



2021 DIVISION I OUTDOOR
TRACK & FIELD
CHAMPIONSHIPS

PARTICIPANT
2020-21 MANUAL

Preliminary Round


TABLE OF CONTENTS

Introduction / Welcome	3
Facility History and Description	4
Championship Administration & Contact Information	5
Division I Men’s and Women’s Track & Field Site Representatives	6
Championship Week Schedule of Events	8-16
COVID Testing, Policies and Procedures	17
Uniform(s) and Logos	18
Video / Wireless Communication	18
Misconduct	18
Academics	19
Bib / Hip Numbers	19
Check-In	19
Coaches Technical Meeting	23
Coaching Boxes	23
Credentials	23
Drug Testing	24
Meet Communication	24
Field Event Warm-Up Procedures	25
Implement Inspection	25
Media Relations	27
Medical Information	28
Packet Pick-Up	29
Parking	29

Participant Entrances / Drop-off	29
Pole Vault Shipping / Storage	29
Weight Room Access	29
Protests	30
Relay Events – Championships Policy/Procedures	30
Results / Heat Sheets	30
Rules	30
Spikes	30
Blocks and Batons	31
Tents	31
Tickets	32
Tie-Breaking Procedures	33
Inclement Weather Procedures	33
Appendix A - Anderson Practice Track Diagram	
Appendix B - E.B. Cushing Track Diagram	
Appendix C - Track Site Plan	
Appendix D - Team Camps A&B locations	
Appendix E - Parking Diagram, Covid Testing, Packet Pickup	
Appendix F - Track Markings, Board Lengths	

ATHLETICS DEPARTMENT



Howdy!

Welcome to College Station, Texas A&M University and E.B. Cushing Stadium. I would like to express my sincere congratulations on such a successful outdoor track and field season. I hope that you enjoy your stay during the 2021 SEC Outdoor Track Championships, as well as your visit to Aggieland.

On behalf of the Athletic Department, I would like to extend a special welcome to the student-athletes, coaches, support staff and administrators who are attending the Championships. You have put in a lot of time and hard work to make it to this moment. We are looking forward to an excellent championship – one filled with true competitive spirit and great sportsmanship.

If our staff may be of any service to you during your visit, please do not hesitate to reach out. Once again, welcome to Aggieland!

Gig 'em,



Ross Bjork
Director of Athletics

756 Houston St.
1228 TAMU
College Station, TX 77843-1234

Tel. 979.845.5129 Fax 979.845.1458
www.12thMan.com



The 90,500-square foot E.B. Cushing Stadium opened on Texas A&M's west campus on April 6, 2019, giving the Aggie track and field program one of the nation's finest collegiate facilities to call home.

Features of the track and field area of E.B. Cushing Stadium include an IAAF certified Beynon track surface with 130 foot radius. In addition to the nine-lane oval, there is a nine-lane sprint and hurdle runway inside the oval. Field events held inside the oval include high jump, pole vault, long jump, triple jump and shot put.

The longer throwing events – discus, hammer and javelin – will utilize the Anderson Practice Track and Field Complex that lies adjacent to the new facility and serves as a warm-up track.

The track surface in Cushing Stadium is by Beynon, which offers a specialized, high performance synthetic athletic surface designed for speed, competition, and daily training. The surface is resilient by formulation and the physical properties of the IAAF certified system don't change as they are exposed to the elements.

In addition to having a fast track surface, another important factor in the Beynon track surface is athlete safety in regards to improved force reduction, enhanced feel under foot, and resiliency without sacrificing performance.

Another unique feature inside the track oval is multiple runway options for the pole vault.



CHAMPIONSHIP ADMINISTRATION & CONTACT INFORMATION

Erin Jones	Meet Director	ejones@athletics.tamu.edu 979-229-3962
Pat Henry	Head Men's and Women's Track and Field Coach	phenry@athletics.tamu.edu 979-571-1453
Saul Luna	Head Athletic Trainer	sluna@athletics.tamu.edu 361-739-4993
JP Bramhall	Meet Physician	JPBramhall@athletics.tamu.edu 979-229-7746
Brian Bancroft	Officials Coordinator	bbancroft@athletics.tamu.edu 979-229-5691
Tyler Pounds	Media and Communications Coordinator	tpounds@athletics.tamu.edu 979-848-6317
Mo Brown	Marketing & Promotions Coordinator	mbrown@athletics.tamu.edu 434-964-7743
Cody DeRudder	Ticketing Coordinator	cderudder@12thmanfoundation.com 817- 944-3106

Championship Websites

<http://www.ncaa.com/trackandfield>



DIVISION I MEN'S AND WOMEN'S TRACK & FIELD SITE REPRESENTATIVES

East Preliminary (University of North Florida)	
Bill Walton Cell: 540-478-3329 Email: waltonwd@jmu.edu	Abbie Day Cell: 850-321-2810

West Preliminary (Texas A&M University)	
Milan Donley Cell: 785-331-9911 Email: mdonley@ku.edu	Sean Harris Assistant Director, Sports Management and Championships Pac-12 Conference Office: 253-249-8705 Email: sharris@pac-12.org

Finals Site (University of Oregon)
Amy Horst Head Cross Country and Track and Field Coach Loyola University Maryland Office: 410-617-2991 Email: alhorst@loyola.edu

Secretary Rules Editor	Data Specialist
Mark Kostek Cell: 515-208-8300 Email: kostekmt@gmail.com	Sean Laughlin Cell: 415-786-2550 Email: sean@recordingtiming.com



NCAA TRACK & FIELD CHAMPIONSHIP STAFF

Jeff Mlynski

Assistant Director of Championships and Alliances

Office: 317-917-6503

Cell: 317-874-7154

Email: jmlynski@ncaa.org



CHAMPIONSHIP WEEK SCHEDULE OF EVENTS

(All times listed are CENTRAL unless otherwise noted.)

Friday, May 21

1 p.m. (Eastern) Medical scratch deadline. Any scratches must be reported by email to Sean Laughlin and Jeff Mlynski (sean@recordtiming.com and jmlynski@ncaa.org).

1 p.m. (Central) **MANDATORY** virtual coaches technical meeting – Virtual link will be provided to all head coaches after selections.

Monday, May 24

9 a.m. Deadline for institutions to submit any changes to their relay alternates listed in the initial declarations process through DirectAthletics prior to selections. Any changes must be emailed by this deadline to Scott Chadez (schadez@flashresults.com) and Jeff Mlynski (jmlynski@ncaa.org).

9 a.m. – 6 p.m. Packet pick-up. **No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person.**

*Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840*

As scheduled COVID testing day for participants, institutional personnel, officials, etc.

*Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840*

10 a.m. - 8 p.m. Practice available on the competition & practice tracks (see specific practice details on page 11). Teams will not be allowed access to the venue until they have completed their initial onsite COVID test.

Tuesday, May 25

9 a.m. – 5 p.m.

Packet pick-up. **No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person.**

*Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840*

As scheduled

COVID testing day for participants, institutional personnel, officials, etc.

*Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840*

9 a.m. - 6:30 p.m.

Practice available on the competition & practice tracks (see specific practice details on page 13). Teams will not be allowed access to the venue until they have completed their initial onsite COVID test.

