



2024 DIVISION I OUTDOOR
TRACK & FIELD
CHAMPIONSHIPS

PARTICIPANT
2023-24 MANUAL
Preliminary Rounds


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Dear Championship Participants:

Welcome back to the legendary John McDonnell Field and the University of Arkansas for the 2024 NCAA Track and Field West First Rounds. We are pleased to welcome you back to this world-class facility in beautiful Northwest Arkansas, the Track Capital of the World!

Congratulations to you and your teams for a successful season and for qualifying for this championship. Your student-athletes have earned this opportunity, and we wish them the best this week as they look to advance towards the NCAA Championship Finals. In anticipation of your visit, members of our University of Arkansas coaches and staff, as well as numerous volunteers, have spent countless hours to help ensure you have a quality championship experience. Our hope is that in addition to enjoying the outstanding competition, participants, coaches and fans alike will take away lasting memories of this great event and their time in Northwest Arkansas.

Please use this packet to reference important information to help with your planning during your stay in Fayetteville. You will find important contact information, along with information about the University of Arkansas campus and community, to assist you in making the most of your time here at the 2024 NCAA Track and Field West First Rounds.

Best wishes to each and every participant for a successful week of competition. Please do not hesitate to reach out to any of our championship staff if we can be of any assistance during your time in Northwest Arkansas.

Congratulations again on qualifying for the championship, and I look forward to a great week of competition!

Sincerely,

Hunter Yurachek

Vice Chancellor and Director of Athletics

University of Arkansas

 **TRACK & FIELD**
JOHN MCDONNELL FIELD



Named for the University of Arkansas' legendary men's track and field coach John McDonnell, the winner of a record 40 NCAA national championships during his 36-year career with the Razorbacks, the facility serves as the home to one of the most successful collegiate track and field programs in the country and is the proving ground for NCAA Champions, Olympians and global medalists.

John McDonnell Field is one of the premier competition venues in the United States. With its most recent major renovations completed in 2005 and a new Mondo SuperX 720 surface added in 2014, it provides an ideal performance venue for the world's best track and field athletes. The Frank O'Mara Track & Field High Performance Center was added to the south end of the facility in 2021. This facility, named after three-time Olympian and University of Arkansas alumnus Frank O'Mara, brings a myriad of facilities in one unique structure to aide the day to day needs of the Razorback Track & Field/Cross Country Teams.

John McDonnell Field successfully played host to the 2008 and 2019 SEC Outdoor Track & Field Championships, the 2009 NCAA Outdoor Track & Field Championships, the 2014 and 2022 NCAA West Preliminary Round, the 2016 Thorpe Cup and the 2022 USATF Combined Events National Championships.

The state-of-the-art competition areas include the nine-lane Mondo track, the fastest running surface in the world used on Olympic and World Championship stadia, along with a grass infield with a full hammer cage and multiple throwing venues. Pole vault and jumping pits are reversible and contain two sets of runways to accommodate multiple events and flights.

FACILITY RECORDS (MEN)

100 METERS:

9.86 Micah Williams, Oregon, 2022

200 METERS:

20.08 Udodi Onqzuzurike, Stanford, 2022

400 METERS:

44.60 Quincy Hall, South Carolina, 2019

800 METERS:

1:44.65 Moad Zahafi, Texas Tech, 2022

1,500 METERS:

3:35.84 Joe Falcon, Arkansas, 1988

5,000 METERS:

13:28.08 Patrick Dever, Tulsa, 2021

10,000 METERS:

28:21.45 Galen Rupp, Oregon, 2009

110 METER HURDLES:

12.96 Cordell Tinch, Pittsburg State, 2023

400 METER HURDLES:

48.47 Jeshua Anderson, Washington St., 2009

3,000 METER STEEPLECHASE:

8:29.16 Daniel Lincoln, Arkansas, 2002

4x100 METER RELAY:

38.51 Texas A&M, 2009

4x400 METER RELAY:

2:59.99 Florida State, 2009

HIGH JUMP:

2.28m Ray Doakes, Arkansas, 1994

POLE VAULT:

6.00m Mondo Duplantis, LSU, 2019

LONG JUMP:

8.10m Ja'Mari Ward, Missouri, 2019

TRIPLE JUMP:

17.24m Will Claye, Oklahoma, 2009

SHOT PUT:

22.69m Ryan Crouser, USA, 2021

DISCUS THROW:

64.87m Mykolas Alekna, California, 2022

HAMMER THROW:

73.11m Cory Martin, Auburn, 2008

JAVELIN THROW:

83.35m Anderson Peters, Miss State, 2019

DECATHLON:

8,867 Garrett Scantling, USA, 2022

FACILITY RECORDS (WOMEN)

100 METERS:

11.00 Julien Alfred, Texas, 2022

200 METERS:

22.36 Shalonda Solomon, South Carolina, 2006

400 METERS:

50.39 Joanna Atkins, Auburn, 2009

800 METERS:

2:00.80 Geena Gall, Michigan, 2009

1,500 METERS:

4:12.70 Christin Wurth-Thomas, USA, 2008

5,000 METERS:

15:17.79 Mercy Chelangat, Alabama, 2021

10,000 METERS:

33:25.71 Danette Doetzel, Providence, 2009

100 METER HURDLES:

12.55 Janeek Brown, Arkansas, 2019

400 METER HURDLES:

53.60 Sydney McLaughlin, Kentucky, 2018

3,000 METER STEEPLECHASE:

9:25.54 Jennifer Barringer, Colorado, 2009

4x100 METER RELAY:

42.36 Texas A&M, 2009

4x400 METER RELAY:

3:25.16 Arkansas, 2022

HIGH JUMP:

1.95m Destinee Hooker, Texas, 2009

POLE VAULT:

4.81m Sandi Morris, USA, 2016

LONG JUMP:

7.07m Tara Davis-Woodhall, USA, 2023

TRIPLE JUMP:

14.35m Yanis David, Florida, 2019

SHOT PUT:

18.75m Jorinde Van Klinken, Arizona St., 2022

DISCUS THROW:

66.12m Jessica Cross, USA, 2001

HAMMER THROW:

76.46m Camryn Rogers, California, 2022

JAVELIN THROW:

59.62m Rachel Yurkovich, Oregon, 2009

HEPTATHLON:

6,458 Anna Hall, Florida, 2022



CHAMPIONSHIP ADMINISTRATION & CONTACT INFORMATION

Brandon Bauer	Meet Director, Assistant Event Manager	859-576-4733 bpbauer@uark.edu
Chris Johnson	Head Women’s Track and Field/Cross Country Coach	cpjohnso@uark.edu
Chris Bucknam	Head Men’s Track and Field/Cross Country Coach	cbucknam@uark.edu
Matt Downs	Competition Director, Director of Operations Men’s Track & Field	479-236-3049 downsm@uark.edu
Jessica Price	Host Athletic Trainer, Assistant Athletic Trainer	479-236-6635 Jp131@uark.edu
Nicole Tira	Associate Athletic Trainer, Director of Track & Field/Cross Country	479-249-7823 ntira@uark.edu
Larry Balle	Meet Physician	LBalle@uams.edu
Mike Armstrong	Host Officials Coordinator	479-530-4086 michtarm@gmail.com
Shawn Price	Media and Communications Coordinator, Assistant Director of Communications	979-661-0731 sdp013@uark.edu
Allie Popp	Marketing & Promotions Coordinator, Assistant Director of Marketing & Community Engagement	937-541-1667 apopp@uark.edu
Aubrie McGee	Ticketing Coordinator, Coordinator of Ticket Operations	479-718-8134 amm104@uark.edu

Championship Websites:

<https://arkansasrazorbacks.com/2024-ncaa-west-first-rounds/>

<http://www.ncaa.com/trackandfield>



DIVISION I MEN'S AND WOMEN'S TRACK & FIELD SITE REPRESENTATIVES

East First Round (University of Kentucky)	
Abbie Day Cell: 850-321-2810 Email: abbienday@gmail.com	Shawn Green Office: 603-862-0557 Email: shawn.green@unh.edu

West First Round (University of Arkansas)	
Stan Kerr Cell: 509-723-3277 stankerr241@gmail.com	Bill Walton Cell: 540-478-3329 Email: waltonwd@jmu.edu

Finals Site (University of Oregon)
Connie Price-Smith Head Track and Field & Cross Country Coach University of Mississippi Office: 253-249-8705 Email: cmprices@olemiss.edu

Secretary Rules Editor	Data Specialist	National Officials Assignor
Mark Kostek Cell: 515-208-8300 Email: kostekmt@gmail.com	Sean Laughlin Cell: 415-786-2550 Email: sean@recordtiming.com	Milan Donley Cell: 785-331-9911 Email: milandonley@gmail.com

NCAA TRACK & FIELD CHAMPIONSHIP STAFF
Jeff Mlynski Associate Director of Championships and Alliances Office: 317-917-6503 Cell: 317-874-7154 Email: jmlynski@ncaa.org



CHAMPIONSHIP SCHEDULE OF EVENTS

(ALL TIMES LISTED ARE CENTRAL TIME UNLESS OTHERWISE NOTED)

Monday, May 13

8:00 p.m. (Eastern) Declarations open on www.directathletics.com.

Wednesday, May 15

2:00 p.m. (Eastern) On-time declaration deadline on www.directathletics.com.

4:00 p.m. (Eastern) Late declaration deadline with fine on www.directathletics.com.
Declarations officially close at this time.

Friday, May 17

1:00 p.m. **MANDATORY** virtual coaches technical meeting – Virtual link will be provided to all head coaches after selections.

Sunday, May 19

2:00 p.m. (Eastern) Scratch deadline (e.g., medical, eligibility, family emergency). Any scratches must be reported by email to Sean Laughlin and Jeff Mlynski (sean@recordtiming.com and jmlynski@ncaa.org). No additional participants will be added to the First Round competition after 8 p.m. Eastern time. **Note: Scratches after declarations are all-inclusive and not selective by event.**

Monday, May 20

See Schedule Practice available (see specific practice details on pages 10-13).

Tuesday, May 21

1:00 – 5:00 p.m. Packet pick-up.
North Entrance of Bud Walton Areana
1240 Nolan Richardson Drive, Fayetteville, AR 72701

See schedule Practice available (see specific practice details on pages 10-13).

Wednesday, May 22

See schedule Practice available (see specific practice details on pages 10-13).



8:00 a.m. – 9:30 p.m.

Late packet pick-up.

John McDonnell Field

Credentialed Personnel Entry - #24 on Venue Map
10 South Razorback Road, Fayetteville, AR 72701

10:00 a.m.

Championship competition begins.

Thursday, May 23

See Schedule

Practice available (see specific practice details on pages 10-13).

8:00 a.m. – 9:30 p.m.

Late packet pick-up.

John McDonnell Field

Credentialed Personnel Entry - #24 on Venue Map
10 South Razorback Road, Fayetteville, AR 72701

10:00 a.m.

Championship competition begins.

Friday, May 24

See Schedule

Practice available (see specific practice details on pages 10-13).

11:00 a.m. – 9:00 p.m.

Late packet pick-up.

John McDonnell Field

Credentialed Personnel Entry - #24 on Venue Map
10 South Razorback Road, Fayetteville, AR 72701

1:00 p.m.

Championship competition begins.

Saturday, May 25

See Schedule

Practice available (see specific practice details on pages 10-13).

11:00 a.m. – 9:00 p.m.

Late packet pick-up.

John McDonnell Field

Credentialed Personnel Entry - #24 on Venue Map
10 South Razorback Road, Fayetteville, AR 72701

1:00 p.m.

Championship competition begins.

***Children under the age of 18 (unless they are competing student-athletes) and infants will only be allowed in team camp areas, not warm-up/active competition and practice areas for safety. Additionally, practice and warm-up venues are off limits to any post-collegians. These facilities are strictly available only for competing student-athletes.**


PRACTICE SCHEDULE

Monday, May 20

JOHN MCDONNELL FIELD: 8:00 a.m. - 8:30 p.m.

Track Events Practice Schedule: (12:30 p.m. – 7:00 p.m.)

12:30 p.m. – 2:30 p.m.: Track Oval (**NO HURDLES**)

Oval Practice – Lanes 1-3

Straightaway Starts – Homestretch Lanes 4-9 (**NO HURDLES**)

200m/400m/Relays - Lanes 4-9 at the Common Start/Finish Line (**NO HURDLES**)

2:30 p.m. – 4:00 p.m.: **Hurdle ONLY** Practice on the Track

100mH/110mH - Homestretch Lanes 1-9

400mH – Lanes 1-9 at the Common Start/Finish Line of the Oval.

4:00 p.m. – 7:00 p.m.: Track Oval

Oval Practice – Lanes 1-2

Straightaway Starts – Homestretch Lanes 3-5

100h/110h – Homestretch Lanes 7-9

400h – Lanes 7-9 at the Common Start/Finish Line

200m/400m/Relays - Lanes 3-6 at the Common Start/Finish Line

Field Events Practice Schedule: (8:00 a.m. – 8:30 p.m.)

8:00 a.m. - 10:00 a.m.: Hammer Throw

10:00 a.m. - 12:30 p.m.: Discus Throw

12:30 p.m. - 7:00 p.m. Long Jump/Triple Jump

12:30 p.m. - 7:00 p.m. Pole Vault

12:30 p.m. - 3:30 p.m.: High Jump (*North D Zone for Practice, South for Competition*)

12:30 p.m. - 3:30 p.m.: Shot Put

3:30 p.m. - 7:00 p.m.: Javelin Throw

7:00 p.m. – 8:30 p.m.: Hammer Throw

WARM-UP FACILITY/WALKER INDOOR: 8:00 a.m. - 8:30 p.m.

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

9:30 a.m. - 1:30 p.m.: Javelin Throw

1:30 p.m. - 5:30 p.m.: Discus Throw

No Hammer Throw or Shot Put Available

MARKINGS: Tape or similar material that is adhered to the track or field event site are the only materials that will be allowed for marking in the field and track events.



Tuesday, May 21

JOHN MCDONNELL FIELD: 7:30 a.m. - 7:30 p.m.

Track Events Practice Schedule: (10:30 a.m. – 5:00 p.m.)

- 10:30 a.m. – 12:30 p.m.: Track Oval **(NO HURDLES)**
 - Oval Practice – Lanes 1-3
 - Straightaway Starts – Homestretch Lanes 4-9 **(NO HURDLES)**
 - 200m/400m/Relays - Lanes 4-9 at the Common Start/Finish Line **(NO HURDLES)**
- 12:30 p.m. – 2:00 p.m.: **Hurdle ONLY** Practice on the Track
 - 100mH/110mH - Homestretch Lanes 1-9
 - 400mH – Lanes 1-9 at the Common Start/Finish Line of the Oval.
- 2:00 p.m. – 5:00 p.m.: Track Oval
 - Oval Practice – Lanes 1-2
 - Straightaway Starts – Homestretch Lanes 3-5
 - 100h/110h – Homestretch Lanes 7-9
 - 400h – Lanes 7-9 at the Common Start/Finish Line
 - 200m/400m/Relays - Lanes 3-6 at the Common Start/Finish Line

Field Events Practice Schedule: (7:30 a.m. – 8:30 p.m.)

