




**2022 DIVISION I INDOOR  
TRACK & FIELD CHAMPIONSHIPS**  
BIRMINGHAM, AL

All times noted are Central Time  
Schedule is subject to change

FRIDAY, MARCH 11, 2022 - MEN			
TIME	MEN'S TRACK EVENTS	DIVISION	ROUND
4:00 PM	Mile	Men	Semifinal
4:15 PM	60 Meters	Men	Semifinal
4:25 PM	400 Meters	Men	Semifinal
4:45 PM	800 Meters	Men	Semifinal
4:55 PM	60 Hurdles	Men	Semifinal
5:05 PM	5000 Meters	Men	Final
5:25 PM	200 Meters	Men	Semifinal
5:45 PM	Distance Medley Relay	Men	Final
TIME	MEN'S FIELD EVENTS	DIVISION	ROUND
3:00 PM	Pole Vault	Men	Final
4:00 PM	Long Jump	Men	Prelim/Final
4:00 PM	Weight Throw	Men	Prelim/Final
TIME	MEN'S HEPTATHLON	DIVISION	ROUND
10:00 AM	60 Meters	Men	Final
11:00 AM	Long Jump (2 runways)	Men	Final
12:15 PM	Shot Put (2 Circles)	Men	Final
1:30 PM	High Jump (2 pits)	Men	Final
FRIDAY, MARCH 11, 2022 - WOMEN			
TIME	WOMEN'S TRACK EVENTS	DIVISION	ROUND
7:00 PM	Mile	Women	Semifinal
7:15 PM	60 Meters	Women	Semifinal
7:25 PM	400 Meters	Women	Semifinal
7:45 PM	800 Meters	Women	Semifinal
7:55 PM	60 Hurdles	Women	Semifinal
8:05 PM	5000 Meters	Women	Final
8:25 PM	200 Meters	Women	Semifinal
8:45 PM	Distance Medley Relay	Women	Final
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND
6:45 PM	Pole Vault	Women	Final
7:00 PM	Long Jump	Women	Prelim/Final
7:00 PM	Weight Throw	Women	Prelim/Final
TIME	WOMEN'S PENTATHLON	DIVISION	ROUND
10:20 AM	60 Hurdles	Women	Final
11:30 AM	High Jump (2 pits)	Women	Final
1:30 PM	Shot Put (2 circles)	Women	Final
2:30 PM	Long Jump (2 runways)	Women	Final
3:40 PM	800 Meters	Women	Final

SATURDAY, MARCH 12, 2022 - MEN			
TIME	MEN'S TRACK EVENTS	DIVISION	ROUND
4:00 PM	Mile	Men	Final
4:10 PM	60 Meters	Men	Final
4:20 PM	400 Meters	Men	Final
4:30 PM	800 Meters	Men	Final
4:40 PM	60 Hurdles	Men	Final
4:50 PM	200 Meters	Men	Final
5:00 PM	3000 Meters	Men	Final
5:20 PM	4x400 Relay	Men	Final
TIME	MEN'S FIELD EVENTS	DIVISION	ROUND
12:30 PM	High Jump	Men	Final
3:45 PM	Triple Jump	Men	Prelim/Final
4:00 PM	Shot Put	Men	Prelim/Final
TIME	MEN'S HEPTATHLON	DIVISION	ROUND
10:30 AM	60 Hurdles	Men	Final
11:30 AM	Pole Vault (1 pit)	Men	Final
3:30 PM	1000 Meters	Men	Final
SATURDAY, MARCH 12, 2022 - WOMEN			
TIME	WOMEN'S TRACK EVENTS	DIVISION	ROUND
7:00 PM	Mile	Women	Final
7:10 PM	60 Meters	Women	Final
7:20 PM	400 Meters	Women	Final
7:30 PM	800 Meters	Women	Final
7:40 PM	60 Hurdles	Women	Final
7:50 PM	200 Meters	Women	Final
8:00 PM	3000 Meters	Women	Final
8:20 PM	4x400 Relay	Women	Final
TIME	WOMEN'S FIELD EVENTS	DIVISION	ROUND
12:30 PM	High Jump	Women	Final
6:45 PM	Triple Jump	Women	Prelim/Final
7:00 PM	Shot Put	Women	Prelim/Final