women.

A wager is any agreement in which an individual or entity agrees to give up an item of value (e.g., cash, shirt, dinner) in exchange for the possibility of gaining another item of value.

STUDENT-ATHLETES

A student-athlete found in violation of the prohibition against knowingly participating in any sports wagering activities or providing information to individuals involved in or associated with any type of sports wagering activity that involves intercollegiate, amateur or professional athletics competition shall be ineligible for further intercollegiate competition, subject to appeal to the Committee on Student-Athlete Reinstatement for restoration of eligibility.

POSTSEASON

In championships in which a bracket format is used, student-athletes, coaches and administrators may not participate in bracket competitions where there is both a required entry fee and an opportunity to win a prize. Student-athletes and administrators may participate under current NCAA rules in bracket contests where there is no entry fee but a possibility of winning a prize. Some NCAA member schools, however, have chosen to ban student-athletes from participating in these types of bracket contests.

HOSTING OPPORTUNITIES

It is permissible for NCAA championships to be conducted at locations in states that permit sports wagering.

Section 3•6 Student-Athlete Experience Survey

During the NCAA championships, the student-athlete experience is paramount. NCAA staff and hosts dedicate themselves to planning the best experiences for all involved. As part of our commitment to getting better, following the championship, participants will receive a survey to provide feedback on their experience and input on how championships

can be improved for future NCAA student-athletes. Institutional administrators and coaches will receive an email containing a link to the survey and will be asked to forward the survey to student-athletes. Additionally, this survey will be accessible via QR code found on the back of NCAA-issued championship credentials.

We also understand that sometimes certain circumstances or conditions occurring during the events may require real-time consideration. When this is the case, student-athletes may reach out to their site representative or NCAA national office staff on-site.

Section 4 • Elite 90™ Award

The Elite 90 award was created to recognize the true essence of student-athletes by honoring individuals who have reached the pinnacle of competition at the national championship level in their sport, while also achieving the highest academic standard among their peers. The award is presented in every sport, every division, and goes to the student-athlete who has the highest cumulative grade-point average of all student-athletes competing at the finals site. One student-athlete per championship will receive the award, and the announcement of the winner will be made at the finals site.

Institutions that wish to nominate a student-athlete must do so through an online nomination process. For more information or to access the online form and submit a nomination, [click here](#).

Section 5 • Fan Travel

Through support from Marriott International as the Official Hotel Partner of the NCAA, NCAA championships are pleased to provide easy and affordable accommodations for family and fans to follow their favorite student-athlete(s) and team(s) as they participate in NCAA championships competition. Travel arrangements completed through Marriott and NCAA Travel help support NCAA student-athletes. Please direct your fans to [NCAA.com/travel](https://www.ncaa.com/travel) to search and book online hotel reservations.

Section 6 • Health and Safety

As part of preparation and planning to host and/or participate in championship events, member institutions are reminded and encouraged to review all applicable health and safety policy and legislative requirements and guidance including, among others, those relating to concussion management, catastrophic injury prevention, inclement weather and independent medical care. These requirements and related information can be found in applicable division manuals, sports playing rules and the materials located on the [NCAA Sport Science Institute website](#). In addition, a summary of some of the key health and safety considerations related to traveling to championship events can be found in the [NCAA's Guidance for Medical Care and Coverage for Student-Athletes at Away Events](#).

Section 7 • Logo Policy

[Reference: Bylaws 12.5.4, 31.1.7 and 31.1.8 in the NCAA Division I Manual, Bylaw 12.5.4 in the NCAA Division II Manual and Bylaw 12.5.3 in the NCAA Division III Manual .]

A student-athlete may use athletics equipment or wear athletics apparel that bears the trademark or logo of an athletics equipment or apparel manufacturer or distributor in athletics competition and pre- and postgame activities (e.g., celebrations on the court, pre- or postgame press conferences), provided the following criteria are met:

1. Athletics equipment (e.g., shoes, helmets, baseball bats and gloves, batting or golf gloves, hockey and lacrosse sticks, goggles and skis) shall bear only the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public; and

GENERAL ADMINISTRATIVE GUIDELINES

2. The student-athlete's institution's official uniform (including numbered racing bibs and warmups) and all other items of apparel (e.g., socks, head bands, T-shirts, wrist bands, visors or hats, swim caps and towels) shall bear only a single manufacturer's or distributor's normal label or trademark (regardless of the visibility of the label or trademark), not to exceed 2-1/4 square inches in area (rectangle, square, parallelogram) including any additional material (e.g., patch) surrounding the normal trademark or logo. The student-athlete's institution's official uniform and all other items of apparel shall not bear a design element similar to the manufacturer's trademark/logo that is in addition to another trademark/logo that is contrary to the size restriction.

Section 8 • Research

In order to avoid inappropriate and unnecessary participant distraction and disruption of championship events, it is expected any data collection or other research efforts conducted at or during championship events will be coordinated through the national office, with notice and a description of any research proposal to be submitted to the NCAA research staff at least six weeks before the championships event begins.

Section 9 • Travel Party

Please refer to the NCAA travel policies for all information regarding transportation and per diem expenses. NCAA Travel policies are updated annually and can be found online [here](#). Please reference Appendix A of the travel policies for reimbursable travel party numbers. The travel policies supersede all other documents.

Section 10 • Division III

Section 10•1 Division III Philosophy

The Division III championships philosophy is to field the most competitive teams within a regular-season philosophy that emphasizes regional competition and minimizes missed class time; and to provide representation in NCAA championship competition by allocating berths to eligible conferences, independent institutions and at-large teams.

Section 10•2 Commencement Conflicts

[Reference: Bylaw 31.1.4.5 in the NCAA Division III Manual.]

If an institution's commencement conflicts with participation in the championship, it shall inform the NCAA championship manager in writing one week before the selection date for the governing sport committee to consider an accommodation and a change to the championship schedule.

