



2023 DIVISION II OUTDOOR
TRACK & FIELD
CHAMPIONSHIPS

PUEBLO, CO

Colorado State University Pueblo, Host

PARTICIPANT
2022-23 MANUAL

TABLE OF CONTENTS

Introduction/ Welcome	1
NCAA Staff/Committee	1
Host Personnel	3
Schedule of Events	4
Awards	5
Event Information	6
Facility Information	9
General Information	11
Media Services	13
Medical Information	15
Participant Expectations and Guidelines	16
Team Travel/Transportation Information	18
APPENDIX	
Comprehensive Schedule	A
Practice Schedule	B
Student-Athlete Participation Awards	C
Facility Diagram	D
Evacuation Procedures	E

Introduction/Welcome

Congratulations on your selection to the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships! This manual includes important information regarding the championships. This manual is a supplement, not a substitute, for the 2023 NCAA Division II Outdoor Track and Field Pre-championships Manual. Additional information is available on the championships website at NCAA.com and on NCAA.org (NCAA.org, Division II, Championships, Outdoor Track and Field (M/W), 2022-23 Participant Manual).

The championships will be held May 25-27 at the CSU Pueblo ThunderBowl in Pueblo, Colorado. Colorado State University Pueblo will serve as host for the championships.

Host Welcome

To the 2023 NCAA Division II Men's and Women's Outdoor Track & Field Championships Participants and Coaches:

Greetings from Colorado State University Pueblo and Pack Athletics! The city of Pueblo and members of the faculty and staff at CSU Pueblo are honored to host one of the largest championships sponsored by the NCAA. This year promises to be a fantastic event for all involved. We hope that your time in Pueblo will be most enjoyable and that your experience in this championship is positive and memorable.

Best wishes to all participants and coaches,

Paul Plinske, Ph.D.

Vice President for Athletics and Strategic Partnerships

NCAA Staff/Committee

NCAA Staff

Donisha Carter, championships manager
Phone: 317-917-6652
Email: dcarter@ncaa.org

Demetria Young
Phone: 317-917-6270
Email: dyoung@ncaa.org

Rachel Seewald, playing rules liaison
Phone: 317-917-6141
Email: rseewald@ncaa.org

Mark Kostek, secretary-rules editor
Phone: 515-208-8300
Email: kostekmt@gmail.com

NCAA Division II Men's and Women's Track and Field Committee

Melissa Ferry, Atlantic Region
Head Track and Field/Cross Country Coach
West Chester University of Pennsylvania
Phone: 703-965-1893
Email: mferry@wcupa.edu

Jackie Duvall, South Region
Associate Director of Athletics/SWA
Kentucky State University
Phone: 502-597-6553
Email: Jacqueline.duvall@kysu.edu

Brock Hime, Central Region
Head Track and Field/Cross Country Coach
Arkansas Tech University
Phone: 918-399-6153
Email: bhime@atu.edu

Danielle Anderson, South Central Region
Assistant Commissioner for Compliance
Lone Star Conference
Phone: 972-234-0033
Email: danielle@lonestarconference.org

Zach Emerson, East Region
Head Track and Field Coach/Assistant Athletic
Director
Franklin Pierce University
Phone: 603-831-2385
Email: emersonz@franklinpierce.edu

Joe Wassink, Southeast Region, **chair**
Head Track and Field Coach
Limestone University
Phone: 864-838-4957
Email: jwassink@limestone.edu

Doug Lipinski, Midwest Region
Deputy Director of Athletics – External
Relations
Grand Valley State University
Phone: 616-331-3264
Email: lipinskd@gvsu.edu

Tina Davis-Fernandes, West Region
Head Track and Field Coach
California State University, Los Angeles
Phone: 213-725-3534
Email: tdavisf@calstatela.edu

Host Personnel

Tournament Director

Name: Jenna McKinley
Phone: 719-549-2103
Email: jenna.mckinley@csupueblo.edu

Media Director

Name: Ben Greenberg
Phone: 719-549-2022
Email: ben.greenberg@csupueblo.edu

Athletic Training

Name: Jacob Heckman
Phone: 231-286-0953
Email: jacob.heckman@csupueblo.edu

Facility Director

Name: Mannie Reinsch
Phone: 719-549-2013
Email: emmanuel.reinsch@csupueblo.edu

Ticket Manager

Name: Garrett Jones
Phone: 719-549-2050
Email: garrett.jones@csupueblo.edu

Tournament Manager

Name: Racheal Morris
Phone: 406-459-6985
Email: Racheal_Morris@parkviewmc.com

Schedule of Events

Track and field competition will take place May 25-27. The competition schedule can be found online at NCAA.com and NCAA.org (Division II, Championships, Outdoor Track and Field (M/W), 2022-23 Schedule of Events). A comprehensive schedule for the week is included in **Appendix A**.

Packet Pick-up

Packet pick-up will be held Tuesday, May 23 from 4:30 to 6 p.m. and Wednesday, May 24 from 2:30 to 4 p.m. local time. Packet pick-up will be in the CSU Pueblo ThunderBowl Pack House (south end building of the ThunderBowl). Parking is available in front of the building. **Late packet pick-up will result in a fine of \$200 per gender.**

Mandatory Administrative Meeting

A virtual administrative meeting will be held Thursday, May 18 at 11 a.m. Eastern time. A meeting link will be provided to all selected teams. All head coaches or their institutional designee are required to attend to hear important information specific to the championships and the facility. **Institutions failing to have representation at the meeting will be fined \$200 per gender.**

Practice Schedule

A detailed practice schedule can be found in **Appendix B**. The facility **will not be available** for practice outside of the days/times listed. Please take note of the specific hours for each respective event.

Weight Room Availability

The Leomiti Warrior Center at the ThunderBowl will be available during open practices times on Tuesday, May 23 and Wednesday, May 24.

