



2023 DIVISION I
CROSS COUNTRY
CHAMPIONSHIPS
CHARLOTTESVILLE, VA • University of Virginia, Host

PARTICIPANT
2023-24 MANUAL

Table of Contents

Welcome from Host Institution.....	2
Schedule of Events.....	3
NCAA Cross Country Championship Committee & Staff.....	4
NCAA Cross Country Championship Meet Officials.....	6
NCAA Cross Country Championship Local Planning Committee.....	7
NCAA Travel Information and Policies.....	8
Athletic Training Services.....	8
Media/Press Conference Information.....	9
NCAA Championship Meet Information.....	11
Tickets and Team Pass List Information.....	18
Uniforms, Logos & Misconduct.....	19
6K Course Map.....	20
10K Course Map.....	21
Facility Layout.....	22
Spectator Parking Map.....	23
Team Directions.....	24
Team Parking Map.....	25



Congratulations to the student-athletes and coaches who qualified for the 2023 NCAA Cross Country Championships.

On behalf of the University of Virginia and our local organizing committee, it is my pleasure to welcome you to our community.

Since Charlottesville was selected as the host site, Katie Ryan (wife of UVA president Jim Ryan), Jay James (local radio personality) and I have been honored to serve as tri-chairs of the local organizing committee.

Our LOC championship director Vin Lananna, competition director Carter Olander, athletic department organizing team, community leaders and our cross country staff have been awaiting your arrival.

I think you will find Panorama Farms is a special place and an outstanding setting to host the national championships. We are grateful to the Murray Family and Jason Dunn at Panorama Farms for their support and hard work in preparing for this event.

Local running community leader Mark Lorenzoni has organized an enthusiastic group of volunteers to welcome and assist you, including members of the UVA women's rowing program and our men's and women's track and field program.

We are proud of the running community in Charlottesville and anticipate there will be an enthusiastic crowd cheering for you on race day. Whether you are competing for your team or competing as one of the outstanding individuals, we wish you luck.

We trust that you will enjoy your experience and I look forward to seeing you on Saturday, November 18.

Carla Williams PhD
Director of Athletics
University of Virginia

Schedule of Events (all times are Eastern Standard Time)

Tuesday, November 14

1 p.m. ET

Mandatory Virtual Coaches Meeting

Link will be provided to qualifying team head coaches after selections.

Thursday, November 16

10 a.m. – 4 p.m.

Course Inspection

Panorama Farms Cross Country Course

Friday, November 17

10 a.m. – 4 p.m.

Course Inspection

Panorama Farms Cross Country Course

8 a.m. – 12 p.m.

NCAA Declarations & Packet Pickup

John Paul Jones Arena - 295 Massie Rd, Charlottesville, VA 22903

12:30 p.m.

NCAA Press Conference

Panorama Farms Cross Country Course

Saturday, November 18

6:30 a.m.

Shuttles for spectators at Fashion Square Mall begin

(1535 Rio Road E, Charlottesville, VA 22901)

7:00 a.m.

Course open for participants

(Please call 434-443-0624 or check Twitter at @UVATFCC for possible frost or weather delays)

9 a.m.

Clerking begins for women's competitors

9:50 a.m.

Clerking begins for men's competitors

10 a.m.

First gun fired (20 minutes to start to start of women's race)

Final check-in at clerk's tent for women's competitors

10:10 a.m.

Second gun fired (10 minutes to start of women's race – all women should report to start line)

10:12 a.m.

National Anthem

10:17 a.m.

Third gun fired - NO MORE RUNOUTS (3 minutes until start of women's race)

10:20 a.m.

Women's Championship 6K Race

10:50 a.m.

First gun fired (20 minutes to start of men's race)

Final check-in at clerk's tent for men's competitors

11 a.m.

Second gun fired (10 minutes to start of men's race – all men should report to start line)

11:07 a.m.

Third gun fired - NO MORE RUNOUTS (3 minutes until start of men's race)

11:10 a.m.

Men's Championship 10K Race

Approx. Noon

Presentation of Awards

2023-24 DIVISION I MEN'S AND WOMEN'S CROSS COUNTRY/TRACK & FIELD COMMITTEE

<p>Ritchie Been Head Track and Field Coach Alabama State University Office: 334-229-8331 Email: rbeene@alasu.edu</p>	<p>Blake Boldon Senior Associate Athletics Director & Director of Drake Relays Drake University Office: 515-271-3007 Email: blake.boldon@drake.edu</p>
<p>Jason Drake Head Track and Field & Cross Country Coach California State University, Fresno Office: 206-240-3343 Email: jdrake@csufresno.edu</p>	<p>Emily Fulton Assistant AD – Operations and Finance, SWA Virginia Military Institute Office: 540-597-5874 Email: fultonee@vmi.edu</p>
<p>Kerri Inman Director of Cross Country/Track and Field Manhattan College Office: 202-270-8205 Email: kgallagher01@manhattan.edu</p>	<p>Sydney Griffin Assistant AD – Strategy and Operations U.S. Military Academy Office: 678-756-6163 Email: Sydney.griffin@westpoint.edu</p>
<p>Karina Handeland Senior Associate Athletic Director University of Portland Office: 503-943-7808 Email: handelan@up.edu</p>	<p>Ervin Lewis Senior Associate AD of Operations University of North Florida Office: 904-620-1534 Email: e.lewis@unf.edu</p>
<p>Diane Turnham Senior Woman Administrator Middle Tennessee State University Office: 615-898-2938 Email: diane.turnham@mtsu.edu</p>	<p>Connie Price-Smith Head Track and Field & Cross Country Coach University of Mississippi Office: 253-249-8705 Email: cmprices@olemiss.edu</p>

<p>Dave Smith Director – Track and Field and Cross Country Oklahoma State University Office: 405-742-0725 Email: dave.smith@okstate.edu</p>	<p>Cody Brousek Director of Operations University of Nebraska- Lincoln Office: 402-472-6468 Email: cbrousek@huskers.com</p>
<p>Secretary Rules Editor Mark Kostek Cell: 515-208-8300 Email: kostekmt@gmail.com</p>	<p>NCAA Jeff Mlynski Associate Director Championships and Alliances P.O. Box 6222 Indianapolis, Indiana 46206 Office: 317-917-6503 Fax: 317-917-6237 Cell: 317-874-7154 Email: jmlynski@ncaa.org</p>

