



2021 DIVISION I INDOOR
TRACK & FIELD
CHAMPIONSHIPS

PARTICIPANT
2020-21 MANUAL

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GENERAL INFORMATION

Competition Facility Address: 1380 Beechwood Ave. Fayetteville, AR 72701 (*Note that all implements and pole vault poles should be shipped to individual team hotels*).

Online Resources

NCAA Indoor Track and Field Championships Websites:

- a. Championship manuals and resources: <http://www.ncaa.org/championships/division-i-mens-and-womens-indoor-track-and-field>
- b. Men: <http://www.ncaa.com/sports/trackfield-indoor-men/d1>
- c. Women: <http://www.ncaa.com/sports/trackfield-indoor-women/d1>
- d. Tickets: **There will be no spectator attendance at the 2021 Men's and Women's Indoor Track and Field Championships.**
- e. Meet Results: <https://dt8v5llb2dwhs.cloudfront.net/Indoor/2021/index.htm>

2020-21 DIVISION I MEN'S AND WOMEN'S CROSS COUNTRY/TRACK & FIELD COMMITTEE

Dave Smith Director of Track and Field/Cross Country Oklahoma State University Stillwater, Oklahoma 74078 Office: 405-744-2108 Email: dave.smith@okstate.edu	Abbie Day Assistant AD/Academic Services University of Maryland, Baltimore County 1000 Hilltop Circle Baltimore, Maryland 21250 Office: 410-455-1533 Email: anday@umbc.edu	Blake Bolden Senior Associate Athletics Director & Director of Drake Relays Drake University 2507 University Ave. Des Moines, Iowa 50311 Office: 515-271-3007 Email: blake.bolden@drake.edu
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NCAA Championship Media Coordination Phil Pierce Assistant Director Championships and Alliances P.O. Box 6222 Indianapolis, Indiana 46206 Office: 317-917-6976 Cell: 317-263-4475 Email: ppierce@ncaa.org	NCAA Championship Broadcast Kristen Jacob Smith Associate Director Championships and Alliances P.O. Box 6222 Indianapolis, Indiana 46206 Office: 317-917-6584 Cell: 317-363-6410 Email: kjsmith@ncaa.org	
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University of Arkansas Staff Contact Information

Mollie Stehlik	Meet Director	479-387-0538 - mstehlik@uark.edu
Scott Sargent	Facility Director	479-575-6575 - ssargent@uark.edu
Shawn Price	Media/PR Contact	979-661-0731 - sdp013@uark.edu
Mike Armstrong	Officials' Coordinator	479-530-4086 - michtarm@gmail.com
Jimmy Sanchez	Marketing Director	479-530-8722 - jjsan@uark.edu
Deanna Prentice	Medical Director	678-357-0423 - deannap@uark.edu
Dave England	Drug Testing	479-575-4018 - dengland@uark.edu

Key Officials:

Head Referees	Kim Dismuke, Ed Gorman, Richard Messenger and Delores Murray
Head Clerks	Dan Reynolds and Terri Tutt
Head Starters	Charles Gill, Lottie Keaton, and Joe Wessell
Head Umpire	James Fischer
Head Marshal	Rory Osborne
Chief Implement Inspector	Charles Burns
Announcers	Randy Adair and Mike Jay

HISTORY OF THE TRACK AND FIELD FACILITY

Widely considered the epicenter of collegiate track and field, the Randal Tyson Track Center first opened on the University of Arkansas campus in 2000 with a specially designed track, originally built by Mondo for the World Championships in Toronto, Canada.

Since opening, the Razorbacks' home facility has played host to numerous world-class indoor meets, including eight SEC Championships—most recently, the 2019 indoor conference meet— and 12 NCAA Indoor Track and Field Championships.

Recognized as the fastest indoor surface ever constructed, the Tyson track has been home to numerous world records, American records and an impressive percentage of current NCAA and NCAA Championship meet records.

The track itself is a 200-meter, 12-degree banked track that has 60-meter straightaways running the entire length of the facility. It also includes men's and women's jumping runways and pits. The Razorbacks' home indoor track was resurfaced and renovated prior to the start of the 2021 track and field season with Mondo's state-of-the-art red and grey Super X 720 surface.

Owner of one of a select five indoor track facilities in the United States certified by World Athletics, Arkansas is the only university in the United States with both indoor and outdoor track and field facilities certified at the highest level by the sport's international governing body.

Dual 36-x-20 custom video scoreboard systems by Daktronics were installed for the 2021 track and field season. They feature 23-x-13 video display screens with instant replay, electronic timing and scoring capabilities.

With all of the major events that are held in the facility, the Tyson Track Center was built to handle the demands for the many media outlets. The press box is two-tiered offering 50 seats and has an announcer's booth. There are four elevated camera positions located around the track. A media room is also available in the north concourse.

In a rededication ceremony held Feb. 12, 2011, during the 2011 Tyson Invitational in Fayetteville, the Randal Tyson Track Center was recognized as "The Home of the Fastest Indoor Track in the World."

The Fowler Family Baseball and Track Training Center provides an expansive check in and warm up area for track meets and will allow all indoor meet throwing events to be held on-site. The weight throw and shot put practice/competition area is separate from the baseball training area allowing for dual training in the facility. The facility also includes six 60 meter sprint lanes for track meet warm-up prior to events.

With the addition of this venue adjacent to the Tyson Indoor Track Facility, track events will conduct clerking/warm-up here and make existing warm-up space in Tyson Indoor available to be converted to a shared strength and conditioning space and satellite training room.

More than 20 years after it first opened its doors, the Randal Tyson Track Center is still one of the premiere indoor track and field venues in the world.

Championships Hosted

NCAA (12): 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2010, 2013, 2015, 2021, (2026)

CHAMPIONSHIP WEEK SCHEDULE OF EVENTS

(All times listed are CENTRAL unless otherwise noted.)