- 7:30 a.m. - 10:30 a.m.: Hammer Throw
- 10:30 a.m. – 5:00 p.m.: Long Jump/Triple Jump
- 10:30 a.m. – 5:00 p.m.: Pole Vault
- 10:30 a.m. - 2:15 p.m.: High Jump (*North D Zone for Practice, South for Competition*)
- 10:30 a.m. – 2:15 p.m.: Shot Put
- 2:15 p.m. – 5:00 p.m.: Javelin Throw
- 5:00 p.m. – 7:30 p.m.: Discus Throw

WARM-UP FACILITY/WALKER INDOOR: 7:30 a.m. - 7:30 p.m.

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

- 9:30 a.m. - 1:30 p.m.: Javelin Throw
- 1:30 p.m. - 5:30 p.m.: Discus Throw
- No Hammer Throw or Shot Put Available*

MARKINGS: Tape or similar material that is adhered to the track or field event site are the only materials that will be allowed for marking in the field and track events.

Wednesday, May 22

JOHN MCDONNELL FIELD: 7:00 a.m. – 8:30 a.m.

7:00 a.m. – 8:30 a.m.: Hammer Throw

No Other Practice Availability Due to Competition

WARM-UP FACILITY/WALKER INDOOR: 7:00 a.m. - 10:30 p.m.

Day of Competition Only Hours (4:00 p.m. – 10:30 p.m.)

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

9:30 a.m. - 1:30 p.m.: Discus Throw

1:30 p.m. - 5:30 p.m.: Javelin Throw

No Hammer Throw or Shot Put Available

Thursday, May 23

JOHN MCDONNELL FIELD:

No Available Practice Time Due to Competition

WARM-UP FACILITY/WALKER INDOOR: 8:00 a.m. - 10:30 p.m.

Day of Competition Only Hours (4:00 p.m. – 10:30 p.m.)

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

9:30 a.m. - 1:30 p.m.: Discus Throw

1:30 p.m. - 5:30 p.m.: Javelin Throw

No Hammer Throw or Shot Put Available

Friday, May 24

JOHN MCDONNELL FIELD: 9:00 a.m. – 10:30 a.m.

9:00 a.m. – 10:30 a.m.: Hammer Throw

No Other Practice Availability Due to Competition

WARM-UP FACILITY/WALKER INDOOR: 9:00 a.m. - 10:00 p.m.

Day of Competition Only Hours (3:00 p.m. – 10:00 p.m.)

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

9:30 a.m. - 1:30 p.m.: Discus Throw

1:30 p.m. - 5:30 p.m.: Javelin Throw

No Hammer Throw or Shot Put Available



Saturday, May 25

JOHN MCDONNELL FIELD: 9:00 a.m. – 10:30 a.m.

9:00 a.m. – 10:30 a.m.: Hammer Throw

No Other Practice Availability Due to Competition

WARM-UP FACILITY/WALKER INDOOR: 9:00 a.m. - 10:00 p.m.

Day of Competition Only Hours (3:00 p.m. – 10:00 p.m.)

RAMAY JUNIOR HIGH SCHOOL: 9:30 a.m. - 5:30 p.m.

No Long Throws Available

AGRI PARK LONG THROW AREA: 9:30 a.m. - 5:30 p.m.

9:30 a.m. - 1:30 p.m.: Discus Throw

1:30 p.m. - 5:30 p.m.: Javelin Throw

No Hammer Throw or Shot Put Available

***Children under the age of 18 (unless they are competing student-athletes) and infants will only be allowed in team camp areas, not warm-up/active competition and practice areas for safety. Additionally, practice and warm-up venues are off limits to any post-collegians. These facilities are strictly available only for competing student-athletes.**

MARKINGS: Tape or similar material that is adhered to the track or field event site are the only materials that will be allowed for marking in the field and track events.



COMPETITION SCHEDULE

WEDNESDAY, MAY 22

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	110 Hurdles	Men	First Round
6:30 PM	1500 Meters	Men	First Round
7:00 PM	100 Meters	Men	First Round
7:25 PM	400 Meters	Men	First Round
7:50 PM	800 Meters	Men	First Round
8:20 PM	400 Hurdles	Men	First Round
8:45 PM	200 Meters	Men	First Round
9:10 PM	10,000 Meters	Men	Semifinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	Hammer	Men	First Round
2:00 PM	Javelin	Men	First Round
6:00 PM	Long Jump	Men	First Round
6:30 PM	Pole Vault	Men	First Round
7:00 PM	Shot Put	Men	First Round

THURSDAY, MAY 23

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	100 Hurdles	Women	First Round
6:30 PM	1500 Meters	Women	First Round
7:00 PM	100 Meters	Women	First Round
7:25 PM	400 Meters	Women	First Round
7:50 PM	800 Meters	Women	First Round
8:20 PM	400 Hurdles	Women	First Round
8:45 PM	200 Meters	Women	First Round
9:10 PM	10,000 Meters	Women	Semifinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	Hammer	Women	First Round
2:00 PM	Javelin	Women	First Round
6:00 PM	Long Jump	Women	First Round
6:30 PM	Pole Vault	Women	First Round
7:00 PM	Shot Put	Women	First Round

FRIDAY, MAY 24

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Men	Quarterfinals
5:15 PM	1500 Meters	Men	Quarterfinals
5:40 PM	3000 Steeplechase	Men	Quarterfinals
6:15 PM	110 Hurdles	Men	Quarterfinals
6:35 PM	100 Meters	Men	Quarterfinals
6:50 PM	400 Meters	Men	Quarterfinals
7:05 PM	800 Meters	Men	Quarterfinals
7:25 PM	400 Hurdles	Men	Quarterfinals
7:50 PM	200 Meters	Men	Quarterfinals
8:10 PM	5000 Meters	Men	Semifinals
8:45 PM	4x400 Relay	Men	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	Discus	Men	First Round
2:00 PM	High Jump	Men	First Round
6:00 PM	Triple Jump	Men	First Round

SATURDAY, MAY 25

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Women	Quarterfinals
5:15 PM	1500 Meters	Women	Quarterfinals
5:40 PM	3000 Steeplechase	Women	Quarterfinals
6:15 PM	100 Hurdles	Women	Quarterfinals
6:35 PM	100 Meters	Women	Quarterfinals
6:50 PM	400 Meters	Women	Quarterfinals
7:05 PM	800 Meters	Women	Quarterfinals
7:25 PM	400 Hurdles	Women	Quarterfinals
7:50 PM	200 Meters	Women	Quarterfinals
8:10 PM	5000 Meters	Women	Semifinals
8:45 PM	4x400 Relay	Women	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	Discus	Women	First Round
2:00 PM	High Jump	Women	First Round
6:00 PM	Triple Jump	Women	First Round

*All times listed are Central Time
Schedule is subject to change
Schedule updated 4/18/2024*



AWARDS

There will be no official awards for individuals, teams or relays at the first rounds.

UNIFORMS AND LOGOS

Reference: Bylaw 12.5.4 in the NCAA Manual

All uniforms and logos must comply with the 2023-24 NCAA Men's and Women's Track and Field and Cross Country Rule Book.

VIDEO/WIRELESS COMMUNICATION

The use by competitors of video or audio devices, radio transmitters or receivers, Fitbits or smart watches, mobile phones, computers, or any similar devices in the competition area is prohibited. Field event Student-Athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

MISCONDUCT (Bylaw 31.3.10)

Misconduct Incident to Competition - If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during break in the continuity of the championship when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing following the action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

Penalty for misconduct - A governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of competition or practice.

