

2023 NCAA Division I Cross Country Southeast Regional Championships Starting Box Assignments

WOMEN		MEN	
School	Starting Box	School	Starting Box
Wake Forest	1	Coastal Carolina	1
Winthrop	2	Eastern Kentucky	2
Norfolk State	3	Col. of Charleston	3
Clemson	4	Longwood	4
South Carolina	5	UNC-Greensboro	5
VMI	6 (Shared)	Furman	6
UNCW	6 (Shared)	Davidson	7
Coastal Carolina	7	NC State	8
Davidson	8	Charleston Southern	9
Eastern Kentucky	9	George Mason	10
Presbyterian	10	USC Upstate	11
Charlotte	11	Kentucky	12
Liberty	12	VCU	13
NC State	13	High Point	14
Elon	14	William & Mary	15
Murray State	15	Winthrop	16
Duke	16	Charlotte	17
James Madison	17	Liberty	18
Northern Kentucky	18	East Carolina	19
VCU	19	App State	20
UNC-Greensboro	20	Duke	21
East Carolina	21	Virginia Tech	22
Morehead State	22	Elon	23
Charleston Southern	23	Wofford	24 (Shared)
Furman	24	N.C. Central	24 (Shared)
USC Upstate	25	Murray State	25
Longwood	26	Presbyterian	26
Virginia	27	VMI	27
Radford	28	UNC-Asheville	28
George Mason	29	Wake Forest	29
Richmond	30	Morehead State	30
Louisville	31	Norfolk State	31
North Carolina	32	Northern Kentucky	32
William & Mary	33	UNCW	33
Col. of Charleston	34	Clemson	34
N.C. Central	35 (Shared)	Louisville	35
App State	35 (Shared)	Richmond	36
High Point	36	Virginia	37
Kentucky	37	North Carolina	38
UNC-Asheville	38	Radford	39
Virginia Tech	39		