Wednesday, May 26

8 a.m. - 11 a.m.

Practice available (see specific practice details on page 14). Teams will not be allowed access to the venue until they have completed their initial onsite COVID test.

As scheduled

COVID testing day for participants, institutional personnel, officials, etc.

*Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840*

8 a.m. - 11 a.m.

Late packet pick-up –
*Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840*

1:30pm

Championship competition begins.

Thursday, May 27

8 a.m. - 11 a.m. Practice available on the competition & practice tracks (see specific practice details on page 15). Teams will not be allowed access to the venue until they have completed their initial onsite COVID test.

As scheduled COVID Testing as required for participants, institutional personnel, staff, officials, etc.

***Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840***

8 a.m. - 11 a.m. Late packet pick-up –
***Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840***

1:30pm Championship competition begins.

Friday, May 28

8 a.m. - 11 a.m. Practice available on the competition & practice tracks (see specific practice details on page 15). Teams will not be allowed access to the venue until they have completed their initial onsite COVID test.

As scheduled COVID Testing as required for participants, institutional personnel, staff, officials, etc.

***Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840***

8 a.m. - 11 a.m. Late packet pick-up –
***Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840***

1 pm Championship competition begins.



Saturday, May 29

As scheduled

COVID Testing as required for participants, institutional personnel, staff, officials, etc.

*Kyle Field Hall of Champions
161 Wellborn Road
College Station, TX 77840*

10 a.m. - Noon (if needed)

Late packet pick-up –

*Gilliam Indoor Stadium
161 Wellborn Road
College Station, TX 77840*

1 pm

Championship competition begins.

In order to ensure physical distancing and limit the numbers in the facility, participants and team personnel should only be at the venue when necessary. Student-athletes and team personnel may report to the venue for specific events in which they are involved in order to adequately warm-up and check-in but should not remain in the venue once their competitions are complete. Student-athletes and team personnel not involved in competition on particular days should not be at the venue during competition hours. Please help us to ensure a safe environment, by only coming to and remaining at the venue when necessary. Coaches and student-athletes that must remain in the venue between events, must wear a mask and maintain physical distancing at all times.

***Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition or warm-up area**



PRACTICE SCHEDULE

Monday, May 25

In order to provide a safe and manageable practice environment for the large number of student-athletes expected to participate in the NCAA Preliminary Championships, practice times on Monday have been divided into three windows based on institutions initial onsite COVID testing time. Institutions are NOT allowed to practice until they have completed onsite COVID testing.

COVID Testing Wristband: Each testing group will be issued a wristband to designate testing group. Keep wristbands on for both practice days.

Practice Times with associated Testing Times

Testing Time	prior to 11:30 a.m.	11:30 a.m. – 2:30 p.m.	2:30 p.m. & later
Competition / Practice Track	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
Pole Vault	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
High Jump	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
Long Jump	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
Triple Jump	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
Shot Put	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.
Discus	10:00 a.m. – 11:30 a.m.	3:00 p.m. – 4:30 p.m.	5:00 p.m. – 6:30 p.m.
Javelin	11:30 a.m. – 1:00 p.m.	1:30 p.m. – 3:00 p.m.	6:30 p.m. – 8:00 p.m.
Hammer	10:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:30 p.m.	5:00 p.m. – 8:00 p.m.

Tuesday, May 25

In order to provide a safe and manageable practice environment for the large number of student-athletes expected to participate in the NCAA Preliminary Championships, practice times on Tuesday have been divided into two windows— based on COVID testing day. Institutions are NOT allowed to practice until they have completed onsite COVID testing.

COVID Testing Wristband: Wristbands from any of the testing times from Monday will be able to access the first session practice times. Any teams tested Tuesday will receive a different wristband to access the facility for the second session of practice times.

Practice Times with associated Testing Times

<u>Testing Time</u>	<u>Tested Monday</u>	<u>Tested Tuesday</u>
Competition / Practice Track	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
Pole Vault	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
High Jump	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
Long Jump	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
Triple Jump	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
Shot Put	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.
Discus	11:00 a.m. – 1:00 p.m.	1:30 p.m. – 4:00 p.m.
Javelin	9:00 a.m. – 11:00 a.m.	4:00 p.m. – 6:30 p.m.
Hammer	9:00 a.m. – 1:00 p.m.	1:30 p.m. – 6:30 p.m.

Wednesday, May 26

Competition / Practice Track	8:00 a.m. – 11:00 a.m.
High Jump	8:00 a.m. – 11:00 a.m.
Pole Vault	8:00 a.m. – 11:00 a.m.
Long Jump	8:00 a.m. – 11:00 a.m.
Triple Jump	8:00 a.m. – 11:00 a.m.
Shot Put	8:00 a.m. – 11:00 a.m.
Discus	9:30 a.m. – 11:00 a.m.
Javelin	8:00 a.m. – 9:30 a.m.
Hammer	8:00 a.m. – 11:00 a.m.

Thursday, May 27

Competition / Practice Track	8:00 a.m. – 11:00 a.m.
High Jump	8:00 a.m. – 11:00 a.m.
Triple Jump	8:00 a.m. – 11:00 a.m.
Discus	9:30 a.m. – 11:00 a.m.

Friday, May 28

Competition / Practice Track	8:00 a.m. – 11:00 a.m.
High Jump	8:00 a.m. – 11:00 a.m.
Triple Jump	8:00 a.m. – 11:00 a.m.
Discus	8:00 a.m. – 11:00 a.m.

Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition, practice or warm-up area, inclusive of the team camp area. Additionally, practice and warm-up venues are off limits to any post-collegians. These facilities are strictly available only for competing student-athletes.

MARKINGS: Tape or similar material that is adhered to the track or field event site are the only materials that will be allowed for marking in the field and track events.



COMPETITION SCHEDULE OF EVENTS



Wednesday, May 26

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	110 Hurdles	Men	First Round
6:30 PM	1500 Meters	Men	First Round
7:00 PM	100 Meters	Men	First Round
7:25 PM	400 Meters	Men	First Round
7:50 PM	800 Meters	Men	First Round
8:20 PM	400 Hurdles	Men	First Round
8:45 PM	200 Meters	Men	First Round
9:10 PM	10,000 Meters	Men	Semifinal

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:30 PM	*Hammer	Men	First Round
1:30 PM	*Javelin	Men	First Round
3:00 PM	Long Jump	Men	First Round
3:00 PM	Pole Vault	Men	First Round
6:00 PM	Shot Put	Men	First Round

Thursday, May 27

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	100 Hurdles	Women	First Round
6:30 PM	1500 Meters	Women	First Round
7:00 PM	100 Meters	Women	First Round
7:25 PM	400 Meters	Women	First Round
7:50 PM	800 Meters	Women	First Round
8:20 PM	400 Hurdles	Women	First Round
8:45 PM	200 Meters	Women	First Round
9:10 PM	10,000 Meters	Women	Semifinal

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:30 PM	*Hammer	Women	First Round
1:30 PM	*Javelin	Women	First Round
3:00 PM	Long Jump	Women	First Round
3:00 PM	Pole Vault	Women	First Round
6:00 PM	Shot Put	Women	First Round

