

## 2022 NCAA Division I Cross Country Mid-Atlantic Regional Championships Starting Box Assignments

WOMEN		MEN	
School	Starting Box	School	Starting Box
Lafayette	1	Georgetown	1
Georgetown	2	Rider	2
Delaware	3	Pittsburgh	3
Seton Hall	4	Villanova	4
Rider	5	Rutgers	5
Mount St. Mary's	6 (Shared)	Penn State	6
Loyola (Md.)	6 (Shared)	American	7
Lehigh	7	Navy	8
Bucknell	8	Marshall	9
West Virginia	9	Monmouth	10
Howard	10	Duquesne	11
Pittsburgh	11	Temple	12
George Washington	12	Delaware State	13 (Shared)
Princeton	13	Howard	13 (Shared)
Duquesne	14	Mount St. Mary's	14
Penn State	15	Penn	15
Rutgers	16	St. Joseph's (Pa.)	16
Robert Morris	17	UMBC	17
American	18	Princeton	18
Marshall	19	La Salle	19
Maryland	20	Lehigh	20
Navy	21	Seton Hall	21
Temple	22	Bucknell	22
Villanova	23	Loyola (Md.)	23
Monmouth	24	George Washington	24
St. Joseph's (Pa.)	25	Saint Francis	25
UMBC	26	Lafayette	26
Saint Francis	27	Robert Morris	27
Penn	28		
La Salle	29		
Towson	30		