

**2023 Division II Cross Country
Central Region Starting Box Assignments**

WOMEN		MEN	
School	Starting Box	School	Starting Box
Emporia St.	1	Pittsburg St.	1
Washburn	2	East Central	2
Winona State	3	Southern Nazarene	3
MSU-Moorhead	4	Nebraska-Kearney	4
Southeastern Oklahoma	5	Missouri Western	5
Oklahoma Baptist	6	U-Mary	6
Central Oklahoma	7	Northwestern Oklahoma	7
Harding	8	Northern State	8
Central Missouri	9	Missouri Southern	9
Rogers State	10	Rogers State	10
Missouri Southern	11	Central Missouri	11
Southern Nazarene	12	Augustana (S.D.)	12
Fort Hays St.	13	Newman	13
Sioux Falls	14	Concordia-St. Paul	14
Northwestern Oklahoma	15	Minnesota-Crookston	15
Concordia-St. Paul	16	Minnesota-Duluth	16
East Central	17	Emporia St.	17
St. Cloud State	18	Harding	18
Newman	19	NW Missouri	19
Bemidji State	20	Winona State	20
Wayne State (Neb.)	21	Washburn	21
Ouachita Baptist	22	Fort Hays St.	22
Minnesota State	23	Wayne State (Neb.)	23
Nebraska-Kearney	24	Oklahoma Baptist	24
Pittsburg St.	25	Minnesota State	25
Missouri Western	26	Sioux Falls	26
Augustana (S.D.)	27	Minot State	27
Minnesota-Duluth	28	MSU-Moorhead	28
Minnesota-Crookston	29	Ouachita Baptist	29
Minot State	30		
Northern State	31		
NW Missouri	32		
U-Mary	33		
Arkansas Tech	34		