Friday, May 28

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:30 PM	4x100 Relay	Men	Quarterfinals
5:45 PM	1500 Meters	Men	Quarterfinals
6:10 PM	3000 Steeplechase	Men	Semifinals
6:45 PM	110 Hurdles	Men	Quarterfinals
7:05 PM	100 Meters	Men	Quarterfinals
7:20 PM	400 Meters	Men	Quarterfinals
7:35 PM	800 Meters	Men	Quarterfinals
7:55 PM	400 Hurdles	Men	Quarterfinals
8:10 PM	200 Meters	Men	Quarterfinals
8:30 PM	5000 Meters	Men	Semifinals
9:15 PM	4x400 Relay	Men	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	High Jump	Men	First Round
1:30 PM	*Discus	Men	First Round
3:15 PM	Triple Jump	Men	First Round

Saturday, May 29

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:30 PM	4x100 Relay	Women	Quarterfinals
5:45 PM	1500 Meters	Women	Quarterfinals
6:10 PM	3000 Steeplechase	Women	Semifinals
6:45 PM	100 Hurdles	Women	Quarterfinals
7:05 PM	100 Meters	Women	Quarterfinals
7:20 PM	400 Meters	Women	Quarterfinals
7:35 PM	800 Meters	Women	Quarterfinals
7:55 PM	400 Hurdles	Women	Quarterfinals
8:10 PM	200 Meters	Women	Quarterfinals
8:30 PM	5000 Meters	Women	Semifinals
9:15 PM	4x400 Relay	Women	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	High Jump	Women	First Round
1:30 PM	*Discus	Women	First Round
3:15 PM	Triple Jump	Women	First Round

**Discus, Hammer and Javelin for both men and women will be conducted outside the main competition oval.*

All times listed are Central Time

Schedule is subject to change

COVID Testing, Policies and Procedures:

Links:

[NCAA Testing Protocols](#)

[NCAA Return to Championships Guidelines](#)

[Updated COVID-19 Testing Registration Process](#)

[Updated NCAA Championships COVID-19 Checklist for Participating Schools](#)

[NCAA Championships Travel Party Code of Conduct](#)

Testing: All members of an institutional travel party will be part of the Tier 1 COVID tested community at the championships. Tier 1 personnel will be required to have a negative test before leaving their home institution to travel to the championship site and then will be tested onsite at the championship location at the NCAA testing center, as scheduled. Tier 1 personnel will NOT be allowed to enter the competition or practice venue until testing onsite at the NCAA championship testing center and producing a confirmed negative test. Tier 1 personnel are then required to test every other day while onsite at the championships. Additionally, all student-athletes, members of the travel party, and any personnel will be required to show their proper clear notification in order to enter the venue.

***Note: Student-athletes and travel party members who are fully vaccinated are exempt from both pre-arrival and onsite testing. INDIVIDUALS WILL NEED TO BE FULLY VACCINATED AT THE TIME OF SCHEDULED TESTING TO BE EXEMPT FROM TESTING. CDC guidelines state that individuals are deemed to be fully vaccinated 14 days or more from the time of their single-dose vaccine or second of two doses. Individuals must be 14 days removed from their single-dose or second of two doses prior to arriving on-site in order to be exempt from NCAA testing protocols. If an individual is less than 14 days removed from their single-dose or second of two doses prior to arriving on-site, they will be required to enter and complete NCAA testing protocols for the duration of the championship round.**

When arriving the day prior to being tested teams should quarantine at their hotel and limit outside interaction.

Additional information about scheduled testing times onsite at the championship will be provided to institutions with teams/individuals that are selected to the NCAA championships.



Additional specifics on the tested tiers, code of conduct and other requirements can be found in the Division I Men’s and Women’s Outdoor Track and Field Return to Championship plan document [here](#).

Masking and Physical distancing: Physical distancing and universal masking will be required for all participants, coaches, officials, and other meet personnel at all times. The only exception to this will be for participating student-athletes when involved in active competition and practice. Student-athletes competing in field events should wear masks in between attempts.

AWARDS

There will be no official awards for individuals, teams or relays at the preliminary round.

UNIFORMS AND LOGOS

Reference: Bylaw 12.5.4 in the NCAA Manual

All uniforms and logos must comply with the 2021 and 2022 NCAA Men’s and Women’s Track and Field and Cross Country Rule Book.

VIDEO/WIRELESS COMMUNICATION

The use by competitors of video or audio devices, Fitbits or smart watches, mobile phones, computers, or any similar devices in the competition area is prohibited. Field event Student-Athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

MISCONDUCT (Bylaw 31.3.10)

Misconduct Incident to Competition - If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day’s competition, during break in the continuity of the championship when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing following the action. Other acts of misconduct may be dealt with at the governing sports committee’s convenience.

Penalty for misconduct - A governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of competition or practice.

- (a) Public or private reprimand of the individual;
- (b) Disqualification of the individual from further participation in the NCAA championship involved;
- (c) Banishment of the individual from participation in one or more following championships of the sport involved;
- (d) Cancellation of payment to the institution of the Association's travel guarantee for individuals involved;
- (e) Withholding of all or a portion of the institution's share of the revenue distribution;
- (f) Banishment of the institution from participation in one or more following championships in which its team in that sport otherwise would be eligible to participate;
- (g) Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
- (h) Cancellation of all or a portion of the honorarium for hosting an NCAA Championship; and
- (i) Financial or other penalties different from (a) through (h) above, but only if they have prior approval of the Competition Oversight Committee.

ACADEMICS

If academic support is required for any student-athletes, please contact Mike McGee by phone, 214-616-5722, or by email, mmcgee@athletics.tamu.edu.

BIB / HIP NUMBERS

Athletes must wear the competitor bibs on the front and back of their jersey/singlet. Athletes competing in the long jump, triple jump, high jump and pole vault may wear one bib on either the front or back. Bibs may not be altered in any manner. Bib numbers will be required at check-in and for all subsequent events. Hip numbers will be issued at check-in and must be worn on both hips.

CHECK-IN

Teams and/or individuals that check-in late and not in accordance with the following times outlined in this manual may jeopardize participation in their event, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

Summary of Student-Athlete Flow:

- 1) Student-athletes must check-in at the clerking area located on the south end of Anderson Track.
- 2) Student-athletes will be escorted from the clerking area to the athlete staging area and then to the track. Here the athletes can change into their spikes (if needed) and put their



gear into baskets for after their race. Athletes are escorted out 5 minutes prior to the start of each running event.

- 3) After completion of the event, student-athletes may be asked to do an interview via Zoom.
- 4) Student-athletes will be escorted to the post-event recovery area accordingly after each event. **Please note the path from the clerk tent to the staging tent is a track surface. However, after the race, the path from the staging tent back to the team area is concrete and the athlete should have appropriate footwear for the walk back.**

Check-In (Clerking Areas)

All student-athletes must check-in for their events in the clerking area located at the south end of the Anderson Practice Track. Uniform, equipment/spike check, instructions, and escorting will take place accordingly.

All student-athletes must check in with the clerk per the following running event and field event schedule (see below).

Check-In (Running Events):

Student-athletes must report and check-in as is noted below on an event by event and heat by heat basis.