Weight room access will be available by appointment only on Thursday, May 25 through Saturday, May 27. Please contact Rashad Harris, Director of Sport Performance, at curstaldi.harris@csupueblo.edu. Athletes will use the Massari Arena weight room.

Student-athletes must be accompanied by a member of their coaching staff in order to use the weight room.

Implement Inspection

The hours for implement inspection/weigh-in are as follows:

- Wednesday, May 24 Noon to 4 p.m.
- Thursday, May 25 8:00 a.m. to 2 p.m.
- Friday, May 26 7:30 a.m. to 3 p.m.
- Saturday, May 27 8 a.m. to 2 p.m.

Student-athletes may use their own implements if they choose as long as they meet the certification process. Implements will be impounded at the time designated for certification. Additional implements will be provided by GILL in the event the student-athletes implement does not pass inspection.

Implement check-in will take place at the Gonzales Stadium, located as #3 on the facility map (implement inspection hours are listed above). All implements should be turned in at least two hours before the warm-up period for the first flight. Once an implement is submitted for certification, it will remain impounded until the completion of the event. Implements passing certification will be brought to the event site prior the start of warm-ups. Illegal implements will be secured until after the meet and may be picked up at the conclusion of competition.

Competitors who require implements for practice after check-in and impound should bring secondary implements.

All implements may be picked up 30 minutes following the conclusion of the event final. The host institution is not responsible for equipment not claimed following the competition.

Implements may be shipped to:

CSU Pueblo ThunderBowl
Attn: Jenna McKinley
Address: 2301 Rawlings Boulevard, Pueblo, CO 81001
Phone: 719-480-2347

It is the sole responsibility of each institution to package and ship implement materials for the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships to CSU Pueblo Thunderbowl. Colorado State University Pueblo does not assume any responsibility for the condition of the delivery.

Community Engagement

All Division II championships will provide community engagement experiences for participating student-athletes and coaches. As a key part of Division II's strategic position, community engagement emphasizes the relationship of athletics in strengthening communities.

Division II's unique approach to community not only connects athletics with outreach opportunities, but also brings communities inside the division's championship experience. Division II is committed to developing student-athletes and communities by actively engaging in

shared experiences. The objective of community engagement is to build relationships by bringing communities to experience Division II events.

For more information, or if you have any questions, please contact Jill Willson (E-mail: jwillson@ncaa.org; Phone: 717-360-3556). We sincerely appreciate your assistance with this NCAA Division II Community Engagement Event.

Awards

Elite 90 Awards

The NCAA Elite 90 awards will be presented to the male and female with the highest cumulative grade-point average competing at the championships. Coaches must submit nominees for the Elite 90 award by 5 p.m. Eastern time, **Monday, May 22**. Please visit <http://www.ncaa.org/about/resources/events/elite-90> to access the nomination form and other pertinent information regarding the award.

The Elite 90 award will be presented at the competition venue on the day winners will be competing.

Locker Room Program

The national championship teams will receive champion t-shirts and hats as part of the NCAA Locker Room Program. These items will be presented at the team awards ceremony after the final event.

NCAA Championship Awards

An awards ceremony will be held after the conclusion of each event, and awards will be presented to the top eight finishers in each event. Awards will be presented to the top four men's and women's teams after awards have been presented for the 4x400 relay teams. Student-athletes are required to wear official school uniforms/warm-ups for awards ceremonies. All individuals receiving an award must be represented on the awards stand. If a student-athlete is competing in another event soon after the awards ceremony, another participating student-athlete from that institution may stand in to receive the award. A coach from the national champion's institution must report to the awards immediately after the conclusion of the event to present the awards.

If a tie occurs in the finals, it will not be broken. A duplicate award will be ordered by the NCAA and sent to the institution after the championships. Institutions interested in purchasing additional awards that they receive on site can do so at <http://www.mtmrecognition.com/ncaa/>.

Participant Medallions

Participant medallions will be provided to all student-athletes selected for the championships and given to the institutional representative at packet pick-up. Institutions interested in purchasing additional participant medallions after the championships can do so at <http://www.mtmrecognition.com/ncaa/>.

Student-Athlete Participation Awards

Please see **Appendix C** for participation award information.

Event Information

Please see facility diagram in **Appendix D** for event locations.

Field Events

Student-athletes will be escorted to their event site by an official; however they may leave their venue when they have completed their attempts. For all field events on the infield, student-athletes will be permitted to cross the track under the supervision of an official once running events begin.

High Jump

The high jump is located on the north end D-Area of the ThunderBowl. The high jump pit will be positioned according to the recommendation of the Sport Committee. Two pits will be used for the combined events.

Long Jump

The long jump is located on the east side of the ThunderBowl, outside of lane 9. The event can be conducted from north to south or south to north. The north side runway is 159' long with an 8' board. The south side runway is 160' long with an 8' board. The South runways can be extended for the championships. The North runways are set and cannot be extended.

Triple Jump

The triple jump is also located on the east side of the Thunderbowl, outside of lane 9. The event can be conducted from north to south or south to north. The runway lengths are as follows:

North Side Runway

- 136' long runway with a 32' board.
- 132' long runway with a 36' board.
- 127' long runway with a 41' board

South Side Runway

- 137' long runway with a 32' board
- 133' long runway with a 36' board
- 128' long runway with a 41' board

The South runways can be extended for the championships. The North runways are set and cannot be extended.

Pole Vault

The pole vault is located in the in-field on an elevated runway. The runway is 48" wide x 150 feet long. The event can be run north to south and south to north.

