

## Women's Indoor Track & Field

Average of 4th place mark for all events

Event	2016	2017	2018	2019	2020	Average	2018	2019	2020	Average	2020 Mark	2021 Mark
60	7.45	7.45	7.49	7.47	7.41	7.45	7.49	7.47	7.41	7.46	7.47	7.45
60H	8.42	8.44	8.40	8.44	8.55	8.45	8.40	8.44	8.55	8.46	8.43	8.45
200	24.10	24.09	24.06	24.05	23.84	24.03	24.06	24.05	23.84	23.98	24.06	23.98
400	54.13	54.79	55.20	54.37	54.02	54.50	55.20	54.37	54.02	54.53	54.32	54.50
800	02:09.06	02:08.77	02:07.13	02:08.70	02:09.09	02:08.55	02:07.13	02:08.70	02:09.09	02:08.31	02:08.20	02:08.31
Mile	04:46.51	04:42.14	04:45.52	04:47.86	04:40.49	04:44.50	04:45.52	04:47.86	04:40.39	04:44.59	04:45.17	04:44.50
3K	09:28.18	09:28.85	09:31.36	09:26.08	09:31.08	09:29.11	09:31.36	09:26.08	09:31.08	09:29.51	09:28.76	09:29.11
5K	16:34.57	16:29.89	16:36.40	16:25.99	16:30.76	16:31.52	16:36.40	16:25.99	16:30.76	16:31.05	16:30.76	16:31.05
4X400	03:42.45	03:43.65	03:43.91	03:42.01	03:43.62	03:43.13	03:43.91	03:42.01	03:43.62	03:43.18	03:43.19	03:43.13
DMR	11:38.19	11:31.11	11:36.85	11:32.65	11:33.17	11:34.39	11:36.85	11:32.65	11:33.17	11:34.22	11:33.54	11:33.22
HJ	1.74	1.74	1.74	1.75	1.75	1.74	1.74	1.75	1.75	1.75	1.75	1.75
PV	4.05	3.99	4.01	4.02	4.14	4.04	4.01	4.02	4.14	4.06	4.01	4.06
LJ	6.13	6.11	6.05	6.13	6.07	6.10	6.05	6.13	6.07	6.08	6.13	6.10
TJ	12.30	12.46	12.69	12.50	12.53	12.50	12.69	12.50	12.53	12.57	12.55	12.57
SP	15.56	15.60	15.54	15.88	15.34	15.58	15.54	15.88	15.34	15.59	15.70	15.58
WT	19.41	20.21	19.71	19.77	19.23	19.67	19.71	19.77	19.23	19.57	19.99	19.67
Pent	3889	3840	3725	3770	3745	3794	3725	3770	3745	3747	3820	3794

