

## Women's Indoor Track & Field

Average of 40th place mark for all events

Event	2016	2017	2018	2019	2020	Average	2018	2019	2020	Average	2020 Mark	2021 Mark
60	7.68	7.65	7.66	7.67	7.63	7.66	7.66	7.67	7.63	7.65	7.67	7.66
60H	8.76	8.75	8.79	8.82	8.82	8.79	8.79	8.82	8.82	8.81	8.80	8.79
200	24.86	24.69	24.85	24.76	24.76	24.78	24.85	24.76	24.76	24.79	24.82	24.78
400	56.51	56.47	56.72	56.34	56.43	56.49	56.72	56.34	56.43	56.50	56.53	56.49
800	02:13.90	02:14.01	02:13.50	02:14.51	02:14.60	02:14.10	02:13.50	02:14.51	02:14.60	02:14.20	02:14.07	02:14.10
Mile	04:59.66	04:57.49	04:57.60	04:59.36	04:57.99	04:58.42	04:57.60	04:59.36	04:57.99	04:58.32	04:58.73	04:58.32
3K	09:58.84	09:57.85	09:56.51	09:59.36	09:57.28	09:57.97	09:56.51	09:59.36	09:57.28	09:57.72	09:58.07	09:57.72
5K	17:24.18	17:27.46	17:23.08	17:30.97	17:24.17	17:25.97	17:23.08	17:30.97	17:24.17	17:26.07	17:27.17	17:25.97
4X400	03:50.10	03:51.04	03:51.80	03:52.04	03:51.39	03:51.27	03:51.80	03:52.04	03:51.39	03:51.74	03:51.63	03:51.27
DMR	12:09.16	12:04.85	11:59.78	12:09.43	12:08.58	12:06.36	11:59.78	12:09.43	12:08.58	12:05.93	12:04.69	12:05.93
HJ	1.68	1.68	1.67	1.65	1.68	1.67	1.67	1.65	1.68	1.67	1.67	1.67
PV	3.55	3.60	3.58	3.67	3.73	3.63	3.58	3.67	3.73	3.66	3.59	3.66
LJ	5.65	5.71	5.67	5.69	5.70	5.68	5.67	5.69	5.70	5.69	5.67	5.69
TJ	11.69	11.74	11.63	11.86	11.77	11.74	11.63	11.86	11.77	11.75	11.70	11.75
SP	13.67	13.72	13.71	13.89	13.76	13.75	13.71	13.89	13.76	13.79	13.70	13.79
WT	16.81	17.07	17.20	17.19	17.25	17.10	17.20	17.19	17.25	17.21	17.07	17.21
Pent	3353	3341	3233	3258	3320	3301	3233	3258	3320	3270	3277	3301