- **100 Meters, 100/110 Hurdles, 200 Meters, 400 Meters, and 400 Hurdles**
In the **preliminary round** of each event, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event. Competitors in the fourth heat will check-in with the clerk no later than the published scheduled start time of the event. Competitors in the fifth heat will check-in with the clerk no later than 5 minutes after the published scheduled start time of the event. Competitors in the sixth heat will check-in with the clerk no later than 10 minutes after the published scheduled start time of the event.

In the **quarter-final round** of each event, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event.

- 800 Meters

In the **preliminary round**, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event. Competitors in the fourth heat will check-in with the clerk no later than the published scheduled start time of the event. Competitors in the fifth heat will check-in with the clerk no later than 5 minutes after the published scheduled start time of the event. Competitors in the sixth heat will check-in with the clerk no later than 10 minutes after the published scheduled start time of the event.

In the **quarter-final round**, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event.

- 1500 Meters

In the **preliminary round**, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event. Competitors in the fourth heat will check-in with the clerk no later than the published scheduled start time of the event.

In the **quarter-final round**, competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event.

- 3000 Steeplechase

Competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event. Competitors in the third heat will check-in with the clerk no later than 5 minutes after the published scheduled start time of the event.

- 5000 Meters

Competitors in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Competitors in the second heat will check-in with the clerk no later than the published scheduled start time of the event.

- 10,000 Meters
Competitors will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event.
- 4x100 Relay and 4x400 Relay
Teams in the first heat will check-in with the clerk no later than 15 minutes prior to the published scheduled start time of the event. Teams in the second heat will check-in with the clerk no later than 10 minutes prior to the published scheduled start time of the event. Teams in the third heat will check-in with the clerk no later than 5 minutes prior to the published scheduled start time of the event.

Check-In (Field Events):

Student-athletes must check-in and report to clerking per the following schedule.

- Discus, Hammer, Javelin
Flight 1: Check-in no later than 45 minutes prior to the published start time of the event, at which time they will be escorted to their assigned competition site;
Flight 2: Check-in no later than 30 minutes after the published start time of the event, at which time they will be escorted to their assigned competition site;
Flight 3: Check-in no later than 1 hour and 40 minutes after the published start time of the event, at which time they will be escorted to their assigned competition site.
- Shot Put
Flights 1 & 2: Check-in no later than 45 minutes prior to the published start time of the event, at which time they will be escorted to their assigned competition area;
Flights 3 & 4: Check-in no later than 15 minutes after the published start time of the event, at which time they will be escorted to their assigned competition area.
- Long Jump, Triple Jump
Flights 1 & 2: Check-in no later than 45 minutes prior to the published start time of the event, at which time they will be escorted to their assigned competition area;
Flights 3 & 4: Check-in no later than 30 minutes after the published start time of the event, at which time they will be escorted to their assigned competition area.
- High Jump
Check-in no later than 1 hour and 15 minutes prior to the published start time of the event, at which time they will be escorted to their assigned competition area.

- Pole Vault

Check-in no later than 1 hour and 30 minutes prior to the published start time of the event, at which time they will be escorted to their assigned competition area.

COACHES MEETING

There will be a virtual coaches meeting on Friday, May 21 at 1 p.m. CT. Coaches will be provided a virtual meeting link after selections. All aspects of the competition and administrative procedures will be discussed. It is **MANDATORY** that each institution's head coach, or a representative of the institution, attend the meeting. A minimum fine of \$200 per gender/per team will be assessed for those participating institutions not in attendance.

COACHING BOXES

Field event student-athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official, they are permitted to cross the track to confer with a coach.

Coaching Boxes locations are as follows: Hammer, Javelin, and Discus coaches boxes will be near the event runway or ring.

Pole Vault and High Jump will have coaching boxes located on the infield.

Shot put and horizontal jumps coach boxes will be surrounding the competition track.

Please respect social distancing measures when possible.

Only one coach from each institution (provided they have a student-athlete competing in that event), will be admitted to the coaching box area. A credential will be provided to gain access to the coaching box area. Physical distancing and universal masking is required at all times.

CREDENTIALS

Credentials will be provided for all coaches, student-athletes, media, committee representatives, officials, and other personnel. Credentials for each institution will be distributed at packet pick-up for coaches, athletic trainers, university personnel, and student-athletes based on the maximum allowed.

Non-athlete Travel Party and Relay Alternate Allowance - The total number of non-athletes that will be allowed to attend the preliminary rounds, be credentialed and go through onsite testing protocols will be 12 for combined gender programs and 6 for single gender programs. NOTE: these numbers include **ALL** non-athletes that are part of an institution, including but not limited to coaches, trainers, team managers/director of operations, SID's, videographers, administrators, etc. SID's, team videographers, and team photographers will have to be a part of the non-athlete



team credential/testing numbers if an institution wants a SID, team videographer or team photographer onsite. In addition, teams with relays will be allowed to bring no more than **two** alternates per relay to each site to be credentialed and go through onsite testing protocols. **We ask teams to only bring those that are considered essential even if below the maximum allowed.**

Competitors must have credentials in order to access credentialed areas. At the conclusion of each event, unless it is a final, competitors will be directed to leave the track. No competitor shall be on the track unless involved in a race or an approved warm-up period for an upcoming event.

Credentials should be worn accordingly at all times.

DRUG TESTING

Drug testing facilities will be located in Davis Diamond, Room 306 should drug testing be conducted at this event.

Student-athletes who compete in this championship may be subject to a drug test in accordance with bylaws 18.4.1.5 and 31.2.3, and may be determined to be ineligible as a result thereof. If drug testing occurs at this session of the championships, couriers will make contact with the student-athletes immediately following the 10-minute cooling off period. The student-athletes who are to be tested will be escorted to the drug-testing area within one hour after the conclusion of the competition. Student-athletes selected for drug-testing should first attend any post meet interviews (if designated by the sports information director) before reporting to the drug-testing area.

Note, schools that anticipate the possibility of a world record or a world junior record, should make appropriate contact and arrangements with USADA prior to the competition to coordinate a necessary chaperone to be onsite as current NCAA drug testing does NOT meet the requirements of world record ratification. All arrangements and costs are the responsibility of the tested student-athlete's institution.

Additionally, if drug testing does not occur during this championship round and/or if a test other than a world/world junior record (process noted above) is required outside of the standard championship protocol (e.g. national record), the cost associated with such a test is the responsibility of the tested student-athlete's institution.

MEET COMMUNICATION

Websites

Host site: <https://12thman.com/feature/ncaatrack>

NCAA Track and Field Championships: <http://www.ncaa.com/trackandfield>



FIELD EVENT WARM-UP PROCEDURES

Field Event Competitors will be permitted onto the competition site based on their flight. There is no general warm-up for any throwing and horizontal jumping event. Student-athletes, by flight, will be escorted to the event site prior to each flight, in order to be part of the 30-minute flight specific warm-up period (for the LJ, TJ, SP, Discus, Hammer, Javelin), which will begin when the officials at the event have received the escorted competitors and have the event site ready. Each flight of the High Jump will be allowed a 1 hour warm-up period. Each flight of the Pole Vault will be allowed a 1 hour and 15-minute warm-up period. Please read the Technical manual for regulations regarding determination of flights and advancement as well as specifics regarding each event.

