## 2023 NCAA Division I Cross Country Southeast Regional Championships Starting Box Assignments

School         Starting Box         School         Starting Box           Wake Forest         1         Coastal Carolina         1           Winthrop         2         Eastern Kentucky         2           Norfolk State         3         Col. of Charleston         3           Clemson         4         Longwood         4           South Carolina         5         UNC-Greensboro         5           VMI         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charleston Southern         9         Eastern Kentucky         12           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           MCS State         13         High Point         14           Elon         14         William & Mary         15           Murray State	WOMEN		MEN	MEN	
Winthrop         2         Eastern Kentucky         2           Norfolk State         3         Col. of Charleston         3           Clemson         4         Longwood         4           South Carolina         5         UNC-Greensboro         5           VMI         6 (Shared)         Purman         6           UNCW         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina </th <th>School</th> <th>Starting Box</th> <th>School</th> <th><b>Starting Box</b></th>	School	Starting Box	School	<b>Starting Box</b>	
Norfolls State         3         Col. of Charleston         3           Clemson         4         Longwood         4           South Carolina         5         UNC-Greensboro         5           VMI         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke	Wake Forest	1	Coastal Carolina	1	
Clemson         4         Longwood         4           South Carolina         5         UNC-Greensboro         5           VMI         6 (Shared)         Furman         6           UNCW         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21 <td>Winthrop</td> <td>2</td> <td>Eastern Kentucky</td> <td>2</td>	Winthrop	2	Eastern Kentucky	2	
South Carolina         5         UNG-Greensboro         5           VMI         6 (Shared)         Furman         6           UNCW         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech	Norfolk State	3	Col. of Charleston	3	
VMI         6 (Shared)         Furman         6           UNCW         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon	Clemson	4	Longwood	4	
UNCW         6 (Shared)         Davidson         7           Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon	South Carolina	5	UNC-Greensboro	5	
Coastal Carolina         7         NC State         8           Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           Furman         24         N.C. Central	VMI	6 (Shared)	Furman	6	
Davidson         8         Charleston Southern         9           Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           USC Upstate         25         Murray State         25           Longwood         26         Presbyter	UNCW	6 (Shared)	Davidson	7	
Eastern Kentucky         9         George Mason         10           Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           USC Upstate         25         Murray State         25           Longwood         26         Presbyterian         26           Virginia         27         VMI	Coastal Carolina	7	NC State	8	
Presbyterian         10         USC Upstate         11           Charlotte         11         Kentucky         12           Liberty         12         VCU         13           NC State         13         High Point         14           Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           Furman         24         N.C. Central         24 (Shared)           USC Upstate         25         Murray State         25           Longwood         26         Presbyterian         26           Virginia         27         VMI	Davidson	8	Charleston Southern	9	
Charlotte       11       Kentucky       12         Liberty       12       VCU       13         NC State       13       High Point       14         Elon       14       William & Mary       15         Murray State       15       Winthrop       16         Duke       16       Charlotte       17         James Madison       17       Liberty       18         Northern Kentucky       18       East Carolina       19         VCU       19       App State       20         UNC-Greensboro       20       Duke       21         East Carolina       21       Virginia Tech       22         Morehead State       22       Elon       23         Charleston Southern       23       Wofford       24 (Shared)         Furman       24       N.C. Central       24 (Shared)         USC Upstate       25       Murray State       25         Longwood       26       Presbyterian       26         Virginia       27       VMI       27         Radford       28       UNC-Asheville       28         George Mason       29       Wake Forest       29	Eastern Kentucky	9	George Mason	10	
Liberty       12       VCU       13         NC State       13       High Point       14         Elon       14       William & Mary       15         Murray State       15       Winthrop       16         Duke       16       Charlotte       17         James Madison       17       Liberty       18         Northern Kentucky       18       East Carolina       19         VCU       19       App State       20         UNC-Greensboro       20       Duke       21         East Carolina       21       Virginia Tech       22         Morehead State       22       Elon       23         Charleston Southern       23       Wofford       24 (Shared)         Furman       24       N.C. Central       24 (Shared)         USC Upstate       25       Murray State       25         Longwood       26       Presbyterian       26         Virginia       27       VMI       27         Radford       28       UNC-Asheville       28         George Mason       29       Wake Forest       29         Richmond       30       Morehead State       30 <td>Presbyterian</td> <td>10</td> <td>USC Upstate</td> <td>11</td>	Presbyterian	10	USC Upstate	11	