Meet Officials

Meet Referee:	Fred Newhouse
Head Clerk of the Course:	Cary Waldrip
Assistant Clerks:	Nicole Brimer, Venassia Gunter
Head Starter:	Vince Gunter
Recall Starters:	Wanda Gregory, Nancy White, Kent Harris, Perry Jenkins, Pat Adair
Head Finish Line Official:	Joe Piane
Announcers:	Sasha Spencer and Ian Brooks
Timing and Results:	PT Timing, Cody Branch

**Host Institution
Championship Planning Committee**

Title	Name	Cell	Email
Championship Director	Vin Lananna	434-962-1107	coachvin@virginia.edu
Competition Director	Carter Olander	434-443-0624	carterolander@virginia.edu
Honorary Comp. Director	Rollin Stanton	434-284-233	rollin@trailyes.com
Athletic Training	Brianna Bartaczewicz	434-459-9877	bri.bartaczewicz@virginia.edu
Awards	Jared Romance	336-823-4385	jromance@theacc.org
Facilities	John Welch	434-529-0451	jwelch@virginia.edu
Shuttles	John Welch	434-529-0451	jwelch@virginia.edu
Marketing/Promotions	Evan Martinez	434-326-3952	emartinez@virginia.edu
Media Relations	Quinn Hull	603-231-0026	quinn.hull@virginia.edu
Officials	Greg Roth	804-380-8867	kn293@aol.com
Tickets	Brian Caragher	434-924-8821	ggd5rc@virginia.edu
Volunteers	Mark Lorenzoni	434-962-1694	cmlorenzoni80@gmail.com
Management Committee	Jason Dunn	434-825-5330	jasondunn46@gmail.com
	Steve Taylor	804-349-3367	staylor7@richmond.edu
	Ashley Champigny	336-706-1220	arbolton9@gmail.com
	LaRon Bennett	706-224-3980	laron@virginia.edu
	Mario Wilson	434-964-7289	mow6n@virginia.edu
	Brandon Amo	401-996-5234	bamo@virginia.edu
	Rebecca Story	865-712-8244	kcs2xk@virginia.edu

NCAA Travel Information & Policies

Travel Party

Please refer to the NCAA travel policies for all information regarding transportation and per diem expenses. Travel policies can be found online [here](#). Please reference Appendix A of the travel policies for reimbursable travel party numbers.

Travel Information

Air Travel. Based on the travel policies, if you are eligible for a flight, please contact Short's Travel Management at 866-655-9215 as soon as possible to arrange your air travel. At any time prior to selection announcements you may access the travel portal at www.shortstravel.com/ncaachamps to update your team contact information, travel party roster, equipment manifest and any preferences. Entering this information prior to selections will help expedite the travel booking process required to issue tickets.

Your institution user ID and password login credentials, for the Short's Portal, were emailed to the university director of athletics prior to Fall championships. If you still need assistance with your Short's Portal user ID and password, please email ncaaalo@shortstravel.com or travel@ncaa.org.

Ground Travel. Individual sports will be reimbursed a mileage rate per person per mile in accordance with the NCAA travel policy. Individual sports who wish to drive instead of fly will be reimbursed mileage up to the cost of a commercial flight (quote to be obtained from Short's Travel).

Travel Expense System. Per diem will be provided for an official travel party. Please reference the NCAA travel policies for all information regarding transportation and per diem reimbursement. Per diem and other eligible expenses will be reimbursed through the Travel Expense System (TES). Please go to www.travel.ncaa.org to file for reimbursement or request a travel exception. Registration with an institutional email address is required to access TES through NCAA My Apps. The NCAA travel department may be reached at 317-917-6757, or by email at travel@ncaa.org.

Please reference the NCAA travel policies as the NCAA travel policy is updated annually [here](#), and the travel policies supersede all other documents.

Athletic Training Services

There will be a training area set up at the course during practice on Thursday and Friday and for Saturday's competition. The training tent will be located beyond the finish line. The training tent is equipped with coolers, emergency equipment, ice, and first aid supplies. If you have any special needs, please contact Brianna Bartaczewicz at 434-459-9877 or by email at bri.bartaczewicz@virginia.edu.

Training Tent Hours:

Thursday, November 16	10 a.m. - 4 p.m.
Friday, November 17	10 a.m. - 4 p.m.
Saturday, November 18	Beginning at 7 a.m.

Trainers on course: Trainers will also be strategically placed throughout the course during competition and in a trail vehicle during each race. An ambulance will be onsite in case emergency transport is needed.

Student-athletes must present a prescription or letter of treatment from the institution's certified trainer in order to administer electric modalities. Modality treatment will only be given with written permission from your institutions' medical staff. Competing institution's trainers will not be allowed on the course or in the finish chute unless their student-athlete becomes injured or ill.

Media/Press Conference Information

If you have any questions, please contact Quinn Hull of the University of Virginia Sports Information Department at 603-231-0026 or via email at quinn.hull@virginia.edu.

NCAA Media Obligations

ALL STUDENT-ATHLETES AND COACHES MUST BE MADE AVAILABLE FOR MEDIA OBLIGATIONS.

Participation applies to all pre- and post-event press conferences and/or interview requests by the NCAA and its broadcast partners.

Failure to participate may result in misconduct, as determined by the NCAA Division I Cross Country/Track and Field Committee.

Student-athletes are allowed a maximum of a 10-minute cooling off period following their race before meeting with the media. If the student-athlete is ready prior to the 10 minutes, he or she can participate in interviews as soon as they are ready. However, they are not allowed to leave the competition area before conducting their media interviews. Interviews will be conducted in the mixed zone or interview room.

In the event that a student-athlete has been selected for drug testing, he or she must fulfill all media obligations before going to the drug testing center.

Website

[DI Women's College Cross Country - Home | NCAA.com](#) and [DI Men's College Cross Country - Home | NCAA.com](#) are the official websites for the NCAA Division I Men's and Women's Cross Country Championships.

The below website will house additional meet information:

- <https://new.express.adobe.com/webpage/GX4HSBizqh7rT>

Credential Requests

For all media related credential requests, please visit <https://www.ncaa.com/media-credentials> to begin the application process for the NCAA Division I Cross Country Championships. A confirmation email with additional information for the media will be sent once the request has been approved.