The following guidelines apply to commencement requests:

- Applies to team sports only.
- The governing sport committee, in consultation with participating institutions, may reschedule the game on the nearest possible date.
- Does not apply to predetermined finals sites.
- The governing sport committee shall make a good-faith effort to accommodate participating institutions in non-predetermined preliminary-round contests with multiple teams participating at the same site.

Section 10•3 Gameday the DIII Way

Division III promotes an atmosphere that is a respectful and engaging educational environment through athletics, for everyone through Gameday the DIII Way. Gameday the DIII Way establishes an expectation for championship hosts, coaches, student-athletes and spectators to focus on the common standards of safety, responsiveness, dignity and experience while participating or attending a championship event. We ask that each participant and attendee be personally accountable for their actions and do their part to ensure this event is a positive reflection of Gameday the DIII Way.

Section 10•4 Religious Conflicts

[Reference: Bylaws 31.1.4.1 and 31.1.4.2 in the NCAA Division III Manual.]

Institutional Policy. If a participating institution has a written policy against competition on a particular day for religious reasons, it shall inform the NCAA national office before May 1 of the preceding academic year to be excused from competing on that day. The notification shall be valid for a period of two years. The championship schedule shall be adjusted to accommodate that institution, and such adjustment shall not require its team or an individual competitor to compete before the time originally scheduled.

Individual Championships. In individual championships, a student-athlete must compete according to the institution's policy regarding Sunday competition (i.e., if the institution has no policy against Sunday competition, the student-athlete shall compete Sunday if required by the schedule).

Division III Cross Country

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Section 1 • General Administration

Section 1•1 NCAA Tournament Operations Staff Contact Information

Laura Peterson-Mlynski
Director, Championships and Alliances
NCAA
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6477 / lpeterson@ncaa.org

Margaret Gaines-Hornberger
Assistant Coordinator, Championships and Alliances
NCAA
P.O. Box 6222 / Indianapolis, Indiana 46206-6222
317-917-6450 / mgaines@ncaa.org

Section 1•2 National Committee

Current members of the committee are as follows:

REGION I/ATLANTIC

Joel Williams
Head MW Cross Country/Track and Field Coach
Tufts University

REGION III/NIAGARA

Jackie Nicholson
Director of Athletics
Rochester Institute of Technology

REGION V/METRO

Logan Stroman
Head Women's Cross Country and Track and Field Coach
Widener University

REGION VII / SOUTH

Jonathan Morrow
Head Track and Field Coach and Cross Country Coach
Marymount University (Virginia)

REGION IX/MIDWEST

Denise Udelhofen
Director of Athletics
Loras College

REGION II/MIDEAST

David Nicholson
Head Coach Cross Country and Track and Field
Eastern Connecticut State University

REGION IV/MID-ATLANTIC

Jessica Cooper
Director of Cross Country/Track and Field
Grove City College

REGION VI/GREAT LAKES

Ayanna Tweedy
Director of Athletics
Rose-Hulman Institute of Technology

REGION VIII/NORTH

Josh Henry
Head Men's Cross Country/Track and Field Coach
Carthage College

REGION X/WEST

Lauren Brownrigg
Senior Woman Administrator
Pacific University (Oregon)

For additional information about the NCAA Division III Men's and Women's Cross Country Championships, contact:

Laura Peterson-Mlynski
Director, Championships and Alliances
317-917-6477 / lpeterson@ncaa.org

Jessica Cooper
Director of Cross Country/Track and Field
Grove City College
742-264-4726 / cooperjl@gcc.edu

Section 1•3 Important Dates

| | |
|--------------------------|--|
| Thursday, Aug. 31 | First date of allowable competition. |
| Monday, Oct. 9 | Deadline for receipt of regional information from regional sites to sponsoring institutions. |
| Sunday, Nov. 5 | 11:59 p.m. Eastern time. Deadline for receipt of entry via the DirectAthletics system. In order to be considered for selection to the championships, all institutions must ensure that the results from all eligible competition opportunities (i.e., those that take place between the eighth weekend prior to the NCAA regional meet (Sept. 22 through Nov. 11) in which their student-athletes compete are reported by the meet host to TFRRS-XC through the online provider DirectAthletics. |
| Tuesday, Nov. 7 | Late entries and corrections must be submitted online to DirectAthletics by 5 p.m. Eastern time. Late entries and corrections are subject to a \$400 fine per team and gender and must be approved by the NCAA Division III Men’s and Women’s Track and Field and Cross Country Committee. No further regional entries will be accepted after this deadline. |
| Wednesday, Nov. 8 | Noon Eastern time. Each regional host will post preliminary entry lists on the respective regional websites. |
| Saturday, Nov. 11 | Regional qualifying meets. |
| Sunday, Nov. 12 | Not later than 3 p.m. Eastern time - Championships fields posted on ncaa.com. 9 p.m. Eastern time - Deadline for coaches to notify NCAA committee of any student-athletes or teams who will not be participating in the national championships. <i>NEW in 2023:</i> Coaches DO NOT need to re-declare their team(s) after regionals to be eligible for championships selection. 9 p.m. Eastern time - Roster changes due on DirectAthletics for championships. |
| Saturday, Nov. 18 | Championships finals at Big Spring High School in Newville, Pennsylvania; hosted by Dickinson College. The men’s race will begin at 11 a.m. Eastern time and the women’s race will begin at noon Eastern time. |

CHAMPIONSHIP DATES AND SITES

All dates for regionals are Nov. 11.

The NCAA Division III Men’s and Women’s Cross Country Championships will be held Nov. 18 at Big Spring High School in Newville, Pennsylvania; hosted by Dickinson College.