Poles may be shipped to:

CSU Pueblo ThunderBowl
Attn: Jenna McKinley
Address: 2301 Rawlings Boulevard, Pueblo, CO 81001
Phone: 719-480-2347

It is the sole responsibility of each institution to package and ship pole vault materials for the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships to CSU Pueblo Thunderbowl. Colorado State University Pueblo does not assume any responsibility for the condition of the delivery.

Furthermore, the return of the pole vault materials after the championships is the sole responsibility of the competing institution. A return bill of lading, completely filled out, must be attached to your poles for return shipment. Colorado State University Pueblo is not responsible for the return of goods—this includes packaging and labeling the pole vault shipping materials. Colorado State University Pueblo assumes no responsibility for the condition of delivery, checking contents and/or return shipping process.

Shot Put

The shot put is located outside the ThunderBowl and on the south side of Rawlings Boulevard. The event will have separate competition and practice venues. There is ample seating for spectators as the throws area is in a “bowl”. The landing area is a sand/dirt mixture that has a pit that is 22 meters long.

Hammer/Discus

The hammer/discus area is located outside the ThunderBowl and on the south side of Rawlings Boulevard. There is ample seating for spectators as the hammer/discus is in a “bowl”. The landing area is a sand/dirt mixture that has a pit that is 77 meters from front circle and 79 meters from back circle.

Javelin

The javelin is located adjacent to the shot put and hammer/discus areas. There is ample seating for spectators as the javelin is in a “bowl”. The landing area is a grassy surface and it has a 78 meter sector with a 35 meter runway.

Running Events

- Meet management will have batons.
- Only Gill Athletics starting blocks provided by meet management may be used.
- Coaches may declare relay alternates during the championships declaration period on DirectAthletics. Changes and/or declarations may be made until the end of packet pick-up on Wednesday, May 24. **COACHES MUST SEE DONISHA CARTER DURING PACKET-PICK UP TO CONFIRM ANY RELAY ALTERNATES.**

Relay Alternates

- Qualified student-athletes who have been declared and are accepted into the championships in another event shall be allowed to run as substitutes for relays.
- Student-athletes who did not qualify to the championships may serve as an alternate for relays.
- A maximum of four student-athletes can be named as replacements on any specific relay team, in addition to the four student-athletes on the relay that achieved the qualifying mark.
- The name(s) of uninvited student-athletes who may serve as alternates for relays shall be listed no later than packet pick-up. The listed uninvited alternate may only compete in his or her listed relay and will be permitted to run in any heat or final of that respective relay. **ANY STUDENT-ATHLETE NOT LISTED BY THE END OF PACKET PICK-UP WILL NOT BE ELIGIBLE TO COMPETE IN THE CHAMPIONSHIPS.**

- The four members who achieve the qualifying mark will be the ‘declared’ relay team for that institution and will be the only individuals for which the NCAA will provide travel reimbursement. **INSTITUTIONS MUST NOTIFY DONISHA CARTER IF THEY DO NOT INTEND ON BRINGING ONE OF THE FOUR STUDENT-ATHLETES WHO ACHIEVED THE QUALIFYING MARK. FAILURE TO DO SO COULD RESULT IN A MISCONDUCT.**

Check-In

Check-In procedures outlined in Technical Manual posted on NCAA.org (Division II, Championships, Outdoor Track and Field (M/W), 2022-23 Technical Manual). **Teams and/or individuals that check-in late and not in accordance with the noted times outlined in the Technical Manual may jeopardize participation in their event.**

Relay Cards

All student-athletes must check-in at least 30 minutes prior to the start of the event. Finalized relay cards must be turned in at least 15 minutes before the start of the event at the check-in area (see facility diagram in **Appendix D**). Teams not checked in by this time will not be eligible to run the relay. Medical personnel will be present prior to the relays to address any extenuating circumstances. **ANY STUDENT-ATHLETE NOT LISTED BY THE DEADLINE WILL NOT BE ELIGIBLE TO COMPETE. ANYONE ALREADY IN THE MEET CAN BE A SUBSTITUTE ON A RELAY.**

Bibs and Hip Numbers

Named bibs will be issued for the front of the uniform, and numbered bibs will be issued for the back of the uniform. Bibs must be worn as issued without any modification or alteration. In all jumping events, the competitors may choose to wear either the named bib on front or the numbered bib on back. Bibs will be issued to the student-athlete by the clerk when they check-in for their first event at the check-in station. Bibs will not be in team packets given at packet pick-up.

Hip numbers will be issued for runners by the Clerk. They will be worn on both left and right hips and must not be obscured by an athlete’s clothing. Runners in races 800 meters and longer, as well as all members of 4x400 meter relay, will also be issued a number to be worn on the upper portion of the uniform top.

Coaches Access

Coaches are not permitted on the infield at any time. The only exception is for the pole vault and high jump.

Pole Vault

A coaches box will be set up for the pole vault, and each team with at least one athlete competing in the pole vault will receive a designated wristband for the pole vault coach. This will be available in the team packet. Coaches will only be allowed in the pole vault area while their athletes are competing.

Throws

A coaches box will be set up for the throws area, and each team with at least one athlete competing in any throws competition will receive a designated wristband for the throws coach in the team packet. Coaches will only be allowed in the throws area while their athletes are competing.

Long/Triple Jump

There will be two reserved areas for coaches in the east side bleachers of the ThunderBowl depending on which runway is used. These bleachers run parallel with the long/triple jump runway.

High Jump

A coaches box will be set up for the high jump in the in-field, and each team with at least one athlete competing in the high jump will receive a designated wristband for the high jump coach in the team packet. Coaches will only be allowed in the high jump area while their athletes are competing.

Video Review

For all events, video review will be allowed in all coaches areas, so long as the review does not interfere with other coaches and student athletes. Each area official will have a policy on how and where to access video review.