\*\*\*Based on a banked/oversized track

## Men's Indoor Track & Field

Average of 4th place mark for all events

Event	2016	2017	2018	2019	2020	Average	2018	2019	2020	Average	2020 Mark	2021 Mark
60	6.73	6.73	6.71	6.73	6.69	6.72	6.71	6.73	6.69	6.71	6.72	6.71
60H	7.92	7.92	7.91	7.90	7.88	7.91	7.91	7.90	7.88	7.90	7.90	7.90
200	21.14	21.26	21.24	21.17	21.13	21.19	21.24	21.17	21.13	21.18	21.21	21.18
400	47.48	47.25	47.22	47.11	46.85	47.18	47.22	47.11	46.85	47.06	47.19	47.06
800	01:49.51	01:49.38	01:49.45	01:49.64	01:58.08	01:51.21	01:49.45	01:49.64	01:58.08	01:52.39	01:49.49	01:51.21
Mile	04:04.00	04:02.30	04:00.98	04:03.39	04:03.48	04:02.83	04:00.98	04:03.39	04:03.48	04:02.62	04:02.22	04:02.62
3K	08:03.17	08:05.05	08:01.61	08:05.20	08:04.07	08:03.82	08:01.61	08:05.20	08:04.07	08:03.63	08:03.95	08:03.63
5K	14:11.10	14:03.09	14:01.36	14:06.65	14:02.27	14:04.89	14:01.36	14:06.65	14:02.27	14:03.43	14:03.70	14:03.43
4X400	03:12.16	03:12.59	03:11.85	03:10.68	03:11.18	03:11.69	03:11.85	03:10.68	03:11.18	03:11.24	03:11.71	03:11.24
DMR	09:47.22	09:47.61	09:46.78	09:47.24	09:46.51	09:47.07	09:46.78	09:47.24	09:46.51	09:46.84	09:47.21	09:46.84
HJ	2.15	2.15	2.15	2.17	2.15	2.15	2.15	2.17	2.15	2.16	2.16	2.16
PV	5.25	5.30	5.15	5.21	5.23	5.23	5.15	5.21	5.23	5.20	5.22	5.23
LJ	7.59	7.56	7.63	7.61	7.64	7.61	7.63	7.61	7.64	7.63	7.60	7.63
TJ	15.42	15.50	15.49	15.48	15.30	15.44	15.49	15.48	15.30	15.42	15.49	15.44
SP	17.99	18.05	18.20	18.28	18.89	18.28	18.20	18.28	18.89	18.46	18.18	18.46
WT	20.68	20.85	21.07	20.74	21.09	20.89	21.07	20.74	21.09	20.97	21.04	20.97
Hep	5324	5329	5407	5329	5488	5375	5407	5329	5488	5408	5355	5408

\*\*\*Based on a banked/oversized track

## Women's Outdoor Track & Field

Average of 4th place mark for all events

Event	2015	2016	2017	2018	2019	Average	2017	2018	2019	Average	2019 Mark	2019 Mark
100	11.50	11.49	11.52	11.48	11.59	11.52	11.52	11.48	11.59	11.53	11.50	11.52
200	23.58	23.51	23.70	23.62	23.32	23.55	23.70	23.62	23.32	23.55	23.59	23.55
400	52.47	52.88	54.11	54.38	53.78	53.52	54.11	54.38	53.78	54.09	53.46	53.52
800	02:07.25	02:07.68	02:07.60	02:06.17	02:06.94	02:07.13	02:07.60	02:06.17	02:06.94	02:06.90	02:07.15	02:06.90
1500	04:22.30	04:23.24	04:20.69	04:22.26	04:21.53	04:22.00	04:20.69	04:22.26	04:21.53	04:21.49	04:22.06	04:21.49
5K	16:26.59	16:11.40	16:11.01	16:08.21	16:10.89	16:13.62	16:11.01	16:08.21	16:10.89	16:10.04	16:10.21	16:10.04
10K	34:58.92	34:01.62	34:42.44	33:55.96	34:45.25	34:28.84	34:42.44	33:55.96	34:45.25	34:27.88	34:13.34	34:27.88
100H	13.59	13.56	13.48	13.51	13.42	13.51	13.48	13.51	13.42	13.47	13.51	13.47
400H	59.20	59.23	58.73	59.19	58.22	58.91	58.73	59.19	58.22	58.71	59.05	58.71
3K Steeple	10:25.16	10:21.11	10:11.71	10:06.10	10:23.52	10:17.52	10:11.71	10:06.10	10:23.52	10:13.78	10:12.97	10:13.78
4X100	45.50	45.47	45.38	45.72	45.54	45.52	45.38	45.72	45.54	45.55	45.52	45.52
4X400	03:41.18	03:39.45	03:39.79	03:41.07	03:37.80	03:39.86	03:39.79	03:41.07	03:37.80	03:39.55	03:40.10	03:39.55
HJ	1.77	1.76	1.78	1.77	1.75	1.77	1.78	1.77	1.75	1.77	1.77	1.77
PV	4.02	4.07	4.11	4.06	4.13	4.08	4.11	4.06	4.13	4.10	4.08	4.10
LJ	6.17	6.24	6.34	6.28	6.06	6.22	6.34	6.28	6.06	6.23	6.29	6.23
TJ	12.98	12.50	12.77	12.82	12.71	12.76	12.77	12.82	12.71	12.77	12.77	12.77
SP	15.81	15.80	15.42	15.94	15.85	15.76	15.42	15.94	15.85	15.74	15.74	15.76
Discus	50.49	51.24	53.45	53.68	53.69	52.51	53.45	53.68	53.69	53.61	52.79	53.61
HT	59.98	59.13	61.34	60.88	59.52	60.17	61.34	60.88	59.52	60.58	60.45	60.58
Javelin	50.20	52.06	47.82	48.25	49.84	49.63	47.82	48.25	49.84	48.64	49.44	49.63
Hep	5240	5249	5221	5114	5212	5207	5221	5114	5212	5182	5195	5207