\*\*\*Based on a banked/oversized track

## Men's Indoor Track & Field

Average of 40th place mark for all events

Events	2016	2017	2018	2019	2020	Average	2018	2019	2020	Average	2020 Mark	2021 Mark
60	6.87	6.86	6.87	6.87	6.85	6.86	6.87	6.87	6.85	6.86	6.87	6.86
60H	8.25	8.2	8.19	8.22	8.21	8.21	8.19	8.22	8.21	8.21	8.21	8.21
200	21.72	21.70	21.64	21.61	21.63	21.66	21.64	21.61	21.63	21.63	21.69	21.63
400	48.64	48.47	48.49	48.31	48.46	48.47	48.49	48.31	48.46	48.42	48.51	48.42
800	01:53.72	01:53.12	01:52.91	01:52.58	01:52.67	01:53.00	01:52.91	01:52.58	01:52.67	01:52.72	01:53.06	01:53.00
Mile	04:11.88	04:10.52	04:09.68	04:11.83	04:11.47	04:11.08	04:09.68	04:11.83	04:11.47	04:10.99	04:11.24	04:10.99
3k	08:22.27	08:22.86	08:20.90	08:23.42	08:22.14	08:22.32	08:20.90	08:23.42	08:22.14	08:22.15	08:22.64	08:22.15
5K	14:38.89	14:39.61	14:38.21	14:30.44	14:30.48	14:35.53	14:38.21	14:30.44	14:30.48	14:33.04	14:38.35	14:33.04
4X400	03:16.79	03:17.27	03:16.43	03:16.10	03:16.80	03:16.68	03:16.43	03:16.10	3:16.80	03:16.27	03:16.77	03:16.27
DMR	10:03.31	10:06.54	10:04.49	10:01.78	10:02.33	10:03.69	10:04.49	10:01.78	10:02.33	10:02.87	10:04.47	10:02.87
HJ	2.04	2.04	2.05	2.04	2.04	2.04	2.05	2.04	2.04	2.04	2.04	2.04
PV	4.73	4.77	4.81	4.80	4.77	4.78	4.81	4.80	4.77	4.79	4.77	4.79
LJ	7.15	7.14	7.17	7.13	7.15	7.15	7.17	7.13	7.15	7.15	7.13	7.15
TJ	14.55	14.56	14.52	14.52	14.52	14.53	14.52	14.52	14.52	14.52	14.50	14.53
SP	15.97	16.14	16.50	16.62	16.37	16.32	16.50	16.62	16.37	16.50	16.21	16.5
WT	17.39	17.89	17.98	17.72	17.82	17.76	17.98	17.72	17.82	17.84	17.68	17.84
Hep	4696	4750	4849	4865	4816	4795	4849	4865	4816	4843	4760	4843

\*\*\*Based on a banked/oversized track

## Women's Outdoor Track & Field

Average of 40th place mark for all events

Event	2015	2016	2017	2018	2019	Average	2017	2018	2019	Average	2019 Mark	2020 Mark
100	11.92	11.95	11.87	11.90	11.84	11.90	11.87	11.90	11.84	11.87	11.93	11.90
200	24.42	24.49	24.36	24.41	24.30	24.40	24.36	24.41	24.30	24.36	24.44	24.40
400	55.78	56.00	55.86	56.01	55.71	55.87	55.86	56.01	55.71	55.86	55.96	55.87
800	02:12.34	02:12.31	02:11.46	02:11.90	02:12.33	02:12.07	02:11.46	02:11.90	02:12.33	02:11.90	02:12.18	02:12.07
1500	04:33.15	04:33.48	04:32.74	04:31.80	04:33.26	04:32.89	04:32.74	04:31.80	04:33.26	04:32.60	04:33.24	04:32.89
5K	17:16.41	17:04.68	17:09.75	17:06.28	17:13.65	17:10.15	17:09.75	17:06.28	17:13.65	17:09.89	17:10.86	17:10.15
10K	36:31.41	36:25.03	36:22.19	36:42.00	36:42.85	36:32.70	36:22.19	36:42.00	36:42.85	36:35.68	36:35.97	36:35.68
100H	14.22	14.22	14.09	14.20	14.21	14.19	14.09	14.20	14.21	14.17	14.22	14.19
400H	01:02.04	01:01.93	01:01.58	01:01.80	01:01.75	01:01.82	01:01.58	01:01.80	01:01.75	01:01.71	01:01.92	01:01.82
3K Steeple	10:59.72	10:59.48	10:58.24	11:00.73	11:00.13	10:59.66	10:58.24	11:00.73	11:00.13	10:59.70	11:01.67	10:59.70
4X100	46.94	46.84	46.67	46.86	46.35	46.73	46.67	46.86	46.35	46.63	46.86	46.73
4X400	03:47.60	03:47.51	03:47.29	03:49.81	03:48.83	03:48.21	03:47.29	03:49.81	03:48.83	03:48.64	03:48.20	03:48.64
HJ	1.68	1.68	1.67	1.68	1.68	1.68	1.67	1.68	1.68	1.68	1.67	1.68
PV	3.65	3.65	3.65	3.67	3.75	3.67	3.65	3.67	3.75	3.69	3.65	3.67
LJ	5.78	5.76	5.85	5.80	5.83	5.80	5.85	5.80	5.83	5.83	5.8	5.80
TJ	11.75	11.87	11.92	11.96	11.97	11.89	11.92	11.96	11.97	11.95	11.85	11.89
SP	13.64	13.53	13.92	14.04	14.14	13.85	13.92	14.04	14.14	14.03	13.76	13.85
Discus	45.22	44.93	45.34	45.89	46.18	45.51	45.34	45.89	46.18	45.80	45.11	45.51
HT	52.84	51.68	51.82	51.97	52.47	52.16	51.82	51.97	52.47	52.09	51.82	52.09
Javelin	41.47	41.96	41.84	42.01	41.93	41.84	41.84	42.01	41.93	41.93	41.59	41.84
Hep	4541	4467	4582	4519	4534	4529	4582	4519	4534	4545	4504	4529

