



PARTICIPANT 2025-26 MANUAL

Table of Contents

Welcome from Host Institution.....	2
Schedule of Events.....	3
NCAA Cross Country Championship Committee & Staff.....	4
NCAA Cross Country Championship Meet Officials.....	5
NCAA Cross Country Championship Local Planning Committee.....	6
NCAA Travel Information and Policies.....	7
Athletic Training Services.....	7
Media/Press Conference Information.....	8
NCAA Championship Meet Information.....	10
Tickets and Team Pass List Information.....	16
Uniforms, Logos & Misconduct.....	17
6K Course Map.....	19
10K Course Map.....	19
Facility Layout.....	19-20
Team Parking Map.....	21
Spectator Parking Map.....	22
Directions to course.....	23
Directions to Press Conference.....	24



On behalf of Mizzou Athletics, the University of Missouri, and the Columbia community, it is our honor and privilege to welcome you to the 2025 NCAA Cross Country Championship!

Along with our great partners at the City of Columbia, we are proud to host this prestigious event and showcase Gans Creek Cross Country Course, one of the premier cross-country venues in the country. This championship is a celebration of hard work, resilience, and competitive excellence. Earning the opportunity to compete for a national title is a distinguished honor.

While you're here, we encourage you to explore our beautiful campus and enjoy everything our city has to offer, from scenic parks and trails to a vibrant downtown area filled with local charm and Tiger spirit.

We are committed to delivering a world-class championship experience for every athlete, coach, and guest. Whether you're competing, coaching, supporting, or simply cheering from the sidelines, we hope your time here is both memorable and meaningful.

Congratulations and good luck!

Laird Veatch
Director of Athletics
University of Missouri

Schedule of Events (all times Central Time)

Tuesday, November 18

Noon CT

Mandatory Virtual Coaches Meeting

Link will be provided to qualifying team head coaches after selections.

Thursday, November 20

10 a.m. – 4 p.m.

Course Inspection

Gans Creek Cross Country Course

Friday, November 21

9 a.m. – 5 p.m.

Course Inspection

Gans Creek Cross Country Course

10 a.m. – 2 p.m.

NCAA Declarations & Packet Pickup

Columbia Sports Fieldhouse | 4251 Philips Farm Rd Columbia, MO 65201

2 – 3 p.m.

NCAA Press Conference

Mizzou Athletics Training Complex | 1107 S Providence Rd

Saturday, November 22

6 a.m.

Course open for participants

(Please check @mizzouTFXC on X for possible frost delays)

6:30 a.m.

Parking lots open and shuttles begin for spectators

8 a.m.

Clerking procedure begins for women's race

8:50 a.m.

Clerking procedure begins for men's race

8:55 a.m.

National Anthem

9 a.m.

First gun fired (20 minutes to start to start of women's race)

Final check-in at clerk's tent for women's competitors

9:10 a.m.

Second gun fired (10 minutes to start of women's race – all women should report to start line)

9:17 a.m.

Third gun fired - NO MORE RUNOUTS (3 minutes until start of women's race)

9:20 a.m.

Women's Championship 6K Race

9:50 a.m.

First gun fired (20 minutes to start of men's race)

Final check-in at clerk's tent for men's competitors

10 a.m.

Second gun fired (10 minutes to start of men's race – all men should report to start line)

10:07 a.m.

Third gun fired - NO MORE RUNOUTS (3 minutes until start of men's race)

10:10 a.m.

Men's Championship 10K Race

Approx. 11 a.m.

Presentation of Awards



**2025-26 DIVISION I MEN'S AND WOMEN'S CROSS COUNTRY/TRACK & FIELD OVERSIGHT
COMMITTEE**

The current committee roster can be accessed at:

<https://web1.ncaa.org/committees/#/reports/roster?committeeCode=1TRACKOC>

Secretary-Rules Editor Mark Kostek Cell: 515-208-8300 Email: kostekmt@gmail.com	NCAA Jeff Mlynski Associate Director Championships and Alliances P.O. Box 6222 Indianapolis, Indiana 46206 Office: 317-917-6503 Cell: 317-874-7154 Email: jmlynski@ncaa.org	NCAA Demetria Young Coordinator Championships and Alliance P.O. Box 6222 Indianapolis, Indiana 46206 Office: 317-917-6270 Email: dyoung@ncaa.org
---	--	--

Meet Officials

Meet Referee:	Mike Maryott
Head Clerk of the Course:	Randy Wilson
Assistant Clerks:	Jim Davis Ilayna Pickett
Head Starter:	Sara Sinani
Recall Starters:	Kevin Gill Richard Skirbal James Coffmann Andy Phipps Phil Williams
Head Marshal:	Jim Cherrington
Head Umpire:	Jim Cherrington
Head Finish Line Official:	Fred Binggeli
Announcer:	David Lile
Timing and Results:	PT Timing

**Host Institution
Championship Planning Committee**

Title	Name	Cell	Email
Meet Director	Andrew Chitwood	314.620.8522	achitwood@missouri.edu
Asst. Meet Director	Adam Ziervogel	636.875.3262	adam.ziervogel@como.gov
Athletic Training	Marie Siler	334.750.3476	marie.siler@missouri.edu
Awards	Misty Nolke	573.881.4654	nolkem@missouri.edu
Marketing/Promotions	Evan Gray	573.220.8363	grayee@missouri.edu
Media Relations	Ryan Cullinane	727.735.8297	rctmt@umsystem.edu
Merchandise/Programs	Misty Nolke	573.881.4654	nolkem@missouri.edu
Officials	Glenn Pickett	573.881.5603	mutfoa.officials@gmail.com
Tickets	Eric Lembach	573.884.8342	elembach@missouri.edu

NCAA Travel Information & Policies

Travel Party

Please refer to the NCAA travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online [here](#). Please reference the Appendix of the travel policies for reimbursable travel party numbers.

