

**2019 NCAA Division I Cross Country
Southeast Region Starting Box Assignments**

| WOMEN | | MEN | |
|---------------------|--------------|---------------------|--------------|
| School | Starting Box | School | Starting Box |
| Virginia Tech | 1 | Davidson | 1 |
| North Carolina St. | 2 | USC Upstate | 2 |
| East Carolina | 3 | Longwood | 3 |
| Murray State | 4 | Virginia | 4 |
| George Mason | 5 | Coastal Carolina | 5 |
| South Carolina | 6 | North Carolina | 6 |
| Western Kentucky | 7 | Morehead State | 7 |
| Campbell | 8 | Furman | 8 |
| Charleston Southern | 9 | Presbyterian | 9 |
| VCU | 10 | Radford | 10 |
| Duke | 11 | VCU | 11 |
| Col. of Charleston | 12 | William and Mary | 12 |
| High Point | 13 | Liberty | 13 |
| Liberty | 14 | Charlotte | 14 |
| North Carolina | 15 | UNC-Greensboro | 15 |
| Louisville | 16 | Wake Forest | 16 |
| Virginia | 17 | Western Kentucky | 17 |
| Clemson | 18 | Northern Kentucky | 18 |
| UNC-Asheville | 19 | UNC-Asheville | 19 |
| Elon | 20 | Appalachian State | 20 |
| Furman | 21 | Campbell | 21 |
| Radford | 22 | Kentucky | 22 |
| UNC-Greensboro | 23 | Murray State | 23 |
| Appalachian State | 24 | Duke | 24 |
| Davidson | 25 | Charleston Southern | 25 |
| Morehead State | 26 | Col. of Charleston | 26 |
| Longwood | 27 | Norfolk State | 27 |
| James Madison | 28 | Virginia Tech | 28 |
| Richmond | 29 | Clemson | 29 |
| UNCW | 30 | Winthrop | 30 |
| Charlotte | 31 | Richmond | 31 |
| Northern Kentucky | 32 | North Carolina St. | 32 |
| Eastern Kentucky | 33 | East Carolina | 33 |
| Kentucky | 34 | Eastern Kentucky | 34 |
| Wake Forest | 35 | George Mason | 35 |
| Wofford | 36 | High Point | 36 |
| Citadel | 37 | Louisville | 37 |
| USC Upstate | 38 | UNCW | 38 |
| Coastal Carolina | 39 | Elon | 39 |
| Presbyterian | 40 | | |
| Winthrop | 41 (Shared) | | |
| Western Carolina | 41 (Shared) | | |
| William and Mary | 42 | | |