

Practice Schedule
2023 NCAA Division II Outdoor Track and Field Championships

Tuesday, May 23

Facility Open	10 a.m. to 6 p.m. (all events and oval except those below)
Shot Put	10 a.m. to 2 p.m.
Hammer	10 a.m. to 2 p.m.
Discus	2 to 6 p.m.
Javelin	2 to 6 p.m.

Wednesday, May 24

Facility Open	8 a.m. to 4 p.m. (all events and oval except those below)
Discus	8 a.m. to Noon
Javelin	8 a.m. to Noon
Hammer	Noon to 4 p.m.
Shot Put	Noon to 4 p.m.

Thursday, May 25

Oval Open: *7:30 a.m. to 3 p.m.

*The track will close for practice during Decathlon and Heptathlon running events; An announcement will be made when the track closes and when it re-opens for practice

Field Events Open:

Shot Put	7:30 a.m. to 9 a.m.	Long/Triple Jump	7:30 a.m. to 9 a.m.
Discus	7:30 a.m. to 9 a.m.	Pole Vault	7:30 a.m. to 8:30 a.m.
Javelin	9 a.m. to 10 a.m.	High Jump	7:30 a.m. to 9 a.m.

Friday, May 26

Oval Open: *7:30 a.m. to 3:30 p.m.

*The track will close for practice during Decathlon and Heptathlon running events; An announcement will be made when the track closes and when it re-opens for practice

Field Events Open:

Shot Put	7:30 a.m. to 9 a.m.	Long/Triple Jump	7:30 a.m. to 9 a.m.
Javelin	7:30 a.m. to 9 a.m.	Pole Vault	7:30 a.m. to 9 a.m.
		High Jump	7:30 a.m. to 9 a.m.

Saturday, May 27

Oval Open: 8 a.m. to 2 p.m.

Field Events Open: 8 a.m. to 9 a.m.