The sites of the regional qualifying meets, along with the names, telephone numbers and email addresses of the meet directors are as follows:

REGION I/EAST

Host: Suffolk University
 Site: Franklin Park
 City, State: Boston, Massachusetts
 Meet Director: William Feldman
 413-695-7000 / wpfeldman@suffolk.edu

REGION II/MIDEAST

Host: Westfield State University
 Site: Stanley Park
 City, State: Westfield, Massachusetts
 Meet Director: Marlee Berg-Haryaz
 413-572-5633 / mbergharyasz@westfield.ma.edu

REGION III/NIAGARA

Host: Houghton University
 Site: Field of Dream XC Course
 City, State: Houghton, New York
 Meet Director: Patrick Hager
 585-567-9369 / patrick.hager@houghton.edu

REGION IV/MID-ATLANTIC

Host: Susquehanna University
 Site: West Branch Cross Country Course
 City, State: Lock Haven, Pennsylvania
 Meet Director: Ethan Senecal
 570-372-4416 / senecal@susqu.edu

REGION V/METRO

Hosts: Rowan University
 Site: Dream Park
 City, State: Glassboro, New Jersey
 Meet Director: Dustin Dimit
 856-265-5804 / dimit@rowan.edu

REGION VI/GREAT LAKES

Hosts: John Carroll University
 Site: Silver Creek Metro Park
 City, State: Norton, Ohio
 Meet Director: Kyle Basista
 330-428-4553 / kbasista@jcu.edu

REGION VII/SOUTH

Host: Berry College
 Site: Berry College Clara Bowl
 City, State: Mount Berry, Georgia
 Meet Director: Dr. Angel Mason
 706-236-1721 / amazon@berry.edu

REGION VIII/NORTH

Host: University of Wisconsin, Eau Claire
 Site: Whitetail Golf Course
 City, State: Colfax, Wisconsin
 Meet Director: Chip Schneider
 715-836-5016 / schnechi@uwec.edu

REGION IX/MIDWEST

Host: Wartburg College
 Site: Max XC Course
 City, State: Waverly, Iowa
 Meet Director: Ryan Callahan
 319-352-8534 / ryan.callahan@wartburg.edu

REGION X/WEST

Host: University of La Verne
 Site: Riverside City Course
 City, State: La Verne, California
 Meet Director: Jamie Norton
 978-732-4009 / jnorton2@laverne.edu

DATE FORMULA

The Division III Men’s and Women’s Cross Country Championships will be held the Saturday before Thanksgiving. The regional qualifying meets will be held the Saturday prior to the championships.

FUTURE DATES

| | Regional Competition | Championships | Site |
|-------------|----------------------|-------------------|---|
| 2023 | Saturday, Nov. 11 | Saturday, Nov. 18 | Big Spring High School, Newville, Pennsylvania |
| 2024 | Saturday, Nov. 16 | Saturday, Nov. 23 | LaVern Gibson Championship Cross Country Course, Terre Haute, Indiana |
| 2025 | Saturday, Nov. 15 | Saturday, Nov. 22 | Roger Milliken Center, Spartanburg, South Carolina |
| 2026 | Saturday, Nov. 14 | Saturday, Nov. 21 | TBD |

Section 1•4 Rules

[Reference: Bylaw 31.1.6 in the NCAA Manual]

Per NCAA Bylaw 17.30, member institutions shall conduct all of their intercollegiate competition in accordance with the playing rules of the Association in all sports for which the NCAA develops playing rules. For those sports in which the Association follows rules that are developed by other governing bodies and are modified by the governing sports committee, the adopted playing rules shall be used. The governing sports committee will not consider any results for selection purposes that are not played in accordance with the NCAA rules, or those adopted by an outside organization.

The 2023-24 NCAA Cross Country and Track and Field Rules Book will be followed. The men's races will be 8,000 meters at regional and national competitions. The women's races will be 6,000 meters at regional and national competition.

Section 1•5 Uniforms

In all events and award ceremonies, competitors must wear the uniform (warmups included) of the institution they represent in the championships.

Uniforms for all cross country team members must meet the following criteria: (1) School issued; if they are singlets, they must be identical; (2) pants may be of any length but must have the identical primary color; and (3) visible undergarments must be of an identical solid color.

Uniforms must be clean and of a material and design so as not to be objectionable.

Bare midriff tops are not acceptable. (Note: The uniform top must meet or hang below the waist band when the competitor is standing.) Uniforms must allow for competitors' numbers to be placed above the waist and for hip numbers to be placed on the hip, not on the leg or thigh. Uniform tops must not obscure hip numbers.

LOGOS

Refer to [General Administrative Guidelines, Section 7](#).

Section 2 • Determination of Championship Participation

Section 2•1 Selections Information

TEAM SELECTION

Teams (32 per gender) will be selected in the following manner:

- 10 teams will automatically qualify (one per region from the regional championships).
- 22 at-large teams will be selected by the committee to be determined using the criteria listed below.

Team At-Large Selection

The selection criteria below will be considered to select the at-large teams.

- Regional performance/place; Regional performance/place is the primary piece of the criteria, as a team cannot be selected to the championships over a team it finished behind at its respective regional.
- Head-to-head competition with teams already in the championships field and other potential at-large teams using late-season performance comparisons; Note: Late-season performance (a team's meet that occurs on or after Sept. 22, including regionals) that meets the following criteria will be used during the selection process:
 - A team runs at least five of its student-athletes who will compete for their institution at regionals.
 - The race length must be at least 5 kilometers for the women, and 7 kilometers for the men.
 - The meet must be scored in accordance with the scoring procedures in the NCAA Cross Country and Track and Field Rules Book.
- Common opponents using late-season performance comparisons;
- Regional meet results – point gap for place of a team's finish and total team score versus the team that placed ahead of it and behind it; and
- Late-season meet results – point gap for place of a team's finish versus the team that placed ahead of and behind it.
- Nullification (Bylaw 31.02.4)

INDIVIDUALS SELECTION

Individuals (70 per gender) will be selected in the following manner:

- 70 individuals will automatically qualify (top seven per region from the regional championships);
- Remove the team championship qualifiers from regionals and renumber the remaining individuals (not with a qualifying team) to determine the top seven qualifiers per region; and
- Nullification (Bylaw 31.02.4).