- (a) Public or private reprimand of the individual;
- (b) Disqualification of the individual from further participation in the NCAA championship involved;
- (c) Banishment of the individual from participation in one or more following championships of the sport involved;
- (d) Cancellation of payment to the institution of the Association's travel guarantee for individuals involved;
- (e) Withholding of all or a portion of the institution's share of the revenue distribution;
- (f) Banishment of the institution from participation in one or more following championships in which its team in that sport otherwise would be eligible to participate;



- (g) Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
- (h) Cancellation of all or a portion of the honorarium for hosting an NCAA Championship; and
- (i) Financial or other penalties different from (a) through (h) above, but only if they have prior approval of the Competition Oversight Committee.

ACADEMICS

If academic support is required for any student-athletes, please contact Felecia Saine, Associate AD/Academics and Student-Athlete Development, by phone (479-575-4424) or by email (fsaine@uark.edu).

BIB / HIP NUMBERS

Athletes must wear the competitor bibs on the front and back of their jersey/singlet. Athletes competing in the long jump, triple jump, high jump and pole vault may wear one bib on either the front or back. Bibs may not be altered in any manner. Bib numbers will be required at check-in and for all subsequent events. Hip numbers will be issued at check-in and must be worn on both hips.

DAY-OF-COMPETITION WARM-UPS

Access to the warm-up areas are limited to athletes on that day's start lists starting two hours prior to the first main running event of the day (110H, 100H, 4x100m relay). Credentialed coaches will be able to communicate with their athletes in these areas.

CHECK-IN AND FINAL REPORT TIMES

Teams and/or individuals that check-in late and/report late and not in accordance with the following times outlined in this manual may jeopardize participation in their event, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

Summary of Student-Athlete Flow:

- 1) Student-athletes must check-in and report to the clerking area located on the east side of John McDonnell Field in Parking Lot #55.
- 2) Student-athletes will be escorted from the clerking area to the track. Student-Athletes in running events will leave their clothes/bags at the clerking area, where they will return after the conclusion of their event.
- 3) Student-athletes will be escorted to the post-event recovery area accordingly after each event. Clothes/bags will be left at the clerking area.
- 4) After completion of the event, student-athletes may be asked to conduct an interview within the media Mixed Zone.

Check-In and Final Report Times (Clerking Areas)

All student-athletes are encouraged to check in as soon as possible for their event but must check in and report back to the Clerk's area no later than the times outlined on the following schedule. The clerking area is located on the east side of John McDonnell Field in Parking Lot #55. Uniform, equipment/spike/shoe check, instructions, and escorting will take place accordingly.

All student-athletes must check in and report back with the clerk per the following running event and field event schedule (see below).

Check-In and Final Report Times (Running Events):

Student-athletes must check-in as is noted below and report back to the clerk according to the heat-by-heat final report times.

- 100 Meters, 100/110 Hurdles, 200 Meters, 400 Meters, and 400 Hurdles

Competitors must check-in no later than forty-five (45) minutes prior to the event start time for each round.

In the **first-round** of each event, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event. Competitors in the **fourth heat** must report back to the clerk no later than five (5) minutes prior to the published scheduled start time of the event. Competitors in the **fifth heat** must report back to the clerk no later than the published scheduled start time of the event. Competitors in the **sixth heat** must report back to the clerk no later than five (5) minutes after the published scheduled start time of the event.

In the **quarter-final round** of each event, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event.

- 800 Meters

Competitors must check-in no later than forty-five (45) minutes prior to the event start time for each round.

In the **first-round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must

report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event. Competitors in the **fourth heat** must report back to the clerk no later than five (5) minutes prior to the published scheduled start time of the event. Competitors in the **fifth heat** must report back to the clerk no later than the published scheduled start time of the event. Competitors in the **sixth heat** must report back to the clerk no later than five (5) minutes after the published scheduled start time of the event.

In the **quarter-final round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event.

- 1500 Meters

Competitors must check-in no later than forty-five (45) minutes prior to the event start time for each round.

In the **first-round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event. Competitors in the **fourth heat** must report back to the clerk no later than five (5) minutes prior to the published scheduled start time of the event.

In the **quarter-final round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event.

- 3000 Steeplechase

Competitors must check-in no later than forty-five (45) minutes prior to the event start time.

In the **quarter-final round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event. Competitors in the **third heat** must report back to the clerk no later than the published scheduled start time of the event.

- 5000 Meters

Competitors must check-in no later than forty-five (45) minutes prior to the event start time.

In the **semi-final round**, competitors in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Competitors in the **second heat** must report back to the clerk no later than five (5) minutes prior to the published scheduled start time of the event.

- 10,000 Meters

Competitors must check-in no later than forty-five (45) minutes prior to the event start time.

In the **semi-final round**, competitors must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event.

- 4x100 Relay and 4x400 Relay

Competitors must check-in no later than forty-five (45) minutes prior to the event start time.

In the **quarter-final round**, teams in the **first heat** must report back to the clerk no later than twenty (20) minutes prior to the published scheduled start time of the event. Teams in the **second heat** must report back to the clerk no later than fifteen (15) minutes prior to the published scheduled start time of the event. Teams in the **third heat** must report back to the clerk no later than ten (10) minutes prior to the published scheduled start time of the event.

Any final changes or replacements to relays may occur up until five (5) minutes before the published start time of the event. Any changes must be done by the institution's coach at the Clerking area. No changes will be allowed later than five (5) minutes before the published start time of the relay event.

Check-In and Final Report Times (Field Events):

Student-athletes must check-in as is noted below and report back to the clerk according to the flight-by-flight final report times.

- Discus, Hammer, Javelin

Competitors must check-in no later than fifty (50) minutes prior to the event start time.

In the Discus, Hammer, and Javelin, **flight one (1)** must report back to the clerk not later than fifty (50) minutes prior to the published scheduled start time of the event. Flight one (1) competitors will be escorted by a clerk to the competition area forty-five (45) minutes prior to the published scheduled start of the event.

Flight two (2) must report back to the clerk not later than twenty-five (25) minutes after the published scheduled start time of the event. Flight two (2) competitors will be escorted by a clerk to the competition area thirty (30) minutes after the published scheduled start time of the event.

Flight three (3) must report back to the clerk not later than one (1) hour and thirty-five (35) minutes after the published scheduled start time of the event. Flight three (3) competitors will be escorted by a clerk to the competition area one (1) hour and forty (40) minutes after the published scheduled start time of the event.

- Shot Put

Competitors must check-in no later than fifty (50) minutes prior to the event start time.

In the Shot Put, **flights one (1) and two (2)** must report back to the clerk not later than fifty (50) minutes prior to the published scheduled start time of the event. Flight one (1) and flight two (2) competitors will be escorted by clerks to their assigned competition area forty-five (45) minutes prior to the published scheduled start time of the event.

Flights three (3) and four (4) must report back to the clerk not later than fifteen (15) minutes after the published scheduled start time of the event. Flight three (3) and flight four (4) competitors will be escorted by clerks to their assigned competition area twenty (20) minutes after the published scheduled start time of the event.

- Long Jump, Triple Jump

Competitors must check-in no later than fifty (50) minutes prior to the event start time.

In the Long Jump and Triple Jump, **flights one (1) and two (2)** must report back to the clerk no later than fifty (50) minutes prior to the published scheduled start time of the event. Flight one (1) and flight two (2) competitors will be escorted by clerks to their assigned competition area forty-five (45) minutes prior to the published scheduled start time of the event.

Flights three (3) and four (4) must report back to the clerk no later than thirty-five (35) minutes after the published scheduled start time of the event. Flight three (3) and flight four (4) competitors will be escorted by clerks to their assigned competition area no later than forty (40) minutes after the published scheduled start time of the event.