Should you experience any difficulties in applying for credentials, please contact Quinn Hull, at the University of Virginia, via phone 603-231-0026 or email quinn.hull@virginia.edu.

Meet Results

Meet results can be obtained online and in person.

- Live results will be available at [NCAA DI Cross Country Championships \(pttiming.com\)](http://NCAA DI Cross Country Championships (pttiming.com)).
- All results will be electronic.
- Additionally, at the conclusion of the championships and once the results have been deemed final, an email will be sent to all participating schools SID and head coach, from the host institution's SID, Quinn Hull - quinn.hull@virginia.edu.

Press Conferences

Pre-Race:

A pre-race press conference with selected coaches and student-athletes will be held at Panorama Farms on Friday, Nov. 17, at 12:30pm. A member of the NCAA media team or the University of Virginia sports information office will contact selected universities to participate in the pre-meet press conference.

Post-Race:

A post-race mixed zone area will be implemented for interviews following the conclusion of each respective race. Media members will not be allowed access to the student-athletes during the 10-minute cooling off period. At the end of the period, members of the University of Virginia sports information staff will escort student-athletes to the mixed zone area, located outside of the recovery area, behind the video boards and awards stage. All competing student-athletes will be required to pass through the mixed zone. We remind coaches and student-athletes that all appropriate NCAA regulations regarding participation in post-event interviews and other regulations regarding apparel will apply.

Media Workspace

Media workspace will be located on the black top tennis court behind the start line. Signage will be present to indicate the space. This workspace will be tented with tables and chairs and will have power and internet.

Photography

There will be a photo box at the finish line area as well as near the start line. Photographers are expected to stay inside any roped off areas and must show credentials to gain admittance into media-only areas. You are permitted to shoot the runners on the course, but MAY NOT interfere with the participants directly or indirectly. Only photographers approved by the NCAA will be allowed into the finish chute area.



Press Materials

Please send all electronic press materials for upload to the NCAA media hub,, including notes and information guides, for the event to:

Quinn Hull
quinn.hull@virginia.edu

Meet Information

Awards

Awards will be presented at the projected time of Noon for both the women and men. Team awards are presented to the top four teams. The top 15 individuals will be recognized and will receive an NCAA award. The USTFCCA All America awards presentation, recognizing the top 40 individuals, will take place as well. The award ceremonies will take place in the awards area located on the stage between both video boards.

Banquet:

The Division I Track and Field and Cross Country Committee has elected to provide enhanced gift options to the student-athletes this year in place of a formal banquet. Gifts will be distributed in conjunction with packet pickup. Gifts will only be provided to competing student-athletes (7 per qualified team and 1 per qualified individuals).

President's Reception

The University of Virginia President Jim Ryan and his wife Katie invite two coaches from each qualifying institution to a reception at their home at Carr's Hill on November 16, 2023 from 6-7:30 p.m. Formal invitations will be sent to each qualifying institution's head coach following the regional championships.

Credentials

All credentials will be issued during packet pickup. Each institution that qualifies a team will receive a maximum of 19 credentials (14 student-athletes (seven declared and seven replacements), three coaches, one administrator and one manager). Institutions qualifying individuals to the championships will receive a credential for each student-athlete and up to four additional (three coaches and one administrator/manager). Each institution will be allowed one additional credential if a medical trainer or physician is accompanying the team. The medical credential will be administered by the host school's sports medicine staff at packet pickup. All medical credentials require the individual to be present and show their photo identification to receive the credential.

Teams will also be allowed to purchase up to a maximum of **ONE** additional manager, administrator **OR** medical credential at the cost of \$20.

Course Flow/Warm-Ups

There will be no team personnel allowed in the finish chute area or recovery tents. Student-athletes will exit the recovery tent through a designated mixed zone. UVA medical staff will be available in the finish chute area and the recovery area for your student-athletes.

Warm-ups for the races will be available at the specifically designed warm-up loop surrounding the team tents. Do not utilize the road for warm-ups. The course will close for warm-ups and cool-downs during the races.

ALL spectators must stay behind designated fencing/flagging. There will be no spectators allowed in the finish area, recovery tents, start line area, or team tent area.

Parking Information

Teams will be permitted to procure two free parking passes per gender for official travel party van or bus parking at Panorama Farms. Only members of your official travel party with an official parking pass will be allowed vehicle access to Panorama Farms. There will be NO exceptions. Please use the designated driving route or you will encounter delays. Please allow additional time to enter Panorama Farms for your student-athletes.

ALL spectators must utilize the shuttle service that runs from Fashion Square Mall (1535 Rio Rd. E, Charlottesville, VA 22901) to Panorama Farms. There will be NO vehicle access for spectators at Panorama Farms. Information and details for shuttles and ticketing can be found on page 18.

Course Practice

The course will be open for practice during the following days and times:

- **Thursday, November 16, 10 a.m. – 4 p.m.**
- **Friday, November 17, 10 a.m. – 4 p.m.**

The course **MAY** be closed due to weather or during early-morning hours if there is considerable frost on the course. Runners will not be able to run on the course until it is cleared by meet management in order to preserve the best possible course conditions for Saturday races. Please call 434-443-0624 or check Twitter at @UVATFCC for possible frost or weather delays.

Evacuation/Severe Weather Plan

Lightning Policy

Following NCAA protocol, we will be using an online lightning detection and weather monitoring system. Once lightning enters a 30-mile radius of the competition venue, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. We will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

Shelter Locations

In case of severe weather, all student-athletes and coaches should return to their team vehicles or bus. Spectators should return to the shuttle buses that will be staged in the Panorama PayDirt lot.

Severe Weather Policy for NCAA Cross Country Championships

For the safety of all spectators, student-athletes, officials and coaches the following will be used in case of severe weather (e.g., cold temperatures, heavy snow, lightning):

1. The meet director and NCAA cross country/track and field committee will monitor the weather during the week and morning of the championships.
2. A phone number and Twitter account for information on delays and/or postponement has been established. The phone number is 434-443-0624 and Twitter handle is @UVATFCC. The host will leave a message at both the phone number and Twitter handle alerting coaches of different start times or a delay in course inspection times due to inclement weather.
3. The NCAA Cross Country/Track and Field Committee, in consultation with the host and head referee, will determine whether the start of the meet should be delayed or if the meet should be postponed until the following day.
4. If the race has already begun and would have to be suspended in the middle of the competition, the cross country/track and field committee would recommend the following:

Men's 10,000 meter - If competition is suspended before the 3,000 meter mark you may run the same day with a two-hour delay. If competition is suspended after 3,000 meters they would recommend postponement until the next day.