TOTAL COMPETITORS (PER GENDER)

| | | |
|------------------------------------|---|-----|
| 32 teams of seven competitors each | = | 224 |
| Individuals | = | 70 |
| Total | = | 294 |

BREAKING TIES

Ties in regional qualifying meets in team competition shall be broken for the purpose of advancement to the championships finals by comparing the place finish of each team member 1-5 versus his or her respective competitor on the opposing team (Team A's first finisher vs. Team B's first finisher, etc.). The advancement advantage goes to the team winning the majority (best of five) of the comparisons.

If more than two teams are tied, the criteria are applied in the same sequence until only one team remains. If the tie cannot be broken using the five-point system, the average time of each team's top five finishers will be used.

Section 2•2 Entry Information

In order to be considered for selection to the 2023 cross country championships, all institutions must ensure that the electronic submission of results from all eligible competition opportunities (i.e., those that take place between the eighth weekend before and leading up to the NCAA regional meet, Sept. 22 through Nov. 11) in which their student-athletes compete is completed by the meet host in the Track and Field Results-Reporting System (TFRRS-XC) through the online provider DirectAthletics.

Only the official electronically reported meet results as submitted by the meet host in TFRRS-XC will serve as proof of performance for all NCAA Division III cross country competitions. Results will be made available on a real-time basis at www.tfrrs.org.

Responsibilities for host institutions and meet directors in submitting performances are summarized below.

All NCAA cross country results must be reported to the Track and Field Results Reporting System for Cross Country (TFRRS-XC) directly from meet-management software using the JSON and XML APIs. By standardizing to one format, meet hosts and timers can upload cross country results to TFRRS-XC seamlessly from compliant meet-management software without handling files or manipulating results data. This will simplify the upload process and help eliminate reporting errors.

Please note that results will only be accepted directly from compliant meet-management software.

Host institutions will be responsible for working with their timing/results companies to ensure that they are using updated and compliant software that supports the submission of all required meet data in the new JSON or XML format. **If all required data is not submitted to TFRRS-XC in the necessary JSON or XML format, the results will not be accepted into the results-reporting system, making the results invalid for NCAA championships selections.**

TEAM ROSTERS

Institutions that sponsor NCAA Division III men's and women's cross country will be required to register and maintain their official team roster with TFRRS-XC **by their first competition**. Each student-athlete will be assigned a unique TFRRS-XC tracking ID that will identify the student-athlete throughout his or her collegiate career. Note: This is the same ID number used for indoor and outdoor track and field, and users will be able to import existing TFRRS athletes into their cross country roster upon logging in. This ID will not change from season to season; however, institutions will be required to register their roster each season to confirm eligibility status. Roster registration for the cross country championships season is now available on TFRRS-XC.

Accounts are per TEAM

You could have up to four accounts per institution (men's cross country, women's cross country, men's track and field, and women's track and field). Your DirectAthletics username/password are the exact same as your TFRRS-XC username/password (and vice versa). The majority of you should have DirectAthletics cross country accounts due to submitting your cross country regional entries in the system in years past. Only new coaches would warrant the need to create a new account. Even if the users are different for an institution (different cross country coach than track coach), the system will still bring up the rosters from the institution for you to import student-athletes from track to cross country and cross country to track.

Detailed account information and instructions to set up meets and download team rosters in preparation for uploading 2023 cross country results are available for meet hosts, meet directors and timers at www.tfrrs.org (select the link for Meet Director/Timer Information). Take particular note of the Frequently Asked Questions document posted, which highlights the following:

1. For the purpose of running a meet, any meet director/timer can download the rosters of TFRRS-XC teams (with TFRRS-XC IDs) at no cost to the meet director/timer. All TFRRS rosters and IDs will be available for download in file formats easily imported into timing software;
2. Meet hosts may use their method of choice to manage meet entries;

3. It is the responsibility of the meet directors/timers to collect valid TFRRS-XC IDs from the entering teams, regardless of the meet entry method;
4. Institutions registered with TFRRS-XC also can print out or download their TFRRS-XC rosters (with IDs) to facilitate the entry process.

If you experience technical difficulty using the TFRRS-XC system, please contact DirectAthletics (support@directathletics.com; phone: 347-674-3002), and notify the NCAA national office (lpeterson@ncaa.org or 317-917-6477) if the difficulty will trigger a late fine.

MEET RESULTS

It will be the responsibility of the meet HOST to submit complete meet results that include all team scores/places to TFRRS-XC by midnight Eastern time, one day after the completion of a competition. Results may not be considered for championships selection if meet results are not received from the host within the designated time period. Participating institutions must ensure that the electronic submission of results from any competition in which their student-athletes compete is reported by the meet host within five days of the performance and **not later than 5 p.m. Eastern time Sunday, Nov. 5.**

Meet hosts will be responsible for uploading results electronically with TFRRS-XC ID numbers listed for all eligible NCAA student-athletes, requiring that TFRRS-XC ID numbers be imported or typed in for each student-athlete before running a meet. When official meet results are uploaded to TFRRS-XC, all performances achieved by eligible NCAA Division III student-athletes, and team scores, will be archived in the results-reporting database.

Results will be accepted only for student-athletes on the institution's TFRRS-XC roster form. The submission of incorrect performances may result in the disqualification of the student-athlete and/or team. If a result is submitted more than five days after the qualifying performance and the performance is the basis for championships selection, the institution of the selected student-athlete will be subject to a fine.

RESULTS REPORTING

At the end of each day of competition at the championships, an electronic copy of the results for all regional/championships competition must be sent to the NCAA Statistics Department (ncaastats@ncaa.org) at the NCAA national office. A complete set of results should also be sent immediately after the end of the competition as well. If you have any questions, please contact Laura Peterson-Mlynski (lpeterson@ncaa.org).

REGIONAL AND NATIONAL ENTRY FORMS

Coaches will be allowed to submit a maximum of 10 student-athletes on the entry form. Only the 10 student-athletes listed on the entry form may compete in the regional and/or national championships meets (see exception noted below).