NC State       13       High Point       14         Elon       14       William & Mary       15         Murray State       15       Winthrop       16         Duke       16       Charlotte       17         James Madison       17       Liberty       18         Northern Kentucky       18       East Carolina       19         VCU       19       App State       20         UNC-Greensboro       20       Duke       21         East Carolina       21       Virginia Tech       22         Morehead State       22       Elon       23         Charleston Southern       23       Wofford       24 (Shared)         Furman       24       N.C. Central       24 (Shared)         USC Upstate       25       Murray State       25         Longwood       26       Presbyterian       26         Virginia       27       VMI       27         Radford       28       UNC-Asheville       28         George Mason       29       Wake Forest       29         Richmond       30       Morehead State       30         Louisville       31       Northern Kentucky <t< td=""><td>Charlotte</td><td>11</td><td>Kentucky</td><td>12</td></t<>	Charlotte	11	Kentucky	12	
Elon         14         William & Mary         15           Murray State         15         Winthrop         16           Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           Furman         24         N.C. Central         24 (Shared)           USC Upstate         25         Murray State         25           Longwood         26         Presbyterian         26           Virginia         27         VMI         27           Radford         28         UNC-Asheville         28           George Mason         29         Wake Forest         29           Richmond         30         Morehead State         30           Louisville         31         Nort	Liberty	12	VCU	13	
Murray State       15       Winthrop       16         Duke       16       Charlotte       17         James Madison       17       Liberty       18         Northern Kentucky       18       East Carolina       19         VCU       19       App State       20         UNC-Greensboro       20       Duke       21         East Carolina       21       Virginia Tech       22         Morehead State       22       Elon       23         Charleston Southern       23       Wofford       24 (Shared)         Furman       24       N.C. Central       24 (Shared)         USC Upstate       25       Murray State       25         Longwood       26       Presbyterian       26         Virginia       27       VMI       27         Radford       28       UNC-Asheville       28         George Mason       29       Wake Forest       29         Richmond       30       Morehead State       30         Louisville       31       Norfolk State       31         North Carolina       32       Northern Kentucky       32         William & Mary       33       UNCW	NC State	13	High Point	14	
Duke         16         Charlotte         17           James Madison         17         Liberty         18           Northern Kentucky         18         East Carolina         19           VCU         19         App State         20           UNC-Greensboro         20         Duke         21           East Carolina         21         Virginia Tech         22           Morehead State         22         Elon         23           Charleston Southern         23         Wofford         24 (Shared)           Furman         24         N.C. Central         24 (Shared)           USC Upstate         25         Murray State         25           Longwood         26         Presbyterian         26           Virginia         27         VMI         27           Radford         28         UNC-Asheville         28           George Mason         29         Wake Forest         29           Richmond         30         Morehead State         30           Louisville         31         Northern Kentucky         32           William & Mary         33         UNCW         33           Col. of Charleston         34	Elon	14	William & Mary	15	
James Madison       17       Liberty       18         Northern Kentucky       18       East Carolina       19         VCU       19       App State       20         UNC-Greensboro       20       Duke       21         East Carolina       21       Virginia Tech       22         Morehead State       22       Elon       23         Charleston Southern       23       Wofford       24 (Shared)         Furman       24       N.C. Central       24 (Shared)         USC Upstate       25       Murray State       25         Longwood       26       Presbyterian       26         Virginia       27       VMI       27         Radford       28       UNC-Asheville       28         George Mason       29       Wake Forest       29         Richmond       30       Morehead State       30         Louisville       31       Norfolk State       31         North Carolina       32       Northern Kentucky       32         William & Mary       33       UNCW       33         Col. of Charleston       34       Clemson       34         N.C. Central       35 (Shared)	Murray State	15	Winthrop	16	
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Radford28UNC-Asheville28George Mason29Wake Forest29Richmond30Morehead State30Louisville31Norfolk State31North Carolina32Northern Kentucky32William & Mary33UNCW33Col. of Charleston34Clemson34N.C. Central35 (Shared)Louisville35	Longwood	26	Presbyterian	26	
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· · · ·	Col. of Charleston	34	Clemson	34	
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High Point 36 Virginia 37	High Point	36	Virginia	37	
Kentucky 37 North Carolina 38	Kentucky	37	North Carolina	38	
UNC-Asheville 38 Radford 39	UNC-Asheville	38	Radford	39	
Virginia Tech 39	Virginia Tech	39			