Women's 6,000 meter - If competition is suspended before the 2,000 meters mark you may run the same day with a two-hour delay. If competition is suspended after 2,000 meters they would recommend postponement until the next day.

5. If necessary, competition may be postponed until the next day, per NCAA policy, with similar if not the same start times. This information must be communicated with all involved institutions.
- **** Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The NCAA Cross Country/Track and Field Committee reserves the right to make changes to the above policies and schedules as they see fit.

Course Markings:

White lines, natural boundaries, and fencing will mark the course. Umpires will be stationed on the course. Kilometer and mile markers will be located at all men's and women's mile and kilometer locations.

Declarations/Entry Forms:

Institutions are required to declare during packet pickup on Friday between 8 a.m. and 12 p.m. at John Paul Jones Arena, 295 Massie Rd., Charlottesville, VA 22904. The runners declared for the national championships may be different than those that competed at the regional meet, but all must have appeared on the original entry form submitted prior to the regional championships. If an

institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of chips and bibs), those additional chips and bibs **must** be returned to meet management at the clerking tent no later than 20 minutes prior to the start of the race. **Please note that institutions qualifying as a team will receive no more than 14 total student-athlete credentials.** Teams are encouraged to declare down as far as possible during packet pickup. For additional information regarding entry forms and declarations please see the NCAA Division I Cross Country Pre-Championship Manual.

Championships Clerking, Final Declaration and Check-in Process

The head coach of each institution will be allowed to complete the check-in process on behalf of their team and/or student-athlete(s). Coaches will be required to ensure student-athletes comply with all uniform and logo requirements as well as ensuring their student-athletes report to the starting line not only wearing their hip numbers, bibs and chips, but wearing the **proper** hip numbers, bibs and chips. Uniform and logo rules contained in Rule 22-3 of the NCAA Cross Country/Track and Field Rule Book and Bylaw 12.5.4 in the NCAA Manual shall apply. Failure to comply with these championship policies and the requirements surrounding uniform and logo rules may result in disqualification.

Coaches must check-in their student-athletes with the clerks at the assigned clerking location up to 80 minutes prior to the start of their race (9 a.m. for the women and 9:50 a.m. for the men). Coaches are encouraged to check-in as soon as possible, but not later than 20 minutes prior to the race. Check-in will **NOT** be allowed at the start line and coaches must check-in all teams/student-athletes at the assigned clerking location. Again, be reminded that if an institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of hip numbers, chips and bibs), those additional hip numbers, chips and bibs **must** be returned to meet management, in the clerking area, no later than 20 minutes prior to the start of each respective race.

Please note that teams and/or individuals that are checked-in late and not in accordance with the times outlined in this manual will jeopardize participation in their race, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

SQUAD SIZE: Teams are limited to a maximum of seven (7) competitors. A team running more than seven will be disqualified and the action will be considered misconduct. Institutions entering **five to seven** runners in the meet must compete as a team. If fewer than five competitors run, they will compete as individuals.

NCAA Division I Cross Country Championships Protest Process

A protest tent/area will be located near the finish line. Forms will be available at the tent for the head coach to provide information about the alleged incident or problem, citing the NCAA rulebook. The head referee's ruling and explanation will be posted along with the results of the race. There will be no jury of appeals and the referee's decision will be final. There will be two 15-minute protest periods, one following each of the races (women and men). Each of the protest windows will begin when the results of the race have been posted at the protest tent. There is a \$100 protest fee (cash only) for each protest. The \$100 fee will be returned should the protest be upheld.

Locker Rooms/Showers:

Showers will be available at John Paul Jones arena following the competition. Please contact John Welch in advance of the championships at jwelch@virginia.edu to request shower access.

Drug Testing:

Please see the NCAA Division I Cross Country Pre-Championships Manual for information.

***If drug testing does not occur during this championship round and/or a test is required outside of the standard championship protocol (e.g. national record, world junior record, etc.), the cost associated with such a test will be the responsibility of the tested student-athlete's institution.**

Packet Pick-Up:

Declarations and packet pick-up will be from 8 a.m. to 12 p.m. on Friday, November 17, at John Paul Jones Arena, 295 Massie Rd., Charlottesville, VA 22904.

Meetings:

NCAA Mandatory Coaches Technical Meeting will be held on Tuesday, Nov. 14 at 1 p.m. ET. A link will be sent to qualifying team head coaches after selections.

NOTE: Failure to attend the coaches' technical meeting will result in a minimum \$200 fine/gender/institution.

NCAA Press Conference with select student-athletes and coaches will be on Friday, Nov. 17 at 12:30 p.m. at the Panorama Farms Cross Country Course.

Scoring:

NCAA rules for cross-country scoring will be followed. For scoring procedures, please consult the 2023 and 2024 NCAA Cross Country/Track and Field Rules Book.

Results:

Results will be available at the following websites. No hard copy results will be provided.

- [NCAA DI Cross Country Championships \(pttiming.com\)](http://pttiming.com)
- <https://new.express.adobe.com/webpage/GX4HSBizqh7rT>

Tent Rental:

Tents have been pre-ordered by the University of Virginia for all qualifying institutions. Teams will be invoiced after the championships for their tent. If you would NOT like a tent, or to confirm your tent size and any additional items you would like in your tent (heaters, tables, chairs) please contact wilson@skylinetentcompany.com by **no later than Monday, November 13 at 5 p.m. ET**. Tent sizing and prices are detailed below:

- 20x20 framed tent - \$750
- 10x10 framed tent - \$550



- 8' tables - \$20 each
- Folding chairs - \$5 each
- Installation/Delivery charge - \$150

All individual qualifiers will have access to a shared individual tent (one tent to be shared by the 38 individual qualifying women and one tent to be shared by the 38 individual qualifying men).

Mother's Room:

A private Mother's Room will be made available, on request, for use at the competition venue. To secure such a room, please notify Carter Olander at least 24 hours prior to arrival at carterolander@virginia.edu.