IMPLEMENT INSPECTION

Implement inspection will take place in the garage under the south end of the Anderson Track stands (Spectator Seating for Throws on the map). Student-athletes and coaches are encouraged to turn in implements the day prior to competition. **NO IMPLEMENTS WILL BE ACCEPTED LATER THAN 3 HOURS BEFORE THE START OF THE EVENT.** Once an implement is submitted for certification, it will remain impounded until the completion of the competition. Illegal implements will be secured until the conclusion of the final flight for that event and may be picked up at the conclusion of competition. Only certified implements may be used during official warm-ups and competition.

Implements passing certification will be brought to the event site prior to the start of warm-ups.

Implements can be picked up at the implement inspection area 30 minutes after the conclusion of the final flight of the event.

Competitors who require implements for practice after inspection should bring secondary implements.

Implements Inspection hours are as follows:

Implement Inspection Hours				
	Open	Last Check-In Time	Pick Up After Event	Close
Tuesday, May 25	10:00 AM			7:00 PM
Wednesday, May 26				
	9:30 AM			8:00 PM
Men Hammer		10:30 AM	5:30 PM	
Men Javelin		10:30 AM	5:30 PM	
Men Shot Put		3:00 PM	9:30 PM	
Thursday, May 27				
	9:30 AM			8:00 PM
Women Hammer		10:30 AM	5:30 PM	
Women Javelin		10:30 AM	5:30 PM	
Women Shot Put		3:00 PM	9:30 PM	
Friday, May 28				
	9:30 AM			5:30 PM
Men Discus		10:30 AM	5:30 PM	
Saturday, May 29				
	9:30 AM			5:30 PM
Women Discus		10:30 AM	5:30 PM	



MEDIA RELATIONS

Credentials – Photo, SID, Media

- Requests for credentials should be submitted to Tyler Pounds, tpounds@athletics.tamu.edu. Be sure to specify the type of credential needed. **All credentials for non-team media should be considered Tier 3, non-tested, and those media members should not be granted access to Tier 1 areas at any time. Credentials for Team Content personnel should be double checked against the submitted Team Travel Party list to ensure those individuals are part of the tested community.**
- Credentials are granted to authorized working press, Host/NCAA approved officials and event management personnel only.
- Media organization identification and the name of the media member covering the event for that outlet are required for every credential.
- Passes are not transferable. Media members that need to alter their original request should do so by contacting Tyler Pounds, tpounds@athletics.tamu.edu.
- Media will call is located at ticket windows of E.B. Cushing Stadium Tuesday, May 25th from Noon - 5pm.
- Media Parking: Lot 100d overflow to 100e.

Media/Mixed Zone Area

No in-person interviews should be conducted at the championships. Media members wishing to talk to student-athletes should do so virtually and work with the student-athlete's sports information director to arrange that. If the host institution would like to set up virtual interviews for event winners, they may do so, but it is not required.



MEDICAL INFORMATION

Ambulance

An ambulance will be on site during the practice rounds and on all competition days.

Athletic Training / Medical Information

The host medical area is located at the Carolyn and Jack Little Athletic Training Room, 369 Tom Chandler Drive, College Station. This area will be open 90 minutes before the start of the meet.

Athletic training facilities will be available for the competing institutions before, during, and after all practices and events. Access to these facilities at other times will be by arrangement with the host school athletic training staff.

If a certified athletic trainer cannot travel with your team, then a letter stating any treatments that should be performed on their student-athlete(s) should be provided and signed by the certified athletic trainer.

A host team physician will be available to you for the duration of the championship.

If a medical scratch occurs prior to arriving on site, then the scratch must be verified by the institution’s team doctor. If the scratch occurs after arriving on site, the scratch must be verified by host medical personnel by completing an evaluation and proper paperwork.

Please contact the host athletic training staff if any services are necessary.

Each day, ice and other first aid items will be available. In the event a modality is needed, prior request should be made with the host sports medicine staff.

Championship Medical Contacts

<p>Saul Luna sluna@athletics.tamu.edu 361-739-4993</p>	<p>Kaity Carter kcarter@athletics.tamu.edu 602-694-0284</p>
--	---

Concussion Management / Hospitals and Emergency Services

<p>Baylor Scott & White Medical Center 700 Scott & White Drive College Station, TX 77845 979-207-0100</p>	<p>Orthopedist: J.P. Bramhall, M.D. Central Texas Sports Medicine & Orthopedics 3201 University Drive E Suites #115 Bryan, TX 77845 Work: 979-776-0169</p>
--	---



PACKET PICK-UP

Monday, May 24 from 9 a.m. - 6 p.m. and Tuesday, May 25 from 9 a.m. - 5 p.m.
Gilliam Indoor Track Stadium

Late Packet Pickup will be at Gilliam Indoor Track Stadium from 8 a.m. - 11 a.m. (Wednesday - Friday) and 10 a.m. - Noon (If necessary)

PARKING

Team Bus Drop-Off will be on Tom Chandler Drive. Bus parking will be in Lot 58. **(No placards necessary)**

Individual Team parking will be in 100d & 100e (placards required for both lots).

Spectator parking will be available for \$5 cash only in 100m, 100e, 100d.

Officials parking located in 100m South with overflow to 100d **(placards required)**. Media parking 100d with overflow to 100e **(placards required and must be requested through Tyler Pounds tpounds@athletics.tamu.edu by Monday, May 24th)**. Host site will provide parking placards in 100m South to the NCAA Committee. Number to be communicated prior to arrival.

ADA parking available in Lots 100m, 100d, & 100e.

PARTICIPANT ENTRANCES/DROP-OFF

Team Bus Drop-Off will be on Tom Chandler Drive. Bus parking will be in Lot 58.

POLE SHIPPING / STORAGE

Texas A&M will NOT accept delivery of pole vault poles. All poles should be shipped to hotels.

WEIGHT ROOM ACCESS

Due to COVID protocols and policies there will be no weight room availability during the preliminary championships.

Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition, practice or warm-up area, inclusive of the team camp area.



PROTESTS

The protest table will be located at the clerking area at the south end of the Anderson Practice Track. There is a \$100 protest fee (cash or check made out Texas A&M Athletics) due at the time of the protest. The \$100 will be reimbursed should the ruling be overturned. Please note all protests must be filed within 15 minutes of the posting of final results. The referees' decision will be final. The referees' decision will be posted at the protest area as soon as the information is available from the referees.

RELAY EVENTS – CHAMPIONSHIPS POLICY/PROCEDURES

Each relay card will consist of the four original members that were a part of the qualifying team. Additionally, only two alternates will be allowed to be named, traveled to and tested at the

preliminary championships due to COVID-19 testing protocols. We ask that you list the names of the two most likely relay alternates during the initial declaration process on DirectAthletics. However, please note schools will be allowed to make changes to their two relay alternates up until **Monday, May 24 at 9 a.m. Central Time** by emailing changes to Scott Chadez (schadez@flashresults.com) and Jeff Mlynski (jmlynski@ncaa.org). No changes to alternates will be allowed after this time. Reminder, student-athletes qualified and competing in other events may also compete on relays as substitutes. No other student-athlete other than those on the original qualifying team, those listed as an alternate or those already in the meet in another event may run on the relay.

