

2025 NCAA Division I Cross Country

South Central Regional Championships Starting Box Assignments

WOMEN		MEN	
School	Starting Box	School	Starting Box
Stephen F. Austin	1	Little Rock	1
ULM	2	Texas A&M	2
Texas A&M-CC	3	Nicholls State	3
Texas A&M	4	Sam Houston	4 (SHARED)
UT-Rio Grande Valley	5	Baylor	4 (SHARED)
Incarnate Word	6	UT-Arlington	5
Little Rock	7	Houston	6
Houston Christian	8	North Texas	7
LSU	9	Texas State	8
Tulane	10	Lamar	9
East Texas A&M	11	LSU	10
Baylor	12	Central Arkansas	11
Tarleton State	13	Tulane	12
Louisiana	14	SE Louisiana	13
TCU	15	TCU	14
Texas State	16	Houston Christian	15
Rice	17	Rice	16
Sam Houston	18	Northwestern St.	17 (SHARED)
UT-Arlington	19	New Orleans	17 (SHARED)
Houston	20	Arkansas State	18
Arkansas	21	Tarleton State	19
UTSA	22 (SHARED)	Abilene Christian	20
SE Louisiana	22 (SHARED)	Incarnate Word	21
Abilene Christian	23	Texas A&M-CC	22
Lamar	24	Texas	23
Arkansas State	25	ULM	24
Texas	26	East Texas A&M	25
Nicholls State	27	UT-Rio Grande Valley	26
SMU	28	UTSA	27
Central Arkansas	29	Louisiana	28
North Texas	30	Arkansas	29
		Stephen F. Austin	30