Facility Information

CSU Pueblo ThunderBowl

The *CSU Pueblo ThunderBowl* is one of the premier football and track and field facilities in all of NCAA Division II. The ThunderBowl features 6,500 seats, a synthetic turf field, a ten-lane all-weather track (resurfaced in 2020), throwing, jumping and pole vault areas, as well as a 27,000-square-foot field house, which includes a 2,700-square-foot athletic training room, team meeting areas, student-athlete study-areas and lounges, and track and football coaches' offices.

The stadium is also home to the Leomiti Warrior Center, a 10,000-square-foot strength and conditioning complex for all 22 of CSU Pueblo's intercollegiate athletics programs.

Track Surface (RSS 2000 Synthetic is 100% polyurethane bases): We are VERY excited to have a new surface as of 2020! This surface is conducive to great performances while minimizing the stress on the athlete's body.

Facility map is available in **Appendix D**.

Facility Regulations

Please see **Appendix F** for facility policies. The clear bag policy will be enforced for spectators.

Parking

Team Parking

Teams may drop off their participants and coaching staff at the southwest entrance (Gate 3) to the ThunderBowl. Teams will park in the Recreation Center parking lot.

Spectator Parking

Spectators will park in Lot E-10, the lot to the west of the ThunderBowl. Ample handicap parking is available.

Entrances/Facility Access

Teams will enter the southwest gate (Gate 3) of the ThunderBowl. Only individuals with credentials will receive access.

Spectators will enter the south gates (Gates 4 and 5) of the ThunderBowl. Individuals must have tickets or all-session passes to receive admission. No complimentary admission is permitted.

Markings

Chalk is not allowed to be used on the track or on the runways for field events. The only authorized material for use as assistance in the relay (Rule 5-8.4) or on runways (Rule 6-1.7e) is white athletic tape of the size specified in the Rules Book. In the case of weather, thumbtacks will help the tape to stay in its spot and officials will have a limited amount for the participants to use. However, the host facility encourages individuals to bring their own tape and thumbtacks for their markings.

Restrooms

Participant restrooms are located throughout the venue, including next to the track on the south end. Portable restrooms are available at varying locations around the venue.

Spectator restrooms are located behind the east and west press box. All restrooms are handicap accessible.

Security

Security personnel will be on site throughout the championships to monitor and ensure the safety and security of all participating teams, officials and spectators. In the event of an emergency, security staff will assist with the prompt evacuation of the facility. Important contact information for local police, fire and medical centers is listed below:

DC Security

Dan Corsentino
719-696-9516

Parkview Health System

719-584-4000

Pueblo Fire Department

719-553-2830

Spike Regulations

Only pyramid spikes with a maximum of a ¼” in length will be allowed for use during practice or competition. This applies to all events, except for the high jump and javelin. For shoes with a recessed spike plate, ¼” of exposed spike is maximum. Needle and compression spike or Christmas tree spikes are strictly prohibited.

Warm-Up Area

Athletes will warm-up at the Rawlings Baseball Field located west of the ThunderBowl. The facility is 100% synthetic surface. Hurdles and starting blocks will be available for use at the site.

For safety reasons, the wearing of headphones or earbuds by athletes is prohibited when actively warming up in the warm-up area.

General Information

Banners and Artificial Noisemakers

No banners may be posted at the tournament other than the NCAA approved banners. Artificial noisemakers, air horns, flags on poles, and electronic amplifiers are not permitted and shall be removed upon discovery.

Championship Merchandise

Official NCAA championship merchandise will be available for purchase at the championships. Participants will also be given the opportunity to pre-order apparel through Event 1, Inc., and the official souvenir merchandiser for the NCAA.

Concessions

Concessions will be available on both the east and west side of the ThunderBowl on Thursday, Friday and Saturday during competition. Several concession items will be available for purchase.

Coverage of Championships

Portions of the championships will be streamed live on NCAA.com. To access the live stream, go to www.ncaa.com. A link to view the championships will be available on competition days.

Credentials

Credentials will be provided for each participating team as follows:

- Institutions qualifying one to four student-athletes will receive credentials for the participating student-athletes and two non-athletes.
- Institutions qualifying five to eight student-athletes will receive credentials for the participating student-athletes and three non-athletes.
- Institutions qualifying nine or more student-athletes will receive credentials for the participating student-athletes and four non-athletes.
- Institutions qualifying a relay will receive up to **TWO** additional participant credentials.
- Each participating institution will have the ability to request an administrator and his or her designee be added to a pass list. The list will be located at will call and photo identification will be required for free admission. Email request to Demetria Young (dyoung@ncaa.org).
- Each participating institution will receive up to **ONE** medical credential for a certified athletic trainer. Medical credentials should be requested through the host. **A photo identification and Board of Certification are required to pick up a medical credential.**
- Any additional coaches attending the championships will have to purchase tickets to the venue.
- Media credential requests must be made online at <http://www.ncaa.com/media>.
- Any misuse of credential could result in a misconduct.

NOTE: The official travel party is different from the credential allotment noted above and is outlined in the 'Travel/Transportation' section of this manual. Only members of the official travel party will receive expense reimbursement, complimentary social reception tickets, etc.

NOTE: Any misuse of a credential can result in a misconduct toward the involved institutions.

Lightning Emergency

Following NCAA protocol, the host will be using MxVision WeatherSentry online lightning detection and weather monitoring system. Once lightning enters the 30 mile radius of competition, we will begin preparations to protect the student-athletes and spectators. Once lightning enters an eight mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. Activities will not begin until 30 minutes have passed since the last lightning strike inside the warning ring.

Heat Sheets

Heat sheets will be included in the institutional packets for the participating teams. Results and updated heat sheets will be posted online at NCAA.org.

Hospitality

Student-athlete and coaches hospitality will be located at Rawlings Baseball Field. Snacks, beverages will be provided.