Online entries will be available on DirectAthletics beginning Monday, Oct. 23, at 8 a.m. Eastern time. **Coaches must submit the forms ONLINE by 11:59 p.m. Eastern time, Sunday, Nov. 5. The late deadline for regional entries is 5 p.m. Eastern time, Tuesday, Nov. 7.** Forms received after the Nov. 7 deadline and before the late deadline will be subject to a fine of \$400 per team (men's and women's teams are considered separate teams). This includes corrections to the original submission or additions/deletions to the submission.

After the regional championships, coaches DO NOT need to redeclare their team(s) to be eligible for championships selection. Any roster changes must be finalized by 9 p.m. Eastern time the Sunday before nationals to make changes to their rosters on DirectAthletics for the national championships. NOTE: All student-athletes must be declared or scratched from the meet. No action will result in a scratch. The system will shut down at 9 p.m. Eastern time, so please give yourself enough time to make the necessary changes to your roster.

Any exceptions to the roster policy will be considered only in extraordinary circumstances and should be addressed in writing to the Track and Field and Cross Country Committee, and NCAA championships manager. **Each institution should print a copy of its entry forms to hand-carry to the regional and national sites.**

Section 2•3 Participation Procedures

TRAVEL INFORMATION/TRAVEL PARTY

Refer to the NCAA Travel and Reimbursement policies for all information regarding transportation and per diem expenses. These policies are located at [ncaa.org/championships/travel/championships-travel-information](https://www.ncaa.org/championships/travel/championships-travel-information).

SQUAD SIZE

[Reference: Bylaw 31.1.5 in the NCAA Manual.]

Participating teams are limited to a maximum of seven runners in uniform. An institution that is advised it is in violation of this regulation and does not promptly conform to it shall automatically forfeit the competition. There shall be no inordinate delay of the competition to allow the institution to conform to the rule.

Institutions entering five to seven runners in the regional or national championships must compete as a team. If an institution enters as a team in the regional competition and qualifies for nationals as a team, it must run as a team at nationals. If fewer than five competitors from one institution compete in the regional or national championships, they will compete as individuals only.

REGIONALS PACKET PICKUP

Procedures will be communicated by the meet director and included in the participant manual, which is posted on the meet website. Packets can be picked up only by the participating institution.

ADMINISTRATIVE MEETINGS

Coaches participating in the regional and final site competition are required to attend a virtual meeting before the competition. Attendance at the meetings will be taken and coaches not in attendance are subject to a fine of \$200 per gender per institution.

Appendix A • Sport Sponsorship

MEN'S SPONSORSHIP

REGION I/EAST (42)

| | |
|----------------------------------|--|
| Babson College | Maine Maritime Academy |
| Bates College | University of Maine, Framington |
| Bowdoin College | University of Maine at Presque Isle |
| Brandeis University | Massachusetts Institute of Technology |
| Bridgewater State University | Massachusetts Maritime Academy |
| Clark University (Massachusetts) | University of Massachusetts Boston |
| Colby College | University of Massachusetts, Dartmouth |
| Colby-Sawyer College | University of New England |
| Curry College | New England College |
| Dean College | Nichols College |
| Eastern Nazarene College | Plymouth State University |
| Emerson College | Regis College (Massachusetts) |
| Emmanuel College (Massachusetts) | Saint Joseph's College (Maine) |
| Endicott College | University of Southern Maine |
| Fitchburg State University | Suffolk University |
| Framingham State University | Thomas College |
| Gordon College (Massachusetts) | Tufts University |
| Husson University | Wentworth Institute of Technology |
| Keene State College | Wheaton College (Massachusetts) |
| Lasell University | Worcester Polytechnic Institute |
| Lesley University | Worcester State University |

REGION II/MIDEAST (34)

| | |
|---|--|
| Amherst College | Rensselaer Polytechnic Institute |
| Bard College | Rhode Island College |
| State University of New York at Canton | Roger Williams University |
| Castleton University | Russell Sage College |
| Clarkson University | University of Saint Joseph (Connecticut) |
| Connecticut College | Salve Regina University |
| Eastern Connecticut State University | Springfield College |
| Elms College | St. Lawrence University |
| Massachusetts College of Liberal Arts | Trinity College (Connecticut) |
| Middlebury College | U.S. Coast Guard |
| Mitchell College | Union College (New York) |
| Mount Saint Mary College (New York) | Vassar College |
| State University of New York at New Paltz | Wesleyan University (Connecticut) |
| Northern Vermont University-Lyndon | Western Connecticut State University |
| Norwich University | Western New England University |
| Plattsburgh State University of New York | Westfield State University |
| State University of New York at Potsdam | Williams College |

DIVISION III CROSS COUNTRY

REGION III/NIAGARA (41)

| | |
|--|---|
| Alfred State College | Manhattanville College |
| Alfred University | State University of New York Maritime College |
| Baruch College | Medaille College |
| State University of New York at Brockport | SUNY Morrisville |
| Buffalo State, State University of New York | College of Mount Saint Vincent |
| The City College of New York | Nazareth College |
| State University of New York at Cobleskill | New York University |
| State University of New York at Cortland | State University of New York at Oneonta |
| State University of New York at Delhi | State University of New York at Oswego |
| The State University of New York at Fredonia | Pennsylvania State University Erie, the Behrend College |
| State University of New York at Geneseo | State University of New York Polytechnic Institute |
| Hamilton College | Pratt Institute |
| Hartwick College | Purchase College, State University of New York |
| Hilbert College | University of Rochester |
| Hobart College | Rochester Institute of Technology |
| Houghton College | Sarah Lawrence College |
| Hunter College | St. John Fisher College |
| Ithaca College | Utica College |
| John Jay College of Criminal Justice | Wells College |
| Keuka College | Yeshiva University |
| Lehman College | |