Merchandising and Programs:

Official NCAA cross country championships merchandise and programs may be purchased at the course on Friday, November 17 from 10 a.m. - 4 p.m. and on Saturday, November 18 from 7:30 a.m. - 1:30 p.m.

NCAA Academic Recognition Program – Elite 90 Award:

The Elite 90 award is presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA's 90 championships. Each institution that has at least one student-athlete qualify for the finals round/site is eligible to nominate a student-athlete to win the award for that championship. All ties are broken by number of credits completed. For more information regarding this program, please contact Mark Bedics at elite90@ncaa.org or 317-917-6222. All documents, including eligibility and nomination forms can be obtained at the following location – [Elite 90 forms](#). The deadline to submit your student-athlete is 5 p.m. Eastern, Tuesday, November 14.

Student-Athlete Participation Awards

CONGRATULATIONS ON YOUR TEAMS' SUCCESS!

We are excited to share that this year, all Student-Athlete Mementos will be given out ONSITE at the Championship!

HOW TO PURCHASE ADDITIONAL STUDENT-ATHLETE MEMENTOS FOR YOUR TEAM



The NCAA provides BirdieBox with the email address of a designated point person for each sport and school. Make sure you have communicated to the NCAA the correct person to receive the email which will include your password to access the website for additional mementos. Once the email is sent, you will be instructed to the site to place your school's order: ncaainstitutionalportal.com. The number of mementos you will receive will be the same number as the NCAA prescribed travel party. To purchase additional mementos outside of your travel party allotment, please follow below:

- Enter password
- Click "Purchase Additional Gifts"
- Select your division
- Select your sport
- Pick the quantity of additional gifts you want
- Add to your cart and select your school
- Enter your contact information and the shipping address the gifts should be delivered to
- Enter your payment information (all gifts must be paid for at time of checkout)
- Submit your order

Place your Order at: ncaainstitutionalportal.com

Questions?

Email Christa Selner: CSelner@BirdieBox.com

BirdieBOX New for 2023-2024!

At BirdieBox, we redefine collegiate gifting by transforming it into an unforgettable experience. With an unwavering commitment to quality, creativity, and personalization, we craft each BirdieBox to convey a purposeful message.

Tickets and Team Pass List Information

The University of Virginia will use a shuttle system for ALL spectators for the NCAA Championships on November 18. **Tickets are limited and all tickets MUST be purchased in advance.** All tickets will be \$20 and are non-refundable. The \$20 ticket will include parking at Fashion Square Mall (1535 Rio Rd. E, Charlottesville, VA 22901), entry into the event, and a roundtrip ride on the shuttle service. All spectators must utilize the shuttle system by scanning their mobile ticket. **Parking and shuttles will begin at 6:30 a.m. on Saturday, November 18. Fans should arrive early to ensure they are able to access the venue well in advance of competition beginning.** Children two and under are admitted free with a paid adult. **Again, tickets are limited and MUST be purchased in advance of the event as there will be no ticket sales available the day of the championships.** Ticket sales will begin October 17 and can be purchased at www.uvatix.com.

Team Pass List Information: Participating institutions are not entitled to complimentary tickets. Tickets must be purchased by each team, which are then issued to the guests of student-athletes.

All player-guest pass list tickets for the cross country championships will be mobile. All allocated tickets will be forwarded to each institutional designated ticket manager, who will then be responsible for transferring the tickets to the end user. In order to transfer the tickets, each guest's first and last name, and email address will be needed.

Competing institutions must submit any pass list requests to Brian Caragher at ggd5rc@virginia.edu by no later than **Wednesday, November 15, at 5 p.m. Eastern** with the name, cell phone number and email address of the institutional ticket representative who will be responsible for mobile ticket distribution. The institutional ticket representative should be available to address any issues or questions that may arise the day of the competition. Please communicate to your fans that **parking and shuttles (at Fashion Square Mall, 1535 Rio Rd. E, Charlottesville, VA 22901) will begin at 6:30 a.m. Fans should arrive early to ensure they are able to access the venue well in advance of competition beginning.**

Institutions will be permitted to assign a maximum of six (6) tickets per qualified student-athlete. For example, if an institution qualifies a team (7 student-athletes), they may assign a maximum of 42 tickets for the championship. All tickets are General Admission. Teams submitting a pass list will be invoiced by the host following the event and will be billed for all requested tickets to the championships whether they were used or not.

Changes/additions along with late requests will not be allowed. All NCAA pass list policies will be applied. Again, please note that all pass list tickets will be sent electronically to the email address of the institutional ticket representative provided, and it will then be the individual school's responsibility to disseminate tickets electronically to their player guests in advance of the championship competition.

If you have any questions regarding the pass list, please contact Brian Caragher at ggd5rc@virginia.edu.

Uniforms/Logos/Misconduct

[Reference: Rule 22-3 in the NCAA Cross Country Track and Field Rules Book and Bylaw 12.5.4 in the NCAA Manual.]

Uniform and logo rules contained in Rule 22-3 of the NCAA Cross Country Track and Field Rules Book and Bylaw 12.5.4 in the NCAA Manual shall apply in all championship related events, press conferences and award ceremonies. Competitors must wear the proper uniform (warm-ups included) of the institution they represent in the championships.

