# 2026 NCAA Division I Cross Country
# Midwest Regional Championships Starting Box Assignments

WOMEN

| School | Starting Box |
|---|---|
| DePaul | 1 |
| Saint Louis | 2 |
| Kansas | 3 |
| Illinois | 4 |
| Iowa State | 5 |
| Loyola (Ill.) | 6 |
| Missouri | 7 |
| Chicago State | 8 |
| Illinois State | 9 |
| South Dakota | 10 |
| Illinois-Chicago | 11 |
| Iowa | 12 |
| St. Thomas (Minn.) | 13 |
| Northern Illinois | 14 |
| Oklahoma | 15 |
| SIUE | 16 |
| Drake | 17 |
| Eastern Illinois | 18 |
| Nebraska | 19 |
| Omaha | 20 |
| Missouri State | 21 |
| SE Missouri | 22 |
| South Dakota St. | 23 |
| Bradley | 24 |
| Northwestern | 25 |
| Tulsa | 26 |
| Northern Iowa | 27 |
| Southern Illinois | 28 (SHARED) |
| Oral Roberts | 28 (SHARED) |
| North Dakota State | 29 |
| Oklahoma State | 30 |
| Wichita State | 31 |
| North Dakota | 32 |
| Western Illinois | 33 |
| Minnesota | 34 |
| Kansas State | 35 |
| Creighton | 36 |

MEN

| School | Starting Box |
|---|---|
| Northern Iowa | 3 |
| Kansas | 4 |
| Saint Louis | 5 |
| Nebraska | 6 |
| South Dakota St. | 7 |
| Oklahoma State | 8 |
| Eastern Illinois | 9 |
| Kansas City | 10 |
| Oklahoma | 11 |
| SE Missouri | 12 (SHARED) |
| Oral Roberts | 12 (SHARED) |
| Iowa State | 13 |
| North Dakota | 14 |
| Kansas State | 15 |
| Illinois-Chicago | 16 |
| Wichita State | 17 |
| Illinois State | 18 |
| Bradley | 19 |
| Chicago State | 20 |
| Loyola (Ill.) | 21 |
| SIUE | 22 |
| Illinois | 23 |
| Drake | 24 |
| Creighton | 25 |
| St. Thomas (Minn.) | 26 |
| South Dakota | 27 |
| North Dakota State | 28 |
| Tulsa | 29 |
| Iowa | 30 |
| Missouri | 31 |
| DePaul | 32 |
| Minnesota | 33 |
| Southern Illinois | 34 |