Wednesday, March 3

10 p.m. (Eastern)

Deadline for medical scratches. Any scratches must be reported by email to Sean Laughlin and Jeff Mlynski (sean@recordtiming.com and jmlynski@ncaa.org).

Monday, March 8

Noon

MANDATORY virtual coaches technical meeting – Virtual link will be provided to all head coaches after selections.

3 p.m.

NCAA Press Conference – Virtual link will be provided to attendees and invitees.

Wednesday, March 10

10 a.m.

Deadline for institutions to submit any changes to their alternates listed in the initial declarations process through DirectAthletics prior to selections. Any changes must be emailed by this deadline to Sean Laughlin (Sean@recordtiming.com) and Jeff Mlynski (jmlynski@ncaa.org).

As scheduled

COVID testing day for participants, institutional personnel, officials, etc. **Teams with student-athletes competing Thursday should test this day.**
Testing at Donald W. Reynolds Razorback Stadium, SEC Club, 350 North Razorback Road, Fayetteville, AR 72701

As soon as available

Final Championships start lists posted on NCAA.org, Division I Championships, Winter Sports, Indoor Track & Field (M/W).

10 a.m. – 8 p.m.

Packet pick-up for institutions onsite for Thursday competition. **No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person.**
Donald W. Reynolds Razorback Stadium, Gate 10, 350 North Razorback Road, Fayetteville, AR 72701

Thursday, March 11

As scheduled

COVID testing day for participants, institutional personnel, officials, etc. **Teams with student-athletes not competing until Friday and/or Saturday should test this day.**
Testing at Donald W. Reynolds Razorback Stadium, SEC Club, 350 North Razorback Road, Fayetteville, AR 72701

11 a.m.

Day 1 of the Division I Men's and Women's Indoor Track and Field Championships begins. Please make special note of the specific event by event venue access times and competition schedule noted in this manual.

10 a.m. - 8 p.m.

Packet pick-up for schools onsite for Friday/Saturday competition. **No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person.**
Donald W. Reynolds Razorback Stadium, Gate 10, 350 North Razorback Road, Fayetteville,

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Friday, March 12

As scheduled

COVID Testing as required for participants, institutional personnel, staff, officials, etc.

Testing at Donald W. Reynolds Razorback Stadium, SEC Club, 350 North Razorback Road, Fayetteville, AR 72701

10 a.m.

Day 2 of the Division I Men's and Women's Indoor Track and Field Championships begins. Please make special note of the specific event by event venue access times and competition schedule noted in this manual.

9 a.m. - 6 p.m.

Late packet pick-up – Northeast entrance to the Randal Tyson Track Center.

Saturday, March 13

As scheduled

COVID Testing as required for participants, institutional personnel, staff, officials, etc.

Testing at Donald W. Reynolds Razorback Stadium, SEC Club, 350 North Razorback Road, Fayetteville, AR 72701

12:30 p.m.

Day 3 of the Division I Men's and Women's Indoor Track and Field Championships begins. Please make special note of the specific event by event venue access times and competition schedule noted in this manual.

10:30 a.m. - 3:30 p.m.
(if needed)

Late packet pick-up – Northeast entrance to the Randal Tyson Track Center.

There will be no designated team camp spaces at the championships. In order to ensure physical distancing and limit numbers in the facility, participants and team personnel should only be at the venue when necessary and in accordance with the venue access times noted on the competition schedule. Athletes and team personnel may report to the venue for specific events in which they are involved in order to adequately warm-up and check-in but should not remain in the venue once their competitions are complete. Please help us to ensure a safe environment, by only coming to and remaining at the venue when necessary. Coaches and athletes that must remain in the venue between events, must utilize the bleacher seats in the venue, wear a mask and maintain physical distancing at all times.

***Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition or warm-up area**

CHAMPIONSHIPS COMPETITION SCHEDULE

THURSDAY, MARCH 11, 2021 - MEN				
Competition	Venue			
Time	Access Time	MEN'S HEPTATHLON	DIVISION	ROUND
11:00 AM	9:45 AM	60 Meters	Men	Final
11:40 AM	N/A	Long Jump (1 runway)	Men	Final
1:10 PM	N/A	Shot Put (1 ring)	Men	Final
2:40 PM	N/A	High Jump (2 pits)	Men	Final
Competition	Venue			
Time	Access Time	MEN'S FIELD EVENTS	DIVISION	ROUND
6:30 PM	5:00 PM	Weight Throw	Men	Prelim/Final
THURSDAY, MARCH 11, 2021 - WOMEN				
Competition	Venue			
Time	Access Time	WOMEN'S PENTATHLON	DIVISION	ROUND
11:30 AM	10:15 AM	60 Hurdles	Women	Final
12:30 PM	N/A	High Jump (2 pits)	Women	Final
2:30 PM	N/A	Shot Put (1 ring)	Women	Final
3:45 PM	N/A	Long Jump (1 runway)	Women	Final
5:15 PM	N/A	800 Meters	Women	Final
Competition	Venue			
Time	Access Time	WOMEN'S FIELD EVENTS	DIVISION	ROUND
4:30 PM	3:00 PM	Weight Throw	Women	Prelim/Final

