2025 NCAA Division I Cross Country Southeast Regional Championships Starting Box Assignments

WOMEN		MEN	
School	Starting Box	School	Starting Box
Elon	1	USC Upstate	1
Charlotte	2	William & Mary	2
Campbell	3	Coastal Carolina	3
Queens (N.C.)	4	Davidson	4
Louisville	5	High Point	5
USC Upstate	6	Wake Forest	6
Col. of Charleston	7	UNC-Greensboro	7
Morehead State	8	Radford	8
Eastern Kentucky	9	George Mason	9
Furman	10	Furman	10
UNC-Asheville	11	Longwood	11
North Carolina	12	Morehead State	12
Winthrop	13	UNC-Asheville	13
James Madison	14	NC State	14
Davidson	15	Charlotte	15
Wake Forest	16	Kentucky	16
Coastal Carolina	17	Louisville	17
Liberty	18	Campbell	18 (SHARED)
NC State	19	Queens (N.C.)	18 (SHARED)
Richmond	20	Presbyterian	19
Clemson	21	Richmond	20
East Carolina	22 (SHARED)	Col. of Charleston	21
Presbyterian	22 (SHARED)	Virginia	22
South Carolina	23	Eastern Kentucky	23
Bellarmine	24	Charleston Southern	24
Western Kentucky	25	Duke	25
Hampton	26	Winthrop	26
William & Mary	27	Elon	27
Duke	28	Murray State	28
Murray State	29	Northern Kentucky	29
Longwood	30	Clemson	30
Charleston Southern	31	Bellarmine	31
Radford	32	App State	32
App State	33	Western Kentucky	33
Northern Kentucky	34	Hampton	34 (SHARED)
Virginia	35	SC State	34 (SHARED)
Western Carolina	36	Liberty	35
George Mason	37	Virginia Tech	36
Kentucky	38	VCU	37 (SHARED)
Virginia Tech	39	Western Carolina	37 (SHARED)
High Point	40	North Carolina	38
VCU	41		