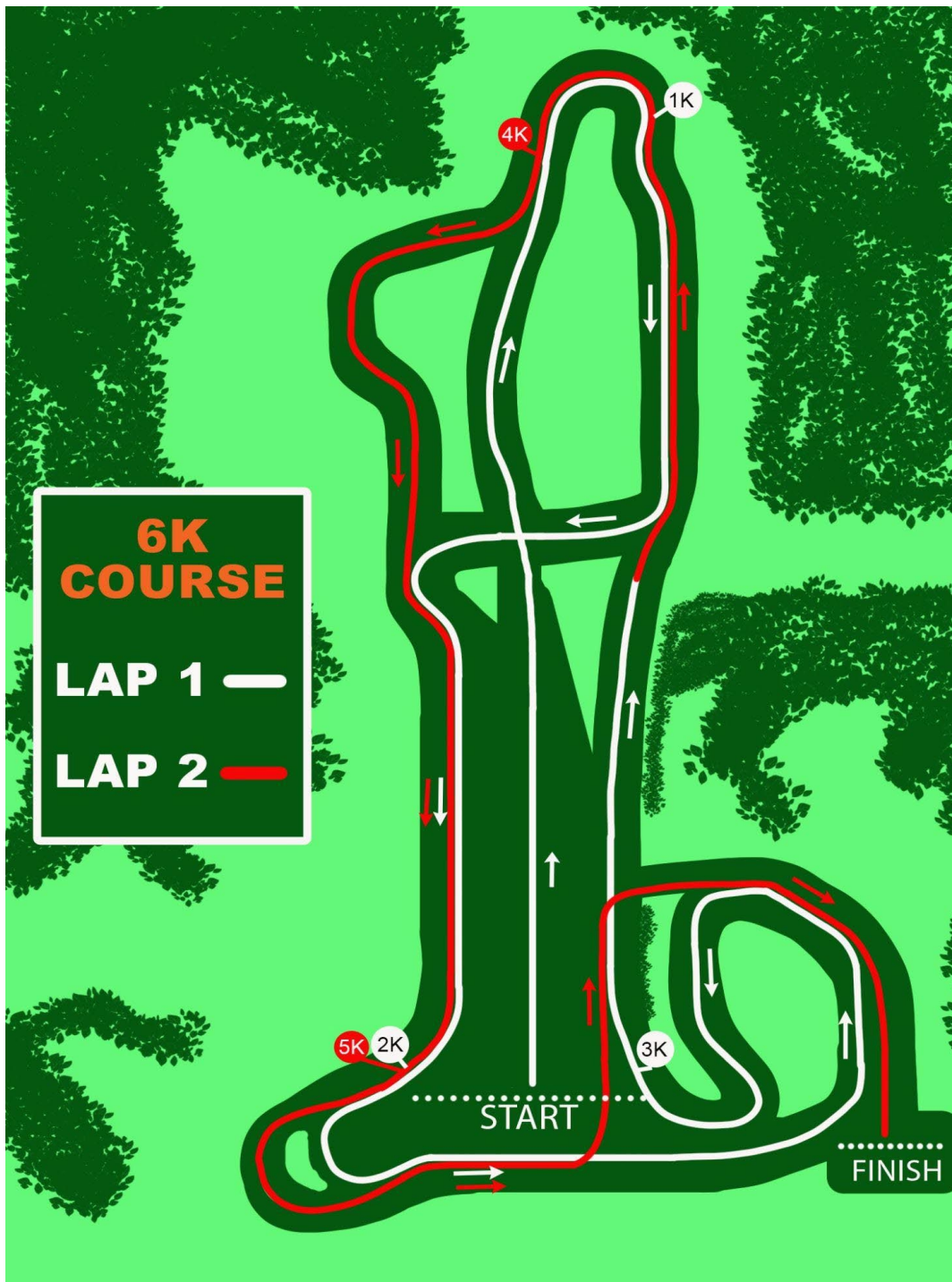
The bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.

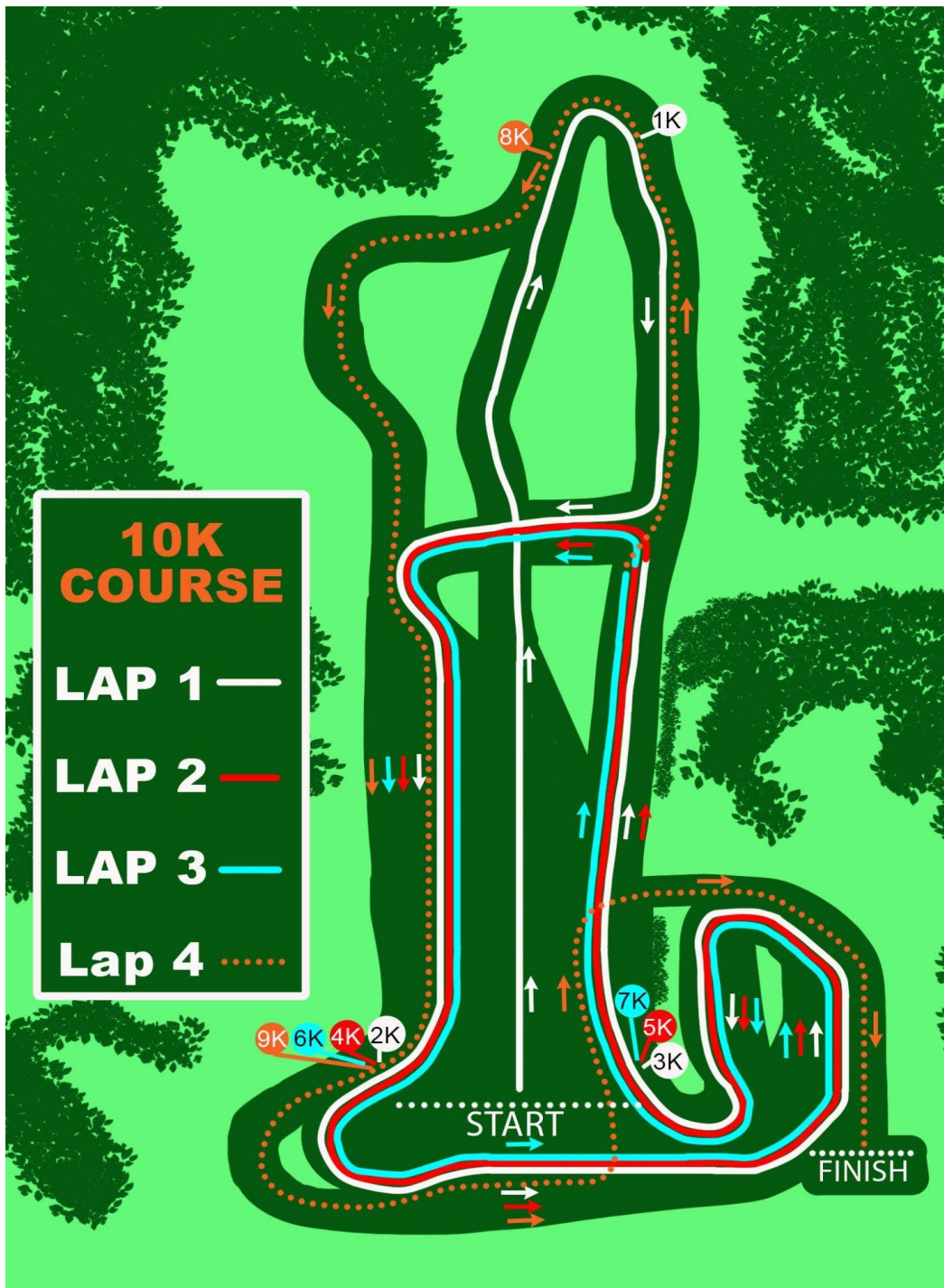
Misconduct (Bylaw 31.1.10)