- High Jump

Competitors must check-in no later than one (1) hour and twenty (20) minutes prior to the event start time.

Flight one (1) and flight two (2) competitors must report back to the clerk not later than one (1) hour and twenty (20) minutes prior to the published scheduled start time of the event. Flight one (1) and flight two (2) competitors will be escorted by clerks to their



assigned competition area one (1) hour and fifteen (15) minutes prior to the published scheduled start time of the event.

- Pole Vault

Competitors must check-in no later than one (1) hour and thirty-five (35) minutes prior to the event start time.

Flight one (1) and flight two (2) competitors must report back to the clerk not later than one (1) hour and thirty-five (35) minutes prior to the published scheduled start time of the event. Flight one (1) and flight two (2) competitors will be escorted by clerks to their assigned competition area one (1) hour and thirty (30) minutes prior to the published scheduled start time of the event.

COACHES VIRTUAL MEETING

There will be a virtual coaches meeting on Friday, May 17 at 1 p.m. Central Time. A virtual link will be provided to all qualifying head coaches after selections. All aspects of the competition and administrative procedures will be discussed. It is **MANDATORY** that each institution’s head coach, or a representative of the institution, be present during the meeting. A minimum fine of \$200 per gender/per team will be assessed for those participating institutions not in attendance.

COACHING BOXES AND FIELD EVENT VENUE DESIGNATION

Coaching boxes for all events except for high jump and shot put will be designated as the first row of stands on both the east and west sides of the track. High Jump and Shot Put will have coaching boxes inside the track, located on the javelin runway between the respective east and west competition areas. A coaching box credential will be provided at packet pickup and will be required for accessing coaching boxes. Institutions will be provided a coaching box credential for each athlete qualified in the shot put and high jump.

Field Event Flight Locations:

Pole Vault:

Flight 1: North Pit

Flight 2: South Pit

High Jump:

Flight 1: West Pit

Flight 2: East Pit

Shot Put, Long Jump, Triple Jump:

Flights 1 & 3: West Ring/Runway

Flights 2 & 4: East Ring/Runway

CREDENTIALS

Credentials will be provided for all coaches, student-athletes, media, officials, and other personnel as stipulated in NCAA Bylaw 11. Credentials for each institution will be distributed at packet pick-up for coaches, athletic trainers, university personnel, and student-athletes.



Credentials for media will be available in the Press Box of John McDonnell Field from 1:00 p.m. to 5:00 p.m. on Tuesday, May 21.

Competitors must have credentials in order to access ticketed and credentialed areas. At the conclusion of each event competitors will be directed to leave the track. No competitor shall be on the track unless involved in an event or an approved warm-up period for an upcoming event.

Credentials should be worn accordingly at all times.

DRUG TESTING

Drug testing facilities will be located in the Frank O'Mara Track & Field High Performance Center should drug testing be conducted at this event.

Student-athletes who compete in this championship may be subjected to a drug test in accordance with bylaws 18.4.1.5 and 31.2.3, and may be determined to be ineligible as a result thereof. If drug testing occurs at this session of the championships, couriers will make contact with the student-athletes immediately following the 10-minute cooling off period. The student-athletes who are to be tested will be escorted to the drug-testing area within one hour after the conclusion of the competition. Student-athletes selected for drug-testing should first attend any post meet interviews (if designated by the sports information director) before reporting to the drug-testing area.

Note that if drug testing does not occur during this championship round and/or a test is required outside of the standard championship protocol (e.g. national record, world junior record, etc.), the cost associated with such a test will be the responsibility of the tested student-athlete's institution.

ELECTRONIC COMMUNICATION

Websites

Host site: <https://arkansasrazorbacks.com/2024-ncaa-west-first-rounds/>

NCAA Track and Field Championships: <http://www.ncaa.com/trackandfield>

Twitter

To get meet management updates (e.g. weather delays) via Twitter please follow @RazorbackTF

FIELD EVENT WARM-UP PROCEDURES

Field Event Competitors will be permitted onto the competition site based on their flight. There is no general warm-up for any throwing and horizontal jumping event. Student-athletes, by flight, will be escorted to the event site prior to each flight, in order to be part of the 30-minute flight specific warm-up period (for the Long Jump, Triple Jump, Shot Put, Discus, Hammer, Javelin), which will begin when the officials at the event have received the escorted competitors and have the event site ready. Each flight of the High Jump will be allowed a 1-hour warm-up period. Each flight of the Pole Vault will be allowed a 1 hour and 15-minute warm-up



period. Please read the Technical manual for regulations regarding determination of flights and advancement as well as specifics regarding each event.

IMPLEMENT INSPECTION

Implement inspection will take place in the implement inspection area underneath the east grandstands. Student-athletes and coaches are encouraged to turn in implements the day prior to competition. **NO IMPLEMENTS WILL BE ACCEPTED LATER THAN 3 HOURS PRIOR TO THE WARM-UP PERIOD FOR THE EVENT.** Once an implement is submitted for certification, it will remain impounded until the completion of the competition. Illegal implements will be secured until after the meet and may be picked up at the conclusion of competition. Only certified implements may be used during official warm-ups and competition.

Implements passing certification will be brought to the event site prior to the start of warm-ups.

Implements can be picked up at the implement inspection area 30 minutes after the conclusion of the final flight of the event.

Competitors who require implements for practice after inspection should bring secondary implements.

Implements Inspection days and hours are as follows:

- Tuesday, May 21: 12:00 p.m. - 5:00 p.m.
- Wednesday, May 22: 8:00 a.m. - 9:00 p.m.
- Thursday, May 23: 8:00 a.m. - 9:00 p.m.
- Friday, May 24: 10:00 a.m. - 5:00 p.m.
- Saturday, May 25: 10:00 a.m. - 5:00 p.m.

MEDIA RELATIONS

Credentials – Photo, SID, Media

- Requests for credentials should be submitted to Shawn Price (sdp013@uark.edu). Be sure to specify the type of credential needed.
- Credentials are granted to authorized working press, Host/NCAA approved officials and event management personnel only.
- Media organization identification and the name of the media member covering the event for that outlet are required for every credential.
- Passes are not transferable. Media members that need to alter their original request should do so by contacting Shawn Price (sdp013@uark.edu).
- Media Credentials will be available in the Press Box of John McDonnell Field from 1:00 p.m. to 5:00 p.m. on Tuesday, May 21.
- Media will call is located at the southeast entrance of John McDonnell Field at the credentialed personnel entrance. Media credentials can be picked up beginning one hour prior to the first event on each day of competition throughout the championship.



- Media Parking: Media members may park in Lots: 72, 73, 73A 74, 74A, 74B, 74C and 74D. These lots are free to park during the championships and do not require a parking pass. Refer to Appendix C for a parking map.

Media/Mixed Zone Area

The mixed zone will be located outside the east entrance to John McDonnell Field directly adjacent to the clerking area. The press box at the top of the east grandstands will also be available to all credentialed media.

MEDICAL INFORMATION

Ambulance

An ambulance will be on site during the practice sessions at the competition venue and on all competition days.

Athletic Training / Medical Information

The host medical area is located at the south end of John McDonnell Field inside the Frank O'Mara Track & Field High Performance Center.

Athletic training facilities will be available for the competing institutions before, during, and after all practices and events. Access to these facilities at other times will be by arrangement with the host school athletic training staff.

If a certified athletic trainer cannot travel with your team, then a letter stating any treatments that should be performed on their Student-Athlete(s) should be provided and signed by the certified athletic trainer.

A host team physician will be available to you for the duration of the championship.