FRIDAY, MARCH 12, 2021 - MEN				
Competition	Venue			
Time	Access Time	MEN'S TRACK EVENTS	DIVISION	ROUND
2:00 PM	12:45 PM	Mile	Men	Semifinal
2:15 PM	1:00 PM	60 Hurdles	Men	Semifinal
2:25 PM	1:10 PM	400 Meters	Men	Semifinal
2:45 PM	1:30 PM	60 Meters	Men	Semifinal
2:55 PM	1:40 PM	800 Meters	Men	Semifinal
3:05 PM	1:50 PM	5000 Meters	Men	Final
3:25 PM	2:10 PM	200 Meters	Men	Semifinal
3:45 PM	2:30 PM	Distance Medley Relay	Men	Final
Competition	Venue			
Time	Access Time	MEN'S FIELD EVENTS	DIVISION	ROUND
11:00 AM	9:30 AM	Shot Put	Men	Prelim/Final
11:30 AM	10:00 AM	High Jump	Men	Final
2:00 PM	12:30 PM	Long Jump	Men	Prelim/Final
Competition	Venue			
Time	Access Time	MEN'S HEPTATHLON	DIVISION	ROUND
10:00 AM	8:45 AM	60 Hurdles	Men	Final
11:00 AM	N/A	Pole Vault	Men	Final
1:45 PM	N/A	1000 Meters	Men	Final
FRIDAY, MARCH 12, 2021 - WOMEN				
Competition	Venue			
Time	Access Time	WOMEN'S TRACK EVENTS	DIVISION	ROUND
7:00 PM	5:45 PM	Mile	Women	Semifinal
7:15 PM	6:00 PM	60 Hurdles	Women	Semifinal
7:25 PM	6:10 PM	400 Meters	Women	Semifinal
7:45 PM	6:30 PM	60 Meters	Women	Semifinal
7:55 PM	6:40 PM	800 Meters	Women	Semifinal
8:05 PM	6:50 PM	5000 Meters	Women	Final
8:25 PM	7:10 PM	200 Meters	Women	Semifinal
8:45 PM	7:30 PM	Distance Medley Relay	Women	Final
Competition	Venue			
Time	Access Time	WOMEN'S FIELD EVENTS	DIVISION	ROUND
11:00 AM	9:30 AM	Shot Put	Women	Prelim/Final
4:30 PM	3:00 PM	High Jump	Women	Final
6:15 PM	4:45 PM	Pole Vault	Women	Final
6:30 PM	5:00 PM	Long Jump	Women	Prelim/Final

SATURDAY, MARCH 13, 2021 - MEN				
Competition	Venue			
Time	Access Time	MEN'S TRACK EVENTS	DIVISION	ROUND
2:00 PM	12:45 PM	Mile	Men	Final
2:10 PM	12:55 PM	60 Meters	Men	Final
2:20 PM	1:05 PM	400 Meters	Men	Final
2:30 PM	1:15 PM	60 Hurdles	Men	Final
2:40 PM	1:25 PM	800 Meters	Men	Final
2:50 PM	1:35 PM	200 Meters	Men	Final
3:00 PM	1:45 PM	3000 Meters	Men	Final
3:20 PM	2:05 PM	4x400 Relay	Men	Final
Competition	Venue			
Time	Access Time	MEN'S FIELD EVENTS	DIVISION	ROUND
12:30 PM	11:00 AM	Pole Vault	Men	Final
1:00 PM	11:30 AM	Triple Jump	Men	Prelim/Final
SATURDAY, MARCH 13, 2021 - WOMEN				
Competition	Venue			
Time	Access Time	WOMEN'S TRACK EVENTS	DIVISION	ROUND
6:00 PM	4:45 PM	Mile	Women	Final
6:10 PM	4:55 PM	60 Meters	Women	Final
6:20 PM	5:05 PM	400 Meters	Women	Final
6:30 PM	5:15 PM	60 Hurdles	Women	Final
6:40 PM	5:25 PM	800 Meters	Women	Final
6:50 PM	5:35 PM	200 Meters	Women	Final
7:00 PM	5:45 PM	3000 Meters	Women	Final
7:20 PM	6:05 PM	4x400 Relay	Women	Final
Competition	Venue			
Time	Access Time	WOMEN'S FIELD EVENTS	DIVISION	ROUND
5:00 PM	3:30 PM	Triple Jump	Women	Prelim/Final



PRE-COMPETITION PRACTICE SCHEDULE

Due to the three-day championship format and COVID-19 safety and testing protocols, there will **NOT** be any scheduled practice time for the championships.

There will be no designated team camp spaces at the championships. In order to ensure physical distancing and limit numbers in the facility, participants and team personnel should only be at the venue when necessary and in accordance with the venue access times noted on the competition schedule. Athletes and team personnel may report to the venue for specific events in which they are involved in order to adequately warm-up and check-in but should not remain in the venue once their competitions are complete. Please help us to ensure a safe environment, by only coming to and remaining at the venue when necessary. Coaches and athletes that must remain in the venue between events, must utilize the bleacher seats in the venue, wear a mask and maintain physical distancing at all times.

***Due to safety concerns, no individuals under the age of 18 (unless they are competing student-athletes) will be allowed in any competition or warm-up area.**

Also, please note that for safety reasons no headphones or earbuds should be worn inside the competition track and field event areas.

****MARKINGS:** Tape or similar material that is adhered to the track or field event site are the only materials that will be allowed for marking in the field and track events.**

COACHES/TEAM INFORMATION

COVID Testing, Policies and Procedures(As of 2/20/2021):

Links:

[NCAA Championships COVID-19 Testing](#)

[NCAA Testing Protocols](#)

[NCAA Return to Championships Guidelines](#)

Testing: All members of an institutional travel party will be part of the Tier 1 COVID tested community at the championships. Tier 1 personnel will be required to have a negative test before leaving their home institution to travel to Fayetteville and then will be tested onsite in Fayetteville at the NCAA testing center, as scheduled on either Wednesday or Thursday prior to the first day of an institution's first competition. Tier 1 personnel will NOT be allowed to enter the competition venue until testing onsite at the NCAA championship testing center and producing a confirmed negative test. Tier 1 personnel are then required to test every other day while onsite at the championships. Additionally, all student-athletes, members of the travel party, and any personnel entering the competition venue will be required to complete a daily health assessment via the KONGiQ app.

Teams with student-athletes competing on Thursday should be onsite to ensure they can be tested on Wednesday at the onsite NCAA COVID testing center. Teams with student-athletes not competing until Friday and/or Saturday should be onsite to ensure they can be tested on Thursday. When arriving the day prior to being tested teams should quarantine at their hotel and limit outside interaction.

