

**2018-2022 Dates and Sites**  
**NCAA Division II Men's and Women's Cross Country**

**2018-19**

Round	Host	Facility	Location	Date of Competition
Atlantic Regional	Slippery Rock University of Pennsylvania and SportsPITTSBURGH	Bob O'Connor Golf Course at Schenley Park	Pittsburgh, PA	Nov. 17, 2018
Central Regional	Missouri Southern State University	MSSU Cross Country Course	Joplin, MO	Nov. 17, 2018
East Regional	Adelphi University	Bethpage State Park	Bethpage, NY	Nov. 17, 2018
Midwest Regional	Hillsdale College	Hayden Park	Hillsdale, MI	Nov. 17, 2018
South Regional	Florida Southern College and Central Florida's Polk County Sports	Holloway Park	Lakeland, FL	Nov. 17, 2018
South Central Regional	Metropolitan State University of Denver	Washington Park	Denver, CO	Nov. 17, 2018
Southeast Regional	University of North Georgia	UNG Cross Country Course	Oakwood, GA	Nov. 17, 2018
West Regional	Montana State University Billings	Amend Park	Billings, MT	Nov. 17, 2018
Championship Finals	Clarion University of Pennsylvania, Slippery Rock University of Pennsylvania, and SportsPITTSBURGH	Bob O'Connor Golf Course at Schenley Park	Pittsburgh, PA	December 1, 2018

*\*The 2018 championship finals will be part of the NCAA Division II National Championships Festival*

**2019-20**

Round	Host	Facility	Location	Date of Competition
Atlantic Regional	Lock Haven University of Pennsylvania	West Branch Cross Country Course	Lock Haven, PA	Nov. 9, 2019
Central Regional	Missouri Southern State University	MSSU Cross Country Course	Joplin, MO	Nov. 9, 2019
East Regional	TBD			Nov. 9, 2019
Midwest Regional	University of Southern Indiana and Evansville Sports Corporation	Angel Mounds	Evansville, IN	Nov. 9, 2019
South Regional	Florida Southern College and Central Florida's Polk County Sports	Holloway Park	Lakeland, FL	Nov. 9, 2019
South Central Regional	West Texas A&M University	The Range Cross Country Course	Canyon, TX	Nov. 9, 2019
Southeast Regional	TBD			Nov. 9, 2019
West Regional	Western Oregon University	Ash Creek Preserve	Monmouth, OR	Nov. 9, 2019
Championship Finals	California State University, Sacramento and Sacramento Sports Commission	Haggin Oaks Golf Complex	Sacramento, CA	November 23, 2019

**2018-2022 Dates and Sites**  
**NCAA Division II Men's and Women's Cross Country**

**2020-21**

Round	Host	Facility	Location	Date of Competition
Atlantic Regional	Slippery Rock University of Pennsylvania and SportsPITTSBURGH	Lawrence County Fairgrounds	New Castle, PA	Nov. 7, 2020
Central Regional	Concordia University, St. Paul	Les Bolstad Golf Course	St. Paul, MN	Nov. 7, 2020
East Regional	Roberts Wesleyan College and Rochester NY Sports Commission	Matt St. James Cross Country Trails	Rochester, NY	Nov. 7, 2020
Midwest Regional	University of Southern Indiana and Evansville Sports Corporation	Angel Mounds	Evansville, IN	Nov. 7, 2020
South Regional	Saint Leo University and Tampa Bay Sports Commission	The Abbey Course	Saint Leo, FL	Nov. 7, 2020
South Central Regional	Metropolitan State University of Denver	Washington Park	Denver, CO	Nov. 7, 2020
Southeast Regional	University of North Georgia	UNG Cross Country Course	Oakwood, GA	Nov. 7, 2020
West Regional	Montana State University Billings	Amend Park	Billings, MT	Nov. 7, 2020
Championship Finals	University of Southern Indiana and Evansville Sports Corporation	Angel Mounds	Evansville, IN	November 21, 2020

**2021-22**

Round	Host	Facility	Location	Date of Competition
Atlantic Regional	Lock Haven University of Pennsylvania	West Branch Cross Country Course	Lock Haven, PA	Nov. 6, 2021
Central Regional	Missouri Southern State University	Tom Rutledge Cross Country Course	Joplin, MO	Nov. 6, 2021
East Regional	Roberts Wesleyan College and Rochester NY Sports Commission	Matt St. James Cross Country Trails	Rochester, NY	Nov. 6, 2021
Midwest Regional	University of Southern Indiana and Evansville Sports Corporation	Angel Mounds	Evansville, IN	Nov. 6, 2021
South Regional	Saint Leo University and Tampa Bay Sports Commission	The Abbey Course	Saint Leo, FL	Nov. 6, 2021
South Central Regional	Lubbock Christian University and Visit Lubbock	LCU Cross Country Course	Lubbock, TX	Nov. 6, 2021
Southeast Regional	Converse College and Spartanburg Convention & Visitor's Bureau	Roger Milliken Center	Spartanburg, SC	Nov. 6, 2021
West Regional	Western Oregon University	Ash Creek Preserve	Monmouth, OR	Nov. 6, 2021
Championship Finals	Saint Leo University and Tampa Bay Sports Commission	The Abbey Course	Saint Leo, FL	November 20, 2021