Decisions on the four individuals that will run the relay must be reported to the clerk during athlete check-in. All relay procedures must abide by the regulations as detailed above and as further outlined in the Outdoor Technical Manual.

For exchange zones, tape or similar material that is adhered to the track are the only materials that will be allowed for marking in track events.

RESULTS / HEAT SHEETS

Heat sheets and results will be available online at ncaa.com. At the end of each day of competition, heat sheets for the next day and results from that day will also be available to coaches on FlashResults.com.

RULES

The NCAA Division I Men's and Women's Outdoor Track and Field Preliminary Championships will be conducted according to 2021-2022 NCAA Track and Field Rules.



SPIKES

A maximum of 7mm spike length may be used for all events with the exception of the high jump and javelin. Participants in the high jump and javelin may use spikes up to 9mm in length.

- The only spike pin allowed for our facility for all running events, Long/Triple Jump and Pole Vault is the ¼" pyramid spike.
- The only spike pin allowed for our facility for High Jump and Javelin is the ¼" or 3/8" pyramid spike.
- The use of ¼" pyramid spikes will be strictly enforced.
- NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED.
- Shoes must be checked and tagged prior to their event.
- Shoes will be re-checked at last call in the Clerk Area and prior to getting on the track.

BLOCKS AND BATONS

The NCAA Division I Track and Field and Cross Country Committee has elected to require the use of starting blocks by all student-athletes that compete in the 100m, 200m, 400m, 100 hurdles, 110 hurdles, 400 hurdles, 4x100m relay and 4x400m relay. The committee has also elected to approve the use of an electronic start information system that shall be used by the starters to its fullest capabilities. Starters shall use information provided by this system to detect false starts and disqualify student-athletes or recall the race.

The only starting blocks that may be used are those as provided on site by the host meet management and Gill Athletics.

Additionally, batons will be provided by Gill Athletics and will be the only batons allowed for use during the relay events.

TENTS / TEAM AREAS

All team tents must be reserved through Tailgate Guys, Texas A&M's local tent vendor. Depending on the tent size reserved, each team will be placed accordingly.

- TEAM CAMP A - Located on PDC turf fields
- TEAM CAMP B - Located on old Aggie Softball Diamond (Grass space only)
- TEAM CAMP C - East side of Anderson Practice Track
- TEAM CAMP D - Directly behind team bleacher seating (Grass space only)

Tailgate Guys

ATTN: Daren Satsky

979.775.1700

210.748.9775

Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition, practice or warm-up area, inclusive of the team camp area.



TICKETS

Tickets on meet days will be available for purchase at E.B. Cushing Stadium Ticket Windows one hour prior to the first event.

Forms of Payment: For advance and day of event walk-up sales, the following methods of payment are accepted: cash or credit card (AMEX, DI, MC, VISA).

For institutions wishing to establish a team pass list, please contact Cody DeRudder, (979) 260-7972 and cderudder@12thmanfoundation.com, by Monday, May 24th at 12 p.m. (CT). **NOTE: due to Covid-19 restrictions, this year's event will have a limited capacity. All qualifying student-athletes will be allowed access to one (1) pass list ticket. Additional tickets may be made available based upon venue capacity and requests from other teams. Please turn in a pass list with your full request and if there are any reductions that need to be made, we will communicate that after we have received all pass lists.**

**Preliminary Championship Ticket Pricing
(Seating is general admission)**

All Session	Price
Adult	\$55.00
Youth (17 and under)	\$40.00
College Student**	\$40.00
Children 2 and under	FREE
Single Day Pricing	Price
Adult	\$20.00
Youth (17 and under) and Senior Citizen	\$15.00
College Student**	\$15.00
Children 2 and under	FREE
Notes:	
Smoking/Tobacco use prohibited Outside Food and Drink prohibited Pets unless clearly marked service animals are prohibited Masks are required for all spectators	

Gates will open to spectators :60 minutes prior to first event each meet day



- 12:30pm on Wednesday, May 26
- 12:30pm on Thursday, May 27
- 12:00pm on Friday, May 28
- 12:00pm on Saturday, May 29

TIE-BREAKING PROCEDURES

Refer to the NCAA Division I Men's and Women's Outdoor Track and Field Technical Manual.

INCLEMENT WEATHER PROCEDURES

In the event of inclement weather or a disaster of any kind, as it is determined by NCAA Championship Officials, Host Meet Management Officials and/or University Police Department personnel, the following plan has been established should it be necessary to evacuate the venue:

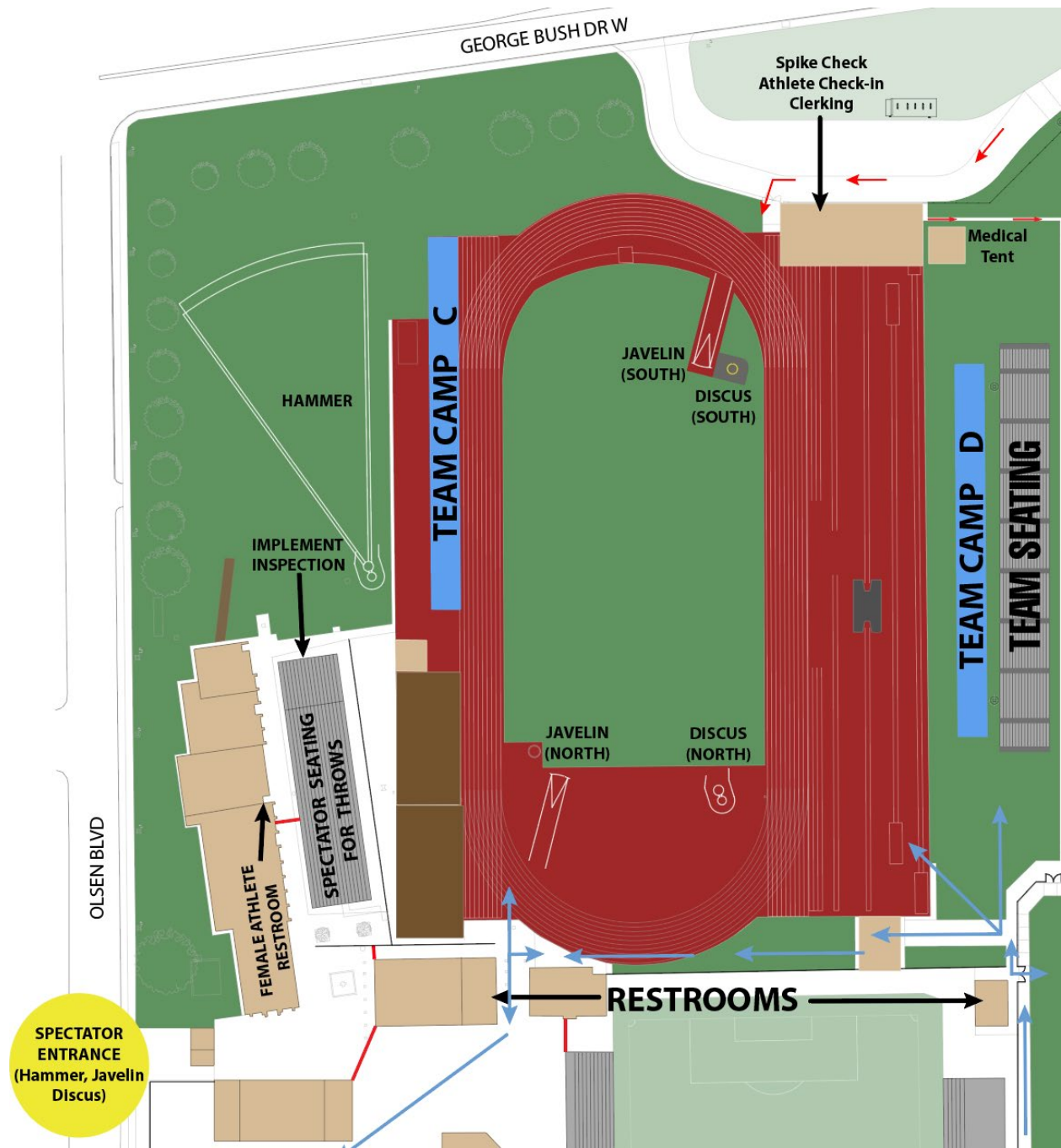
All student-athletes/coaches/trainers from the competing institutions will be evacuated to their team busses or team vehicles.