## Men's Outdoor Track & Field

Average of 40th place mark for all events

Event	2015	2016	2017	2018	2019	Average	2017	2018	2019	Average	2019 Mark	2020 Mark
100	10.60	10.59	10.54	10.56	10.54	10.57	10.54	10.56	10.54	10.55	10.58	10.57
200	21.47	21.32	21.32	21.25	21.24	21.32	21.32	21.25	21.24	21.27	21.36	21.32
400	47.77	47.75	47.61	47.70	47.72	47.71	47.61	47.70	47.72	47.68	47.77	47.71
800	01:52.20	01:51.77	01:52.02	01:51.66	01:51.70	01:51.87	01:52.02	01:51.66	01:51.70	01:51.79	01:52.03	01:51.87
1500	03:50.87	03:49.53	03:49.94	03:50.93	03:51.17	03:50.49	03:49.94	03:50.93	03:51.17	03:50.68	03:50.52	03:50.68
5K	14:33.10	14:32.88	14:33.42	14:30.15	14:32.10	14:32.33	14:33.42	14:30.15	14:32.10	14:31.89	14:32.80	14:32.33
10K	30:46.12	30:28.82	30:40.13	30:59.26	30:41.98	30:43.26	30:40.13	30:59.26	30:41.98	30:47.12	30:42.74	30:47.12
110H	14.45	14.58	14.53	14.47	14.52	14.51	14.53	14.47	14.52	14.51	14.53	14.51
400H	53.55	53.66	53.33	53.08	53.10	53.34	53.33	53.08	53.10	53.17	53.42	53.34
3K Steeple	09:11.87	09:15.40	09:12.02	09:13.81	09:15.44	09:13.71	09:12.02	09:13.81	09:15.44	09:13.76	09:15.02	09:13.76
4X100	41.12	41.12	41.04	41.03	41.00	41.06	41.04	41.03	41.00	41.02	41.09	41.06
4X400	03:13.69	03:13.58	03:14.47	03:13.60	03:13.13	03:13.69	03:14.47	03:13.60	03:13.13	03:13.73	03:13.91	03:13.73
HJ	2.03	2.05	2.05	2.05	2.05	2.05	2.05	2.05	2.05	2.05	2.04	2.05
PV	4.80	4.81	4.82	4.80	4.83	4.81	4.82	4.80	4.83	4.82	4.80	4.81
LJ	7.25	7.28	7.23	7.29	7.25	7.26	7.23	7.29	7.25	7.26	7.25	7.26
TJ	14.58	14.78	14.67	14.76	14.67	14.69	14.67	14.76	14.67	14.70	14.66	14.69
SP	15.97	16.18	16.24	16.43	16.86	16.34	16.24	16.43	16.86	16.51	16.16	16.34
Discus	49.83	49.51	49.70	50.42	50.39	49.97	49.70	50.42	50.39	50.17	49.78	49.97
HT	53.99	55.02	55.79	56.33	56.82	55.59	55.79	56.33	56.82	56.31	55.08	55.59
Javelin	58.53	58.70	58.66	58.85	59.03	58.75	58.66	58.85	59.03	58.85	58.68	58.75
Dec	6356	6182	6280	6437	6372	6325	6280	6437	6372	6363	6300	6325