Additional information about scheduling testing onsite in Fayetteville will be provided to institutions with teams/individuals that are selected to the NCAA championships.

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Additional specifics on the tested tiers, code of conduct and other requirements can be found in the Division I Men's and Women's Indoor Track and Field Return to Championship plan document [here](#).

Masking and Physical distancing: Physical distancing and universal masking will be required for all participants, coaches, officials, and other meet personnel at all times. The only exception to this will be for participating student-athletes when involved in active competition. Student-athletes competing in field events should wear masks in between attempts.

Athlete Flow:

Drop-Off:

Student-athletes and coaches may enter the Randal Tyson Track Center at the northeast corner of the venue.

Warm-up area:

The warm-up area will be located in the Fowler Center.

***NOTE:** For safety reasons, no headphones should be worn in warm-up areas and this **area will be restricted to warm-up in accordance with the venue access times noted in this manual.**

Elite 90 Award/ NCAA Academic Recognition Program:

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the championships is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact elite90@ncaa.org or 317-917-6222. All documents including eligibility and nomination forms can be obtained at the following location - [Elite 90 forms](#). The deadline to submit your student-athlete is 5 p.m. Eastern, Monday, March 8.

Awards and Recognition:

Official NCAA awards will be provided to the top four teams and top eight finishers in each event. At the championships, each of the top four teams will receive a team trophy; the national championship team will receive one watch and mini-trophy, and the second-, third- and fourth-place teams will receive one mini-trophy. Additional watches and mini-trophies for each individual in the official travel party will be sent after the championships. The top eight finishers in each event will receive a mini-trophy on site. In the event of a tie, the mini-trophy will be given to one of the student-athletes on site; the other student-athlete(s) will be sent a mini-trophy after the championships. **Please note that for the 2021 championships the only formal awards ceremony that will occur is for the national championship team on both the men's and women's side for inclusion in the ESPN broadcast. All other team awards and all individual awards will be available for pickup in the Southeast corner of the Randal Tyson Track Center once the event has become final and the protest period for that event has expired.**

Each participating student-athlete will receive a participation medallion onsite. Coaches will receive those at packet pick-up. **Alternates are not included. (No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person).**

Building Hours:

The Randal Tyson Track Center and Fowler Center will open their doors to competing student-athletes in accordance with the event by event **venue access** times noted on the competition schedule.

Check-In and Clerking:

Teams and/or individuals that check-in late and not in accordance with the following times outlined in this manual may jeopardize participation in their event, will have a letter sent to their institutional athletics director and will

have a financial fine assessed for failing to abide by championship policies.

Running Events

(Individual):

Check-in will take place at the clerk's table in the Fowler Center no later than 20 minutes before the published start time of the event. Student-athletes who are checked in will be able to warm up in the Fowler Center and should report back to clerking and be prepared to be escorted to the track up to 10 minutes prior to their event.

Relay Events:

Check-in for all relay teams will take place in the Fowler Center no later than 20 minutes before the published start time of the relay event. All teams must be checked in by this time and be prepared to be escorted to final staging by the clerk up to 10 minutes prior to their event. All relay teams must leave for final staging as a group in accordance with the clerk's directive. Any final changes or replacements to the relay may occur up until five minutes before the published start time of the event. No changes will be allowed later than five minutes before the published start time of the relay event.

Combined Events:

Check-in will take place at the clerk's table in Fowler Center. Student-athletes should check-in no later than 30 minutes prior to the published start time for the first combined event competition each day at which time all competitors must be at the clerking area for final call.

Field Events

(LJ, TJ, SP, WT):

Check-in will take place at the clerk's table in the Fowler Center no later than 40 minutes before the published start time of the event. Student-athletes who are checked in will be able to warm-up in the Fowler Center and should report back to clerking and be prepared to be escorted to their respective field event sites 40 minutes prior to competition for the allowable 30-minute warm-up period.

High Jump:

Check-in will take place at the clerk's table in the Fowler Center no later than 55 minutes before the published start time of the event. Student-athletes who are checked in will be able to warm up in the Fowler Center and should report back to clerking and be prepared to be escorted to their respective event site 55 minutes prior to competition for the allowable 45-minute warm-up period.

Pole Vault:

Check-in will take place at the clerk's table in the Fowler Center no later than 70 minutes before the published start time of the event. Student-athletes who are checked in will be able to warm up in the Fowler Center and should report back to clerking and be prepared to be escorted to their respective event site 70 minutes prior to competition for the allowable 60-minute warm-up period.

Coaches Boxes:

Coaches' areas are located at strategic positions throughout the arena within the bleachers. **Please note that physical distancing and masking must be maintained in the coaching box areas. This will be notated by the placement of markings where coaches may sit/stand in the coaching box.**

Competition Bibs:

Competition bibs for each participating student-athlete will be included in each team's packet along with eight (8) safety pins per competitor. These bibs must be worn on the front and back of the uniform jersey during competition. The name bib should be worn on the front and the numbered bib on the back. In the pole vault, high jump, long jump and triple jump, student-athletes only need to wear one bib and may choose whether to wear the bib on the front or back of their jersey. If wearing the bib on the front of the jersey, student-athletes should wear the name bib, if wearing the bib on the back of the jersey; they should wear the numbered bib. **Coaches should ensure the correct bibs are distributed to the correct student-athletes.**

NCAA Banquet:

The NCAA banquet has been cancelled for the 2021 championships.