All meet and championship officials will be directed to the Indoor Practice Room on the south end of EB Cushing. All fans/patrons will be directed to the concourse area or their vehicles.

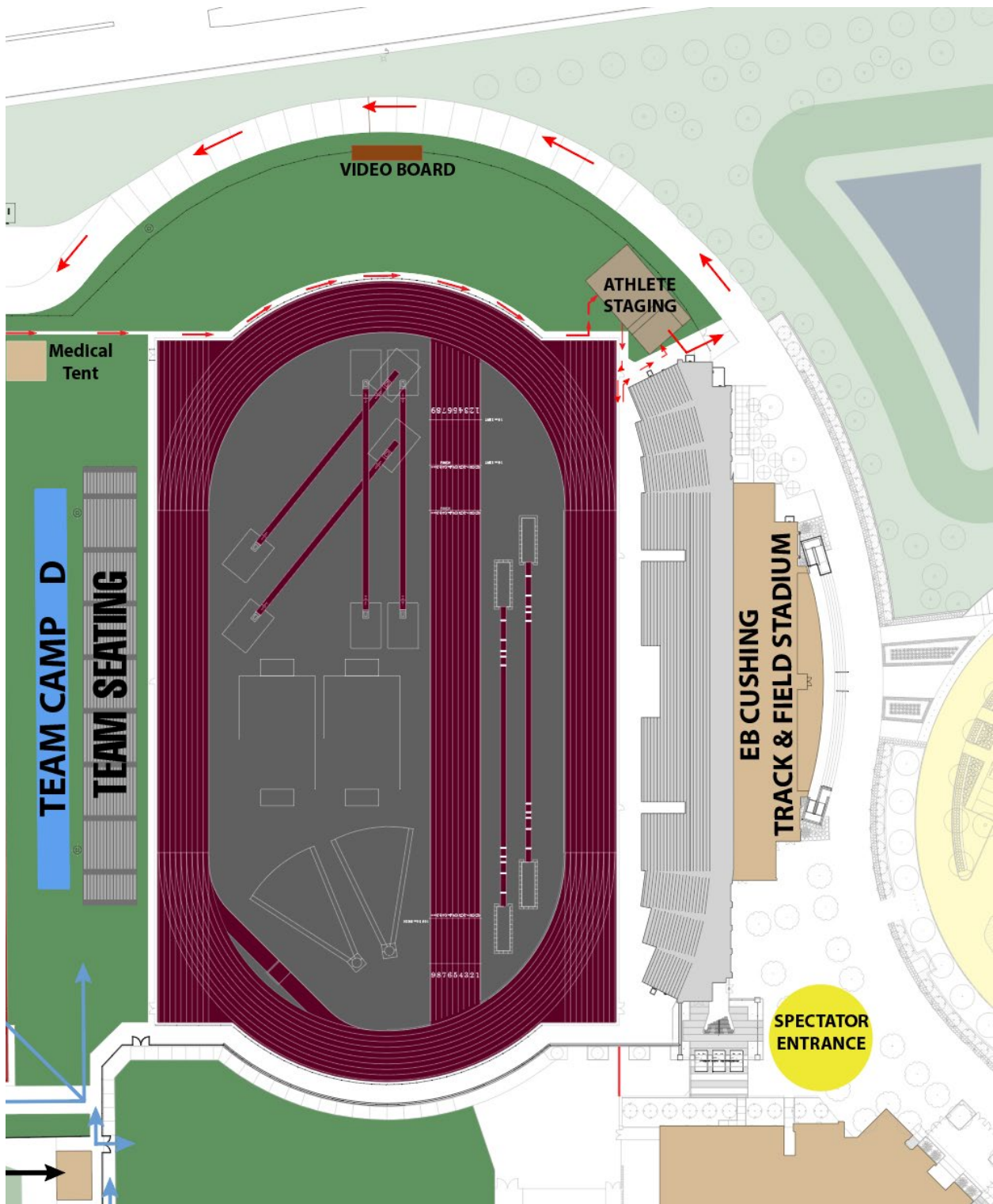
Following NCAA protocol, we will be using an online lightning detection and weather monitoring system. Once lightning enters the 30-mile radius of competition, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. We will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

Meet management will update all participants and spectators by loudspeaker, internet, and twitter updates.