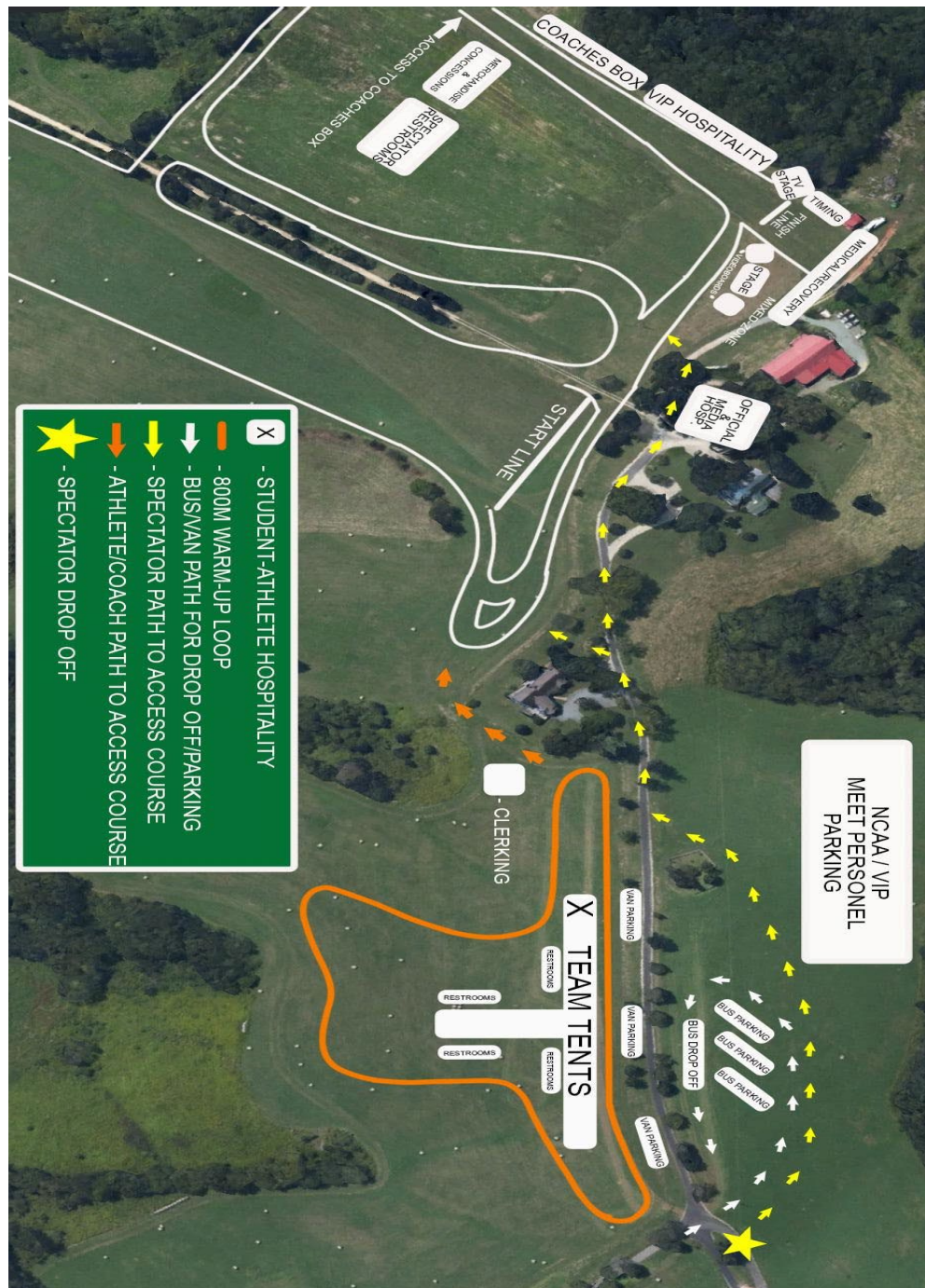
Misconduct Incident to Competition. If the act of misconduct occurs during the competition, under normal circumstances the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day's competition, during a break in the continuity of the championship (e.g., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing following this action. Other acts of misconduct may be dealt with at the governing sports committee's convenience.