Credentials:

Coaches must declare their credentials through the online system provided by the NCAA through Planning Point. This link with instructions will be sent within the selections memorandum. **Please fill out and complete your credential requests by no later than 5 p.m. Eastern, Friday, March 5.**

The total number of non-athletes that will be allowed to attend the championship, be credentialed and go through testing protocols will be 12 for combined gender programs and 6 for single gender programs. NOTE: these numbers include **ALL** non-athletes that are part of an institution, including but not limited to coaches, trainers, team managers/director of operations, SID's, videographers, administrators, etc. **SID's, team videographers, and team photographers will have to be a part of the non-athlete team credential/testing numbers if an institution wants an SID, team videographer or team photographers onsite and cannot have any of these individuals apply for separate media credentialing. Additionally, we ask teams to only bring those that are considered essential even if below the maximum allowed.**

Teams with relays will be allowed to bring no more than two alternates to the site to be credentialed and go through testing protocols. We will ask schools to name the two most likely alternates at the initial point of declaration through DirectAthletics, prior to selections. If a team needs to make a change to their alternates, they will have up until 10 a.m. CT on Wednesday, March 10 to do so by emailing those changes to Sean Laughlin (sean@recordtiming.com) and Jeff Mlynski (jmlynski@ncaa.org). No changes will be allowed after this time.

Teams will not be allowed to purchase or request additional credentials above the stated maximums.

The following additional policies will be in effect when issuing credentials for NCAA Championships.

- a. Institutional Personnel will only receive credentials if they have a student-athlete in the meet.
- b. Credentialed coaches are only permitted in coaching boxes/areas where they have a student-athlete(s) competing.
- c. **For 2021 only, no more than two members of the institution will be allowed to attend packet pickup and therefore will be allowed to pick up all** credentials for their coaching staff, team administrator, SID, trainer, manager/director of operations, etc.

Heat Sheets/Results:

Heat sheets and results will be posted at the protest table. At the end of each day of competition, heat sheets for the next day and results from that day will be available to coaches online at <https://dt8v5llb2dwhs.cloudfront.net/Indoor/2021/index.htm>.

FIELD EVENT DIMENSIONS:

- High Jump: The high jump paddock provides an area that is 65 feet, seven inches (20 meters) long and 40 feet, 6 inches (12.3 meters) wide.
- Long Jump: In the long jump, a single runway (closest to the sprint straightaway) will be utilized for both the men and women.
- Men's Competition: Length - 203 feet, 5 inches (62 meters)
Length to take-off board: 196 feet, 10.25 inches (60 meters)
- Women's Runway: Length - 203 feet, 5 inches (62 meters)
Length to take-off board: 176 feet, 8.25 inches (53.85 meters)

Long jump landing pit: 26 feet, 3 inches (Eight meters)

The runway has two long jump take-off boards. One is located 6 feet, 7 inches (two meters) from the landing pit and will be used for the men's competition. The other take-off board is located 13 feet, 1 inch (four meters) from the landing pit and will be used for the women's competition.

Triple Jump: In the triple jump, a single runway (closest to the sprint straightaway) will be utilized for both the men and women.

Men's Competition: Length - 203 feet, 5 inches (62 meters)

Length to take-off board: 160 feet, 9.25 inches (49 meters)

Women's Runway: Length - 203 feet, 5 inches (62 meters)

Length to take-off board: 147 feet, 1.75 inches (44.85 meters)

Triple jump landing pit: 26 feet, 3 inches (Eight meters)

The runway has two triple jump take-off boards. One is located 42 feet, 8 inches (13 meters) from the landing pit and will be used for the men's competition. The other take-off board is located 36 feet, 1.25 inches (11 meters) from the landing pit and will be used for the women's competition.

Pole Vault: The pole vault runway is 144 feet, 10 inches (44.15 meters) to the back of the box.

Misconduct (Bylaw 31.3.10)

Misconduct Incident to Competition - If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during break in the continuity of the championship when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing following the action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

Penalty for misconduct - A governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of competition or practice.

- (a) Public or private reprimand of the individual;
- (b) Disqualification of the individual from further participation in the NCAA championship involved;
- (c) Banishment of the individual from participation in one or more following championships of the sport involved;
- (d) Cancellation of payment to the institution of the Association's travel guarantee for individuals involved;
- (e) Withholding of all or a portion of the institution's share of the revenue distribution;
- (f) Banishment of the institution from participation in one or more following championships in which its team in that sport otherwise would be eligible to participate;
- (g) Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
- (h) Cancellation of all or a portion of the honorarium for hosting an NCAA Championship; and
- (i) Financial or other penalties different from (a) through (h) above, but only if they have prior approval of the Division I Competition Oversight Committee.

Mixed Zone:

A virtual Mixed Zone will be established with media being able to ask questions virtually to student-athletes. After

completion of their heat or flight, student-athletes will be brought directly to the mixed zone from their competition areas.

Official Meet Website:

The official meet website will be [NCAA.com](https://www.ncaa.com). Start lists and results will be available on the official meet site as soon as possible.

Packet Pick-Up:

No more than two members of each institutional staff will be allowed to attend packet pickup to ensure limited interaction and effective physical distancing. We ask that schools with fewer qualifiers limit attendance at packet pick-up to one person. Team packets will be provided for each team and may be picked up on Wednesday, March 10, from 10 a.m. - 8 p.m. for institutions with student-athletes competing on Thursday and all other institutions with student-athletes competing on Friday/Saturday may pick up packets on Thursday, March 11, 10 a.m. - 8 p.m. local time. On Wednesday and Thursday packet pick-up will be located at **Donald W. Reynolds Razorback Stadium, Gate 10, 350 North Razorback Road, Fayetteville, AR 72701**. Additionally, late packet pickup will be available at the Northeast entrance to the Randal Tyson Track Center on Friday from 9 a.m. - 6 p.m. local time and if necessary on Saturday from 10:30 a.m. - 3:30 p.m. local time. Coaches may expect the following at packet pick-up:

- | | | |
|--------------------------|---------------------|----------------------|
| - Credentials | - Last minute notes | - Competitor numbers |
| - Schedule of events | - Heat/flight sheet | - Relay cards |
| - Participant medallions | - Pins | |

Pass List:

With the decision to not have fans in attendance at the championship, there will be no pass list process for 2021.