Please see facility diagram in **Appendix D** for location.

Individuals must have the appropriate credential for access to the hospitality areas.

Team Camp/Student Athlete Lounge

An indoor complex (The ART) will be utilized for team camp and student athlete lounge area. This area will also have massage therapists, chairs, cell phone chargers, and live streaming of competition in the ThunderBowl.

Please see facility diagram in **Appendix D** for location.

Individuals must have the appropriate credential for access to the hospitality areas.

National Anthem

The national anthem will be prior to the start of the first running event each day.

Post-Championship Evaluation

After the championships, coaches will be provided (via email) a link to an online survey of the championships. Coaches should complete the survey themselves *and* forward it on to all participating student-athletes. **Coaches' assistance in forwarding the email is crucial to this process.** We appreciate your involvement in helping the NCAA with this important work.

Results

Live results will be available online at NCAA.com.

Scoring/Timing

Leone Timing will be the official timer of the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships. The meet will be scored according to Rule 7 of the [2023-2024 NCAA Cross Country and Track and Field Rules Book](#).

Ticket Information

Tickets can be purchased online at <https://gothunderwolvestickets.universitytickets.com/w/> or on the day of competition. Ticket prices are as follows:

Adult Single Day - \$10
Adult All-Session - \$25
Student - \$7

Water/POWERADE for Participants

Water and POWERADE-branded equipment and product will be available for student-athletes during competition. Equipment carrying any branding other than POWERADE will not be permitted during NCAA championships and all product should be consumed out of the NCAA-provided POWERADE branded squeeze bottles.

Media Services

Important information regarding NCAA media policies can be found online at [NCAA.com/media](https://www.ncaa.com/media). For media questions specific to the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships, please contact Ben Greenberg, Director of Sports Communications at ben.greenberg@csupueblo.edu.

Championship Websites

The official website for the championships is available at [NCAA.com](https://www.ncaa.com). Additional information specific to participants can be found on [NCAA.org](https://www.ncaa.org).

Credentials for Media

All media credential requests, including requests for institutional sports information personnel, should be submitted online at [NCAA.com/media](https://www.ncaa.com/media). Credentials may be picked up at the CSU Pueblo ThunderBowl Pack House on Tuesday, May 23 from 4:30 to 6 p.m. and Wednesday, May 24 from 2:30 to 4 p.m. local time or at Will Call on Thursday, Friday and Saturday. A photo ID is required to receive any media credentials. For additional questions, please contact Ben Greenberg, Director of Sports Communications at ben.greenberg@csupueblo.edu.

Interviews

Immediately after a 10-minute cooling-off period, an interview area will open to all certified members of the news media; any coach and student-athletes requested by the media will be available for interviews.

Regardless of regular-season radio or television contract(s), the coach is obligated to the entire covering media during the championship and must report to the interview room immediately after the 10-minute cooling-off period. The coach cannot delay a post-competition interview with the covering media to conduct a program for a single newspaper, radio or television reporter unless requested to remain for a short interview (not to exceed four minutes) by the television entity that has been granted television rights by the NCAA.

Coaches cannot make themselves available to selected media representatives before the conclusion of the 10-minute cooling-off period. They may, however, open their dressing rooms and/or report to the interview area before the cooling-off period ends, and make themselves available to all media representatives staffing the championship. Should a coach permit one media agency access before the 10-minute cooling-off period has ended, access shall be granted to all other media

representatives desiring access. The NCAA championships have an “open locker room policy,” which is administered by the media coordinator on site.

Media Work and Hospitality Area

Media will have access to the ThunderBowl Pack House to work in a dedicated media space. There is also space in the east side press box suite (south end). Snacks and beverages will be available throughout the championships for all media.

Media Parking

Reserved parking will be available to media in front of the ThunderBowl Pack House. Parking credentials will be provided to all media in the Packet Pick Up.

Photography/Videography

The NCAA owns all rights to all of its championships as listed in NCAA Bylaw 18.3. These rights include, in addition to the rights with respect to participation and admission, rights to televise (live and delayed), radio broadcasting, filming and commercial photography. NCAA Photos is the official championships photographer for the NCAA, which has the right to sell photographs of championship activity. NCAAPhotos.com currently provides member institutions, coaches, student-athletes and their parents’ access to photography online at a discounted rate. Member institutions have full access to the NCAA photo library found at NCAAPhotos.com for non-commercial use (e.g., for year books, on-site banners and posters, web, media guides, etc.).

Institutional videographers will be permitted to capture competition footage from the still photographer areas. These areas are designated by the championship sports committees in conjunction with the championship media coordinator. Each institution will be permitted to have one videographer for this purpose and will only be permitted to capture footage of events/contests in which it is participating. The NCAA will grant university permission to videotape this NCAA championship event for non-commercial uses only. Non-commercial uses include university banquet videos, recruiting videos, institutional PSAs, video boards, and institutional athletic hall of fames. In addition, the NCAA will permit institutions to use institutional videographer footage captured for two commercial uses: a) use on the official institution athletic website, and b) institution coach’s shows.

Institution and videographer understand that any violation of the above policies WILL result in an infringement of the NCAA’s copyright. Copyright infringement could result in a financial penalty of up \$50,000 per violation to be paid to the NCAA. In addition, the NCAA reserves all other sanctions including but not limited to institutional photographer/videographer privileges being revoked for up to a five-year period for all NCAA championships competition.

Programs

Learfield is partnering with the NCAA to produce digital game programs for NCAA Championships. All game programs can be viewed at NCAA.com/gameprograms. The program is free to view and can be downloaded and printed in any way you see fit. Using a digital platform will allow Learfield to add extra pages to programs in addition to extending deadlines to allow for the most up-to-date information to be included in the program. The NCAA and Learfield encourage all participating schools to promote the digital publication link on athletics and school-affiliated websites and social media outlets. Please share with student-athletes, faculty, alumni organizations or any other group that may have interest, as well as local media outlets.