If a medical scratch occurs prior to arriving on site, then the scratch must be verified by the institution's team doctor. If the scratch occurs after arriving on site, the scratch must be verified by host medical personnel by completing an evaluation and proper paperwork.

Once competition begins, a Student-Athlete who fails to compete or finish in any event at the first rounds or national championship sites, and is entered in additional events, must receive medical verification from the host medical staff stating that they were unable to finish or start the event. Additionally, they must then get medically cleared before they can be eligible to return to competition in any other event. The proper medical paperwork must be completed and will be available in the medical area at each site. (Rule 12-18 b&c)

Please contact the host athletic training staff if any services are necessary.

Each day, ice and other first aid items will be available. In the event a modality is needed, prior request should be made with the host sports medicine staff.



Championship Medical Contacts

<p>Jessica Price Host Athletic Trainer, Assistant Athletic Trainer 479-236-6635 Jp131@uark.edu</p>	<p>Nicole Tira Associate Athletic Trainer, Director of Track & Field/Cross Country 479-249-7823 ntira@uark.edu</p>
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Concussion Management / Hospitals and Emergency Services

<p>Washington Regional Hospital 3214 North Hills Blvd. Fayetteville, AR 479-463-1000</p>
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PACKET PICK-UP

Tuesday, May 21
1 – 5 p.m.

Packet Pick-Up will take place at the north entrance of Bud Walton Arena located at 1240 Nolan Richardson Dr. Fayetteville, AR 72701. Bud Walton Arena is directly adjacent to the outdoor track.

PARKING

Institutions will be given one van/vehicle pass per gender in their team packet to park in Lot FB (shown on the parking map in Appendix C, just on the west side of Razorback Road, across from the team camp areas). Buses must park at Baum-Walker Stadium or lot 56. All other vehicles may park in any of the free lots shown on the parking map in Appendix C.

Spectators and media may park for free in lots 72, 73, 73A, 74, 74A, 74B, 74C and 74D.

PARTICIPANT ENTRANCES/DROP-OFF

Participants, coaches, and staff will be dropped off at the west entrance of the indoor football practice facility on Razorback Road, directly adjacent to where team camps will be located. To access the track, participants will walk across the outdoor warm up area and exit through the southeast staircase and make their way across the street to the central-most east entrance of the track, where the clerking area will be. The entrance for team personnel and student-athletes who are not checking in for competition will be past the clerking area at the southeast entrance of the track.

POLE SHIPPING / STORAGE

Pole Vault Storage will be underneath the awning on the west side of the Frank O’Mara Track & Field High Performance Center, in the southwest corner of the track. The University of Arkansas will not accept poles shipped directly to the competition venue. Please make arrangements to ship pole vaulting poles to hotels.



PRACTICE FIELDS/AREAS AND WEIGHT ROOM ACCESS

JOHN MCDONNELL FIELD:

Address: 10 S Razorback Rd, Fayetteville, AR 72701

Hours: See Practice Schedule on Pages 10-13 for Available Hours

WARM-UP FACILITY/WALKER INDOOR:

Address: 190 N Razorback Rd, Fayetteville, AR 72701

Hours: See Practice Schedule on Pages 10-13 for Available Hours

RAMAY JUNIOR HIGH SCHOOL (NO LONG THROWS):

Address: 401 S Sang Ave, Fayetteville, AR 72701

Hours: See Practice Schedule on Pages 10-13 for Available Hours

AGRI PARK LONG THROW AREA (NO SHOT PUT OR HAMMER THROW):

Address: 2619 N Quality Ln, Fayetteville, AR 72703

Hours: See Practice Schedule on Pages 10-13 for Available Hours

WEIGHT ROOM AT FRANK O'MARA HIGH PERFORMANCE CENTER:

Address: 10 S Razorback Rd, Fayetteville, AR 72701

Hours:

Monday, May 20: 1:00 p.m. - 7:30 p.m.

Tuesday, May 21: 1:00 p.m. - 7:30 p.m.

Wednesday, May 22: 8:00 a.m. - 11:00 a.m.

Thursday, May 23: 8:00 a.m. - 11:00 a.m.

Friday, May 24: 8:00 a.m. - 11:00 a.m.

Saturday, May 25: 8:00 a.m. - 11:00 a.m.

The Randal Tyson Indoor Track Center will only be available for practice during inclement weather situations.

***Children under the age of 18 (unless they are competing student-athletes) and infants will only be allowed in team camp areas, not warm-up/active competition and practice areas for safety. Additionally, practice and warm-up venues are off limits to any post-collegians. These facilities are strictly available only for competing student-athletes.**

MERCHANDISE AND CONCESSIONS

Championship branded merchandise will be available for purchase at the northwest entrance of John McDonnell Field. Hours of operation are as follows:

Wednesday, May 22: 4:00 p.m. - 10:00 p.m.

Thursday, May 23: 4:00 p.m. - 10:00 p.m.

Friday, May 24: 3:00 p.m. – 9:00 p.m.

Saturday, May 25: 3:00 p.m. – 9:00 p.m.



Concessions will be available for purchase in the concession stand underneath the east grandstands.

Wednesday, May 22: 4:00 p.m. - 10:00 p.m.

Thursday, May 23: 4:00 p.m. - 10:00 p.m.

Friday, May 24: 3:00 p.m. – 9:00 p.m.

Saturday, May 25: 3:00 p.m. – 9:00 p.m.

MOTHER'S ROOM

A private Mother's Room will be made available, by request, for use at the competition venue. To secure such a room, please contact Brandon Bauer (bpbauer@uark.edu) at least 24 hours prior to arrival.

PROTESTS

See the 2023-2024 NCAA Track and Field Rules Book. The protest table will be located in the southeast corner of John McDonnell Field, next to the Frank O'Mara Track & Field High Performance Center. There is a \$100 protest fee (cash, check made out to host institution or credit card) due at the time of the protest. The \$100 will be reimbursed should the ruling be overturned. Please note all protests must be filed within 15 minutes of the posting of final results. The referees' decision will be final. The referees' decision will be posted at the protest area as soon as the information is available from the referees.

RELAY EVENTS – CHAMPIONSHIPS POLICY/PROCEDURES

Each relay card shall consist of the four original members that were a part of the qualifying team. However, each institution will also be allowed to name up to four alternates by no later than the close of packet pick-up. Additionally, any other Student-Athlete who is competing in another event during the championships is considered a substitute and is eligible as a replacement on the relay team. No other Student-Athlete other than those on the original qualifying team, those listed as an alternate or those already in the meet in another event may run on the relay.

Relay cards must be completed by coaches during the packet pick-up period. Changes in relay teams must be reported to the clerk during athlete check-in. All relay procedures must abide by the regulations as detailed above and as further outlined in the Outdoor Technical Manual.

For exchange zones, tape or similar material that is adhered to the track are the only materials that will be allowed for marking in track events.

RESULTS / HEAT SHEETS

Heat sheets and results will be available online at [NCAA.com](https://www.ncaa.com). Copies of heat sheets and results will be available for coaches to pick-up at the protest tent following each day of competition.

RULES

The NCAA Division I Men's and Women's Outdoor Track and Field Championships First Rounds will be conducted according to 2023-2024 NCAA Track and Field Rules.



SPIKES/SHOES

A maximum of 7mm spike length may be used for all events with the exception of the high jump and javelin. Participants in the high jump and javelin may use spikes up to 9mm in length.