REGION IV/MID-ATLANTIC (44)

| | |
|---------------------------------|---|
| Albright College | Marywood University |
| Alvernia University | McDaniel College |
| Bethany College (West Virginia) | Messiah University |
| Carnegie Mellon University | Misericordia University |
| Chatham University | *Mississippi University for Women (prov. 2023-24) |
| Clarks Summit University | Mount Aloysius College |
| Dickinson College | Pennsylvania College of Technology |
| Elizabethtown College | Penn State Harrisburg |
| Franklin & Marshall College | Penn State Berks College |
| Geneva College | University of Pittsburgh, Greensburg |
| Gettysburg College | Salisbury University |
| Goucher College | University of Scranton |
| Grove City College | St. Mary's College of Maryland |
| Hood College | Saint Vincent College |
| Johns Hopkins University | Stevenson University |
| Juniata College | Susquehanna University |
| Keystone College | Thiel College |
| King's College (Pennsylvania) | Washington and Jefferson College |
| La Roche College | Waynesburg University |
| Lancaster Bible College | Westminster College (Pennsylvania) |
| Lebanon Valley College | Wilkes University |
| Lycoming College | York College (Pennsylvania) |

***Not eligible for NCAA championship competition.**

REGION V/METRO (40)

Arcadia University
 Brooklyn College
 Bryn Athyn College
 Cabrini University
 Cairn University
 Centenary University (New Jersey)
 Delaware Valley University
 DeSales University
 Drew University
 Eastern University
 Fairleigh Dickinson University, Florham
 Farmingdale State College
 Gwynedd Mercey University
 Haverford College
 Immaculata University
 Kean University
 Medgar Evers College
 Moravian College
 Muhlenberg College
 Neumann University

New Jersey City University
 The College of New Jersey
 State University College at Old Westbury
 Penn State University, Abington
 Ramapo College
 Rosemont College
 Rowan University
 Rutgers, The State University of New Jersey, Camden
 Rutgers, The State University of New Jersey, Newark
 Saint Elizabeth University
 St. Joseph's College (Brooklyn)
 St. Joseph's College (Long Island)
 Stevens Institute of Technology
 Stockton University
 Swarthmore College
 U.S. Merchant Marine Academy
 Ursinus College
 University of Valley Forge
 Widener University
 York College (New York)

REGION VI/GREAT LAKES (43)

Adrian College
 Albion College
 Allegheny College
 Alma College
 Anderson University (Indiana)
 *Asbury University (prov. 2024-25)
 Baldwin Wallace University
 Berea College
 Bluffton University
 Calvin University
 Capital University
 Case Western Reserve University
 Centre College
 Defiance College
 Denison University
 DePauw University
 Earlham College
 Franciscan University of Steubenville
 Franklin College
 Hanover College
 Heidelberg University
 Hope College

John Carroll University
 Kalamazoo College
 Kenyon College
 Manchester University
 Marietta College
 Mount St. Joseph University
 University of Mount Union
 Muskingum University
 Oberlin College
 Ohio Northern University
 Ohio Wesleyan University
 Olivet College
 Otterbein University
 Rose-Hulman Institute of Technology
 Spalding University
 Transylvania University
 Trine University
 Wabash College
 Wilmington College (Ohio)
 Wittenberg University
 The College of Wooster

***Not eligible for NCAA championship competition.**

DIVISION III CROSS COUNTRY

REGION VII/SOUTH (40)

Averett University
Belhaven University
Berry College
Birmingham-Southern University
*Bob Jones University (prov. 2023-24)
Brevard College
Bridgewater College (Virginia)
Catholic University
Centenary College (Louisiana)
Christopher Newport University
Covenant College
Eastern Mennonite University
Emory University
Ferrum College
Gallaudet University
Guilford College
Hampden-Sydney College
Huntingdon College
LaGrange College
University of Lynchburg

***Not eligible for NCAA championship competition.**

Mary Baldwin University
University of Mary Washington
Marymount University (Virginia)
Maryville College (Tennessee)
Methodist University
Millsaps College
North Carolina Wesleyan College
Oglethorpe University
Pfeiffer University
Piedmont University
Randolph College
Rhodes College
Roanoke College
University of the South
Shenandoah University
Southern Virginia University
Virginia Wesleyan University
*Warren Wilson College (prov. 2024-25)
Washington and Lee University
William Peace University

REGION VIII/NORTH (41)

Augsburg University
Beloit College
Bethany Lutheran College
Bethel University (Minnesota)
Carleton College
Carroll University (Wisconsin)
Carthage College
Concordia College, Moorhead
Concordia University Wisconsin
Crown College (Minnesota)
Edgewood College
Finlandia University
Gustavus Adolphus College
Hamline University
Lakeland University
Lawrence University
Macalester College
Maranatha Baptist University
Marian University (Wisconsin)
Martin Luther College
Milwaukee School of Engineering

University of Minnesota, Morris
North Central University
Northland College
University of Northwestern-St. Paul
Ripon College
Saint John's University (Minnesota)
Saint Mary's University of Minnesota
St. Norbert College
St. Olaf College
The College of St. Scholastica
Wisconsin Lutheran College
University of Wisconsin-Eau Claire
University of Wisconsin-La Crosse
University of Wisconsin-Oshkosh
University of Wisconsin-Platteville
University of Wisconsin-River Falls
University of Wisconsin-Stevens Point
University of Wisconsin-Stout
University of Wisconsin-Superior
University of Wisconsin-Whitewater

REGION IX/MIDWEST (40)

Augustana College (Illinois)
 Aurora University
 Benedictine University (Illinois)
 Blackburn College
 Buena Vista University
 Central College (Iowa)
 University of Chicago
 Coe College
 Concordia University Chicago
 Cornell College
 Dominican University (Illinois)
 University of Dubuque
 Elmhurst University
 Eureka College
 Fontbonne University
 Greenville University
 Grinnell College
 Hendrix College
 Illinois College
 Illinois Institute of Technology

Illinois Wesleyan University
 Knox College
 Lake Forest college
 Loras College
 Luther College
 *Lyon College (prov. 2025-26)
 Millikin University
 Monmouth College (Illinois)
 Nebraska Wesleyan University
 North Central College
 North Park University
 University of the Ozarks (Arkansas)
 Principia College
 Rockford University
 Simpson College
 Wartburg College
 Washington University in St. Louis
 Webster University
 Westminster College (Missouri)
 Wheaton College (Illinois)