Results

Results will be available online at NCAA.com.

Medical Information

Athletic Training

The athletic training room will be accessible to student-athletes in the ThunderBowl Pack House (See facility diagram in **Appendix D**). An additional athletic training tent will be available on the track for participants. The athletic training room will be open when the track opens on practice days and will close at the end of practice sessions. On competition days, both the athletic training room and tent will open at the start through the conclusion of competition.

One medical credential per institution may be requested for a certified athletic trainer by emailing Jacob Heckman (jacob.heckman@csupueblo.edu). Approved medical credentials will be available for pick-up at the athletic training tent during hours of practice. Photo identification and Board of Certification are required to pick up a medical credentials.

Student-athletes seeking specific treatments should **provide written instructions from their sports medicine staff indicating any specific treatment protocols** if they are not traveling with a certified athletic trainer.

Athletic Training Hours:

Tuesday, May 23	10 a.m. to 6 p.m.
Wednesday, May 24	8 a.m. to 4 p.m.
Thursday, May 25	7:30 a.m. to 1 hour after the conclusion of events
Friday, May 26	7:30 a.m. to 1 hour after the conclusion of events
Saturday, May 27	8 a.m. to 1 hour after the conclusion of events

Any questions regarding the Athletic Training services should be directed to:

Name: Jacob Heckman
Cell: 231-286-0953
Email: jacob.heckman@csupueblo.edu

Concussion Management

The NCAA has adopted legislation that requires all active member institutions to have a concussion management plan for their student-athletes. Participating institutions shall follow their concussion management plan while participating in NCAA championships. If a participating team lacks appropriate medical staff to activate its concussion management plan, the host championship concussion management plan will be activated.

The legislation notes, in part, that a student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletics activities (e.g., competition, practice, conditioning sessions) and evaluated by a medical staff member (e.g., sports medicine staff, team physician) with experience in the evaluation and management of concussions; a student-athlete diagnosed with a concussion is precluded from returning to athletics activity for at least the remainder of that calendar day; and medical clearance for return to athletics activity shall be determined by the team physician or the physician's designee from the student-athlete's institution. In the absence of a team physician or their designee, the NCAA tournament physician will examine the student-athlete and will determine medical clearance.

A concussion is a brain injury that may be caused by a blow to the head, face, neck or elsewhere on the body with an “impulsive” force transmitted to the head. Concussions can occur without loss of consciousness or other obvious signs. A repeat concussion that occurs before the brain recovers from the previous one (hours, days or weeks) can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in brain swelling, permanent brain damage and even death.

For further details please refer to the “NCAA Sports Medicine Handbook Guideline on Concussions” online at NCAA.org.

Hospital Information:

Parkview Health Systems
400 W. 16th Street, Pueblo, CO 81003
719-584-4000

Participant Expectations and Guidelines

Drug Testing

Student-athletes who compete in these championships may be subjected to drug tests in accordance with Bylaws 18.4.1.5 and 31.2.3 and may be determined to be ineligible as a result thereof. Only student-athletes who have consented in writing to such testing are initially eligible for these championships; and thereafter, student-athletes who are tested shall remain eligible only if they test negative.

More information regarding drug testing at NCAA championships can be found at NCAA.org (Health and Safety, Discouraging Alcohol and Other Drug Abuse).

Ethical Behavior by Coaches

As a member of the coaching profession, coaches have inherent obligations and responsibilities to the profession, to the student-athletes, and to all those with whom they come into contact. Coaches are expected to be role models and to conduct themselves with integrity and high ethical standards at all times. In order to fulfill these responsibilities, a coach must:

1. Per NCAA Bylaws, conduct all intercollegiate competition in accordance with the playing rules of the Association.
2. Place the safety and welfare of others ahead of winning and personal prestige.
3. Treat all people with honesty, fairness and respect. (In particular, such things as vulgar and profane language or taunting, intimidating or baiting opponents or the media, are not acceptable from a coach or a student-athlete.)
4. Teach and model for student-athletes and staff members strict adherence to the rules and regulations of the sport and its governing bodies.
5. Recognize, accept and teach to the team and the staff that their public behavior projects an image of the program and the university or college they represent. Therefore, behavior should be appropriate and honorable at all times.

Medical Scratches

If a student-athlete becomes injured after selections and prior to arriving on site, the NCAA championships manager must be notified immediately via email and documentation from a doctor

or athletic trainer must be submitted with scratch notification. No additional participants will be added to the field for the championships competition after the medical scratch deadline.

If a student-athlete arrives on site and becomes injured prior to competing, that student-athlete must be medically scratched by the designated trainer/physician. The medical scratch is all-inclusive and not selective by event. At that point, no alternates would be added.

If a student-athlete becomes injured during competition, and does not complete an event due to an injury or illness, that student-athlete must be cleared by the designated trainer/ physician to compete in other events. **All medical scratches and re-entry after failing to finish an event must be approved by the official meet physician/athletic trainer.**

Misconduct/Code of Conduct

Misconduct is defined as “**any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.**”

Public criticism of officials may subject the individual, institution or conference to the misconduct provisions.

The games committee is authorized to (1) reprimand publicly or privately, (2) disqualify from future participation and/or (3) ban from subsequent competition a student-athlete or representative of the institution who is guilty of misconduct at any time during the championship.

An administrator must attest to the Code of Conduct by 5 p.m. Eastern time. **INSTITUTIONS THAT HAVE NOT COMPLETED THE ELETRONIC ATTESTATION CODE OF CONDUCT FORM BY THE DEADLINE WILL BE ASSESSED A FINE OF \$200 PER GENDER PER TEAM.** A link containing the form will be sent to head coaches with the selection announcement email on Tuesday, February 28.

