

2024 Indoor Track and Field Championships

Progressions:

High Jump

Men- 2.03, 2.08, 2.13, 2.16, 2.19, 2.22, 2.25, 2.28, 2.31

Women- 1.62, 1.67, 1.72, 1.75, 1.78, 1.81, 1.84, 1.87, 1.90, 1.93

Pole Vault

Men- 4.89, 5.04, 5.14, 5.24, 5.34, 5.44, 5.54, 5.59, 5.64, 5.69, 5.74

Women- 3.77, 3.92, 4.02, 4.12, 4.22, 4.32, 4.42, 4.47, 4.52, 4.57, 4.62