Pole Vault/Poles Storage:

All pole vault poles should be shipped to individual team hotels. Student-athletes/teams will be required to bring poles to the venue on the day of their competition and place them at the event site. Poles **MUST** be clearly labeled with athlete names and events they are in (heptathlon pole vault, women's pole vault, or men's open pole vault). **Student-athletes wishing to use chalk, should plan to bring their own chalk to the championships.**

Protest Table:

The protest table will be located on the East side of the Randal Tyson Track Center. Protests must be made in writing on the official protest form which will be available at the protest table. Protests must be filed within 15 minutes of the posting of final results. There is a \$100 fee for each protest filed. This fee is refundable only if the results are overturned. The referees' decision is final and will be posted at the protest table area as soon as the information is available from the referees.

Track Entrance for Student-Athletes, Coaches and Other Credentialed Personnel:

Credentialed student-athletes, coaches, and support staff will enter the Randal Tyson Track Center through the northeast corner of the venue.

Results/Timing:

Flash Results will handle the timing and results for the championships. Flash Results provides a high level, professional timing and results service for track and field using the Finish Lynx timing system. Results will be accessible online at <https://dt8v5llb2dwhs.cloudfront.net/Indoor/2021/index.htm>.

Relay Events – Championships Policy/Procedures:

Each relay card will consist of the four original members that were a part of the qualifying team. Additionally, only two alternates will be allowed to be named, traveled to and tested at the championships due to COVID-19 testing protocols. We ask that you list the names of the two most likely relay alternates during the initial declaration process on

DirectAthletics. However, please note schools will be allowed to make changes to their two relay alternates up until Wednesday, March 10 at 10 a.m. Central Time by emailing changes to Sean Laughlin (Sean@recordtiming.com) and Jeff Mlynski (jmlynski@ncaa.org). No changes to alternates will be allowed after this time. Reminder, student-athletes qualified and competing in other events may also compete on relays as substitutes. No other student-athlete other than those on the original qualifying team, those listed as an alternate or those already in the meet in another event may run on the relay.

Decisions on the four individuals that will run the relay must be reported to the clerk during athlete check-in. All relay procedures must abide by the regulations as detailed in this manual and as further outlined in the Indoor Technical Manual.

For exchange zones and runway markings, tape or similar material that is adhered to the track and field event site are the only materials that will be allowed for marking in the field and track events.

Spikes:

Only 1/4 inch or 7mm pyramid spikes are allowed for all events with the exception of the high jump. For the high jump, 3/8 inch or 9mm pyramid spikes are allowed. The facility encourages the use of replacement spikes, but fixed pyramid spikes will be allowed as long as they meet the length requirements. **NO CHRISTMAS TREE OR NEEDLE SPIKES ARE ALLOWED AT ANY VENUE. SPIKES WILL BE CHECKED AND TAGGED AT THE CLERKING/HIPPING AREA DURING CHECK-IN ON COMPETITION DAY.**

Student-Athlete Hospitality:

Student-athlete hospitality will be located in the northeast corner of Randal Tyson Indoor Track Center. A select amount of pre-wrapped grab and go items will be available for athletes to take when they are leaving the venue.

Student-Athlete Participation Awards

See next page.



NCAA-Awards.com

HOW TO GET YOUR **Student-Athlete Participation Awards**

For 2020-2021, an online gift-suite will serve as the participation awards provided to members of the official travel party of institutions that advance to the championship final sites.



After the championship, MainGate will send the head coach an email providing ordering process details, along with a unique Certificate Code (valid for one participation award per member of your official travel party) that can be redeemed only at www.NCAA-Awards.com. In order to ensure that each participant receives an award, a member of your administration must place your team's order, including size information, at NCAA-Awards.com using your Certificate Code.

Your institution may select different items per participant; men's and women's sizes are available for apparel items. If you would like to purchase additional awards, you will have the opportunity to do so online via personal credit card at the end of the checkout process.

Participation award items will be sent to your institution for distribution to your student-athletes within four to six weeks after your order is placed. If you do not receive information for ordering awards within two weeks of the conclusion of the championship please contact Erin Hannoy ehannoy@legends.net, Legends Global Merchandise (formally known as MainGate Inc.) (866-945-7267) or the NCAA championship manager.

Please add ehannoy@legends.net to your address book to allow us to send you emails.



Place your order at NCAA-Awards.com



Team parking will be located in the Baum Main parking lot Northeast of the Randal Tyson Track Center.

Team Seating:

A small section of team seating will be made available for ONLY student-athletes that are in multiple events and need a location to sit in between events. This seating will be located in the South bleachers. Student-athletes in this area must maintain physical distance and wear masks. Student-athletes who are not in multiple events will not be allowed to remain in the venue at the conclusion of their competition.

Technical Meeting (Mandatory):

A mandatory coaches technical meeting will be held virtually on Monday, March 8, at Noon CT. A virtual link will be provided to all head coaches after the completion of championship selections.

****Note, it is mandatory that a representative from every institution be in attendance. Those institutions that do not have a representative in attendance will be fined a minimum of \$200/team/gender.***

Equipment (Starting Blocks, Start Information System, Weights, Shot Puts & Batons):

All student-athletes will be required to use the blocks and batons as supplied by Gill and exclusive for these NCAA Championships.

NOTE:

- The NCAA Division I Track and Field and Cross Country Committee has elected to require the use of starting blocks by all student-athletes that compete in the 60m, 200m, 400m, 60 hurdles, and 4x400m.
- The committee has also elected to approve the use of an electronic start information system that shall be used by the starters to its fullest capabilities. Starters shall use information provided by this system to detect false starts and disqualify student-athletes or recall the race.