World Athletics/USATF Requirements: In accordance with World Athletics/USATF requirements, in order for marks to be recognized by both World Athletics and USATF (e.g., ranking points, event qualification, and records) legally worn shoes are required during competition as recognized by World Athletics/USATF. Random checking of up to 10% of athletes' shoes will occur during competition clerking to ensure shoes are legal for purposes of World Athletics and USATF. Athletes should bring shoes to clerking in case they are randomly selected for shoe check. If shoes are illegal per World Athletics/USATF rules, the athlete will be given the opportunity to correct the shoes prior to competition or need to understand that any mark achieved will not be recognized for World Athletics or USATF purposes.

Additionally, per World Athletics/USATF requirements, in order for marks to be recognized by both World Athletics and USATF (e.g., ranking points, event qualification, and records) in laned track events, any two steps on the inside lane line while running on the bend at any point during a competition, including across multiple rounds of the same event in a meet, will result in WA/USATF mark disqualification. In track events not run completely in lanes, any two steps over the line at any point during a competition will result in WA/USATF mark disqualification.

Note: These two items do NOT supersede NCAA rules for conduct of NCAA championship competition and would only disqualify athletes' marks for consideration for WA/USATF purposes.

Additional details can be found at [2022-23PRTF USOPCNCAATrackandFieldPilot.pdf \(ncaaorg.s3.amazonaws.com\)](https://ncaaorg.s3.amazonaws.com/2022-23PRTF_USOPCNCAATrackandFieldPilot.pdf).

BLOCKS AND BATONS

The NCAA Division I Track and Field and Cross Country Committee has elected to require the use of starting blocks by all student-athletes that compete in the 100m, 200m, 400m, 100 hurdles, 110 hurdles, 400 hurdles, 4x100m relay and 4x400m relay. The committee has also elected to approve the use of an electronic start information system that shall be used by the starters to its fullest capabilities. Starters shall use information provided by this system to detect false starts and disqualify student-athletes or recall the race.

The only starting blocks that may be used are those as provided on site by the host meet management and Gill Athletics.

Additionally, batons will be provided by Gill Athletics and will be the only batons allowed for use during the relay events.



Team camp areas will be located inside the indoor football practice field. This is directly north of, and attached to, the outdoor football practice field which will be used as a warmup area. These spaces are directly across the street from the outdoor track to the north. Positions in the indoor team camp area will be preassigned based on number of qualifiers to the Championship.

***Children under the age of 18 (unless they are competing student-athletes) and infants will only be allowed in team camp areas, not warm-up/active competition and practice areas for safety. Additionally, practice and warm-up venues are off limits to any post-collegians. These facilities are strictly available only for competing student-athletes.**

TICKETS AND PASS LIST INFORMATION

Tickets can be purchased in advance at www.arkansasrazorbacks.com or by calling 479-575-5151. On meet day, tickets will be available for purchase at the ticket office tent at the northwest corner of the track.

Forms of Payment: For advance and day of event walk-up sales, the following methods of payment are accepted: cash, Visa, MasterCard, Discover, or American Express.

Pass List: All player-guest pass list tickets for the track and field first rounds will be mobile. All allocated tickets will be forwarded to each institutional designated ticket manager, who will then be responsible for transferring the tickets to the end user. In order to transfer the tickets, each guest's first and last name, and email address will be needed.

Competing institutions must submit any pass list requests to Aubrie McGee (amm104@uark.edu) no later than **Monday, May 20 at Noon CT**. Submitted information must include the name, cell phone number and email address of the institutional ticket representative who will be responsible for mobile ticket distribution. The institutional ticket representative should be available to address any issues or questions that may arise during competition. Information submitted late or incomplete will not be accepted.

Institutions will be permitted to assign a maximum of six (6) tickets per qualified student-athlete. For example, if an institution qualifies 4 student-athletes, they may assign a maximum of 24 tickets for each day of competition. It will be important when submitting your player guest pass lists to note how many single day tickets are needed for Wednesday, how many single day tickets are needed for Thursday, how many single day tickets are needed for Friday, how many single day tickets are needed for Saturday, and/or how many 4-day all-session tickets are needed. If specific days are not indicated, the guest will be assigned an all-session ticket. All tickets will be General Admission. Teams submitting a pass list will be invoiced by the host following the event and will be billed for all requested tickets to the championships whether they were used or not.

Changes/additions, along with late requests will not be allowed. All NCAA pass list policies will be applied. Again, please note that all pass list tickets will be sent electronically to the email address of the institutional ticket representative provided, and it will then be the individual



school’s responsibility to disseminate tickets electronically to their player guests in advance of the first round competition.

If you have any questions regarding pass list submissions, please contact Aubrie McGee (amm104@uark.edu).

First Round Championship Ticket Pricing
(All Seating is general admission)

All Session (4 Days)	Price
Adult	\$40
Children (17 and under)	\$35
Single Day Pricing	Price
Adult	\$15
Children (17 and under)	\$10
Items restricted in venue:	
Smoking/Tobacco use Outside Food or Drink Pets unless clearly marked service animals	

Gates will open to spectators at

- 9:00 a.m. on Wednesday, May 22
- 9:00 a.m. on Thursday, May 23
- 12:00 p.m. on Friday, May 24
- 12:00 p.m. on Saturday, May 25

TIE-BREAKING AND ADVANCEMENT PROCEDURES

Note that at each First Round Site, in each event contested, **no more** than twelve (12) competitors or twelve (12) relay teams shall advance from a First Round Site of the Championships to the Final Championships Competition site. **The stated maximums are absolute and will not be extended.**

Refer to the NCAA Division I Men’s and Women’s Outdoor Track and Field Technical Manual for full details.



INCLEMENT WEATHER PROCEDURES

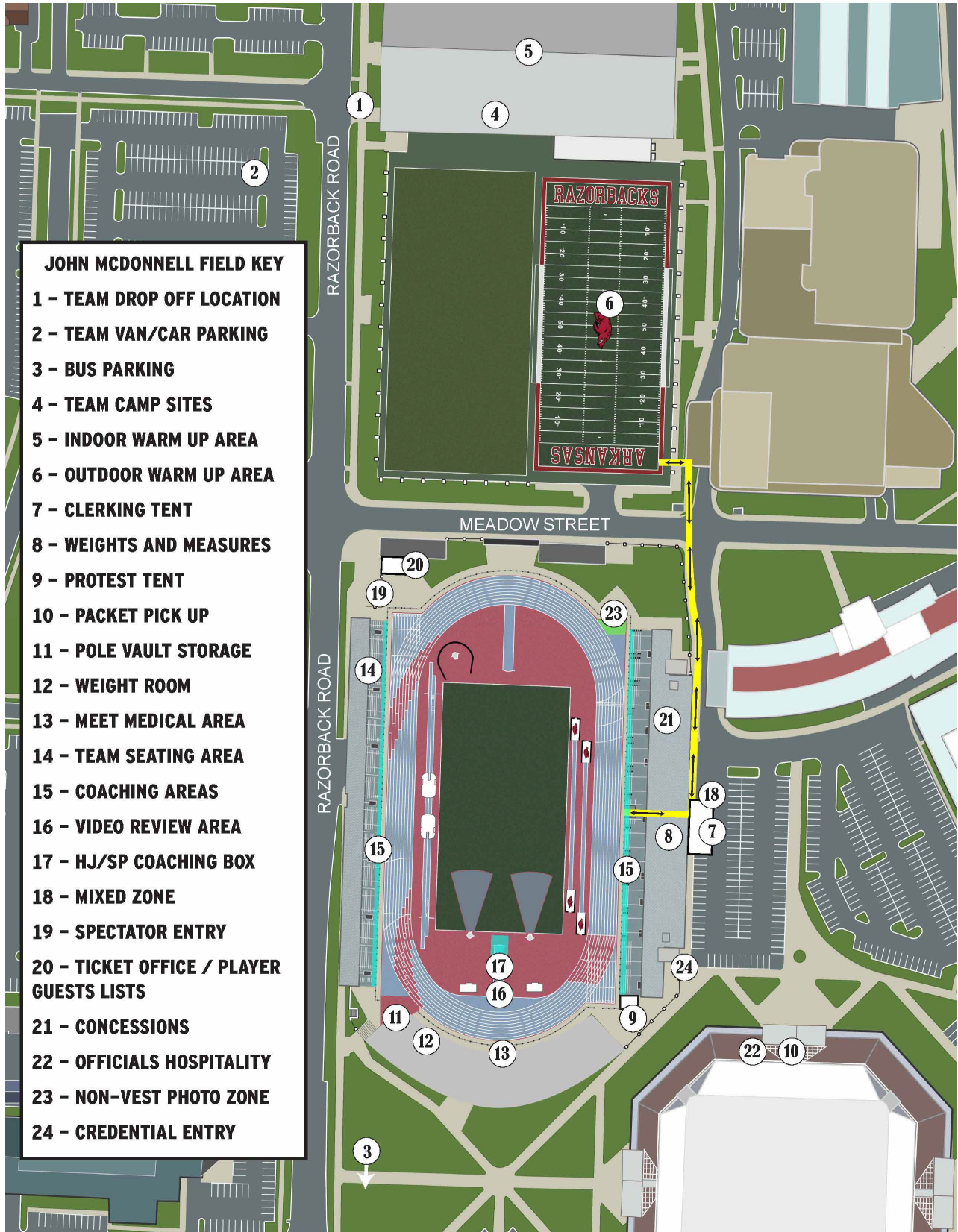
In the event of inclement weather or a disaster of any kind, as it is determined by NCAA Championship Officials, Host Meet Management Officials and/or University Police Department personnel, the following plan has been established should it be necessary to evacuate the venue:

All student-athletes/coaches/trainers from the competing institutions will be evacuated to their assigned team camp area in the Walker Indoor Football facility.

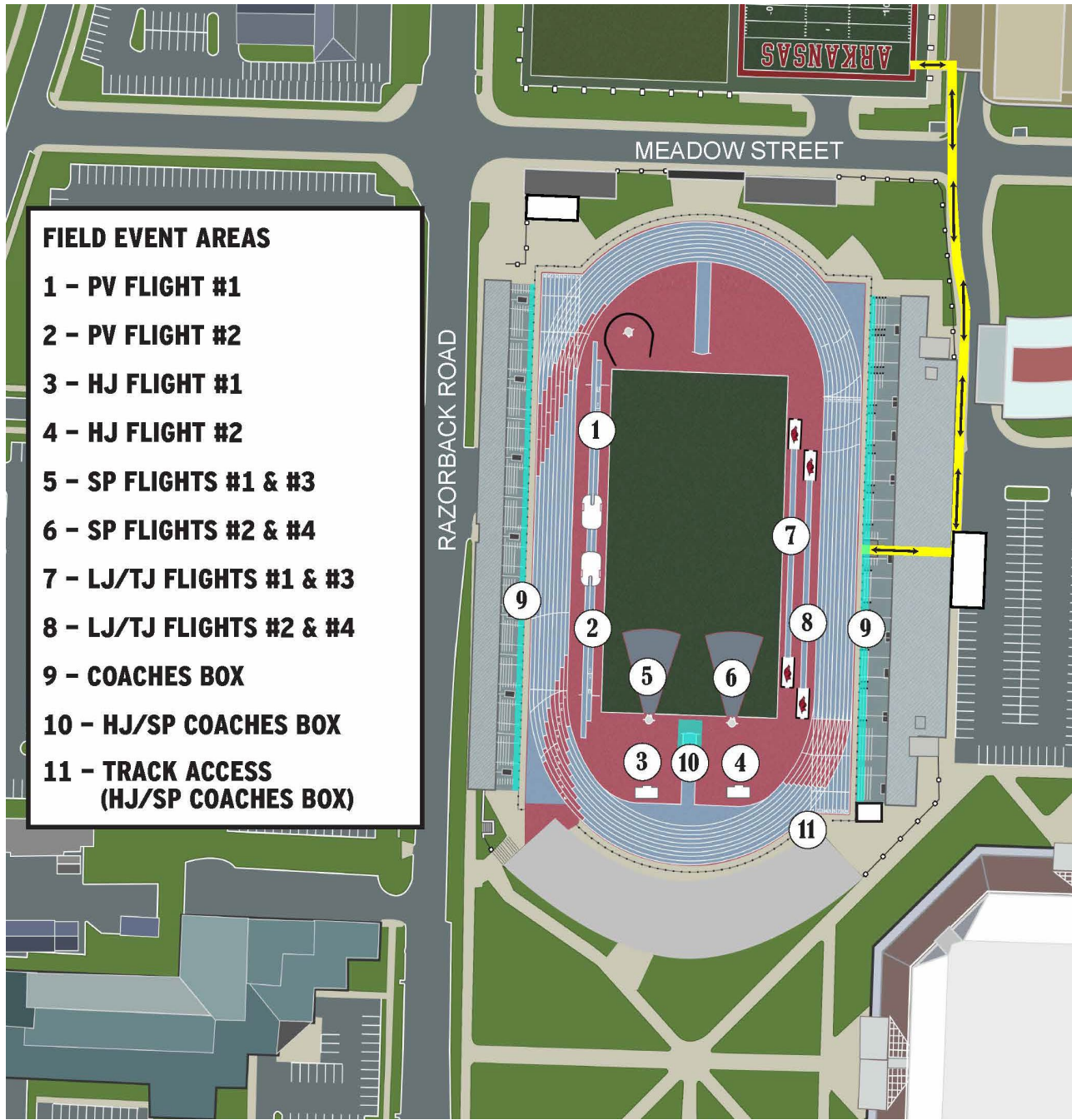
All meet and championship officials will be directed to the officials' hospitality area inside Bud Walton Arena. All fans/patrons will be directed underneath the grandstands or to Bud Walton Arena.

Following NCAA protocol, we will be using an online lightning detection and weather monitoring system. Once lightning enters the 30-mile radius of competition, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop, and student-athletes and spectators will be moved to safe areas. We will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

Meet management will update all participants and spectators by loudspeaker, internet, and twitter updates.



Appendix B: Field Event Locations



FIELD EVENT FLIGHT LOCATIONS:

Pole Vault:

- Flight 1: North Pit
- Flight 2: South Pit

High Jump:

- Flight 1: West Pit
- Flight 2: East Pit

Shot Put, Long Jump, Triple Jump:

- Flights 1 & 3: West Ring/Runway
- Flights 2 & 4: East Ring/Runway

Appendix D: John McDonnell Field – Track Specifications Summary

400 m standard track

- Number of oval lanes: 9 x 1.22m wide
- Number of straight lanes: 9 x 1.22m wide
- Water jump for the Steeplechase: inside
- Track Radius: 36.50m
- Distance between Center Points: 84.39m
- Kind of inner edge: aluminum
- Runways for Long- and Triple Jump: 2 double with landing area at each end
Length - 45m
Distances from take-off board to pit:
LJ – 3m near end / 11m far end
TJ men – 13m near end / 21m far end
TJ women – 11m near end / 19m far end

Facility for High Jump: 2 areas
Length - 25m

Runway for Pole Vault: 2 double - 1 with landing area at each end
1 with landing area at centre
Length - 45m

Facility for Discus and Hammer Throw: 1 combined – grass landing area

Facility for Javelin Throw: 2 runways – grass landing area
Runway length - 36.5m

Facility for Shot Put: 2 – sand landing area

MARKING PLAN (TAV.1)
1:500