Travel Information

Air Travel. Based on the travel policies, if you are eligible for a flight, please contact Short's Travel Management at 866-655-9215 as soon as possible to arrange your air travel. At any time prior to selection announcements, you may access the travel portal at www.shortstravel.com/ncaachamps to update your team contact information, travel party roster, equipment manifests and any preferences. Entering this information prior to selections will help expedite the travel booking process required to issue tickets.

Your institution user ID and password login credentials, for the Short's Portal, were emailed to the university director of athletics prior to Fall championships. If you still need assistance with your Short's Portal user ID and password, please email ncaaalo@shortstravel.com or travel@ncaa.org.

Ground Travel. Individual sports will be reimbursed a mileage rate per person per mile in accordance with the NCAA travel policy. Individual sports who wish to drive instead of fly will be reimbursed mileage up to the cost of a commercial flight (quote to be obtained from Short's Travel).

Travel Expense System. Per diem will be provided for an official travel party. Please reference the NCAA travel policies for all information regarding transportation and per diem reimbursement. Per diem and other eligible expenses will be reimbursed through the Travel Expense System (TES). Please go to <http://travel.ncaa.org/> to file for reimbursement or request a travel exception. Registration with an institutional email address is required to access TES through NCAA My Apps. The NCAA travel department may be reached at 317-917-6757, or by email at travel@ncaa.org.

Please reference the NCAA travel policies as the NCAA travel policy is updated annually [here](#), and the travel policies supersede all other documents.

Athletic Training Services

There will be a training area set up at the course during practice on Thursday and Friday and for Saturday's competition. The training tent will be located in the team camp area. The training tent is equipped with training tables, water, ice baths, heater, and standard training services. If you have any special needs, please contact Marie Siler at 334.750.3476 or by email at marie.siler@missouri.edu.

Training Tent Hours:

Thursday, November 20	8:30am-12:30pm & 1pm-5:30pm
Friday, November 21	8:30am-12:30pm & 1pm-5:30pm
Saturday, November 22	6am-1pm

Trainers on course: Trainers will also be strategically placed throughout the course during competition and in a trail vehicle during each race. An ambulance will be onsite in case emergency transport is needed.

Student-athletes must present a prescription or letter of treatment from the institution's certified trainer in order to administer electric modalities. Modality treatment will only be given with written permission from your institutions' medical staff. Competing institution's trainers will not be allowed on the course or in the finish chute unless their student-athlete becomes injured or ill.

Media/Press Conference Information

If you have any questions, please contact Dave Matter of the University of Missouri Sports Information Department at 573.808.6950 or via email at dmatter@missouri.edu.

Location: Mizzou Athletics Training Complex | 1107 S Providence Rd

NCAA Media Obligations

ALL STUDENT ATHLETES AND COACHES MUST BE MADE AVAILABLE FOR MEDIA OBLIGATIONS.

Participation applies to all pre- and post-event press conferences and/or interview requests by the NCAA and its broadcast partners.

Failure to participate may result in misconduct, as determined by the NCAA Division I Cross Country/Track and Field Committee.

Student-athletes are allowed a maximum of a 10-minute cooling off period following their race before meeting with the media. If the student-athlete is ready prior to the 10 minutes, he or she can participate in interviews as soon as they are ready. However, they are not allowed to leave the competition area before conducting their media interviews. Interviews will be conducted in the mixed zone or interview room.

In the event that a student-athlete has been selected for drug testing, he or she must fulfill all media obligations before going to the drug testing center.

Website

[DI Men's College Cross Country - Home | NCAA.com](#) and [DI Women's College Cross Country - Home | NCAA.com](#) are the official websites for the NCAA Division I Men's and Women's Cross Country Championships.

The below website will house additional meet information:

https://mutigers.com/feature/25_XC_NationalChampionship_Info

Credential Requests

For all media related credential requests, please visit <https://www.ncaa.com/media-credentials> to begin the application process for the NCAA Division I Cross Country Championships. A confirmation email with additional information for media will be sent once the request has been approved. Should

you experience any difficulties in applying for credentials, please contact Ryan Cullinane at The University of Missouri via phone 727.735.8297 or email rcullinane@missouri.edu.

Meet Results

Meet results can be obtained online and in person.

- Live results will be available at [NCAA DI Cross Country Championships](#).
- Additionally, at the conclusion of the championships and once the results have been deemed final, an email will be sent to all participating schools SID and head coach, from the host institution's SID, Ryan Cullinane.

Press Conferences

Pre-Race:

A pre-race press conference with selected coaches and student-athletes will be held at Mizzou Athletic Training Complex (1107 S Providence Rd) on Friday, Nov. 21, from 2-3 p.m. A member of the NCAA media team or Mizzou Athletics sports information office will contact selected universities to participate in the pre-meet press conference.

Post-Race:

A post-race mixed zone area will be implemented for interviews following the conclusion of each respective race. Media members will not be allowed access to the student-athletes during the 10-minute cooling off period. At the end of the period, members of the Mizzou Athletics sports information staff will escort student-athletes to the mixed zone area, located north of the athlete pavilion, just past the finish line. All competing student-athletes will be required to pass through the mixed zone. We remind coaches and student-athletes that all appropriate NCAA regulations regarding participation in post-event interviews and other regulations regarding apparel will apply.

Media Workspace

Media workspace will be available onsite at the race headquarters building. There is sufficient internet and outlets to provide a workspace for all media. Media credentials are required for entrance.

