



2025 NCAA DIVISION I OUTDOOR TRACK & FIELD EAST FIRST ROUNDS COMPETITION SCHEDULE JACKSONVILLE, FLORIDA

UPDATED 5/30/2025 (8:30 a.m. ET)

WEDNESDAY, MAY 28

TRACK EVENTS

Time	Event	Division	Round
10:00 PM	110 Hurdles	Men	First Round
10:25 PM	1500 Meters	Men	First Round
10:50 PM	100 Meters	Men	First Round
11:15 PM	400 Meters	Men	First Round
11:40 PM	800 Meters	Men	First Round
12:05 AM	400 Hurdles	Men	First Round
12:30 AM	200 Meters	Men	First Round
12:55 AM	10,000 Meters	Men	Semifinal

FIELD EVENTS

Time	Event	Division	Round
10:00 AM	*Hammer	Men	First Round
10:00 PM	Javelin	Men	First Round
10:00 PM	Long Jump	Men	First Round

THURSDAY, MAY 29

TRACK EVENTS

Time	Event	Division	Round
2:30 PM	100 Hurdles	Women	First Round
3:00 PM	1500 Meters	Women	First Round
3:30 PM	100 Meters	Women	First Round
3:55 PM	400 Meters	Women	First Round
4:20 PM	800 Meters	Women	First Round
4:50 PM	400 Hurdles	Women	First Round
5:15 PM	200 Meters	Women	First Round
9:10 PM	10,000 Meters	Women	Semifinal

FIELD EVENTS

Time	Event	Division	Round
8:00 AM	*Hammer	Women	First Round
9:30 AM	*Pole Vault	Men	Semifinal
12:30 PM	Javelin	Women	First Round
12:30 PM	Shot Put	Men	First Round
1:00 PM	Long Jump	Women	First Round
3:30 PM	Pole Vault	Women	Semifinal

FRIDAY, MAY 30

TRACK EVENTS

Time	Event	Division	Round
4:00 PM	4x100 Relay	Men	Quarterfinals
4:15 PM	1500 Meters	Men	Quarterfinals
4:40 PM	3000 Steeplechase	Men	Quarterfinals
5:15 PM	110 Hurdles	Men	Quarterfinals
5:35 PM	100 Meters	Men	Quarterfinals
5:50 PM	400 Meters	Men	Quarterfinals
6:05 PM	800 Meters	Men	Quarterfinals
6:25 PM	400 Hurdles	Men	Quarterfinals
6:50 PM	200 Meters	Men	Quarterfinals
7:10 PM	5000 Meters	Men	Semifinals
7:45 PM	4x400 Relay	Men	Quarterfinals

FIELD EVENTS

Time	Event	Division	Round
9:30 AM	Pole Vault (Cont'd)	Women	Semifinal
10:00 AM	Shot Put	Women	First Round
1:00 PM	*Discus	Men	First Round
1:30 PM	Triple Jump	Men	First Round
1:30 PM	High Jump	Men	Semifinal

SATURDAY, MAY 31

TRACK EVENTS

Time	Event	Division	Round
5:00 PM	4x100 Relay	Women	Quarterfinals
5:15 PM	1500 Meters	Women	Quarterfinals
5:40 PM	3000 Steeplechase	Women	Quarterfinals
6:15 PM	100 Hurdles	Women	Quarterfinals
6:35 PM	100 Meters	Women	Quarterfinals
6:50 PM	400 Meters	Women	Quarterfinals
7:05 PM	800 Meters	Women	Quarterfinals
7:25 PM	400 Hurdles	Women	Quarterfinals
7:50 PM	200 Meters	Women	Quarterfinals
8:10 PM	5000 Meters	Women	Semifinals
8:45 PM	4x400 Relay	Women	Quarterfinals

FIELD EVENTS

Time	Event	Division	Round
1:00 PM	*Discus	Women	First Round
2:30 PM	Triple Jump	Women	First Round
2:30 PM	High Jump	Women	Semifinal

All times listed are Eastern Time
Schedule is subject to change

*Hammer and Discus for both men & women conducted outside the oval