***Not eligible for NCAA championship competition.**

REGION X/WEST REGION (33)

California Lutheran University
 University of California, Santa Cruz
 California Institute of Technology
 Chapman University
 Claremont McKenna-Harvey Mudd-Scripps Colleges
 Colorado College
 Concordia University Texas
 University of Dallas
 East Texas Baptist
 George Fox University
 Hardin-Simmons University
 University of La Verne
 LeTourneau University
 Lewis & Clark College
 Linfield University
 University of Mary Hardin-Baylor
 McMurray University

Occidental College
 Pacific Lutheran University
 Pacific University (Oregon)
 Pomona-Pitzer Colleges
 University of Puget Sound
 University of Redlands
 Schreiner University
 Southwestern University (Texas)
 University of St. Thomas (Texas)
 Sul Ross State University
 Texas Lutheran University
 University of Texas at Dallas
 Trinity University (Texas)
 Whitman College
 Whitworth University
 Willamette University

WOMEN'S SPONSORSHIP

REGION I/EAST (44)

| | |
|----------------------------------|--|
| Babson College | University of Maine, Framington |
| Bates College | University of Maine at Presque Isle |
| Bowdoin College | Massachusetts Institute of Technology |
| Brandeis University | Massachusetts Maritime Academy |
| Bridgewater State University | University of Massachusetts Boston |
| Clark University (Massachusetts) | University of Massachusetts, Dartmouth |
| Colby College | University of New England |
| Colby-Sawyer College | New England College |
| Curry College | Nichols College |
| Dean College | Plymouth State University |
| Eastern Nazarene College | Regis College (Massachusetts) |
| Emerson College | Saint Joseph's College (Maine) |
| Emmanuel College (Massachusetts) | Simmons University |
| Endicott College | University of Southern Maine |
| Fitchburg State University | Suffolk University |
| Framingham State University | Thomas College |
| Gordon College (Massachusetts) | Tufts University |
| Husson University | Wellesley College |
| Keene State College | Wentworth Institute of Technology |
| Lasell University | Wheaton College (Massachusetts) |
| Lesley University | Worcester Polytechnic Institute |
| Maine Maritime Academy | Worcester State University |

REGION II/MIDEAST (36)

| | |
|---|--|
| Amherst College | Rensselaer Polytechnic Institute |
| Bard College | Rhode Island College |
| State University of New York at Canton | Roger Williams University |
| Castleton University | Russell Sage College |
| Clarkson University | University of Saint Joseph (Connecticut) |
| Connecticut College | Salve Regina University |
| Eastern Connecticut State University | Smith College |
| Elms College | Springfield College |
| Massachusetts College of Liberal Arts | St. Lawrence University |
| Middlebury College | Trinity College (Connecticut) |
| Mitchell College | U.S. Coast Guard |
| Mount Holyoke College | Union College (New York) |
| Mount Saint Mary College (New York) | Vassar College |
| State University of New York at New Paltz | Wesleyan University (Connecticut) |
| Northern Vermont University-Lyndon | Western Connecticut State University |
| Norwich University | Western New England University |
| Plattsburgh State University of New York | Westfield State University |
| State University of New York at Potsdam | Williams College |

REGION III/NIAGARA (42)

Alfred State College
 Alfred University
 Baruch College
 State University of New York at Brockport
 Buffalo State, State University of New York
 Cazenovia College
 The City College of New York
 State University of New York at Cobleskill
 State University of New York at Cortland
 State University of New York at Delhi
 The State University of New York at Fredonia
 State University of New York at Geneseo
 Hamilton College
 Hartwick College
 Hilbert College
 Houghton College
 Hunter College
 Ithaca College
 John Jay College of Criminal Justice
 Keuka College
 Lehman College

Manhattanville College
 State University of New York Maritime College
 Medaille College
 SUNY Morrisville
 College of Mount Saint Vincent
 Nazareth College
 New York University
 State University of New York at Oneonta
 State University of New York at Oswego
 Pennsylvania State University Erie, the Behrend College
 State University of New York Polytechnic Institute
 Pratt Institute
 Purchase College, State University of New York
 University of Rochester
 Rochester Institute of Technology
 Sarah Lawrence College
 St. John Fisher College
 Utica College
 Wells College
 William Smith College
 Yeshiva University

REGION IV/MID-ATLANTIC (45)

Albright College
 Alvernia University
 Bethany College (West Virginia)
 Carnegie Mellon University
 Chatham University
 Clarks Summit University
 Dickinson College
 Elizabethtown College
 Franklin & Marshall College
 Geneva College
 Gettysburg College
 Goucher College
 Grove City College
 Hood College
 Johns Hopkins University
 Juniata College
 Keystone College
 King's College (Pennsylvania)
 La Roche College
 Lancaster Bible College
 Lebanon Valley College
 Lycoming College
 Marywood University

McDaniel College
 Messiah University
 Misericordia University
 *Mississippi University for Women's (prov. 2023-24)
 Mount Aloysius College
 Notre Dame of Maryland University
 Pennsylvania College of Technology
 Penn State Harrisburg
 Penn State Berks College
 University of Pittsburgh, Greensburg
 Salisbury University
 University of Scranton
 St. Mary's College of Maryland
 Saint Vincent College
 Stevenson University
 Susquehanna University
 Thiel College
 Washington and Jefferson College
 Waynesburg University
 Westminster College (Pennsylvania)
 Wilkes University
 York College (Pennsylvania)

***Not eligible for NCAA championship competition.**

DIVISION III CROSS COUNTRY

REGION V/METRO (43)