Photography

There will be a photo box at the finish line area as well as near the start line. Photographers are expected to stay outside any course boundary markers or roped off areas and must show credentials to gain admittance into media-only areas. You are permitted to shoot the runners on the course, but MAY NOT interfere with the participants directly or indirectly. Only photographers approved by the NCAA will be allowed into the finish chute area.

Press Materials

Please send all press materials, including notes and information guides, for the event to:

Ryan Cullinane
1 Champions Dr. Suite 200
Columbia, MO 65211

Meet Information

Awards

Awards will be presented at the projected time of 11 a.m. CT for both the women and men. Team awards are presented to the top four teams. The top 15 individuals will be recognized and will receive an NCAA award. The USTFCCA All America awards presentation, recognizing the top 40 individuals, will take place at this time as well. The award ceremonies will take place in the awards area located west of the start line.

Banquet:

The Division I Track and Field and Cross Country Committee has elected to provide enhanced gift options to the student-athletes this year in place of a formal banquet. Gifts will be distributed in conjunction with packet pickup. Gifts will only be provided to competing student-athletes (7 per qualified team and 1 per qualified individual).

Credentials

All credentials will be issued during packet pickup. Each institution that qualifies a team will receive a maximum of 19 credentials (14 student-athletes (seven declared and seven replacements), three coaches, and two team personnel). Institutions qualifying individuals to the championships will receive a credential for each student-athlete and up to four additional (three coaches and one team personnel). Each institution will be allowed one additional credential for team medical that is accompanying the team. The team medical credential will be administered by the host school's sports medicine staff at packet pickup. All medical credentials require the individual to be present and show their photo identification to receive the credential.

Teams will also be allowed to purchase up to a maximum of **ONE** additional team personnel **OR** team medical credential at the cost of \$20, during packet pickup on Friday.

Course Practice

The course will be open for practice at the following times:

- **Thursday, November 20, 10 a.m. – 4 p.m.**
- **Friday, November 21, 9 a.m. – 5 p.m.**

The course **MAY** be closed due to weather or during early-morning hours if there is considerable frost on the course. Runners will not be able to run on the course until it is cleared by meet management in order to preserve the best possible course conditions for Saturday races. Please check X @mizzouTFXC for possible frost or weather delays.

Evacuation/Severe Weather Plan

Lightning Policy

Following NCAA protocol, we will be using an online lightning detection and weather monitoring system. Once lightning enters a 30-mile radius of the competition venue, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. We

will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

Shelter Locations

In the case of inclement weather, teams, coaches, and spectators should seek shelter in one of two on site buildings. Once buildings are at max capacity, teams, coaches, and spectators should seek shelter in personal cars or team buses near the course or make their way to the shuttle stops that will take people to the Columbia Sports Fieldhouse.

Severe Weather Policy for NCAA Cross Country Championships

For the safety of all spectators, student-athletes, officials and coaches the following will be used in case of severe weather (e.g., cold temperatures, heavy snow, lightning):

1. The meet director and NCAA cross country/track and field committee will monitor the weather during the week and morning of the championships.
2. A X account with information on delays and/or postponement has been established. The handle is @mizzouTFXC. The host will leave a message at the X account alerting coaches of different start times or a delay in course inspection times due to inclement weather.
3. The NCAA Cross Country/Track and Field Committee, in consultation with the host and head referee, will determine whether the start of the meet should be delayed or if the meet should be postponed until the following day.
4. If the race has already begun and would have to be suspended in the middle of the competition, the cross country/track and field committee would recommend the following:

Men's 10,000 meter - If competition is suspended before the 3,000 meter mark you may run the same day with a two-hour delay. If competition is suspended after 3,000 meters they would recommend postponement until the next day.

Women's 6,000 meter - If competition is suspended before the 2,000 meters mark you may run the same day with a two-hour delay. If competition is suspended after 2,000 meters they would recommend postponement until the next day.

5. If necessary, competition may be postponed until the next day, per NCAA policy, with similar if not the same start times. This information must be communicated with all involved institutions.
- **** Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The NCAA Cross Country/Track and Field Committee reserve the right to make changes to the above policies and schedules as they see fit.

Course Markings:

White lines, natural boundaries, and fencing will mark the course. Umpires will be stationed on the course. Kilometer and mile markers will be located at all men's and women's mile and kilometer locations.

Athlete Warm-up Area

While athletes will be allowed to cross E Gans Rd to warm-up, athletes will be required to listen to instructions and police officers onsite to ensure they cross the road safely and so that police officers can properly control the flow of traffic. Athletes are encouraged to warm-up and cool-down in the 4 large soccer fields, immediately next to the venue that can be accessed without crossing E Gans Rd. There will be one dedicated crosswalk that the student athletes are to utilize. Athletes are required to listen to police officers and public safety officials as they help the flow of traffic and above all, keep athletes safe.

Declarations/Entry Forms:

Institutions are required to declare during packet pickup on Friday between 10 a.m. and 2 p.m. at the Columbia Sports Fieldhouse located at 4251 Philips Farm Rd. The runners declared for the national championships may be different than those that competed at the regional meet, but all must have appeared on the original entry form submitted prior to the regional championships. If an institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of chips and bibs), those additional chips and bibs **must** be returned to meet management at the clerking tent no later than 20 minutes prior to the start of the race. **Please note that institutions qualifying as a team will receive no more than 14 total student-athlete credentials.** Teams are encouraged to declare down as far as possible during packet pickup. For additional information regarding entry forms and declarations please see the NCAA Division I Cross Country Pre-Championship Manual.