## Men's Outdoor Track & Field

Average of 4th place mark for all events

Event	2015	2016	2017	2018	2019	Average	2017	2018	2019	Average	2019 Mark	2020 Mark
100	10.32	10.24	10.30	10.24	10.30	10.28	10.30	10.24	10.30	10.28	10.26	10.28
200	20.70	20.67	20.84	20.75	20.76	20.74	20.84	20.75	20.76	20.78	20.75	20.74
400	46.56	46.11	46.42	46.16	46.56	46.36	46.42	46.16	46.56	46.38	46.23	46.36
800	01:48.50	01:48.76	01:49.00	01:48.59	01:49.10	01:48.79	01:49.00	01:48.59	01:49.10	01:48.90	01:48.78	01:48.79
1500	03:45.62	03:43.90	03:45.14	03:43.81	03:44.18	03:44.53	03:45.14	03:43.81	03:44.18	03:44.38	03:44.28	03:44.38
5K	14:01.32	13:55.45	13:54.87	13:52.66	13:59.69	13:56.80	13:54.87	13:52.66	13:59.69	13:55.74	13:54.33	13:55.74
10K	29:40.48	29:20.45	29:08.28	29:12.06	29:30.04	29:22.26	29:08.28	29:12.06	29:30.04	29:16.79	29:13.60	29:16.79
110H	13.80	13.99	13.87	13.83	14.01	13.90	13.87	13.83	14.01	13.90	13.89	13.90
400H	51.78	51.73	51.07	51.21	51.74	51.51	51.07	51.21	51.74	51.34	51.34	51.34
3K Steeple	08:53.91	08:55.47	08:52.01	08:51.06	08:52.81	08:53.05	08:52.01	08:51.06	08:52.81	08:51.96	08:52.85	08:51.96
4X100	40.35	40.13	40.14	40.33	40.36	40.26	40.14	40.33	40.36	40.28	40.20	40.26
4X400	03:06.63	03:08.79	03:09.99	03:08.75	03:08.42	03:08.52	03:09.99	03:08.75	03:08.42	03:09.05	03:09.18	03:08.52
HJ	2.16	2.13	2.13	2.15	2.15	2.14	2.13	2.15	2.15	2.14	2.15	2.14
PV	5.18	5.19	5.21	5.20	5.31	5.22	5.21	5.20	5.31	5.24	5.20	5.24
LJ	7.64	7.74	7.59	7.70	7.75	7.68	7.59	7.70	7.75	7.68	7.68	7.68
TJ	15.35	15.59	15.68	15.79	15.54	15.59	15.68	15.79	15.54	15.67	15.69	15.67
SP	18.47	18.26	18.10	18.47	18.70	18.40	18.10	18.47	18.70	18.42	18.36	18.42
Discus	54.90	56.03	56.57	55.74	56.80	56.01	56.57	55.74	56.80	56.37	56.11	56.37
HT	66.46	66.51	64.24	64.34	67.90	65.89	64.24	64.34	67.90	65.49	65.03	65.89
Javelin	67.71	66.00	69.89	69.13	69.70	68.49	69.89	69.13	69.70	69.57	68.34	69.57
Dec	7289	7201	7367	7145	7245	7249	7367	7145	7245	7252	7242	7252