Weight Throw Implements:

Student-athletes may use their own weights if they choose as long as they meet the certification process at the championships. Gill Athletics will also provide weight implements for use during competition and warm-up. Weight implements being provided by Gill are listed below. **Student-athletes wishing to use chalk, should plan to bring their own chalk to the championships.**

- Three (3) Gill Lead Orbiter 20-lb. Indoor Throwing Weights
- Three (3) Gill Tungsten Orbiter 20-lb. Indoor Throwing Weight
- Three (3) Gill Lead Orbiter 35-lb. Indoor Throwing Weights
- Three (3) Gill Tungsten Orbiter 35-lb. Indoor Throwing Weight

Shot Put:

Student-athletes may use their own shots if they choose as long as they meet the certification process at the championships. Gill Athletics will also provide shot implements for use during competition and warm-up. Gill will provide four hard-shell shot puts for both men and women. **Student-athletes wishing to use chalk, should plan to bring their own chalk to the championships.**

Implement Inspection and Weigh-in:

Shot Put and Weight Throw inspection and impounding will take place in the implement inspection area located in Fowler. The inspection area will be open:

Thursday, March 11: 9:45 a.m. - 9 p.m.

Friday, March 12: 9:30 a.m. - 4 p.m.

All implements should be submitted for implement inspection as early as possible but must be turned in at least

three (3) hours before the warm-up period for the published start of the event. If an event is scheduled early, implements can be checked the day before. Once an implement is submitted for certification, it will remain impounded until the completion of the event. Illegal implements will be secured until after the meet and may be picked up at the conclusion of competition. Only certified implements may be used during official warm-ups and competition.

Implements passing certification will be brought to the event site prior to the start of warm-ups.

Implements can be picked up at the implement inspection area 30 minutes after the conclusion of the event finals.

Tickets:

There will be no spectator admittance to the 2021 championships.

Uniforms [Reference: Bylaw 12.5.4 in the NCAA Manual]:

All uniforms must comply with Rule 6.4-1&2 of the 2021 and 2022 NCAA Men's and Women's Track and Field and Cross Country Rule Book.

Video/Wireless Communication:

The use by competitors of video or audio devices, radio transmitters or receivers, Fitbits or smart watches, mobile phones, computers, or any similar devices in the competition area is prohibited. Field event Student-Athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.

MEDICAL SERVICES/ATHLETIC TRAINING

Visiting Team Medical Area:

Teams are highly encouraged to conduct all necessary treatments at the hotel as venue capacity requirements may limit availability to set-up individual treatment tables at the venue. Any required treatment needed onsite must remain in the warm-up area. All treatment tables and modalities (including recovery devices) need to remain in this area. Team's may set-up temporarily while working on an athlete, but must breakdown once treatment is complete.

The meet's medical area is reserved for emergency situations only. In an effort to limit the spread of COVID, no modalities (including hydrocollator packs or ultrasound/electro stim modalities) will be generally available. Athletic trainers can contact Deanna Prentice (deannap@uark.edu) to discuss modality availability.

Treatment Requests:

If your team will be requesting additional supplies or services, please contact Deanna Prentice (deannap@uark.edu) by Wednesday, March 10. If your team is not traveling with a certified athletic trainer, prior requests for specific treatment will be necessary. Treatment requests from a coach or student-athlete will not be accepted unless his/her athletic trainer contact Deanna Prentice (deannap@uark.edu).

First Aid:

The first-aid station is located southeast corner of the indoor track. Our athletic training staff will transport injured student-athletes to this section during competition. Team physicians and EMS officials will be on-call/site around this area during the meet. The following items will be provided for your use at the first aid area:

- Treatment tables
- Basic First aid supplies
- Emergency equipment (crutches, immobilizers, AED, etc.)
- Injury ice
- Biohazard kit

In case of emergency after hours, please contact the following:

- Physicians Specialty Hospital ER: (479) 571-7810 3873 Parkview Dr. Fayetteville, AR 72703
- Washington Regional ER (major trauma or cardiac condition only): 911 or (479) 463-1000 3215 N. North Hills Blvd. Fayetteville, AR 72703

Credentials:

Any institutions bringing medical staff must include them as a part of the maximum non-athlete credentials allowed (12 for combined gender programs and 6 for single gender programs). No additional credentials above the maximum will be allocated.

Drug Testing:

Record Ratification Process During NCAA Division I Track and Field Championships

In an effort to support student-athlete's successes the NCAA, in consultation with [World Athletics – Athletics Integrity Unit](#) and United States of America Track and Field Association (USATF), has determined it necessary to have alternative doping control in those instances where world record ratification is warranted. It should be noted that these same requirements will be in place for any record ratification (including world, national, junior record, etc.) requiring drug testing if the NCAA testing agency is not onsite for the championship. The NCAA will have a United States Anti-Doping Agency (USADA) representative available during the Division I Track and Field Championships to conduct doping control for world record ratification, as well as other record ratification if the NCAA testing agency is not onsite, based on the policies and protocols found [here](#). It's imperative that coaches and student-athletes are aware of the following when being tested by a USADA representative:

1. If a student-athlete sets a world record and wants that record to be ratified by World Athletics, the student-athlete will need to submit to drug testing by the USADA doping control officer (DCO) and the USADA policies and procedures for urine specimen collection. This will also apply to testing related to any record ratification if the NCAA testing agency is not onsite at the championships.
2. Student-athletes submitting to doping control for world record ratification purposes will be chaperoned by a doping control agent up until the student-athlete reports for specimen collection and completes the testing process. Institutional representatives will not be allowed to sign off and assume responsibility for chaperoning the student-athlete. This will also apply to testing related to any record ratification if the NCAA testing agency is not onsite at the championships.
3. Should a student-athlete have a positive USADA drug test, they will be subject to USADA and [World Anti-Doping Agency](#) international sanctions.
4. A student-athlete who has been sanctioned by another national or international sports governing body (e.g. USATF) is required to self-report that sanction to the NCAA and serve the sanction as outlined by the national or international sports governing body as cited in Bylaw 18.4.1.4.7. prior to participation in NCAA intercollegiate competition.
5. If a student-athlete submits to USADA testing for record ratification, those results may be made public.
6. Any student-athlete wanting to appeal a USADA positive test as a result of record ratification drug testing, will be governed by the policies and procedures set by the [Court of Arbitration for Sport](#).
7. In the event the NCAA conducts drug testing during the championships, student-athletes may be subject to both USADA and NCAA testing. NCAA drug testing will not be used for world record ratification.