Championships Clerking, Final Declaration and Check-in Process

If during initial declarations at packet pickup the institution declared down to seven athletes, or the institution is only contesting an individual(s) and not a team, there is no further action required the day of the race. The only check-in or declaration required the day of the race is for teams that did not declare down to a final seven, for teams that must make a change to the seven declared during packet pickup, or for schools that have to scratch an athlete that will not start (DNS). The head coach of each institution should complete the final check-in process, if necessary, on behalf of their team and/or student-athlete(s). Coaches will be required to ensure student-athletes comply with all uniform and logo requirements as well as ensuring their student-athletes report to the starting line not only wearing their hip numbers, bibs and chips, but wearing the **proper** hip numbers, bibs and chips. Uniform and logo rules contained in Rule 22-3 of the NCAA Cross Country/Track and Field Rule Book and Bylaw 12.5.4 in the NCAA Manual shall apply. Failure to comply with these championship policies and the requirements surrounding uniform and logo rules may result in disqualification.

Coaches needing to complete the final check-in/declaration process the day of the race must do so, with the clerks, at the assigned clerking location up to 80 minutes prior to the start of their race. Coaches needing to complete this process on race day are encouraged to check-in/declare as soon as possible, but not later than 20 minutes prior to the race. Check-in will **NOT** be allowed at the start line and coaches needing to complete this process on race day, must check-in all teams/student-athletes at the assigned clerking location. Again, be reminded that if an institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of hip numbers, chips and bibs), those additional hip numbers, chips and bibs **must** be returned to meet management, in the clerking area, no later than 20 minutes prior to the start of each respective race.

Please note that teams and/or individuals that are checked-in late and not in accordance with the times/policies outlined in this manual will jeopardize participation in their race, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

SQUAD SIZE: Teams are limited to a maximum of seven (7) competitors. A team running more than seven will be disqualified and the action will be considered misconduct. Institutions entering **five to seven** runners in the meet must compete as a team. If fewer than five competitors run, they will compete as individuals.

NCAA Division I Cross Country Championships Protest Process

A protest tent/area will be located near the finish line. Forms will be available at the tent for the head coach to provide information about the alleged incident or problem, citing the NCAA rulebook. The head referee's ruling and explanation will be posted along with the results of the race. There will be no jury of appeals and the referee's decision will be final. There will be two 15-minute protest periods, one following each of the races (women and men). Each of the protest windows will begin when the results of the race have been posted at the protest tent. There is a \$100 protest fee (cash only) for each protest. The \$100 fee will be returned should the protest be upheld.

Locker Rooms/Showers:

An option for teams to shower is available at Mizzou Arena located at 1 Champions Drive. The host must be made aware of any shower requests prior to 5PM Monday, November 17. Shower requests should be directed to Maddy Katchen 224.639.2928 or mkatchen@missouri.edu. Shower times will be allotted on a first come, first served basis.

Drug Testing:

Please see the NCAA Division I Cross Country Pre-Championships Manual for information.

***If drug testing does not occur during this championship round and/or a test is required outside of the standard championship protocol (e.g. national record, world junior record, etc.), the cost associated with such a test will be the responsibility of the tested student-athlete's institution.**

Packet Pick-Up:

Declarations and packet pick-up will be from 10 a.m. to 2 p.m. on Friday, November 21, at Columbia Sports Fieldhouse located at 4251 Philips Farm Road.

Coaches Meeting:

NCAA Mandatory Coaches Technical Meeting:

Tuesday, Nov. 18: Noon CT/1 p.m. ET

Link will be sent to qualifying team head coaches after selections.

NOTE: Failure to attend the coaches' technical meeting will result in a minimum \$200 fine/gender/institution.

Press Conference:

NCAA Press Conference with select student-athletes and coaches.

Friday, Nov. 21: 2- 3 p.m.

Mizzou Athletics Training Complex | 1107 S Providence Rd

Scoring:

NCAA rules for cross-country scoring will be followed. For scoring procedures, please consult the 2025 and 2026 NCAA Cross Country/Track and Field Rules Book.

Results:

Results will be available at the following websites. No hard copy results will be provided.

- [NCAA.COM](https://www.ncaa.com)
- <https://live.pttiming.com/xc-ptt.html?mid=8126>

Tent Rental:

Rockin' Rents is the tent provider for the 2025 Cross Country Championships. Deadline to order tents is **Friday, November 7**. Pricing and packages are below. Please contact info@rockinrents.com to place your order.

- 10x10 package is \$700 and comes with 3 walls, a table and 5 chairs.
- 10x20 package is \$900 and comes with 3 walls, a table and 10 chairs.
- 20x20 package is \$1,100 and comes with 3 walls, a table and 20 chairs.
- The "race day heat" package is a heater and an extra wall for \$300 and can be added to any above package.

Mother's Room:

A private Mother's Room will be made available, on request, for use at the competition venue. To secure such a room, please notify Maddy Katchen at least 24 hours prior to arrival at mkatchen@missouri.edu.

Merchandising:

Official NCAA cross country championships merchandise may be purchased at the course on Friday November 21 and Saturday November 22nd.

NCAA Academic Recognition Program – Elite Scholar-Athlete Award:

The Elite Scholar-Athlete Award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 92 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact Olivia Baumhoer at obaumhoer@ncaa.org. All documents, including eligibility and nomination forms can be obtained at the following location – [Elite Scholar-Athlete Award page](#). The deadline to submit your student-athlete is 5 p.m. Eastern, Tuesday, November 18.

CONGRATULATIONS ON YOUR TEAM'S SUCCESS!

To celebrate your accomplishment, the NCAA is gifting Student-Athlete Mementos on-site at the Championship!



*The number of Student-Athlete Mementos you receive will match the NCAA-prescribed travel party size.

HOW TO PURCHASE ADDITIONAL STUDENT-ATHLETE MEMENTOS

To purchase additional mementos beyond your travel party allotment, follow the steps below.