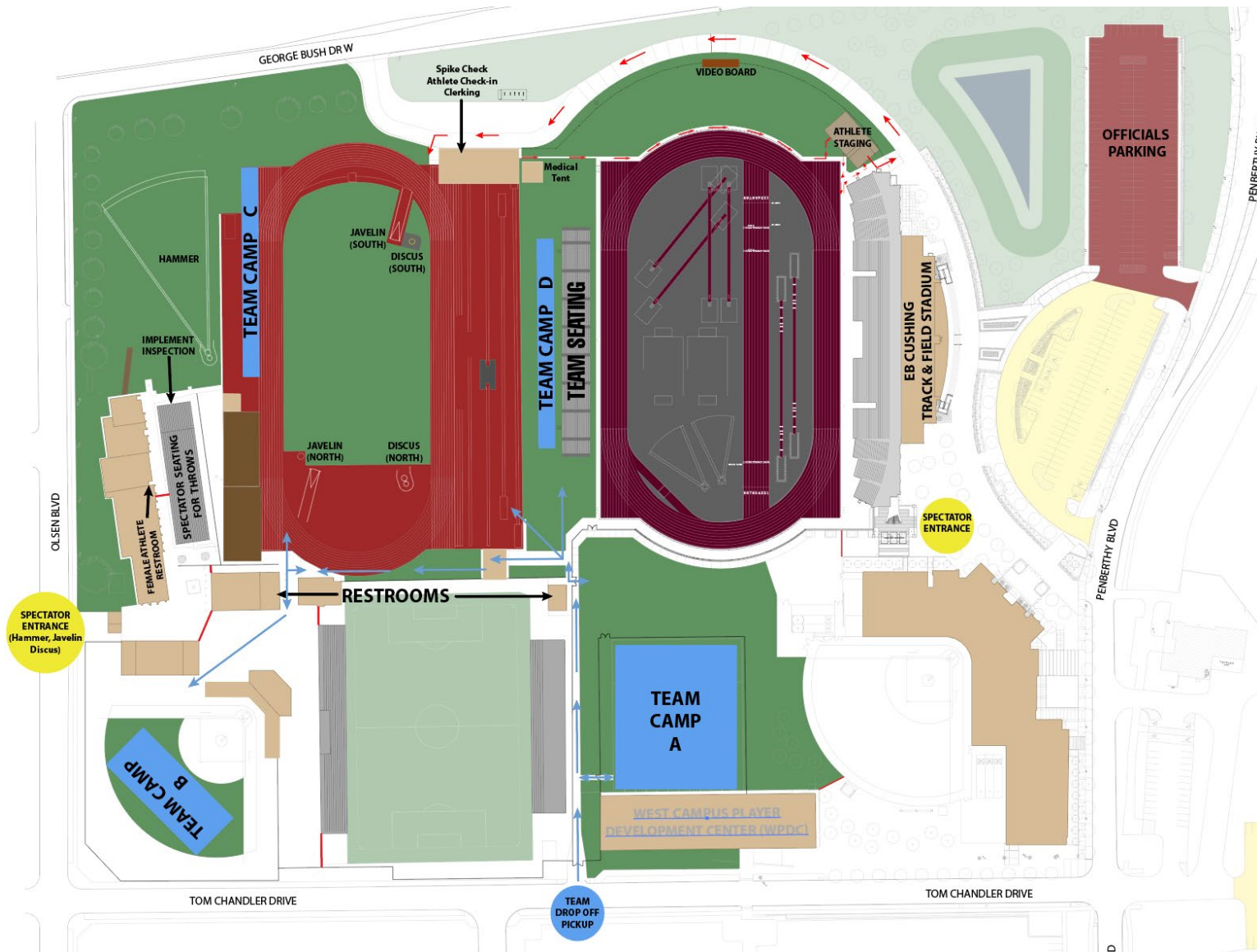
Anderson Track (Appendix A)



E.B. Cushing Track (Appendix B)



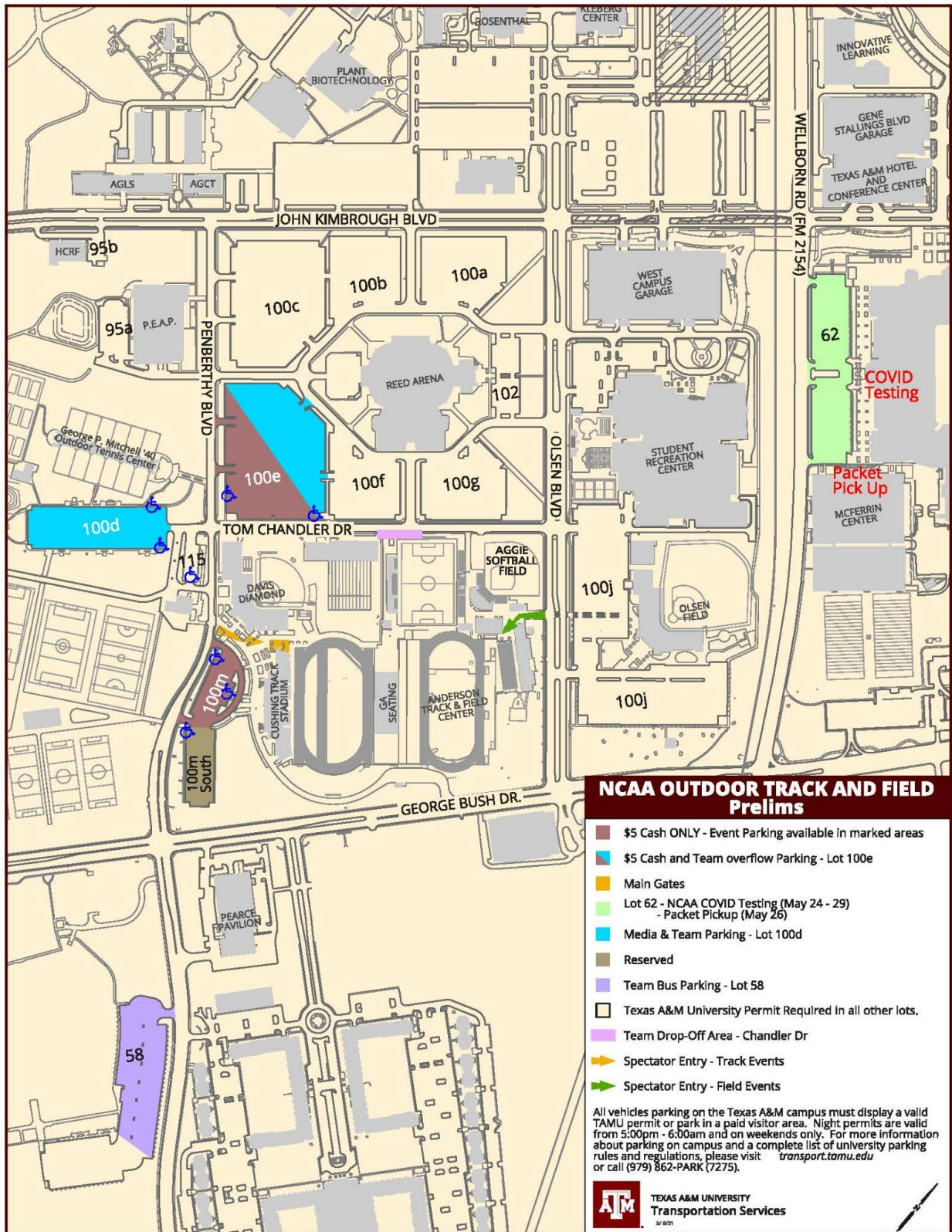
Track Site Plan (Appendix C)



Team Camps A&B (Appendix D)



Parking Diagram (Appendix E)



Track Markings, Board Lengths (Appendix F)

Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. **NO other tape will be allowed.** Chalk is prohibited for any marking. Athletes using chalk will be disqualified.

LJ / TJ WEST/EAST RUNWAY

Runway Width	1.22m (4')
Landing Pit Length	9.75m (32')
Landing Pit Width	2.99m (9'9.6")

Long Jump

Runway Length	66.14m (217')
Board to Pit	3.00m (9' 10")

Men Triple Jump

Runway Length	53.34m (175')
Board to Pit	12.90m (42' 3.6")

Women Triple Jump

Runway Length	55.16m (181')
Board to Pit	10.98m (36')

POLE VAULT NORTH / SOUTH DIAGONAL

Runway Length	45.11m (148")
Runway Width	1.22m (4')

HIGH JUMP NORTH TO SOUTH / SOUTH TO NORTH

Runway Approach	24.99m (82')
-----------------	--------------

Javelin NORTH/SOUTH RUNWAY

Runway Length	35.00m (115')
---------------	---------------