8. If a drug test is required outside of the standard championship protocol (e.g. national record, world junior record, etc.), the cost associated with such a test will be the responsibility of the tested student-athlete's institution.
9. It is the responsibility of the institution and/or the student-athlete to initiate the USADA doping control process should the student-athlete want their record ratified.

Again, please note if NCAA drug testing does not occur during this championship round and/or a test is required outside of the standard championship protocol (e.g. national record, world junior record, etc.), the cost associated with such a test will be the responsibility of the tested student-athlete's institution.

Please see the NCAA Division I Indoor Track and Field Pre-Championships Manual for additional information on drug testing.

MEDIA AND PRESS CONFERENCE INFORMATION

NCAA Student-Athlete and Coach Media Obligations:

ALL STUDENT-ATHLETES AND COACHES MUST BE MADE AVAILABLE FOR MEDIA OBLIGATIONS.

Participation applies to all pre- and post-event press conferences and/or interview requests by the NCAA and its broadcast partners.

Failure to participate may result in misconduct, as determined by the NCAA Division I Cross Country/Track and Field Committee.

Student-athletes are allowed a maximum of a 10-minute cooling off period following their event before meeting with the media. If the student-athlete is ready prior to the 10 minutes, he or she can participate in interviews as soon as they are ready. However, they are not allowed to leave the competition area before conducting their media interviews. All interviews should be conducted virtually. Event winner interviews will be held inside the Randal Tyson Track Center, all other interviews should be arranged by an institution's media relations representative. A student-athlete who is competing in more than one event on a given day may request the media coordinator to delay the interview period until concluding their final event of the day. The only exception to this is if a record was set, and then the student-athlete should be made available to the media shortly after that event.

In the event that a student-athlete has been selected for drug testing, he or she must fulfill all media obligations before going to the drug testing center.

Pre-meet Press Conference:

The pre-meet virtual press conference will take place on Monday, March 8 at 3 p.m. local time. A link will be provided to participants at a later date.

Credentials:

All media credential requests should be submitted at [NCAA.com/media](https://www.ncaa.com/media). **SID's, team videographers, and team photographers will have to be a part of the non-athlete team credential/testing numbers if an institution wants an SID, team videographer or team photographers onsite and cannot have any of these individuals apply for separate media credentialing.** Approved credentialed members of the media (that are NOT part of teams) may pick up their credential with a photo ID and enter the venue at the Northwest corner Randal Tyson Track Center at the following times:

March 11: 10:00am - 6:00pm

March 12: 9:00am - 8:00pm

 **INDOOR
TRACK & FIELD CHAMPIONSHIPS**

March 13: Noon - 7:00pm

Credentials must be worn in plain sight at all times. Standard rules concerning credentials apply. Credentials are issued for the sole purpose of providing facility access to the bearer with a legitimate working function in connection with the event. **IT IS NON TRANSFERABLE.** Any unauthorized use of this credential subjects bearer to having the credential revoked. We cannot replace stolen or lost credentials. **Credentialed media must remain in the designated media section at the championships in accordance with COVID protocols.**

Interviews:

No in-person interviews will be held during the championships and only first-place finishers will be brought to mandatory virtual press interviews. Any interviews requested of student-athletes who do not finish first should be coordinated with the institution that the student-athlete competes for and should be conducted virtually outside the competition facility. **Please note that non-tested media may not interact face to face with student-athletes or members of the tested community and should conduct interviews virtually.** Links to all virtual interviews will be archived and available on the event's digital media hub. Please be courteous and respectful of the media by being prompt to all virtual interviews. Host media relations staff will provide quotes to the media for all final events. Please work with the host institution's SID or media relations representative for additional interview requests.

Parking:

Media will have access to Lot 99, North of Beechwood Ave. for parking. No parking pass will be required to enter the media lot.

Photographers:

Tier 1 photographers must wear armbands and will be asked to maintain physical distancing from the competition track. Areas around the track will be designated for shooting purposes, no infield access will be permitted. Tier 3 photographers must work out of the designated area of the west bleachers. There are no work facilities for photographers inside the Randal Tyson Track Center. Photographers wishing to edit photos, must leave the facility to do so.

Press Box:

The press box will be part of the tested community and only SID's who are part of the tested team travel party may work out of the press box.

Complete results and heat sheets will be available at <https://dt8v5llb2dwhs.cloudfront.net/Indoor/2021/index.htm>.

SID Materials:

SIDs should **email** all press materials (media guides and notes) to Phil Pierce, ppierce@ncaa.org, and Shawn Price, sdp013@uak.edu, for inclusion in the event's digital media hub. No press guides or notes should be sent or brought to the competition facility.

TEAM PARKING / DIRECTIONS / HOTELS



Team Parking:

Student-athletes and teams staff may be dropped off at the Northeast entrance of the Randal Tyson Track Center. Parking for teams will be made available in the Baum Main parking lot, northeast of the venue.

Hotels:

Teams are responsible for booking their own hotel rooms. You can access information on hotels by visiting the NCAA website: <http://www.ncaa.org/championships/division-i-mens-and-womens-indoor-track-and-fie>

TYSON CENTER KEY

1. Team Drop-Off Location & Team Entrance
2. Student-Athlete Hospitality
3. Officials Seating
4. Officials' Hospitality
5. Protest Table
6. Athlete Final Call Area
7. Clerking Area
8. Team Medical Area
9. Implement Inspection
10. Meet Medical
11. VIP Parking
12. TV Truck Parking
13. General Media Area
14. Restricted Photo Area
15. Officials and Working Staff Entrance
16. Coaching Area
17. Awards Pick-Up
18. DV Sport Area
19. NCAA Committee
-  Bus Drop-Off
-  Coaching Area