1. Navigate to <https://ncaa-champ-mementos.myshopify.com/> OR scan the QR code on this page.
2. Enter the password: **DIGIFT25_26**
3. Select your Championship Logo.
4. Choose the quantity of additional gifts you'd like and add them to your cart.
5. At checkout, provide your contact information and the shipping address for delivery.
6. Enter your payment information (all gifts must be paid for at checkout).
7. Submit your order.



Orders for additional Student-Athlete Mementos will be processed and shipped within two weeks.

QUESTIONS?

Reach out to Morgan England at morgan@yiworks.com

The NCAA considers awards as gifts to the institution for federal tax reporting purposes. It is up to the institution to consider further federal tax reporting requirements as awards are distributed by the institution.

Tickets and Team Pass List Information

Tickets will be \$20 + taxes & fees per person. Two and under are admitted free with a paid adult. Tickets will be available for purchase both in advance and onsite. **HOWEVER, ADVANCED TICKET AND PARKING PASS PURCHASES ARE HIGHLY ENCOURAGED TO ASSIST WITH SPECTATOR SHUTTLING.**

Tickets are now on sale and can be purchased at:

https://mutigers.com/feature/25_XC_NationalChampionship_Info.

Parking passes are required for the championships and range from \$5 to \$15 + taxes & fees per pass, based upon location to the course. One parking pass is required per vehicle. Parking passes can be purchased at the time of ticket purchases.

Spectator Parking with Shuttle Bus Service

- P1 - Blue Lot - 2200 Maguire Blvd Columbia, MO 65201
- P2 - Orange Lot - 2810 Lemone Industrial Blvd Columbia, MO 65201
- P3 - Red Lot - 2800 Maguire Blvd Columbia, MO 65201
- P4 - Purple Lot - 3212A Lemone Industrial Blvd Columbia, MO 65201
- P6 - Yellow Lot - 4780 Discovery Dr Columbia, MO 65201

Spectator Parking (walk to course)

- P5 - Discovery Park Business North and South
 - 4230 Philips Farm Rd, Columbia, MO 65201
 - 4215 Philips Farm Rd, Columbia, MO 65201
- P7 - Onsite Parking - Bristol Lake Pkwy/Philips Lake Lot
- P8 - Father Tolton Catholic High School

Charter Bus Parking

- Columbia Sports Fieldhouse - 4251 Philips Farm Rd, Columbia Missouri 65201

On-site small vehicle parking will be available for teams traveling in small buses, sedans, vans, and SUVs, and full-size SUVs. Charter buses will be required to park at Columbia Sports Fieldhouse. Vehicles will be allowed to drive into the main entrance to the cross country course to drop-off athletes and equipment at the designated area near the Race HQ building, before traveling to their designated parking spot.

Team Pass List Information: Participating institutions are not entitled to complimentary tickets. Tickets must be purchased by each team, which are then issued to the guests of student-athletes.

All player-guest pass list tickets for the cross country championships will be mobile. All allocated tickets will be forwarded to each institutional designated ticket manager, who will then be responsible for transferring the tickets to the end user. In order to transfer the tickets, each guest's first and last name, and email address will be needed.

Competing institutions must submit any pass list requests to Eric Lembach at elembach@missouri.edu by no later than Wednesday, November 19, at 5 p.m. Eastern with the name, cell phone number and email address of the institutional ticket representative who will be responsible for mobile ticket distribution. The institutional ticket representative should be available to address any issues or questions that may arise during competition. **Please note that spectators that receive tickets via the NCAA team pass list process, MUST still purchase parking. Please be sure to communicate to your pass list recipients that they MUST go to <https://am.ticketmaster.com/mizzou/buy/xcparking> to purchase parking in advance of the championships. Large crowds are expected, and fans are encouraged to arrive early and park to ensure adequate time to make it to the course prior to the first race at 9:20 a.m. Central Time.**

Institutions will be permitted to assign a maximum of six (6) tickets per qualified student-athlete. For example, if an institution qualifies a team (7 student-athletes), they may assign a maximum of 42 tickets for the championship. All tickets are General Admission. Teams submitting a pass list will be invoiced by the host following the event and will be billed for all requested tickets to the championships whether they were used or not.

Changes/additions along with late requests will not be allowed. All NCAA pass list policies will be applied. Again, please note that all pass list tickets will be sent electronically to the email address of the institutional ticket representative provided, and it will then be the individual school's responsibility to disseminate tickets electronically to their player guests in advance of the championship competition.

If you have any questions regarding the pass list, please contact Eric Lembach at elembach@missouri.edu.

Uniforms/Logos/Misconduct

[Reference: Rule 22-3 in the NCAA Cross Country Track and Field Rules Book and Bylaw 12.5.4 in the NCAA Manual.]

Uniform and logo rules contained in Rule 22-3 of the NCAA Cross Country Track and Field Rules Book and Bylaw 12.5.4 in the NCAA Manual shall apply in all championship related events, press conferences and award ceremonies. Competitors must wear the proper uniform (warm-ups included) of the institution they represent in the championships.

The bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.