Arcadia University
Brooklyn College
Bryn Athyn College
Bryn Mawr College
Cabrini University
Cairn University
Cedar Crest College
Centenary University (New Jersey)
Delaware Valley University
DeSales University
Drew University
Eastern University
Fairleigh Dickinson University, Florham
Farmingdale State College
Gwynedd Mercey University
Haverford College
Immaculata University
Kean University
Medgar Evers College
Montclair State University
Moravian College
Muhlenberg College

Neumann University
New Jersey City University
The College of New Jersey
State University College at Old Westbury
Penn State University, Abington
Ramapo College
Rosemont College
Rowan University
Rutgers, The State University of New Jersey, Camden
Rutgers, The State University of New Jersey, Newark
Saint Elizabeth University
St. Joseph's College (Brooklyn)
St. Joseph's College (Long Island)
Stevens Institute of Technology
Stockton University
Swarthmore College
U.S. Merchant Marine Academy
Ursinus College
University of Valley Forge
Widener University
York College (New York)

REGION VI/GREAT LAKES (43)

Adrian College
Albion College
Allegheny College
Alma College
Anderson University (Indiana)
*Asbury University (prov. 2024-25)
Baldwin Wallace University
Berea College
Bluffton University
Calvin University Capital University
Capital University
Case Western Reserve University
Centre College
Defiance College
Denison University
DePauw University
Earlham College
Franciscan University of Steubenville
Franklin College
Hanover College
Heidelberg University
Hope College

John Carroll University
Kalamazoo College
Kenyon College
Manchester University
Marietta College
Mount St. Joseph University
University of Mount Union
Muskingum University
Oberlin College
Ohio Northern University
Ohio Wesleyan University
Olivet College
Otterbein University
Rose-Hulman Institute of Technology
Saint Mary's College (Indiana)
Spalding University
Transylvania University
Trine University
Wilmington College (Ohio)
Wittenberg University
The College of Wooster

***Not eligible for NCAA championship competition.**

REGION VII/SOUTH (44)

Agnes Scott College
 Averett University
 Belhaven University
 Berry College
 Birmingham-Southern University
 *Bob Jones University (prov. 2023-24)
 Brevard College
 Bridgewater College (Virginia)
 Catholic University
 Centenary College (Louisiana)
 Christopher Newport University
 Covenant College
 Eastern Mennonite University
 Emory University
 Ferrum College
 Gallaudet University
 Guilford College
 Hollins University
 Huntingdon College
 LaGrange College
 University of Lynchburg
 Mary Baldwin University

University of Mary Washington
 Marymount University (Virginia)
 Maryville College (Tennessee)
 Meredith College
 Methodist University
 Millsaps College
 North Carolina Wesleyan College
 Oglethorpe University
 Pfeiffer University
 Piedmont University
 Randolph College
 Rhodes College
 Roanoke College
 University of the South
 Shenandoah University
 Southern Virginia University
 Sweet Briar College
 Virginia Wesleyan University
 *Warren Wilson College (prov. 2023-24)
 Washington and Lee University
 Wesleyan College (Georgia)
 William Peace University

***Not eligible for NCAA championship competition.**

REGION VIII/NORTH (44)

Alverno College
 Augsburg University
 Beloit College
 Bethany Lutheran College
 Bethel University (Minnesota)
 Carleton College
 Carroll University (Wisconsin)
 Carthage College
 Concordia College, Moorhead
 Concordia University Wisconsin
 Crown College (Minnesota)
 Edgewood College
 Finlandia University
 Gustavus Adolphus College
 Hamline University
 Lakeland University
 Lawrence University
 Macalester College
 Maranatha Baptist University
 Marian University (Wisconsin)
 Martin Luther College
 Milwaukee School of Engineering

University of Minnesota, Morris
 Mount Mary University
 North Central University
 Northland College
 University of Northwestern-St. Paul
 Ripon College
 College of Saint Benedict
 St. Catherine University
 Saint Mary's University of Minnesota
 St. Norbert College
 St. Olaf College
 The College of St. Scholastica
 Wisconsin Lutheran College
 University of Wisconsin-Eau Claire
 University of Wisconsin-La Crosse
 University of Wisconsin-Oshkosh
 University of Wisconsin-Platteville
 University of Wisconsin-River Falls
 University of Wisconsin-Stevens Point
 University of Wisconsin-Stout
 University of Wisconsin-Superior
 University of Wisconsin-Whitewater

DIVISION III CROSS COUNTRY

REGION IX/MIDWEST (40)

Augustana College (Illinois)
Aurora University
Benedictine University (Illinois)
Blackburn College
Buena Vista University
Central College (Iowa)
University of Chicago
Coe College
Concordia University Chicago
Cornell College
Dominican University (Illinois)
University of Dubuque
Elmhurst University
Eureka College
Fontbonne University
Greenville University
Grinnell College
Hendrix College
Illinois College
Illinois Institute of Technology

Illinois Wesleyan University
Knox College
Lake Forest College
Loras College
Luther College
*Lyon College (prov. 2025-26)
Millikin University
Monmouth College (Illinois)
Nebraska Wesleyan University
North Central College
North Park University
University of the Ozarks (Arkansas)
Principia College
Rockford University
Simpson College
Wartburg College
Washington University in St. Louis
Webster University
Westminster College (Missouri)
Wheaton College (Illinois)

***Not eligible for NCAA championship competition.**

REGION X/WEST REGION (33)

California Lutheran University
University of California, Santa Cruz
California Institute of Technology
Chapman University
Claremont McKenna-Harvey Mudd-Scripps Colleges
Colorado College
Concordia University Texas
University of Dallas
East Texas Baptist
George Fox University
Hardin-Simmons University
University of La Verne
LeTourneau University
Lewis & Clark College
Linfield University
University of Mary Hardin-Baylor
McMurray University

Occidental College
Pacific Lutheran University
Pacific University (Oregon)
Pomona-Pitzer Colleges
University of Puget Sound
University of Redlands
Schreiner University
Southwestern University (Texas)
University of St. Thomas (Texas)
Sul Ross State University
Texas Lutheran University
University of Texas at Dallas
Trinity University (Texas)
Whitman College
Whitworth University
Willamette University