The Code of Conduct form is available on the [NCAA website](#) (Division II, Championships, Outdoor Track and Field (M/W), 2022-23 Division II Code of Conduct form).

Protests/Appeals

All protests must be filed on the official protest form, available at the assigned protest area. One copy shall be posted in the designated protest area, and the other copies shall be given to the referee. A protest must be filed no later than 15 minutes after the official results are posted. All institutions involved in the protest will be notified of the protest and the decision. The referee’s decision shall be written on each copy of the protest. One copy shall be returned to the protesting coach and one shall be placed in the committee’s files. A \$50 deposit is required for all protests, which will be returned if the protest is successful in reversing the decision. Final decisions rests with the referee. No further appeal is available.

Correctable Error. Within 72 hours after the last event of a meet, or before the subsequent round, results can be corrected if administrative errors are detected (i.e., incorrect calculation of team, individual or combined-event scores, timing error).

Student-Athlete Bio Forms

Teams should complete the electronic Student-Athlete Bio form for each of their athletes. The form can be accessed by using the link below. Bio forms will not be collected onsite.

Bio Form: <https://forms.gle/JFQeUz1EAQTDcJtZ9>

Uniforms

When engaged in competition, each competitor must wear an official team uniform with components governed by the rules or be subject to disciplinary actions. Competitors who are not in proper uniform compliance shall not compete until a compliant uniform is worn. The competition will not be delayed to accommodate compliance with the rule. Wearing any part of the official team competition uniform illegally while in the area of competition shall lead to a warning by the nearest official that repeated violation may result in disciplinary action. A report of uncorrected violations shall be made to the games committee, referee, and offending competitor's coach. Please see the [2023-24 Cross Country/Track and Field Rule Book](#) for more detailed information.

Logos

Per NCAA Bylaw 12.5.4, an institution's official uniform and all other items of apparel (that is, team jersey, socks) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2-1/4 square inches, including any additional material (that is, patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (that is, rectangle, square, parallelogram). An institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction. A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo of an apparel manufacturer or distributor. This restriction shall not include logos that identify the student-athlete's institution or conference.

These restrictions apply to all apparel worn by student-athletes during the conduct of competition, including pre-meet or post-meet activities.

Travel/Transportation Information

Institutional Travel Arrangements

Institutions should contact Short's Travel Management, the NCAA travel service, at 866-655-9215 to make air travel arrangements. Teams located within 500 miles of the competition site are required to travel via ground transportation. If extraordinary circumstances warrant an exception to the established travel policies, you must contact the NCAA's travel department at 317-917-6757 or travel@ncaa.org for approval before making any travel arrangements.

Per NCAA travel policies, you are allowed to book travel for individual sports prior to the official selections announcement. **However, please be advised that your institution will be billed for any charges incurred as a result of any of the following situations:**

1. Any student-athletes who do not qualify for reimbursement
2. Any student-athlete who gets injured, has an illness or does not travel for any reason
3. Any non-athlete above the number that are reimbursable, based on the number of student-athletes who qualify
4. Any name changes or flight changes that result in penalties.
5. Any charges incurred when group space is blocked and then canceled.

Understanding these potential charges, which will be reviewed with you prior to any tickets being charged, you should feel free to book your individual sports as early as you feel comfortable. If

you have any questions about this policy, please feel free to contact Short's Travel Management at 866-655-9215, or the NCAA Travel Department at 317-917-6757.

Expenses/Reimbursement

Expense reimbursement for participation in the championships will be filed through an online system. All competing institutions must request reimbursement through the system in order to receive the appropriate reimbursement. Transportation expenses and per diem allowances shall be provided for all qualifying student-athletes and all eligible non-athletes. The Travel Expense System (TES), as well as per diem allowance policies, are available on the [NCAA website](https://www.ncaa.org) at NCAA.org, sports, general information, travel and reimbursement information.

NCAA Travel Policies

All NCAA travel policies can be found on the NCAA website (NCAA.org, Division II, Championships, Travel and Reimbursement Information).

Travel Party

The travel party for the 2023 NCAA Division II Men's and Women's Outdoor Track and Field Championships is as follows:

- Institutions that qualify one to four individuals for the championships will receive transportation reimbursement and per diem for the participating student-athletes and one non-athletes.
- Institutions that qualify five or more individuals for the championships will receive transportation reimbursement and per diem for the participating student-athletes and two non-athletes.
- Reimbursement and per diem will be provided only for the number of student-athletes who qualified for the championships, and not for any additional student-athletes who may serve as alternates for relays.

NOTE: The official travel party is different from the credential allotment. Only members of the official travel party will receive expense reimbursement.

For Pueblo attractions Please visit: www.visitpueblo.org

**2023 NCAA Division II Outdoor Track and Field Championships
Pueblo, CO May 23-27**

Please refer to the detailed practice schedule for specific practice times for each respective event. Additional information regarding the items below, including locations, are included within this manual.

Tuesday, May 23

10 a.m. to 6 p.m.	Facility open for practice (<i>see practice schedule for details</i>)
4:30 to 6 p.m.	Packet pick-up

Wednesday, May 24

8 a.m. to 4 p.m.	Facility open for practice (<i>see practice schedule for details</i>)
Noon to 4 p.m.	Implement inspection
2:30 to 4 p.m.	Packet pick-up

Thursday, May 25

7:30 a.m.	Facility open for practice (<i>see practice schedule for details</i>)
8 a.m. to 2 p.m.	Implement inspection
10:30 a.m.	Start of competition

Friday, May 26

7:30 a.m.	Facility open for practice (<i>see practice schedule for details</i>)
7:30 a.m. to 3 p.m.	Implement inspection
9:30 a.m.	Start of competition

Saturday, May 27

8 a.m.	Facility open for practice (<i>see practice schedule for details</i>)
8 a.m. to 2 p.m.	Implement inspection
11 a.m.	Start of competition
9:20 p.m. (approximately)	Team awards

Practice Schedule
2023 NCAA Division II Outdoor Track and Field Championships

Tuesday, May 23

Facility Open	10 a.m. to 6 p.m. (all events and oval except those below)
Shot Put	10 a.m. to 2 p.m.
Hammer	10 a.m. to 2 p.m.
Discus	2 to 6 p.m.
Javelin	2 to 6 p.m.