Misconduct (Bylaw 31.1.10)

Misconduct Incident to Competition. If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she

is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing following this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

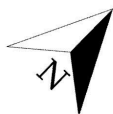
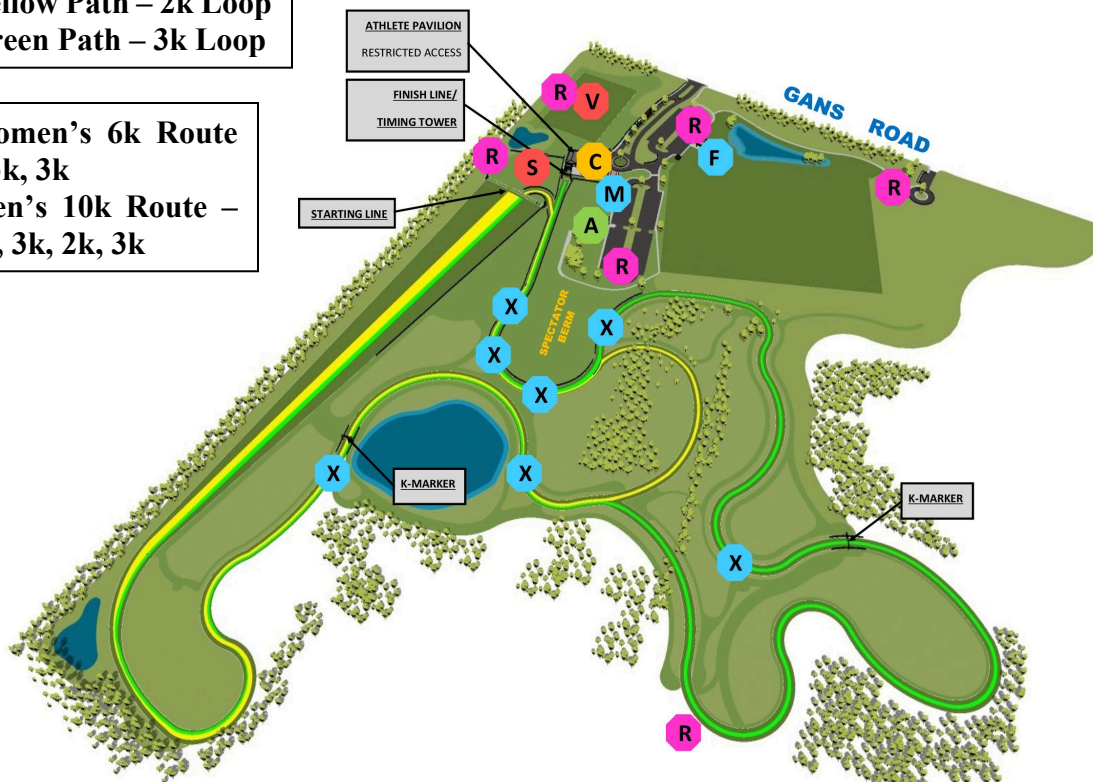
Penalty for Misconduct. A governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of the competition or practice:

- a) Public or private reprimand of the individual;
- b) Disqualification of the individual from further participation in the NCAA championship involved;
- c) Banishment of the individual from participation in one or more following championships of the sport involved;
- d) Cancellation of payment to the institution of the Association's travel guarantee for the individuals involved;
- e) Withholding of all or a portion of the institution's share of revenue distribution;
- f) Banishment of the institution from participation in one or more following championships in which its team in that sport otherwise would be eligible to participate;
- g) Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
- h) Cancellation of all or a portion of the honorarium for hosting an NCAA championship; and
- i) Financial or other penalties different from (a) through (h) above, but only if they have prior approval of the Division I Competition Oversight Committee.

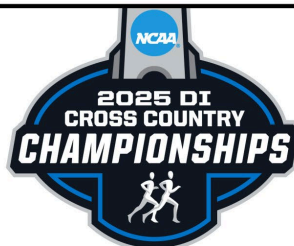
EVENT MAP

Yellow Path – 2k Loop
Green Path – 3k Loop

Women's 6k Route – 3k, 3k
Men's 10k Route – 2k, 3k, 2k, 3k



R	RESTROOMS * ADA RESTROOMS LOCATED AT CONCESSION BUILDING
X	COURSE CROSSING * CROSS WHEN COURSE IS CLEAR, NO STANDING ON COURSE, STAY ON MOWED PATHS AT ALL TIMES
F	CONCESSIONS
V	ATHLETE VILLAGE
C	TEAM CHECK-IN / HOSPITALITY * COACHES, OFFICIALS, AND EVENT STAFF ONLY
A	AWARDS AREA * GREG HALL CHAMPIONS PLAZA
S	ATHLETE STAGING AREA
M	MERCHANDISE AREA