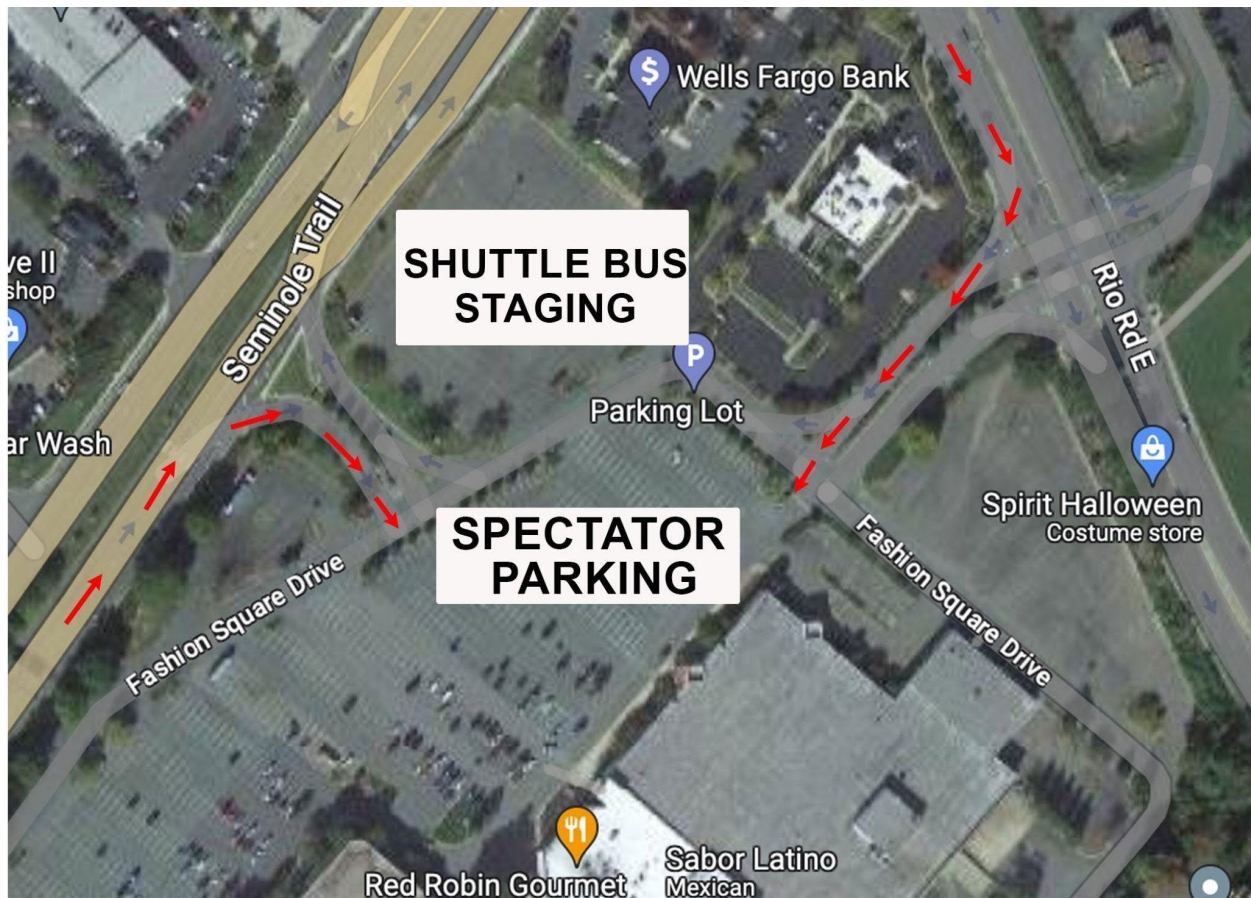
Penalty for Misconduct. A governing sports committee (or the games committee authorized to act for it) may impose any one or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of the competition or practice:

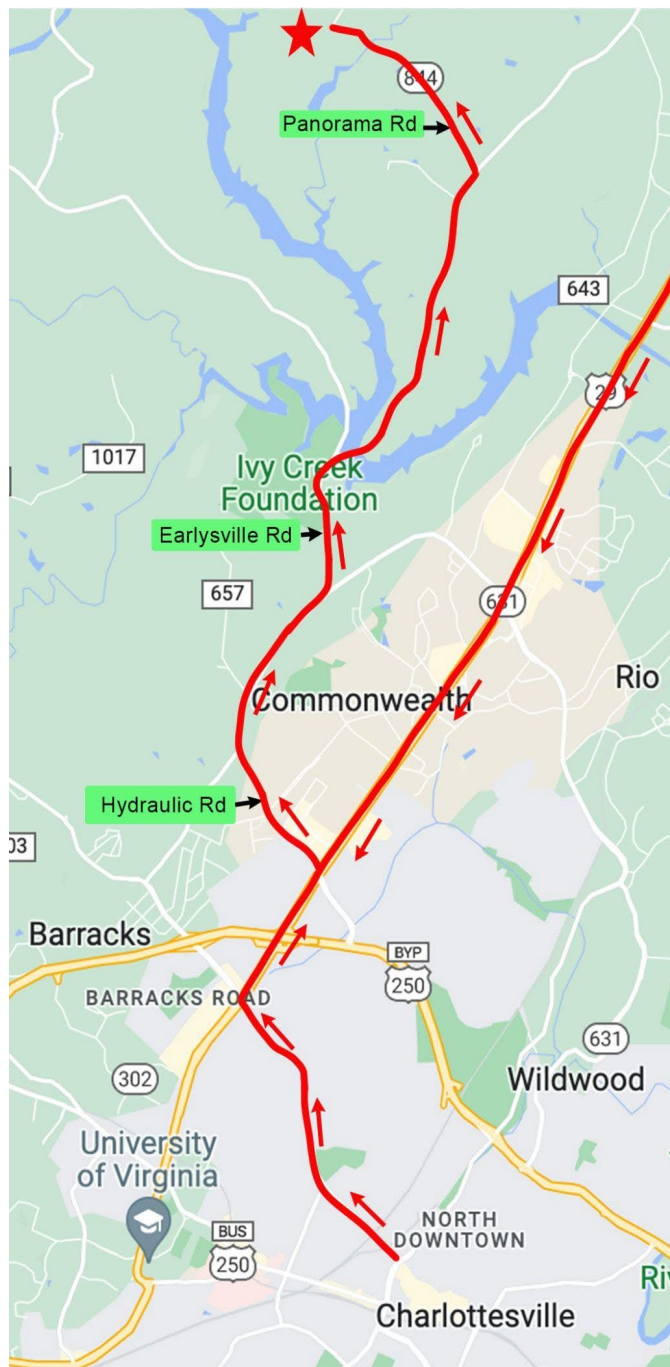
- a) Public or private reprimand of the individual;
- b) Disqualification of the individual from further participation in the NCAA championship involved;
- c) Banishment of the individual from participation in one or more following championships of the sport involved;
- d) Cancellation of payment to the institution of the Association's travel guarantee for the individuals involved;
- e) Withholding of all or a portion of the institution's share of revenue distribution;
- f) Banishment of the institution from participation in one or more following championships in which its team in that sport otherwise would be eligible to participate;
- g) Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships;
- h) Cancellation of all or a portion of the honorarium for hosting an NCAA championship; and
- i) Financial or other penalties different from (a) through (h) above, but only if they have prior approval of the Division I Competition Oversight Committee.











Team Directions To Panorama Farms

From South

Head Northbound on
29/Seminole Trail to
Hydraulic Rd. Turn
left on Hydraulic Rd.
Take Hydraulic Rd to
Earlsville Rd and turn
left. Take Earlsville Rd
to Panorama Rd and turn
left.

From North

Head Southbound on
29/Seminole Trail to
Hydraulic Rd. Turn right
on Hydraulic Rd. Take
Hydraulic Rd to
Earlsville Rd and turn
left. Take Earlsville Rd
to Panorama Rd and
turn left.

Teams must utilize the designated driving route to avoid traffic delays. Any team that does not use the above route will encounter delays.