Wednesday, May 24

Facility Open	8 a.m. to 4 p.m. (all events and oval except those below)
Discus	8 a.m. to Noon
Javelin	8 a.m. to Noon
Hammer	Noon to 4 p.m.
Shot Put	Noon to 4 p.m.

Thursday, May 25

Oval Open: *7:30 a.m. to 3 p.m.

*The track will close for practice during Decathlon and Heptathlon running events; An announcement will be made when the track closes and when it re-opens for practice

Field Events Open:

Shot Put	7:30 a.m. to 9 a.m.	Long/Triple Jump	7:30 a.m. to 9 a.m.
Discus	7:30 a.m. to 9 a.m.	Pole Vault	7:30 a.m. to 8:30 a.m.
Javelin	9 a.m. to 10 a.m.	High Jump	7:30 a.m. to 9 a.m.

Friday, May 26

Oval Open: *7:30 a.m. to 3:30 p.m.

*The track will close for practice during Decathlon and Heptathlon running events; An announcement will be made when the track closes and when it re-opens for practice

Field Events Open:

Shot Put	7:30 a.m. to 9 a.m.	Long/Triple Jump	7:30 a.m. to 9 a.m.
Javelin	7:30 a.m. to 9 a.m.	Pole Vault	7:30 a.m. to 9 a.m.
		High Jump	7:30 a.m. to 9 a.m.

Saturday, May 27

Oval Open: 8 a.m. to 2 p.m.

Field Events Open: 8 a.m. to 9 a.m.



NCAA-Awards.com

CONGRATULATIONS ON YOUR TEAMS' SUCCESS!

HOW TO GET YOUR NCAA AWARD



The NCAA provides Legends with the email address of a designated point person for each sport & school. Make sure you have communicated to the NCAA the correct person to receive the email which will include your gift code. Once the email is sent, you will be instructed to the site to place your school's order: www.NCAA-Awards.com

- Enter password: NC@W2023!!
- Choose your Season, Division, Sport from each drop-down menu
- Select your teams' full quantity of gifts and add to cart
- At checkout, enter the gift code sent to you in the email
 - This payment code can be used once
- Any amount over the designated spend from the NCAA, can be paid for with your credit card

[Click here to view user guide.](#)

Questions?

Email LGM-NCAA-Awards@legends.net

Orders will ship within 3-5 weeks.

Please add us to your addressbook.



AWARDS ORDERS PLACED BY

FALL	2/1/2023
WINTER	6/1/2023
SPRING	8/1/2023

We encourage you to redeem your gift code immediately. If gift code is not redeemed by the above date, a default gift will be sent.

Place your order at NCAA-Awards.com





COLORADO STATE UNIVERSITY
PUEBLO

ATHLETICS MAP

gothunderwolves.com





● Fields and Buildings:

1. Athlete Warm-up Area (Rawlings Baseball)
2. Team Camp Area (ART) / Student Athlete Hospitality
3. Implement Weigh-In (Gonzales Stadium)
4. Student Athlete Drop Off
5. Clerking and Check-In (Leomiti Warrior Center)
6. Packet Pick-Up (Pack House)
7. Coaches Hospitality
8. Awards Podium
9. Horizontal Jumps
10. Pole Vault
11. High Jump
12. Shot Put
13. Discus/Hammer
14. Javelin
15. Protest Table
16. Athlete Training
17. Media Workspace
18. Leone Timing, NCAA Committee, Host SID Staff

● Parking Sectors:

- A. E-10 - Fan parking
- B. NCAA Parking / Parking / Officials / Volunteers
- C. Team Bus (Lot near Rec Center)

-  Emergency Phone
-  Handicapped



COLORADO STATE UNIVERSITY PUEBLO

THUNDERBOWL POLICIES

- All guests entering the ThunderBowl are subject to search by our security staff.
- Smoking is prohibited inside the ThunderBowl. E-cigarettes, vapes and chewing tobacco are also prohibited.
- Outside alcohol is not permitted inside the ThunderBowl.

Prohibited Items

- Backpack, camelbacks, large purses, oversized tote bags, camera bags, and printed bags
- Glass bottles, aluminum bottles or re-usable water bottles
- Artificial noisemakers
- Coolers/ice chests
- Lawn Chairs
- Propane heaters
- Umbrellas
- Any item(s) deemed dangerous or unacceptable by security

Permitted Items

- Seat cushions and chair backs must be 18" or less in width (no pockets, zippers, or covers)
- Small personal cameras
- Binoculars
- Service Animals (not emotional support animals)
- Blankets



COLORADO STATE UNIVERSITY PUEBLO

THUNDERBOWL BAG POLICY

Be clear on stadium safety.

In accordance with ThunderBowl Policy Security Guidelines, the only bags, packages or containers permitted inside the venue are the following:

- One- Gallon clear, plastic freezer bag
 - Does not exceed 11" x 11"
- Bag that is clear plastic, vinyl or PVC
 - Does not exceed 12" x 12" x 6"
- Small wristlet or handheld wallet, with or without handle or strap
 - Does not exceed 8" x 5" x 2"

The only exception will be medically necessary items that will be admitted after being screened.