EVENT MAP

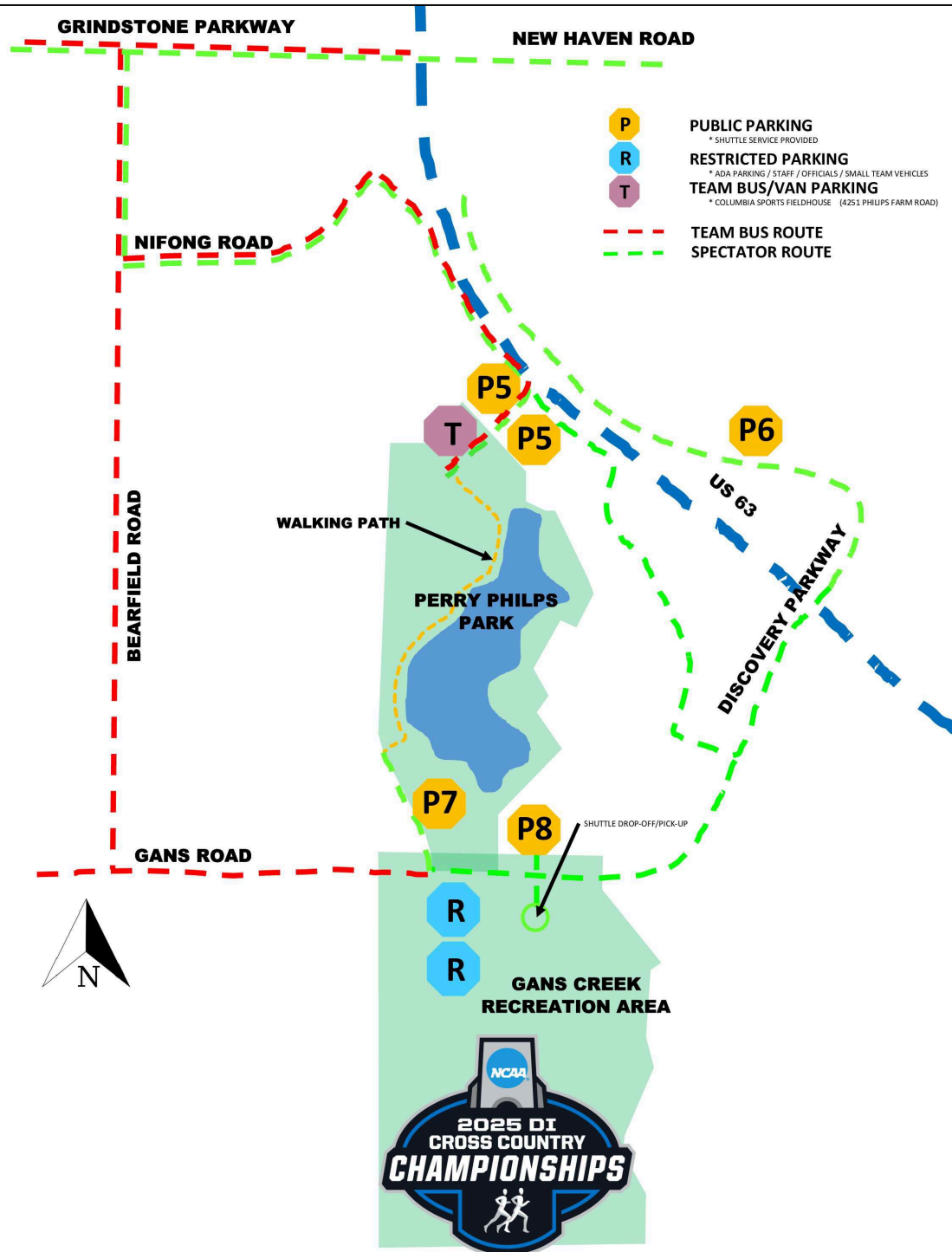


R	RESTROOMS * ADA RESTROOMS LOCATED AT CONCESSION BUILDING
X	COURSE CROSSING * CROSS WHEN COURSE IS CLEAR, NO STANDING ON COURSE, STAY ON MOWED PATHS AT ALL TIMES
F	CONCESSIONS
V	ATHLETE VILLAGE
C	TEAM CHECK-IN / HOSPITALITY * COACHES, OFFICIALS, AND EVENT STAFF ONLY
A	AWARDS AREA * GREG HALL CHAMPIONS PLAZA
S	ATHLETE STAGING AREA
M	MERCHANDISE AREA



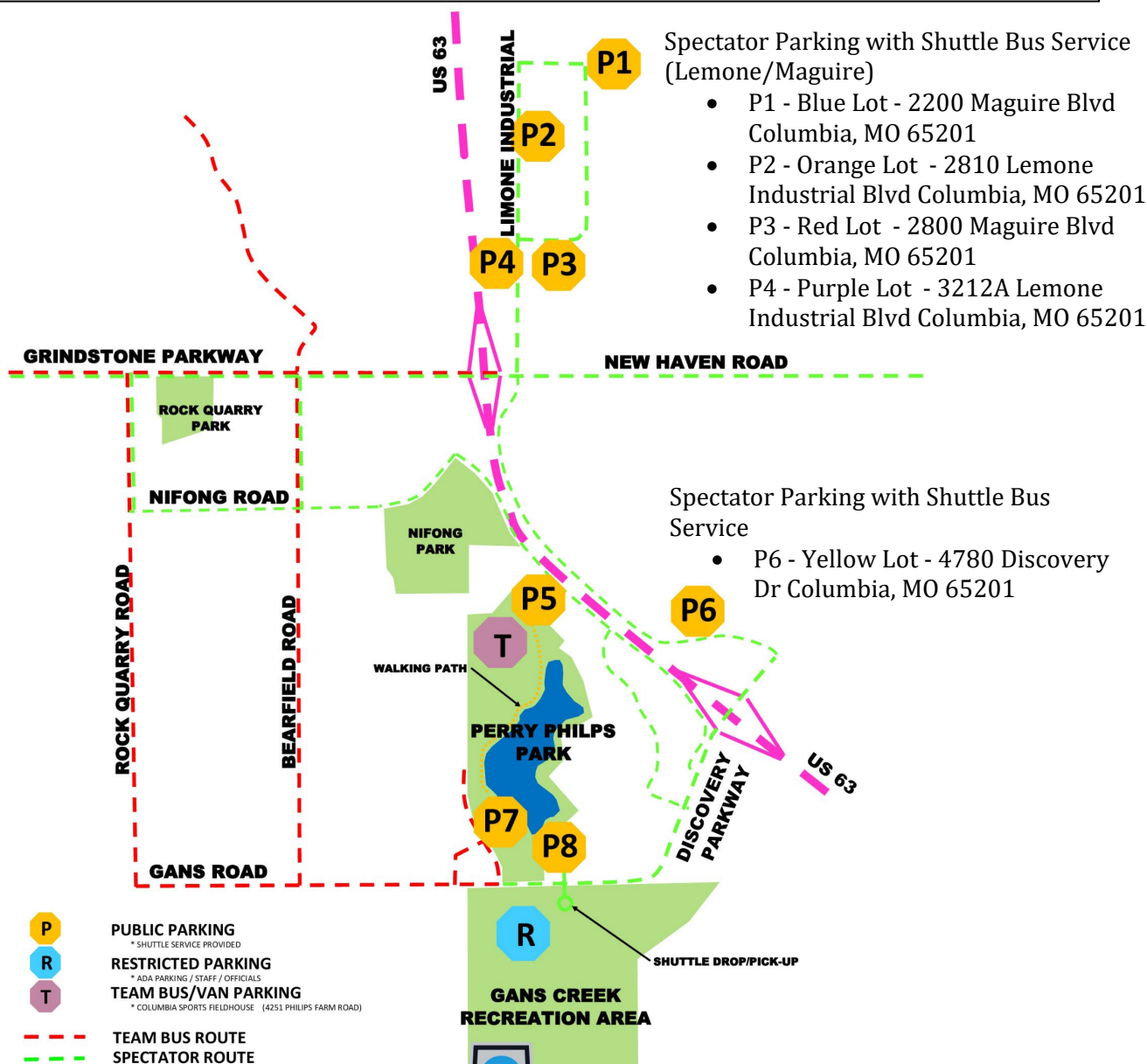
TEAM PARKING

Team Charter Buses are to Park at Columbia Sports Fieldhouse after dropping of athletes and coaches at the venue. Small team vehicle parking will be available onsite at the venue. All team vehicles will be required to follow the route provided utilizing Bearfield and Gans Rd to access the venue.



SPECTATOR PARKING

Shuttles provided from offsite parking lots shown below



Spectator Parking (walk to course)

- P5 - Discovery Park Business Offices North and South
 - 4230 Philips Farm Rd, Columbia, MO 65201
 - 4215 Philips Farm Rd, Columbia, MO 65201
 - Follow walking path around Philips Lake Park
- P7 - Onsite Parking - Bristol Lake Pkwy/Philips Lake Lot
- P8 - Father Tolton Catholic High School



Directions

Gans Creek Cross Country Course - 3350 E Gans Rd, Columbia, MO 65201

Please note, the facility is labeled and located inside Gans Creek Recreation Area

Team vehicles and charter buses will be required to take the following route, entering the cross country course from the west side, coming down East Gans Rd from either Bearfield Rd or Rock Quarry Rd. When leaving the venue, vehicles will be instructed to turn left, heading east on E Gans Rd. Bearfield and Rock Quarry will need be accessed on Grindstone Parkway.

[Route to Gans Creek Cross Country Course](#)

Columbia Sports Fieldhouse – 4251 Philips Farm Rd Columbia Missouri, 65201 – Packet Pick-up Location

From the South utilizing U.S. 63:

- Traveling North on US -63, coming from Jefferson City, Missouri, exit onto Discovery Parkway, turning left at the stoplight. Take the first right onto Ponderosa St. Continue Straight, taking the first exit on the first roundabout, then, at the second roundabout, take the second exit onto Philips Farm Rd follow it until you reach 4251, where the Fieldhouse is located on the right hand side.

From the North utilizing U.S. 63:

- Traveling South on US -63, coming from Moberly, Missouri, exit onto Discovery Parkway, turning right at the stoplight. Take the first right onto Ponderosa St. Continue Straight, taking the first exit on the first roundabout, then, at the second roundabout, take the second exit onto Philips Farm Rd follow it until you reach 4251, where the Fieldhouse is located on the right hand side.

From the West & East utilizing I-70:

- Take exit toward US-63 South at the I-70/U.S 63 interchange. Stay on US-63 South until you reach the exit onto Discovery Parkway, turning right at the stoplight. Take the first right onto Ponderosa St. Continue Straight, taking the first exit on the first roundabout, then, at the second roundabout, take the second exit onto Philips Farm Rd follow it until you reach the Sports Fieldhouse, where it is located on the right hand side.

Mizzou Athletic Training Complex (MATC)- 1107 S Providence Rd Columbia, Missouri 65203 – Press Conference

From US 63 North/South

- Exit from US 63 onto Stadium Blvd. At the stoplight at Stadium Blvd and Providence Rd, immediately after passing Faurot Field at Memorial Stadium, turn left onto Providence Blvd. Additional parking is available across the street from the MATC. Instead of turning right into the MATC, please continue down Providence to the next traffic and complete a legal u-turn. Proceed back up Providence going north. Make the second right in the SG7 parking lot. Individuals will need to walk across bridge that stretches over Providence Rd to the MATC.
- Directions from the MATC to additional press conference parking:
 - [Overflow Press Conference Parking](#)

From the West & East utilizing I-70, taking Stadium Blvd:

- Exit from I-70 onto Stadium Blvd. Continue on Stadium until you reach the stoplight at Stadium and Providence Rd. Turn right onto Providence. The MATC is the first right immediately after you have turned right onto Providence. Additional parking is available across the street from the MATC. Instead of turning right into the MATC, please continue down Providence to the next traffic and complete a legal u-turn. Proceed back up Providence going north. Make the second right in the SG7 parking lot. Individuals will need to walk across the bridge that stretches over Providence Rd to the MATC.
- Directions from the MATC to additional press conference parking:
 - [Overflow Press Conference Parking](#)

From the West & East utilizing I-70, taking Providence Rd:

- Exit from I-70 onto Providence Rd. Go past the stoplight at Stadium and Providence and take the first right after you have passed the stoplight. Additional parking is available across the street from the MATC. Instead of turning right into the MATC, please continue down Providence to the next traffic and complete a legal u-turn. Proceed back up Providence going north. Make the second right in the SG7 parking lot. Individuals will need to walk across the bridge that stretches over Providence Rd to the MATC.
- Directions from the MATC to additional press conference parking:
 - [Overflow Press Conference Parking](#)